

Wengen – Alpine Flowers of the Swiss Alps

Naturetrek Tour Report

18th – 25th June 2025



Gentiana acaulis



Androsace chamaejasme



Pedicularis oederi



Dryas octopetala

Tour report and photos by David Tattersfield



Naturetrek

Mingledown Barn

Wolf's Lane

Chawton

Alton

Hampshire

GU34 3HJ

UK

T: +44 (0)1962 733051

E: info@naturetrek.co.uk

W: www.naturetrek.co.uk

Tour participants: David Tattersfield (tour leader and botanist) with 15 Naturetrek clients.

Day 1

Wednesday 18th June

From Zurich airport, we enjoyed a comfortable journey to Interlaken, where we joined the regional train to Lauterbrunnen. After a short ride on the cogwheel railway to Wengen, we arrived at our hotel at 15.20. It was a hot day, and with plenty of time to spare, before dinner, a few took advantage of the nearby outdoor swimming pool.

Day 2

Thursday 19th June

After breakfast, we took the cable-car to Mannlichen, high above the village. After taking in the stunning panorama of snowy peaks, we set about the task of identifying the commoner plants that we could see on the cliffs, below the viewpoint. Setting off up the mountain, we made new discoveries at almost every step. On north-facing banks, we found the white flowered Alpine Buttercup *Ranunculus alpestris*, and the delicate flowers of Snowdon Lily *Gagea serotina*, and on a shaded cliff, the pure-yellow blooms of Primula auricula and tight cushions of Swiss Rock-jasmine *Androsace helvetica*. Short turf was dotted with bright blue patches of Spring Gentian *Gentiana verna*, and pink Bird's-eye Primrose *Primula farinosa*, and huge drifts of Globeflower *Trollius europaeus* adorned the cliff edge.

Alongside dwindling patches of winter snow, a White-winged Snowfinch was gathering seeds, beside the last of the season's Spring Crocus *Crocus vernus*, the white-flowered Kupfer's Buttercup *Ranunculus kuepferi*, and bold patches of Trumpet Gentian *Gentiana acaulis*. On the higher slopes, a colourful tapestry of flowers included Narcissus-flowered Anemone *Anemonastrum narcissiflorum*, large single white flowers of Alpine Pasque-flower *Pulsatilla alpina* subsp. *alpina*, pale-yellow *Pulsatilla alpina* subsp. *apiifolia*, and Southern Milk-vetch *Astragalus australis*. Finally, on a north-facing slope, we added Crimson-tipped lousewort *Pedicularis oederi*, and Unbranched Lovage *Neogaya simplex*.

We reconvened for drinks, at the Mannlichen Berghaus, before settling down to lunch, on a grassy knoll, overlooking Grindewald. In the more acidic rocks and turf, here, we noted Alpenrose *Rhododendron ferrugineum*, prostrate carpets of Creeping Azalea *Kalmia procumbens*, Alpine Moon Daisy *Leucanthemopsis alpina*, Mossy Saxifrage *Saxifraga bryoides*, and Hairy Primrose *Primula hirsuta*.

In the afternoon, we followed an easy trail to Kleine Scheidegg. Among many floral highlights, were Alpine Butterwort *Pinguicula alpina*, Downy Rock-jasmine *Androsace pubescens*, Oxlip *Primula elatior*, Pallid Milk-vetch *Astragalus frigidus*, and dark-blue Bavarian Gentian *Gentiana bavarica*. Across the valley, the dramatic north face of the Eiger loomed above us. With so much to see and enjoy, we took our time and caught the last train to Wengen, at 18.14.

Day 3

Friday 20th June

After taking the train to Wengernalp, we followed the road down to Wixi, through damp flower-rich meadows, where common plants included Golden Hawk's-beard *Crepis aurea*, Scheuchzer's Bellflower *Campanula scheuchzeri*, pale-yellow Spiked Rampion *Phyteuma spicatum*, Wood Crane's-bill *Geranium sylvaticum*, and dark-purple Broad-leaved Marsh Orchid *Dactylorhiza majalis*. Beyond the chairlifts, among limestone rocks, the prominent plants were

the pale blue Matted Globularia *Globularia cordifolia*, Horseshoe Vetch *Hippocrepis comosa*, and Cypress Spurge *Euphorbia cyparissias*. Continuing down through the forest, we noted the Shrubby Milkwort *Polygaloides chamaebuxus*, Lesser Butterfly-orchid *Platanthera bifolia*, Coralroot Orchid *Corallorhiza trifida*, and Serrated Wintergreen *Orthilia secunda*.

We enjoyed panoramic views, over lunch, at Biglenalp, and afterwards we were fortunate to see a well-flowered plant of Lady's-slipper *Cypripedium calceolus*, in pristine condition. The surrounding pasture had an array of colourful plants, such as the soft-pink Mountain Sainfoin *Onobrychis montana*, Yellow Milk-vetch *Oxytropis campestris*, Alpine Calamint *Acinos alpinus* and scattered shrubs of Hairy Alpenrose *Rhododendron hirsutum*.

We followed a lovely trail through the meadows, where Adonis Blue, Common Blue, Grizzled Skipper and a pair of freshly emerged Swallowtails, were taking salts from a large patch of mud. On the damp floor of the forest, we found May Lily *Maianthemum bifolium*, and colonies of the tiny Lesser Twayblade *Neottia cordata*, almost invisible against the mossy background. Passing through herds of contented cows, we joined a broad farm track, at Mettlenalp, and continued through the forest to Almend, where we caught the train to Wengen.

Day 4

Saturday 21st June

Following a steep path down to Lauterbrunnen, the forest understorey harboured plants more typical of lower elevations, such as Dog's Mercury *Mercurialis perennis*, Nettle-leaved Speedwell *Veronica urticifolia*, Cowslip *Primula veris*, and Herb-Paris *Paris quadrifolia*. In open glades, we added Nettle-leaved Bellflower *Campanula trachelium*, Dark Columbine *Aquilegia atrata*, the large Cabbage Thistle *Cirsium oleraceum*, and the tall, white plumes of Goat's-beard *Spiraea Aruncus dioicus*.

After coffee, we took the bus to Trummelbach, where conveniently placed picnic tables and benches provided a comfortable spot for our lunch. Cloud had been increasing during the morning and, no sooner than we had finished eating, rain began to fall. Hastily, we crossed the road to the Trummelbach Falls, where, at least, we remained relatively dry. The river thunders through a narrow chasm, where 10 spectacular waterfalls are accessed by a lift and tunnels. After a truly amazing and unique experience, we descended past the lower falls, noting the rhizomatous Mountain Bladder-fern *Cystopteris montana*, Green Spleenwort *Asplenium viride* and the delicate Mossy Sandwort *Moerhingia muscosa*, all thriving in the cool and constantly damp environment. During our visit, the flow of water had increased, dramatically, due to violent thunderstorms over the Jungfrau, and the river was now a raging torrent of silt-laden water.

After sheltering in the café for a while, there was no sign of the downpours easing, so we took the bus back to Lauterbrunnen, and the train to Wengen.

Day 5

Sunday 22nd June

We awoke to a cloudless, clear blue sky, which remained for the rest of the day. After taking the train down to Lauterbrunnen and the cable-car to Grutschalp, we boarded the smart, brand-new train to Murren, high on the edge of the cliff, opposite the Trummelbach Falls. After a short stroll through the village, we took the funicular to the restaurant at Almendhubel and enjoyed a coffee break. The vegetation on this side of the valley provided a complete contrast to that seen on previous days. On damp slopes, thickets of Green Alder contained a luxuriant

growth of ferns and a predominance of tall herbs including Wood Crane's-bill, Red Campion *Silene dioica*, Purple Gentian *Gentiana purpurea*, White False Helleborine *Veratrum album*, and the curious lily-relative *Streptopus amplexifolius*. Wet flushes provided an abundance of orchids, with fine specimens of Early-purple Orchid *Orchis mascula*, Broad-leaved Marsh-orchid *Dacylorhiza majalis*, Twayblade *Neottia ovata*, and the distinctive Round-headed Orchid *Traunsteinera globosa*.

