

# Wengen - Alpine Flowers of the Swiss Alps

Naturetrek Tour Report

15 – 22 June 2014



*Erinus alpinus*



*Viola lutea*



*Soldanella alpina*



Silberhorn

Report & images compiled by David Tattersfield



Naturetrek Mingledown Barn Wolf's Lane Chawton Alton Hampshire GU34 3HJ UK

T: +44 (0)1962 733051

F: +44 (0)1962 736426

E: [info@naturetrek.co.uk](mailto:info@naturetrek.co.uk)

W: [www.naturetrek.co.uk](http://www.naturetrek.co.uk)



Tour participants: David Tattersfield                      Tour leader and botanist  
together with 14 Naturetrek clients.

## Day 1

Sunday 15th June

We arrived in Zurich in the early afternoon and were soon enjoying the comfort of the inter-city train. We changed at Bern and then at Interlaken where we joined the regional train to Lauterbrunnen, following the glacial melt-waters of the Lutschine River below high limestone cliffs. For the final leg of our journey, we took the cogwheel railway and arrived in Wengen at 6pm. After a short walk to our hotel we had plenty of time to settle in before our evening meal. We discussed the plans for the exciting week ahead, before retiring to bed.

## Day 2

Monday 16th June

We enjoyed a mainly sunny day with high cloud increasing later and a few drops of rain in the late afternoon. We opted for a relatively easy first day and set off down to Lauterbrunnen on foot. We admired the magnificent views of the snow-covered Jungfrau and the deep glacial trench of the Lauterbrunnen Valley, before descending through the meadows and forest below the village. Our progress was slowed by the many interesting plants we found on the way, which included Herb-Paris *Paris quadrifolia* and Baneberry *Actaea spicata* in the woodland and Masterwort *Astrantia major* and Dark Columbine *Aquilegia atrata* in the hay-meadows. We caught the bus to Trummelbach and had lunch at a convenient spot by the river.

The Trummelbach Falls, where the river corkscrews through the sheer limestone cliffs, was an unforgettable experience, more so because of the volume of water from the rapidly melting snow. New plants, near the falls, included Swallow-wort *Vincetoxicum hirundinaria*, Mountain Bladder-fern *Cystopteris montana*, and the delicate Mossy Sandwort *Moebria muscosa*. After relaxing at the café, most of the group returned through the meadows to Lauterbrunnen and took the train back to Wengen.

Three of us returned to Wengen by a more energetic route, which involved climbing above the falls, past the little farmstead at Brech, to the top of the cliff, before a long descent on a forest road to Wengen. Apart from the exhilarating walk and the incredible views, we were very fortunate to find some special plants in flower, including Red Helleborine *Cephalanthera rubra*, Fly Orchid *Ophrys insectifera* and a perfect specimen of Lady's-slipper *Cypripedium calceolus*. We were back for dinner at 8pm, well satisfied with our efforts.

## Day 3

Tuesday 17th June

We awoke to a lovely sunny morning and, after breakfast, took the short cable-car ride up to Mannlichen. Work was in progress to provide new facilities at the cable-car station. We started to familiarise ourselves with the rich flora along the edge of the cliffs. Early spring flowers included *Primula auricula* and Snowdon Lily *Gagea serotina* and we made slow progress, examining a range of habitats, each with its own community of plants. *Viola calcarata*, Trumpet Gentian *Gentiana acaulis* and Globeflower *Trollius europaeus* were plentiful in the grassland and on north-facing cliffs grew the tight cushions of Swiss Rock-jasmine *Androsace helvetica*. We continued up the mountain past eye-catching combinations of Bird's-eye Primrose *Primula farinosa* and Spring Gentian *Gentiana verna*. Alongside melting snow were lots of white Kupfer's Buttercup *Ranunculus kuepferi* and beautiful specimens of Alpine Snowbell *Soldanella alpina*, while, near the summit, Yellow Alpine Pasqueflower *Pulsatilla alpina* subsp.

*apiifolia* and Narcissus-flowered Anemone *Anemone narcissiflora* were prominent. On the north-facing cold slopes, we found Crimson-tipped Lousewort *Pedicularis oederi* and flowers of the deciduous Alpine Bearberry *Arctostaphylos alpinus*.

The group were reunited over drinks at the Mannlichen Berghaus, before moving to our usual lunch spot, overlooking the Eiger, which today was veiled in cloud. A few Spring Pasqueflower *Pulsatilla vernalis* were in perfect condition in the sodden brown turf, where the snow had just receded and Creeping Azalea *Kalmia procumbens* was flowering nearby. It had been a good day for mountain birds with Skylark, Water Pipit, Ring Ouzel, Alpine Accentor and Snowfinch seen during the morning, and a constant presence of Raven and Alpine Chough overhead.

The sky had clouded over and the afternoon was punctuated with hail showers. We were now walking on a more acidic bedrock, and new plants alongside the path, including fine specimens of Hairy Primrose *Primula hirsuta*, the scented foliage of Musk Milfoil *Achillea erba-rotta* subsp. *moschata* and lots more Soldanella and Pasqueflower. The damp conditions had brought out an Alpine Salamander and, as we neared Kleine Scheidegg, a Red Fox walked close by, unperturbed by our presence. We caught the train and were back in Wengen for 6pm.

## Day 4

## Wednesday 18th June

We took the short train ride to Wengernalp, where we explored the vicinity of the station platform, finding good specimens of Early-purple Orchid *Orchis mascula* and Frog Orchid *Coeloglossum viride*. Over coffee, we were able to pick out a group of Ibex on the opposite side of the valley, before we walked down through colourful meadows to the new chair-lift at Wixi. Golden Hawk's-beard *Crepis aurea* was putting on a particularly good display in the damp meadows and in a wet flush we found the deep-blue Bavarian Gentian *Gentiana bavarica* and pink Lady's Smock *Cardamine pratensis*. In the conifers were Linnet, Redpoll and Tree Pipit, while, high overhead, we watched a pair of Golden Eagle. The descent to Biglenalp brought more new plants, characteristic of the limestone, including *Globularia cordifolia*, *Globularia nudicaulis*, Spring Heath *Erica carnea* and Hairy Alpenrose *Rhododendron hirsutum*.

We enjoyed lunch in a delightful spot by the stream at Biglenalp, before making a detour to find Lady's-slipper *Cypripedium calceolus*. The first flowers of the season were in perfect condition and, for many of us, the botanical highlight of the week. The long and scenic walk down past Mettlenalp and back to Wengen was full of interest and included a stop to see a population of Lesser Twayblade *Neottia cordata*, Coralroot Orchid *Corallorhiza trifida*, and Common Newt in a small pond. Most of the group opted to catch the train from Almend and arrived at the hotel before 5pm, just in time to miss a thunderstorm and heavy down-pour that lasted until 6pm.

## Day 5

## Thursday 19th June

After yesterday's walk, an easy day was welcome. We took the trains down to Wilderswil where we boarded the exciting rack-railway up to Schynige Platte. It was cloudy for most of the day with one short shower around lunchtime but otherwise very pleasant. We spent the morning in the wonderful Alpine Garden, where we had an opportunity to brush up on the plants we had already seen and see many more from other regions of the Alps. The acid scree was being refurbished and had been placed in dumpy-bags, which were taken away by helicopter later in the day.

After lunch on the station platform, we walked to the Oberberghorn and back, enjoying splendid views of Interlaken and the lakes. An easy path led us through a mosaic of different habitats; snowbed heath with a variety of dwarf willows, steep turf with an abundance of Leafy Lousewort *Pedicularis foliosa*, and rocky ledges with Alpine Sainfoin *Hedysarum hedysaroides* and Alpine Aster *Aster alpinus*. On the limestone screes of the Oberberghorn, we admired large colonies of Angular Solomon's-seal *Polygonatum odoratum*, Whorled Solomon's-seal *Polygonatum verticillatum* and Lily-of-the-Valley *Convallaria majalis*, a somewhat unusual habitat for these normally woodland plants. There was much more to be seen but eventually we had to tear ourselves away and return to the station to catch our train back to Wilderswil.

## Day 6

Friday 20th June

We took the train down to Lauterbrunnen and the cable car up the steep valley side to Grutschalp. Another train took us to Murren and after a short stroll through the village we boarded the funicular railway to Almendhubel, where morning coffee was most welcome. The pasture above the restaurant was covered with pristine clumps of *Gentiana acaulis*, Mountain Pansy *Viola lutea*, in a variety of colour combinations and masses of Globeflower. Marshy areas were thick with Broad-leaved Marsh-orchid *Dactylorhiza majalis*, and after a little searching, we found a number of Round-headed Orchid *Traunsteinera globosa*. It was a beautiful sunny day and, over lunch, we enjoyed amazing views of the Jungfrau, Monch and Eiger, across the valley.

We followed the Mountain View Trail across heathland, dominated by Heather *Calluna vulgaris*, Alpenrose *Rhododendron ferrugineum* and other ericaceous shrubs, and further on we crossed more lime-rich slopes where *Daphne mezereum* and colourful patches of Alpine Toadflax *Linaria alpina* were part of a rich assemblage of plants, in the short turf around rocky knolls. Lush pasture was thick with Aconite-leaved Buttercup *Ranunculus aconitifolius* and the huge pleated leaves of White False-helleborine *Veratrum album*; neither plant welcome to the farmers who graze their cows here in summer. We descended through thickets of Green Alder *Alnus viridis*, where a variety of tall herbs included luxuriant ferns, Alpine Leek *Allium victorialis*, Alpine Blue-sowthistle *Cicerbita alpina* and Great Meadow-rue *Thalictrum aquilegifolium*. The final steep section through the forest had some nice colonies of Lesser Twayblade *Neottia cordata* and May Lily *Maianthemum bifolium*. Shortly after leaving the forest, we were back on the cable-car down to Lauterbrunnen and the familiar train back to Wengen.

## Day 7

Saturday 21st June

We took the trains as far as Eigergletscher and had perfect weather for our final day in the mountains. We walked up to the famous railway tunnel, taking trains through the Eiger to the Jungfraujoch, and spent time exploring the moraines, left by the retreating glacier. Several plants have made this harsh environment their exclusive home and advertise their presence with spectacular flowers. Among these, Broad-leaved Mouse-ear *Cerastium latifolium*, Mt. Cenis Pansy *Viola cenisia* and the deliciously-scented Round-leaved Penny-cress *Thlaspi rotundifolium* were greatly admired. It was interesting to see the transition from bare rock to closed turf as we returned to the station.

On the cafe terrace, we shared refreshments with Alpine Chough and Snowfinch, before crossing the railway line to the start of the Eiger Trail. This year, a lot of snow remained and the trail was still officially closed. Returning to the meadows below the moraines for lunch, we were surrounded by an amazing display of flowers, especially the yellow *Primula auricula* and pink *Primula farinosa*. We followed the dramatic medial moraine downwards

through great swards of Globeflower and Red Campion and then a steep trail down to Wixi, passing beautiful clumps of *Gentiana clusii* and Mountain Avens *Dryas octopetala* draping the rocks. The last stages of the walk were through forest and the meadows below Wengernalp where we finished our afternoon, enjoying a delicious selection of tarts and cakes at the Wengernalp Hotel. Back in Wengen, a final treat lay in store as a beautiful pink alpenglow spread over the peaks during dinner – a fitting end to a superb week.

## Day 8

Sunday 22nd June

After breakfast we were able to enjoy the views from the hotel, before wandering down to the village to catch the mid-morning train and returning to Zurich for the flight home.

