

# Suriname – South America’s Hidden Gem

## Naturetrek Tour Itinerary

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### Outline Itinerary

- Day 1 – 2** Fly UK to Paramaribo via Amsterdam
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- Day 3 – 6** Excursions through a variety of habitats ranging from secondary forest to unspoilt rivers, mangroves and wetlands
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- Day 7 – 10** Experience pristine rainforest at Kabalebo Nature Reserve
- 
- Day 11** Explore an extensive savannah-forest mosaic
- 
- Day 12 – 13** Fly Paramaribo to UK via Amsterdam
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### Post-tour Fredberg Extension

- Day 12 – 15** Fredberg
- 
- Day 16 – 17** Fly Paramaribo to UK via Amsterdam
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### Departs

October/November and February/March

### Focus

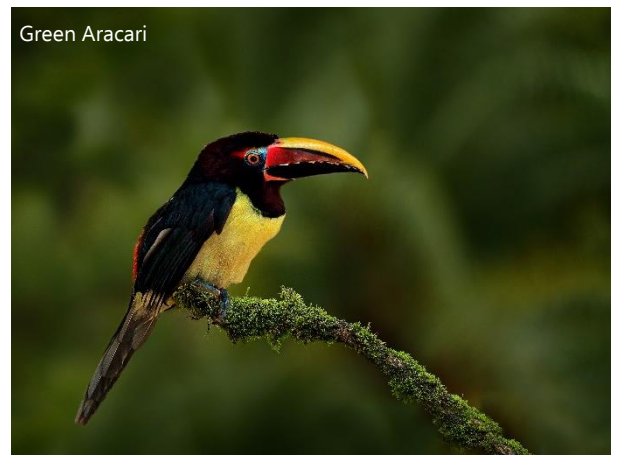
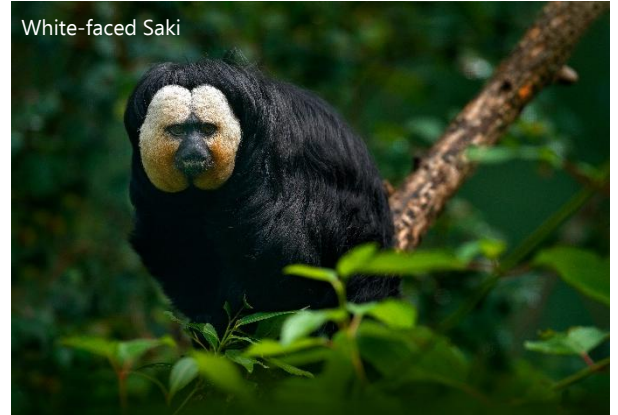
Birds, Mammals and Herpetofauna

### Grading

**A/B.** A moderate level of fitness is required with time spent on foot in humid conditions. Early starts and late finishes encouraged. Please see detailed notes at the end of the itinerary before booking.

### Dates and Prices

See website (tour code SUR01)



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## How does this tour benefit the local community and wildlife?

At present, Suriname proudly retains the title for being the most forested country on Earth. However, despite the current abundance of flora and fauna, the native habitat is under increasing threat from illegal mining, slash-and-burn agriculture, and the hunting and trapping of native wildlife. Eco-tourism plays a crucial role by fostering appreciation for this unique habitat and providing the local population with a justified means to protect it. We work closely with local communities to promote eco-tourism as an effective and sustainable approach to safeguarding Suriname's rich natural heritage. Many of our local guides are former hunters who have now traded their traps for binoculars, and they make some of the best wildlife spotters you could hope for! Upon speaking with these individuals, you'll quickly come to realise that hunting was not a hobby for them but rather a means to earn a humble living. Given the chance to earn a livelihood by sharing their knowledge of their habitat with others and protecting wildlife, they warmly embrace these opportunities, and it is through eco-tourism that this vision can become a reality. A portion of the cost of your tour is donated to our local partners' wildlife conservation fund, which supports a diverse array of important ecological and educational projects in Suriname.

