

Wengen - Alpine Flowers of the Swiss Alps

Naturetrek Tour Report

16 - 23 June 2013



Crocus vernus



Gentiana acaulis



Panorama



Primula auricula

Report & images compiled by David Tattersfield



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Day 1

Sunday 16th June

We left Heathrow mid-morning for Zurich and were soon enjoying the comfort of the intercity train to Interlaken with tantalising views of the Alps ahead. We changed trains to Lauterbrunnen, following the glacial melt-waters of the Lutschine River below high limestone cliffs, and then changed platforms to the cogwheel railway for the final leg of our journey, arriving in Wengen at 6.00 pm. After a short walk to our hotel we had plenty of time to settle in and enjoy the stunning views of the Jungfrau. We ate our evening meal on the terrace and were treated to a beautiful pink alpenglow as the sun went down.

Day 2

Monday 17th June

We awoke to a lovely sunny morning and after breakfast took the short cable-car ride up to Mannlichen, not quite sure what might greet us. The season was very late, with large amounts of the winter snows remaining and the footpath we would normally have taken was still closed. From the viewpoint we took in the awe-inspiring views of the peaks and the deep trench of the Laterbrunnen Valley, far below. At our feet we started to identify the plants on the cliff edge. Early spring flowers such as *Primula auricula* and Snowden Lily *Loydia serotina* made a fine show that reflected the season. We made slow progress towards the summit, examining a range of habitats, each with its own community of plants. On north-facing cliffs grew tight cushions of Swiss Androsace *Androsace helvetica* and a careful search revealed the leaves of Dwarf Orchid, *Chamorchis alpina*, nestled in cushions of Mossy Cyphel *Minuartia sedoides*. All around were acres of Spring Crocus *Crocus vernus* subsp. *albiflorus* in white and purple and lots of white Kupfer's Buttercup *Ranunculus kuepferi*. Blue Trumpet Gentian *Gentiana acaulis* and pink Bird's-eye Primrose *Primula farinosa* made eye-catching combinations and stunning patches of *Gentiana verna* and Alpine Snowbell *Soldanella alpina* kept the photographers busy. Near the summit the yellows of Alpine Pasque Flower and Oxlip stole the show with a few perfect specimens of gleaming white Spring Pasque Flower *Pulsatilla vernalis*.

The group met again over drinks at the Berghaus before moving to our usual lunch spot, overlooking the Eiger. Here, *Pulsatilla vernalis* was flowering in quantity from the sodden brown turf, where the snow had just receded. It had been a good day for mountain birds with ever-present Water Pipit, Snowfinch around the chair-lifts and Ravens and Alpine Chough overhead. In addition, we had brief sights of Golden Eagle and Peregrine Falcon. Some of the fittest members of the party walked back down to Wengen, while the rest of us returned on the cable-car. There was an opportunity to explore the colourful hay-meadows, around the village before dinner.

Day 3

Tuesday 18th June

The Fohn was blowing from the south and a hot fine day was promised. We took the train down to Lauterbrunnen and the cable car up the steep valley side to Grutschalp. Another train took us to Murren and after a short stroll through the village we boarded the funicular railway to Almendhubel where morning coffee was most welcome. We soon joined the Mountain View Trail, which contours the mountains before descending steeply to Grutschalp. As yesterday, there were wonderful displays of Crocus around melting snowbeds but away from these the season was more advanced. Globe Orchid *Traunsteinera globosa* and swathes of Broad-leaved Marsh Orchid *Dactylorhiza majalis* were just coming into bloom in marshy areas, whereas Early Purple Orchid was at its peak.

The temperature approached 30 degrees but a strong wind blew during lunch. Further on, we crossed the dirty remnants of an avalanche, surrounded by more Crocuses and the sweetly-scented Mezerion *Daphne mezereum*. Meadows were white with Aconite-leaved Buttercup *Ranunculus aconitifolius*, almost useless to the cows that would graze here later in the summer. We descended in stages through thickets of Green Alder, *Alnus viridis*, open meadows to the forest above Grutschalp, where we found Lesser Twayblade *Listera cordata* and the Solomon's Seal relative *Streptopus amplexifolius*. Arriving at the station we were surprised to find that the cable-car had broken down, so instead had a further ride back to Murren and on down the dramatic cable to Stechelberg. After a longish wait for the bus we finally got back to Wengen around 8.00 pm.

Day 4

Wednesday 19th June

After a long day, we needed something a little shorter, so we set off down to Lauterbrunnen on foot, through meadows and forest and crossing the railway several times. There were many interesting plants to discover including Bird's nest Orchid, *Neottia nidus-avis*, Herb Paris, *Paris quadrifolia*, and Baneberry, *Actaea spicata* under the trees, and Masterwort, *Astrantia major* and Dark Columbine, *Aquilegia atrata* in the hay-meadows. We had time for a coffee, before catching the bus to Trummelbach and lunching by milky waters of the Luschine River.

The Trummelbach Falls, where the river corkscrews through the sheer limestone cliffs, was an unforgettable experience, more so because of the volume of water from the rapidly melting snow. It was to be the last of the very hot days, the thermometer reaching 36 degrees in Wengen. New plants near the falls included Swallow-wort, *Vincetoxicum hirundinaria*, Mountain Bladder Fern, *Cystopteris montana*, and the delicate Mossy Sandwort, *Moebria muscosa*. After relaxing at the café, most of the group returned to Lauterbrunnen through the meadows and took the train back to Wengen. Three of us returned to Wengen directly, by climbing above the falls past the little farmstead at Brech. An extra bonus, apart from the exhilarating exercise was finding lots of Long-leaved Helleborine *Cephalanthera longifolia*, the very rare Fly Orchid *Orchis insectifera* and a well-budded Lady's Slipper, *Cypripedium calceolus*.

Day 5

Thursday 20th June

After the short train ride to Wengernalp, we explored the vicinity of the station platform before coffee. From our viewpoint, we could see Citril Finch on the wires and across the valley, a group of Ibex, grazing below the cliffs. We descended through colourful meadows to the new chair-lift at Wixi, where the deep-blue *Gentiana bavarica* was growing in a wet flush and continued through forest, finding Crested Tit, Alpine Salamander and One-flowered Wintergreen *Moneses uniflora*. We arrived at Biglenalp, just as heavy rain and a strong wind started and were grateful of the shelter provided by the cowshed over lunch.

The rain eased off and we crossed into the next valley to find Lady's Slipper Orchid *Cypripedium calceolus* just coming into flower. For many, this was the botanical highlight of the week and well worth the detour. The long scenic walk down past Mettlenalp and back to Wengen was full of interest which included a population of Lesser Twayblade *Listera cordata*, lots of Common Newt in a small pond, Grizzled Skipper and Mountain Green-veined White and many new plants in the forests, so the last of us didn't get back till 7.15.

Day 6

Friday 21st June

After yesterday's excursion, we welcomed an easy day. Two trains took us down to Wilderswil where we boarded the exciting rack-railway up to Schynige Platte. The line had only just opened and as it was cool and cloudy our first stop was the hotel cafe. The main attraction for us was the Alpine Garden which is real gem and well designed in a natural setting. It gave us all an opportunity to brush up on the plants we had already seen and many more from a further afield in the Alps. Because of the season the early spring flowers were prominent, with many white *Pulsatilla alpina* subsp. *alpina* and drifts of Oxlip *Primula elatior*. The weather remained mostly cloudy with only occasional glimpses of the peaks to the south. After lunch on the station platform, we did a circular walk to the Oberberghorn and back. Ring Ouzels were busy feeding young and we watched Marmots going about their business among the snow patches. On the limestone screes of the Oberberghorn, large colonies of Angular Solomon's Seal, *Polygonatum odoratum*, and Lily of the Valley, *Convallaria majalis* were flowering to perfection but all too soon it was time to return to the station to catch our return train.

Day 7

Saturday 22nd June

It remained cloudy with a few sunny intervals but remained dry for our last day in the mountains. We took the trains as far as Eigergletscher and spent some time exploring the moraines left by the retreating glacier. Several plants have made this harsh environment their exclusive home and advertise their presence with spectacular flowers. Among these, Broad-leaved Mouse-ear, *Cerastium latifolium*, Mt. Cenis Pansy, *Viola cenisia* and the deliciously scented Round-leaved Pennycress, *Thlaspi rotundifolium* were greatly admired. We were delighted to have good views of Alpine Accentor, Snow Finch, which were nesting around the buildings and even fleeting glimpses of Wall Creeper, on the cliffs. We returned to the station cafe for refreshments and then crossed the railway line to the start of the Eiger Trail, where we could clearly see that further progress would have been unrealistic. We returned to the meadows below the moraines for lunch, surrounded by an amazing display of yellow *Primula auricula* and pink *Primula farinosa*. We followed the dramatic medial moraine to its end and then a steep trail down to Wixi, passing beautiful clumps of *Gentiana clusii* and Mountain Avens *Dryas octopetala*, draping the rocks.