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## Species Lists

Plants (‡ = cultivated or naturalised)

| Latin Name                       | Common Name           | Notes                         |
|----------------------------------|-----------------------|-------------------------------|
| <b>LYCOPODIOPSIDA</b>            |                       |                               |
| <b>Lycopodiaceae</b>             |                       |                               |
| <i>Diphasiastrum alpinum</i>     | Alpine Clubmoss       | Occasional. Mountain turf     |
| <i>Huperzia selago</i>           | Fir Clubmoss          | Frequent. Acidic pasture      |
| <i>Lycopodiella annotinum</i>    | Interrupted Clubmoss  | Local. Almend                 |
| <i>Lycopodium clavatum</i>       | Stag's-horn Clubmoss  | Local. Above Grutschalp       |
| <b>Selaginellaceae</b>           |                       |                               |
| <i>Selaginella selaginoides</i>  | Lesser Clubmoss       | Occasional in turf            |
| <b>EQUISETOPSIDA</b>             |                       |                               |
| <b>Equisetaceae</b>              |                       |                               |
| <i>Equisetum arvense</i>         | Field Horsetail       | Meadows and tracksides        |
| <i>Equisetum fluviatile</i>      | Water Horsetail       | Rare in pools                 |
| <i>Equisetum palustre</i>        | Marsh Horsetail       | Wet pasture                   |
| <i>Equisetum sylvaticum</i>      | Wood Horsetail        | Woods and damp pasture        |
| <b>PTEROPSIDA</b>                |                       |                               |
| <b>Aspleniaceae</b>              |                       |                               |
| <i>Asplenium adiantum-nigrum</i> | Black Spleenwort      | Shady cliffs                  |
| <i>Asplenium ruta-muraria</i>    | Wall-rue              | Walls                         |
| <i>Asplenium scolopendrium</i>   | Hart's-tongue         | Lowland woods                 |
| <i>Asplenium septentrionale</i>  | Forked Spleenwort     | Rare, on rocks                |
| <i>Asplenium trichomanes</i>     | Maidenhair Spleenwort | Walls and cliffs              |
| <i>Asplenium viride</i>          | Green Spleenwort      | Mountain rocks                |
| <b>Blechnaceae</b>               |                       |                               |
| <i>Blechnum spicant</i>          | Hard-fern             | Locally common                |
| <b>Dennstaedtiaceae</b>          |                       |                               |
| <i>Pteridium aquilinum</i>       | Bracken               | Valley woodland               |
| <b>Dryopteridaceae</b>           |                       |                               |
| <i>Dryopteris affinis</i>        | Scaly Male-fern       | Widespread                    |
| <i>Dryopteris carthusiana</i>    | Narrow Buckler-fern   | Damp scrub                    |
| <i>Dryopteris dilatata</i>       | Broad Buckler-fern    | Frequent                      |
| <i>Dryopteris expansa</i>        | Northern Buckler-fern | Damp scrub                    |
| <i>Dryopteris filix-mas</i>      | Male-fern             | Widespread                    |
| <i>Dryopteris villarii</i>       | Rigid Buckler-fern    | Limestone rocks. Oberberghorn |
| <i>Gymnocarpium dryopteris</i>   | Oak Fern              | Woods and rocks. Local        |
| <i>Gymnocarpium robertianum</i>  | Limestone Fern        | Limestone rocks. Oberberghorn |
| <i>Polystichum aculeatum</i>     | Hard Shield-fern      | Woods. Occasional             |
| <i>Polystichum lonchitis</i>     | Holly-fern            | Mountain rocks                |
| <b>Ophioglossaceae</b>           |                       |                               |
| <i>Botrychium lunaria</i>        | Moonwort              | Short turf. Widespread        |

| Latin Name   | Common Name   | Notes   |
|--|---|---|
| <i>Botrychium virginianum</i>  |   | Rare. Trummelbach   |
| <b>Polypodiaceae</b><br><i>Polypodium vulgare</i>  | <b>Polypody Family</b><br>Common Polypody   | Occasional on rocks   |
| <b>Pteridaceae</b><br><i>Cryptogramma crispa</i>   | <b>Maidenhair Fern Family</b><br>Parsley Fern   | Acidic rocks  |
| <b>Thelypteridaceae</b><br><i>Oreopteris limbosperma</i><br><i>Phegopteris connectilis</i>   | <b>Marsh Fern Family</b><br>Lemon-scented Fern<br>Beech Fern  | Green Alder scrub and woods<br>Woods. Occasional  |
| <b>Woodsiaceae</b><br><i>Athyrium distentifolium</i><br><i>Athyrium filix-femina</i><br><i>Cystopteris alpina</i><br><i>Cystopteris fragilis</i><br><i>Cystopteris montana</i><br><i>Woodsia alpina</i>            | <b>Lady-fern Family</b><br>Alpine Lady-fern<br>Lady-fern<br>Alpine Bladder-fern<br>Brittle Bladder-fern<br>Mountain Bladder-fern<br>Alpine Woodsia      | Mountain woods. Above Murren<br>Occasional<br>Rare. Grutschalp, Eiger<br>Frequent on rocks<br>Local. Trummelbach<br>Rare. Almendhubel |
| <b>PINOPSIDA</b>   | <b>CONIFERS</b>   |   |
| <b>Cupressaceae</b><br><i>Juniperus communis</i> subsp. <i>nana</i>  | <b>Juniper Family</b><br>Common Juniper   | Mountain pasture  |
| <b>Pinaceae</b><br><i>Abies alba</i><br><i>Larix decidua</i><br><i>Picea abies</i><br><i>Pinus cembra</i><br><i>Pinus mugo</i><br><i>Pinus sylvestris</i><br><i>Pinus uncinata</i><br><i>Pseudotsuga menziesii</i> | <b>Pine Family</b><br>European Silver-fir<br>Larch<br>Norway Spruce<br>Arolla Pine<br>Dwarf Mountain-pine<br>Scots Pine<br>Mountain Pine<br>Douglas Fir | Forests<br>Occasional<br>Forests<br>Occasional<br>Tree-line<br>Widespread<br>Occasional<br>Forest below Wengen                        |
| <b>Taxaceae</b><br><i>Taxus baccata</i>  | <b>Yew Family</b><br>Yew  | Occasional. Forest  |
| <b>MAGNOLIOPSIDA</b>   | <b>FLOWERING PLANTS</b>   |   |
| <b>MAGNOLIIDAE</b>   | <b>DICOTYLEDONS</b>   |   |
| <b>Aceraceae</b><br><i>Acer campestre</i><br><i>Acer platanoides</i><br><i>Acer pseudoplatanus</i>   | <b>Maple Family</b><br>Field Maple<br>Norway Maple<br>Sycamore  | Frequent<br>Occasional<br>Common  |
| <b>Adoxaceae</b><br><i>Adoxa moschatellina</i>   | <b>Moschatel Family</b><br>Moschatel  | Rare. Mannlichen  |
| <b>Apiaceae</b><br><i>Aegopodium podagraria</i><br><i>Astrantia major</i>  | <b>Carrot Family</b><br>Ground Elder<br>Astrantia   | Below Wengen<br>Meadows   |



| Latin Name  | Common Name                   | Notes                        |
|---|-------------------------------|------------------------------|
| <i>Astrantia minor</i>                            | Lesser Astrantia              | Locally common               |
| <i>Athamanta cretensis</i>                        | Athamanta                     | Rocky places and moraine     |
| <i>Bupleurum stellatum</i>                        | Starry Hare's-ear             | Mountain rocks               |
| <i>Chaerophyllum hirsutum</i>                     | Hairy Chervil                 | Woods                        |
| <i>Heracleum sphondylium</i>                      | Hogweed                       | Common                       |
| <i>Imperatoria ostruthium</i>                     | Masterwort                    | Common                       |
| <i>Laserpitium latifolium</i>                     | Broad-leaved Sermountain      | Trummelbach                  |
| <i>Ligusticum mutellina</i>                       | Alpine Lovage                 | Mountain pasture             |
| <i>Ligusticum mutellinoides</i>                   | Unbranched Lovage             | High-mountain pasture        |
| <i>Pimpinella major</i>                           | Greater Burnet-saxifrage      | Common                       |
| <i>Pimpinella saxifraga</i>                       | Burnet-saxifrage              | Meadows                      |
| <i>Sanicula europaea</i>                          | Sanicle                       | Lowland woods                |
| <b>Araliaceae</b>                                 | <b>Ivy Family</b>             |                              |
| <i>Hedera helix</i>                               | Ivy                           | Occasional                   |
| <b>Asclepiadaceae</b>                             | <b>Milkweed Family</b>        |                              |
| <i>Vincetoxicum hirsundinaria</i>                 | Swallow-wort                  | Frequent                     |
| <b>Asteraceae</b>                                 | <b>Daisy Family</b>           |                              |
| <i>Adenostyles alliariae</i>                      | Adenostyles                   | Green Alder scrub            |
| <i>Adenostyles glabra</i>                         | Hairless Adenostyles          | Scree. Oberberghorn          |
| <i>Achillea atrata</i>                            | Dark-stemmed Sneezewort       | Frequent on limestone        |
| <i>Achillea erba-rotta</i> subsp. <i>moschata</i> | Musk Milfoil                  | Acidic mountain pasture      |
| <i>Achillea millefolium</i>                       | Yarrow                        | Meadows                      |
| <i>Antennaria carpatica</i>                       | Carpathian Cat's-foot         | Occasional. Mountain pasture |
| <i>Antennaria dioica</i>                          | Cat's-foot                    | Common                       |
| <i>Arnica montana</i>                             | Arnica                        | Common                       |
| <i>Artemisia umbelliformis</i>                    | Yellow Genipi                 | Mountain rocks. Mannlichen   |
| <i>Aster alpinus</i>                              | Alpine Aster                  | Mountain rocks and turf      |
| <i>Aster bellidiastrum</i>                        | False Aster                   | Common                       |
| <i>Bellis perennis</i>                            | Daisy                         | Frequent                     |
| <i>Carduus defloratus</i>                         | Alpine Thistle                | Common                       |
| <i>Carlina acaulis</i>                            | Stemless Carlina Thistle      | Mountain pasture             |
| <i>Centaurea montana</i>                          | Mountain Cornflower           | Meadows                      |
| <i>Centaurea scabiosa</i>                         | Greater Knapweed              | Meadows                      |
| <i>Cicerbita alpina</i>                           | Alpine Blue-sowthistle        | Forests and scrub            |
| <i>Cirsium acaule</i>                             | Dwarf Thistle                 | Mountain pasture             |
| <i>Cirsium oleraceum</i>                          | Cabbage Thistle               | Common below Wengen          |
| <i>Cirsium spinosissimum</i>                      | Spiniest Thistle              | Mountain pasture             |
| <i>Crepis aurea</i>                               | Golden Hawk's-beard           | Meadows                      |
| <i>Crepis paludosa</i>                            | Marsh Hawk's-beard            | Wet meadows                  |
| <i>Doronicum grandiflorum</i>                     | Large-flowered Leopard's-bane | Scree                        |
| <i>Erigeron alpinus</i>                           | Alpine Fleabane               | Mountain rocks. Local        |
| <i>Erigeron annuus</i>                            | Annual Fleabane               | Wilderswil                   |
| <i>Erigeron neglectus</i>                         | Neglected Fleabane            | Mountain rocks. Local        |
| <i>Erigeron uniflorus</i>                         | One-flowered Fleabane         | Mountain rocks. Local        |
| <i>Eupatorium cannabinum</i>                      | Hemp Agrimony                 | Lowland                      |
| <i>Gnaphthodium norvegicum</i>                    | Norwegian Cudweed             | Occasional                   |
| <i>Gnaphthodium supinum</i>                       | Dwarf Cudweed                 | Snowbeds                     |
| <i>Hieracium angustifolium</i>                    | Glacier Hawkweed              | Occasional                   |
| <i>Hieracium aurantiacum</i>                      | Orange Hawkweed               | Wengen                       |
| <i>Hieracium lactucella</i>                       | A Hawkweed                    | Common                       |