After lunch, the Mountain View Trail, provided breathtaking views across the valley to the Eiger, Monch and Jungfrau, and plenty of new botanical discoveries. Highlights were St Bruno's Lily *Paradisea liliastrum*, Alpine Bladder-fern *Cystopteris alpina*, and tall stands of Alpine Blue-sowthistle *Cicerbita alpina*. A longish descent returned us to Grutschalp, where we took the cable car to Lauterbrunnen and our return train to Wengen.

Day 6

Monday 23rd June

We had a relaxing start to the day, travelling by train down to Wilderswil, and then joining the delightful little train, for the steep climb to Schynige Platte. After coffee, we spent an absorbing morning in the Alpine Garden, enjoying its natural setting and the superb displays of carefully labelled plants. By now, some were familiar to us, but there were many more from other alpine regions of Switzerland, displayed in their relevant habitats.

After lunch indoors, during a brief spell of light rain, we climbed steeply to the summit of Gaube and followed the ridge towards the Oberberghorn, where we looked down on Interlaken and the two lakes, the Brienzensee and Thunersee. We were in a botanical paradise, with superb specimens of Alpine Sainfoin *Hedysarum hedysaroides*, Alpine Leek *Allium victorialis*, Yellow Pea *Lathyrus laevigatus* subsp. *occidentalis*, Yellow Bellflower *Campanula thyrsoides*, and the robust, yellow, Leafy Lousewort *Pedicularis foliosa*. The limestone slopes were home to a rich diversity of plants, such as the deep-purple Mountain Milk-vetch *Oxytropis jacquinii*, Alpine Aster *Aster alpinus* and Wood Pink *Dianthus sylvestris*. Dwarf Buckthorn *Rhamnus pumilus* clung to the rocks above our heads and on the scree were extensive colonies of Limestone Fern *Gymnocarpium robertianum*, Angular Solomon's-seal *Polygonatum odoratum*, Whorled Solomon's-seal *Polygonatum verticillatum*, and Lily-of-the-Valley *Convallaria majalis*. Just enough time remained for us to walk to a second viewpoint, where St Bruno's Lily was plentiful, on the grassy slopes, before we had to return to the station, to catch our train. Between trains, at Wilderwil, we enjoyed ice-creams, before the familiar journey back to Wengen.

Day 7

Tuesday 24th June

Taking the trains to Kleine Scheidegg and on to the Eigergletscher station, we had perfect weather for our last full day of discoveries. Above the station platform, we made our way past the railway tunnel entrance, and onto the moraines, below the west ridge of the Eiger. Although, from a distance they looked bare, closer inspection revealed some wonderful plants among the rocks. Most attractive, among these, were Alpine Toadflax *Linaria alpina*, Mt Cenis Pansy *Viola cenisia*, the sweetly scented Round-leaved Penny-cress *Nocca rotundifolia*, and Broad-leaved Mouse-ear *Cerastium latifolium*. We followed the narrow ridge of the medial moraine back towards the station. Here the moraines were almost completely colonised by mosses and sprawling mats of Retuse Willow *Salix retusa*, interspersed with cushions of Moss Campion *Silene acaulis*, and Spring Gentian, and tufts of Dark-stemmed Sneezwort *Achillea atrata*, and Buckler Mustard *Biscutella laevigata*.

After coffee in the station café, we ventured a little way onto Eiger Trail, where we found Net-leaved Willow *Salix reticulata*, Glacier Crowfoot *Ranunculus glacialis*, and Short-leaved Gentian *Gentiana brachyphylla*, growing on the steep, north-facing screes. Returning through the station, we found an ideal spot for our lunch, and shared our leftovers with dozens of Alpine Chough. Some of the group took the easy trail to Kleine Scheidegg, leaving the remainder to follow the steep moraine towards Wengernalp. Just before the station, we had the most unexpected sight of a Massai tribesman, in full traditional costume, herding cows into the milking parlour.

Back at the hotel, we had our last evening meal together on the patio, and watched the snows of the Jungfrau turn to a pale shade of pink, as the sun set. A fitting end to a wonderful week!

Day 8

Wednesday 25th June

After breakfast, we thanked Martina and her staff for their excellent hospitality and strolled down to the station for our early morning train to Zurich.

Receive our e-newsletter

Join the Naturetrek email list and be the first to hear about new tours, additional departures and new dates, tour reports and special offers.

naturetrek.co.uk/e-newsletter-signup

Scan to
sign up!



Social Media

We're social! Follow us on Instagram, Facebook, Bluesky and X and be the first to hear about the launch of new tours, offers, exciting sightings and photos from our recently returned holidays.



[instagram.com/naturetrek_wildlife_holidays](https://www.instagram.com/naturetrek_wildlife_holidays)



[facebook.com/naturetrekwildlifeholidays](https://www.facebook.com/naturetrekwildlifeholidays)



naturetrek.bsky.social



x.com/naturetrektours (formerly Twitter)

Species lists

Plants

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
PTERIDOPHYTES		
Aspleniaceae		
<i>Asplenium adiantum-nigrum</i>	Black Spleenwort	Shady cliffs
<i>Asplenium ruta-muraria</i>	Wall-rue	Walls
<i>Asplenium scolopendrium</i>	Hart's-tongue	Lowland woods
<i>Asplenium septentrionale</i>	Forked Spleenwort	Rare, on rocks
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	Walls and cliffs
<i>Asplenium viride</i>	Green Spleenwort	Mountain rocks
Athyriaceae		
<i>Athyrium distentifolium</i>	Alpine Lady-fern	Mountain woods. Above Murren
<i>Athyrium filix-femina</i>	Lady-fern	Occasional
Blechnaceae		
<i>Blechnum spicant</i>	Hard-fern	Locally common
Cystopteridaceae		
<i>Cystopteris alpina</i>	Alpine Bladder-fern	Rare. Grutschalp
<i>Cystopteris fragilis</i>	Brittle Bladder-fern	Frequent on rocks
<i>Cystopteris montana</i>	Mountain Bladder-fern	Local. Trummelbach
<i>Gymnocarpium dryopteris</i>	Oak Fern	Woods and rocks. Local
<i>Gymnocarpium robertianum</i>	Limestone Fern	Limestone rocks. Oberberghorn
Dennstaedtiaceae		
<i>Pteridium aquilinum</i>	Bracken	Valley woodland
Dryopteridaceae		
<i>Dryopteris affinis</i>	Scaly Male-fern	Widespread
<i>Dryopteris carthusiana</i>	Narrow Buckler-fern	Damp scrub
<i>Dryopteris dilatata</i>	Broad Buckler-fern	Frequent
<i>Dryopteris expansa</i>	Northern Buckler-fern	Damp scrub
<i>Dryopteris filix-mas</i>	Male-fern	Widespread
<i>Dryopteris submontana</i>	Rigid Buckler-fern	Schynige Platte
<i>Polystichum aculeatum</i>	Hard Shield-fern	Woods. Occasional
<i>Polystichum lonchitis</i>	Holly-fern	Mountain rocks
Equisetaceae		
<i>Equisetum arvense</i>	Field Horsetail	Meadows and tracksides
<i>Equisetum palustre</i>	Marsh Horsetail	Wet pasture
<i>Equisetum sylvaticum</i>	Wood Horsetail	Woods and damp pasture
<i>Equisetum telmateia</i>	Great Horsetail	Below Wengen
FERNS AND FERN ALLIES		
Spleenwort Family		
Lady-fern Family		
Hard-fern Family		
Bladder-fern Family		
Bracken Family		
Buckler-fern Family		
Horsetail Family		

