

Wengen - Alpine Flowers of the Swiss Alps

Naturetrek Tour Report

26 June - 3 July 2016

Report compiled by David Tattersfield



Naturetrek Mingledown Barn Wolf's Lane Chawton Alton Hampshire GU34 3HJ UK

T: +44 (0)1962 733051

E: info@naturetrek.co.uk

W: www.naturetrek.co.uk

Tour participants: David Tattersfield (leader) with 10 Naturetrek clients

Day 1

Sunday 26th June

We arrived in Zurich in the early afternoon and were soon enjoying the comfort of the intercity train. After changing at Bern, Spiez and Interlaken, we joined the regional train to Lauterbrunnen, following the glacial meltwaters of the Lutschine River, below high limestone cliffs. The last leg of the journey was on the delightful cog-wheel railway to Wengen, where we arrived at 7.30pm. It was just a short walk to our hotel, where a delicious evening meal was waiting for us. After discussing the plans for the exciting week ahead, we retired to bed.

Day 2

Monday 27th June

We woke to a sunny morning, with a variable amount of high cloud, a good prospect for going high. We took the 9.10am cable car to Mannlichen, high above the village. First of all, we identified the commoner plants along the cliff edge, which included the yellow *Primula auricula*, Moss Campion *Silene acaulis* and Net-leaved Willow *Salix reticulata*. We set off to explore a wide range of habitats, as we made our way slowly towards Mannlichen summit, at 2230 metres. An astonishing range of plants kept us busy. On north-facing banks and cliffs there was a rich flora, typical of areas where snow lies late into the season. This included a range of dwarf shrubs, such as Net-leaved Willow, Retuse-leaved Willow *Salix retusa* and Mountain Avens *Dryas octopetala*. Splashes of colour were provided by Bird's-eye Primrose *Primula farinosa*, Moss Campion *Silene acaulis*, Alpine Cinquefoil *Potentilla crantzii* and Spring Gentian *Gentiana verna*. More gems, including Snowdon Lily *Gagea serotina*, tight cushions of Swiss Rock-jasmine *Androsace helvetica*, Moschatel *Adoxa moschatellina* and the tiny rosettes of Dwarf Orchid *Chamorchis alpina*, were found in a steep gully. We continued our slow progress towards the summit, marvelling at the swathes of colour provided by purple Whorled Lousewort *Pedicularis verticillata* and blue Alpine Forget-me-not *Myosotis alpestris*. Near melting snow, we found our first Alpine Snowbells *Soldanella alpina*, and lovely stands of rich-yellow Globeflowers *Trollius europaeus* and pale yellow Alpine Pasque-flower *Pulsatilla alpina* subsp. *apiifolia* were scattered across the slopes. Just over the summit, we found Crimson-tipped Lousewort *Pedicularis oederi* and Alpine Bearberry *Arctostaphylos alpinus*, on the cold north-facing slopes.

We returned down the mountain for a coffee break at the Berghaus, while I went off to prepare lunch on a grassy knoll overlooking Grindelwald. From our vantage point, we had stunning views of the north faces of the Eiger and Monch, with Grindelwald far below and the Wetterhorn beyond. Around us were clumps of Trumpet Gentian *Gentiana acaulis* and, nearby, we found the last exquisite flowers of the Spring Pasqueflower *Pulsatilla vernalis*. We had seen Raven, Alpine Chough, Water Pipit and Ring Ouzel throughout the morning, and White-winged Snowfinch were nesting on the pylons of the ski-tows. For the rest of the afternoon, we followed an easy path down to Kleine Scheidegg. There were many more plants to find and identify and we made slow progress. There were beautiful plants of Hairy Primrose *Primula hirsuta*, including a pure white one, the rare Hairy Rock-jasmine *Androsace pubescens* and Alpine Butterwort *Pinguicula alpina*, on the cliffs. We caught the 6pm train back to Wengen and enjoyed a lovely pink glow over the Jungfrau during dinner.

Day 3

Tuesday 28th June

It remained sunny all day, with the temperature rising to a very pleasant 21°C. We took the short train ride to Wengernalp, where we started by exploring the vicinity of the station platform. We took a while to locate Frog

Orchid *Coeloglossum*, its muted colours blending well with its background. Over coffee, we were able to pick out a group of around 14 Alpine Chamois, on the opposite side of the valley, grazing on the cliffs below the Jungfrau. We walked down through colourful damp meadows to the new chair-lift at Wixi, where we found the deep-blue Bavarian Gentian *Gentiana bavarica* and pink Lady's Smock *Cardamine pratensis*, growing in wet flushes, together with lots of Broad-leaved Marsh-orchid *Dactylorhiza majalis*, its flowers and bracts of an intense deep purple. The descent to Biglenalp was over hard limestone bedrock and brought new flowers, most notably the blue *Globularia cordifolia* and Cypress Spurge *Euphorbia cyparissias*. Special plants encountered in the forest included Coralroot Orchid *Corallorhiza trifida*, One-flowered Wintergreen *Moneses uniflora* and May Lily *Maianthemum bifolium*.

We chose a sunny bank, close to the stream, to have our picnic: an idyllic spot with cows grazing contentedly, and views of the glistening ice-fields of the Jungfrau. Afterwards, we walked through the forest to a rocky hillside, where we found many plants of Lady's-slipper *Cypripedium calceolus*, in perfect condition. After they had been photographed from every angle, we set off down the valley, past Mettlenalp, a lovely walk through forest and pastures leading eventually back to Wengen, at around 6.40pm. Some of us took our time, finding Burnt Orchid *Neotinea ustulata* in the pasture and some dense colonies of Coralroot Orchid in the forest, arriving back an hour later. We had covered only four and a half miles, during the day, but our legs suggested otherwise.

Day 4

Wednesday 29th June

It was to be another sunny and warm day. We walked down to Lauterbrunnen, finding a new range of plants to interest us. In the forest were Herb-Paris *Paris quadrifolia* and Whorled Solomon's-seal *Polygonatum verticillatum*, and there were beautiful patches of Dark Columbine *Aquilegia atrata* and the large Cabbage Thistle *Cirsium oleraceum* in the meadows. We arrived in Lauterbrunnen, just after midday and had just enough time for a coffee break, before taking the bus to Trummelbach. We had lunch at a convenient picnic table, by the river, before visiting the Trummelbach Falls. The sights and sounds of the waterfalls were a memorable experience, and we marvelled at the ingenuity of the Swiss engineers who had constructed the access tunnels, 100 years previously. Special flora around the falls included Blue Saxifrage *Saxifraga caesia* and the rhizomatous Mountain Bladder-fern *Cystopteris montana*. We had a relaxing coffee break at the cafe, before most of the group set off to walk back down the valley to Lauterbrunnen, where they caught the train back to Wengen. Several of us decided on a more energetic option, involving climbing above the falls, to the top of the cliff, and walking back to Wengen. It was an exhilarating walk, taking four hours, but well worth the effort and very rewarding in terms of the plants we encountered. Sword-leaved Helleborine and Lesser Butterfly Orchid were very common in the forest but the undoubted highlights were Red Helleborine *Cephalanthera rubra* and Fly Orchid *Ophrys insectifera*, both rare and protected species in Switzerland.

Day 5

Thursday 30th June

We took the train down to Lauterbrunnen and the cable car up the steep valley side to Grutschalp, where we boarded another train to Murren, high on the edge of the cliff, opposite the Trummelbach Falls. It was another lovely sunny morning, with unobstructed views of the famous trio of peaks from a completely different angle. After a short stroll through the village, we took the funicular railway to Almendhubel, where we continued to enjoy the view, over morning coffee. The vegetation on this side of the valley provided a complete contrast to that we had seen previously. Tall herbs and marshy ground predominated, with thickets of Green Alder *Alnus viridis* and a luxuriant growth of ferns. Stony pasture was home to miniature rock gardens, with a number of

interesting plants and Mountain Pansy *Viola lutea* was common, in a variety of colour combinations. Marshy ground was thick with Broad-leaved Marsh-orchid *Dactylorhiza majalis* and after a little searching we found a number of Round-headed Orchid *Traunsteinera globosa*.

By early afternoon dark clouds appeared and we had periods of light rain and the odd rumble of thunder, for the rest of the afternoon. After lunch, we followed the Mountain View Trail, firstly across heather-clad slopes and then, further on, over lush pasture, thick with Aconite-leaved Buttercup *Ranunculus aconitifolius* and the huge pleated leaves of White False-helleborine, neither plant welcome to the farmers who graze their cows here in summer. We descended through damp thickets of Green Alder and tall herbs. Notable among these were Alpine Leek *Allium victorialis*, Yellow Pea *Lathyrus laevigatus* subsp. *occidentalis* and Alpine Blue-sowthistle *Cicerbita alpina*. Our final descent was through conifer forest, where there were large colonies of the tiny Lesser Twaybade *Neottia cordata* and large plants of *Streptopus amplexifolius*. Just below us was Grutschalp station, where we boarded the cable car for the return journey. Despite the showers it had been a marvellous day, with wonderful plants and stunning views. We arrived back at the hotel around 7.15pm, ready for our next delicious meal.

