

# Sicily in Autumn

## Naturetrek Tour Itinerary

### Outline Itinerary

**Day 1** Fly Catania; transfer Siracusa

**Days 2 – 6** Daily excursions in search of birds and other wildlife

**Day 7** Fly London

### Departs

September

### Focus

Birds, Botany, Entomology, and other Wildlife

### Grading

**A/B.** All walking will be at a slow pace.

### Dates and Prices

See website (tour code ITA12) or brochure

### Highlights

- Search the lava flows of Mount Etna for Sicilian Rock Partridge
- Explore south-facing headlands for recently arrived migrants
- Take a cable car & 4x4 guided vehicles to the rim of Etna's crater!
- Visits to famous archeological sites in the ancient city of Siracusa
- Moth-trapping
- Led by an expert naturalist



Golden Oriole, Blue Rock Thrush, Nymphaeum at Neapolis Archaeological Park



Naturetrek

Mingledown Barn

Wolf's Lane

Chawton

Alton

Hampshire

GU34 3HJ

UK

**T:** +44 (0)1962 733051

**E:** [info@naturetrek.co.uk](mailto:info@naturetrek.co.uk)

**W:** [www.naturetrek.co.uk](http://www.naturetrek.co.uk)

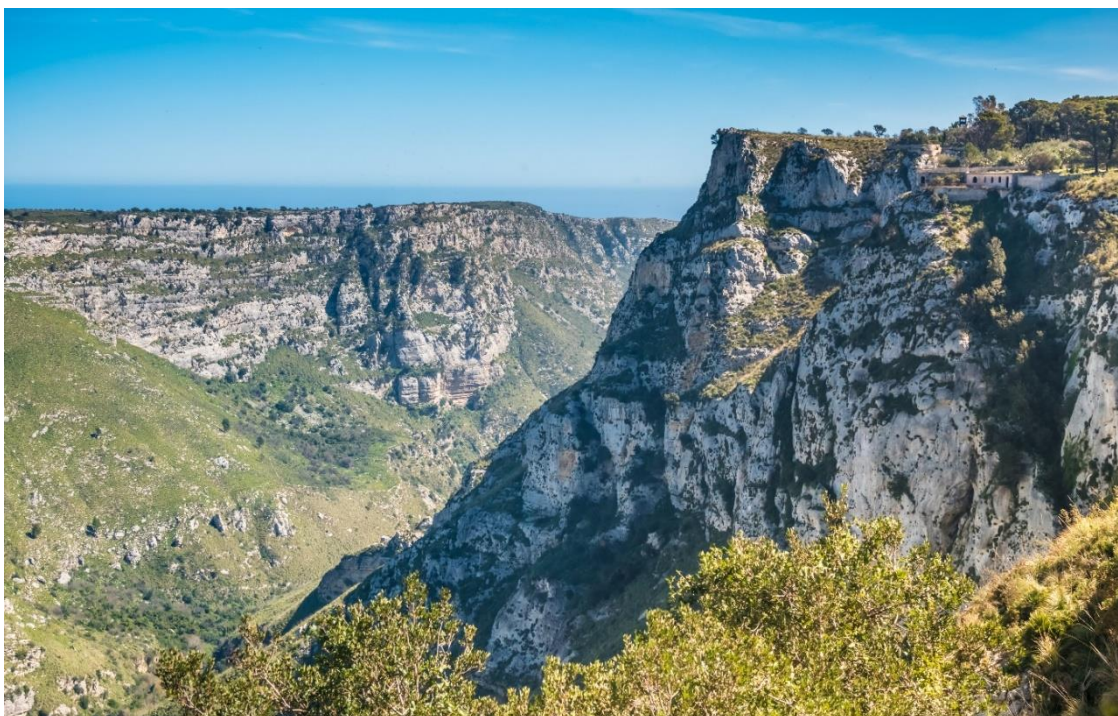
## Introduction

Sicily, the largest island in the Mediterranean, is curiously undiscovered by many tourists despite having a fascinating history that can be traced back over 15,000 years. It is essentially a limestone island coupled with the massive presence of continental Europe's largest active volcano, Mount Etna. This impacts not only on the climate of the island but also means that much of the island has been repeatedly covered by volcanic ash, so the soils are exceptionally fertile. This has ensured that Sicily has been a sought-after territory for centuries. The large size of the island also partly accounts for its strategic significance, and for these combined reasons it has been fought over many times.