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
Lycopodiaceae		
<i>Huperzia selago</i>	Fir Clubmoss	Frequent. Acidic pasture
<i>Lycopodium alpinum</i>	Alpine Clubmoss	Above Grutschalp
<i>Lycopodium annotinum</i>	Interrupted Clubmoss	Local. Almend
<i>Lycopodium clavatum</i>	Stag's-horn Clubmoss	Local. Above Grutschalp
Ophioglossaceae		
<i>Botrychium lunaria</i>	Adder's-tongue Family Moonwort	Short turf. Widespread
Polypodiaceae		
<i>Polypodium vulgare</i>	Polypody Family Common Polypody	Occasional on rocks
Pteridaceae		
<i>Cryptogramma crispa</i>	Maidenhair Fern Family Parsley Fern	Acidic rocks
Selaginellaceae		
<i>Selaginella selaginoides</i>	Lesser Clubmoss Family Lesser Clubmoss	Occasional in turf
Thelypteridaceae		
<i>Oreopteris limbosperma</i>	Marsh Fern Family Lemon-scented Fern	Green Alder scrub and woods
<i>Phegopteris connectilis</i>	Beech Fern	Woods. Occasional
Woodsiaceae		
<i>Woodsia alpina</i>	Cliff Fern Family Alpine Woodsia	Rare. Almendhubel
GYMNOSPERMS		
Cupressaceae		
<i>Juniperus communis</i> var. <i>saxatilis</i>	Juniper Family Common Juniper	Mountain pasture
Pinaceae		
<i>Abies alba</i>	Pine Family European Silver-fir	Occasional. Forests
<i>Larix decidua</i>	Larch	Occasional
<i>Picea abies</i>	Norway Spruce	Dominant. Forests
<i>Pinus cembra</i>	Arolla Pine	Locally dominant at treeline
<i>Pinus mugo</i>	Dwarf Mountain-pine	Occasional
<i>Pinus sylvestris</i>	Scots Pine	Occasional
<i>Pseudotsuga menziesii</i> ‡	Douglas Fir	Forest below Wengen
ANGIOSPERMS		
DICOTYLEDONS		
Amaranthaceae		
<i>Blitum bonus-henricus</i>	Goosefoot Family Good-King-Henry	Frequent weed
<i>Chenopodium album</i>	Fat-hen	Occasional weed

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
Apiaceae		
Carrot Family		
<i>Aegopodium podagraria</i>	Ground Elder	Below Wengen
<i>Angelica sylvestris</i>	Wild Angelica	Common in lowlands
<i>Anthriscus sylvestris</i>	Cow Parsley	Frequent
<i>Astrantia major</i>	Astrantia	Meadows
<i>Astrantia minor</i>	Lesser Astrantia	Locally common
<i>Athamanta cretensis</i>	Athamanta	Rocky places and moraines
<i>Bupleurum stellatum</i>	Starry Hare's-ear	Mountain rocks
<i>Carum carvi</i>	Caraway	Tracksides
<i>Chaerophyllum hirsutum</i>	Hairy Chervil	Woods
<i>Daucus carota</i>	Wild Carrot	Wilderswil
<i>Heracleum sphondylium</i>	Hogweed	Common
<i>Laserpitium halleri</i>	Haller's Sermountain	Occasional
<i>Laserpitium latifolium</i>	Broad-leaved Sermountain	Trummelbach
<i>Mutellina adonidifolia</i>	Alpine Lovage	Mountain pasture
<i>Neogaya simplex</i>	Unbranched Lovage	High-mountain pasture
<i>Peucedanum ostruthium</i>	Masterwort	Common
<i>Pimpinella major</i>	Greater Burnet-saxifrage	Common
<i>Pimpinella saxifraga</i>	Burnet-saxifrage	Meadows
<i>Sanicula europaea</i>	Sanicle	Lowland woods
<i>Siler montanum</i>	Narrow-leaved Sermountain	Occasional
Apocynaceae		
Dogbane Family		
<i>Vincetoxicum hirundinaria</i>	Swallow-wort	Frequent
Araliaceae		
Ivy Family		
<i>Hedera helix</i>	Ivy	Occasional
Asteraceae		
Daisy Family		
<i>Adenostyles alliariae</i>	Adenostyles	Green Alder scrub
<i>Adenostyles alpina</i> subsp. <i>alpina</i>	Hairless Adenostyles	Screes. Oberberghorn
<i>Adenostyles leucophylla</i>	White-leaved Adenostyles	Screes. Oberberghorn
<i>Achillea atrata</i>	Dark-stemmed Sneezewort	Frequent on limestone
<i>Achillea erba-rotta</i> subsp. <i>moschata</i>	Musk Milfoil	Acidic mountain pasture
<i>Achillea macrophylla</i>	Large-leaved Yarrow	Almendhubel
<i>Achillea millefolium</i>	Yarrow	Meadows
<i>Antennaria carpatica</i>	Carpathian Cat's-foot	Occasional. Mountain pasture
<i>Antennaria dioica</i>	Cat's-foot	Common
<i>Arnica montana</i>	Arnica	Common
<i>Aster alpinus</i>	Alpine Aster	Mountain rocks and turf
<i>Aster bellidiastrum</i>	False Aster	Common
<i>Bellis perennis</i>	Daisy	Frequent
<i>Carduus defloratus</i>	Alpine Thistle	Common
<i>Carduus personata</i>	Great Marsh Thistle	Murren
<i>Carlina acaulis</i>	Stemless Carline Thistle	Mountain pasture
<i>Centaurea montana</i>	Mountain Cornflower	Meadows
<i>Centaurea scabiosa</i>	Greater Knapweed	Meadows