One of the projects we support is outlined below:

With Suriname's abundant forest cover, residents often come into contact with native wildlife. Unfortunately, these encounters can result in conflict, often due to a lack of awareness and education, especially concerning snakes – a globally misunderstood and feared group of organisms. The instinct of many locals is to eliminate any snake on sight. To address this issue, our local partners have launched the 'Snake Patrol Suriname' foundation, which aims to educate communities about snakes. Through informative workshops and a 'snake rescue' service that relocates and rehabilitates snakes found in homes, the team has helped to dispel negative stereotypes surrounding these fascinating reptiles, and their efforts have helped foster respect and awareness for the crucial environmental role they play in the broader biosphere. When you travel with us to Suriname, you not only support this charity but, on occasion (and only if you wish), may also have the unique chance to join our local experts on a snake rescue, witnessing firsthand the important work they do!



## Introduction

Suriname is a lesser-known country tucked away on the north-east edge of South America. Sandwiched between Guyana, French Guiana, and Brazil, it lies within the Guiana Shield biodiversity hotspot. Despite being the smallest nation on the continent, Suriname boasts the highest percentage of forest cover of any country on Earth, enveloping a staggering 93 per cent of its territory.

With such an expanse of pristine rainforest remaining, Suriname offers fantastic and previously untapped opportunities for wildlife exploration. This new 12-day holiday aims to capture the essence of this underexplored wilderness, covering a broad range of habitats to seek out some of the region’s most iconic natural treasures.

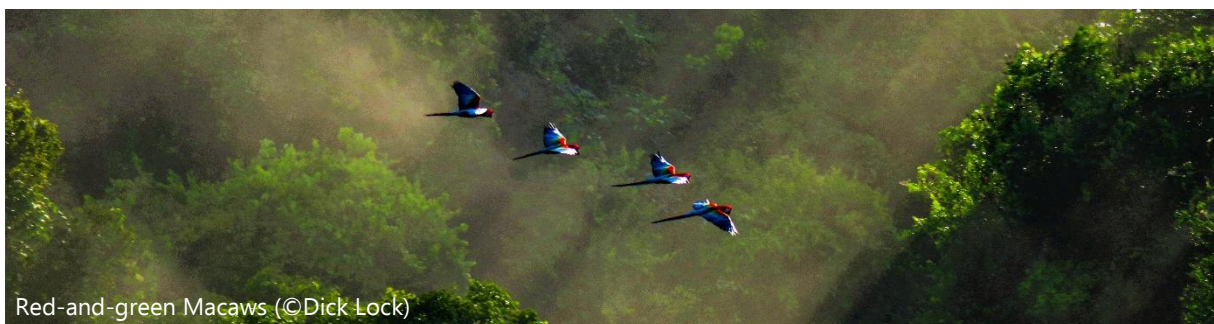
The birdlife promises to be spectacular throughout – from clouds of colourful Scarlet Ibis to ever-present soaring raptors; and such possible highlights as Black Curassow, Grey-winged Trumpeter, Guianan Toucanet, Red-fan Parrot and Crimson Topaz, to name but a few. In such pristine habitat, a Harpy or Crested Eagle is also not out of the question!

Suriname possesses some of the region’s healthiest populations of neotropical mammals, including eight species of primate, and such iconic megafauna as Lowland Tapir, Giant Otter and, for the fortunate, even Jaguar. There will be plenty of opportunity to enjoy spotlighting on this tour, searching for the forest’s nocturnal residents. Indeed, this time will be necessary to maximise our chances of finding some of the rarer denizens of the forest.

Additionally, with an assortment of reptiles and amphibians to excite even the most seasoned of herpetologists, alongside a spectacular array of plants and insects, we will seize the opportunity to observe all kinds of life on this tour.

Join us on this pioneering journey into an untapped wilderness, searching for a wide variety of wildlife within the most forested country on Earth!

For those looking to extend their trip, we offer a 4-night extension to Fredberg – Suriname’s premier birding site – for the chance to view such enigmatic Guiana Shield endemics as Crimson Fruitcrow, Guianan Cock-of-the-rock, Blue-backed Tanager, all eight of Suriname’s primates, and much more.



Red-and-green Macaws (©Dick Lock)

## Itinerary

*NB. Please note that the itinerary below offers our planned programme of excursions. However, adverse weather & other local considerations can necessitate some re-ordering of the programme during the course of the tour, though this will always be done to maximise best use of the time and weather conditions available.*

### Day 1

### Fly to Amsterdam

For those joining the group flights, we will depart from London Heathrow this morning on an early flight to Amsterdam. Upon arrival, we'll transfer to a very comfortable airport hotel for an overnight stay.