The reward at the end of the afternoon was the delicious Apricot Tart, in the Wengernalp Hotel, that we had set our sights on a couple of days previously. Four of the group elected to walk back to Wengen, while the rest of took the now-familiar train. As we ate our dinner cloud played among the panorama of icy summits and a final alpenglow brought the day to an end.

Day 8

Sunday 23rd June

After breakfast we were able to enjoy the views from the hotel, before wandering down to the village to catch the mid-morning train and returning to Zurich for the flight home.

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Species List

Plants

Scientific Name	Common Name	Notes
Lycopodiopsida	Clubmosses	
Lycopodiaceae	Clubmoss Family	
<i>Diphasiastrum alpinum</i>	Alpine Clubmoss	Occasional. Mountain turf
<i>Huperzia selago</i>	Fir Clubmoss	Frequent. Acidic pasture
<i>Lycopodiella annotinum</i>	Interrupted Clubmoss	Local. Almend
<i>Lycopodium clavatum</i>	Stagshorn Clubmoss	Local. Above Grutschalp
Selaginellaceae	Lesser Clubmoss Family	
<i>Selaginella selaginoides</i>	Lesser Clubmoss	Occasional in turf
Equisetopsida	Horsetails	
Equisetaceae	Horsetail Family	
<i>Equisetum arvense</i>	Field Horsetail	Meadows and tracksides
<i>Equisetum palustre</i>	Marsh Horsetail	Wet pasture
<i>Equisetum sylvaticum</i>	Wood Horsetail	Woods and damp pasture
Pteropsida	Ferns	
Aspidiaceae	Dryopteris Family	
<i>Dryopteris affinis</i>	Scaly Male Fern	Widespread
<i>Dryopteris carthusiana</i>	Narrow Buckler-fern	Damp scrub
<i>Dryopteris dilatata</i>	Broad Buckler-fern	Frequent
<i>Dryopteris expansa</i>	Northern Buckler-fern	Damp scrub
<i>Dryopteris filix-mas</i>	Male Fern	Widespread
<i>Dryopteris villarii</i>	Rigid Buckler-fern	Limestone rocks. Oberberghorn
<i>Gymnocarpium dryopteris</i>	Oak Fern	Woods and rocks. Local
<i>Gymnocarpium robertianum</i>	Limestone Fern	Limestone rocks. Oberberghorn
<i>Polystichum aculeatum</i>	Hard Shield-fern	Woods. Occasional
<i>Polystichum lonchitis</i>	Holly Fern	Mountain rocks
Aspleniaceae	Spleenwort Family	
<i>Asplenium adiantum-nigrum</i>	Black Spleenwort	Shady cliffs
<i>Asplenium ruta-muraria</i>	Wall Rue	Walls
<i>Asplenium septentrionale</i>	Forked Spleenwort	Rare, on rocks
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	Walls and cliffs
<i>Asplenium viride</i>	Green Spleenwort	Mountain rocks
<i>Ceterach officinarum</i>	Rusty-back	Rocks. Uncommon
Athyriaceae	Athyrium Family	
<i>Athyrium filix-femina</i>	Lady Fern	Occasional
<i>Athyrium distentifolium</i>	Alpine Lady Fern	Mountain woods. Above Murren
<i>Cystopteris alpina</i>	Alpine Bladder Fern	Rare. Grutschalp, Eiger
<i>Cystopteris fragilis</i>	Brittle Bladder fern	Frequent on rocks
<i>Cystopteris montana</i>	Mountain Bladder Fern	Local. Trummelbach
<i>Woodsia alpina</i>	Alpine Woodsia	Rare. Almendhubel

Scientific Name	Common Name	Notes
Blechnaceae <i>Blechnum spicant</i>	Blechnum Family Hard Fern	Locally common
Cryptogrammaceae <i>Cryptogramma crispa</i>	Parsley Fern Family Parsley Fern	Acidic rocks
Dennstaedtiaceae <i>Pteridium aquilinum</i>	Bracken Family Bracken	Valley woodland
Ophioglossaceae <i>Botrychium lunaria</i>	Adder's Tongue Family Moonwort	Short turf. Widespread
Polypodiaceae <i>Polypodium vulgare</i>	Polypody Family Common Polypody	Occasional on rocks
Thelypteridaceae <i>Oreopteris limbosperma</i> <i>Phegopteris connectilis</i>	Thelypteris Family Lemon-scented Fern Beech Fern	Alder scrub Woods. Occasional
Pinopsida	Conifers	
Cupressaceae <i>Juniperus communis</i> subsp. <i>nana</i>	Cypress Family Common Juniper	Mountain pasture
Pinaceae <i>Abies alba</i> <i>Larix decidua</i> <i>Picea abies</i> <i>Pinus mugo</i> <i>Pinus sylvestris</i> <i>Pseudotsuga menziesii</i>	Pine Family European Silver Fir Larch Norway Spruce Dwarf Mountain Pine Scots Pine Douglas Fir	Forests Occasional Forests Tree-line Widespread Forests. Planted
Taxaceae <i>Taxus baccata</i>	Yew Family Yew	Occasional. Forest
Magnoliopsida Magnoliidae	Flowering Plants Dicotyledons	
Aceraceae <i>Acer campestre</i> <i>Acer platanoides</i> <i>Acer pseudoplatanus</i>	Maple Family Field Maple Norway Maple Sycamore	Frequent Occasional Common
Adoxaceae <i>Adoxa moschatellina</i>	Adoxa Family Town Hall Clock	Rare. Mannlichen
Apiaceae <i>Aegopodium podagraria</i> <i>Astrantia major</i> <i>Astrantia minor</i> <i>Athamanta cretensis</i> <i>Bupleurum stellatum</i> <i>Chaerophyllum hirsutum</i>	Carrot Family Ground Elder Great Masterwort Lesser Masterwort Athamanta Starry Hare's-ear Hairy Chervil	Below Wengen Meadows Locally common Rocky places and screes Mountain rocks Woods

Scientific Name	Common Name	Notes
<i>Heracleum sphondylium</i>	Hogweed	Common
<i>Laserpitium latifolium</i>	Broad-leaved Sermountain	Trummelbach
<i>Ligusticum mutellina</i>	Alpine Lovage	Mountain pasture
<i>Ligusticum mutellinoides</i>	Unbranched Lovage	High mountain pasture
<i>Peucedanum ostruthium</i>	Masterwort	Common
<i>Pimpinella major</i>	Greater Burnet Saxifrage	Common
<i>Pimpinella saxifraga</i>	Burnet Saxifrage	Meadows
Araliaceae	Ivy Family	
<i>Hedera helix</i>	Ivy	Occasional
Asclepiadaceae	Milkweed Family	
<i>Vincetoxicum hirundinaria</i>	Swallow-wort	Frequent
Asteraceae	Daisy Family	
<i>Adenostyles alliariae</i>	Adenostyles	Alder scrub
<i>Adenostyles glabra</i>	Hairless Adenostyles	Screes. Oberberghorn
<i>Achillea atrata</i>	Dark-stemmed Sneezewort	Frequent on limestone
<i>Achillea erba-rotta subsp. moschata</i>	Musk Milfoil	Acidic mountain pasture
<i>Achillea millefolium</i>	Yarrow	Meadows
<i>Antennaria carpatica</i>	Carpathian Catsfoot	Occasional. Mountain pasture
<i>Antennaria dioica</i>	Catsfoot	Common
<i>Arnica montana</i>	Arnica	Common
<i>Artemisia umbelliformis</i>	Yellow Genipi	Mountain rocks. Mannlichen
<i>Aster alpinus</i>	Alpine Aster	Mountain rocks and turf
<i>Aster bellidiastrum</i>	False Aster	Common
<i>Bellis perennis</i>	Daisy	Frequent
<i>Carduus defloratus</i>	Alpine Thistle	Common
<i>Carlina vulgaris</i>	Common Carlina Thistle	Occasional
<i>Centaurea montana</i>	Mountain Cornflower	Meadows
<i>Centaurea scabiosa</i>	Greater Knapweed	Meadows
<i>Cicerbita alpina</i>	Alpine Sowthistle	Forests and scrub
<i>Cirsium oleraceum</i>	Cabbage Thistle	Common below Wengen
<i>Cirsium spinosissimum</i>	Spiniest Thistle	Mountain pasture
<i>Crepis aurea</i>	Golden Hawksbeard	Meadows
<i>Crepis paludosa</i>	Marsh Hawksbeard	Wet meadows
<i>Doronicum grandiflorum</i>	Large-flowered Leopardsbane	Screes
<i>Erigeron alpinus</i>	Alpine Fleabane	Mountain rocks. Local
<i>Erigeron annuus</i>	Annual Fleabane	Wilderswil
<i>Erigeron neglectus</i>	Neglected Fleabane	Mountain rocks. Local
<i>Erigeron uniflorus</i>	One-flowered Fleabane	Mountain rocks. Local
<i>Eupatorium cannabinum</i>	Hemp Agrimony	Lowland
<i>Gnaphthaliun norvegicum</i>	Norwegian Cudweed	Occasional
<i>Gnaphthaliun supinum</i>	Dwarf Cudweed	Snowbeds
<i>Hieracium angustifolium</i>	Glacier Hawkweed	Occasional
<i>Hieracium aurantiacum</i>	Orange Hawkweed	Wengen
<i>Hieracium lactucella</i>		Common
<i>Hieracium murorum</i>		Occasional
<i>Hieracium pilosella</i>	Mouse-ear Hawkweed	Common
<i>Hieracium villosum</i>		Mannlichen
<i>Homogyne alpina</i>	Alpine Coltsfoot	Mountain turf. Common
<i>Hypochoeris uniflora</i>	Giant Catsear	Mannlichen
<i>Lapsana communis</i>	Nipplewort	Below Wengen