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
<i>Cicerbita alpina</i>	Alpine Blue-sowthistle	Forests and scrub
<i>Cirsium acaule</i>	Dwarf Thistle	Mountain pasture
<i>Cirsium oleraceum</i>	Cabbage Thistle	Common below Wengen
<i>Cirsium palustre</i>	Marsh Thistle	Occasional. Wet places
<i>Cirsium spinosissimum</i>	Spiniest Thistle	Mountain pasture
<i>Crepis aurea</i>	Golden Hawk's-beard	Meadows
<i>Crepis paludosa</i>	Marsh Hawk's-beard	Wet meadows
<i>Crepis pontana</i>	Mountain Hawk's-beard	Mountain pasture
<i>Crepis pyrenaica</i>	Pyrenean Hawk's-beard	Meadows. Murren
<i>Doronicum grandiflorum</i>	Large-flowered Leopard's-bane	Screes
<i>Erigeron alpinus</i>	Alpine Fleabane	Mountain rocks. Local
<i>Erigeron annuus</i> ‡	Tall Fleabane	Wilderswil
<i>Eupatorium cannabinum</i>	Hemp Agrimony	Lowland
<i>Hieracium angustifolium</i>	Glacier Hawkweed	Occasional
<i>Hieracium murorum</i>	Few-leaved Hawkweed	Occasional
<i>Hieracium piliferum</i>	Hairy Hawkweed	Occasional
<i>Hieracium pilosum</i>	Fimbriate-pitted Hawkweed	Occasional
<i>Hieracium villosum</i>	Shaggy Hawkweed	Mannlichen
<i>Homogyne alpina</i>	Alpine Colt's-foot	Mountain turf. Common
<i>Hypochaeris uniflora</i>	Giant Cat's-ear	Mannlichen
<i>Lapsana communis</i>	Nipplewort	Below Wengen
<i>Leontodon hispidus</i>	Alpine Hawkbit	Acidic pasture
<i>Leucanthemopsis alpina</i>	Alpine Moon Daisy	Acidic mountain turf
<i>Leucanthemum adustum</i>	Mountain Ox-eye	Mountain pasture
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	Meadows
<i>Matricaria discoidea</i> ‡	Pineappleweed	Ruderal
<i>Mycelis muralis</i>	Wall Lettuce	Walls
<i>Omalotheca norvegica</i>	Norwegian Cudweed	Occasional
<i>Omalotheca supina</i>	Dwarf Cudweed	Snowbeds
<i>Petasites albus</i>	White Butterbur	Mannlichen
<i>Petasites paradoxus</i>	Alpine Butterbur	Mountain pasture
<i>Pilosella aurantiaca</i> ‡	Fox-and-cubs	Wengen
<i>Pilosella lactucella</i>	Glaucous Fox-and-cubs	Common
<i>Pilosella officinarum</i>	Mouse-ear Hawkweed	Common
<i>Prenanthes purpurea</i>	Purple Lettuce	Common. Forests
<i>Saussurea alpina</i>	Alpine Saw-wort	Mountain turf
<i>Scorzoneroides helvetica</i>	Swiss Hawkbit	Mountain turf. Common
<i>Senecio doronicum</i>	Chamois Ragwort	Limestone rocks and scree
<i>Senecio ovatus</i>	Wood Ragwort	Forests
<i>Solidago virgaurea</i>	Goldenrod	Mountain pasture
<i>Sonchus asper</i>	Prickly Sow-thistle	Ruderal
<i>Sonchus oleraceus</i>	Smooth Sow-thistle	Ruderal
<i>Taraxacum alpinum</i>	Alpine Dandelion	Screes
<i>Taraxacum officinale</i> agg.	Dandelion	Widespread
<i>Tolpis staticifolia</i>	Statice-leaved Hawkweed	Alluvium and scree
<i>Tragopogon pratensis</i>	Goat's-beard	Meadows
<i>Tussilago farfara</i>	Colt's-foot	Damp places. Widespread

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
Balsaminaceae		
<i>Impatiens parviflora</i> ‡	Balsam Family Small Balsam	Woods below Wengen
Betulaceae		
<i>Alnus alnobetula</i> subsp. <i>alnobetula</i>	Birch Family Green Alder	Wet mountain slopes
<i>Alnus glutinosa</i>	Common Alder	Valleys, by rivers
<i>Alnus incana</i>	Grey Alder	Valleys, by rivers
<i>Betula pendula</i>	Silver Birch	Widespread
<i>Betula pubescens</i>	Downy Birch	Frequent
Boraginaceae		
<i>Asperugo procumbens</i>	Borage Family Madwort	Waste ground
<i>Echium vulgare</i>	Viper's Bugloss	Below Wengen
<i>Myosotis alpestris</i>	Alpine Forget-me-not	Common
Brassicaceae		
<i>Alliaria petiolata</i>	Cabbage Family Garlic Mustard	Tracksides
<i>Arabis alpina</i> subsp. <i>alpina</i>	Alpine Rock-cress	Alpine rocks
<i>Arabis hirsuta</i>	Hairy Rock-cress	Limestone rocks
<i>Biscutella laevigata</i>	Buckler Mustard	Mountain turf and moraine
<i>Capsella bursa-pastoris</i>	Shepherd's-purse	Widespread
<i>Cardamine amara</i>	Large Bitter-cress	Streamsides
<i>Cardamine bellidifolia</i> subsp. <i>alpina</i>	Alpine Bitter-cress	Mountain rocks
<i>Cardamine flexuosa</i>	Wavy Bitter-cress	Wet places
<i>Cardamine hirsuta</i>	Hairy Bitter-cress	Occasional
<i>Cardamine impatiens</i>	Narrow-leaved Bitter-cress	Damp places
<i>Cardamine pratensis</i> subsp. <i>pratensis</i>	Cuckooflower	Wet places
<i>Cardamine resedifolia</i>	Mignonette-leaved Bitter-cress	Mountain rocks
<i>Draba aizoides</i>	Yellow Whitlowgrass	Moraines
<i>Draba dubia</i>	Austrian Whitlowgrass	Rocky places
<i>Draba tomentosa</i>	Wooly Whitlowgrass	Rocks. Almendhubel
<i>Draba verna</i>	Spring Whitlowgrass	Occasional
<i>Hornungia alpina</i> subsp. <i>alpina</i>	Chamois Cress	Mountain rocks and screes
<i>Kernera saxatilis</i>	Rock Kerneria	Limestone rocks.
<i>Noccaea perfoliata</i>	Perfoliate Penny-cress	Near habitation
<i>Noccaea rotundifolia</i>	Round-leaved Penny-cress	Moraines and screes
<i>Pseudoturritis turrita</i>	Tower Cress	Lowland rocks
<i>Sisymbrium austriacum</i>	Austrian Rocket	Waste places
Campanulaceae		
<i>Campanula barbata</i>	Bellflower Family Bearded Bellflower	Mountain turf
<i>Campanula cochleariifolia</i>	Fairy's-thimble	Screes
<i>Campanula rhomboidalis</i>	Broad-leaved Bellflower	Common in meadows
<i>Campanula rotundifolia</i>	Harebell	Common
<i>Campanula scheuchzeri</i>	Scheuchzer's Bellflower	Mountain turf
<i>Campanula thyrsoides</i>	Yellow Bellflower	Schynige Platte

‡ = cultivated or naturalised

Latin Name*Campanula trachelium**Phyteuma betonicifolium**Phyteuma hemisphaericum**Phyteuma orbiculare**Phyteuma spicatum***Cannabaceae***Humulus lupulus***Caprifoliaceae***Knautia arvensis**Knautia dipsacifolia**Lonicera alpigena**Lonicera caerulea**Lonicera nigra**Lonicera xylosteum**Scabiosa columbaria**Scabiosa lucida**Succisa pratensis**Valeriana dioica**Valeriana officinalis**Valeriana tripteris***Caryophyllaceae***Arenaria biflora**Arenaria ciliata**Atocion rupestre**Cerastium alpinum**Cerastium arvense* subsp. *strictum* (*C. elongatum*)*Cerastium fontanum**Cerastium glomeratum**Cerastium latifolium**Cherleria sedoides**Dianthus barbatus* ‡*Dianthus carthusianorum**Dianthus superbus* ‡*Dianthus sylvestris**Dichodon cerastoides**Gypsophila repens**Moehringia ciliata**Moehringia muscosa**Sabulina verna**Sagina procumbens**Saponaria ocymoides**Silene acaulis**Silene dioica**Silene exscapa***Common Name**