Please note that Amsterdam serves as a hub for many regional destinations. If you have a specific preference regarding outbound flights from the UK, kindly indicate this at the time of booking.

### Day 2

### Fly Amsterdam to Paramaribo-Zanderij

This morning we fly from Amsterdam to Paramaribo-Zanderij International Airport.

We'll be touching down in Suriname in the early afternoon. The international airport itself is set within the savannah belt, around an hour south of the capital of Paramaribo. On arrival, we'll meet our local driver and transfer to our comfortable lodge in the city suburbs, where the remainder of the day will be free for us to relax after our long flights and rest up, ready for an early start in the morning. If we have the energy, we might enjoy a gentle walk along the edge of some nearby secondary forest. We will be staying at the delightful Sutopia Resort, which offers comfortable, air-conditioned en suite rooms, with attached kitchenettes. There is also a communal pool, so you may like to bring your swimming costumes if you wish to have a dip.



### Day 3

### Peperpot Nature Park & the Commewijne River

Our lodge is situated a short 10-minute drive from the superb Peperpot Nature Park; a reclaimed forest patch formed from old plantations. This secondary forest habitat, rich with fruiting trees, dense vegetation and waterways, is home to an astonishing array of wildlife, including 40% of the country's bird species, and a remarkably high concentration of mammals, insects and herpetofauna. We'll head into the forest early this morning to begin looking for wildlife with our local naturalist guide. This is one of Suriname's foremost birding spots. Key targets here include the localised

Blood-coloured Woodpecker, Arrowhead Piculet (Suriname's only endemic), Green-tailed Jacamar, Black-spotted Barbet, Painted Tody Flycatcher, Green-backed Trogon and Great Potoo. This is also



Crimson-hooded Manakin



Guiana Dolphins

an excellent location for Pale-throated Three-toed Sloths, while large mixed troops of Guianan Squirrel Monkeys and Guianan Brown Capuchin Monkeys are a constant presence.

We'll return to our lodge for some lunch and rest. This afternoon, we will head towards the confluence of the Suriname and Commewijne Rivers, and out into the estuary to look for Guiana Dolphin. This species is adapted to live in both freshwater and saltwater, and, although typically difficult to find throughout their relatively restricted range, we stand good chances of a sighting. We are likely to see our first coastal birds here, including such standouts as Scarlet Ibis, Roseate Spoonbill, Limpkin, and Rufous Crab-Hawk. Time permitting, we may bird a nearby swamp forest for species including Bicoloured Conebill and the striking Crimson-hooded Manakin.

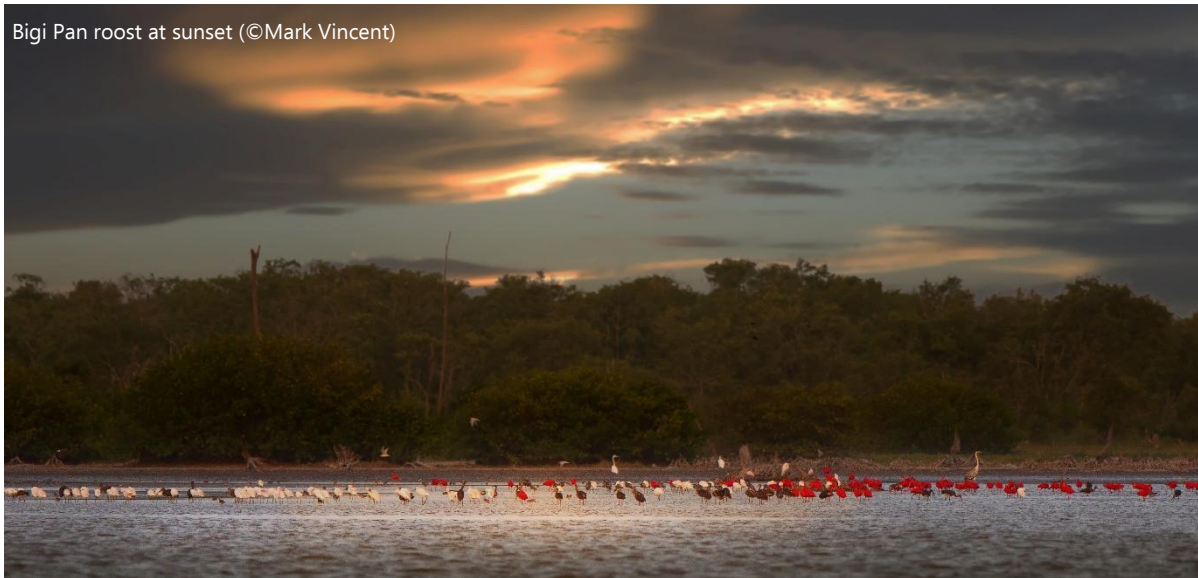
This evening, we'll have access to Peperpot Nature Park after dark to enjoy some spotlighting for mammals, owls and herpetofauna. Some of the wildlife more frequently encountered on nocturnal forays include Long-tailed Porcupine, Southern and Grey Four-eyed Opossum, sloths, and an assortment of snakes, caimans and frogs. Meanwhile, rarer denizens of the forest including Giant Anteater, Capybara, Ocelot, Margay and Jaguarundi can be seen on occasion.