| Latin Name   | Common Name                    | Notes                     |
|--|--------------------------------|---------------------------|
| <i>Hieracium murorum</i>                           | A Hawkweed                     | Occasional                |
| <i>Hieracium pilosella</i>                         | Mouse-ear Hawkweed             | Common                    |
| <i>Hieracium villosum</i>                          | Hairy Hawkweed                 | Mannlichen                |
| <i>Homogyne alpina</i>                             | Alpine Colt's-foot             | Mountain turf. Common     |
| <i>Hypochaeris uniflora</i>                        | Giant Cat's-ear                | Mannlichen                |
| <i>Lapsana communis</i>                            | Nipplewort                     | Below Wengen              |
| <i>Leontodon helveticus</i>                        | Swiss Hawkbit                  | Mountain turf. Common     |
| <i>Leontodon hispidus</i>                          | Alpine Hawkbit                 | Acidic pasture            |
| <i>Leucanthemopsis alpina</i>                      | Alpine Moon Daisy              | Acidic mountain turf      |
| <i>Leucanthemum vulgare</i>                        | Ox-eye Daisy                   | Meadows                   |
| <i>Mycelis muralis</i>                             | Wall Lettuce                   | Walls                     |
| <i>Petasites albus</i>                             | White Butterbur                | Mannlichen                |
| <i>Petasites paradoxus</i>                         | Alpine Butterbur               | Mountain pasture          |
| <i>Prenanthes purpurea</i>                         | Purple Lettuce                 | Common. Forests           |
| <i>Saussurea alpina</i>                            | Alpine Saw-wort                | Mountain turf             |
| <i>Senecio doricum</i>                             | Chamois Ragwort                | Limestone rocks and scree |
| <i>Senecio ovatus</i>                              | Wood Ragwort                   | Forests                   |
| <i>Solidago virgaurea</i>                          | Goldenrod                      | Mountain pasture          |
| <i>Taraxacum alpinum</i>                           | Alpine Dandelion               | Moraines                  |
| <i>Taraxacum officinale</i>                        | Dandelion                      | Widespread                |
| <i>Tragopogon pratensis</i>                        | Goat's-beard                   | Meadows                   |
| <i>Tussilago farfara</i>                           | Colt's-foot                    | Damp places. Widespread   |
| <b>Balsaminaceae</b>                               | <b>Balsam Family</b>           |                           |
| <i>Impatiens parviflora</i> †                      | Small Balsam                   | Woods below Wengen        |
| <b>Betulaceae</b>                                  | <b>Birch Family</b>            |                           |
| <i>Alnus glutinosa</i>                             | Common Alder                   | Valleys, by rivers        |
| <i>Alnus viridis</i>                               | Green Alder                    | Wet mountain slopes       |
| <i>Betula pendula</i>                              | Silver Birch                   | Widespread                |
| <i>Betula pubescens</i>                            | Downy Birch                    | Frequent                  |
| <b>Boraginaceae</b>                                | <b>Borage Family</b>           |                           |
| <i>Asperugo procumbens</i>                         | Madwort                        | Waste ground              |
| <i>Cerinthe minor</i>                              | Lesser Honeywort               | Occasional. Wengen        |
| <i>Echium vulgare</i>                              | Viper's Bugloss                | Below Wengen              |
| <i>Myosotis alpestris</i>                          | Alpine Forget-me-not           | Common                    |
| <b>Brassicaceae</b>                                | <b>Cabbage Family</b>          |                           |
| <i>Alliaria petiolata</i>                          | Garlic Mustard                 | Tracksides                |
| <i>Arabis alpina</i> subsp. <i>alpina</i>          | Alpine Rock-cress              | Mountain rocks            |
| <i>Arabis bellidifolia</i>                         | Dwarf Rock-cress               | Alpine rocks              |
| <i>Arabis caerulea</i>                             | Blue Rock-cress                | Screes and moraines       |
| <i>Arabis hirsuta</i>                              | Hairy Rock-cress               | Limestone rocks           |
| <i>Arabis soyeri</i> subsp. <i>subcoriacea</i>     | Soyer's Rock-cress             | Mountain rocks            |
| <i>Biscutella laevigata</i>                        | Buckler Mustard                | Mountain turf and moraine |
| <i>Capsella bursa-pastoris</i>                     | Shepherd's-purse               | Widespread                |
| <i>Cardamine alpina</i>                            | Alpine Bitter-cress            | Mountain rocks            |
| <i>Cardamine amara</i>                             | Large Bitter-cress             | Streamsides               |
| <i>Cardamine hirsuta</i>                           | Hairy Bitter-cress             | Occasional                |
| <i>Cardamine pentaphyllos</i>                      | Five-leaflet Bitter-cress      | Uncommon. Damp forest     |
| <i>Cardamine pratensis</i> subsp. <i>pratensis</i> | Lady's Smock                   | Wet places                |
| <i>Cardamine resedifolia</i>                       | Mignonette-leaved Bitter-cress | Mountain rocks            |

| Latin Name   | Common Name               | Notes                    |
|--|---------------------------|--------------------------|
| <i>Draba aizoides</i>                                    | Yellow Whitlowgrass       | Moraine                  |
| <i>Draba dubia</i>                                       | Austrian Whitlowgrass     | Rocky places             |
| <i>Draba tomentosa</i>                                   | Wooly Whitlowgrass        | Rocks. Almendhubel       |
| <i>Erophila verna</i>                                    | Spring Whitlowgrass       | Occasional               |
| <i>Hesperis matronalis</i> †                             | Dame's Violet             | Garden escape            |
| <i>Hugueninia tanacetifolia</i> †                        | Tansy-leaved Rocket       | Alpine Garden            |
| <i>Kernera saxatilis</i>                                 | Rock Kernera              | Rocks.                   |
| <i>Pritzelago alpina</i>                                 | Chamois Cress             | Mountain rocks and scree |
| <i>Pseudoturritis turrita</i>                            | Tower Cress               | Lowland rocks            |
| <i>Sisymbrium austriacum</i>                             | Austrian Rocket           | Waste places             |
| <i>Thlaspi perfoliatum</i>                               | Perfoliate Penny-cress    | Near habitation          |
| <i>Thlaspi rotundifolium</i> subsp. <i>rotundifolium</i> | Round-leaved Penny-cress  | Moraines and screes      |
| <b>Campanulaceae</b>                                     | <b>Bellflower Family</b>  |                          |
| <i>Campanula barbata</i>                                 | Bearded Bellflower        | Mountain turf            |
| <i>Campanula cochlearifolia</i>                          | Fairy's-thimble           | Screes                   |
| <i>Campanula glomerata</i>                               | Clustered Bellflower      | Occasional               |
| <i>Campanula rhomboidalis</i>                            | Broad-leaved Bellflower   | Common in meadows        |
| <i>Campanula rotundifolia</i>                            | Harebell                  | Common                   |
| <i>Campanula scheuchzeri</i>                             | Scheuchzer's Bellflower   | Mountain turf            |
| <i>Campanula thyrsoides</i>                              | Yellow Bellflower         | Schynige Platte          |
| <i>Campanula trachelium</i>                              | Nettle-leaved Bellflower  | Woods                    |
| <i>Phyteuma betonicifolium</i>                           | Betony-leaved Rampion     | Acidic pasture           |
| <i>Phyteuma orbiculare</i>                               | Round-headed Rampion      | Meadows. Frequent        |
| <i>Phyteuma spicatum</i>                                 | Spiked Rampion            | Meadows. Frequent        |
| <b>Cannabaceae</b>                                       | <b>Hop Family</b>         |                          |
| <i>Humulus lupulus</i>                                   | Hop                       | Below Wengen             |
| <b>Caprifoliaceae</b>                                    | <b>Honeysuckle Family</b> |                          |
| <i>Lonicera alpigena</i>                                 | Alpine Honeysuckle        | Occasional. Forests      |
| <i>Lonicera caerulea</i>                                 | Blue-berried Honeysuckle  | Green Alder scrub        |
| <i>Lonicera nigra</i>                                    | Black-berried Honeysuckle | Woods                    |
| <i>Lonicera xylostium</i>                                | Fly Honeysuckle           | Woods                    |
| <i>Sambucus ebulus</i>                                   | Dwarf Elder               | Lowland. Wilderswil      |
| <i>Sambucus nigra</i>                                    | Common Elder              | Woods                    |
| <i>Sambucus racemosa</i>                                 | Alpine Elder              | Occasional. Rocky places |
| <i>Viburnum lantana</i>                                  | Wayfaring-tree            | Woods below Wengen       |
| <i>Viburnum opulus</i>                                   | Guelder-rose              | Woods below Wengen       |
| <b>Caryophyllaceae</b>                                   | <b>Pink Family</b>        |                          |
| <i>Arenaria biflora</i>                                  | Two-flowered Sandwort     | Screes                   |
| <i>Arenaria ciliata</i>                                  | Ciliate-leaved Sandwort   | Screes                   |
| <i>Cerastium alpinum</i>                                 | Alpine Mouse-ear          | Mountain turf            |
| <i>Cerastium arvense</i>                                 | Field Mouse-ear           | Frequent                 |
| <i>Cerastium cerastoides</i>                             | Starwort Mouse-ear        | Rocks and pasture        |
| <i>Cerastium fontanum</i>                                | Common Mouse-ear          | Common                   |
| <i>Cerastium glomeratum</i>                              | Sticky Mouse-ear          | Waste places             |
| <i>Cerastium latifolium</i>                              | Broad-leaved Mouse-ear    | Moraines and screes      |
| <i>Dianthus barbatus</i> †                               | Sweet-William             | Garden escape            |
| <i>Dianthus superbus</i> †                               | Large Pink                | Below Almend             |
| <i>Dianthus sylvestris</i>                               | Wood Pink                 | Rocks. Local             |
| <i>Gypsophila repens</i>                                 | Alpine Gypsophila         | Frequent                 |

| Latin Name   | Common Name                    | Notes                  |
|--|--------------------------------|------------------------|
| <i>Minuartia sedoides</i>                                  | Mossy Cyphel                   | Alpine turf            |
| <i>Minuartia verna</i>                                     | Vernal Sandwort                | Rocky places           |
| <i>Moehringia ciliata</i>                                  | Creeping Sandwort              | Screes                 |
| <i>Moehringia muscosa</i>                                  | Mossy Sandwort                 | Shady places. Local    |
| <i>Sagina procumbens</i>                                   | Procumbent Pearlwort           | Common                 |
| <i>Sagina saginoides</i>                                   | Alpine Pearlwort               | Alpine turf and scree  |
| <i>Saponaria ocymoides</i>                                 | Rock Soapwort                  | Cliffs below Wengen    |
| <i>Silene acaulis</i>                                      | Moss Champion                  | Mountain turf          |
| <i>Silene dioica</i>                                       | Red Champion                   | Frequent. Meadows      |
| <i>Silene exscapa</i>                                      | Stemless Moss Champion         | Mountain turf          |
| <i>Silene flos-cuculi</i>                                  | Ragged-Robin                   | Wet flushes            |
| <i>Silene nutans</i>                                       | Nottingham Catchfly            | Occasional. Rocks      |
| <i>Silene pratensis</i>                                    | White Champion                 | Occasional. Tracksides |
| <i>Silene rupestris</i>                                    | Rock Champion                  | Common on rocks        |
| <i>Silene vulgaris</i>                                     | Bladder Champion               | Occasional. Meadows    |
| <i>Stellaria graminea</i>                                  | Lesser Stitchwort              | Occasional             |
| <i>Stellaria holostea</i>                                  | Greater Stichwort              | Occasional             |
| <i>Stellaria media</i>                                     | Common Chickweed               | Occasional             |
| <i>Stellaria nemorum</i>                                   | Wood Stitchwort                | Woods                  |
| <b>Chenopodiaceae</b>                                      | <b>Goosefoot Family</b>        |                        |
| <i>Chenopodium album</i>                                   | Fat-hen                        | Occasional weed        |
| <i>Chenopodium bonus-henricus</i>                          | Good-King-Henry                | Frequent weed          |
| <b>Cistaceae</b>   | <b>Rockrose Family</b>         |                        |
| <i>Helianthemum nummularium</i> subsp. <i>grandiflorum</i> | Large-flowered Common Rockrose | Common                 |
| <i>Helianthemum oelandicum</i> subsp. <i>alpestre</i>      | Alpine Rockrose                | Frequent               |
| <b>Cornaceae</b>   | <b>Dogwood Family</b>          |                        |
| <i>Cornus sanguinea</i>                                    | Dogwood                        | Woods                  |
| <b>Corylaceae</b>  | <b>Hazel Family</b>            |                        |
| <i>Corylus avellana</i>                                    | Hazel                          | Woods                  |
| <b>Crassulaceae</b>  | <b>Stonecrop Family</b>        |                        |
| <i>Rhodiola rosea</i> †                                    | Roseroot                       | Alpine Garden          |
| <i>Sedum acre</i>  | Biting Stonecrop               | Occasional             |
| <i>Sedum album</i>   | White Stonecrop                | Walls. Wengen          |
| <i>Sedum alpestre</i>                                      | Alpine Stonecrop               | Mountain rocks         |
| <i>Sedum atratum</i>                                       | Dark Stonecrop                 | Mountain rocks         |
| <i>Sedum dasyphyllum</i>                                   | Thick-leaved Stonecrop         | Walls and rocks        |
| <i>Sedum spurium</i> †                                     | Caucasian Stonecrop            | Wengen                 |
| <i>Sedum reflexum</i>                                      | Rock Stonecrop                 | Occasional. Rocks      |
| <i>Sedum rubens</i>  | Reddish Stonecrop              | Rocks                  |
| <i>Sedum sexangulare</i> †                                 | Tasteless Stonecrop            | Walls. Wengen          |
| <i>Sempervivum montanum</i>                                | Mountain Houseleek             | Common on rocks        |
| <i>Sempervivum tectorum</i>                                | Common Houseleek               | Frequent on rocks      |
| <b>Cuscutaceae</b>   | <b>Dodder Family</b>           |                        |
| <i>Cuscuta epithymum</i>                                   | Common Dodder                  | Frequent               |

