Go Slow in the Austrian Alps

Naturetrek Tour Report

29th May - 5th June 2025



Black Woodpecker by Keith Buchanan



Alpine Chough by Keith Buchanan



Meadow below Zugspitz Mountain by Bruce Middleton



Beaver by Keith Buchanan

Tour report by Bruce Middleton



Naturetrek Mingledown Barn

Wolf's Lane

Chawton

Alton

Hampshire

GU34 3HJ

UK

T: +44 (0)1962 733051

E: info@naturetrek.co.uk

W: www.naturetrek.co.uk

Tour participants: Bruce Middleton and Keith Buchanan (leaders) with 13 Naturetrek clients

Summary

We had a mix of weather with some sunshine and some rain and a mountain storm at night. The scenery was stunning, and the hotel was lovely. The staff here were very friendly and helpful. Highlights of our forays on the Austria Go Slow Tour included Red Helleborine, Dark Red Helleborine, Lady Slipper, Fly, Frog, Lesser Butterfly, Small White, Fragrant and Marsh Orchids, Alpine Snowbell, Spring Gentian, and Clusius's Gentian. Golden Eagle, Griffon Vulture, Rosefinch and Dipper were also seen. Then we had butterfly species including False Heath Fritillary, Swallowtail, Black-veined White, and Idas Blue. Other highlights included a trip to the top of Zugspitz Mountain and the boat trip on the Heiterwanger See as well as a couple of short evening excursions to see Beavers.

Day 1

Thursday 29th May

Weather: Warm and overcast.

Naturetrekkers flew either to Innsbruck or Munich and then were driven to the Alpen Residence Hotel in Ehrwald. We all met each other for the first time at the hotel and in time to freshen up for the first delicious meal of the tour. The hosts here were very friendly and helpful. A few birds were seen on the journey including Buzzard and Black Kite.

Day 2

Weather: Sunny all day

Friday 30th May

After breakfast we stopped off at a supermarket in the village to buy sandwiches for lunch. Then we set off to the Ehrwaler Alm Cable Car. After paying for parking tickets, we ascended to the Ehrwald Alm where we had lovely views looking down into the villages of Ehrwald and Lermoos. It was not long before we came across some Common Frogs Rana temporaria. We also saw a nice variety of plants that included Globe Flower Trollius europaeus, Herb Paris Paris quadrifolia, Hepatica Hepatica nobilis, Woolly Buttercup Ranunculus lanuginosu,s, Spring Gentian Gentiana verna, Alpine Butterwort Pinguicula alpina, Green Spleenwort Asplenium viride, Brittle Bladder Fern Cystopteris fragilis and Flat Sedge Blysmus compressus. When we came to a small lake, we sat down to have our packed lunch. The lake was full of tadpoles and there was a family of Mallard ducks with their ducklings to be seen. We also saw White Wagtail flying frequently across the lake.

We then made our way to the nearest Gastehaus where most of us enjoyed a pleasant cool drink. Then we went down the cable car and set off on foot along the Wasserfall Weg towards the waterfall. On the way up we saw a Duke of Burgundy butterfly Hamearis lucin as well as Wood White Leptidea sinapis, Orange Tip Anthocharis cardamines and a number of the mountain form of Green-veined White Pieris bryoniae. We also came across Alpine Marsh Orchid Dactyloriza alpestris in flower, Clusiuss Gentian Gentiana clusii, Lily of the Valley Convallaria majalis, May Lily Maianthermum bifolium and Lady Slipper Orchid Cypripedium calceolus. We then returned to the hotel in time for afternoon tea and then shortly after that we went through our species list session followed by a delicious meal.

Day 3

Saturday 31st May

Weather: Sunny all day and very hot

We started with an early morning bird walk beside the hotel and were rewarded by Redstart, Great Spotted Woodpecker and Dipper. Then we had breakfast before collecting sandwiches from a local supermarket. Then we set off in the minibuses for a short journey to the Tiroler Zugspitzbahn cable car.

Once we arrived, we purchased parking tickets for both vehicles and then stepped into the large cable car. The weather was predicted to be dry and sunny and we were soon ascending the mountain. The cable car climbed up to the top of the Zugspitz. We made our way out of the cable car and then went to explore the top of the mountain. What makes the site interesting is that part of the top is in Austria but the other is in Germany and has its own cable car on the other side to reach here. We were around 2,962 metres above sea level and we could see for miles and miles around on all sides. It was nice and cool on what felt like on top of the world and there was still a small area of glacier down below us covered in snow. This is the highest mountain there is in Germany. We were able to see some amazing views all around us.

We all managed to see a number of Alpine Chough that seem to have taken up residence here and readily fed on the bits of sandwich we hand feed them. Some of us saw Snow Finch and there were a few Small Tortoiseshell *Aglais urticae* flying around. Others visited the museum and here we learnt a little about the cable car history at Zugspitz. The small informative museum told us about how Josef Naus, his assistant and mountain guide Johann Georg Tauschl climbed to the summit on the 27th of August 1820. And then how the cable car systems were built to make it possible for others to reach the summit from both sides. The first was built in 1926 and since then they have been continually updated. In 1990 a weather station was set up on the mountain to record climate change.

Then we descended back down the cable car to find that the temperature at the base was much warmer. We made our way to a local hotel that served us drinks that we enjoyed in the cool and out of the very hot sun. We then took the vehicles a little way down the mountain and drove to briefly look at a meadow filled with thousands of Alpine Marsh Orchids Dactylorhiza alpestris. Then we drove to a beautiful waterfall known as Haselgehr Wasserfall and here we sat and had our lunch. After lunch we went and explored the area and came across Twayblade Neottia ovata and Fly Orchid Ophrys insectifera and the plants of Red Helleborine Cephalanthera rubra. Other flowers included Swallow Wort Vincetoxicum hirundinaria, Round-headed Rampion Phyteuma orbiculare. We also saw Small Pearlbordered Fritillary Boloria selene, Brimstone Gonepterx rhamni and Wood White Leptidea sinapis. We returned to the hotel to freshen up and be in time for afternoon tea.

We later went through the list followed by a delicious meal; a buffet style dinner with a wide variety of food and drink to sample and enjoy.