Day 6

Friday 1st July

After yesterday's exertions, we had a relaxing day, travelling by train down to Wilderswil, and then joining the delightful railway for the steep climb to Schynige Platte. We arrived at 11am and, after a coffee break, spent the rest of the morning exploring the enchanting Alpine Garden, enjoying its natural setting and superb display of plants, each carefully labelled. The whole garden is a great credit to the dedicated team of gardeners that keep it immaculate. After lunch on the station platform, we walked across to a viewpoint, below the Oberberghorn, to look down on Interlaken and the two lakes, the Brienzensee and Thunersee. The limestone slopes of the Oberberghorn are home to several notable plants, including the robust, yellow, Leafy Lousewort *Pedicularis foliosa*, Limestone Fern *Gymnocarpium robertianum* and Rigid Buckler-fern *Dryopteris villarii*. Alpine Aster *Aster alpinus* and Wood Pink *Dianthus sylvestris* were flowering on the cliffs above us and colonies of Angular Solomon's-seal *Polygonatum odoratum* and Lily-of-the-Valley *Convallaria majalis* grew in profusion on the screes at their base. Just enough time remained to find St Bruno's Lily *Paradisea liliastrum* on the grassy slopes, before we had to return to the station to catch our train. Between trains at Wilderswil, we enjoyed ice creams, before the familiar journey back to Wengen. It had been sunny and warm all day and we ate our dinner outside, on the terrace.

Day 7

Saturday 2nd July

The morning started cloudy and periods of thick mist came and went, as we took trains to Kleine Scheidegg and on to the Eigergletscher station. Above the station platform, we made our way past the railway tunnel entrance, onto the moraines, below the brooding cliffs and remnants of receding glaciers, above us. Although, from a distance, the moraines looked bare and devoid of vegetation, on closer inspection, they were full of colourful alpine treasures. Most attractive among these were Broad-leaved Mouse-ear *Cerastium latifolium*, Mt Cenis Pansy *Viola cenisia* and the deliciously-scented Round-leaved Penny-cress *Thlaspi rotundifolium*. We followed the narrow ridge of the medial moraine back towards the station cafe and it was interesting to see the transition from bare rock to closed turf. There were stunning patches of Moss Campion *Silene acaulis*, beautiful deep-blue Spring Gentians and Large-flowered Leopard's-bane *Doronicum grandiflorum*, looking somewhat out of place among its tiny neighbours.

We retreated from the cold misty conditions to the warmth of the station cafe and then walked a short distance, around the cliff, to the start of the Eiger Trail. We descended a short distance only, but far enough to see Glacier Crowfoot *Ranunculus glacialis* growing in the scree. We had lunch below the Eigergletscher station, sitting amid the most colourful carpet of flowers we had seen all week, and all the while, we were entertained by the Alpine Chough that foraged for scraps, among us. We had a few brief sunny intervals, before the fog returned and from 3pm we had steady light rain. The final section of the trail took us down to the end of the moraine and then steeply down through colourful mountain pasture and forest to Wixi. We soon reached the Wengernalp Hotel, where delicious home-made apricot tart more than compensated for the weather. In spite of the conditions, it had been superb walk and a fitting climax to our week in the Bernese Oberland. We caught the train and were back in Wengen for around 6pm.

Day 8

Sunday 3rd July

The good food and hospitality offered by the Hotel Berghaus had been faultless and we thanked Aldino, Martina and their staff for helping to make such a memorable week. After a relaxed breakfast and packing, we were able to take a last look around, before wandering down to the station to catch the mid-morning train and return to Zurich for the flight home.

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Species Lists

Plants (‡ = cultivated or naturalised)

Plant classification largely follows the familiar 'old' system, likely to be encountered in current floras of the region. Some recent taxonomic changes have been incorporated, where relevant. For ease of reference, families, genera and species are presented in alphabetic order.

Latin Name	Common Name	Notes
LYCOPODIOPSIDA		
Lycopodiaceae		
<i>Diphasiastrum alpinum</i>	Alpine Clubmoss	Occasional. Mountain turf
<i>Huperzia selago</i>	Fir Clubmoss	Frequent. Acidic pasture
<i>Lycopodium annotinum</i>	Interrupted Clubmoss	Local. Almend
<i>Lycopodium clavatum</i>	Stag's-horn Clubmoss	Local. Above Grutschalp
Selaginellaceae		
<i>Selaginella selaginoides</i>	Lesser Clubmoss	Occasional in turf
EQUISETOPSIDA		
Equisetaceae		
<i>Equisetum palustre</i>	Marsh Horsetail	Wet pasture
<i>Equisetum sylvaticum</i>	Wood Horsetail	Woods and damp pasture
PTEROPSIDA		
Aspleniaceae		
<i>Asplenium ruta-muraria</i>	Wall-rue	Walls
<i>Asplenium septentrionale</i>	Forked Spleenwort	Rare, on rocks
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	Walls and cliffs
<i>Asplenium viride</i>	Green Spleenwort	Mountain rocks
Blechnaceae		
<i>Blechnum spicant</i>	Hard-fern	Locally common
Dennstaedtiaceae		
<i>Pteridium aquilinum</i>	Bracken	Valley woodland
Dryopteridaceae		
<i>Dryopteris affinis</i>	Scaly Male-fern	Widespread
<i>Dryopteris carthusiana</i>	Narrow Buckler-fern	Damp scrub
<i>Dryopteris dilatata</i>	Broad Buckler-fern	Frequent
<i>Dryopteris expansa</i>	Northern Buckler-fern	Damp scrub
<i>Dryopteris filix-mas</i>	Male-fern	Widespread
<i>Dryopteris villarii</i>	Rigid Buckler-fern	Limestone rocks. Oberberghorn
<i>Gymnocarpium dryopteris</i>	Oak Fern	Woods and rocks. Local
<i>Gymnocarpium robertianum</i>	Limestone Fern	Limestone rocks. Oberberghorn
<i>Polystichum aculeatum</i>	Hard Shield-fern	Woods. Occasional
<i>Polystichum lonchitis</i>	Holly-fern	Mountain rocks
Ophioglossaceae		
<i>Botrychium lunaria</i>	Moonwort	Short turf. Widespread

Latin Name	Common Name	Notes
Polypodiaceae <i>Polypodium vulgare</i>	Polypody Family Common Polypody	Occasional on rocks
Thelypteridaceae <i>Oreopteris limbosperma</i> <i>Phegopteris connectilis</i>	Marsh Fern Family Lemon-scented Fern Beech Fern	Green Alder scrub and woods Woods. Occasional
Woodsiaceae <i>Athyrium distentifolium</i> <i>Athyrium filix-femina</i> <i>Cystopteris alpina</i> <i>Cystopteris fragilis</i> <i>Cystopteris montana</i> <i>Woodsia alpina</i>	Lady-fern Family Alpine Lady-fern Lady-fern Alpine Bladder-fern Brittle Bladder-fern Mountain Bladder-fern Alpine Woodsia	Mountain woods. Above Murren Occasional Rare. Grutschalp, Eiger Frequent on rocks Local. Trummelbach Rare. Almendhubel
PINOPSIDA	CONIFERS	
Cupressaceae <i>Juniperus communis</i> subsp. <i>nana</i>	Juniper Family Common Juniper	Mountain pasture
Pinaceae <i>Abies alba</i> <i>Larix decidua</i> <i>Picea abies</i> <i>Pinus cembra</i> † <i>Pinus mugo</i> <i>Pinus sylvestris</i> <i>Pseudotsuga menziesii</i> ‡	Pine Family European Silver-fir Larch Norway Spruce Arolla Pine Dwarf Mountain-pine Scots Pine Douglas Fir	Forests Occasional Forests Occasional Tree-line Widespread Forest below Wengen
Taxaceae <i>Taxus baccata</i>	Yew Family Yew	Occasional. Forest
MAGNOLIOPSIDA	FLOWERING PLANTS	
MAGNOLIIDAE	DICOTYLEDONS	
Aceraceae <i>Acer campestre</i> <i>Acer platanoides</i> <i>Acer pseudoplatanus</i>	Maple Family Field Maple Norway Maple Sycamore	Frequent Occasional Common
Adoxaceae <i>Adoxa moschatellina</i>	Moschatel Family Moschatel	Rare. Mannichen
Apiaceae <i>Aegopodium podagraria</i> <i>Astrantia major</i> <i>Astrantia minor</i> <i>Athamanta cretensis</i> <i>Bupleurum stellatum</i> <i>Chaerophyllum hirsutum</i> <i>Heracleum sphondylium</i> <i>Imperatoria ostruthium</i>	Carrot Family Ground Elder Astrantia Lesser Astrantia Athamanta Starry Hare's-ear Hairy Chervil Hogweed Masterwort	Below Wengen Meadows Locally common Rocky places and moraines Mountain rocks Woods Common Common