Scientific Name	Common Name	Notes
<i>Leontodon helveticus</i>	Swiss Hawkbit	Mountain turf. Common
<i>Leontodon hispidus</i>	Alpine Hawkbit	Acidic pasture
<i>Leucanthemopsis alpina</i>	Alpine Moon Daisy	Acidic mountain turf
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	Meadows
<i>Mycelis muralis</i>	Wall Lettuce	Walls
<i>Petasites albus</i>	White Butterbur	Mannlichen
<i>Petasites paradoxus</i>	Alpine Butterbur	Mountain pasture
<i>Prenanthes purpurea</i>	Purple Lettuce	Common. Forests
<i>Saussurea alpina</i>	Alpine Saw-wort	Mountain turf
<i>Senecio doronicum</i>	Chamois Ragwort	Limestone rocks and scree
<i>Senecio ovatus</i>	Wood Ragwort	Forests
<i>Solidago virgaurea</i>	Goldenrod	Mountain pasture
<i>Taraxacum alpinum</i>	Alpine Dandelion	Scree
<i>Taraxacum officinale</i>	Dandelion	Widespread
<i>Tragopogon pratensis</i>	Goatsbeard	Meadows
<i>Tussilago farfara</i>	Coltsfoot	Damp places. Widespread
Balsaminaceae	Balsam Family	
<i>Impatiens parviflora</i>	Small Balsam	Woods. Alien
Betulaceae	Birch Family	
<i>Alnus glutinosa</i>	Common Alder	Valleys, by rivers
<i>Alnus viridis</i>	Green Alder	Wet mountain slopes
<i>Betula pendula</i>	Silver Birch	Widespread
<i>Betula pubescens</i>	Downy Birch	Frequent
Boraginaceae		
<i>Asperugo procumbens</i>	Madwort	Waste ground
<i>Cerinthe minor</i>	Lesser Honeywort	Occasional
<i>Echium vulgare</i>	Viper's Bugloss	Below Wengen
<i>Myosotis alpestris</i>	Alpine Wood forget-me-not	Common
Brassicaceae	Cress Family	
<i>Alliaria petiolata</i>	Garlic Mustard	Tracksides
<i>Arabis alpina subsp. alpina</i>	Alpine Rockcress	Alpine rocks
<i>Arabis bellidifolia</i>	Mountain rocks	Mountain rocks
<i>Arabis caerulea</i>	Blue Rockcress	Scree and moraines
<i>Biscutella laevigata</i>	Buckler Mustard	Mountain turf and scree
<i>Capsella bursa-pastoris</i>	Shepherd's Purse	Widespread
<i>Cardamine alpina</i>	Alpine Bittercress	Mountain rocks
<i>Cardamine amara</i>	Large Bittercress	Streamsides
<i>Cardamine hirsuta</i>	Hairy Bittercress	Occasional
<i>Cardamine pentaphyllos</i>	Five-leaflet Bittercress	Uncommon. Damp forest
<i>Cardamine pratensis</i>	Lady's Smock	Wet places
<i>Cardamine resedifolia</i>	Mignonette-leaved Bittercress	Mountain rocks
<i>Draba aizoides</i>	Yellow Whitlow-grass	Moraines
<i>Draba dubia</i>	Austrian Whitlow-grass	Rocky places
<i>Draba tomentosa</i>	Woolly Whitlow-grass	Rocks. Almendhubel
<i>Erophila verna</i>	Spring Whitlow-grass	Occasional
<i>Hesperis matronalis</i>	Dame's Violet	Garden escape
<i>Hugueninia tanacetifolia</i>	Tansy-leaved Rocket	Schynige Platte
<i>Kernera saxatilis</i>	Kernera	Rocks.
<i>Pritzelago alpina</i>	Chamois Cress	Mountain rocks and scree

Scientific Name	Common Name	Notes
<i>Thlaspi perfoliatum</i>	Perfoliate Pennycress	Near habitation
<i>Thlaspi rotundifolium</i> subsp. <i>rotundifolium</i>	Round-leaved Pennycress	Moraines and screes
Campanulaceae	Bellflower Family	
<i>Campanula barbata</i>	Bearded Bellflower	Mountain turf
<i>Campanula cochlearifolia</i>	Fairy's Thimble	Screes
<i>Campanula glomerata</i>	Clustered Bellflower	Occasional
<i>Campanula rhomboidalis</i>	A Bellflower	Common in meadows
<i>Campanula rotundifolia</i>	Harebell	Common
<i>Campanula scheuchzeri</i>	Scheuchzer's Bellflower	Mountain turf
<i>Campanula thyrsoides</i>	Yellow Bellflower	Schynige Platte
<i>Campanula trachelium</i>	Nettle-leaved Bellflower	Woods
<i>Phyteuma betonicifolium</i>	Betony-leaved Rampion	Acidic pasture
<i>Phyteuma orbiculare</i>	Round-headed Rampion	Meadows. Frequent
<i>Phyteuma spicatum</i>	Spiked Rampion	Meadows. Frequent
Cannabaceae	Hop Family	
<i>Humulus lupulus</i>	Hop	Below Wengen
Caprifoliaceae	Honeysuckle Family	
<i>Lonicera alpigena</i>	Alpine Honeysuckle	Occasional. Forests
<i>Lonicera caerulea</i>	Blue-berried Honeysuckle	Green alder scrub
<i>Lonicera nigra</i>	Black-berried Honeysuckle	Woods
<i>Lonicera xylosteum</i>	Fly Honeysuckle	Woods
<i>Sambucus ebulus</i>	Danewort	Lowland. Wilderswil
<i>Sambucus nigra</i>	Common Elder	Woods
<i>Sambucus racemosa</i>	Alpine Elder	Occasional. Rocky places
Caryophyllaceae	Pink Family	
<i>Arenaria biflora</i>	Two-flowered Sandwort	Screes
<i>Arenaria ciliata</i>	Ciliate-leaved Sandwort	Screes
<i>Cerastium alpinum</i>	Alpine Mouse-ear	Mountain turf
<i>Cerastium arvense</i>	Field Mouse-ear	Frequent
<i>Cerastium cerastoides</i>	Starwort Mouse-ear	Rocks and pasture
<i>Cerastium fontanum</i>	Common Mouse-ear	Common
<i>Cerastium glomeratum</i>	Sticky Mouse-ear	Waste places
<i>Cerastium latifolium</i>	Broad-leaved Mouse-ear	Moraines and screes
<i>Dianthus barbatus</i>	Sweet William	Garden escape
<i>Dianthus superbus</i>	A Pink	Below Almend
<i>Dianthus sylvestris</i>	Wood Pink	Rocks. Local
<i>Gypsophila repens</i>	Alpine Gypsophila	Frequent
<i>Lychnis flos-cuculi</i>	Ragged Robin	Wet flushes
<i>Minuartia sedoides</i>	Mossy Cyphel	Alpine turf
<i>Minuartia verna</i>	Vernal Sandwort	Rocky places
<i>Moehringia muscosa</i>	Mossy Sandwort	Shady places. Local
<i>Sagina procumbens</i>	Procumbent Pearlwort	Common
<i>Sagina saginoides</i>	Alpine Pearlwort	Alpine turf and screes
<i>Saponaria ocymoides</i>	Rock Soapwort	Cliffs below Wengen
<i>Silene acaulis</i>	Moss Campion	Mountain turf
<i>Silene dioica</i>	Red Campion	Frequent. Meadows
<i>Silene exscapa</i>	Mountain turf	Mountain turf
<i>Silene nutans</i>	Nottingham Catchfly	Occasional. Rocks
<i>Silene pratensis</i>	White Campion	Occasional. Tracksides