Then after that we drove a little way from the hotel beside a Beaver dam and waited a little while and we were rewarded by seeing two Beavers. Then it was time to return to bed and have some well-earned sleep.

Day 4

Sunday 1st June

Weather: Overcast with some sunshine

After breakfast we drove off to Heiterwangersee. We arrived at Fischer am See beside Heiterwangersee and went into the local gasthaus to have a drink. After a refreshing drink it was not long before we all climbed onto the boat and set off to a place called Seespritze. From the boat we had wonderful views of the mountains being reflected in the blue waters of the lake. We saw a variety of birds that including Golden Eagle, Coot, Grey Wagtail, White Wagtail, Great Crested Grebe and a family of Goosander. From Seespritze the boat trip continued to the far end of the lake to a place known as Forelle and then the boat then took us back to Fischer am See via Seespritze. We then had our lunch in the sunshine looking back across the lake we had just been across.

Then we set off for a short walk along the lake edge to see what flowers grew there and were rewarded with the pink Birds-eye Primrose *Primula farinosa*, yellow Buckler Mustard *Biscutella laevigata* and lilac-blue Matted Globularia *Globularia cordifolia*. There were a number of butterflies flying in the good weather such as False Heath Fritillary *Metitaea athalea*, Wood White *Leptidea sinapsis*, Orange Tip *Anthocharis cardamines* and Pearly Heath *Coenonympha arcania*. As we continued following the path running alongside the lake, we also came across interesting orchids that included Dark-red Helleborine *Epipactis atrorubens* (not quite out), Bird's-nest Orchid *Neottia nidus-avis*, Lesser Butterfly *Platanthera bifolia* and Red Helleborine *Cethalanthera rubra*.

Then we were soon driving back in the minibuses to the hotel and just in time for tea and cake. Later we went through the species list and then had our evening meal.

Day 5

Monday 2nd June

Weather: Rained on and off

A number of us went off for a bird walk before breakfast down on the Moos and we saw Black Redstart, Whinchat, Red-backed Shrike and a juvenile male Common Rosefinch. After breakfast we all went down to the supermarket. Then we drove through Bieberwier and on to a car park beside Blind See. From here, in the rain, we walked to Mitter See. We found plants of Dark Red Helleborine not quite out in flower, and we also found a few Sword-leaved Helleborine and Lesser Butterfly orchids. Then we drove back into Bieberwier and on to the Marienburg Ski lift station.

We boarded the ski lift that took us up to the middle station and then we went on to another lift up to the top. On the way up we could see White Butterbur *Petasites alba* still out in flower as well as a number of Fragrant Orchid *Gymnadenia conopsea*. When we were up there, we walked downwards from the station and soon found Alpine Bartsia *Bartsia alpina*, numerous Alpine Bistort *Bistorta vivipara*, Cat's-foot or Mountain Everlasting *Antennaria dioica*, Small White Orchid *Pseudoorchis albida* and Frog Orchid *Dactylorhiza viride*. Then we walked up a way so we could have a nice view of the mountains then sat down to have some lunch. It was here some of us discovered the very prickly Stemless Thistle *Cirsium acaule* when trying to sit down but less prickly plants were Spring Gentian *Gentiana verna*. We also heard and then saw a number of Ravens fly overhead.

After a pleasant lunch we made our way back to the lift and went back to the middle station Here some of us wanted to go down to the car park using the ski lift whilst the rest of us walked on down to the lower ski station. On the way down we found Adenostyles *Adenostyles alliariae* and Matted Globularia *Globularia cordifolia*. We also saw

Bullfinch, as well as the shy European Robin. We returned to the hotel and were soon sitting down to afternoon tea and cake. Later, we went through the species list then sat down for another delicious meal.

After that, some of us went and visited the Beavers again and at one point we had four of them together.

Day 6

Tuesday 3rd June

Weather: Mostly dry with a short shower

After breakfast we chose sandwiches from a local supermarket. We then made our way back to the minibuses and drove on to the Larchen Wald which is an old larch woodland that is grazed by cattle. Here some of us saw Great Spotted Woodpecker and Chaffinch. At the wet boggier end of the wood there was a lot of Common Cotton-grass Eriophorum angustifolium and within this area there were Birds-eye Primrose Primula farinosa, Grass of Parnassus Parnassia palustris, Round-headed Rampion Phyteuma obiculare and Harebell Campanula rotundifolia.

Then we drove to Biberwier and visited Otto's Gasthaus where we had a refreshing drink and some of us had pancakes and Apfel Studdle. Then we drove back towards Ehrwald and parked up beside an entrance leading on to an area known as the Moos. This area has a lot of wet meadows and a stream running through it. We soon came to an area of Common Cotton-grass *Eriophorum latifolium*. There were also interesting plants such as Knotted Pearlwort *Sagina nodosa*, Deergrass *Trichophorum cespitosum*, Round-leaved Sundew *Drosera rotundifolia* and there was also numerous Marsh Helleborines *Epipactis palustris* (not yet really out). Birds that were spotted whilst on the Moos included Fieldfare, Red-backed Shrike and we had a wonderful view of Common Rosefinch. We did also notice the presence of Beaver when seeing a number of tree stumps looking like large pencils protruding from the ground. Some of us even saw a Beaver swimming in the stream.

Next, we made our way back to the minibuses and drove to a beautiful waterfall known as Haselgehr Wasserfall. Near here we found Ribbed Mellilot *Melilotus officinalis* and Borage *Borago officinalis*. We then returned to the hotel for afternoon tea and cake and later went through the list and then had another delicious meal.

Day 7

Wednesday 4th June

Weather: Cold up the mountain and warm and sunny later

After breakfast we drove to Lermoos cable car. We parked up and then boarded the lift and went up to the middle station and then on up to the top station. The view was amazing looking down at Ehrwald and across to Zugspritze. We set about exploring the mountainside where there was still a lot of snow on the ground. and soon found a new mix of plants to see such as Moss Campion Silene acaulis, Hoary Rockrose Helianthermum oelandicum subsp. incanum, Spring Gentian Gentiana verna, Leafless-stemmed Speedwell Veronica aphylla, Alpine Buttercup Ranunculus alpestris and Alpine Snowbell Solanella alpina. There were some interesting ferns that we found that included Green Spleenwort Asplenium viride, Holly Fern Polyystichum lonchitis and the very small Moonwort Botrychium luniaria. Birds of note seen whilst up here were Water Pipit and Alpine Accentor. We had a drink in the gasthaus at the top and then we had our packed lunch whilst looking down into the valley back towards Ehrwald.