Latin Name	Common Name	Notes
<i>Laserpitium latifolium</i>	Broad-leaved Sermountain	Trummelbach
<i>Ligusticum mutellina</i>	Alpine Lovage	Mountain pasture
<i>Ligusticum mutellinoides</i>	Unbranched Lovage	High-mountain pasture
<i>Pimpinella major</i>	Greater Burnet-saxifrage	Common
<i>Pimpinella saxifraga</i>	Burnet-saxifrage	Meadows
Araliaceae	Ivy Family	
<i>Hedera helix</i>	Ivy	Occasional
Asclepiadaceae	Milkweed Family	
<i>Vincetoxicum hirundinaria</i>	Swallow-wort	Frequent
Asteraceae	Daisy Family	
<i>Adenostyles alliariae</i>	Adenostyles	Green Alder scrub
<i>Adenostyles glabra</i>	Hairless Adenostyles	Screes. Oberberghorn
<i>Achillea atrata</i>	Dark-stemmed Sneezewort	Frequent on limestone
<i>Achillea erba-rotta</i> subsp. <i>moschata</i>	Musk Milfoil	Acidic mountain pasture
<i>Achillea millefolium</i>	Yarrow	Meadows
<i>Antennaria carpatica</i>	Carpathian Cat's-foot	Occasional. Mountain pasture
<i>Antennaria dioica</i>	Cat's-foot	Common
<i>Arnica montana</i>	Arnica	Common
<i>Artemisia umbelliformis</i>	Yellow Genipi	Mountain rocks. Mannlichen
<i>Aster alpinus</i>	Alpine Aster	Mountain rocks and turf
<i>Aster bellidiastrum</i>	False Aster	Common
<i>Bellis perennis</i>	Daisy	Frequent
<i>Carduus defloratus</i>	Alpine Thistle	Common
<i>Carlina acaulis</i>	Stemless Carline Thistle	Mountain pasture
<i>Centaurea montana</i>	Mountain Cornflower	Meadows
<i>Centaurea scabiosa</i>	Greater Knapweed	Meadows
<i>Cicerbita alpina</i>	Alpine Blue-sowthistle	Forests and scrub
<i>Cirsium acaule</i>	Dwarf Thistle	Mountain pasture
<i>Cirsium oleraceum</i>	Cabbage Thistle	Common below Wengen
<i>Cirsium spinosissimum</i>	Spiniest Thistle	Mountain pasture
<i>Crepis aurea</i>	Golden Hawk's-beard	Meadows
<i>Crepis paludosa</i>	Marsh Hawk's-beard	Wet meadows
<i>Doronicum grandiflorum</i>	Large-flowered Leopard's-bane	Screes
<i>Erigeron alpinus</i>	Alpine Fleabane	Mountain rocks. Local
<i>Erigeron annuus</i>	Annual Fleabane	Wilderswil
<i>Erigeron uniflorus</i>	One-flowered Fleabane	Mountain rocks. Local
<i>Eupatorium cannabinum</i>	Hemp Agrimony	Lowland
<i>Gnaphthodium norvegicum</i>	Norwegian Cudweed	Occasional
<i>Gnaphthodium supinum</i>	Dwarf Cudweed	Snowbeds
<i>Hieracium lactucella</i>	A Hawkweed	Common
<i>Hieracium murorum</i>	A Hawkweed	Occasional
<i>Hieracium pilosella</i>	Mouse-ear Hawkweed	Common
<i>Hieracium villosum</i>	Hairy Hawkweed	Mannlichen
<i>Homogyne alpina</i>	Alpine Colt's-foot	Mountain turf. Common
<i>Lapsana communis</i>	Nipplewort	Below Wengen
<i>Leontodon helveticus</i>	Swiss Hawkbit	Mountain turf. Common
<i>Leontodon hispidus</i>	Alpine Hawkbit	Acidic pasture
<i>Leucanthemopsis alpina</i>	Alpine Moon Daisy	Acidic mountain turf
<i>Leucanthemum adustum</i>	Mountain Ox-eye	Mountain pasture
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	Meadows

Latin Name	Common Name	Notes
<i>Mycelis muralis</i>	Wall Lettuce	Walls
<i>Petasites albus</i>	White Butterbur	Mannlichen
<i>Petasites paradoxus</i>	Alpine Butterbur	Mountain pasture
<i>Prenanthes purpurea</i>	Purple Lettuce	Common. Forests
<i>Saussurea alpina</i>	Alpine Saw-wort	Mountain turf
<i>Senecio doronicum</i>	Chamois Ragwort	Limestone rocks and scree
<i>Senecio ovatus</i>	Wood Ragwort	Forests
<i>Solidago virgaurea</i>	Goldenrod	Mountain pasture
<i>Taraxacum alpinum</i>	Alpine Dandelion	Scree
<i>Taraxacum officinale</i>	Dandelion	Widespread
<i>Tragopogon pratensis</i>	Goat's-beard	Meadows
<i>Tussilago farfara</i>	Colt's-foot	Damp places. Widespread
Balsaminaceae	Balsam Family	
<i>Impatiens parviflora</i> ‡	Small Balsam	Woods below Wengen
Betulaceae	Birch Family	
<i>Alnus glutinosa</i>	Common Alder	Valleys, by rivers
<i>Alnus incana</i>	Grey Alder	Valleys, by rivers
<i>Alnus viridis</i>	Green Alder	Wet mountain slopes
<i>Betula pendula</i>	Silver Birch	Widespread
Boraginaceae	Borage Family	
<i>Echium vulgare</i>	Viper's Bugloss	Below Wengen
<i>Myosotis alpestris</i>	Alpine Forget-me-not	Common
Brassicaceae	Cabbage Family	
<i>Alliaria petiolata</i>	Garlic Mustard	Tracksides
<i>Arabis alpina</i> subsp. <i>alpina</i>	Alpine Rock-cress	Alpine rocks
<i>Biscutella laevigata</i>	Buckler Mustard	Mountain turf and moraine
<i>Capsella bursa-pastoris</i>	Shepherd's-purse	Widespread
<i>Cardamine alpina</i>	Alpine Bitter-cress	Mountain rocks
<i>Cardamine amara</i>	Large Bitter-cress	Streamsides
<i>Cardamine flexuosa</i>	Wavy Bitter-cress	Wet places
<i>Cardamine hirsuta</i>	Hairy Bitter-cress	Occasional
<i>Cardamine impatiens</i>	Narrow-leaved Bitter-cress	Damp places
<i>Cardamine pratensis</i> subsp. <i>pratensis</i>	Lady's Smock	Wet places
<i>Cardamine resedifolia</i>	Mignonette-leaved Bitter-cress	Mountain rocks
<i>Draba aizoides</i>	Yellow Whitlowgrass	Moraines
<i>Draba tomentosa</i>	Wooly Whitlowgrass	Rocks. Almendhubel
<i>Erophila verna</i>	Spring Whitlowgrass	Occasional
<i>Hugueninia tanacetifolia</i> ‡	Tansy-leaved Rocket	Alpine Garden
<i>Kernera saxatilis</i>	Rock Kerneria	Rocks.
<i>Pritzelago alpina</i>	Chamois Cress	Mountain rocks and scree
<i>Thlaspi rotundifolium</i> subsp. <i>rotundifolium</i>	Round-leaved Penny-cress	Moraines and scree
Campanulaceae	Bellflower Family	
<i>Campanula barbata</i>	Bearded Bellflower	Mountain turf
<i>Campanula cochlearifolia</i>	Fairy's-thimble	Scree
<i>Campanula glomerata</i>	Clustered Bellflower	Occasional
<i>Campanula rhomboidalis</i>	Broad-leaved Bellflower	Common in meadows
<i>Campanula rotundifolia</i>	Harebell	Common
<i>Campanula scheuchzeri</i>	Scheuchzer's Bellflower	Mountain turf