Nettle-leaved Bellflower

Betony-leaved Rampion

Globe-headed Rampion

Round-headed Rampion

Spiked Rampion

Notes

Woods

Acidic pasture

Mountain Rocks

Meadows. Frequent

Meadows. Frequent

Hop Family

Hop

Below Wengen

Honeysuckle Family

Field Scabious

Wood Scabious

Alpine Honeysuckle

Blue-berried Honeysuckle

Black-berried Honeysuckle

Fly Honeysuckle

Small Scabious

Shining Scabious

Devil's-bit Scabious

Marsh Valerian

Common Valerian

Three-leaved Valerian

Common

Common

Occasional. Forests

Green Alder scrub

Woods

Woods

Common in lowlands

Meadows

Damp meadows

Wet pasture

Damp meadows

Woods

Pink Family

Two-flowered Sandwort

Ciliate-leaved Sandwort

Rock Campion

Alpine Mouse-ear

Field Mouse-ear

Common Mouse-ear

Sticky Mouse-ear

Broad-leaved Mouse-ear

Mossy Cyphel

Sweet-William

Carthusian Pink

Large Pink

Wood Pink

Starwort Mouse-ear

Alpine Gypsophila

Creeping Sandwort

Mossy Sandwort

Vernal Sandwort

Procumbent Pearlwort

Rock Soapwort

Moss Campion

Red Campion

Stemless Moss Campion

Screes

Screes

Common on rocks

Mountain turf

Frequent

Common

Waste places

Moraines and screes

Alpine turf

Garden escape

Almendhubel

Railway banks below Almend

Rocks. Local

Rocks and pasture

Frequent

Screes

Shady places. Local

Rocky places

Common

Cliffs below Wengen

Mountain turf

Frequent. Meadows

Mountain turf

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
<i>Silene flos-cuculi</i>	Ragged-Robin	Wet flushes
<i>Silene nutans</i>	Nottingham Catchfly	Occasional. Rocks
<i>Silene vulgaris</i>	Bladder Campion	Occasional. Meadows
<i>Stellaria graminea</i>	Lesser Stitchwort	Occasional
<i>Stellaria holostea</i>	Greater Stitchwort	Occasional
<i>Stellaria media</i>	Common Chickweed	Occasional
<i>Stellaria nemorum</i>	Wood Stitchwort	Woods
Celastraceae		
<i>Parnassia palustris</i>	Spindle Family Grass-of-Parnassus	Damp flushes
Cistaceae		
<i>Helianthemum nummularium</i> subsp. <i>grandiflorum</i>	Rockrose Family Large-flowered Common Rockrose	Common
<i>Helianthemum oelandicum</i> subsp. <i>alpestre</i>	Alpine Rockrose	Frequent
Convolvulaceae		
<i>Cuscuta epithymum</i>	Bindweed Family Common Dodder	Frequent
Cornaceae		
<i>Cornus sanguinea</i>	Dogwood Family Dogwood	Woods
Corylaceae		
<i>Corylus avellana</i>	Hazel Family Hazel	Woods
Crassulaceae		
<i>Petrosedum rupestre</i>	Stonecrop Family Rock Stonecrop	Occasional. Rocks
<i>Phedismus spurius</i> ‡	Caucasian Stonecrop	Wengen
<i>Sedum acre</i>	Biting Stonecrop	Occasional
<i>Sedum album</i>	White Stonecrop	Walls. Wengen
<i>Sedum annuum</i>	Annual Stonecrop	Mountain rocks
<i>Sedum alpestre</i>	Alpine Stonecrop	Mountain rocks
<i>Sedum atratum</i>	Dark Stonecrop	Mountain rocks
<i>Sedum dasyphyllum</i>	Thick-leaved Stonecrop	Walls and rocks
<i>Sedum hispanicum</i> ‡	Spanish Stonecrop	Naturalised. Wengen
<i>Sedum rubens</i>	Reddish Stonecrop	Rocks
<i>Sedum sexangulare</i> ‡	Tasteless Stonecrop	Walls. Wengen
<i>Sempervivum montanum</i>	Mountain Houseleek	Common on rocks
<i>Sempervivum tectorum</i>	Common Houseleek	Frequent on rocks
Ericaceae		
<i>Arctostaphylos uva-ursi</i>	Heather Family Bearberry	Acidic heaths
<i>Arctous alpina</i>	Alpine Bearberry	Occasional. Mountain turf
<i>Calluna vulgaris</i>	Ling	Frequent
<i>Empetrum nigrum</i> subsp. <i>hermaphroditum</i>	Hermaphrodite Crowberry	Acidic heaths
<i>Erica carnea</i>	Spring Heath	Frequent on limestone
<i>Kalmia procumbens</i>	Trailing Azalea	Acidic heaths
<i>Moneses uniflora</i>	One-flowered Wintergreen	Forest

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
<i>Orthilia secunda</i>	Serrated Wintergreen	Forest
<i>Pyrola media</i>	Intermediate Wintergreen	Above Murren
<i>Pyrola minor</i>	Lesser Wintergreen	Forest
<i>Rhododendron ferrugineum</i>	Alpenrose	Common
<i>Rhododendron hirsutum</i>	Hairy Alpenrose	Common on limestone
<i>Vaccinium myrtillus</i>	Bilberry	Common
<i>Vaccinium uliginosum</i> agg.	Bog Whortleberry	Common
<i>Vaccinium vitis-idaea</i>	Cowberry	Common
Euphorbiaceae		
<i>Euphorbia cyparissias</i>	Cypress Spurge	Frequent on limestone
<i>Euphorbia helioscopia</i>	Sun Spurge	Around habitation
<i>Mercurialis perennis</i>	Dog's Mercury	Woods
Fabaceae		
<i>Anthyllis vulneraria</i> subsp. <i>alpestris</i>	Alpine Kidney Vetch	Mountain pasture
<i>Astragalus alpinus</i>	Alpine Milk-vetch	Mountain turf
<i>Astragalus australis</i>	Southern Milk-vetch	Mountain turf
<i>Astragalus frigidus</i>	Pallid Milk-vetch	Limestone cliffs
<i>Astragalus glycyphyllos</i>	Wild Liquorice	Occasional
<i>Astragalus penduliflorus</i>	Mountain Lentil	Limestone cliffs
<i>Coronilla emerus</i>	False Senna	Occasional
<i>Coronilla vaginalis</i>	Small Scorpion-vetch	Cliffs below Wengen
<i>Hedysarum hedysaroides</i>	Alpine Sainfoin	Mountain pasture
<i>Hippocrepis comosa</i>	Horseshoe Vetch	Common
<i>Lathyrus aphaca</i>	Yellow Vetchling	Meadows
<i>Lathyrus laevigatus</i> subsp. <i>occidentalis</i>	Yellow Pea	Grutschalp, Schynige Platte
<i>Lathyrus latifolius</i> ‡	Broad-leaved Everlasting-pea	Wengen
<i>Lathyrus pratensis</i>	Meadow Vetchling	Meadows
<i>Lotus alpinus</i>	Alpine Bird's-foot-trefoil	Mountain turf
<i>Lotus corniculatus</i>	Bird's-foot-trefoil	Meadows
<i>Medicago lupulina</i>	Black Medick	Common
<i>Medicago sativa</i> ‡	Lucerne	Occasional weed
<i>Melilotus albus</i>	White Melilot	Lowland
<i>Melilotus indicus</i>	Small Melilot	Lowland
<i>Onobrychis arenaria</i>	Small Sainfoin	Occasional
<i>Onobrychis montana</i>	Mountain Sainfoin	Mountain pasture
<i>Oxytropis campestris</i>	Yellow Milk-vetch	Locally common
<i>Oxytropis jacquinii</i>	Mountain Milk-vetch	Moraines. Local
<i>Robinia pseudoacacia</i> ‡	False Acacia	Lowlands
<i>Securigera varia</i>	Crown Vetch	Wilderswil
<i>Trifolium alpinum</i>	Alpine Clover	Common
<i>Trifolium badium</i>	Brown Clover	Mountain meadows
<i>Trifolium montanum</i>	Mountain Clover	Mountain pasture
<i>Trifolium pratense</i>	Red Clover	Meadows
<i>Trifolium repens</i>	White Clover	Frequent
<i>Trifolium thalii</i>	Thal's Clover	Mountain turf and scree