| Latin Name  | Common Name   | Notes  |
|---|---|--|
| <b>Dipsacaceae</b><br><i>Scabiosa lucida</i>  | <b>Teasel Family</b><br>Shining Scabious  | Meadows  |
| <b>Empetraceae</b><br><i>Empetrum nigrum</i> subsp. <i>hermaphroditum</i>   | <b>Crowberry Family</b><br>Hermaphrodite Crowberry  | Acidic heaths  |
| <b>Ericaceae</b><br><i>Arctostaphylos alpinus</i><br><i>Arctostaphylos uva-ursi</i><br><i>Calluna vulgaris</i><br><i>Erica carnea</i><br><i>Kalmia procumbens</i><br><i>Rhododendron ferrugineum</i><br><i>Rhododendron hirsutum</i><br><i>Vaccinium myrtillus</i><br><i>Vaccinium uliginosum</i><br><i>Vaccinium vitis-idaea</i>   | <b>Heather Family</b><br>Alpine Bearberry<br>Bearberry<br>Ling<br>Spring Heath<br>Trailing Azalea<br>Alpenrose<br>Hairy Alpenrose<br>Bilberry<br>Bog Whortleberry<br>Cowberry   | Occasional. Mountain turf<br>Acidic heaths<br>Frequent<br>Frequent on limestone<br>Acidic heaths<br>Common<br>Common on limestone<br>Common<br>Common<br>Common  |
| <b>Euphorbiaceae</b><br><i>Euphorbia cyparissias</i><br><i>Mercurialis perennis</i>   | <b>Spurge Family</b><br>Cypress Spurge<br>Dog's Mercury   | Frequent on limestone<br>Woods   |
| <b>Fabaceae</b><br><i>Anthyllis vulneraria</i> subsp. <i>alpestris</i><br><i>Astragalus alpinus</i><br><i>Astragalus australis</i><br><i>Astragalus frigidus</i><br><i>Astragalus penduliflorus</i><br><i>Coronilla emerus</i><br><i>Coronilla vaginalis</i><br><i>Hedysarum hedysaroides</i><br><i>Hippocrepis comosa</i><br><i>Lathyrus aphaca</i><br><i>Lathyrus laevigatus</i> subsp. <i>occidentalis</i><br><i>Lathyrus pratensis</i><br><i>Lotus alpinus</i><br><i>Lotus corniculatus</i><br><i>Lotus uliginosus</i><br><i>Medicago lupulina</i><br><i>Medicago sativa</i> ‡<br><i>Melilotus albus</i><br><i>Melilotus indicus</i><br><i>Onobrychis arenaria</i><br><i>Onobrychis montana</i><br><i>Onobrychis viciifolia</i><br><i>Ononis repens</i><br><i>Oxytropis campestris</i><br><i>Oxytropis jacquinii</i><br><i>Oxytropis lapponica</i><br><i>Robinia pseudoacacia</i> ‡<br><i>Securigera varia</i><br><i>Trifolium alpinum</i><br><i>Trifolium badium</i> | <b>Pea Family</b><br>Alpine Kidney Vetch<br>Alpine Milk-vetch<br>Southern Milk-vetch<br>Pallid Milk-vetch<br>Mountain Lentil<br>False Senna<br>Small Scorpion-vetch<br>Alpine Sainfoin<br>Horseshoe Vetch<br>Yellow Vetchling<br>Yellow Pea<br>Meadow Vetchling<br>Alpine Bird's-foot-trefoil<br>Bird's-foot-trefoil<br>Greater Bird's-foot-trefoil<br>Black Medick<br>Lucerne<br>White Melilot<br>Small Melilot<br>Small Sainfoin<br>Mountain Sainfoin<br>Sainfoin<br>Common Restharrow<br>Yellow Milk-vetch<br>Mountain Milk-vetch<br>Northern Milk-vetch<br>False Acacia<br>Crown Vetch<br>Alpine Clover<br>Brown Clover | Mountain pasture<br>Mountain turf<br>Mountain turf<br>Limestone cliffs<br>Limestone cliffs. Oberberghorn<br>Occasional. Wilderswil<br>Cliffs below Wengen<br>Mountain pasture<br>Common<br>Meadows<br>Green Alder scrub. Grutschalp<br>Meadows<br>Mountain turf<br>Meadows<br>Wet meadows<br>Common<br>Occasional weed<br>Lowland<br>Lowland<br>Occasional<br>Mountain pasture<br>Occasional<br>Below Wengen<br>Locally common<br>Moraines. Local<br>Moraines. Local<br>Lowlands<br>Wilderswil<br>Common<br>Mountain meadows |

| Latin Name                     | Common Name                  | Notes                         |
|--------------------------------|------------------------------|-------------------------------|
| <i>Trifolium montanum</i>      | Mountain Clover              | Mountain pasture              |
| <i>Trifolium pratense</i>      | Red Clover                   | Meadows                       |
| <i>Trifolium repens</i>        | White Clover                 | Frequent                      |
| <i>Trifolium thalii</i>        | Thal's Clover                | Mountain turf and scree       |
| <i>Vicia cracca</i>            | Tufted Vetch                 | Frequent                      |
| <i>Vicia sepium</i>            | Bush Vetch                   | Occasional                    |
| <i>Vicia sylvatica</i>         | Wood Vetch                   | Woods                         |
| <b>Fagaceae</b>                | <b>Beech Family</b>          |                               |
| <i>Castanea sativa</i> ‡       | Sweet Chestnut               | Occasional                    |
| <i>Fagus sylvatica</i>         | Beech                        | Valley forest                 |
| <i>Quercus petraea</i>         | Sessile Oak                  | Frequent. Woods               |
| <i>Quercus robur</i>           | Pedunculate Oak              | Occasional                    |
| <b>Gentianaceae</b>            | <b>Gentian Family</b>        |                               |
| <i>Gentiana acaulis</i>        | Trumpet Gentian              | Mountain pasture              |
| <i>Gentiana asclepiadea</i>    | Willow Gentian               | Woods on limestone            |
| <i>Gentiana bavarica</i>       | Bavarian Gentian             | Marshes                       |
| <i>Gentiana brachyphylla</i>   | Short-leaved Gentian         | Alpine turf                   |
| <i>Gentiana clusii</i>         | Clusius' Gentian             | Limestone pasture             |
| <i>Gentiana lutea</i>          | Great Yellow Gentian         | Mountain pasture              |
| <i>Gentiana nivalis</i>        | Snow Gentian                 | Occasional. Mountain pasture  |
| <i>Gentiana purpurea</i>       | Purple Gentian               | Green Alder scrub and pasture |
| <i>Gentiana verna</i>          | Spring Gentian               | Mountain pasture              |
| <b>Geraniaceae</b>             | <b>Crane's-bill Family</b>   |                               |
| <i>Geranium pyrenaicum</i>     | Pyrenean Crane's-bill        | Common                        |
| <i>Geranium robertianum</i>    | Herb Robert                  | Common                        |
| <i>Geranium sylvaticum</i>     | Wood Crane's-bill            | Common                        |
| <b>Globulariaceae</b>          | <b>Globularia Family</b>     |                               |
| <i>Globularia cordifolia</i>   | Matted Globularia            | Frequent                      |
| <i>Globularia nudicaulis</i>   | Leafless-stemmed Globularia  | Frequent                      |
| <b>Hypericaceae</b>            | <b>St John's-wort Family</b> |                               |
| <i>Hypericum maculatum</i>     | Imperforate St John's-wort   | Frequent                      |
| <b>Juglandaceae</b>            | <b>Walnut Family</b>         |                               |
| <i>Juglans regia</i> ‡         | Walnut                       | Occasional                    |
| <b>Lamiaceae</b>               | <b>Dead-nettle Family</b>    |                               |
| <i>Ajuga pyramidalis</i>       | Pyramidal Bugle              | Locally common                |
| <i>Ajuga reptans</i>           | Common Bugle                 | Common                        |
| <i>Betonica officinalis</i>    | Betony                       | Meadows                       |
| <i>Clinopodium alpinum</i>     | Alpine Calamint              | Occasional. Rocky banks       |
| <i>Clinopodium vulgare</i>     | Wild Basil                   | Frequent                      |
| <i>Galeopsis tetrahit</i>      | Common Hemp-nettle           | Occasional                    |
| <i>Glechoma hederacea</i>      | Ground-ivy                   | Woods                         |
| <i>Lamiumstrum galeobdolon</i> | Yellow Archangel             | Woods                         |
| <i>Lamium maculatum</i>        | Spotted Dead-nettle          | Occasional                    |
| <i>Lamium purpureum</i>        | Red Dead-nettle              | Occasional                    |
| <i>Origanum vulgare</i>        | Marjoram                     | Occasional. Meadows           |
| <i>Prunella grandiflora</i>    | Large-flowered Self-heal     | Meadows. Trummelbach          |