Latin Name	Common Name	Notes
<i>Campanula trachelium</i>	Nettle-leaved Bellflower	Woods
<i>Phyteuma betonicifolium</i>	Betony-leaved Rampion	Acidic pasture
<i>Phyteuma hemisphaericum</i>	Globe-headed Rampion	Mountain Rocks
<i>Phyteuma orbiculare</i>	Round-headed Rampion	Meadows. Frequent
<i>Phyteuma spicatum</i>	Spiked Rampion	Meadows. Frequent
Cannabaceae	Hop Family	
<i>Humulus lupulus</i>	Hop	Below Wengen
Caprifoliaceae	Honeysuckle Family	
<i>Lonicera alpigena</i>	Alpine Honeysuckle	Occasional. Forests
<i>Lonicera caerulea</i>	Blue-berried Honeysuckle	Green Alder scrub
<i>Lonicera xylosteum</i>	Fly Honeysuckle	Woods
<i>Sambucus ebulus</i>	Dwarf Elder	Lowland. Wilderswil
<i>Sambucus nigra</i>	Common Elder	Woods
<i>Sambucus racemosa</i>	Alpine Elder	Occasional. Rocky places
<i>Viburnum lantana</i>	Wayfaring-tree	Woods below Wengen
<i>Viburnum opulus</i>	Gelder-rose	Woods below Wengen
Caryophyllaceae	Pink Family	
<i>Arenaria biflora</i>	Two-flowered Sandwort	Scree
<i>Arenaria ciliata</i>	Ciliate-leaved Sandwort	Scree
<i>Cerastium arvense</i> subsp. <i>strictum</i>	Field Mouse-ear	Frequent
<i>Cerastium cerastoides</i>	Starwort Mouse-ear	Rocks and pasture
<i>Cerastium fontanum</i>	Common Mouse-ear	Common
<i>Cerastium glomeratum</i>	Sticky Mouse-ear	Waste places
<i>Cerastium latifolium</i>	Broad-leaved Mouse-ear	Moraines and scree
<i>Dianthus barbatus</i> ‡	Sweet-William	Garden escape
<i>Dianthus superbus</i> ‡	Large Pink	Below Almend
<i>Dianthus sylvestris</i>	Wood Pink	Rocks. Local
<i>Gypsophila repens</i>	Alpine Gypsophila	Frequent
<i>Minuartia sedoides</i>	Mossy Cyphel	Alpine turf
<i>Minuartia verna</i>	Vernal Sandwort	Rocky places
<i>Moehringia muscosa</i>	Mossy Sandwort	Shady places. Local
<i>Sagina procumbens</i>	Procumbent Pearlwort	Common
<i>Sagina saginoides</i>	Alpine Pearlwort	Alpine turf and scree
<i>Saponaria ocyroides</i>	Rock Soapwort	Cliffs below Wengen
<i>Silene acaulis</i>	Moss Campion	Mountain turf
<i>Silene dioica</i>	Red Campion	Frequent. Meadows
<i>Silene nutans</i>	Nottingham Catchfly	Occasional. Rocks
<i>Silene pratensis</i>	White Campion	Occasional. Tracksides
<i>Silene rupestris</i>	Rock Campion	Common on rocks
<i>Silene vulgaris</i>	Bladder Campion	Occasional. Meadows
<i>Stellaria graminea</i>	Lesser Stitchwort	Occasional
<i>Stellaria holostea</i>	Greater Stichwort	Occasional
<i>Stellaria media</i>	Common Chickweed	Occasional
<i>Stellaria nemorum</i>	Wood Stitchwort	Woods
Chenopodiaceae	Goosefoot Family	
<i>Chenopodium bonus-henricus</i>	Good-King-Henry	Frequent weed
Cistaceae	Rockrose Family	
<i>Helianthemum nummularium</i> subsp. <i>grandiflorum</i>	Large-flowered Common Rockrose	Common

Latin Name	Common Name	Notes
<i>Helianthemum oelandicum</i> subsp. <i>alpestre</i>	Alpine Rockrose	Frequent
Cornaceae <i>Cornus sanguinea</i>	Dogwood Family Dogwood	Woods
Corylaceae <i>Corylus avellana</i>	Hazel Family Hazel	Woods
Crassulaceae <i>Rhodiola rosea</i> ‡ <i>Sedum acre</i> <i>Sedum album</i> <i>Sedum alpestre</i> <i>Sedum annuum</i> <i>Sedum atratum</i> <i>Sedum dasyphyllum</i> <i>Sedum hispanicum</i> ‡ <i>Sedum spurium</i> ‡ <i>Sedum rubens</i> <i>Sedum sexangulare</i> ‡ <i>Sempervivum montanum</i> <i>Sempervivum tectorum</i>	Stonecrop Family Roseroot Biting Stonecrop White Stonecrop Alpine Stonecrop Annual Stonecrop Dark Stonecrop Thick-leaved Stonecrop Spanish Stonecrop Caucasian Stonecrop Reddish Stonecrop Tasteless Stonecrop Mountain Houseleek Common Houseleek	Alpine Garden Occasional Walls. Wengen Mountain rocks Mountain rocks Mountain rocks Walls and rocks Naturalised. Wengen Wengen Rocks Walls. Wengen Common on rocks Frequent on rocks
Cuscutaceae <i>Cuscuta epithymum</i>	Dodder Family Common Dodder	Frequent
Dipsacaceae <i>Scabiosa lucida</i>	Teasel Family Shining Scabious	Meadows
Empetraceae <i>Empetrum nigrum</i> subsp. <i>hermaphroditum</i>	Crowberry Family Hermaphrodite Crowberry	Acidic heaths
Ericaceae <i>Arctostaphylos alpinus</i> <i>Arctostaphylos uva-ursi</i> <i>Calluna vulgaris</i> <i>Erica carnea</i> <i>Kalmia procumbens</i> <i>Rhododendron ferrugineum</i> <i>Rhododendron hirsutum</i> <i>Vaccinium myrtillus</i> <i>Vaccinium uliginosum</i> agg. <i>Vaccinium vitis-idaea</i>	Heather Family Alpine Bearberry Bearberry Ling Spring Heath Trailing Azalea Alpenrose Hairy Alpenrose Bilberry Bog Whortleberry Cowberry	Occasional. Mountain turf Acidic heaths Frequent Frequent on limestone Acidic heaths Common Common on limestone Common Common Common
Euphorbiaceae <i>Euphorbia cyparissias</i> <i>Mercurialis perennis</i>	Spurge Family Cypress Spurge Dog's Mercury	Frequent on limestone Woods
Fabaceae <i>Anthyllis vulneraria</i> subsp. <i>alpestris</i> <i>Astragalus alpinus</i> <i>Astragalus australis</i> <i>Astragalus frigidus</i>	Pea Family Alpine Kidney Vetch Alpine Milk-vetch Southern Milk-vetch Pallid Milk-vetch	Mountain pasture Mountain turf Mountain turf Limestone cliffs

Latin Name	Common Name	Notes
<i>Astragalus glycyphyllos</i>	Wild Liquorice	Occasional
<i>Coronilla emerus</i>	False Senna	Occasional
<i>Coronilla vaginalis</i>	Small Scorpion-vetch	Cliffs below Wengen
<i>Hedysarum hedysaroides</i>	Alpine Sainfoin	Mountain pasture
<i>Hippocrepis comosa</i>	Horseshoe Vetch	Common
<i>Lathyrus aphaca</i>	Yellow Vetchling	Meadows
<i>Lathyrus laevigatus</i> subsp. <i>occidentalis</i>	Yellow Pea	Green Alder scrub. Grutschalp
<i>Lathyrus pratensis</i>	Meadow Vetchling	Meadows
<i>Lotus alpinus</i>	Alpine Bird's-foot-trefoil	Mountain turf
<i>Medicago sativa</i> ‡	Lucerne	Occasional weed
<i>Melilotus albus</i>	White Melilot	Lowland
<i>Melilotus indicus</i>	Small Melilot	Lowland
<i>Onobrychis arenaria</i>	Small Sainfoin	Occasional
<i>Onobrychis montana</i>	Mountain Sainfoin	Mountain pasture
<i>Onobrychis viciifolia</i>	Sainfoin	Occasional
<i>Ononis repens</i>	Common Restharrow	Below Wengen
<i>Oxytropis campestris</i>	Yellow Milk-vetch	Locally common
<i>Oxytropis jacquinii</i>	Mountain Milk-vetch	Moraines. Local
<i>Robinia pseudoacacia</i> ‡	False Acacia	Lowlands
<i>Securigera varia</i>	Crown Vetch	Wilderswil
<i>Trifolium alpinum</i>	Alpine Clover	Common
<i>Trifolium badium</i>	Brown Clover	Mountain meadows
<i>Trifolium montanum</i>	Mountain Clover	Mountain pasture
<i>Trifolium pratense</i>	Red Clover	Meadows
<i>Trifolium repens</i>	White Clover	Frequent
<i>Trifolium thalii</i>	Thal's Clover	Mountain turf and scree
<i>Vicia cracca</i>	Tufted Vetch	Frequent
<i>Vicia sepium</i>	Bush Vetch	Occasional
<i>Vicia sylvatica</i>	Wood Vetch	Woods
Fagaceae	Beech Family	
<i>Castanea sativa</i> ‡	Sweet Chestnut	Occasional
<i>Fagus sylvatica</i>	Beech	Valley forest
<i>Quercus petraea</i>	Sessile Oak	Frequent. Woods
<i>Quercus robur</i>	Pedunculate Oak	Occasional
Gentianaceae	Gentian Family	
<i>Gentiana acaulis</i>	Trumpet Gentian	Mountain pasture
<i>Gentiana asclepiadea</i>	Willow Gentian	Woods on limestone
<i>Gentiana bavarica</i>	Bavarian Gentian	Marshes
<i>Gentiana brachyphylla</i>	Short-leaved Gentian	Alpine turf
<i>Gentiana clusii</i>	Clusius' Gentian	Limestone pasture
<i>Gentiana lutea</i>	Great Yellow Gentian	Mountain pasture
<i>Gentiana purpurea</i>	Purple Gentian	Green Alder scrub and pasture
<i>Gentiana verna</i>	Spring Gentian	Mountain pasture
Geraniaceae	Crane's-bill Family	
<i>Geranium pyrenaicum</i>	Pyrenean Crane's-bill	Common
<i>Geranium robertianum</i>	Herb Robert	Common
<i>Geranium sylvaticum</i>	Wood Crane's-bill	Common
Globulariaceae	Globularia Family	
<i>Globularia cordifolia</i>	Matted Globularia	Frequent