We next took the cable car down to the middle station and from here a number of us walked down to the two parked minibuses. However, some of us wandered around this station before taking the cable car down to the bottom. The rest of us slowly descended the path and we discovered Wood Horsetail *Equisetum sylvatica*, Goldilocks

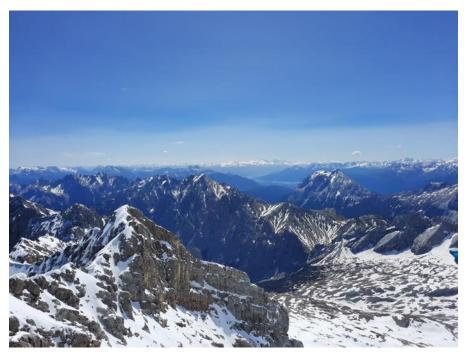
Ranunculus auricomus, Wood Vetch Vicia sylvatica and Flat Sedge Blysmus compressus. Butterfly-wise we saw Heath Fritillary Melitaea athalia, False Heath Fritillary Melitaea diamina and Swallowtail Papilio machaon. Once we all arrived back by the minibuses we were soon driving back to the hotel in time for tea and cake. Later we went through our species list session followed by a last delicious meal.

Day 8

Thursday 5th June

Weather: Sunny

After breakfast and packing we checked out and then said our goodbyes to each other as one half of the group returned to Munich Airport and the other group went back to Innsbruck. Airport. We enjoyed the last look at the stunning mountain scenery as we left the Alpen Residence Hotel grounds and reflected on the interesting and very varied places and habitats we had visited on the tour.



View from Zugspitz at 10,000 feet by Keith Buchanan

Receive our e-newsletter

Join the Naturetrek email list and be the first to hear about new tours, additional departures and new dates, tour reports and special offers.

naturetrek.co.uk/e-newsletter-signup



Social Media

We're social! Follow us on Instagram, Facebook, Bluesky and X and be the first to hear about the launch of new tours, offers, exciting sightings and photos from our recently returned holidays.



instagram.com/naturetrek_wildlife_holidays



facebook.com/naturetrekwildlifeholidays



naturetrek.bsky.social



<u>x.com/naturetrektours</u> (formerly Twitter)

Species Lists

Plants

(Key: E - Ehrwald; H - Heiterwangersee; Z - Zugpitze; G - Grubigstein; B - Biberwier; M- Marienberg; MI - Mittersee; Mo - Moos; L - Larchenwald: HW - Haselgehr Wasserfall

Scientific Name	Common Name	Location
PTERIDOPHYTES	FERNS & ALLIES	
Lycophytes		
Lycopodiacae		
Diphasiastrum alpinum	Alpine Clubmoss	MA
Lycopodium annotinum	Interrupted Clubmoss	EZL
Calamophytes		
Equisetaceae	Horsetail Family	
Equisetum arvense	Field Horsetail	M
Equisetum palustre	Marsh Horsetail	M
Equisetum sylvatica	Wood Horsetail	E G
Equisetum variegatum	Variegated Horsetail	EHZGLMO
Eusporanglate Ferns		
Ophioglossaceae	Adder's-tongue Family	
Botrychium lunaria	Moonwort	G
Leptosporangiate Ferns	True Ferns	
Aspleniaceae	Spleenwort Family	
Asplenium adiantum-nigrum	Wall Rue	HW
Asplenium viride	Green Spleenwort	E G M
Athyriaceae	Lady-fern Family	
Athyrium alpestre	Alpine Lady Fern	E
Athyrium filix-femina	Lady-fern	EML
Cystopteraceae	Bladder-fern Family	
Cystopteris alpina	Alpine Bladder-fern	G
Cystopteris fragilis	Brittle Bladder-fern	E
Gymnocarpium robertianum	Limestone Fern	EHGML
Dennstaedtiaceae	Bracken Family	
Pteridium aquilinum	Bracken	MA H Z M L
Dryopteridaceae	Buckler-fern Family	
Dryopteris dilata	Broad Buckler-fern	L
Dryopteris filix-mas	Male-fern	EL
Polystichum lonchitis	Holly Fern	G B
Polypodiaceae	Polypody Family	

Scientific Name	Common Name	Location
Polypodium vulgare	Common Polypody	E
Thelypteridaceae	Marsh Fern Family	
Phegopheris connectilis	Beech Fern	
The gophens connecting	Becom em	E
GYMNOSPERMS	CONIFERS	
Cupressaceae	Juniper Family	
Juniperus communis	Juniper	HZGML
Pinaceae	Pine Family	
Larix decidua	European Larch	E Z M L
Picea abies	Norway Spruce	E H Z G M L MO
Pinus mugo	Dwarf Mountain Pine	
<u>-</u>	Austrian Pine	E G M
Pinus nigra		Н
Pinus sylvestris	Scot's Pine	EHZMLBMO
Taxaceae	Yew Family	
Taxus baccata	Yew	E
ANGIOSPERMS	FLOWERING PLANTS	
Eu-dicots	True Dicotyledons	
Adoxaceae	Moschatel Family	
Sambucus nigra	Elder	EHZMLB
Sambucus racemosa	Red-berried Elder	EB
Viburnum lantana	Wayfaring Tree	EMHBG
Viburnum opulus	Guelder-rose	EMHBG
	0.00.000	LWIIIDG
Amaranthaceae (Chenopodiaceae)	Goose-foot Family	
Chenopodium bonus-henricus	Good King Henry	G
Apiaceae	Carrot Family	
Aegopodium podagraria	Ground Elder	E B
Angelica sylvestris	Wild Angelica	H M MO
Anthriscus sylvestris	Cow Parsley	H
Astrantia major	Great Masterwort	EHGMLB
Conopodium majus	Pignut	EH
Chaerophyllum hirsutum	Hairy Chervil	E H Z G M B
Daucus carota agg.	Wild Carrot	M
Heracleum mantegazzianum	Giant Hogweed	M
Heracleum sphondylium	Hogweed	M G B
Laserpitium latifolium	Broad-leaved Sermountain	E H Z G M
Laserpitium siler	A Sermountain	
Pimpinella major	Greater Burnet Saxifrage	H
Sanicula europaea	Sanicle	H
овіньша вигорава	Janue	E
Apocynaceae	Periwinkle Family	