## Day 4 – 5

## Bigi Pan

This morning, we'll leave Paramaribo and journey westward towards the Guyana border. We'll be sure to be on the lookout for any wildlife along the way. Raptors are near-ubiquitous, accompanied by various flycatchers and swallows, perched along the wires. Roadside mammals might include a troop of Guianan Red Howler or perhaps a Southern Tamandua. Time permitting, we may stop at a Red-bellied Macaw roost to break up the journey, and later, a wetland area. The latter can be particularly rewarding for a variety of waders, herons, and egrets. To reach our final destination, Bigi Pan, which translates to 'Big Lake', we'll need to transfer to a motorised canoe. This Ramsar site, surrounded by swamps and marshes, supports a vast array of birdlife, much of which will become apparent the moment we enter the narrow access channels. For the next two nights we'll be staying at the newly built Akira Overwater Resort; a stilted lodge situated in the middle of the lake.

The lodge is well-appointed, with spacious en suite rooms, 24-hour solar-powered electricity, Wi-Fi and a well-stocked bar. There will be plenty of time to relax on the communal decking, or on your private veranda, and watch as waterbirds drift by.



In the mornings and afternoons, we'll head out onto the water in time for sunrise and sunset, to witness the coming and going of thousands of waterbirds to roost. Colourful clouds of Scarlet Ibis, Roseate Spoonbill and American Flamingo are accompanied by an army of waders. Common among the flocks are Black-necked Stilt, Short-billed Dowitcher and Greater Yellowlegs, alongside an assortment of plovers, sandpipers, herons and egrets. Large-billed Terns and Magnificent Frigatebirds patrol the skies, while Black Skimmers and Brown Pelicans cruise in to add to the spectacle. Ducks may comprise of White-cheeked Pintail and Muscovy, while raptors including Osprey, Snail Kite, Rufous Crab-Hawk, Black-collared and Great Black Hawk are frequently encountered. Along the quiet channels, we may also find an array of woodpeckers and kingfishers.

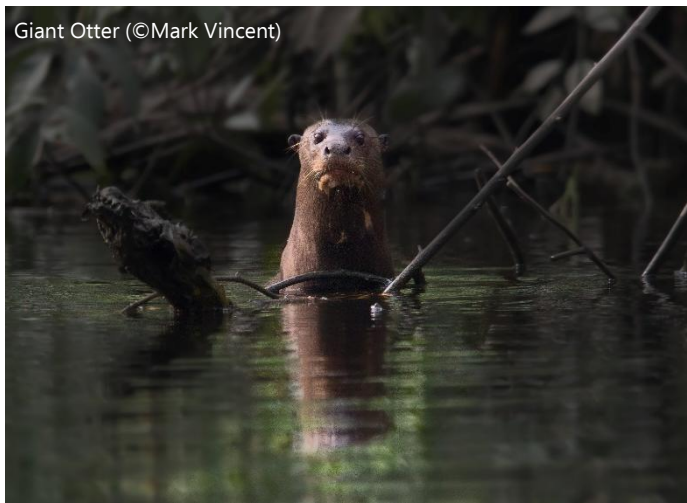
After dark, we may like to spotlight by boat for owls, reptiles and amphibians. Spectacled Caiman are present here, while we might also find an attractive Slender Tree Boa, or perhaps a Great Horned Owl.