| Latin Name                        | Common Name                      | Notes                   |
|-----------------------------------|----------------------------------|-------------------------|
| <i>Prunella vulgaris</i>          | Self-heal                        | Common                  |
| <i>Salvia glutinosa</i>           | Sticky Clary                     | Forest. Wilderwil       |
| <i>Salvia pratensis</i>           | Meadow Clary                     | Meadows. Trummelbach    |
| <i>Stachys alpina</i>             | Alpine Woundwort                 | Below Wengen            |
| <i>Stachys sylvatica</i>          | Hedge Woundwort                  | Woods                   |
| <i>Teucrium chamaedrys</i>        | Wall Germander                   | Below Wengen            |
| <i>Teucrium montanum</i>          | Mountain Germander               | Trummelbach             |
| <i>Teucrium scorodonia</i>        | Wood Sage                        | Woods                   |
| <i>Thymus polytrichus</i>         | Wild Thyme                       | Common                  |
| <i>Thymus pulegioides</i>         | Large Thyme                      | Meadows                 |
| <b>Lentibulariaceae</b>           | <b>Butterwort Family</b>         |                         |
| <i>Pinguicula alpina</i>          | Alpine Butterwort                | Mountain rocks and turf |
| <i>Pinguicula vulgaris</i>        | Common Butterwort                | Wet turf                |
| <b>Linaceae</b>                   | <b>Flax Family</b>               |                         |
| <i>Linum alpinum</i>              | Alpine Flax                      | Wengernalp              |
| <i>Linum catharticum</i>          | Fairy Flax                       | Common                  |
| <b>Monotropaceae</b>              | <b>Bird's-nest Family</b>        |                         |
| <i>Monotropa hypopitys</i>        | Yellow Bird's-nest               | Rare. Forests           |
| <b>Oleaceae</b>                   | <b>Ash Family</b>                |                         |
| <i>Fraxinus excelsior</i>         | Ash                              | Lowland                 |
| <i>Ligustrum vulgare</i>          | Wild Privet                      | Lowland                 |
| <b>Onagraceae</b>                 | <b>Willowherb Family</b>         |                         |
| <i>Chamerion angustifolium</i>    | Rosebay Willowherb               | Occasional              |
| <i>Epilobium alpestre</i>         | Whorled-leaved Willowherb        | Frequent                |
| <i>Epilobium alsinifolium</i>     | Chickweed Willowherb             | Frequent                |
| <i>Epilobium anagallidifolium</i> | Alpine Willowherb                | Frequent                |
| <i>Epilobium montanum</i>         | Broad-leaved Willowherb          | Occasional              |
| <b>Orobanchaceae</b>              | <b>Broomrape Family</b>          |                         |
| <i>Orobanche alba</i>             | Thyme Broomrape                  | Occasional              |
| <i>Orobanche caryophyllacea</i>   | Clove-scented Broomrape          | Occasional              |
| <b>Oxalidaceae</b>                | <b>Wood-sorrel Family</b>        |                         |
| <i>Oxalis acetosella</i>          | Wood-sorrel                      | Shaded rocks            |
| <b>Papaveraceae</b>               | <b>Poppy Family</b>              |                         |
| <i>Meconopsis cambrica</i>        | Welsh Poppy                      | Occasional              |
| <i>Papaver rhoeas</i>             | Common Poppy                     | Occasional. Lowland     |
| <b>Parnassiaceae</b>              | <b>Grass-of-Parnassus Family</b> |                         |
| <i>Parnassia palustris</i>        | Grass-of-Parnassus               | Damp flushes            |
| <b>Plantaginaceae</b>             | <b>Plantain Family</b>           |                         |
| <i>Plantago alpina</i>            | Alpine Plantain                  | Mountain turf           |
| <i>Plantago atrata</i>            | Dark Plantain                    | Mountain turf           |
| <i>Plantago major</i>             | Greater Plantain                 | Occasional              |
| <i>Plantago media</i>             | Hoary Plantain                   | Occasional              |
| <i>Plantago lanceolata</i>        | Ribwort Plantain                 | Occasional              |

| Latin Name  | Common Name                | Notes                           |
|---|----------------------------|---------------------------------|
| <i>Plantago serpentina</i>  | Fleshy Plantain            | Frequent                        |
| <b>Polygalaceae</b>   | <b>Milkwort Family</b>     |                                 |
| <i>Polygala alpestris</i>   | Mountain Milkwort          | Common                          |
| <i>Polygala alpina</i>  | Alpine Milkwort            | Mountain turf                   |
| <i>Polygala chamaebuxus</i>   | Shrubby Milkwort           | Frequent on rocks               |
| <i>Polygala vulgaris</i>  | Common Milkwort            | Frequent                        |
| <b>Polygonaceae</b>   | <b>Dock Family</b>         |                                 |
| <i>Fallopia japonica</i> †  | Japanese Knotweed          | Lowland                         |
| <i>Oxyria digyna</i>  | Mountain Sorrel            | Mountain rocks and scree        |
| <i>Persicaria bistorta</i>  | Common Bistort             | Damp pasture                    |
| <i>Persicaria vivipara</i>  | Alpine Bistort             | Common. Mountain turf           |
| <i>Rumex acetosa</i>  | Common Sorrel              | Widespread                      |
| <i>Rumex acetosella</i>   | Sheep's Sorrel             | Acidic pasture                  |
| <i>Rumex alpestris</i>  | Mountain Dock              | Mountain pasture                |
| <i>Rumex alpinus</i>  | Monk's-rhubarb             | Disturbed mountain pasture      |
| <i>Rumex obtusifolius</i>   | Broad-leaved Dock          | Occasional                      |
| <i>Rumex scutatus</i>   | French Sorrel              | Rocks and scree                 |
| <b>Primulaceae</b>  | <b>Primrose Family</b>     |                                 |
| <i>Androsace chamaejasme</i>  | Ciliate Rock-jasmine       | Frequent                        |
| <i>Androsace helvetica</i>  | Swiss Rock-jasmine         | Alpine cliffs                   |
| <i>Androsace obtusifolia</i>  | Blunt-leaved Rock-jasmine  | Acidic turf                     |
| <i>Androsace pubescens</i>  | Hairy Rock-jasmine         | Rare. Mountain rocks            |
| <i>Lysimachia nemorum</i>   | Yellow Pimpernel           | Damp woods                      |
| <i>Primula auricula</i>   | Auricula                   | Mountain rocks and turf         |
| <i>Primula elatior</i>  | Oxlip                      | Snowbeds                        |
| <i>Primula farinosa</i>   | Bird's-eye Primrose        | Mountain turf                   |
| <i>Primula hirsuta</i>  | Hairy Primrose             | Acidic rocks                    |
| <i>Primula x pubescens</i> ( <i>P. auricula</i> x <i>P. hirsuta</i> ) | A hybrid Primrose          | Eiger                           |
| <i>Primula veris</i>  | Cowslip                    | Below Wengen                    |
| <i>Soldanella alpina</i>  | Alpine Snowbell            | Common                          |
| <i>Soldanella pusilla</i>   | Dwarf Snowbell             | Very rare in snowbed. Tschuggen |
| <b>Pyrolaceae</b>   | <b>Wintergreen Family</b>  |                                 |
| <i>Moneses uniflora</i>   | One-flowered Wintergreen   | Forest                          |
| <i>Orthilia secunda</i>   | Serrated Wintergreen       | Forest                          |
| <i>Pyrola minor</i>   | Lesser Wintergreen         | Forest                          |
| <b>Ranunculaceae</b>  | <b>Buttercup Family</b>    |                                 |
| <i>Aconitum lycotonum</i> subsp. <i>vulparia</i>                      | Wolf's-bane                | Frequent. Forest                |
| <i>Aconitum napellus</i> agg.   | Monk's-hood                | Damp meadows                    |
| <i>Actaea spicata</i>   | Baneberry                  | Woods                           |
| <i>Anemone narcissiflora</i>  | Narcissus-flowered Anemone | Mountain pasture                |
| <i>Anemone nemorosa</i>   | Wood Anemone               | Woods                           |
| <i>Aquilegia alpina</i>   | Alpine Columbine           | Rare. Biglenalp, Eiger          |
| <i>Aquilegia atrata</i>   | Dark Columbine             | Forest and meadows              |
| <i>Caltha palustris</i>   | Marsh-marigold             | Flushes and streamsides         |
| <i>Clematis alpina</i> †  | Alpine Clematis            | Alpine Garden                   |
| <i>Clematis vitalba</i>   | Old Man's Beard            | Common. Lowland                 |
| <i>Delphinium elatum</i>  | Alpine Larkspur            | Occasional                      |



| Latin Name                                       | Common Name                | Notes                         |
|--|----------------------------|-------------------------------|
| <i>Hepatica nobilis</i>                          | Liverleaf                  | Woodland                      |
| <i>Pulsatilla alpina</i> subsp. <i>alpina</i>    | Alpine Pasqueflower        | Frequent on limestone         |
| <i>Pulsatilla alpina</i> subsp. <i>apiifolia</i> | Alpine Pasqueflower        | Frequent on acidic soils      |
| <i>Pulsatilla vernalis</i>                       | Spring Pasqueflower        | Locally common                |
| <i>Ranunculus aconitifolius</i>                  | Aconite-leaved Buttercup   | Locally common                |
| <i>Ranunculus acris</i>                          | Meadow Buttercup           | Common                        |
| <i>Ranunculus alpestris</i>                      | Alpine Buttercup           | Snowbeds. Common              |
| <i>Ranunculus glacialis</i>                      | Glacier Crowfoot           | Alpine screes. Eiger          |
| <i>Ranunculus kuepferi</i>                       | Kupfer's Buttercup         | Locally common                |
| <i>Ranunculus montanus</i>                       | Mountain Buttercup         | Mountain pasture              |
| <i>Ranunculus parnassifolius</i> †               | Parnassus-leaved Buttercup | Alpine Garden                 |
| <i>Ranunculus repens</i>                         | Creeping Buttercup         | Occasional. Meadows           |
| <i>Thalictrum alpinum</i>                        | Alpine Meadow-rue          | Uncommon. Alpine turf         |
| <i>Thalictrum aquilegifolium</i>                 | Great Meadow-rue           | Mountain meadows              |
| <i>Thalictrum foetidum</i>                       | Stinking Meadow-rue        | Trummelbach                   |
| <i>Trollius europaeus</i>                        | Globeflower                | Common                        |
| <b>Rhamnaceae</b>                                | <b>Buckthorn Family</b>    |                               |
| <i>Rhamnus alpinus</i>                           | Alpine Buchthorn           | Rocky places                  |
| <i>Rhamnus pumilus</i>                           | Dwarf Buckthorn            | Limestone rocks. Oberberghorn |
| <b>Rosaceae</b>                                  | <b>Rose Family</b>         |                               |
| <i>Agrimonia eupatoria</i>                       | Agrimony                   | Occasional. Lowland           |
| <i>Alchemilla alpina</i>                         | Alpine Lady's-mantle       | Common                        |
| <i>Alchemilla conjuncta</i>                      | Silver Lady's-mantle       | Frequent                      |
| <i>Alchemilla glabra</i>                         | Smooth Lady's-mantle       | Frequent                      |
| <i>Alchemilla pentaphyllea</i>                   | Cut-leaved Lady's-mantle   | Snowbeds                      |
| <i>Alchemilla vulgaris</i> agg.                  | Lady's-mantle              | Frequent                      |
| <i>Alchemilla xanthochlora</i>                   | Pale Lady's-mantle         | Frequent                      |
| <i>Aruncus dioicus</i>                           | Goat's-beard Spiraea       | Woods. Below Wengen           |
| <i>Cotoneaster integerrima</i>                   | Wild Cotoneaster           | Mountain rocks. Oberberghorn  |
| <i>Crataegus monogyna</i>                        | Hawthorn                   | Woods                         |
| <i>Dryas octopetala</i>                          | Mountain Avens             | Mountain rocks and scree      |
| <i>Filipendula ulmaria</i>                       | Meadowsweet                | Lowland meadows               |
| <i>Fragaria vesca</i>                            | Wild Strawberry            | Woods and pasture             |
| <i>Geum montanum</i>                             | Alpine Avens               | Mountain turf                 |
| <i>Geum rivale</i>                               | Water Avens                | Occasional. Wet pasture       |
| <i>Geum urbanum</i>                              | Herb Bennet                | Woods                         |
| <i>Potentilla aurea</i>                          | Golden Cinquefoil          | Occasional. Mountain turf     |
| <i>Potentilla crantzii</i>                       | Alpine Cinquefoil          | Common. Mountain turf         |
| <i>Potentilla erecta</i>                         | Tormentil                  | Acidic turf                   |
| <i>Potentilla sterilis</i>                       | Barren Strawberry          | Frequent                      |
| <i>Poterium sanguisorba</i>                      | Salad Burnet               | Widespread                    |
| <i>Prunus avium</i>                              | Wild Cherry                | Woods                         |
| <i>Rosa canina</i>                               | Dog-rose                   | Below Wengen                  |
| <i>Rosa glauca</i>                               | Blue-leaved Rose           | Occasional                    |
| <i>Rosa micrantha</i>                            | Small-flowered Sweet-briar | Occasional                    |
| <i>Rosa pendulina</i>                            | Alpine Rose                | Frequent. Mountains           |
| <i>Rosa rubiginosa</i>                           | Sweet-briar                | Below Wengen                  |
| <i>Rubus idaeus</i>                              | Raspberry                  | Woods                         |
| <i>Rubus saxatilis</i>                           | Stone Bramble              | Occasional. Rocky places      |
| <i>Sibbaldia procumbens</i>                      | Sibbaldia                  | Snowbeds                      |
| <i>Sorbus aria</i>                               | Whitebeam                  | Occasional. Woods             |