Scientific Name	Common Name	Location
Vincetoxicum hirundinaria	Swallow-wort	HML
Araliaceae	Ivy Family	
Hedera helix agg	lvy	В
Berberidaceae	Barberry Family	
Berberis vulgaris	Barberry	HML
<u> </u>	·	
Betulaceae	Birch Family	
Alnus glutinosa	Common Alder	E B MO
Alnus viridis	Green Alder	Н
Betula pendula	Silver Birch	EZGMB
Carpinus betulus	Hornbeam	E
Corylus avellana	Hazel	EHZGMB
Boraginaceae	Forget-me-not Family	
Echium vulgare	Viper's Bugloss	E M
Myosotis alpestris	Alpine Wood Forget-me-not	G E IVI
Myosotis arvensis	Field Forget-me-not	E E
Myosotis scorpioides	Water Forget-me-not	E
Myosotis sylvatica	Wood Forget-me-not	ZGL
Symphytum officinale	Common Comfrey	EB
Symphytam omanaic	Comment Commey	LD
Brassicaceae	Cabbage Family	
Allaria petiolata	Garlic Mustard	M
Arabidopsis thaliana	Thale-cress	M
Arabis alpina	Alpine Rock-cress	M
Arabis hirsuta	Hairy Rock-cress	Н
Armoracia rusticana	Horse Radish	L
Barbarea vulgaris	Wintercress	Е
Biscutella laevigata	Buckler Mustard	HZLB
Capsella bursa-pastoris	Shepherd's Purse	Н
Cardamine flexuosa	Wavy Bitter-cress	В
Cardamine impatiens	Narrow-leaved Bitter-cress	E
Cardamine amara	Large Bitter-cress	E
Cardamine pratensiis	Cuckoo Flower	Е
Draba aizoides	Yellow Whitlow-grass	G
Hornungia (Pritzelago) alpina	Chamois Cress	Z
Turritus glabra	Tower Mustard	Н
Campanulaceae	Bellflower Family	
Campanula glomerata	Clustered Bellflower	EHZG
Campanula patula	Spreading Bellflower	E MO
Campanula latifolia	Giant Bellflower	M
Campanula rapunculoides	Creeping Bellflower	E
	Harebell	_

Scientific Name	Common Name	Location
Campanula trachelium	Nettle-leaved Bellflower	EΒ
Phyteuma orbiculare	Round-headed Rampion	EHGMLB
Phyteuma nigrum	Black Rampion (not in flower)	М
Phyteuma spicata	Spiked Rampion (not in flower)	EHMLB
0		
Caprifoliaceae	Honeysuckle Family	
Knautia arvensis	Field Scabious	E G
Knatia dipsacifolia	Wood Scabious	EHZGMLB
Lonicera xylosteum	Fly Honeysuckle	EHZMB
Scabiosa columbaria	Scabious	M
Valeriana officinalis	Common Valerian	EHZGMLBMO
Valeriana saxatilis	Rock Valerian	Н
Valeriana tripteris	Three-leaved Valerian	МВ
Valerina montana	Mountain valerian	EGM
Valerina dioica	Bog Valerian	E MO L
Caryophyllaceae	Pink Family	
Arenaria serpyllifolia	Thyme-leaved Sandwort	MA
Cerastium fontanum	Common Mouse-ear	E M B
Minuarta verna	Spring Sandwort	MA
Moehringia muscosa	Mossy Sandwort	L
Sagina nodosa	Knotted Pearlwort	MO
Silene acaulis	Moss Campion	G
Silene dioica	Red Campion	E H Z G M L B
Silene nutans	Nottingham Catchfly	HE
Silene (Lychnis) flos-cuculi	Ragged Robin	H Z G M MO
Silene vulgaris	Bladder Campion	EHGMB
	-	21101115
Celastraceae	Spindle-tree Family	
Euonymus europaeus	Spindle-tree	E G M MO
Parnassia palustris	Grass-of-Parnassus	MO LW
Cistaceae	Rock-rose Family	
Helianthemum nummularium	Common Rockrose	MATHOD
Helianthemum oelandicum. subsp. incanum	Hoary Rockrose	MA E H G B MA G M
Tionanan colanalcam. casep. meanam	Trodry Rookiese	IVIA G IVI
Compositae (Asteraceae)	Daisy Family	
Achillea millefolium	Yarrow	EHZGMLB
Adenostyles alliariae	Adenostyles	EA MA
Aposeris foetida	Stinking Wood Salad	Н
Actium lappa	Greater Burdock	E
Aster alpinus	Alpine Aster	MA
Arctium minus	Lesser Burdock	M
Bellidastrum michelii	False Aster	EHGMLB
Bellis perennis	Daisy	EHGMLB
Buphthalmum salicifolium	Yellow Ox-eye	EHZGMLB
Carduus defloratus	Alpine Thistle	EHGMLB

