

The Great British Bird Race – Suffolk

Naturetrek Wildlife Tour

Outline itinerary

Day 1	Travel to Suffolk
Day 1-3	Bird Race around Suffolk
Day 3	Depart

Departs

January

Focus

See as many bird species as possible in a 48-hour bird race

Grading

B. No long walks but many sites in quick succession. Birding at pace

Dates and Prices

See website (tour code GBR351)

Highlights:

- The thrill of the bird race
- Goshawk in the Brecks
- Bitterns and Bearded Tits in the reedbeds
- Wintering waders at Minsmere
- Divers and grebes offshore
- Search for owls after dark
- Wintering raptors
- Potentially a big total in a rich and diverse county



From top: Avocet, Marsh Harrier & Bearded Tit (images courtesy of Shutterstock images)



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Introduction

Welcome to Naturetrek's Winter Bird Race – a fun, friendly and fast-paced event designed to celebrate the incredible birdlife of the UK during the colder months. Over 48 hours, from 2pm on Wednesday 28th January to 2pm on Friday 30th January, you'll be part of a team aiming to see or hear as many bird species as possible across your chosen region.

This is not a competition in the traditional sense, but a shared challenge that combines camaraderie, exploration and a touch of strategy. You'll be guided by experienced tour leaders, who will plan efficient routes, navigate key habitats, and ensure everyone stays safe, warm, and energised throughout.

While the pace will be brisk to cover a wide range of habitats—from coastal marshes and ancient woodlands to reservoirs, farmland, mountains and heath—it's equally important that we all enjoy the experience. Birding should be inclusive and accessible, and leaders will always be mindful of the group's needs, offering rest breaks and adapting where necessary.

We encourage you to take in the beautiful landscapes as we go, be respectful of nature and one another and, above all, have fun. Whether your team records 90 species or 140, we hope you come away with memorable encounters, new birding friends, and a reinvigorated love for Britain's winter birds.

Good luck, happy birding – and let the race begin!



Itinerary

Please note that the itinerary below offers an outline of likely sites visited over the bird race. However, your leader will be reactive and will make judgements with the aim of seeing as many species as possible. This will always be done to maximise best use of the time and weather conditions available.

Day 1

Arrive Dunwich

The bird race commences at 2pm and to facilitate this, we have organised a 12:00 check-in with your hotel. Please arrive in plenty of time to check in, have some lunch and be ready for the start of the Great British Bird Race

Days 1-3

Bird Race Across Suffolk

Your leader will devise a route visiting a variety of habitats in order to achieve the maximum number of species in the 48 available hours. This will be flexible during the race depending upon many factors. These could be due to rarities being sighted locally or failure to see a target species at a specific site.

Likely sites/habitats to be visited will include:

Minsmere & Walberswick:

The Suffolk coast is home to some of Britain's most renowned wetland reserves. Time will certainly be spent at Minsmere where the habitat mosaic features coastal dunes, freshwater marshes, reedbed, woodland, carr and open heath. The fresh marshes hold Avocets, Black-tailed Godwits and wildfowl while reedbeds will hold Bearded tits and maybe a Bittern. Scrub should be checked for Cetti's Warbler and quartering above may be Marsh Harrier, Hen Harrier or Short-eared Owl. The woodlands will hold a range of common species and the dunes should be checked for Snow Buntings. Time spent here will certainly add many species to your bird race list.

The Brecks:

In the west of East Anglia lie the Brecks. Britain's driest area has been partly planted with a variety of conifers which are home to a sizeable Goshawk population, while passerines such as Siskin and Crossbill can be found. Open sandy areas will be searched for Woodlark.

Suffolk Coast:

Time will be spent scanning the sea for sea-ducks, divers and grebes that will be present. These should include Red-throated Diver, Common Scoter and Slavonian Grebe. Seabirds will be represented by auks, while gulls should be checked for Iceland or Glaucous. The heathlands along the coast deserve to be checked as Dartford Warbler and Woodlark are resident. Lowland fen inside the sea wall are excellent for Harriers by day and for Barn Owls at dusk.

Orwell, Stour & Deben Estuaries:

The estuaries of Suffolk hold good numbers of wintering waders which should include flocks of Knot, Bar-tailed Godwit, Curlew, Dunlin and Oystercatcher alongside large numbers of Brent Geese. Gull flocks will be worth inspection for Caspian while egrets will be fishing in the shallows.

Other Habitats:

Every species will count, so farmland, scrub and urban areas will all be visited to ensure that no common bird is missed.

**Day 3****Bird Race Results & Departure**

The bird race will finish at 2pm at which point, the leaders will present their totals to the event recorder. The group will return to the hotel and the results will be announced. Expected departure for home is 4pm.

Drop-offs to stations can be organised.

Grading & Focus

The absolute focus of this tour is to see as many birds as possible. The pace will be brisk and some sightings may only be brief. Time will be of the essence and as soon as target species have been encountered, expect to move on to the next site immediately.

The tour is graded B, due to the higher than normal intensity. However, walking will be kept to a practical minimum and consideration will be given to all participants in terms of pace. The event is designed to be fun and manageable and not to be strenuous. Expect to visit many sites with a lot of getting in and out of the minibus.

Food & Accommodation

Breakfast and dinner are included. Expect a 7am breakfast and an 8pm dinner in order to maximise daylight time in the field. Lunch is not included; expect this to be taken in the field. Your leader will stop at a convenient shop/café en route for you to purchase this.

Rooms are double and twin-bedded, all with private bathroom facilities. A limited number of single-person occupancy rooms are available and may be subject to a supplementary cost.

Clothing

The weather may be cold, wet, windy and even snowy so please be prepared. Bring several layers, including a thermal base layer and waterproof coat and trousers are required. Footwear should be sturdy, waterproof walking boots and a hat and gloves will be essential.

Comfortable, casual clothing and shoes are suggested for the evenings at the hotel.

Equipment

The following is our recommendation of general equipment that you should bring with you.

- Binoculars (essential)
- Telescope (strongly advised but optional)
- Thermos Flask
- Personal first aid kit
- Small waterproof rucksack/day pack
- Wash kit and medication
- Camera and accessories (optional)
- Field guide and reading material
- Refillable water bottle

Meeting Information

By Train

The closest station is Saxmundham. Transfers to the hotel can be arranged in advance through the Naturetrek Office.

By Car

If you come by car, you may drive directly to the hotel near Dunwich. Full address details will be provided in the final joining instructions for the tour. The advised arrival time is 12:00

Tour Transport

For this tour we will be using small 9-seater mini-buses for the day-to-day travel. Please assist our leaders in ensuring that there is a rotation of seats around the vehicle to allow each participant to enjoy approximately equal time in the front. In order to be fair to all, we regret that we are unable to guarantee a perpetual front seat to those who might suffer from motion sickness or other concerns.

Accommodation

If you arrive the night before the trip, or want to stay the night at the end of your trip, then we can arrange this for you at the tour hotel. Please contact the office should you wish to arrange this. Alternatively, there are plenty of accommodation options to be found on Booking.com

How to book your place

In order to book your place on this holiday, please give us a call on 01962 733051 with a credit or debit card, book online at www.naturetrek.co.uk, or alternatively complete and post the booking form at the back of our main Naturetrek brochure, together with a deposit of 20% of the holiday cost plus any room supplements if required. If you do not have a copy of the brochure, please call us on 01962 733051 or request one via our website. Please stipulate any special requirements, for example extension requests, at the time of booking.

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