Latin Name	Common Name	Notes
<i>Globularia nudicaulis</i>	Leafless-stemmed Globularia	Frequent
Hypericaceae	St John's-wort Family	
<i>Hypericum maculatum</i>	Imperforate St John's-wort	Frequent
Juglandaceae	Walnut Family	
<i>Juglans regia</i> ‡	Walnut	Occasional
Lamiaceae	Dead-nettle Family	
<i>Ajuga pyramidalis</i>	Pyramidal Bugle	Locally common
<i>Ajuga reptans</i>	Common Bugle	Common
<i>Clinopodium alpinum</i>	Alpine Calamint	Occasional. Rocky banks
<i>Galeopsis tetrahit</i>	Common Hemp-nettle	Occasional
<i>Glechoma hederacea</i>	Ground-ivy	Woods
<i>Lamiastrum galeobdolon</i>	Yellow Archangel	Woods
<i>Lamium maculatum</i>	Spotted Dead-nettle	Occasional
<i>Lamium purpureum</i>	Red Dead-nettle	Occasional
<i>Origanum vulgare</i>	Marjoram	Occasional. Meadows
<i>Prunella grandiflora</i>	Large-flowered Self-heal	Meadows. Trummelbach
<i>Prunella vulgaris</i>	Self-heal	Common
<i>Salvia glutinosa</i>	Sticky Clary	Forest. Wilderwil
<i>Salvia pratensis</i>	Meadow Clary	Meadows. Trummelbach
<i>Stachys alpina</i>	Alpine Woundwort	Below Wengen
<i>Stachys sylvatica</i>	Hedge Woundwort	Woods
<i>Teucrium chamaedrys</i>	Wall Germander	Below Wengen
<i>Teucrium montanum</i>	Mountain Germander	Trummelbach
<i>Thymus polytrichus</i>	Wild Thyme	Common
<i>Thymus pulegioides</i>	Large Thyme	Meadows
Lentibulariaceae	Butterwort Family	
<i>Pinguicula alpina</i>	Alpine Butterwort	Mountain rocks and turf
<i>Pinguicula vulgaris</i>	Common Butterwort	Wet turf
Linaceae	Flax Family	
<i>Linum alpinum</i>	Alpine Flax	Wengernalp
<i>Linum catharticum</i>	Fairy Flax	Common
Oleaceae	Ash Family	
<i>Fraxinus excelsior</i>	Ash	Lowland
<i>Ligustrum vulgare</i>	Wild Privet	Lowland
Onagraceae	Willowherb Family	
<i>Chamerion angustifolium</i>	Rosebay Willowherb	Occasional
<i>Epilobium alpestre</i>	Whorled-leaved Willowherb	Frequent
<i>Epilobium alsinifolium</i>	Chickweed Willowherb	Frequent
<i>Epilobium anagallidifolium</i>	Pimpernel-leaved Willowherb	Frequent
<i>Epilobium montanum</i>	Broad-leaved Willowherb	Occasional
Orobanchaceae	Broomrape Family	
<i>Orobanche alba</i>	Thyme Broomrape	Occasional
<i>Orobanche caryophyllacea</i>	Clove-scented Broomrape	Occasional

Latin Name	Common Name	Notes
Oxalidaceae <i>Oxalis acetosella</i>	Wood-sorrel Family Wood-sorrel	Shaded rocks
Papaveraceae <i>Meconopsis cambrica</i> ‡	Poppy Family Welsh Poppy	Occasional
Parnassiaceae <i>Parnassia palustris</i>	Grass-of-Parnassus Family Grass-of-Parnassus	Damp flushes
Plantaginaceae <i>Plantago atrata</i> <i>Plantago maritima</i> subsp. <i>serpentina</i> <i>Plantago media</i> <i>Plantago lanceolata</i>	Plantain Family Dark Plantain Fleshy Plantain Hoary Plantain Ribwort Plantain	Mountain turf Frequent Occasional Occasional
Polygalaceae <i>Polygala alpestris</i> <i>Polygala alpina</i> <i>Polygala chamaebuxus</i> <i>Polygala vulgaris</i>	Milkwort Family Mountain Milkwort Alpine Milkwort Shrubby Milkwort Common Milkwort	Common Mountain turf Frequent on rocks Frequent
Polygonaceae <i>Fallopia japonica</i> ‡ <i>Oxyria digyna</i> <i>Persicaria bistorta</i> <i>Persicaria vivipara</i> <i>Rumex acetosella</i> <i>Rumex alpestris</i> <i>Rumex alpinus</i> <i>Rumex obtusifolius</i> <i>Rumex scutatus</i>	Dock Family Japanese Knotweed Mountain Sorrel Common Bistort Alpine Bistort Sheep's Sorrel Mountain Dock Monk's-rhubarb Broad-leaved Dock French Sorrel	Lowland Mountain rocks and scree Damp pasture Common. Mountain turf Acidic pasture Mountain pasture Disturbed mountain pasture Occasional Rocks and scree
Primulaceae <i>Androsace chamaejasme</i> <i>Androsace helvetica</i> <i>Androsace obtusifolia</i> <i>Androsace pubescens</i> <i>Lysimachia nemorum</i> <i>Primula auricula</i> <i>Primula elatior</i> <i>Primula farinosa</i> <i>Primula hirsuta</i> <i>Primula x pubescens</i> (<i>P. auricula</i> x <i>P. hirsuta</i>) <i>Primula veris</i> <i>Soldanella alpina</i> <i>Soldanella pusilla</i>	Primrose Family Ciliate Rock-jasmine Swiss Rock-jasmine Blunt-leaved Rock-jasmine Hairy Rock-jasmine Yellow Pimpernel Auricula Oxlip Bird's-eye Primrose Hairy Primrose A hybrid Primrose Cowslip Alpine Snowbell Dwarf Snowbell	Frequent Alpine cliffs Acidic turf Rare. Mountain rocks Damp woods Mountain rocks and turf Snowbeds Mountain turf Acidic rocks Eiger Below Wengen Common Very rare in snowbed. Tschuggen
Pyrolaceae <i>Moneses uniflora</i> <i>Orthilia secunda</i> <i>Pyrola minor</i>	Wintergreen Family One-flowered Wintergreen Serrated Wintergreen Lesser Wintergreen	Forest Forest Forest
Ranunculaceae	Buttercup Family	