## Day 6

## Bigi Pan - Maratakka - Paramaribo

There will be an optional sunrise cruise this morning, before we transfer back down the canal to retrieve our vehicle and drive south for around an hour to a small village on the edge of the Nickerie River. Here, we'll meet our boatsman for a private cruise down the Maratakka River, a secluded tributary of the Nickerie. This is one of Suriname's hidden gems; a tranquil waterway, where encountering a grazing West Indian Manatee or a curious family of Giant Otters is more probable than coming across another tourist boat!

Primates are typically conspicuous here, with all eight of Suriname's species possible, though Guianan Squirrel Monkey, Guianan Red Howler and Guianan Brown Capuchin are the most commonly observed.



The birding promises to be excellent. All six species of kingfisher may be seen, alongside Suriname's six species of toucan and toucanet (although the mornings are typically better for the latter). Other target birds include Bare-necked Fruitcrow, Black-capped Donacobius, Blue-and-yellow Macaw, Red-fan, Orange-winged, Blue-headed and Mealy Parrot, Sungrebe, Capped Heron and Blackish Antbird, to name but a few! If we are very lucky, Harpy and Crested Eagles have been sighted here, while Red Brocket Deer, Capybara and Lowland Tapir have all been recorded crossing. The river is also the haunt of several caiman species and the world's largest snake, the Green Anaconda. We'll aim to stay out on the Maratakka for as long as possible to maximise our chances of finding our target species, before ultimately returning to our accommodation in the suburbs of Paramaribo, where we'll stay overnight.

## Day 7 – 9

## Kabalebo Nature Reserve

This morning we'll transfer to the airport to board our light aircraft for a spectacular charter flight over vast stretches of pristine primary rainforest to Kabalebo, located in the heart of the Surinamese Amazon. With the nearest road more than 150 miles away, Kabalebo is fantastically remote. Due to its isolated position and lack of human habitation, the forests here have never been hunted. Consequently, not only are otherwise elusive megafaunal species present in healthy numbers, but the wildlife is also largely unafraid of humans, with species often providing far more obliging views. We'll have four days (three nights) to explore this pristine habitat by means of river cruises and a 30-kilometre trail network.

Birding highlights might include Crimson Topaz, Black Curassow, Blue-throated Piping Guan, Marail Guan, White-plumed Antbird, Red-throated and Black Caracara, Grey-winged Trumpeter, Guianan Trogon, Guianan Toucanet, Channel-billed and White-throated Toucan, Amazonian Motmot, Spangled Cotinga and Paradise Jacamar, to name merely a few. On the river, we'll be on the lookout

for a wide variety of waterbirds, including Sunbittern, Capped Heron and Rufescent Tiger-Heron, alongside Green Iguana, three caiman species, Capybara and Giant Otter. There are also up to 23 species of hummingbird and 17 species of macaw, parrot and parakeet here! Spotting a Harpy Eagle would undoubtedly be the highlight for many, and while sightings cannot be guaranteed, these majestic raptors are regularly recorded here.

Blue-banded Morpho (*Morpho achilles*)

Lowland Tapir

The forest is also home to a rich mammalian diversity. Some of the diurnal mammals encountered close to the lodge include Red-rumped Agouti, Tayra, one of several primate species, and even Lowland Tapir, which can be quite confiding here – a clear indicator of a non-hunted forest. With luck, we might also encounter White-lipped and Collared Peccary, Pale-throated Three-toed and Linnaeus’s Two-toed Sloth, Nine-banded and Greater Long-nosed Armadillos, Southern Tamandua and Red Brocket Deer. Although typically incredibly elusive across the Amazon, big cats are seen with some regularity here, too. Indeed, this is perhaps one of the top places to look for Jaguars in Suriname, while Ocelots sometimes visit the lodge grounds, and Pumas are occasionally sighted crossing the airstrip at dusk.