Scientific Name	Common Name	Location
Carlina vulgaris	Carline Thistle	G
Centaurea montana	Perennial Cornflower	Н
Centaurea scabiosa	Greater Knapweed	EHZGMBMO
Circium acaule	Stemless Thistle	M
Cirsium oleraceum	Cabbage Thistle	EHGMLBMO
Cirsium palustre	Marsh Thistle	EHGMMOL
Cirsium vulgare	Spear Thistle	E G
Crepis aurea	Golden Hawksbeard	EG
Crepis biennis	Biennial Hawksbeard	EZGMO
Eupatorium cannabinum	Hemp Agrimony	EHGB
Homogyne discolor	An Alpine Coltsfoot	G M
Leucanthemum vulgare	Ox-eye Daisy	EHGMLBMO
Matricaria discoides	Pineapple-weed	Е
Mycelis muralis	Wall Lettuce	EHZGMLB
Petasites albus	White Butterbur	E M G
Petasites hybridus	Butterbur	E G
Pilosella aurantiaca	Fox-and-cubs	M
Pilosella officinarum agg.	Mouse-eared Hawkweed	EB
Senecio nemorensis	Alpine Ragwort	MA
Solidago virgaurea	Goldenrod	HGMLB
Sonchus oleraceus	Smooth Sow-thistle	MA
Prenanthes purpurea	Purple Lettuce	EHGMLB
Taraxacum sp.	Dandelion	EHGMB
Tragopogon pratensis	Goats beard	EH
Tussilago farfara	Colt's-foot	EHGMLB
Convolvulaceae	Bindweed Family	
Calystegia sepium	Hedge Bindweed	MO
Cornaceae	Dogwood Family	
Cornus sanguinea	Dogwood	G B
Crassulaceae	Stonecrop Family	
Sedum atratum	Dark Stonecrop	G
Droseracea	Sundew Family	
Drosera rotundifolia	Round-leaved Sundew	MO
Ericaceae	Heather family	
Calluna vulgaris	Ling	MO
Erica carnea	Spring Heath	EHZGMLB
Pyrola rotundifolia	Round-leaved Wintergreen	MO MA
Rhodothamus chamaecistus	Dwarf Alpenrose	G M
Vaccinium myrtilus	Bilberry	H Z M B
Vaccinium vitis-idaea	Cowberry	G
	-	
Euphorbiaceae	Spurge Family	

Scientific Name	Common Name	Location
Euphorbia cyparissias	Cypress Spurge	L
Euphorbia helioscopia	Sun Spurge	E
Mercurialis perennis	Dog's Mercury	EMLB
Fagaceae	Oak & Beech Family	
Fagus sylvatica	Beech	EHZMB
		LIIZWD
Gentianaceae	Gentian Family	
Gentiana clusii	Clusius's Gentian	Z M G
Gentiana lutea	Yellow Gentian	EG
Gentiana verna	Spring Gentian	G M
Geraniaceae	Geranium Family	
Geranium molle	Dove's-foot Crane's-bill	 E
Geranium pratense	Meadow Crane's-bill	E
Geranium robertianum	Herb Robert	E H Z G M B
Geranium sylvaticum	Wood Crane's-bill	EHZGMLB
Hypericacea	St. John's-wort Family	
Hypericum perforatum	Perforate St John's-wort	H G M
Hypericum tetrapterum	Square-stemmed St John's-wort	G
Juglandaceae	Walnut Family	
Juglans regia	Walnut Family	E
Lamiaceae	Dead-nettle Family	
Ajuga reptans	Bugle	EHZGMLB
Clinopodium (Acinos) alpinum	Alpine Basil Thyme	HZGMLB
Galopsis tetrahit	Common Hempnettle	E
Lamiastrum galeobdolon subsp. montanum	Yellow Archangel	 E
Lamium album	White Deadnettle	 E
Mentha aquatica	Water Mint	E
Mentha longifolia	Horse Mint	EHZGMLB
Origanum vulgare	Marjoram	E
Prunella vulgaris	Self-heal	EHZGMLB
Prunella grandifolia	Large Selfheal	E MO M G
Salvia pratensis	Meadow Clary	EHZGM
Stachys alopercuros	Yellow Woundwort	M
Stachys sylvatica	Hedge Woundwort	EHG
Thymus polytrichus	Wild Thyme	EHZGMLB
Leguminosae (Fabaceae)	Pea Family	
Anthyllis vulneraria agg.	Kidney Vetch	HZGMLB
Hippocrepis comosa	Horseshoe Vetch	EZGMB
Lathyrus pratensis	Yellow Vetchling	EZGMB E
Lotus alpinus	Alpine Bird's-foot Trefoil	E
Lotus corniculatus	Bird's-foot Trefoil	E H Z G M L B
	230 1001 1101011	EIIZUWLD

Scientific Name	Common Name	Location
Medicago lupulina	Black Medick	EHB
Medicago sativa agg.	Lucerne	E
Melilotus albus	White Melilot	E
Melilotus officinalis	Ribbed Melilot	HW
Onobrychis montana	Sainfoin	EHZGM
Tetragonolubus maritimus	Dragon's Tooth	M
Trifolium dubium	Lesser Trefoil	В
Trifolium incarnatum	Crimson Clover	E
Trifolium medium	Zigzag Clover	EGMLB
Trifolium montanum	Mountain Clover	EHZGMLBMO
Trifolium pratense	Red Clover	EHZGMLBMO
Trifolium repens	White Clover	EHZGMLBMO
Vicia cracca	Tufted Vetch	EHZGMLBMO
Vicia sepium	Bush Vetch	EHGMLBMO
Vicia sylvatica	Wood Vetch	G
Lentabulariaceae	Dladdamuart Camilly	
Pinguicula vulgaris	Bladderwort Family Common Butterwort	
Pinguicula vulgaris	Common Butterwort	EHML
Linaceae	Flax Family	
Linum catharticum	Purging or Fairy Flax	EHZGMLBMO
Malvaceae	Mallow Family	
Malva moschata	Musk Mallow	Е
Menyanthaceae	Bogbean Family	
Menyanthes trifoliata	Bogbean	G
	2-3	Ŭ
Oleaceae	Olive Family	
Fraxinus excelsior	Ash	EHZGMB
Ligustrum vulgare	Wild Privet	EHG
Onagraceae	Willowherb Family	
Epilobium angustifolim	Rosebay Willowherb	EHGMB
Epilobium ciliatum	American Willowherb	MO
Epilobium montanum	Broad-leaved Willowherb	E H G M B
Orobanchaceae	Broomrape Family	
Bartsia alpina	Alpine Bartsia	MA
Melampyrum pratense	Common Cow-wheat	G
Melampyrum sylvaticum	Wood Cow-wheat	EHZGMLB
Orobanche gracilis	Slender Broomrape	EZGMLBMO
Pedicularis foliosa	Leafy Lousewort	G
Rhinanthus minor agg.	Yellow Rattle	EHGMLBMO
Rhinanthus serotinus	Greater Yellow Rattle	EHGMLBMO
Oxalidaceae	Wood-sorrel Family	