Scientific Name	Common Name	Notes
<i>Silene rupestris</i>	Rock Campion	Common on rocks
<i>Silene vulgaris</i>	Bladder Campion	Occasional. Meadows
<i>Stellaria graminea</i>	Lesser Stitchwort	Occasional
<i>Stellaria holostea</i>	Greater Stitchwort	Occasional
<i>Stellaria media</i>	Common Chickweed	Occasional
<i>Stellaria nemorum</i>	Wood Stitchwort	Woods
Chenopodiaceae	Goosefoot Family	
<i>Chenopodium album</i>	Fat Hen	Occasional weed
<i>Chenopodium bonus-henricus</i>	Good King Henry	Frequent weed
Cistaceae	Rockrose Family	
<i>Helianthemum nummularium</i> subsp. <i>grandiflorum</i>	Large-flowered Common Rockrose	Common
<i>Helianthemum oelandicum</i> subsp. <i>alpestre</i>	Alpine Rockrose	Frequent
Cornaceae	Dogwood Family	
<i>Cornus sanguinea</i>	Dogwood	Woods
Corylaceae	Hazel Family	
<i>Corylus avellana</i>	Hazel	Woods
Crassulaceae	Stonecrop Family	
<i>Rhodiola rosea</i>	Roseroot	Alpine Garden
<i>Sedum acre</i>	Biting Stonecrop	Occasional
<i>Sedum album</i>	White Stonecrop	Walls. Wengen
<i>Sedum alpestre</i>	Alpine Stonecrop	Mountain rocks
<i>Sedum atratum</i>	Dark Stonecrop	Mountain rocks
<i>Sedum dasyphyllum</i>	Thick-leaved Stonecrop	Walls and rocks
<i>Sedum spurium</i>	Caucasian Stonecrop	Garden escape Wengen
<i>Sedum reflexum</i>	Rock Stonecrop	Occasional. Rocks
<i>Sedum rubens</i>	Reddish Stonecrop	Rocks
<i>Sedum sexangulare</i>	Tasteless Stonecrop	Walls. Wengen
<i>Sempervivum montanum</i>	Mountain Houseleek	Common on rocks
<i>Sempervivum tectorum</i>	Common Houseleek	Frequent on rocks
Dipsacaceae	Teasel Family	
<i>Scabiosa lucida</i>	Shining Scabious	Meadows
Ericaceae	Heath Family	
<i>Arctostaphylos alpinus</i>	Alpine Bearberry	Occasional. Mountain turf
<i>Arctostaphylos uva-ursi</i>	Bearberry	Acidic heaths
<i>Calluna vulgaris</i>	Ling	Frequent
<i>Empetrum nigrum</i> subsp. <i>hermaphroditum</i>	Hermaphrodite Crowberry	Acidic heaths
<i>Erica herbacea</i>	Spring Heath	Frequent on limestone
<i>Loiseleuria procumbens</i>	Creeping Azalea	Acidic heaths
<i>Rhododendron ferrugineum</i>	Alpenrose	Common
<i>Rhododendron hirsutum</i>	Hairy Alpenrose	Common on limestone
<i>Vaccinium myrtillus</i>	Bilberry	Common
<i>Vaccinium uliginosum</i>	Bog Whortleberry	Common
<i>Vaccinium vitis-idaea</i>	Cowberry	Common
Euphorbiaceae	Spurge Family	
<i>Euphorbia cyparissias</i>	Cypress Spurge	Frequent on limestone

Scientific Name	Common Name	Notes
<i>Mercurialis perennis</i>	Dogs Mercury	Woods
Fabaceae		
Pea Family		
<i>Anthyllis vulneraria</i> subsp. <i>alpestris</i>	Alpine Kidney Vetch	Mountain pasture
<i>Astragalus alpinus</i>	Alpine Milk-vetch	Mountain turf
<i>Astragalus australis</i>	Southern Milk-vetch	Mountain turf
<i>Astragalus frigidus</i>	Pallid Milk-vetch	Limestone cliffs
<i>Astragalus penduliflorus</i>	Pendulous Milk-vetch	Limestone cliffs
<i>Coronilla emerus</i>	False Senna	Occasional
<i>Coronilla vaginialis</i>	Small Scorpion Vetch	Cliffs below Wengen
<i>Hedysarum hedysaroides</i>	Alpine Sainfoin	Mountain pasture
<i>Hippocrepis comosa</i>	Horseshoe Vetch	Common
<i>Lathyrus aphaca</i>	Yellow Vetchling	Meadows
<i>Lathyrus laevigatus</i> subsp. <i>occidentalis</i>	Yellow Pea	Green alder scrub. Grutschalp
<i>Lathyrus pratensis</i>	Meadow Vetchling	Meadows
<i>Lotus alpinus</i>	Alpine Birdsfoot Trefoil	Mountain turf
<i>Lotus corniculatus</i>	Birdsfoot Trefoil	Meadows
<i>Lotus uliginosus</i>	Greater Birdsfoot Trefoil	Wet meadows
<i>Medicago lupulina</i>	Black Medick	Common
<i>Medicago sativa</i>	Lucerne	Occasional weed
<i>Melilotus albus</i>	White Melilot	Lowland
<i>Onobrychis arenaria</i>	Small Sainfoin	Occasional
<i>Onobrychis montana</i>	Mountain Sainfoin	Mountain pasture
<i>Onobrychis viciifolia</i>	Sainfoin	Occasional
<i>Ononis repens</i>	Common Restharrow	Below Wengen
<i>Oxytropis campestris</i>	Yellow Milk-vetch	Locally common
<i>Oxytropis jacquinii</i>	Mountain Milk-vetch	Moraines. Local
<i>Oxytropis lapponica</i>	Northern Milk-vetch	Moraines. local
<i>Robinia pseudacacia</i>	False Acacia	Lowlands. Cultivated
<i>Securigera varia</i>	Crown Vetch	Wilderswil
<i>Trifolium alpinum</i>	Alpine Clover	Common
<i>Trifolium badium</i>	Brown Clover	Mountain meadows
<i>Trifolium montanum</i>	Mountain Clover	Mountain pasture
<i>Trifolium pratense</i>	Red Clover	Meadows
<i>Trifolium repens</i>	White Clover	Frequent
<i>Trifolium thalii</i>	Mountain turf	Mountain turf and screes
<i>Vicia cracca</i>	Tufted Vetch	Frequent
<i>Vicia sepium</i>	Bush Vetch	Occasional
<i>Vicia sylvatica</i>	Wood Vetch	Woods
Fagaceae		
Beech Family		
<i>Castanea sativa</i>	Sweet Chestnut	Occasional. Planted
<i>Fagus sylvatica</i>	Beech	Valley forest
<i>Quercus petraea</i>	Sessile Oak	Frequent. Woods
<i>Quercus robur</i>	Pedunculate Oak	Occasional
Gentianaceae		
Gentian Family		
<i>Gentiana acaulis</i>	Trumpet Gentian	Mountain pasture
<i>Gentiana asclepiadea</i>	Willow Gentian	Woods on limestone
<i>Gentiana bavarica</i>	Bavarian Gentian	Marshes
<i>Gentiana brachyphylla</i>	Short-leaved Gentian	Alpine turf
<i>Gentiana clusii</i>	Clusius's Gentian	Limestone pasture
<i>Gentiana lutea</i>	Great Yellow Gentian	Mountain pasture