| Latin Name                                      | Common Name                       | Notes                     |
|---|-----------------------------------|---------------------------|
| <i>Sorbus aucuparia</i>                         | Rowan                             | Woods                     |
| <i>Sorbus chamaemespilus</i>                    | False Medlar                      | Mountain pasture          |
| <b>Rubiaceae</b>                                | <b>Madder Family</b>              |                           |
| <i>Asperula cynanchica</i>                      | Squinancywort                     | Occasional                |
| <i>Cruciata laevipes</i>                        | Crosswort                         | Meadows                   |
| <i>Galium anisophyllum</i>                      | Dwarf Bedstraw                    | Frequent                  |
| <i>G. megalospermum</i>                         | Swiss Bedstraw                    | Moraines                  |
| <i>G. mollugo</i>                               | Hedge Bedstraw                    | Meadows                   |
| <i>Galium odoratum</i>                          | Woodruff                          | Woods                     |
| <i>Galium pumilum</i>                           | Slender Bedstraw                  | Frequent                  |
| <i>Galium verum</i>                             | Lady's Bedstraw                   | Meadows                   |
| <b>Salicaceae</b>                               | <b>Willow Family</b>              |                           |
| <i>Populus alba</i>                             | White Poplar                      | Lowland                   |
| <i>Populus tremula</i>                          | Aspen                             | Occasional                |
| <i>Salix aurita</i>                             | Eared Willow                      | Widespread                |
| <i>Salix breviserrata</i>                       | Finely-toothed Willow             | Occasional                |
| <i>Salix caprea</i>                             | Goat Willow                       | Lowland                   |
| <i>Salix foetida</i>                            | Stinking Willow                   | Locally common            |
| <i>Salix hastata</i>                            | Large-stipuled Willow             | Local. Lauberhorn         |
| <i>Salix glaucosericea</i>                      | Silky Willow                      | Local. Lauberhorn         |
| <i>Salix hegetschweileri</i>                    | Alpine Willow                     | Mountain turf             |
| <i>Salix helvetica</i> †                        | Swiss Willow                      | Garden. Murren            |
| <i>Salix herbacea</i>                           | Least Willow                      | Mountain turf             |
| <i>Salix laggeri</i>                            | Lagger's Willow                   | Local. Lauberhorn         |
| <i>Salix myrsinites</i>                         | Whortle-leaved Willow             | Mountain turf             |
| <i>Salix reticulata</i>                         | Net-leaved Willow                 | Alpine rocks and turf     |
| <i>Salix retusa</i>                             | Retuse-leaved Willow              | Alpine rocks and turf     |
| <i>Salix serpyllifolia</i>                      | Thyme-leaved Willow               | Alpine rocks and turf     |
| <i>Salix viminalis</i>                          | Osier                             | Lowland. Riversides       |
| <b>Santalaceae</b>                              | <b>Bastard-toadflax Family</b>    |                           |
| <i>Thesium alpinum</i>                          | Alpine Bastard-toadflax           | Occasional. Pasture       |
| <i>Thesium pyrenaicum</i>                       | Pyrenean Bastard-toadflax         | Uncommon. Pasture         |
| <b>Saxifragaceae</b>                            | <b>Saxifrage Family</b>           |                           |
| <i>Chrysosplenium alternifolium</i>             | Alternate-leaved Golden-saxifrage | Occasional                |
| <i>Saxifraga aizoides</i>                       | Yellow Mountain Saxifrage         | Wet turf and moraine      |
| <i>Saxifraga androsacea</i>                     | Scree Saxifrage                   | Damp scree and snowbeds   |
| <i>Saxifraga aspera</i>                         | Rough Saxifrage                   | Occasional. Rocks         |
| <i>Saxifraga bryoides</i>                       | Mossy Saxifrage                   | Acidic rocks              |
| <i>Saxifraga caesia</i>                         | Blue Saxifrage                    | Limestone rocks and scree |
| <i>Saxifraga exarata</i> subsp. <i>moschata</i> | Musky Saxifrage                   | Mountain rocks            |
| <i>Saxifraga oppositifolia</i>                  | Purple Saxifrage                  | Rocks, moraine and scree  |
| <i>Saxifraga paniculata</i>                     | Livelong Saxifrage                | Rocks                     |
| <i>Saxifraga rotundifolia</i>                   | Round-leaved Saxifrage            | Damp shaded rocks         |
| <i>Saxifraga stellaris</i>                      | Starry Saxifrage                  | Acidic flushes            |
| <b>Scrophulariaceae</b>                         | <b>Figwort Family</b>             |                           |
| <i>Bartsia alpina</i>                           | Alpine Bartsia                    | Mountain turf             |
| <i>Cymbalaria muralis</i>                       | Ivy-leaved Toadflax               | Occasional on walls       |

| Latin Name   | Common Name                  | Notes                    |
|--|------------------------------|--------------------------|
| <i>Digitalis grandiflora</i>                         | Large Yellow Foxglove        | Local. Forest            |
| <i>Digitalis lutea</i>                               | Small Yellow Foxglove        | Local. Forest            |
| <i>Erinus alpinus</i>                                | Fairy Foxglove               | Frequent                 |
| <i>Euphrasia minima</i>                              | Dwarf Eyebright              | Local. Mountain pasture  |
| <i>Euphrasia officinalis</i> subsp. <i>monticola</i> | Montane Eyebright            | Mountain pasture         |
| <i>Euphrasia officinalis</i> subsp. <i>pratensis</i> | Rostkov's Eyebright          | Meadows                  |
| <i>Linaria alpina</i>                                | Alpine Toadflax              | Moraine and scree        |
| <i>Melampyrum sylvaticum</i>                         | Small Cow-wheat              | Forest                   |
| <i>Pedicularis ascendens</i>                         | Ascending Lousewort          | Limestone turf           |
| <i>Pedicularis foliosa</i>                           | Leafy Lousewort              | Local. Limestone pasture |
| <i>Pedicularis kernerii</i>                          | Kerner's Lousewort           | Alpine turf              |
| <i>Pedicularis oederi</i>                            | Crimson-tipped Lousewort     | Alpine turf              |
| <i>Pedicularis recutita</i>                          | Beakless Red Lousewort       | Local. Mountain turf     |
| <i>Pedicularis tuberosa</i>                          | Long-beaked Yellow Lousewort | Acidic turf              |
| <i>Pedicularis verticillata</i>                      | Whorled Lousewort            | Mountain turf            |
| <i>Rhinanthus alectorolophus</i>                     | Greater Yellow-rattle        | Common. Meadows          |
| <i>Rhinanthus minor</i>                              | Yellow-rattle                | Uncommon. Pasture        |
| <i>Vebasium nigrum</i>                               | Dark Mullein                 | Lowland                  |
| <i>Veronica alpina</i>                               | Alpine Speedwell             | Stony mountain pasture   |
| <i>Veronica aphylla</i>                              | Leafless-stemmed Speedwell   | Stony mountain pasture   |
| <i>Veronica beccabunga</i>                           | Brooklime                    | Wet places               |
| <i>Veronica bellidioides</i>                         | Violet Speedwell             | Acidic pasture           |
| <i>Veronica chamaedrys</i>                           | Germander Speedwell          | Below Wengen             |
| <i>Veronica fruticans</i>                            | Rock Speedwell               | Mountain rocks           |
| <i>Veronica fruticososa</i>                          | A Rock Speedwell             | Oberberghorn             |
| <i>Veronica officinalis</i>                          | Heath Speedwell              | Woods                    |
| <i>Veronica serpyllifolia</i>                        | Thyme-leaved Speedwell       | Frequent                 |
| <i>Veronica urticifolia</i>                          | Nettle-leaved Speedwell      | Woods                    |
| <b>Solanaceae</b>                                    | <b>Nightshade Family</b>     |                          |
| <i>Atropa bella-donna</i>                            | Deadly Nightshade            | Forest. Wilderwil        |
| <b>Thymelaeaceae</b>                                 | <b>Mezereon Family</b>       |                          |
| <i>Daphne mezereum</i>                               | Mezereon                     | Local. Mountain pasture  |
| <b>Tiliaceae</b>                                     | <b>Lime Family</b>           |                          |
| <i>Tilia cordata</i>                                 | Small-leaved Lime            | Lowland                  |
| <i>Tilia platyphyllos</i>                            | Large-leaved Lime            | Lowland                  |
| <b>Ulmaceae</b>                                      | <b>Elm Family</b>            |                          |
| <i>Ulmus glabra</i>                                  | Wych Elm                     | Valley woods             |
| <b>Urticaceae</b>                                    | <b>Nettle Family</b>         |                          |
| <i>Urtica dioica</i>                                 | Common Nettle                | Widespread               |
| <b>Valerianaceae</b>                                 | <b>Valerian Family</b>       |                          |
| <i>Valeriana dioica</i>                              | Marsh Valerian               | Wet pasture              |
| <i>Valeriana officinalis</i>                         | Common Valerian              | Damp meadows             |
| <i>Valeriana tripteris</i>                           | Three-leaved Valerian        | Woods                    |
| <b>Violaceae</b>                                     | <b>Violet Family</b>         |                          |
| <i>Viola biflora</i>                                 | Yellow Wood Violet           | Common                   |
| <i>Viola calcarata</i>                               | Long-spurred Pansy           | Locally common           |

| Latin Name                                    | Common Name                  | Notes                           |
|---|------------------------------|---------------------------------|
| <i>Viola cenisia</i>                          | Mt Cenis Pansy               | Moraine and scree               |
| <i>Viola lutea</i>                            | Mountain Pansy               | Locally common                  |
| <i>Viola palustris</i>                        | Marsh Violet                 | Common                          |
| <i>Viola riviniana</i>                        | Common Dog-violet            | Common                          |
| <i>Viola tricolor</i>                         | Wild Pansy                   | Local                           |
| <b>LILIIDAE</b>                               | <b>MONOCOTYLEDONS</b>        |                                 |
| <b>Amaryllidaceae</b>                         | <b>Daffodil Family</b>       |                                 |
| <i>Allium schoenoprasum</i>                   | Chives                       | Occasional. Mountains           |
| <i>Allium scordoprasum</i>                    | Sand Leek                    | Uncommon. Meadows. Trummelbach  |
| <i>Allium victorialis</i>                     | Alpine Leek                  | Uncommon. Mountain pasture      |
| <b>Asparagaceae</b>                           | <b>Asparagus Family</b>      |                                 |
| <i>Anthericum ramosum</i>                     | Branched St Bernard's Lily   | Trummelbach                     |
| <i>Convallaria majalis</i>                    | Lily-of-the-Valley           | Limestone cliffs and scree      |
| <i>Maianthemum bifolium</i>                   | May Lily                     | Mountain woods                  |
| <i>Paradisea liliastrum</i>                   | St Bruno's Lily              | Local. Mountain pasture         |
| <i>Polygonatum odoratum</i>                   | Angular Solomon's-seal       | Limestone cliffs and scree      |
| <i>Polygonatum verticillatum</i>              | Whorled Solomon's-seal       | Occasional. Forests             |
| <b>Colchicaceae</b>                           | <b>Meadow Saffron Family</b> |                                 |
| <i>Colchicum autumnale</i>                    | Meadow Saffron               | Meadows below Wengen            |
| <b>Cyperaceae</b>                             | <b>Sedge Family</b>          |                                 |
| <i>Carex atrata</i>                           | Black Alpine Sedge           | Wet mountain pasture            |
| <i>Carex canescens</i>                        | White Sedge                  | Wet mountain pasture            |
| <i>Carex capillaris</i>                       | Hair Sedge                   | Wet mountain pasture            |
| <i>Carex caryophyllea</i>                     | Spring Sedge                 | Dry pasture                     |
| <i>Carex curvula</i>                          | Curved Sedge                 | Dominant. Mountain turf         |
| <i>Carex davalliana</i>                       | Davall's Sedge               | Wet calcareous turf             |
| <i>Carex echinata</i>                         | Star Sedge                   | Frequent                        |
| <i>Carex ferruginea</i>                       | Rusty Sedge                  | Dominant. Limestone turf        |
| <i>Carex flacca</i>                           | Glaucous Sedge               | Common                          |
| <i>Carex flava</i>                            | Yellow Sedge                 | Marshes                         |
| <i>Caex nigra</i>                             | Black Sedge                  | Common                          |
| <i>Carex panicea</i>                          | Carnation Sedge              | Common                          |
| <i>Carex rostrata</i>                         | Bottle Sedge                 | Pond margins                    |
| <i>Carex sempervirens</i>                     | Evergreen Sedge              | Mountain grassland on limestone |
| <i>Eriophorum angustifolium</i>               | Common Cottongrass           | Wet flushes and bogs            |
| <i>Eriophorum scheuchzeri</i>                 | Scheuchzer's Cottongrass     | Occasional. Bogs                |
| <b>Iridaceae</b>                              | <b>Iris Family</b>           |                                 |
| <i>Crocus vernus</i> subsp. <i>albiflorus</i> | Spring Crocus                | Common                          |
| <b>Juncaceae</b>                              | <b>Rush Family</b>           |                                 |
| <i>Juncus alpinoarticulatus</i>               | Alpine Rush                  | Wet mountain pasture            |
| <i>Juncus jacquinii</i>                       | Jacquin's Rush               | Wet mountain pasture            |
| <i>Juncus trifidus</i>                        | Three-leaved Rush            | Acidic mountain turf            |
| <i>Juncus triglumis</i>                       | Three-flowered Rush          | Acidic mountain turf            |
| <i>Luzula alpinopilosa</i>                    | Alpine Wood-rush             | Mountain turf                   |
| <i>Luzula lutea</i>                           | Yellow Wood-rush             | Mountain turf                   |
| <i>Luzula multiflora</i>                      | Heath Wood-rush              | Mountain turf                   |