As part of Magna Graecia 3,000 years ago, it was home to great philosophers, and local folklore stories abound. There are many Greek remains across the island and we shall visit the astonishingly well-preserved Siracusa Greek Theatre during our tour. Sicily later formed part of the Roman Empire, being a significant producer of food for the Empire.

The position of Sicily in the central Mediterranean, together with its large size mean that in autumn it is used as a stop-over point by many of the migrant birds that are headed south to spend the winter in Africa. Building on the success of our spring tours to this area, this tour will focus on these autumn migrating birds by visiting coastal headlands and marshes that are important feeding and resting areas for tired migrants. This single-centre tour is based at a recently renovated farmhouse outside Siracusa.

We will relax with a sundowner before dinner whilst listening to the distant gentle lapping of the waves on the Mediterranean shore. The rural nature of our accommodation allows us to set a moth trap in the grounds, and our clients will be given a rarely seen opportunity to experience the amazing variety of intricately patterned moths that can be drawn into the trap.



Cava Grande del Cassibile



## Itinerary

*NB. Please note that the itinerary below offers our planned programme of excursions. However, adverse weather & other local considerations can necessitate some re-ordering of the programme during the course of the tour, though this will always be done to maximise best use of the time and weather conditions available.*

### Day 1

### Fly Catania

Today we start our tour departing from London on our flight to Catania, midway along Sicily's east coast. With luck, the weather will be clear on our descent, and we will be treated to spectacular views of Mount Etna with its smoking summit. After arrival, we will complete the airport formalities before picking up our minibus for the week. We will head south towards Siracusa, where we will settle into our rooms at our hotel, the Agriturismo Pozzo di Mazza. Just 7km from Siracusa, we are in an area just outside the Plemmirio protected marine park and just a very short drive from the Arenella and Fontane Bianche beaches.

Depending upon our flight times, we may have time for a short walk around the gardens that surround our accommodation to try to catch our first sight of the many migrants that use the area to feed at this time of year. Likely birds include Serins serenading us with their twittering song, Woodchat Shrikes keeping a beady eye out for passing prey and Sardinian Warblers playing hide-and-seek in the vegetation. We will then have time for the group to get to know one another as we enjoy our first dinner. Rest assured that there will be nobody left feeling hungry as we are treated to an array of locally-influenced cuisine!



Woodchat Shrike

### Day 2

### Southern Lakes and Portopalo

Those wishing to make the best of the early morning light will no doubt want to explore the trees and fields around our accommodation with a pre-breakfast walk. After breakfast we will make our way to the very south of the island to explore various headlands and lakes. The water levels of the lakes in this area are very variable at this time of year, depending upon the amount of rain and how hot the summer has been; we will be visiting several lakes to try to find good conditions for migrating waders. We will travel to Pantano Morghella – Spotted Redshank and Greenshank may be joined by a Wood Sandpiper if we are lucky. This is also a good spot to see Slender-billed Gull. We will be hoping to connect with Marsh Sandpiper, a regular visitor to the area in autumn. We will then move on to Pantano Cuba to try to find the elusive Western Swampheens that breed there. This is quite an open lake and we will be looking for any recently arrived migrants in the surrounding

bushes, which may include Whinchats, Hoopoe or Wood Warbler. At this time of year, almost anything can turn up! We will then take a walk alongside Pantano Longarini, where passing marsh terns often feed over the water, sometimes in large mixed flocks. Black, Whiskered and White-winged Black Terns are all possible. Cetti's Warblers will be giving away their presence by their loud songs, but we will be fortunate indeed if we actually see one of these elusive birds! Penduline Tits occur here and if we are lucky we may come across an early Bluethroat or Moustached Warbler that come here for the winter.