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
<i>Vicia cracca</i>	Tufted Vetch	Frequent
<i>Vicia sepium</i>	Bush Vetch	Occasional
<i>Vicia sylvatica</i>	Wood Vetch	Lowland woods
Fagaceae	Beech Family	
<i>Castanea sativa</i> ‡	Sweet Chestnut	Occasional
<i>Fagus sylvatica</i>	Beech	Valley forest
<i>Quercus petraea</i>	Sessile Oak	Frequent. Woods
<i>Quercus robur</i>	Pedunculate Oak	Occasional
Gentianaceae	Gentian Family	
<i>Gentiana acaulis</i>	Trumpet Gentian	Mountain pasture
<i>Gentiana asclepiadea</i>	Willow Gentian	Woods on limestone
<i>Gentiana bavarica</i>	Bavarian Gentian	Marshes
<i>Gentiana brachyphylla</i>	Short-leaved Gentian	Alpine turf
<i>Gentiana clusii</i>	Clusius' Gentian	Limestone pasture
<i>Gentiana lutea</i>	Great Yellow Gentian	Mountain pasture
<i>Gentiana nivalis</i>	Snow Gentian	Occasional. Mountain pasture
<i>Gentiana purpurea</i>	Purple Gentian	Green Alder scrub and pasture
<i>Gentiana verna</i>	Spring Gentian	Mountain pasture
Geraniaceae	Crane's-bill Family	
<i>Geranium pyrenaicum</i>	Pyrenean Crane's-bill	Occasional
<i>Geranium robertianum</i>	Herb Robert	Occasional
<i>Geranium sylvaticum</i>	Wood Crane's-bill	Common
Hypericaceae	St John's-wort Family	
<i>Hypericum maculatum</i>	Imperforate St John's-wort	Frequent
<i>Hypericum perforatum</i>	Perforate St John's-wort	Occasional
Juglandaceae	Walnut Family	
<i>Juglans regia</i> ‡	Walnut	Occasional
Lamiaceae	Dead-nettle Family	
<i>Ajuga pyramidalis</i>	Pyramidal Bugle	Locally common
<i>Ajuga reptans</i>	Common Bugle	Common
<i>Betonica officinalis</i>	Betony	Meadows
<i>Clinopodium alpinum</i>	Alpine Calamint	Occasional. Rocky banks
<i>Clinopodium vulgare</i>	Wild Basil	Frequent
<i>Galeopsis tetrahit</i>	Common Hemp-nettle	Occasional
<i>Glechoma hederacea</i>	Ground-ivy	Woods
<i>Lamium galeobdolon</i>	Yellow Archangel	Woods
<i>Lamium maculatum</i>	Spotted Dead-nettle	Occasional
<i>Lamium purpureum</i>	Red Dead-nettle	Occasional
<i>Origanum vulgare</i>	Marjoram	Occasional. Meadows
<i>Prunella grandiflora</i>	Large-flowered Self-heal	Meadows. Trummelbach
<i>Prunella vulgaris</i>	Self-heal	Common

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
<i>Salvia glutinosa</i>	Sticky Clary	Forest. Wilderwil
<i>Salvia pratensis</i>	Meadow Clary	Meadows. Trummelbach
<i>Stachys alpina</i>	Limestone Woundwort	Below Wengen
<i>Stachys sylvatica</i>	Hedge Woundwort	Woods
<i>Teucrium chamaedrys</i>	Wall Germander	Below Wengen
<i>Teucrium montanum</i>	Mountain Germander	Trummelbach
<i>Teucrium scorodonia</i>	Wood Sage	Woods
<i>Thymus praecox</i> subsp. <i>polytrichus</i>	Wild Thyme	Common
Lentibulariaceae		
<i>Pinguicula alpina</i>	Alpine Butterwort	Mountain rocks and turf
<i>Pinguicula vulgaris</i>	Common Butterwort	Wet turf
Linaceae		
<i>Linum alpinum</i> ‡	Alpine Flax	Wengernalp and Alpine Garden
<i>Linum catharticum</i>	Fairy Flax	Common
Malvaceae		
<i>Tilia cordata</i>	Small-leaved Lime	Lowland
<i>Tilia platyphyllos</i>	Large-leaved Lime	Lowland
Oleaceae		
<i>Fraxinus excelsior</i>	Ash	Lowland
<i>Ligustrum vulgare</i>	Wild Privet	Lowland
Onagraceae		
<i>Epilobium alpestre</i>	Whorled-leaved Willowherb	Frequent
<i>Epilobium alsinifolium</i>	Chickweed Willowherb	Frequent
<i>Epilobium anagallidifolium</i>	Pimpernel-leaved Willowherb	Frequent
<i>Epilobium angustifolium</i>	Rosebay Willowherb	Occasional
<i>Epilobium hirsutum</i>	Great Willowherb	Lowlands
<i>Epilobium montanum</i>	Broad-leaved Willowherb	Occasional
Orobanchaceae		
<i>Bartsia alpina</i>	Alpine Bartsia	Mountain turf
<i>Euphrasia minima</i>	Dwarf Eyebright	Local. Mountain pasture
<i>Euphrasia officinalis</i> subsp. <i>monticola</i>	Montane Eyebright	Mountain pasture
<i>Euphrasia officinalis</i> subsp. <i>pratensis</i>	Rostkov's Eyebright	Valley meadows
<i>Euphrasia salisburgensis</i>	Irish Eyebright	Pasture
<i>Melampyrum pratense</i>	Common Cow-wheat	Woods
<i>Melampyrum sylvaticum</i>	Small Cow-wheat	Forest
<i>Orobanche alba</i>	Thyme Broomrape	Occasional
<i>Orobanche caryophyllacea</i>	Clove-scented Broomrape	Occasional
<i>Pedicularis foliosa</i>	Leafy Lousewort	Schynige Platte
<i>Pedicularis kernerii</i>	Kerner's Lousewort	Alpine turf
<i>Pedicularis oederi</i>	Crimson-tipped Lousewort	Alpine turf
Butterwort Family		
Flax Family		
Mallow Family		
Ash Family		
Willowherb Family		
Broomrape Family		