Common Name	Location
Wood-sorrel	EHZMLB
Dammy Family	
	E B
Corn Poppy	E
Plantain Family	
Matted Globularia	HGM
Ribwort Plantain	E
Greater Plantain	E H M B MO
Hoary or Lamb's-tail Plantain	EHZGMB
Leafless-stemmed Speedwell	G
Wall Speedwell	G
Brooklime	E H G M MO
Germander Speedwell	GMB
Slender Speedwell	MA
Wood Speedwell	EHZMB
Heath Speedwell	MLB
Thyme-leaved Speedwell	E G
Nettle-leaved Speedwell	EMB
Milkwort Family	
	E G M
	MA
	E
-	<u>-</u>
, crygana rangano	<u> </u>
Knotweed Family	
·	ΕB
·	HZGMLB
Bistort	E G MO
Sorrel	EHZ
Curled Dock	ΕB
Broad-leaved Dock	M
Primrose Family	
Ciliate Rock-jasmine	G
Yellow Pimpernel	HGML
Dotted Loosestrife	E
Yellow Loosestrife	MO
Oxlip	EMLB
OXIIP	
Bird's-eye Primrose	HZGL
Bird's-eye Primrose	HZGL
Bird's-eye Primrose Buttercup Family	
Bird's-eye Primrose	HZGL EMB EAMA
	Poppy Family Greater Celandine Corn Poppy Plantain Family Matted Globularia Ribwort Plantain Greater Plantain Hoary or Lamb's-tail Plantain Leafless-stemmed Speedwell Wall Speedwell Brooklime Germander Speedwell Wood Speedwell Wood Speedwell Heath Speedwell Thyme-leaved Speedwell Nettle-leaved Speedwell Nettle-leaved Family Mountain Milkwort Bitter Milkwort Shrubby Milkwort Polygala vulgaris Knotweed Family Japanese Knotweed Alpine Bistort Bistort Sorrel Curled Dock Broad-leaved Dock Primrose Family Ciliate Rock-jasmine Yellow Pimpernel Dotted Loosestrife Yellow Loosestrife

Scientific Name	Common Name	Location
Aquilegia atrata	Dark-flowered Columbine	EHZGML
Caltha palustris	Kingcups	E H G M MO
Clematis vitalba	Traveller's Joy	M
Ficaria verna	Lesser Celandine	Е
Helleborus foetidus	Stinking Hellebore	M
Hepatica nobilis	Hepatica	EH M
Ranunculus acris	Meadow Buttercup	EHZGMLMO
Ranunculus alpestris	Alpine Buttercup	G
Ranunculus auricomus	Goldilocks Buttercup	EZLB
Ranunculus lanuginosus	Woolly Buttercup	E
Ranunculus montanus	Mountain Buttercup	G
Thalictrum aquilegifolium	Great Meadow-rue	EGB
Trollius europaeus	Globeflower	E M
Rhamnaceae	Buckthorn Family	
Frangula alnus	Alder Buckthorn	на м мо
Rosaceae	Rose Family	
Alchemilla alpina	Alpine Lady's-mantle	EHGM
Alchemilla glabra	Smooth Lady's-mantle	E MA G M L B MO
Alchemilla glaucescens	Small Lady's-mantle	L
Alchemillla mollis	Soft Lady's-mantle	E G
Amelanchier ovalis	Amelanchier	E B MA
Aruncus dioicus	Goat's-beard Spirea	EB
Cotoneaster intergerrimus	Wild Cotoneaster	MA
Crataegus monogyna	Hawthorn	E M
Dryas octopetala	Mountain Avens	E G
Filipendula ulmaria	Meadowsweet	E H G M B MO
Fragaria vesca	Wild Strawberry	EHZGMLBMO
Geum rivale	Water Avens	E G MO
Geum urbanum	Wood Avens or Herb Bennett	EHGMB
Potentilla anserina	Silverweed	E B
Potentilla erecta	Tormentil	EHZGMLB
Potentilla aurea	Golden Cinquefoil	E
Potentilla reptans	Creeping Cinquefoil	E Z G M B
Ribes uva-crispa	Gooseberry	H
Prunus avium	Wild Cherry	 E
Rosa arvensis	Field Rose	 E
Rosa canina agg.	Common Dog Rose	G M L B MO
Rosa pendulina	Alpine Rose	EL
Rubus fruticosus agg	Bramble	В
Rubus idaeus	Raspberry	EHGLB
Sanguisorba minor	Salad Burnet	MA
Sanguisorba officinalis	Greater Burnet	E H G M MO
Sorbus aria agg	Whitebeam	EHZMB
Sorbus aucuparia		L I I Z IVI D

Scientific Name	Common Name	Location
Rubiaceae	Bedstraw Family	
Galium mollugo	Hedge Bedstraw	E
Galium sylvaticum	Wood Bedstraw	E G
Galium verum	Ladies Bedstraw	E
Galium palustre	Marsh Bedstraw	MO
Galium sterneri	Limestone Bedstraw	E
Salicaceae	Poplar & Willow Family	
Populus tremula	Aspen	E M B MO
Salix cinerea	Grey Willow	EHZMMO
Salix elaeagnos	Lavender-leaved Willow	EHZGMMO
Santalaceae	Sandalwood Family	
Thesium alpinum	Alpine Bastard Toadflax	LIZMI D
тнезин иртин	Alpine Bustara Toudhax	HZMLB
Sapindaceae (Aceraceae)	Maple Family	
Acer campestre	Field Maple	E
Acer platanoides	Norway Maple	E
Acer pseudoplatanus	Sycamore	EHZGMLBMO
Aesculus hippocastrum	Horse Chestnut	E
Saxifragaceae	Saxifrage Family	
Saxifraga moschata	Musky Saxifrage	G
Saxifraga rotundifolia	Round-leaved saxifrage	EA
Solanaceae	Nightshade Family	
Atropa belladonna	Deadly Nightshade	H
Solanum dulcamara	Bittersweet	E H MO
		EIIWO
Thymelaeaceae	Mezereon Family	
Daphne mezereum	Mezereon	EHM
Daphne striatum	Striated Daphne	G
Ulmaceae	Elm Family	
Ulmus glabra	Wych Elm	МО
Urticacae	Nettle Family	
Urtica dioica	Common Nettle	EHMBMO
Violaceae	Violet Family	
Viola biflora	Yellow Wood Violet	E
Viola riviniana	Common Dog Violet	MA
Monocots	Monocotyledons	
Asparagaceae Convallaria majalis	Asparagus Family Lily-of-the-valley	FUMB
Convanana majans	Lily-Oi-die-valley	EHMB