Latin Name	Common Name	Notes
<i>Aconitum lycotonum</i> subsp. <i>vulparia</i>	Wolf's-bane	Frequent. Forest
<i>Aconitum napellus</i> agg.	Monk's-hood	Damp meadows
<i>Actaea spicata</i>	Baneberry	Woods
<i>Anemone narcissiflora</i>	Narcissus-flowered Anemone	Mountain pasture
<i>Anemone nemorosa</i>	Wood Anemone	Woods
<i>Aquilegia alpina</i>	Alpine Columbine	Rare. Biglenalp, Eiger
<i>Aquilegia atrata</i>	Dark Columbine	Forest and meadows
<i>Caltha palustris</i>	Marsh-marigold	Flushes and streamsides
<i>Clematis alpina</i> ‡	Alpine Clematis	Alpine Garden
<i>Clematis vitalba</i>	Old Man's Beard	Common. Lowland
<i>Hepatica nobilis</i>	Liverleaf	Woodland
<i>Pulsatilla alpina</i> subsp. <i>alpina</i>	Alpine Pasqueflower	Frequent on limestone
<i>Pulsatilla alpina</i> subsp. <i>apiifolia</i>	Alpine Pasqueflower	Frequent on acidic soils
<i>Pulsatilla vernalis</i>	Spring Pasqueflower	Locally common
<i>Ranunculus aconitifolius</i>	Aconite-leaved Buttercup	Locally common
<i>Ranunculus acris</i>	Meadow Buttercup	Common
<i>Ranunculus alpestris</i>	Alpine Buttercup	Snowbeds. Common
<i>Ranunculus glacialis</i>	Glacier Crowfoot	Alpine screes. Eiger
<i>Ranunculus kuepferi</i>	Kupfer's Buttercup	Locally common
<i>Ranunculus montanus</i>	Mountain Buttercup	Mountain pasture
<i>Thalictrum alpinum</i>	Alpine Meadow-rue	Uncommon. Alpine turf
<i>Thalictrum aquilegifolium</i>	Great Meadow-rue	Mountain meadows
<i>Thalictrum foetidum</i>	Stinking Meadow-rue	Trummelbach
<i>Trollius europaeus</i>	Globeflower	Common
Rhamnaceae	Buckthorn Family	
<i>Rhamnus alpinus</i>	Alpine Buchthorn	Rocky places
<i>Rhamnus pumilus</i>	Dwarf Buckthorn	Limestone rocks. Oberberghorn
Rosaceae	Rose Family	
<i>Agrimonia eupatoria</i>	Agrimony	Occasional. Lowland
<i>Alchemilla alpina</i>	Alpine Lady's-mantle	Common
<i>Alchemilla conjuncta</i>	Silver Lady's-mantle	Frequent
<i>Alchemilla pentaphyllea</i>	Cut-leaved Lady's-mantle	Snowbeds
<i>Alchemilla vulgaris</i> agg.	Lady's-mantle	Frequent
<i>Alchemilla xanthochlora</i>	Pale Lady's-mantle	Frequent
<i>Aruncus dioicus</i>	Goat's-beard Spiraea	Woods. Below Wengen
<i>Cotoneaster integerrima</i>	Wild Cotoneaster	Mountain rocks. Oberberghorn
<i>Crataegus monogyna</i>	Hawthorn	Woods
<i>Dryas octopetala</i>	Mountain Avens	Mountain rocks and scree
<i>Filipendula ulmaria</i>	Meadowsweet	Lowland meadows
<i>Fragaria vesca</i>	Wild Strawberry	Woods and pasture
<i>Geum montanum</i>	Alpine Avens	Mountain turf
<i>Geum rivale</i>	Water Avens	Occasional. Wet pasture
<i>Geum urbanum</i>	Herb Bennet	Woods
<i>Potentilla crantzii</i>	Alpine Cinquefoil	Common. Mountain turf
<i>Potentilla erecta</i>	Tormentil	Acidic turf
<i>Potentilla sterilis</i>	Barren Strawberry	Frequent
<i>Poterium sanguisorba</i>	Salad Burnet	Widespread
<i>Prunus avium</i>	Wild Cherry	Woods
<i>Rosa canina</i>	Dog-rose	Below Wengen
<i>Rosa glauca</i>	Blue-leaved Rose	Occasional
<i>Rosa micrantha</i>	Small-flowered Sweet-briar	Occasional

Latin Name	Common Name	Notes
<i>Rosa pendulina</i>	Alpine Rose	Frequent. Mountains
<i>Rosa rubiginosa</i>	Sweet-briar	Below Wengen
<i>Rubus idaeus</i>	Raspberry	Woods
<i>Rubus saxatilis</i>	Stone Bramble	Occasional. Rocky places
<i>Sibbaldia procumbens</i>	Sibbaldia	Snowbeds
<i>Sorbus aria</i>	Whitebeam	Occasional. Woods
<i>Sorbus aucuparia</i>	Rowan	Woods
<i>Sorbus chamaemespilus</i>	False-medlar	Mountain pasture
<i>Sorbus mougeotii</i>	Mougeot's Whitebeam	Woods
Rubiaceae	Madder Family	
<i>Galium anisophyllum</i>	Dwarf Bedstraw	Frequent
<i>G. megalospermum</i>	Swiss Bedstraw	Moraines
<i>G. mollugo</i>	Hedge Bedstraw	Meadows
<i>Galium odoratum</i>	Woodruff	Woods
<i>Galium pumilum</i>	Slender Bedstraw	Frequent
Salicaceae	Willow Family	
<i>Populus alba</i>	White Poplar	Lowland
<i>Populus tremula</i>	Aspen	Occasional
<i>Salix aurita</i>	Eared Willow	Widespread
<i>Salix breviserrata</i>	Finely-toothed Willow	Occasional
<i>Salix caprea</i>	Goat Willow	Lowland
<i>Salix elaeagnos</i>	Olive Willow	Lowland. By rivers
<i>Salix foetida</i>	Stinking Willow	Locally common
<i>Salix hastata</i>	Large-stipuled Willow	Local. Lauberhorn
<i>Salix glaucosericea</i>	Silky Willow	Local. Lauberhorn
<i>Salix helvetica</i> †	Swiss Willow	Garden. Murren
<i>Salix herbacea</i>	Least Willow	Mountain turf
<i>Salix myrsinites</i>	Whortle-leaved Willow	Mountain turf
<i>Salix reticulata</i>	Net-leaved Willow	Alpine rocks and turf
<i>Salix retusa</i>	Retuse-leaved Willow	Alpine rocks and turf
<i>Salix serpyllifolia</i>	Thyme-leaved Willow	Alpine rocks and turf
Santalaceae	Bastard-toadflax Family	
<i>Thesium alpinum</i>	Alpine Bastard-toadflax	Occasional. Pasture
Saxifragaceae	Saxifrage Family	
<i>Chrysosplenium alternifolium</i>	Alternate-leaved Golden-saxifrage	Occasional
<i>Saxifraga aizoides</i>	Yellow Mountain Saxifrage	Wet turf and scree
<i>Saxifraga androsacea</i>	Scree Saxifrage	Damp scree and snowbeds
<i>Saxifraga bryoides</i>	Mossy Saxifrage	Acidic rocks
<i>Saxifraga caesia</i>	Blue Saxifrage	Limestone rocks and scree
<i>Saxifraga exarata</i> subsp. <i>moschata</i>	Musky Saxifrage	Mountain rocks
<i>Saxifraga oppositifolia</i>	Purple Saxifrage	Rocks, moraine and scree
<i>Saxifraga paniculata</i>	Livelong Saxifrage	Rocks
<i>Saxifraga rotundifolia</i>	Round-leaved Saxifrage	Damp shaded rocks
<i>Saxifraga stellaris</i>	Starry Saxifrage	Acidic flushes
Scrophulariaceae	Figwort Family	
<i>Bartsia alpina</i>	Alpine Bartsia	Mountain turf
<i>Cymbalaia muralis</i> †	Ivy-leaved Toadflax	Occasional on walls

Latin Name	Common Name	Notes
<i>Digitalis grandiflora</i>	Large Yellow Foxglove	Local. Forest
<i>Digitalis lutea</i>	Small Yellow Foxglove	Local. Forest
<i>Erinus alpinus</i>	Fairy Foxglove	Frequent
<i>Euphrasia minima</i>	Dwarf Eyebright	Local. Mountain pasture
<i>Euphrasia officinalis</i> subsp. <i>pratensis</i>	Rostkov's Eyebright	Valley meadows
<i>Euphrasia salisburgensis</i>	Irish Eyebright	Pasture
<i>Linaria alpina</i>	Alpine Toadflax	Moraine and scree
<i>Melampyrum pratense</i>	Common Cow-wheat	Woods
<i>Melampyrum sylvaticum</i>	Small Cow-wheat	Forest
<i>Pedicularis foliosa</i>	Leafy Lousewort	Local. Limestone pasture
<i>Pedicularis oederi</i>	Crimson-tipped Lousewort	Alpine turf
<i>Pedicularis recutita</i>	Beakless Red Lousewort	Local. Mountain turf
<i>Pedicularis tuberosa</i>	Long-beaked Yellow Lousewort	Acidic turf
<i>Pedicularis verticillata</i>	Whorled Lousewort	Mountain turf
<i>Rhinanthus alectorolophus</i>	Greater Yellow-rattle	Common. Meadows
<i>Rhinanthus minor</i>	Yellow-rattle	Uncommon. Pasture
<i>Verbascum nigrum</i>	Dark Mullein	Lowland
<i>Veronica alpina</i>	Alpine Speedwell	Stony mountain pasture
<i>Veronica aphylla</i>	Leafless-stemmed Speedwell	Stony mountain pasture
<i>Veronica beccabunga</i>	Brooklime	Wet places
<i>Veronica bellidioides</i>	Violet Speedwell	Acidic pasture
<i>Veronica chamaedrys</i>	Germander Speedwell	Below Wengen
<i>Veronica fruticans</i>	Rock Speedwell	Mountain rocks
<i>Veronica fruticososa</i>	A Rock Speedwell	Oberberghorn
<i>Veronica officinalis</i>	Heath Speedwell	Woods
<i>Veronica serpyllifolia</i>	Thyme-leaved Speedwell	Frequent
<i>Veronica urticifolia</i>	Nettle-leaved Speedwell	Woods
Solanaceae	Nightshade Family	
<i>Atropa bella-donna</i>	Deadly Nightshade	Forest. Wilderwil
Thymelaeaceae	Mezereon Family	
<i>Daphne mezereum</i>	Mezereon	Local. Mountain pasture
Tiliaceae	Lime Family	
<i>Tilia cordata</i>	Small-leaved Lime	Lowland
<i>Tilia platyphyllos</i>	Large-leaved Lime	Lowland
Ulmaceae	Elm Family	
<i>Ulmus glabra</i>	Wych Elm	Valley woods
Urticaceae	Nettle Family	
<i>Urtica dioica</i>	Common Nettle	Widespread
Valerianaceae	Valerian Family	
<i>Valeriana dioica</i>	Marsh Valerian	Wet pasture
<i>Valeriana officinalis</i>	Common Valerian	Damp meadows
<i>Valeriana tripteris</i>	Three-leaved Valerian	Woods
Violaceae	Violet Family	
<i>Viola biflora</i>	Yellow Wood Violet	Common
<i>Viola calcarata</i>	Long-spurred Pansy	Locally common
<i>Viola cenisia</i>	Mt Cenis Pansy	Moraine and scree