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
<i>Pedicularis tuberosa</i>	Long-beaked Yellow Lousewort	Acidic turf
<i>Pedicularis verticillata</i>	Whorled Lousewort	Mountain turf
<i>Rhinanthus alectorolophus</i>	Greater Yellow-rattle	Common. Meadows
<i>Rhinanthus minor</i>	Yellow-rattle	Frequent in pasture
Oxalidaceae	Wood-sorrel Family	
<i>Oxalis acetosella</i>	Wood-sorrel	Shaded rocks
Papaveraceae	Poppy Family	
<i>Chelidonium majus</i>	Greater Celendine	Occasional
<i>Papaver cambricum</i> ‡	Welsh Poppy	Occasional
<i>Papaver rhoeas</i>	Common Poppy	Occasional. Lowland
Plantaginaceae	Plantain Family	
<i>Cymbalaria muralis</i> ‡	Ivy-leaved Toadflax	Occasional on walls
<i>Erinus alpinus</i>	Fairy Foxglove	Frequent
<i>Globularia cordifolia</i>	Matted Globularia	Frequent
<i>Globularia nudicaulis</i>	Leafless-stemmed Globularia	Frequent
<i>Linaria alpina</i>	Alpine Toadflax	Moraine and scree
<i>Plantago alpina</i>	Alpine Plantain	Mountain turf
<i>Plantago atrata</i>	Dark Plantain	Mountain turf
<i>Plantago major</i>	Greater Plantain	Occasional
<i>Plantago serpentina</i>	Fleshy Plantain	Frequent
<i>Plantago media</i>	Hoary Plantain	Occasional
<i>Plantago lanceolata</i>	Ribwort Plantain	Occasional
<i>Veronica alpina</i>	Alpine Speedwell	Stony mountain pasture
<i>Veronica aphylla</i>	Leafless-stemmed Speedwell	Stony mountain pasture
<i>Veronica beccabunga</i>	Brooklime	Wet places
<i>Veronica bellidioides</i>	Violet Speedwell	Acidic pasture
<i>Veronica chamaedrys</i>	Germander Speedwell	Below Wengen
<i>Veronica fruticans</i>	Rock Speedwell	Mountain rocks
<i>Veronica fruticulosa</i>	Shrubby Speedwell	Oberberghorn
<i>Veronica officinalis</i>	Heath Speedwell	Woods
<i>Veronica serpyllifolia</i>	Thyme-leaved Speedwell	Frequent
<i>Veronica urticifolia</i>	Nettle-leaved Speedwell	Woods
Polygalaceae	Milkwort Family	
<i>Polygala alpestris</i>	Mountain Milkwort	Common
<i>Polygala alpina</i>	Alpine Milkwort	Mountain rocks
<i>Polygala vulgaris</i>	Common Milkwort	Frequent
<i>Polygaloides chamaebuxus</i>	Shrubby Milkwort	Frequent on rocks
Polygonaceae	Dock Family	
<i>Bistorta officinalis</i>	Common Bistort	Damp pasture
<i>Bistorta vivipara</i>	Alpine Bistort	Common. Mountain turf
<i>Oxyria digyna</i>	Mountain Sorrel	Mountain rocks and scree

‡ = cultivated or naturalised

Latin Name

Reynoutria japonica ‡
Rumex acetosa
Rumex acetosella
Rumex alpestris
Rumex alpinus
Rumex obtusifolius
Rumex scutatus

Primulaceae

Androsace chamaejasme
Androsace helvetica
Androsace obtusifolia
Androsace pubescens
Lysimachia nemorum
Primula auricula
Primula elatior
Primula farinosa
Primula hirsuta
Primula veris
Soldanella alpina

Ranunculaceae

Aconitum lycoctonum subsp. *vulparia*
Aconitum napellus subsp. *napellus*
Actaea spicata

Anemonastrum narcissiflorum
Anemonoides nemorosa
Aquilegia alpina
Aquilegia atrata
Caltha palustris
Clematis vitalba
Hepatica nobilis
Pulsatilla alpina subsp. *alpina*
Pulsatilla alpina subsp. *apiifolia*
Pulsatilla vernalis
Ranunculus aconitifolius
Ranunculus acris
Ranunculus alpestris
Ranunculus glacialis
Ranunculus kuepferi
Ranunculus montanus
Ranunculus repens
Thalictrum aquilegifolium
Thalictrum foetidum
Trollius europaeus

Rhamnaceae

Common Name

Japanese Knotweed
Common Sorrel
Sheep's Sorrel
Mountain Dock
Monk's-rhubarb
Broad-leaved Dock
French Sorrel

Notes

Lowland
Widespread
Acidic pasture
Mountain pasture
Disturbed mountain pasture
Occasional
Rocks and scree

Primrose Family

Ciliate Rock-jasmine
Swiss Rock-jasmine
Blunt-leaved Rock-jasmine
Downy Rock-jasmine
Yellow Pimpernel
Auricula
Oxlip
Bird's-eye Primrose
Hairy Primrose
Cowslip
Alpine Snowbell

Frequent
Alpine cliffs
Acidic turf
Rare. Mountain rocks
Damp woods
Mountain rocks and turf
Snowbeds
Mountain turf
Acidic rocks
Below Wengen
Common

Buttercup Family

Wolf's-bane
Compact Monk's-hood
Baneberry
Narcissus-flowered
Anemone
Wood Anemone
Alpine Columbine
Dark Columbine
Marsh-marigold
Old Man's Beard
Liverleaf
Alpine Pasqueflower
Alpine Pasqueflower
Spring Pasqueflower
Aconite-leaved Buttercup
Meadow Buttercup
Alpine Buttercup
Glacier Crowfoot
Kupfer's Buttercup
Mountain Buttercup
Creeping Buttercup
Great Meadow-rue
Stinking Meadow-rue
Globeflower

Frequent. Forest
Damp meadows
Woods
Mountain pasture
Woods
Rare. Biglenalp
Forest and meadows
Flushes and streamsides
Common. Lowland
Woodland
Frequent on limestone
Frequent on acidic soils
Locally common
Locally common
Common
Snowbeds. Common
Alpine screes. Eiger
Locally common
Mountain pasture
Occasional. Meadows
Mountain meadows
Trummelbach
Common

Buckthorn Family

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
<i>Rhamnus alpinus</i>	Alpine Buchthorn	Rocky places Limestone rocks.
<i>Rhamnus pumilus</i>	Dwarf Buckthorn	Oberberghorn
Rosaceae	Rose Family	
<i>Agrimonia eupatoria</i>	Agrimony	Occasional. Lowland
<i>Alchemilla alpina</i>	Alpine Lady's-mantle	Common
<i>Alchemilla conjuncta</i>	Silver Lady's-mantle	Frequent
<i>Alchemilla glabra</i>	Smooth Lady's-mantle	Frequent
<i>Alchemilla pentaphyllea</i>	Cut-leaved Lady's-mantle	Snowbeds
<i>Alchemilla vulgaris</i> agg.	Lady's-mantle	Frequent
<i>Alchemilla xanthochlora</i>	Pale Lady's-mantle	Frequent
<i>Aria edulis</i>	Whitebeam	Occasional. Woods
<i>Aruncus dioicus</i>	Goat's-beard Spiraea	Woods. Below Wengen
<i>Chamaemespilus alpina</i>	False-medlar	Mountain pasture
<i>Cotoneaster integerrimus</i>	Wild Cotoneaster	Mountain rocks. Oberberghorn
<i>Crataegus monogyna</i>	Hawthorn	Woods
<i>Dryas octopetala</i>	Mountain Avens	Mountain rocks and scree
<i>Filipendula ulmaria</i>	Meadowsweet	Wet meadows
<i>Fragaria vesca</i>	Wild Strawberry	Woods and pasture
<i>Geum montanum</i>	Alpine Avens	Mountain turf
<i>Geum rivale</i>	Water Avens	Occasional. Wet pasture
<i>Geum urbanum</i>	Herb Bennet	Woods
<i>Hedlundia mougeotii</i>	Mougeot's Whitebeam	Woods
<i>Potentilla aurea</i>	Golden Cinquefoil	Occasional. Mountain turf
<i>Potentilla crantzii</i>	Alpine Cinquefoil	Common. Mountain turf
<i>Potentilla erecta</i>	Tormentil	Acidic turf
<i>Potentilla grandiflora</i>	Large-flowered Cinquefoil	Mannlichen
<i>Potentilla sterilis</i>	Barren Strawberry	Frequent
<i>Poterium sanguisorba</i>	Salad Burnet	Widespread
<i>Prunus avium</i>	Wild Cherry	Woods
<i>Rosa canina</i>	Dog-rose	Below Wengen
<i>Rosa glauca</i>	Blue-leaved Rose	Occasional
<i>Rosa pendulina</i>	Alpine Rose	Frequent. Mountains
<i>Rosa rubiginosa</i>	Sweet-briar	Below Wengen
<i>Rubus fruticosus</i> agg.	Bramble	Below Wengen
<i>Rubus idaeus</i>	Raspberry	Woods
<i>Rubus saxatilis</i>	Stone Bramble	Occasional. Rocky places
<i>Sibbaldia procumbens</i>	Sibbaldia	Snowbeds
<i>Sorbus aucuparia</i>	Rowan	Woods
Rubiaceae	Madder Family	
<i>Cruciata laevipes</i>	Crosswort	Meadows
<i>Cynanchica pyrenaica</i> subsp. <i>cynanchica</i>	Squinancywort	Occasional
<i>Galium album</i>	White Bedstraw	Meadows
<i>Galium anisophyllum</i>	Alpine Bedstraw	Frequent
<i>Galium megalospermum</i>	Swiss Bedstraw	Moraines
<i>Galium odoratum</i>	Woodruff	Woods