The insect and herpetofaunal diversity is equally astonishing, and we’ll delight in watching brilliant Blue-banded Morpho butterflies flit between the trees, while keeping our eyes peeled for a number of spectacularly coloured frogs.

Three-striped Poison Frog (*Ameerega trivittata*) (© George Vincent)

Harpy Eagle (© Dick Lock)

Our daily schedule of activities will remain flexible, and there will be plenty of scope to enjoy spotlighting for such species as Amazonian Pygmy Owl, Ladder-tailed Nightjar, Lowland Paca, Red Acouchi, opossums, cats and more. As the forest here exists in its original state, it’s theoretically possible to see almost all of Suriname’s native Amazonian fauna and flora.

Kabalebo Nature Resort itself is arguably the jewel in the crown of Suriname’s eco-tourism industry, providing a hospitality experience more akin to the well-established Amazonian lodges of Brazil and Ecuador. The 3.5-star lodge offers clean, comfortable rooms with private en suite bathrooms. The grounds are well kept, and there is a swimming pool in which to cool off.

In addition to the wildlife, the scenery is quite spectacular and there are several sets of impressive waterfalls and rapids to explore. This is some of the last truly wild Amazon rainforest, existing as it has done for thousands of years, and a visit here will surely rank high among the many highlights of the tour.

## Day 10

## Return Paramaribo

We will have a final morning to catch up with any missed species before returning to our accommodation in the suburbs of Paramaribo this afternoon. For those wishing to do so, there will be another opportunity to enjoy some spotlighting in Peperpot Nature Park with a local herpetologist expert this evening. Some of the more interesting species encountered here include Smooth-fronted Caiman, the bizarre Surinam Toad, Parrot Snake, Brown-banded Water Snake, Forest Flame Snake, Fer-de-lance, and many more. Mammals, birds and insects will of course also feature.

## Day 11

## Savannah Zone

We will have a full day to explore the savannah-forest mosaic nearby Paramaribo international Airport. This habitat is quite unlike the rest of Suriname, so we are likely to encounter a range of open-country birds that may not have been present in other areas during this tour, including such specialities as Rufous-crowned Elaenia, Pale-bellied Mourner, Cayenne Jay, Crested Bobwhite, Burrowing Owl, Ash-throated Crake, Red-shouldered Macaw, Pompadour Cotinga, Saffron-crested Tyrant-manakin, Golden-headed, White-crowned and Black Manakins, and Red-shouldered Tanager. It’s always prudent to keep our eyes peeled for mammals in this dry zone, too, and we have chances for several of the primate species.



Guianan Squirrel Monkey (©Mark Vincent)



Golden-headed Manakin

## Day 12

## Departure

We'll have a final early morning of wildlife exploration today before returning to our lodge to freshen up. For those not opting for the extension, we will then bid farewell to our local guide and transfer to the airport for our flights back to the UK via Amsterdam.

## Day 13

## Arrive UK

We will catch our connecting flight in Amsterdam and arrive back in the UK this morning.

## Post-tour Fredberg Extension

(The minimum number of participants required to run this extension is four; however, we may still be able to operate it with fewer guests for a small per-person supplement)

**N.B. Please see accommodation/access note when considering this extension.**

## Day 12 – 14

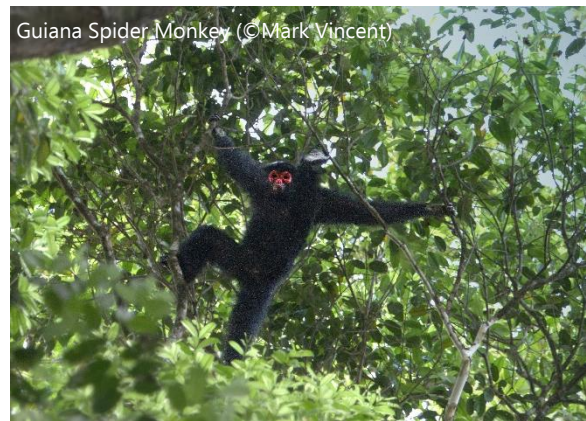
## Fredberg

After a final early morning birding or relaxing at our lodge, we will bid farewell to the rest of the group and continue for around three and a half hours south to Fredberg. The last hour or so of this journey takes us down a very bumpy, unpaved road, but we will be sure to stop for any wildlife that we encounter along the way. During the drive, we'll be keeping our eyes peeled for Pale-throated Three-toed Sloths, which are often spotted sitting in cecropia trees. With a bit of luck, we may also chance upon their primary predator, the mighty Harpy Eagle.