Western Swamphen

After lunch, the harbour at Portopalo will be our destination, where we will hope that a fishing boat returns to port bringing with it a group of Audouin's Gulls. A seawatch here could give us views of Yelkouan and Scopoli's Shearwaters, perhaps with a marauding skua giving chase.

If time permits, we may take a walk around the headland to

look for migrants. Wheatears favour this open terrain, mixing with the resident Crested Larks. With the heat of the day, we may decide instead to opt for a refreshing ice cream before making our way back to Siracusa to spruce up before dinner.

## Day 3

## Vendicari, time to explore Ortigia

After a look at the moth trap, or a pre-breakfast bird walk, we'll enjoy our breakfast before heading south for our first stop. Our target is the large coastal wetland of Vendicari, where we will leave the minibus at the reserve centre before exploring the wetland. There are several hides here that give good views across the large lakes and we will be looking for terns over the water, Marsh Harrier and Purple Heron in the reedbeds, and migrating warblers in the coastal juniper bushes. In the right conditions this is an important stopover site for many species of wader and we will be hoping to find some exposed mud. The shallower water is popular with the smaller species which could include Curlew Sandpipers, Little Stints, Green, Wood and Common Sandpipers, whilst Black-winged Stilts, Spoonbills and Greater Flamingoes prefer the deeper water. Of additional interest, there is also the 15th Century coastal tower built by Peter of Aragon.

We will then break for our picnic lunch.

In the afternoon there will be an opportunity to see more of the history and culture of Siracusa, as we have a free afternoon to experience the marvels of Ortigia, one of the older parts of Siracusa. The group will be dropped on the island of Ortigia and you will have time to explore the delights of this special place at your leisure. You may choose to marvel at the wonderful Piazzas, discover the architecture or simply to find a nice coffee bar to relax in. The choice is yours.

The minibus(es) will then pick the group up and we will return to the hotel to relax in time for dinner. Weather permitting, we will set the moth trap to see what nocturnal delights are attracted in before bedtime.



Ortigia

## Day 4

### Cava Grande del Cassibile, Siracusa Greek Theatre

After breakfast we will travel south, before cutting inland to the Riserva Naturale Cava Grande del Cassibile. Here we will wind our way up steep mountain roads to arrive at the awesome viewpoint that looks across the limestone gorge with its river, many hundreds of feet below us. We will use our vantage point to try to find the Rock Sparrows and Blue Rock Thrushes that nest in the cliffs, as well as keeping a sharp eye out for any raptors that may be using the gorge as a natural flyway. Possible sightings include Peregrine and Lanner. After our lunch and maybe a refreshing coffee at the Rifugio, we will take a walk along the top of the gorge. Amongst the olive and almond groves we will look for Cirl Bunting and any migrants, as Woodlarks deliver their wonderful fluty calls above our heads.

On our descent back down towards the coast we may stop at any likely looking habitat to see what secrets they hold.

We will then drive to the outskirts of Siracusa to visit the truly unmissable Siracusa Greek Theatre and the surrounding Archaeological Park. The Greek Theatre is one of the best preserved in existence anywhere and is a marvel to behold. The site is used for open-air concerts in the summer months and the Theatre is preserved by the addition of wooden seating atop the stone seats. Despite this, it is a magnificent sight and, coupled with the many other archaeological remains on the site, it is a fascinating place.

## Day 5

### Penisola Magnisi & Saline di Priolo

After a look at the moth trap, or a pre-breakfast bird walk, we'll enjoy our breakfast before heading north for our first stop, the promontory of Penisola Magnisi. This headland can, in the right weather conditions, be a magnet for birds. As the vegetation is mostly quite short, it is often alive with

Northern Wheatear, and with lesser numbers of Black-eared Wheatear. Stone-curlews and Calandra Larks breed here and we will also be looking for Short-toed Larks, wagtails and pipits hiding amongst the vegetation. Offshore we may chance upon some skuas harassing the local gulls for a meal. We will look for Audouin's Gull amongst the more common Yellow-legged Gulls.