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|--|-------------------------------|----------------------------|
| <i>Luzula spicata</i>  | Spiked Wood-rush              | Mountain turf              |
| <i>Luzula sylvatica</i>  | Great Wood-rush               | Woods                      |
| <b>Liliaceae</b>   | <b>Lily Family</b>            |                            |
| <i>Gagea fistulosa</i>   | A Yellow Star-of-Bethlehem    | Uncommon. Mountain turf    |
| <i>Gagea serotina</i>  | Snowdon Lily                  | Mountain turf              |
| <i>Lilium martagon</i>   | Martagon Lily                 | Woods                      |
| <i>Streptopus amplexifolius</i>  | Streptopus                    | Occasional. Forests        |
| <b>Melanthiaceae</b>   | <b>Herb-Paris Family</b>      |                            |
| <i>Paris quadrifolia</i>   | Herb-Paris                    | Local. Woods               |
| <i>Veratrum album</i>  | White False-helleborine       | Mountain pasture           |
| <b>Orchidaceae</b>   | <b>Orchid Family</b>          |                            |
| <i>Cephalanthera longifolia</i>  | Narrow-leaved Helleborine     | Frequent. Woods            |
| <i>Cephalanthera rubra</i>   | Red Helleborine               | Local                      |
| <i>Chamorchis alpina</i>   | Dwarf Orchid                  | Local                      |
| <i>Coeloglossum viride</i>   | Frog Orchid                   | Frequent                   |
| <i>Corallorhiza trifida</i>  | Coralroot Orchid              | Local. Forests             |
| <i>Cypripedium calceolus</i>   | Lady's-slipper                | Local                      |
| <i>Dactylorhiza fuchsii</i>  | Common Spotted-orchid         | Damp base-rich soils       |
| <i>Dactylorhiza maculata</i>   | Heath Spotted-orchid          | Acidic soils               |
| <i>Dactylorhiza majalis</i>  | Broad-leaved Marsh-orchid     | Common                     |
| <i>Epipactis atrorubens</i>  | Dark-red Helleborine          | Frequent. Forests          |
| <i>Epipactis helleborine</i>   | Broad-leaved Helleborine      | Frequent. Forests          |
| <i>Gymnadenia conopsea</i>   | Fragrant-orchid               | Common                     |
| <i>Gymnadenia odoratissima</i>   | Short-spurred Fragrant-orchid | Local                      |
| <i>Gymnadenia rhellicani</i>   | Vanilla Orchid                | Locally common             |
| <i>Gymnadenia x suaveolens</i> ( <i>G.conopsea</i> x <i>G.rhellicani</i> ) | A hybrid orchid               | Local                      |
| <i>Neotinea ustulata</i>   | Burnt Orchid                  | Uncommon. Mountain pasture |
| <i>Neottia cordata</i>   | Lesser Twayblade              | Locally common             |
| <i>Neottia nidus-avis</i>  | Bird's-nest Orchid            | Frequent. Forests          |
| <i>Neottia ovata</i>   | Twayblade                     | Locally common             |
| <i>Ophrys insectifera</i>  | Fly Orchid                    | Rare. Trummelbach          |
| <i>Orchis mascula</i>  | Early-purple Orchid           | Common                     |
| <i>Platanthera bifolia</i>   | Lesser Butterfly-orchid       | Locally frequent. Forests  |
| <i>Platanthera chlorantha</i>  | Greater Butterfly-orchid      | Local. Woods               |
| <i>Pseudorchis albida</i>  | Small-white Orchid            | Common. Mountain turf      |
| <i>Traunsteinera globosa</i>   | Round-headed Orchid           | Local                      |
| <b>Poaceae</b>   | <b>Grass Family</b>           |                            |
| <i>Agropyron repens</i>  | Common Couch                  | Occasional                 |
| <i>Agrostis capillaris</i>   | Common Bent                   | Common                     |
| <i>Anthoxanthum alpinum</i>  | Alpine Vernal-grass           | Frequent. Mountain turf    |
| <i>Anthoxanthum odoratum</i>   | Sweet Vernal-grass            | Common                     |
| <i>Arrhenatherum elatius</i>   | False Oat-grass               | Common                     |
| <i>Brachypodium sylvaticum</i>   | False Brome                   | Woods                      |
| <i>Briza media</i>   | Quaking-grass                 | Locally common             |
| <i>Bromus hordeaceus</i>   | Soft Brome                    | Frequent                   |
| <i>Bromus sterilis</i>   | Barren Brome                  | Frequent                   |
| <i>Cynosurus cristatus</i>   | Crested Dog's-tail            | Common                     |
| <i>Dactylis glomerata</i>  | Cock's-foot                   | Common                     |

| Latin Name                   | Common Name           | Notes                      |
|------------------------------|-----------------------|----------------------------|
| <i>Deschampsia cespitosa</i> | Tufted Hair-grass     | Wet mountain pasture       |
| <i>Deschampsia flexuosa</i>  | Wavy Hair-grass       | Acidic mountain turf       |
| <i>Festuca ovina</i>         | Sheep's-fescue        | Common                     |
| <i>Festuca rubra</i>         | Red Fescue            | Common                     |
| <i>Festuca violacea</i>      | Violet Fescue         | Mountain turf              |
| <i>Holcus lanatus</i>        | Yorkshire-fog         | Locally common             |
| <i>Holcus mollis</i>         | Creeping Soft-grass   | Locally common             |
| <i>Koeleria macrantha</i>    | Crested Hair-grass    | Frequent                   |
| <i>Lolium perenne</i>        | Perennial Rye-grass   | Frequent                   |
| <i>Melica uniflora</i>       | Wood Melick           | Woods                      |
| <i>Nardus stricta</i>        | Mat-grass             | Common                     |
| <i>Phleum alpinum</i>        | Alpine Timothy        | Frequent. Mountain pasture |
| <i>Phleum pratense</i>       | Timothy               | Common                     |
| <i>Poa alpina</i>            | Alpine Meadow-grass   | Common                     |
| <i>Poa annua</i>             | Annual Meadow-grass   | Common on trackways        |
| <i>Poa pratensis</i>         | Smooth Meadow-grass   | Common. Meadows            |
| <i>Poa nemoralis</i>         | Wood Meadow-grass     | Frequent                   |
| <i>Poa supina</i>            | Creeping Meadow-grass | Frequent                   |
| <i>Poa trivialis</i>         | Rough Meadow-grass    | Frequent                   |
| <i>Schedonorus pratensis</i> | Meadow Fescue         | Common                     |
| <i>Sesleria caerulea</i>     | Blue Moor-grass       | Common. Limestone pasture  |

**Tofieldiaceae***Tofieldia calyculata***Scottish Asphodel Family**

Tofield's Asphodel

Common

**Birds** (✓ = recorded but not counted; H = heard only)

|    | Common name            | Latin name                     | June |    |    |    |    |    |    |    |   |
|----|------------------------|--------------------------------|------|----|----|----|----|----|----|----|---|
|    |                        |                                | 15   | 16 | 17 | 18 | 19 | 20 | 21 | 22 |   |
| 1  | Mute Swan              | <i>Cygnus olor</i>             |      |    |    |    |    |    |    |    | ✓ |
| 2  | Mallard                | <i>Anas platyrhynchos</i>      | ✓    |    |    |    |    |    |    |    |   |
| 3  | Great Crested Grebe    | <i>Podiceps cristatus</i>      | ✓    |    |    |    |    |    |    |    |   |
| 4  | Red Kite               | <i>Milvus milvus</i>           | ✓    |    |    |    |    |    |    |    |   |
| 5  | Black Kite             | <i>Milvus migrans</i>          | ✓    |    |    |    |    | ✓  |    |    |   |
| 6  | Northern Goshawk       | <i>Accipiter gentilis</i>      |      |    |    |    |    |    |    |    | ✓ |
| 7  | Common Buzzard         | <i>Buteo buteo</i>             |      | ✓  |    | ✓  | ✓  |    |    |    |   |
| 8  | Golden Eagle           | <i>Aquila chrysaetos</i>       |      |    |    | ✓  | ✓  |    |    |    |   |
| 9  | Common Kestrel         | <i>Falco tinnunculus</i>       |      |    |    | ✓  |    |    |    |    |   |
| 10 | Eurasian Coot          | <i>Fulica atra</i>             | ✓    |    |    |    |    |    |    |    |   |
| 11 | Eurasian Collared Dove | <i>Streptopelia decaocto</i>   |      |    |    |    | ✓  |    |    |    |   |
| 12 | Tawny Owl              | <i>Strix aluco</i>             |      |    |    |    | H  |    |    |    |   |
| 13 | Common Cuckoo          | <i>Cuculus canorus</i>         |      | H  | H  | H  | ✓  | H  | H  |    |   |
| 14 | Common Swift           | <i>Apus apus</i>               | ✓    | ✓  |    | ✓  | ✓  | ✓  | ✓  | ✓  | ✓ |
| 15 | Eurasian Magpie        | <i>Pica pica</i>               | ✓    | ✓  |    |    | ✓  |    |    |    | ✓ |
| 16 | Spotted Nutcracker     | <i>Nucifraga caryocatactes</i> |      | ✓  |    | ✓  | ✓  |    | ✓  |    |   |
| 17 | Alpine Chough          | <i>Pyrrhocorax graculus</i>    |      |    | ✓  | ✓  | ✓  | ✓  | ✓  | ✓  |   |
| 18 | Carrion Crow           | <i>Corvus corone</i>           |      | ✓  | ✓  | ✓  | ✓  | ✓  | ✓  | ✓  |   |
| 19 | Northern Raven         | <i>Corvus corax</i>            |      |    | ✓  | ✓  |    | ✓  | ✓  |    |   |
| 20 | Coal Tit               | <i>Parus ater</i>              |      | ✓  |    | ✓  | ✓  | ✓  | ✓  |    |   |
| 21 | European Crested Tit   | <i>Lophophanes cristatus</i>   |      |    |    | H  |    |    |    |    |   |
| 22 | Great Tit              | <i>Parus major</i>             |      | ✓  | ✓  | ✓  | ✓  | ✓  | ✓  | ✓  |   |
| 23 | Eurasian Skylark       | <i>Alauda arvensis</i>         |      |    | ✓  |    |    |    |    |    |   |
| 24 | Eurasian Crag Martin   | <i>Ptyonoprogne rupestris</i>  |      | ✓  |    |    |    | ✓  | ✓  |    |   |