Fredberg camp itself is situated in a swamp forest on the bank of the Little Saramacca River. Accommodation is very basic with limited facilities\*, but the camp is situated amongst some of the finest birding habitat in Suriname. The in-house chef is well-known for preparing a delightful spread at mealtimes, while Fred, the owner of the lodge, is an extraordinarily sharp birder himself.



Guianan Cock-of-the-rock



Guiana Spider Monkey (©Mark Vincent)

Although a great number of birds can be found along the many trails, Fredberg is perhaps best known for providing access to multiple lekking sites for the Guianan Cock-of-the-rock, which offer fantastic opportunities for photography (when the birds are compliant!). Sightings are typically reliable (though may take a couple of attempts), and we'll be sure to visit at least one of these sites during our stay.

The bizarre-sounding Capuchinbird also has a lek close to camp, while Cocoa Thrush and the incredibly elusive Zigzag Heron have territories here, too. The area is also fantastic for Guianan Shield endemics, including the rare and beautiful Blue-backed Tanager, Crimson Fruitcrow, Guianan Puffbird, Dusky Purpletuft and Guianan Red Cotinga. Other star species include Great Jacamar, Spotted Antpitta, Spangled, Pompadour and Purple-breasted Cotinga, Green and Glossy-backed Becard, Amazonian Motmot and Crimson Topaz, to name but a few. Old logging roads provide access to secondary forest, making typically shy forest birds much easier to see. Mixed flocks of tanagers and honeycreepers are a common sight, as are several species of woodpecker and parrot.

On the mammal front, all eight of Suriname's primates are present here, with near-endemics including Guiana (Red-faced) Spider Monkey, Golden-handed Tamarin, Chestnut Capuchin and White-faced Saki being key targets. Red-rumped Agouti is particularly common, but, as is typical in

much of Suriname, you never know what delights will show up, with records of Margay and Puma having been sighted close to camp.



Golden-handed Tamarin (©Matthew Wallace)



Purple-breasted Cotinga

As usual, there will be opportunities for spotlighting each evening, searching for owls, mammals and herpetofauna. With the help of our guide, beautiful Emerald and Slender Tree Boas may be found, while Fredberg is also a hotspot for the impressive Bushmaster (more likely in the wet season).

There will be time to relax in the hammocks around the lodge during the heat of the day, as well as the unique opportunity to cool off in the Little Saramacca River.

\*Accommodation note: Please be aware that the accommodation at Fredberg is basic, with limited facilities. Rooms are simple, wooden huts with double/twin beds and a basic en suite bathroom (no hot water). They do not have fans or air-conditioning. The access road to Fredberg is poor. If you have any questions or concerns before booking, please don't hesitate to contact Operations Manager, Dan Lay ([dan@naturetrek.co.uk](mailto:dan@naturetrek.co.uk) or 01962 733051).

## Day 15

## Peperpot Nature Park

After a final full morning of birding, we'll depart Fredberg and head back towards our lodge in the city suburbs.

## Day 16

## Departure

We'll have a final morning of birding today before returning to our lodge to freshen up. This afternoon, we will bid farewell to our local guide and transfer to the airport for our flights back to the UK via Amsterdam.

## Day 17

## Arrive UK

We will catch our connecting flight in Amsterdam and arrive back in the UK this morning.

## Tour Grading

This is an escorted natural history holiday suitable for most people with moderate fitness levels and mobility. Although, you should be prepared for humid, hot, and occasionally muddy conditions, as well as some unpaved roads, uneven trails, biting insects, and steep slopes (although Suriname is typically quite flat). The majority of our time will be spent observing wildlife from boats or on foot.

To fully enjoy the tour, anticipate full days with early starts and late finishes. These extended hours are essential for maximising wildlife-viewing opportunities. Please be aware of this before committing to the tour. While there will be opportunities for relaxation, it's important to note that this is not a leisurely holiday! However, keep in mind that all activities are optional, and you can choose to unwind at the lodges if desired.