Latin Name	Common Name	Notes
<i>Viola lutea</i>	Mountain Pansy	Locally common
<i>Viola palustris</i>	Marsh Violet	Common
<i>Viola riviniana</i>	Common Dog-violet	Common
<i>Viola tricolor</i>	Wild Pansy	Local
LILIIDAE	MONOCOTYLEDONS	
Amaryllidaceae	Daffodil Family	
<i>Allium schoenoprasum</i>	Chives	Occasional. Mountains
<i>Allium senescens</i>	Mountain Onion	Mannlichen
<i>Allium victorialis</i>	Alpine Leek	Uncommon. Mountain pasture
Asparagaceae	Asparagus Family	
<i>Convallaria majalis</i>	Lily-of-the-Valley	Limestone cliffs and scree
<i>Maianthemum bifolium</i>	May Lily	Mountain woods
<i>Paradisea liliastrum</i>	St Bruno's Lily	Local. Mountain pasture
<i>Polygonatum odoratum</i>	Angular Solomon's-seal	Limestone cliffs and scree
<i>Polygonatum verticillatum</i>	Whorled Solomon's-seal	Occasional. Forests
Colchicaceae	Meadow Saffron Family	
<i>Colchicum autumnale</i>	Meadow Saffron	Meadows below Wengen
Cyperaceae	Sedge Family	
<i>Carex atrata</i>	Black Alpine Sedge	Wet mountain pasture
<i>Carex canescens</i>	White Sedge	Wet mountain pasture
<i>Carex capillaris</i>	Hair Sedge	Wet mountain pasture
<i>Carex caryophyllea</i>	Spring Sedge	Dry pasture
<i>Carex curvula</i>	An alpine Sedge	Dominant. Mountain turf
<i>Carex davalliana</i>	Davall's Sedge	Wet calcareous turf
<i>Carex echinata</i>	Star Sedge	Frequent
<i>Carex ferruginea</i>	Rusty Sedge	Dominant. Limestone turf
<i>Carex flacca</i>	Glaucous Sedge	Common
<i>Carex flava</i>	Yellow Sedge	Marshes
<i>Caex nigra</i>	Black Sedge	Common
<i>Carex panicea</i>	Carnation Sedge	Common
<i>Carex rostrata</i>	Bottle Sedge	Pond margins
<i>Carex sempervirens</i>	Evergreen Sedge	Mountain grassland on limestone
<i>Eriophorum angustifolium</i>	Common Cottongrass	Wet flushes and bogs
<i>Eriophorum scheuchzeri</i>	Scheuchzer's Cottongrass	Occasional. Bogs
Iridaceae	Iris Family	
<i>Crocus vernus</i> subsp. <i>albiflorus</i>	Spring Crocus	Common
Juncaceae	Rush Family	
<i>Juncus alpinoarticulatus</i>	Alpine Rush	Wet mountain pasture
<i>Juncus jacquinii</i>	Jacquin's Rush	Wet mountain pasture
<i>Juncus trifidus</i>	Three-leaved Rush	Acidic mountain turf
<i>Juncus triglumis</i>	Three-flowered Rush	Acidic mountain turf
<i>Luzula alpinopilosa</i>	Alpine Wood-rush	Mountain turf
<i>Luzula lutea</i>	Yellow Wood-rush	Mountain turf
<i>Luzula multiflora</i>	Heath Wood-rush	Mountain turf
<i>Luzula spicata</i>	Spiked Wood-rush	Mountain turf
<i>Luzula sylvatica</i>	Great Wood-rush	Woods

Latin Name	Common Name	Notes
Liliaceae		
<i>Gagea serotina</i>	Snowdon Lily	Mountain turf
<i>Lilium martagon</i>	Martagon Lily	Woods
<i>Streptopus amplexifolius</i>	Streptopus	Occasional. Forests
Melanthiaceae		
<i>Paris quadrifolia</i>	Herb-Paris	Local. Woods
<i>Veratrum album</i>	White False-helleborine	Mountain pasture
Orchidaceae		
Orchid Family		
<i>Cephalanthera longifolia</i>	Narrow-leaved Helleborine	Frequent. Woods
<i>Cephalanthera rubra</i>	Red Helleborine	Local
<i>Chamorchis alpina</i>	Dwarf Orchid	Local
<i>Coeloglossum viride</i>	Frog Orchid	Frequent
<i>Corallorhiza trifida</i>	Coralroot Orchid	Local. Forests
<i>Cypripedium calceolus</i>	Lady's-slipper	Local
<i>Dactylorhiza fuchsii</i>	Common Spotted-orchid	Damp base-rich soils
<i>Dactylorhiza maculata</i>	Heath Spotted-orchid	Acidic soils
<i>Dactylorhiza majalis</i>	Broad-leaved Marsh-orchid	Common
<i>Epipactis atrorubens</i>	Dark-red Helleborine	Frequent. Forests
<i>Epipactis helleborine</i>	Broad-leaved Helleborine	Frequent. Forests
<i>Gymnadenia conopsea</i>	Fragrant-orchid	Common
<i>Gymnadenia rhellicani</i>	Vanilla Orchid	Locally common
<i>Gymnadenia x suaveolens</i> (<i>G.conopsea</i> x <i>G.rhellicani</i>)	A hybrid orchid	Local
<i>Neotinea ustulata</i>	Burnt Orchid	Uncommon. Mountain pasture
<i>Neottia cordata</i>	Lesser Twayblade	Locally common
<i>Neottia nidus-avis</i>	Bird's-nest Orchid	Frequent. Forests
<i>Neottia ovata</i>	Twayblade	Locally common
<i>Ophrys insectifera</i>	Fly Orchid	Rare. Trummelbach
<i>Orchis mascula</i>	Early-purple Orchid	Common
<i>Platanthera bifolia</i>	Lesser Butterfly-orchid	Locally frequent. Forests
<i>Pseudorchis albida</i>	Small-white Orchid	Common. Mountain turf
<i>Traunsteinera globosa</i>	Round-headed Orchid	Local
Poaceae		
Grass Family		
<i>Agropyron repens</i>	Common Couch	Occasional
<i>Agrostis capillaris</i>	Common Bent	Common
<i>Anthoxanthum alpinum</i>	Alpine Vernal-grass	Frequent. Mountain turf
<i>Anthoxanthum odoratum</i>	Sweet Vernal-grass	Common
<i>Arrhenatherum elatius</i>	False Oat-grass	Common
<i>Brachypodium sylvaticum</i>	False Brome	Woods
<i>Briza media</i>	Quaking-grass	Locally common
<i>Bromus hordeaceus</i>	Soft Brome	Frequent
<i>Bromus sterilis</i>	Barren Brome	Frequent
<i>Cynosurus cristatus</i>	Crested Dog's-tail	Common
<i>Dactylis glomerata</i>	Cock's-foot	Common
<i>Deschampsia cespitosa</i>	Tufted Hair-grass	Wet mountain pasture
<i>Deschampsia flexuosa</i>	Wavy Hair-grass	Acidic mountain turf
<i>Festuca ovina</i>	Sheep's-fescue	Common
<i>Festuca rubra</i>	Red Fescue	Common
<i>Festuca violacea</i>	Violet Fescue	Mountain turf
<i>Holcus lanatus</i>	Yorkshire-fog	Locally common