Scientific Name	Common Name	Location
Maianthemum bifolium	May Lily	EMLB
Polygonatum verticillatum	Whorled Solomon's Seal	EHZGMLB
Cyperaceae	Sedge Family	
Blysmus compressus	Flat Sedge	EGL
Carex binervis	Green-ribbed Sedge	M
Carex digitata	Finger Sedge	E
Carex disticha	Brown Sedge	E
Carex echinata	Star Sedge	MO
Carex flacca	Glaucous Sedge	EHZGMLMO
Carex hirta	Hairy Sedge	E
Carex nigra	Common Sedge	EHZGBMO
Carex pallescens	Pale Sedge	G MO
Carex paniculata	Great Tussock Sedge	M E G MO
Carex pulicaris	Flea Sedge	E
Carex ranflora	Mountain Bog Sedge	G
Carex rostrata	Bottle Sedge	G
Carex spicata	Spiked Sedge	НА
Carex sylvatica	Wood Sedge	EHZGMLBMO
Carex viridula subsp. oedocarpa	Yellow Sedge	ME
Eleocharis palustris	Common Spike Rush	MO
Eriophorum gracile	Slender Cotton-grass	MO
Eriophorum latifolium	Common Cotton-grass	HGLMO
Erophorum vaginatum	Hare's-tail Cotton-grass	MO
Scirpus sylvatica	Wood Club-rush	Н
Trichophorum cespitosum	Deergrass	MO
Iridaceae	Iris Family	
Iris pseudacorus	Yellow Flag	E MO
·		
Juncaceae	Rush Family	
Juncus inflexus	Hard Rush	EHZG
Juncus effusus	Soft Rush	MO
Juncus tenuis	Slender Rush	Е
Liliaceae	Lily Family	
Lilium martagon	Martagon Lily	E
Melanthiaceae	Herb-Paris Family	
Paris quadrifolia	Herb-Paris	EZGMLB
Veratrum album	White False-helleborine	EZGMLB
		L 2 3 W
Orchidaceae	Orchid Family	
Cephalanthera longifolia	Sword-leaved Helleborine	H M
Cephalanthera rubra	Red Helleborine	HW MI
Dactylorhiza alpina	Alpine Marsh Orchid	E M
Dactylorhiza fuchsii	Common Spotted Orchid	EHZGMBMO

Scientific Name	Common Name	Location
Dactylorhiza incarnata agg.	Early Marsh Orchid	MI
Dactyloriza majalis	Broad-leaved Marsh Orchid	EGM
Epipactis atrorubens	Dark Red Helleborine	MI H
Epipactis helleborine	Common Helleborine	MI
Gymnadenia conopsea agg.	Fragrant Orchid	EHZGMLBMO
Neottia nidus-avis	Bird's-nest Orchid	HMLB
Neottia ovata	Twayblade	EHZGMLB
Ophrys insectifera	Fly Orchid	HW
Platanthera bifolia	Lesser Butterfly Orchid	EHZGMLB
Poaceae	Grass Family	
Anthoxanthum odoratum	Sweet Vernal-grass	M B
Arrhenatherum elatius	False Oat	E
Briza media	Quaking Grass	EHGMB
Bromopsis inermis	Hungarian Brome	E
Cynosurus cristatus	Crested Dog's-tail	EHZGMB
Dactylis glomerata	Cock's-foot	EHZGMB
Deschampsia cespitosa	Tufted-hair-grass	M
Elytrigia repens	Couch-grass	E
Festuca rubra	Red Fescue	HW
Lolium perenne	Perenial Rye-grass	E
Glyceria declinata	Small Sweet-grass	Н
Glyceria fluitans	Floating Sweet-grass	G
Melica nutans	Mountain Melick	EHGMB
Phleum pratense	Timothy	E MO
Phragmites australis	Common Reed	MO
Poa alpina	Alpine Meadow-grass	G MA
Poa pratense	Smooth Meadow-grass	E
Poa trivialis	Rough Meadow-grass	E MA
Sesleria caerulea	Blue Moor-grass	EHGMB
Trisetum flavescens	Golden Oat	M
Tofieldiaceae	False Asphodel Family	
Tofieldia calyculata	Tofield's Asphodel	EHGMLBMO

Birds (H = Heard only)

		May - June 2025									
Common Name	Scientific Name	29	30	31	1	2	3	4	5		
Mallard	Anas platyrhynchos		√		✓	√	√				
Common Pheasant	Phasianus colchicus							✓			
Common Swift	Apus apus	✓		✓	✓	√	√	✓			
Rock (Feral) Dove	Columba livia (Feral)		✓								
Common Wood Pigeon	Columba palumbus		√								
Eurasian Coot	Fulica atra				√	√					
Great Crested Grebe	Podiceps cristatus					√					