Scientific Name	Common Name	Notes
<i>Gentiana purpurea</i>	Purple Gentian	Green Alder scrub
<i>Gentiana verna</i>	Spring Gentian	Mountain pasture
Geraniaceae	Geranium Family	
<i>Geranium pyrenaicum</i>	Pyrenean Cranesbill	Common
<i>Geranium robertianum</i>	Herb Robert	Common
<i>Geranium sylvaticum</i>	Wood Cranesbill	Common
Globulariaceae	Globularia Family	
<i>Globularia cordifolia</i>	Matted Globularia	Frequent
<i>Globularia nudicaulis</i>	Leafless-stemmed Globularia	Frequent
Hypericaceae	StJohn's Wort Family	
<i>Hypericum maculatum</i>	Imperforate St.John's Wort	Frequent
Juglandaceae	Walnut Family	
<i>Juglans regia</i>	Walnut	Occasional. Planted
Lamiaceae	Mint Family	
<i>Acinos alpinus</i>	Alpine Calamint	Occasional. Rocky banks
<i>Ajuga pyramidalis</i>	Pyramidal Bugle	Locally common
<i>Ajuga reptans</i>	Common Bugle	Common
<i>Clinopodium vulgare</i>	Wild Basil	Frequent
<i>Galeopsis tetrahit</i>	Common Hemp Nettle	Occasional
<i>Glechoma hederacea</i>	Ground Ivy	Woods
<i>Hesperis matronalis</i>	Dame's Violet	Garden escape
<i>Lamiastrum galeobdolon</i>	Yellow Archangel	Woods
<i>Lamium maculatum</i>	Spotted Dead-nettle	Occasional
<i>Lamium purpureum</i>	Red Dead-nettle	Occasional
<i>Origanum vulgare</i>	Marjoram	Occasional. Meadows
<i>Prunella grandiflora</i>	Large-flowered Self-heal	Meadows. Trummelbach
<i>Prunella vulgaris</i>	Self-heal	Common
<i>Salvia glutinosa</i>	Sticky Sage	Forest. Wilderwil
<i>Salvia pratensis</i>	Meadow Clary	Meadows. Trummelbach
<i>Stachys alpina</i>	Alpine Woundwort	Below Wengen
<i>Stachys officinalis</i>	Betony	Meadows
<i>S.tachys sylvatica</i>	Hedge Woundwort	Woods
<i>Teucrium chamaedrys</i>	Wall Germander	Below Wengen
<i>Teucrium montanum</i>	Mountain Germander	Trummelbach
<i>Teucrium scorodonia</i>	Wood Sage	Woods
<i>Thymus polytrichus</i>	Hairy Thyme	Common
<i>Thymus pulegioides</i>	Larger Wild Thyme	Meadows
Lentibulariaceae	Butterwort Family	
<i>Pinguicula alpina</i>	Alpine Butterwort	Mountain rocks and turf
<i>Pinguicula vulgaris</i>	Common Butterwort	Wet turf
Linaceae	Flax Family	
<i>Linum alpinum</i>	Alpine Flax	Wengernalp
<i>Linum catharticum</i>	Purging Flax	Common
Oleaceae	Olive Family	
<i>Fraxinus excelsior</i>	Ash	Lowland

Scientific Name	Common Name	Notes
<i>Ligustrum vulgare</i>	Wild Privet	Lowland
Onagraceae	Willowherb Family	
<i>Chamaenerion angustifolium</i>	Rosebay Willowherb	Occasional
<i>Epilobium alpestre</i>	Whorled-leaved Willowherb	Frequent
<i>Epilobium alsinifolium</i>	Chickweed Willowherb	Frequent
<i>Epilobium anagallidifolium</i>	Alpine Willowherb	Frequent
<i>Epilobium montanum</i>	Mountain Willowherb	Occasional
Oxalidaceae	Wood Sorrel Family	
<i>Oxalis acetosella</i>	Wood Sorrel	Shaded rocks
Papaveraceae	Poppy Family	
<i>Meconopsis cambrica</i>	Welsh Poppy	Occasional
<i>Papaver rhoeas</i>	Common Poppy	Occasional. Lowland
Parnassiaceae	Grass of Parnassus Family	
<i>Parnassia palustris</i>	Grass of Parnassus	Damp flushes
Plantaginaceae	Plantain Family	
<i>Plantago alpina</i>	Alpine Plantain	Mountain turf
<i>Plantago atrata</i>	Dark Plantain	Mountain turf
<i>Plantago major</i>	Greater Plantain	Occasional
<i>Plantago media</i>	Hoary Plantain	Occasional
<i>Plantago lanceolata</i>	Ribwort Plantain	Occasional
<i>Plantago serpentina</i>	Fleshy Plantain	Frequent
Polygalaceae	Milkwort Family	
<i>Polygala alpestris</i>	Mountain Milkwort	Common
<i>Polygala alpina</i>	Alpine Milkwort	Mountain turf
<i>Polygala chamaebuxus</i>	Shrubby Milkwort	Frequent on rocks
<i>Polygala vulgaris</i>	Common Milkwort	Frequent
Polygonaceae	Dock Family	
<i>Oxyria digyna</i>	Mountain Sorrel	Mountain rocks and screes
<i>Polygonum bistorta</i>	Bistort	Damp pasture
<i>Polygonum viviparum</i>	Alpine Bistort	Common. Mountain turf
<i>Reynoutria japonica</i>	Japanese Knotweed	Alien. Lowland
<i>Rumex acetosa</i>	Common Sorrel	Widespread
<i>Rumex acetosella</i>	Sheep's Sorrel	Acidic pasture
<i>Rumex alpestris</i>	Mountain Dock	Mountain pasture
<i>Rumex alpinus</i>	Monks Rhubarb	Disturbed mountain pasture
<i>Rumex obtusifolius</i>	Broad-leaved Dock	Occasional
<i>Rumex scutatus</i>	Rubble Dock	Rocks and screes
Primulaceae	Primrose Family	
<i>Androsace chamaejasme</i>	Ciliate Rock Jasmine	Frequent
<i>Androsace helvetica</i>	Swiss Androsace	Alpine cliffs
<i>Androsace obtusifolia</i>	Blunt-leaved Rock Jasmine	Acidic turf
<i>Lysimachia nemorum</i>	Yellow Pimpernel	Damp woods
<i>Primula auricula</i>	Bears Ears	Mountain rocks and turf
<i>Primula elatior</i>	Oxlip	Snowbeds
<i>Primula farinosa</i>	Birdseye Primrose	Mountain turf

Scientific Name	Common Name	Notes
<i>Primula hirsuta</i>	Hairy Primrose	Acidic rocks
<i>Primula veris</i>	Cowslip	Below Wengen
<i>Soldanella alpina</i>	Alpine Snowbell	Common
Pyrolaceae	Wintergreen Family	
<i>Moneses uniflora</i>	One-flowered Wintergreen	Forest
<i>Orthilia secunda</i>	One-sided Wintergreen	Forest
<i>Pyrola minor</i>	Lesser Wintergreen	Forest
Ranunculaceae	Buttercup Family	
<i>Aconitum napellus</i>	Common Monkshood	Damp meadows
<i>Aconitum vulparia</i>	Wolfsbane	Frequent. Forest
<i>Actaea spicata</i>	Baneberry	Woods
<i>Anemone narcissiflora</i>	Narcissus-flowered Anemone	Mountain pasture
<i>Anemone nemorosa</i>	Wood Anemone	Woods
<i>Aquilegia atrata</i>	Dark Columbine	Forest and meadows
<i>Caltha palustris</i>	Marsh Marigold	Flushes and streamsides
<i>Clematis alpina</i>	Alpine Clematis	Alpine Garden
<i>Clematis vitalba</i>	Old Man's Beard	Common. Lowland
<i>Delphinium elatum</i>	Alpine Larkspur	Occasional
<i>Hepatica nobilis</i>	Hepatica	Woodland
<i>Pulsatilla alpina</i> subsp. <i>alpina</i>	Alpine Pasque Flower	Frequent on limestone
<i>Pulsatilla alpina</i> subsp. <i>apiifolia</i>	Alpine Pasque Flower	Frequent on acidic soils
<i>Pulsatilla vernalis</i>	Spring Pasque Flower	Locally common
<i>Ranunculus aconitifolius</i>	Aconite-leaved Buttercup	Locally common
<i>Ranunculus acris</i>	Meadow Buttercup	Common
<i>Ranunculus alpestris</i>	Alpine Buttercup	Snowbeds. Common
<i>Ranunculus glacialis</i>	Glacier Crowfoot	Alpine screes. Eiger
<i>Ranunculus kuepferi</i>	Kupfer's Buttercup	Locally common
<i>Ranunculus montanus</i>	Mountain Buttercup	Mountain pasture
<i>Ranunculus parnassifolius</i>	Parnassus-leaved Buttercup	Alpine Garden
<i>Ranunculus repens</i>	Creeping Buttercup	Occasional. Meadows
<i>Thalictrum alpinum</i>	Alpine Meadow Rue	Uncommon. Alpine turf
<i>Thalictrum aquilegifolium</i>	Great Meadow Rue	Mountain meadows
<i>Thalictrum foetidum</i>	Stinking Meadow Rue	Trummelbach
<i>Trollius europaeus</i>	Globeflower	Common
Rhamnaceae	Buckthorn Family	
<i>Rhamnus alpinus</i>	Alpine Buckthorn	Rocky places
<i>Rhamnus pumilus</i>	Dwarf Buckthorn	Limestone rocks. Oberberghorn
Rosaceae	Rose Family	
<i>Agrimonia eupatoria</i>	Agrimony	Occasional. Lowland
<i>Alchemilla alpina</i>	Alpine Lady's Mantle	Common
<i>Alchemilla conjuncta</i>	Silver Lady's Mantle	Frequent
<i>Alchemilla glabra</i> agg.	A Lady's Mantle	Frequent
<i>Alchemilla pentaphyllea</i>	Cut-leaved Lady's Mantle	Snowbeds
<i>Alchemilla vulgaris</i> agg.	Lady's Mantle	Frequent
<i>Aruncus dioicus</i>	Goatsbeard Spiraea	Woods. Below Wengen
<i>Cotoneaster integerrima</i>	Wild Cotoneaster	Mountain rocks. Oberberghorn
<i>Crataegus monogyna</i>	Hawthorn	Woods
<i>Dryas octopetala</i>	Mountain Avens	Mountain rocks and scree
<i>Filipendula ulmaria</i>	Meadowsweet	Lowland meadows

