

# Brazil – Atlantic Rainforest Extension

## Naturetrek Itinerary



Espinheiro Negro Lodge Feeding station

### Outline Itinerary

<b>Day 1</b>	Arrive in São Paulo, birding and transfer to Espinheiro Negro Lodge
<b>Day 2</b>	Guided day at Espinheiro Negro Lodge
<b>Day 3</b>	Guided day at Espinheiro Negro Lodge
<b>Day 4</b>	Morning birding and transfer to São Paulo airport

### Summary

This is a 3-night extension to the fantastic Espinheiro Negro Lodge in search of a wonderful array of brightly coloured Atlantic rainforest species. The lodge owns 17 acres of land and 90% of this is covered in native Atlantic Forest vegetation. Bird feeding stations and trails will occupy our time here as we go about seeing as many special birds as we can. Such highlights will include a mouth-watering variety of tanagers, hummingbirds, euphonias, toucans, woodpeckers and much more. 320 species have been recorded here in total and we can expect to see around 180 bird species on this extension.

## Itinerary

*Please note that the itinerary below offers our planned programme of excursions. However, adverse weather & other local considerations can necessitate some re-ordering of the programme during the course of the tour, though this will always be done to maximise best use of the time and weather conditions available.*

### Day 1

### Fly to São Paulo

On Day 1 of this extension, which can be taken before or after your main tour, we will arrive into São Paulo and meet our guide. São Paulo is a modern, cosmopolitan city and the main starting point to travel throughout Brazil. Depending on the time we arrive in São Paulo to meet our guide, we will first head into the Serra da Cantareira – a Brazilian mountain range a little to the north of the city. Here, before moving to Espinheiro Negro Lodge we will aim to find the Southern Bristle Tyrant, and the location is a great introduction to the birds in south-east Brazil! From common Atlantic forest birds to endemics. We will then travel for around 2.5 – 3 hours into the forested hillsides south of São Paulo arriving at the fantastic Espinheiro Negro Lodge for our three night stay. Depending on our arrival time we may have chance for some light birding and an orientation before dinner.

### Days 2 – 3

### Espinheiro Negro Lodge

Our time at this superb forest reserve will see us birding the gardens of the lodge in search of a special range of stunning birds and some forest trails. Tanagers should include Black-goggled, Red-necked, Golden-chevroned, Azure-shouldered and Brassy-breasted, to name but a few. Many other brightly coloured rainforest specialists will also be in abundance and showing exceptionally well on natural perches around the feeding stations, making it a fantastic location for photography.



Red-breasted Toucan

The trails close to the lodge also offer an opportunity to discover the other delights of the rainforest, and amongst the commoner species we will find, we may get lucky and discover Hooded Berryeater, Squamate Antbird, Swallow-tailed Manakin and Black-throated Grosbeak.

It can be expected that around 180 species of bird will be seen during our extension with a range of hummingbirds, tanagers, euphonias, woodpeckers, and parakeets amongst the varied highlights. Some of the species we would expect to see include Black Jacobin, Dusky-throated Hermit, Scale-throated Hermit, Black-throated Mango, Festive Coquette, Swallow-tailed Hummingbird, Violet-capped Woodnymph, Sombre Hummingbird, Versicolored Emerald, Sapphire-spangled Emerald, Red-breasted Toucan, Yellow-fronted Woodpecker, Blond-crested Woodpecker, Plain Parakeet, Maroon-bellied Parakeet, Violaceous Euphonia, Chestnut-bellied Euphonia, Red-rumped Cacique, Olive-green Tanager, Red-crowned Ant-Tanager, Ruby-crowned Tanager, Azure-shouldered Tanager, Golden-chevroned Tanager, Palm Tanager, Green-headed

Tanager, Red-necked Tanager, Brassy-breasted Tanager, Blue Dacnis, Green Honeycreeper, Saffron Finch, Bananaquit, Green-winged Saltator and many more.

## Day 4

## Transfer back to São Paulo

Today, after another morning of birdwatching, we will transfer back to São Paulo airport in time for your onward travel plans!

## Accommodation

The three nights will be spent at Espinheiro Negro Lodge. The rooms are clean and comfortable and all en-suite with fans.



## Cost

Please enquire for a quote and we can provide a cost for you. This can vary through the year and we will quote and run the extension on a private basis

## Included in the Cost

3 nights' accommodation and all meals and water throughout.

Private return transfers between São Paulo airport and Espinheiro Negro Lodge.

Private English-speaking bird-guide.

## Additional Expenditure

The only extra expenditure will be for tips and any alcoholic drinks.



Red-necked Tanager