We will then visit the hides of the nearby Riserva Naturale Saline di Priolo where Greater Flamingoes and Audouin's Gulls are regular. Black-winged Stilts often come close to the hides here and if the water levels reveal some mud, it can be excellent for passage waders. We will be looking to learn how to separate the many species of wader that can occur here. Kentish Plovers nest here, Ferruginous Ducks are regular and we will be scanning the reed edges for a glimpse of the spectacular Western Swampphen. We will then return for dinner followed by the moth trap.

## Day 6

## Etna & Nicolosi

Today we will devote to Mount Etna, a mountain of many superlatives. Currently standing at 3,350 metres, it is continental Europe's highest volcano as well as being the most active. The last significant eruption occurred as recently as 2003 and we shall see first hand the impact that this had. The journey there will take approximately 2 hours; we will aim to stop at selected locations on the way up the mountain to try to locate the distinctively marked Sicilian form of the Long-tailed Tit.

Winding our way up around the various lava flows, we will reach the Rifugio Sapienza at 1,923 metres, where we will leave the minibus. From here, the cable car takes us to 2,500 metres before we join our 4x4 vehicles with guides who will escort us to the highest point where access is allowed on the volcano. On a clear day, the views from here are stunning and this will without doubt be a

highlight of the trip for us all. We will then descend back to the minibus where we will be ready for some lunch!



Mount Etna 4x4 Vehicles

We will wind our way back down the mountain, stopping at likely spots to search for the very elusive Sicilian Rock Partridge, to try to find the Sicilian subspecies of Crossbill in the pine forests and then we will aim to take a walk in the chestnut and oak woods

looking for the distinctive Sicilian Coal Tit, as well as Short-toed Treecreeper, Firecrest and Golden Oriole.

Throughout the day we will also keep our eyes peeled on the skies as the Etna slopes are home to Golden Eagle as well as an excellent place to connect with the very healthy Sicilian population of



Lanners – one of the best places to see this elusive falcon in Europe. We will then make our way back to the hotel, perhaps with a short siesta on the way home in the minibus for those who wish!

## Day 7

## Fly London

Depending on flight times, we might have the chance of a last stop to look for fresh migrants – either a visit to a headland near to our accommodation or to Siracusa Salinas. We will then have to leave Siracusa to make our transfer journey north to Catania Airport for our return flight to the UK.

---

## Tour Grading & Focus

Easy to moderately difficult at times. There is no major trekking on tour but there will be plenty of daytime walks in a variety of habitat types. All walks and excursions are optional and taken at a leisurely pace, but they will often be over hilly, rocky or forested terrain, and sometimes in hot, humid conditions.

It should be noted that the journey to Mount Etna is approximately 2 hours each way in the minibus. When travelling in Sicily it is necessary to accept that the mountain roads may be in poor repair on occasions. This will mainly take the form of potholes formed by the volcanic nature of the island. Warm clothing may be needed high up on Etna, where we will spend time at over 2000m but with no serious walking at this altitude.

Sicily has a wide range of interest across the taxa and we'll take opportunity to enjoy any exciting wildlife we come across along the way.

## Weather, Clothing & Equipment

We can hope for fine weather at this time but the weather is of course unpredictable and we recommend bringing layers of clothing including a warm jumper/fleece for the time at Etna and a waterproof jacket and waterproof walking boots.

## What's Included

Breakfasts and evening meals are included in the holiday cost beginning with the evening meal on Day 1 and finishing with breakfast on Day 7. Lunches will be continental-style picnic eaten in-situ encompassing the very best of seasonal local produce where possible.

## Extending Your Holiday

We can happily book your flights to incorporate additional nights in Sicily. Please request this at the time of booking.

## How to book your place

---

In order to book your place on this holiday, please give us a call on 01962 733051 with a credit or debit card, book online at [www.naturetrek.co.uk](http://www.naturetrek.co.uk), or alternatively complete and post the booking form at the back of our main Naturetrek brochure, together with a deposit of 20% of the holiday cost plus any room supplements if required. If you do not have a copy of the brochure, please call us on 01962 733051 or request one via our website. Please stipulate any special requirements, for example extension requests, at the time of booking.



Orecchio di Dionisio (Ear of Dionysius)