Scientific Name	Common Name	Notes
<i>Fragaria vesca</i>	Wild Strawberry	Woods and pasture
<i>Geum montanum</i>	Alpine Avens	Mountian turf
<i>Geum rivale</i>	Water Avens	Occasional. Wet pasture
<i>Geum urbanum</i>	Herb Bennet	Woods
<i>Potentilla aurea</i>	Golden Cinquefoil	Occasional. Mountian turf
<i>Potentilla crantzii</i>	Alpine Cinquefoil	Common. Mountain turf
<i>Potentilla erecta</i>	Tormentil	Acidic turf
<i>Prunus avium</i>	Wild Cherry	Woods
<i>Rosa canina</i>	Dog Rose	Below Wengen
<i>Rosa glauca</i>	Blue-leaved Rose	Occasional
<i>Rosa micrantha</i>	Occasional	Occasional
<i>Rosa pendulina</i>	Alpine Rose	Frequent. Mountains
<i>Rosa rubiginosa</i>	Sweet Briar	Below Wengen
<i>Rubus idaeus</i>	Raspberry	Woods
<i>Rubus saxatilis</i>	Stone Bramble	Occasional. Rocky places
<i>Sanguisorba minor</i>	Salad Burnet	Widespread
<i>Sibbaldia procumbens</i>	Sibbaldia	Snowbeds
<i>Sorbus aria</i>	Whitebeam	Occasional. Woods
<i>Sorbus aucuparia</i>	Rowan	Woods
<i>Sorbus chamaemespilus</i>	False Medlar	Mountain pasture
Rubiaceae	Madder Family	
<i>Asperula cynanchica</i>	Squinancywort	Occasional
<i>Cruciata laevipes</i>	Crosswort	Meadows
<i>Galium anisophyllum</i>		Frequent
<i>G. megalospermum</i>	Swiss Bedstraw	Moraines
<i>G. mollugo</i>	Hedge Bedstraw	Meadows
<i>Galium odoratum</i>	Woodruff	Woods
<i>Galium pumilum</i>		Frequent
<i>Galium verum</i>	Lady's Bedstraw	Meadows
Salicaceae	Willow Family	
<i>Populus alba</i>	White Poplar	Lowland
<i>Populus tremula</i>	Aspen	Occasional
<i>Salix aurita</i>	Eared Sallow	Widespread
<i>Salix breviserrata</i>	Finely-toothed Willow	Occasional
<i>Salix foetida</i>	Stinking Willow	Locally common
<i>Salix hastata</i>	Large-stipuled Willow	Local. Lauberhorn
<i>Salix glaucosericea</i>	Silky Willow	Local. Lauberhorn
<i>Salix hegetschweileri</i>	Alpine Willow	Mountain turf
<i>Salix helvetica</i>	Swiss Willow	Planted. Murren
<i>Salix herbacea</i>	Least willow	Mountain turf
<i>Salix laggeri</i>	Lagger's Willow	Local. Lauberhorn
<i>Salix myrsinites</i>	Whortle-leaved Willow	Mountain turf
<i>Salix reticulata</i>	Net Leaved Willow	Alpine rocks and turf
<i>Salix retusa</i>	Retuse-leaved Willow	Alpine rocks and turf
<i>Salix serpyllifolia</i>	Thyme-leaved Willow	Alpine rocks and turf
<i>Salix viminalis</i>	Osier	Lowland. Riversides
Santalaceae	Sandalwood Family	
<i>Thesium alpinum</i>	Alpine Bastard Toadflax	Occasional. Pasture
<i>Thesium pyrenaicum</i>	Pyrenean Bastard Toadflax	Uncommon. Pasture

Scientific Name	Common Name	Notes
Saxifragaceae		
Saxifrage Family		
<i>Chrysosplenium alternifolium</i>	Alternate-leaved Golden Saxifrage	Occasional
<i>Saxifraga aizoides</i>	Yellow Mountain Saxifrage	Wet turf and screes
<i>Saxifraga androsacea</i>	Scree Saxifrage	Damp screes and rocks
<i>Saxifraga aspera</i>	Rough Saxifrage	Occasional. Rocks
<i>Saxifraga bryoides</i>	Mossy Saxifrage	Acidic rocks
<i>Saxifraga caesia</i>	Blue Saxifrage	Limestone rocks and screes
<i>Saxifraga exarata</i> subsp. <i>moschata</i>	Musky Saxifrage	Mountain rocks
<i>Saxifraga oppositifolia</i>	Purple Saxifrage	Rocks, moraines, screes
<i>Saxifraga paniculata</i>	Livelong Saxifrage	Rocks
<i>Saxifraga rotundifolia</i>	Round-leaved Saxifrage	Damp shaded rocks
<i>Saxifraga stellaris</i>	Starry Saxifrage	Acidic flushes
Scrophulariaceae		
Figwort Family		
<i>Bartsia alpina</i>	Alpine Bartsia	Mountain turf
<i>Cymbalaria muralis</i>	Ivy-leaved Toadflax	Occasional on walls
<i>Digitalis grandiflora</i>	Large Yellow Foxglove	Local. Forest
<i>Digitalis lutea</i>	Small Yellow Foxglove	Local. Forest
<i>Erinus alpinus</i>	Fairy Foxglove	Frequent
<i>Euphrasia minima</i>	Dwarf Eyebright	Local. Mountain pasture
<i>Euphrasia rostkoviana</i>	Common Eyebright	Meadows
<i>Linaria alpina</i>	Alpine Toadflax	Moraine and screes
<i>Melampyrum sylvaticum</i>	Wood Cow-wheat	Forest
<i>Pedicularis ascendens</i>	Ascending Lousewort	Limestone turf
<i>Pedicularis foliosa</i>	Leafy Lousewort	Local. Limestone pasture
<i>Pedicularis oederi</i>	Crimson-tipped Lousewort	Alpine turf
<i>Pedicularis recutita</i>	Beakless Red Lousewort	Local. Mountain turf
<i>Pedicularis tuberosa</i>	Long-beaked Yellow Lousewort	Acidic turf
<i>Pedicularis verticillata</i>	Whorled Lousewort	Mountain turf
<i>Rhinanthus alectorolophus</i>	Greater Yellow Rattle	Common. Meadows
<i>Rhinanthus minor</i>	Yellow Rattle	Uncommon. Pasture
<i>Vebascum nigrum</i>	Dark Mullein	Lowland
<i>Veronica alpina</i>	Alpine Speedwell	Stony mountain pasture
<i>Veronica aphylla</i>	Leafless-stemmed Speedwell	Stony mountain pasture
<i>Veronica beccabunga</i>	Brooklime	Wet places
<i>Veronica bellidoides</i>	Violet Speedwell	Acidic pasture
<i>Veronica chamaedrys</i>	Germander Speedwell	Below Wengen
<i>Veronica fruticans</i>	Rock Speedwell	Mountain rocks
<i>Veronica officinalis</i>	Heath Speedwell	Woods
<i>Veronica urticifolia</i>	Nettle-leaved Speedwell	Woods
Solanaceae		
Nightshade Family		
<i>Atropa bella-donna</i>	Deadly Nightshade	Forest. Wilderwil
Thymelaceae		
Daphne Family		
<i>Daphne mezereum</i>	Mezereon	Local. Mountain pasture
Tiliaceae		
Lime Family		
<i>Tilia platyphyllos</i>	Large-leaved Lime	Lowland
Ulmaceae		
Elm Family		
<i>Ulmus glabra</i>	Wych Elm	Valley woods