		May - June 2025									
Common Name	Scientific Name	29	30	31	1	2	3	4	5		
Golden Eagle	Aquila chrysaetos				✓						
Common Buzzard	Buteo buteo	✓	✓		✓		✓				
Lesser Spotted Woodpecker	Dendrocopos minor				√						
Great Spotted Woodpecker	Dendrocopos major	✓	✓	√	√	√	√	√			
European Green Woodpecker	Picus viridus			Н		Н					
Black Woodpecker	Dryocopus martius						√				
Black Kite	Milvus migrans	√									
Common Kestrel	Falco tinnunculus						√	√			
Jay	Garrulus glandarius				√						
Magpie	Pica pica	√	√	Н	√	√	Н	√			
Alpine Chough	Pyrrhocorax graculus			√							
Jackdaw	Coloeus monedula	√			√						
Carrion Crow	Corvus corone	√	√	√	√	√	√	√			
Northern Raven	Corvus corax							Н			
Coal Tit	Periparus ater		Н	Н	Н	Н	√	Н			
Eurasian Blue Tit	Cyanistes caeruleus		√	Н		Н	√	√			
Great Tit	Parus major		√	√	√	√	√	√			
Barn Swallow	Hirundo rustica						√				
Common House Martin	Delichon urbicum	√		√			√	√			
Common Chiffchaff	Phylloscopus collybita		Н	Н	Н	Н	1	Н			
Willow Warbler	Phylloscopus trochilus						Н				
Western Bonelli's Warbler	Phylloscopus bonelli				Н	Н					
Wood Warbler	Phylloscopus sibilatrix						1				
Eurasian Blackcap	Sylvia atricapilla		Н	√	Н	Н	Н	Н			
Garden Warbler	Sylvia borin						1				
Common Whitethroat	Curruca communis				√						
Goldcrest	Regulus regulus				Н	Н					
Eurasian Wren	Troglodytes troglodytes		/		Н						
Ring Ouzel	Turdus torquatus							√			
Common Blackbird	Turdus merula	1	√	√	√	√	√	√	√		
Fieldfare	Turdus pilaris	† ·				·	√ ✓		Ė		
Song Thrush	Turdus philomelos				√	Н	·				
Mistle Thrush	Turdus viscivorus		Н		√		√	√			
European Robin	Erithacus rubecula		✓		Н	√	Н	√			
Black Redstart	Phoenicurus ochruros		√	√	✓	√	✓	√	√		
Common Redstart	Phoenicurus phoenicurus		√	√	√	√	√	√	Ť.		
Northern Wheatear	Oenathe oenanthe		<u> </u>	,		Ť		√			
White-throated Dipper	Cinclus cinclus		√	√			√	√			
House Sparrow	Passer domesticus	/	√								
Alpine Accentor	Prunella colliaris	1	, ,	√	,	,	,	√	-		
Dunnock	Prunella modularis				√			,			
Grey Wagtail	Motacilla cinerea		√		V						

		May - June 2025									
Common Name	Scientific Name	29	30	31	1	2	3	4	5		
White Wagtail	Motacilla alba		✓	√	✓	√	✓	✓			
Water Pipit	Anthus spinoletta							✓			
Tree Pipit	Anthus trivialis							Н			
Common Chaffinch	Fringilla coelebs		✓	√	✓	√	✓	✓	√		
Bullfinch	Pyrrhula pyrrhula		✓								
Greenfinch	Chloris chloris					√	Н	✓			
Linnet	Linaria cannabina	√									
European Goldfinch	Carduelis carduelis		✓	√	✓	√	✓	✓	√		
Citril Finch	Carduelis citrinella							✓			
Snow Finch	Momtifringilla nivalis			√							
Common Rosefinch	Carpodacus erythrinus						✓				
European Serin	Serinus serinus		√					√			

Other vertebrates

D = Dead			May – June 2025							
Common name	Scientific name	29	30	31	1	2	3	4	5	
Roe Deer	Capreolus capreolus						✓	✓		
Chamois	Rupicapra rupicapra		✓		✓			✓		
Red Squirrel	Sciurus vulgaris		✓	✓		✓	✓			
Alpine Marmot	Marmota marmota					✓				
European Hare	Talpa europaea		✓							
Reptiles & Amphibians										
Common Toad	Bufo bufo				D					
Common Frog	Rana temporaria		√	✓						
Sand Lizard	Lacerta agilis				√					
Slow Worm	Anguis fragilis				√					
Grass Snake	Natrix natrix				✓					

Invertebrates

Common name		May – June 2025									
	Scientific name	29	30	31	1	2	3	4	5		
Butterflies											
Swallowtail	Papilio machaon					√	√	√			
Dark-veined (Mountain G-v.) White	Pieris bryoniae		✓								
Orange Tip	Anthocharis cardamines		✓			✓					
Brimstone	Gonepteryx rhamni					√	√	√	√		
Pale Clouded Yellow	Colias hyale			√							
Wood White	Leptidea sinapis		✓	√	√	√	√	√	√		
Little Blue	Cupido minimus		√			√		√			

Common Blue	Polyommatus icarus			✓		✓		
Duke of Burgundy	Hamearis lucin	✓		✓	✓	✓		
Red Admiral	Vanessa atalanta	✓			✓	✓	√	
Painted Lady	Vanessa cardui			✓		✓	✓	
Small Tortoiseshell	Aglais urticae	✓		√	✓	✓	√	
Pearl-bordered Fritillary	Boloria euphrosyne				√			
Small Pearl-bordered Fritillary	Bolaria selene			√		√		
Small Heath	Coenonympha pamphilus					✓		
Speckled Wood	Pararge aegeria	✓	√	√				
Meadow Brown	Maniola jurtina			√				
Grizzled Skipper	Pyrgus malvae			√				
Dingy Skipper	Erynnis tages		√					
Chequered Skipper	Carterocephalus palaemon			√		✓		
Large Skipper	Ochlodes sylvanus			√				
Moths								
Speckled Yellow	Pseudopanthera maculata					✓		
Humming-bird Hawk-moth	Macroglossum stellatarum				✓	✓		
Chimney sweeper	Odezia atrata						√	
Mother Shipton	Callistege mi	✓					√	
Ruby Tiger	Phragmatobia fuliginosa		√					
Burnet Companion	Eucidia glyphica			√				
Others								
Southern Wood Ant	Formica rufa				√			
Four Spotted Chaser	Libellula quadrimaculata			√		√		
Millipede	Diplopoda sp.					✓		
Field Cricket	Gryllus campestris	Н	Н	Н	Н	Н	Н	
Red and Black Frog-hopper	Cercopis vulnerata	√						
Common Wasp	Vespula vulgaris			√				
Molluscs								
Roman Snail	Helix pomatia	√	√			✓		
Black Slug	Arion ater	1						