Latin Name	Common Name	Notes
<i>Holcus mollis</i>	Creeping Soft-grass	Locally common
<i>Koeleria macrantha</i>	Crested Hair-grass	Frequent
<i>Lolium perenne</i>	Perennial Rye-grass	Frequent
<i>Melica uniflora</i>	Wood Melick	Woods
<i>Nardus stricta</i>	Mat-grass	Common
<i>Phleum alpinum</i>	Alpine Timothy	Frequent. Mountain pasture
<i>Phleum pratense</i>	Timothy	Common
<i>Poa alpina</i>	Alpine Meadow-grass	Common
<i>Poa annua</i>	Annual Meadow-grass	Common on trackways
<i>Poa pratensis</i>	Smooth Meadow-grass	Common. Meadows
<i>Poa nemoralis</i>	Wood Meadow-grass	Frequent
<i>Poa supina</i>	Creeping Meadow-grass	Frequent
<i>Poa trivialis</i>	Rough Meadow-grass	Frequent
<i>Schedonorus pratensis</i>	Meadow Fescue	Common
<i>Sesleria caerulea</i>	Blue Moor-grass	Common. Limestone pasture
Tofieldiaceae	Scottish Asphodel Family	
<i>Tofieldia calyculata</i>	Tofield's Asphodel	Common

Birds (✓=recorded but not counted; H = heard only)

	Common name	Latin name	June/July								
			26	27	28	29	30	1	2	3	
1	Rock Ptarmigan	<i>Lagopus muta</i>								✓	
2	Mute Swan	<i>Cygnus olor</i>	✓								
3	Mallard	<i>Anas platyrhynchos</i>	✓								
4	Great Crested Grebe	<i>Podiceps cristatus</i>	✓								
5	Grey Heron	<i>Ardea cinerea</i>	✓								
6	Red Kite	<i>Milvus milvus</i>			✓	✓	✓				
7	Black Kite	<i>Milvus migrans</i>	✓								
8	Common Buzzard	<i>Buteo buteo</i>	✓			✓		✓			
9	Golden Eagle	<i>Aquila chrysaetos</i>					✓				
10	Common Kestrel	<i>Falco tinnunculus</i>		✓	✓		✓				
11	Yellow-legged Gull	<i>Larus michahellis</i>	✓								
12	Common Wood Pigeon	<i>Columba palumbus</i>							✓		
13	Common Swift	<i>Apus apus</i>	✓		✓	✓	✓	✓			
14	Black Woodpecker	<i>Dryocopus martius</i>				✓					
15	European Green Woodpecker	<i>Picus viridis</i>				H					
16	Eurasian Jay	<i>Garrulus glandarius</i>	✓			✓	✓				
17	Eurasian Magpie	<i>Pica pica</i>	✓		✓	✓		✓			
18	Spotted Nutcracker	<i>Nucifraga caryocatactes</i>			✓	✓					
19	Alpine Chough	<i>Pyrrhocorax graculus</i>		✓	✓		✓	✓	✓		
20	Carrion Crow	<i>Corvus corone</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓
21	Northern Raven	<i>Corvus corax</i>		✓			✓	✓			
22	Coal Tit	<i>Parus ater</i>			✓	✓					
23	European Crested Tit	<i>Lophophanes cristatus</i>			✓						
24	Great Tit	<i>Parus major</i>		✓							
25	Common House Martin	<i>Delichon urbicum</i>							✓		
26	Common Chiffchaff	<i>Phylloscopus collybita</i>					✓				
27	Eurasian Blackcap	<i>Sylvia atricapilla</i>				✓	✓				
28	Common Firecrest	<i>Regulus ignicapilla</i>				H	H				
29	Eurasian Wren	<i>Troglodytes troglodytes</i>							✓		

	Common name	Latin name	June/July							
			26	27	28	29	30	1	2	3
30	Ring Ouzel	<i>Turdus torquatus</i>			✓	H	H	✓		
31	Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓	✓
32	Fieldfare	<i>Turdus pilaris</i>			✓	✓	✓			
33	Mistle Thrush	<i>Turdus viscivorus</i>		✓	✓	H	H			
34	European Robin	<i>Erithacus rubecula</i>						✓		
35	Black Redstart	<i>Phoenicurus ochruros</i>		✓	✓	✓	✓	✓	✓	
36	White-throated Dipper	<i>Cinclus cinclus</i>				✓				
37	House Sparrow	<i>Passer domesticus</i>	✓	✓	✓	✓	✓	✓	✓	✓
38	White-winged Snowfinch	<i>Montifringilla nivalis</i>		✓					✓	
39	Alpine Accentor	<i>Prunella collaris</i>							✓	
40	Grey Wagtail	<i>Motacilla cinerea</i>	✓							
41	White Wagtail	<i>Motacilla alba</i>			✓	✓	✓	✓		
42	Water Pipit	<i>Anthus spinoletta</i>		✓	✓		✓	✓	✓	
43	Common Chaffinch	<i>Fringilla coelebs</i>	✓	✓	✓	✓	✓	✓	✓	✓
44	European Serin	<i>Serinus serinus</i>			✓			H		
45	Citril Finch	<i>Carduelis citrinella</i>		✓				✓		
46	Common Linnet	<i>Linaria cannabina</i>		✓	✓					

Mammals (E=evidence of)

1	Mole	<i>Talpa europaea</i>		E		✓				
2	Red Squirrel	<i>Sciurus vulgaris</i>			✓					
3	Alpine Marmot	<i>Marmota marmota</i>		✓		✓		✓	H	
4	Snow Vole	<i>Microtus nivalis</i>		E					E	
5	Red Fox	<i>Vulpes vulpes</i>							E	
6	Roe Deer	<i>Capreolus capreolus</i>						2		
7	Alpine Ibex	<i>Capra ibex</i>				E				
8	Alpine Chamois	<i>Rupicapra rupicapra</i>		E	14		8		E	

Reptiles

1	Common Lizard	<i>Zootoca vivipara</i>						✓		
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Amphibians

1	Common Frog	<i>Rana temporaria</i>			✓		✓			
2	Common Newt	<i>Triturus vulgaris</i>		✓	✓					
3	Alpine Salamander	<i>Salamandra atra</i>				✓				

Butterflies

1	Swallowtail	<i>Papilio machaon</i>			✓			✓	✓	
2	Black-veined White	<i>Aporia crataegi</i>			✓					
3	Large White	<i>Pieris brassicae</i>				✓				
4	Green-veined White	<i>Pieris napi</i>			✓					
5	Peak White	<i>Pontia callidice</i>					✓	✓		
6	Orange Tip	<i>Anthocharis cardamines</i>			✓	✓				
7	Mountain Clouded Yellow	<i>Colias phicomone</i>			✓					
8	Green Hairstreak	<i>Callophrys rubi</i>			✓			✓		
9	Purple-edged Copper	<i>Palaeochrysopehanus hippothoe</i>				✓				
10	Little Blue	<i>Cupido minimus</i>			✓	✓		✓		
11	Adonis Blue	<i>Lysandra bellargus</i>			✓					
12	Common Blue	<i>Polyommatus icarus</i>			✓		✓			

	Common name	Latin name	June/July							
			26	27	28	29	30	1	2	3
13	Red Admiral	<i>Vanessa atalanta</i>			✓			✓		
14	Painted Lady	<i>Cynthia cardui</i>			✓		✓	✓		
15	Large Tortoiseshell	<i>Nymphalis polychlorus</i>			✓					
16	Small Tortoiseshell	<i>Aglais urticae</i>		✓		✓	✓	✓		
17	Pearl-bordered Fritillary	<i>Clossiana euphrosyne</i>		✓	✓	✓	✓	✓	✓	
18	False Heath Fritillary	<i>Melitaea diamina</i>				✓				
19	Marbled White	<i>Melanargia galathea</i>				✓				
20	Piedmont Ringlet	<i>Erebia meolans</i>			✓				✓	
21	Meadow Brown	<i>Maniola jurtina</i>				✓				
22	Wall Brown	<i>Lasiommata megera</i>				✓				
23	Dingy Skipper	<i>Erynnis tages</i>			✓		✓		✓	
24	Large Skipper	<i>Ochlodes venatus</i>				✓				
25	Grizzled Skipper	<i>Pyrgus malvae</i>			✓					

Moths

1	Humming-bird Hawk-moth	<i>Macroglossum stellatarum</i>			✓	✓	✓	✓		
2	Chimney Sweeper	<i>Odezia atrata</i>			✓					
3	Burnet Companion	<i>Euclidia glyphica</i>			✓					

Dragonflies

1	Northern Damselfly	<i>Coenagrion hastulatum</i>				✓				
2	White-faced Darter	<i>Leucorrhinia dubia</i>					✓			