Scientific Name	Common Name	Notes
Urticaceae	Nettle Family	
<i>Urtica dioica</i>	Stinging Nettle	Widespread
Valerianaceae	Valerian Family	
<i>Valeriana dioica</i>	Marsh Valerian	Wet pasture
<i>Valeriana officinalis</i>	Common Valerian	Damp meadows
<i>Valeriana tripteris</i>	Three-leaved Valerian	Woods
Violaceae	Violet Family	
<i>Viola biflora</i>	Yellow Wood Violet	Common
<i>Viola calcarata</i>	Long-spurred Pansy	Locally common
<i>Viola cenisia</i>	Mt. Cenis Pansy	Moraine and scree
<i>Viola lutea</i>	Mountain Pansy	Locally common
<i>Viola palustris</i>	Bog Violet	Common
<i>Viola tricolor</i>	Heartsease	Local
<i>Viola riviniana</i>	Common Dog Violet	Common
Liliidae	Monocotyledons	
Cyperaceae	Sedge Family	
<i>Carex atrata</i>	Black Alpine Sedge	Wet mountain pasture
<i>Carex echinata</i>	Star Sedge	Frequent
<i>Carex ferruginea</i>	Rusty Sedge	Common. Limestone turf
<i>Carex flacca</i>	Glaucous Sedge	Common
<i>Caex nigra</i>	Black Sedge	Common
<i>Carex panicea</i>	Carnation Sedge	Common
<i>Eriophorum angustifolium</i>	Common Cotton Grass	Wet flushes and bogs
Iridaceae	Iris Family	
<i>Crocus vernus</i> subsp. <i>albiflorus</i>	Spring Crocus	Common
Juncaceae	Rush Family	
<i>Juncus alpinoarticulatus</i>	Alpine Jointed Rush	Wet mountain pasture
<i>Juncus jacquinii</i>	Jacquin's Rush	Wet mountain pasture
<i>Juncus trifidus</i>	Three-leaved Rush	Acidic mountain turf
<i>Juncus triglumis</i>	Three-flowered Rush	Acidic mountain turf
<i>Luzula alpinopilosa</i>	Alpine Wood-rush	Mountain turf
<i>Luzula lutea</i>	Yellow Wood-rush	Mountain turf
<i>Luzula multiflora</i>	Heath Wood-rush	Mountain turf
<i>Luzula spicata</i>	Spiked Wood-rush	Mountain turf
<i>Luzula sylvatica</i>	Great Wood-rush	Woods
Liliaceae	Lily Family	
<i>Allium schoenoprasum</i>	Chives	Occasional. Mountains
<i>Allium scordoprasum</i>	Occasional. Meadows	Uncommon. Meadows
<i>Allium victorialis</i>	Alpine Leek	Uncommon. Mountain pasture
<i>Anthericum ramosum</i>	Trummelbach	Trummelbach
<i>Colchicum autumnale</i>	Meadow Saffron	Meadows below Wengen
<i>Convallaria majalis</i>	Lily of the Valley	Limestone cliffs and scree
<i>Lilium martagon</i>	Martagon Lily	Woods
<i>Lloydia serotina</i>	Snowdon Lily	Mountain turf
<i>Maianthemum bifolium</i>	May Lily	Mountain woods
<i>Paradisea liliastrum</i>	St Bruno Lily	Local. Mountain pasture

Scientific Name	Common Name	Notes
<i>Paris quadrifolia</i>	Herb Paris	Local. Woods
<i>Polygonatum odoratum</i>	Angular Solomon's Seal	Limestone cliffs and scree
<i>Polygonatum verticillatum</i>	Whorled Solomon's Seal	Occasional. Forests
<i>Streptopus amplexifolius</i>	Streptopus	Occasional. Forests
<i>Tofieldia calyculata</i>	Tofield's Asphodel	Common
<i>Veratrum album</i>	White False Helleborine	Mountain pasture
Orchidaceae	Orchid Family	
<i>Cephalanthes longifolia</i>	Long-leaved Helleborine	Frequent. Woods
<i>Chamorchis alpina</i>	Dwarf Orchid	Local
<i>Coeloglossum viride</i>	Frog Orchid	Frequent
<i>Corallorhiza trifida</i>	Coral Root	Local. Forests
<i>Cypripedium calceolus</i>	Lady's Slipper	Local
<i>Dactylorhiza maculata</i>	Common Spotted Orchid	Common
<i>Dactylorhiza majalis</i>	Broad-leaved Marsh Orchid	Common
<i>Epipactis atrorubens</i>	Dark-red Helleborine	Frequent. Forests
<i>Epipactis helleborine</i>	Broad leaved Helleborine	Frequent. Forests
<i>Gymnadenia conopsea</i>	Fragrant Orchid	Common
<i>Gymnadenia odoratissima</i>	Short-spurred Fragrant Orchid	Local
<i>Listera cordata</i>	Lesser Twayblade	Locally common
<i>Listera ovata</i>	Twayblade	Locally common
<i>Neottia nidus-avis</i>	Birds Nest Orchid	Frequent. Forests
<i>Nigritella rhellicani</i>	Vanilla Orchid	Locally common
<i>Orchis insectifera</i>	Fly Orchid	Rare. Trummelbach
<i>Orchis mascula</i>	Early Purple Orchid	Common
<i>Platanthera bifolia</i>	Lesser Butterfly Orchid	Locally frequent. Forests
<i>Pseudorchis albida</i>	Small White Orchid	Common. Mountain turf
<i>Traunsteinera globosa</i>	Round-headed Orchid	Local
Poaceae	Grass Family	
<i>Agropyron repens</i>	Common Couch	Occasional
<i>Agrostis capillaris</i>	Common Bent	Common
<i>Anthoxanthum alpinum</i>	Alpine Vernal Grass	Frequent Mountain turf
<i>Anthoxanthum odoratum</i>	Sweet Vernal Grass	Common
<i>Arrhenatherum elatius</i>	False Oat-grass	Common
<i>Brachypodium sylvaticum</i>	False Brome	Woods
<i>Briza media</i>	Quaking Grass	Locally common
<i>Bromus hordeaceus</i>	Soft Brome	Frequent
<i>Bromus sterilis</i>	Barren Brome	Frequent
<i>Cynosurus cristatus</i>	Crested Dogstail	Common
<i>Dactylis glomerata</i>	Cocksfoot	Common
<i>Deschampsia cespitosa</i>	Tufted Hair-grass	Wet mountain pasture
<i>Deschampsia flexuosa</i>	Wavy Hair-grass	Acidic mountain turf
<i>Festuca ovina</i>	Sheeps Fescue	Common
<i>Festuca pratensis</i>	Meadow Fescue	Common
<i>Festuca rubra</i>	Red Fescue	Common
<i>Festuca violacea</i>	Violet Fescue	Mountain turf
<i>Holcus lanatus</i>	Yorkshire Fog	Locally common
<i>Holcus mollis</i>	Creeping Soft Grass	Locally common
<i>Koeleria macrantha</i>	Crested Hair-grass	Frequent
<i>Lolium perenne</i>	Perennial Ryegrass	Frequent
<i>Melica uniflora</i>	Wood Melick	Woods
<i>Nardus stricta</i>	Mat Grass	Common

Scientific Name	Common Name	Notes
<i>Phleum alpinum</i>	Alpine Timothy	Frequent. Mountain pasture
<i>Phleum pratense</i>	Timothy	Common
<i>Poa alpina</i>	Alpine Meadow Grass	Common
<i>Poa annua</i>	Annual Meadow Grass	Common on trackways
<i>Poa pratensis</i>	Smooth Meadow Grass	Common. Meadows
<i>Poa nemoralis</i>	Wood Meadow Grass	Frequent
<i>Poa supina</i>	Creeping Meadow Grass	Frequent
<i>Poa trivialis</i>	Rough Meadow Grass	Frequent
<i>Sesleria caerulea</i>	Blue Moor Grass	Common. Limestone pasture

Birds (✓ = recorded but not counted; H = heard only)