|    | Common name            | Latin name                     | June |    |    |    |    |    |    |    |
|----|------------------------|--------------------------------|------|----|----|----|----|----|----|----|
|    |                        |                                | 15   | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 25 | Barn Swallow           | <i>Hirundo rustica</i>         |      |    |    |    | ✓  |    |    |    |
| 26 | Common House Martin    | <i>Delichon urbicum</i>        |      | ✓  |    |    | ✓  |    |    |    |
| 27 | Common Chiffchaff      | <i>Phylloscopus collybita</i>  |      | H  |    | H  |    | H  |    |    |
| 28 | Eurasian Blackcap      | <i>Sylvia atricapilla</i>      |      | ✓  |    |    |    |    |    |    |
| 29 | Garden Warbler         | <i>Sylvia borin</i>            |      | H  |    |    |    |    |    |    |
| 30 | Common Firecrest       | <i>Regulus ignicapilla</i>     |      | H  |    |    |    |    |    |    |
| 31 | Goldcrest              | <i>Regulus regulus</i>         |      | ✓  |    | ✓  |    | H  |    |    |
| 32 | Eurasian Wren          | <i>Troglodytes troglodytes</i> |      |    |    | H  |    |    |    |    |
| 33 | Eurasian Nuthatch      | <i>Sitta europaea</i>          |      | ✓  |    |    |    |    |    | ✓  |
| 34 | Ring Ouzel             | <i>Turdus torquatus</i>        |      |    | ✓  |    | ✓  |    | ✓  |    |
| 35 | Common Blackbird       | <i>Turdus merula</i>           | ✓    | ✓  | ✓  | ✓  | ✓  | ✓  | ✓  |    |
| 36 | Fieldfare              | <i>Turdus pilaris</i>          | ✓    | ✓  | ✓  | ✓  | ✓  | ✓  | ✓  | ✓  |
| 37 | Song Thrush            | <i>Turdus philomelos</i>       |      | ✓  | ✓  | ✓  |    | ✓  | ✓  |    |
| 38 | Mistle Thrush          | <i>Turdus viscivorus</i>       |      |    |    | ✓  | ✓  |    |    |    |
| 39 | Black Redstart         | <i>Phoenicurus ochruros</i>    | ✓    | ✓  | ✓  | ✓  | ✓  | ✓  | ✓  |    |
| 40 | Spotted Flycatcher     | <i>Muscicapa striata</i>       |      | ✓  |    |    | ✓  | ✓  | ✓  |    |
| 41 | White-throated Dipper  | <i>Cinclus cinclus</i>         |      | ✓  |    |    |    |    |    |    |
| 42 | House Sparrow          | <i>Passer domesticus</i>       | ✓    | ✓  | ✓  | ✓  | ✓  | ✓  | ✓  |    |
| 43 | White-winged Snowfinch | <i>Montifringilla nivalis</i>  |      |    | ✓  |    |    |    | ✓  |    |
| 44 | Alpine Accentor        | <i>Prunella collaris</i>       |      |    | ✓  |    |    |    | ✓  |    |
| 45 | White Wagtail          | <i>Motacilla alba</i>          |      | ✓  | ✓  | ✓  | ✓  |    | ✓  |    |
| 46 | Tree Pipit             | <i>Anthus trivialis</i>        |      |    |    | ✓  |    | ✓  | ✓  |    |
| 47 | Water Pipit            | <i>Anthus spinoletta</i>       |      |    | ✓  | ✓  | ✓  | ✓  | ✓  |    |
| 48 | Common Chaffinch       | <i>Fringilla coelebs</i>       |      | ✓  | ✓  | ✓  | ✓  | ✓  | ✓  |    |
| 49 | European Serin         | <i>Serinus serinus</i>         |      | ✓  |    | ✓  | ✓  | ✓  | ✓  |    |
| 50 | European Goldfinch     | <i>Carduelis carduelis</i>     |      | ✓  |    |    |    | ✓  |    |    |
| 51 | Citril Finch           | <i>Carduelis citrinella</i>    |      | ✓  | ✓  |    | ✓  |    |    |    |
| 52 | Common Redpoll         | <i>Carduelis flammea</i>       |      |    |    | ✓  | ✓  |    |    |    |
| 53 | Common Linnet          | <i>Linaria cannabina</i>       |      |    |    | ✓  |    |    |    |    |
| 54 | Red Crossbill          | <i>Loxia curvirostra</i>       |      |    |    |    |    |    | H  |    |

## Mammals

|   |                |                            |  |   |   |   |   |   |   |  |
|---|----------------|----------------------------|--|---|---|---|---|---|---|--|
| 1 | Mole           | <i>Talpa europaea</i>      |  |   |   |   |   | ✓ |   |  |
| 2 | Red Squirrel   | <i>Sciurus vulgaris</i>    |  |   |   |   |   |   | ✓ |  |
| 3 | Alpine Marmot  | <i>Marmota marmota</i>     |  |   | ✓ |   | ✓ |   |   |  |
| 4 | Red Fox        | <i>Vulpes vulpes</i>       |  |   | ✓ |   |   |   |   |  |
| 5 | Roe Deer       | <i>Capreolus capreolus</i> |  |   |   |   |   | ✓ |   |  |
| 6 | Alpine Ibex    | <i>Capra ibex</i>          |  | ✓ |   | ✓ |   |   |   |  |
| 7 | Alpine Chamois | <i>Rupicapra rupicapra</i> |  |   | ✓ |   | ✓ |   |   |  |

## Reptiles

|   |               |                         |  |  |   |  |   |   |   |  |
|---|---------------|-------------------------|--|--|---|--|---|---|---|--|
| 1 | Common Lizard | <i>Zootoca vivipara</i> |  |  |   |  | ✓ | ✓ | ✓ |  |
| 2 | Adder         | <i>Vipera berus</i>     |  |  | ✓ |  |   |   |   |  |

## Amphibians

|   |                   |                          |  |  |   |   |  |   |  |  |
|---|-------------------|--------------------------|--|--|---|---|--|---|--|--|
| 1 | Common Frog       | <i>Rana temporaria</i>   |  |  |   |   |  | ✓ |  |  |
| 2 | Common Newt       | <i>Triturus vulgaris</i> |  |  |   | ✓ |  |   |  |  |
| 3 | Alpine Salamander | <i>Salamandra atra</i>   |  |  | ✓ |   |  |   |  |  |

|  | Common name | Latin name | June |    |    |    |    |    |    |
|--|-------------|------------|------|----|----|----|----|----|----|
|  |             |            | 15   | 16 | 17 | 18 | 19 | 20 | 21 |

## Butterflies

|    |                             |                               |  |   |   |   |   |   |   |  |
|----|-----------------------------|-------------------------------|--|---|---|---|---|---|---|--|
| 1  | Swallowtail                 | <i>Papilio machaon</i>        |  | ✓ |   | ✓ |   | ✓ | ✓ |  |
| 2  | Apollo                      | <i>Parnassius apollo</i>      |  | ✓ |   |   |   |   |   |  |
| 3  | Clouded Apollo              | <i>Parnassius mnemosyne</i>   |  |   |   | ✓ |   |   |   |  |
| 4  | Black-veined White          | <i>Aporia crataegi</i>        |  | ✓ |   | ✓ |   | ✓ |   |  |
| 5  | Large White                 | <i>Pieris brassicae</i>       |  |   |   |   | ✓ |   |   |  |
| 6  | Small White                 | <i>Pieris rapae</i>           |  | ✓ |   |   |   | ✓ | ✓ |  |
| 7  | Mountain Green-veined White | <i>Pieris bryoniae</i>        |  | ✓ |   |   |   |   | ✓ |  |
| 8  | Peak White                  | <i>Pontia callidice</i>       |  |   |   | ✓ |   | ✓ |   |  |
| 9  | Orange Tip                  | <i>Anthocharis cardamines</i> |  |   |   | ✓ | ✓ | ✓ | ✓ |  |
| 10 | Clouded Yellow              | <i>Colias crocea</i>          |  |   |   |   |   | ✓ |   |  |
| 11 | Green Hairstreak            | <i>Callophrys rubi</i>        |  |   |   | ✓ |   | ✓ | ✓ |  |
| 12 | Large Copper                | <i>Lycaena dispar</i>         |  | ✓ |   |   |   |   |   |  |
| 13 | Small Blue                  | <i>Cupido minimus</i>         |  |   |   |   | ✓ | ✓ | ✓ |  |
| 14 | Mazerine Blue               | <i>Cyaniris semiargus</i>     |  | ✓ |   |   |   |   |   |  |
| 15 | Osiris Blue                 | <i>Cupido osiris</i>          |  |   |   |   |   | ✓ |   |  |
| 16 | Brown Argus                 | <i>Aricia agestis</i>         |  |   |   | ✓ |   |   |   |  |
| 17 | Alpine Argus                | <i>Albulina orbitulus</i>     |  |   |   |   | ✓ |   |   |  |
| 18 | Adonis Blue                 | <i>Lysandra bellargus</i>     |  |   |   |   | ✓ |   |   |  |
| 19 | Red Admiral                 | <i>Vanessa atalanta</i>       |  |   |   |   |   | ✓ | ✓ |  |
| 20 | Large Tortoiseshell         | <i>Nymphalis polychlorus</i>  |  |   | ✓ |   |   |   |   |  |
| 21 | Small Tortoiseshell         | <i>Aglais urticae</i>         |  | ✓ |   | ✓ | ✓ | ✓ | ✓ |  |
| 22 | Comma                       | <i>Polygonia c-album</i>      |  |   |   |   |   | ✓ |   |  |
| 23 | Pearl-bordered Fritillary   | <i>Clossiana euphrosyne</i>   |  |   |   | ✓ | ✓ | ✓ | ✓ |  |
| 24 | False Heath Fritillary      | <i>Melitaea diamina</i>       |  | ✓ |   |   |   | ✓ |   |  |
| 25 | Marbled White               | <i>Melanargia galathea</i>    |  |   |   |   | ✓ |   |   |  |
| 26 | Water Ringlet               | <i>Erebia pronoe</i>          |  |   |   |   |   |   | ✓ |  |
| 27 | Meadow Brown                | <i>Maniola jurtina</i>        |  |   |   | ✓ |   |   |   |  |
| 28 | Alpine Heath                | <i>Coenonympha gardetta</i>   |  |   |   |   |   | ✓ |   |  |
| 29 | Speckled Wood               | <i>Pararge aegeria</i>        |  |   |   |   | ✓ |   |   |  |
| 30 | Wall Brown                  | <i>Lasiommata megera</i>      |  | ✓ |   |   |   |   |   |  |
| 31 | Large Wall Brown            | <i>Lasiommata maera</i>       |  |   |   |   | ✓ | ✓ |   |  |
| 32 | Dingy Skipper               | <i>Erynnis tages</i>          |  |   |   | ✓ | ✓ | ✓ |   |  |
| 33 | Grizzled Skipper            | <i>Pyrgus malvae</i>          |  |   |   | ✓ | ✓ | ✓ |   |  |

## Moths

|   |                       |                                 |  |   |   |  |   |   |  |  |
|---|-----------------------|---------------------------------|--|---|---|--|---|---|--|--|
| 1 | Hummingbird Hawk-moth | <i>Macroglossum stellatarum</i> |  | ✓ |   |  | ✓ | ✓ |  |  |
| 2 | Chimney Sweeper       | <i>Odezia atrata</i>            |  | ✓ |   |  |   |   |  |  |
| 3 | Lackey Moth           | <i>Malacosoma neustria</i>      |  |   | ✓ |  |   | ✓ |  |  |

## Dragonflies

|   |                    |                           |  |  |  |  |  |   |  |  |
|---|--------------------|---------------------------|--|--|--|--|--|---|--|--|
| 1 | White-faced Darter | <i>Leucorrhinia dubia</i> |  |  |  |  |  | ✓ |  |  |
|---|--------------------|---------------------------|--|--|--|--|--|---|--|--|