Although you can expect clean and comfortable accommodation during the main tour, those opting for the Fredberg extension should be accepting of basic lodging, a bumpy drive, hot temperatures and walking on steep/uneven trails.

Despite Suriname's abundance of wildlife, its eco-tourism industry is relatively new. While our tours are meticulously planned, occasional inefficiencies in local operations may well arise. Please be aware that these occurrences are largely beyond Naturetrek's control and are a natural part of the travel experience. Rest assured, we are fully equipped to handle any challenges, but embracing a spirit of adventure and patience is needed and this will enhance your enjoyment during the tour.

## Tour Focus

This is a conventional wildlife holiday with a focus on birds, mammals, reptiles & amphibians. Please note that this tour will likely involve encounters with reptiles and amphibians, including snakes. You can also expect to encounter a diverse range of butterflies and insects.

You will need to appreciate that neotropical mammals are largely shy and retiring, present in low densities and often crepuscular or nocturnal in nature. Although this tour spends time and effort in looking for exciting and iconic mammal species such as Lowland Tapir, Giant Otter, White-faced Saki, Golden-handed Tamarin, Pale-throated Sloth and a range of Amazonian primates, potential participants should be aware that mammals will be on view for only a small percentage of our time in the field. Anybody wishing for and expecting a safari-type experience full of animals should consider carefully whether this is the holiday for them. Time between mammal encounters will be spent largely birdwatching (alert to mammals at all times of course), as birds are the most conspicuous members of the local fauna.

NB If you would like a mammal (or photography) focused holiday in Suriname with little or no focus on birds, then a tailor-made holiday will be right for you. Contact Dan Lay ([dan@naturetrek.co.uk](mailto:dan@naturetrek.co.uk)) for details – we'd be delighted to help.

Please do not hesitate to talk to the Operations Manager, Dan Lay ([dan@naturetrek.co.uk](mailto:dan@naturetrek.co.uk) or 01962 733051), if you have any additional questions regarding this holiday.

## Weather, Clothing & Equipment

The weather is likely to be hot and humid throughout. While the tour is designed to fall within the 'dry season', it's important to be prepared for rain at any time, as is typical in any rainforest. If it does rain, it usually occurs in short, heavy downpours rather than lasting all day. Although weather patterns are increasingly unpredictable, Suriname typically experiences two main dry seasons: a 'long dry season' from August to November and a 'short dry season' from February to April. During the 'long dry season,' one can expect more stable weather, with the hottest, driest conditions of the year. In contrast, the 'short dry season' offers slightly cooler weather but also a higher chance of rainfall.

Please inspect the separate clothing list contained within the pre-departure information, of which a copy will be sent to you upon booking. Binoculars are of course essential for this holiday.

## Luggage Allowance on Internal Charter Flights

While standard international baggage regulations apply to transatlantic flights, please note that luggage allowance will be limited on the domestic charter flight to Kabalebo, located deep within the interior of west Suriname.

It isn't possible to give a specific luggage allowance in advance and a clearer estimation can be given nearer the time of departure. We will need to request the body weights of all passengers to determine the baggage allocation. Additionally, we can store excess baggage securely at your lodge, either side of your visit to Kabalebo.

The plane used will likely be a Cessna C208 (12-person capacity turboprop).

## What's Included

All accommodation, meals and drinking water are included. Snacks, soft/alcoholic drinks and items of a personal nature are not included in the price of the tour.

## Extending Your Holiday

Please note that there are a limited number of rooms available at Fredberg, so this extension operates on a first-come, first-serve basis. If you have specific interests, please let us know, as there are other localities you may wish to visit before or after the tour. Alternatively, this trip can be arranged on an entirely Tailormade basis.

## How to book your place

In order to book your place on this holiday, please give us a call on 01962 733051 with a credit or debit card, book online at [www.naturetrek.co.uk](http://www.naturetrek.co.uk), or alternatively complete and post the booking

form at the back of our main Naturetrek brochure, together with a deposit of 20% of the holiday cost plus any room supplements if required. If you do not have a copy of the brochure, please call us on 01962 733051 or request one via our website. Please stipulate any special requirements and your interest in an extension at the time of booking.

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