	Common name	Scientific name	June							
			16	17	18	19	20	21	22	23
1	Mute Swan	<i>Cygnus olor</i>	✓							
2	Mallard	<i>Anas platyrhynchos</i>						✓		✓
3	Great Crested Grebe	<i>Podiceps cristatus</i>	✓							✓
4	Grey Heron	<i>Ardea cinerea</i>	✓							
5	Red Kite	<i>Milvus milvus</i>	✓	✓						✓
6	Black Kite	<i>Milvus migrans</i>	✓					✓		✓
7	Eurasian Sparrowhawk	<i>Accipiter nisus</i>			✓		✓			
8	Common Buzzard	<i>Buteo buteo</i>	✓	✓				✓		✓
9	Golden Eagle	<i>Aquila chrysaetos</i>	✓	✓	✓		✓	□	✓	
10	Common Kestrel	<i>Falco tinnunculus</i>		✓	✓	✓			✓	✓
11	Peregrine Falcon	<i>Falco peregrinus</i>		✓		✓		✓		
12	Eurasian Coot	<i>Fulica atra</i>	✓							✓
13	Yellow-legged Gull	<i>Larus michahellis</i>	✓							✓
14	Rock Dove	<i>Columba livia</i>	✓		✓					✓
15	Common Wood Pigeon	<i>Columba palumbus</i>		✓						✓
16	Eurasian Collared Dove	<i>Streptopelia decaocto</i>	✓							
17	Common Cuckoo	<i>Cuculus canorus</i>			✓		H	H		
18	Common Swift	<i>Apus apus</i>	✓	✓	✓	✓	✓	✓	✓	✓
19	Alpine Swift	<i>Apus melba</i>	✓							
20	Great Spotted Woodpecker	<i>Dendrocopos major</i>			✓				H	
21	European Green Woodpecker	<i>Picus viridis</i>		H	✓	✓				
22	Eurasian Jay	<i>Garrulus glandarius</i>				✓	✓	✓	✓	
23	Eurasian Magpie	<i>Pica pica</i>						✓	✓	✓
24	Spotted Nutcracker	<i>Nucifraga caryocatactes</i>				✓	✓			
25	Alpine Chough	<i>Pyrrhocorax graculus</i>		✓	✓	✓	✓	✓	✓	
26	Carrion Crow	<i>Corvus corone</i>	✓	✓	✓	✓	✓	✓	✓	✓
27	Northern Raven	<i>Corvus corax</i>	✓	✓	✓	✓	✓			✓
28	Willow Tit	<i>Poecile montanus</i>				✓				
29	Coal Tit	<i>Parus ater</i>		✓	✓	✓	✓	✓	✓	✓
30	European Crested Tit	<i>Lophophanes cristatus</i>			✓	✓	✓	✓	✓	
31	Great Tit	<i>Parus major</i>	✓	✓	✓	✓	✓	✓	✓	✓
32	Eurasian Blue Tit	<i>Cyanistes caeruleus</i>	✓	✓	✓	✓	✓			
33	Eurasian Skylark	<i>Alauda arvensis</i>		✓	✓					
34	Crag Martin	<i>Ptyonoprogne rupestris</i>								✓
35	Barn Swallow	<i>Hirundo rustica</i>	✓							
36	Common House Martin	<i>Delichon urbicum</i>	✓					✓		✓
37	Common Chiffchaff	<i>Phylloscopus collybita</i>							H	H
38	Eurasian Blackcap	<i>Sylvia atricapilla</i>		✓	H	✓	H		✓	

	Common name	Scientific name	June							
			16	17	18	19	20	21	22	23
39	Garden Warbler	<i>Sylvia borin</i>				✓				
40	Common Firecrest	<i>Regulus ignicapilla</i>				H	H			
41	Eurasian Wren	<i>Troglodytes troglodytes</i>			H	✓				✓
42	Eurasian Nuthatch	<i>Sitta europaea</i>								✓
43	Wallcreeper	<i>Tichodroma muraria</i>							✓	
44	Ring Ouzel	<i>Turdus torquatus</i>			✓		H	✓		
45	Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓	✓
46	Fieldfare	<i>Turdus pilaris</i>	✓	✓	✓	✓	✓	✓	✓	✓
47	Song Thrush	<i>Turdus philomelos</i>		✓	✓	✓		✓		✓
48	Mistle Thrush	<i>Turdus viscivorus</i>			✓		✓	✓	✓	✓
49	European Robin	<i>Erithacus rubecula</i>		H		✓	✓		H	
50	Black Redstart	<i>Phoenicurus ochruros</i>	✓	✓	✓	✓	✓	✓	✓	✓
51	Northern Wheatear	<i>Oenanthe oenanthe</i>		✓		✓				
52	Spotted Flycatcher	<i>Muscicapa striata</i>	✓		✓	✓	✓	✓	H	✓
53	White-throated Dipper	<i>Cinclus cinclus</i>	✓		✓	✓		✓		
54	House Sparrow	<i>Passer domesticus</i>	✓	✓	✓	✓	✓	✓	✓	✓
55	White-winged Snowfinch	<i>Montifringilla nivalis</i>		✓					✓	
56	Alpine Accentor	<i>Prunella collaris</i>							✓	
57	Dunnock	<i>Prunella modularis</i>		H	H			✓		
58	Grey Wagtail	<i>Motacilla cinerea</i>				✓				
59	White Wagtail	<i>Motacilla alba</i>	✓	✓	✓	✓	✓	✓	✓	✓
60	Water Pipit	<i>Anthus spinoletta</i>		✓	✓		✓	✓		
61	Common Chaffinch	<i>Fringilla coelebs</i>	✓	✓	✓	✓	✓	✓	✓	✓
62	European Serin	<i>Serinus serinus</i>	✓	✓	✓	✓	✓	✓	✓	✓
63	European Greenfinch	<i>Chloris chloris</i>	✓	✓	✓	✓	✓	✓	✓	✓
64	European Goldfinch	<i>Carduelis carduelis</i>	✓	✓	✓	✓	✓	✓		✓
65	Citril Finch	<i>Carduelis citrinella</i>					✓	✓	✓	
66	Common Linnet	<i>Carduelis cannabina</i>					✓	✓	✓	
67	Red Crossbill	<i>Loxia curvirostra</i>							✓	
68	Eurasian Bullfinch	<i>Pyrrhula pyrrhula</i>			✓		✓			

Mammals

1	Mole	<i>Talpa europaea</i>		✓						
2	Alpine Marmot	<i>Marmota marmota</i>					✓	✓		
3	Pine Martin	<i>Martes martes</i>						✓		
4	Red Fox	<i>Vulpes vulpes</i>		✓					✓	
5	Chamois	<i>Rupicapra rupicapra</i>		✓		✓	✓			
6	Ibex	<i>Capra ibex</i>					✓			
7	Red Squirrel	<i>Sciurus vulgaris</i>			✓	✓				
8	Common Shrew	<i>Sorex araneus</i>				✓	✓			
9	Snow Vole	<i>Microtus nivalis</i>						✓		

Reptiles

1	Viviparous Lizard	<i>Lacerta vivipera</i>			✓				✓	
2	Slow Worm	<i>Anguis fragilis</i>			✓					

Amphibians

1	Common Frog	<i>Rana temporaria</i>					✓			
2	Common Newt	<i>Triturus vulgaris</i>					✓			
3	Alpine Salamander	<i>Salamandra atra</i>					✓		✓	

	Common name	Scientific name	June						
			16	17	18	19	20	21	22

Butterflies

1	Swallowtail	<i>Papilio machaon</i>			✓	✓	✓			
2	Scarce Swallowtail	<i>Iphiclides podalirius</i>			✓	✓	✓			
3	Black-veined White	<i>Aporia crataegi</i>				✓	✓		✓	
4	Large White	<i>Pieris brassicae</i>			✓		✓		✓	
5	Green-veined White	<i>Pieris napi</i>			✓	✓	✓			
6	Mountain Green-veined White	<i>Pieris bryoniae</i>					✓			
7	Orange-Tip	<i>Anthocharis cardamines</i>		✓	✓	✓	✓			
8	Clouded Yellow	<i>Colias crocea</i>			✓					
9	Berger's Clouded Yellow	<i>Colias australis</i>				✓				
10	Green Hairstreak	<i>Calophrys rubi</i>			✓		✓			
11	Small Blue	<i>Cupido minimus</i>		✓	✓		✓			
12	Common Blue	<i>Polyommatus icarus</i>				✓			✓	
13	Peacock	<i>Inachis io</i>					✓			
14	Red Admiral	<i>Vanessa atalanta</i>			✓	✓				
15	Painted Lady	<i>Cynthia cardui</i>		✓						
16	Large Tortoiseshell	<i>Nymphalis polychlorus</i>			✓					
17	Small Tortoiseshell	<i>Aglais urticae</i>		✓	✓		✓		✓	
18	Small Pearl-bordered Fritillary	<i>Clossiana selene</i>			✓					
19	Pearl-bordered Fritillary	<i>Clossiana euphrosyne</i>			✓		✓			
20	Mountain Ringlet	<i>Erebia epiphron</i>		✓	✓	✓				
21	Water Ringlet	<i>Erebia pronoe</i>						✓		
22	Ringlet	<i>Aphantopus hyperantus</i>				✓				
23	Speckled Wood	<i>Pararge aegeria</i>				✓				
24	Wall Brown	<i>Lasiommata megera</i>		✓		✓				
25	Large Wall Brown	<i>Lasiommata maera</i>		✓						
26	Grizzled Skipper	<i>Pyrgus malvae</i>			✓		✓		✓	

Moths

1	Oak Eggar	<i>Lasiocampa quercus</i>					✓			
2	The Lackey	<i>Malacosoma neustria</i>					✓			