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
<i>Galium pumilum</i>	Slender Bedstraw	Frequent
<i>Galium rotundifolium</i>	Round-leaved Bedstraw	Grutschalp
<i>Galium verum</i>	Lady's Bedstraw	Meadows
Salicaceae	Willow Family	
<i>Populus alba</i>	White Poplar	Lowland
<i>Populus tremula</i>	Aspen	Occasional
<i>Salix aurita</i>	Eared Willow	Widespread
<i>Salix breviserrata</i>	Finely-toothed Willow	Occasional
<i>Salix caprea</i>	Goat Willow	Lowland
<i>Salix eleagnos</i>	Hoary Willow	Lowland. By rivers
<i>Salix foetida</i>	Stinking Willow	Locally common
<i>Salix hastata</i>	Large-stipuled Willow	Local. Lauberhorn
<i>Salix glaucosericea</i>	Silky Willow	Local. Lauberhorn
<i>Salix herbacea</i>	Least Willow	Mountain turf
<i>Salix laggeri</i>	Lagger's Willow	Local. Lauberhorn
<i>Salix purpurea</i>	Purple Willow	Lowland
<i>Salix reticulata</i>	Net-leaved Willow	Alpine rocks and turf
<i>Salix retusa</i>	Retuse-leaved Willow	Alpine rocks and turf
<i>Salix serpillifolia</i>	Thyme-leaved Willow	Alpine rocks and turf
<i>Salix viminalis</i>	Osier	Lowland. Riversides
Santalaceae	Bastard-toadflax Family	
<i>Thesium alpinum</i>	Alpine Bastard-toadflax	Occasional. Pasture
Sapindaceae	Maple Family	
<i>Acer campestre</i>	Field Maple	Frequent
<i>Acer platanoides</i>	Norway Maple	Occasional
<i>Acer pseudoplatanus</i>	Sycamore	Common
Saxifragaceae	Saxifrage Family	
<i>Chrysosplenium alternifolium</i>	Alternate-leaved Golden-saxifrage	Occasional
<i>Micranthes stellaris</i> subsp. <i>robusta</i>	Starry Saxifrage	Acidic flushes
<i>Saxifraga aizoides</i>	Yellow Mountain Saxifrage	Wet turf and scree
<i>Saxifraga androsacea</i>	Scree Saxifrage	Damp scree and snowbeds
<i>Saxifraga aspera</i>	Rough Saxifrage	Occasional. Rocks
<i>Saxifraga bryoides</i>	Mossy Saxifrage	Acidic rocks
<i>Saxifraga caesia</i>	Blue Saxifrage	Limestone rocks and scree
<i>Saxifraga moschata</i>	Musky Saxifrage	Mountain rocks
<i>Saxifraga oppositifolia</i>	Purple Saxifrage	Rocks and moraine
<i>Saxifraga paniculata</i>	Livelong Saxifrage	Rocks
<i>Saxifraga rotundifolia</i>	Round-leaved Saxifrage	Damp shaded rocks
Scrophulariaceae	Figwort Family	
<i>Verbascum nigrum</i>	Dark Mullein	Lowland
Solanaceae	Nightshade Family	

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
<i>Atropa bella-donna</i>	Deadly Nightshade	Forest. Wilderswil
Thymelaeaceae	Mezereon Family	
<i>Daphne mezereum</i>	Mezereon	Local. Mountain pasture
Ulmaceae	Elm Family	
<i>Ulmus glabra</i>	Wych Elm	Valley woods
Urticaceae	Nettle Family	
<i>Urtica dioica</i>	Common Nettle	Widespread
Viburnaceae	Viburnum Family	
<i>Adoxa moschatellina</i>	Moschatel	Rare. Mannlichen
<i>Sambucus ebulus</i>	Dwarf Elder	Lowland. Wilderswil
<i>Sambucus nigra</i>	Common Elder	Woods
<i>Sambucus racemosa</i>	Alpine Elder	Occasional. Rocky places
<i>Viburnum lantana</i>	Wayfaring-tree	Woods below Wengen
<i>Viburnum opulus</i>	Guelder-rose	Woods below Wengen
Violaceae	Violet Family	
<i>Viola biflora</i>	Yellow Wood Violet	Common
<i>Viola calcarata</i>	Long-spurred Pansy	Locally common
<i>Viola cenisia</i>	Mt Cenis Pansy	Moraine and scree
<i>Viola lutea</i>	Mountain Pansy	Locally common
<i>Viola palustris</i>	Marsh Violet	Common
<i>Viola riviniana</i>	Common Dog-violet	Common
<i>Viola tricolor</i> subsp. <i>tricolor</i>	Wild Pansy	Local
MONOCOTYLEDONS		
Amaryllidaceae	Daffodil Family	
<i>Allium schoenoprasum</i>	Chives	Occasional. Mountains Occasional in meadows. Trummelbach
<i>Allium scordoprasum</i>	Sand Leek	Mannlichen
<i>Allium lusitanicum</i>	Mountain Onion	Grutschalp, Schynige Platte
<i>Allium victorialis</i>	Alpine Leek	
Asparagaceae	Asparagus Family	
<i>Anthericum liliago</i>	St Bernard's Lily	Meadow above Wengen
<i>Convallaria majalis</i>	Lily-of-the-Valley	Limestone cliffs and scree
<i>Maianthemum bifolium</i>	May Lily	Mountain woods
<i>Paradisea liliastrum</i>	St Bruno's Lily	Local. Mountain pasture
<i>Polygonatum odoratum</i>	Angular Solomon's-seal	Limestone cliffs and scree
<i>Polygonatum verticillatum</i>	Whorled Solomon's-seal	Occasional. Forests
Colchicaceae	Meadow Saffron Family	
<i>Colchicum autumnale</i>	Meadow Saffron	Meadows below Wengen

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
Cyperaceae		
<i>Carex atrata</i> subsp. <i>atrata</i>	Black Alpine Sedge	Wet mountain pasture
<i>Carex canescens</i>	White Sedge	Wet mountain pasture
<i>Carex capillaris</i>	Hair Sedge	Wet mountain pasture
<i>Carex caryophyllea</i>	Spring Sedge	Dry pasture
<i>Carex curvula</i>	An alpine Sedge	Dominant. Mountain turf
<i>Carex davalliana</i>	Davall's Sedge	Wet calcareous turf
<i>Carex dioica</i>	Dioecious Sedge	Base-rich flushes
<i>Carex echinata</i>	Star Sedge	Frequent
<i>Carex ferruginea</i>	Rusty Sedge	Dominant. Limestone turf
<i>Carex flacca</i>	Glaucous Sedge	Common
<i>Carex flava</i> agg.	Yellow-sedge	Marshes
<i>Carex nigra</i>	Common Sedge	Common
<i>Carex panicea</i>	Carnation Sedge	Common
<i>Carex rostrata</i>	Bottle Sedge	Pond margins
<i>Carex sempervirens</i>	Evergreen Sedge	Locally dominant on poor soils
<i>Eriophorum angustifolium</i>	Common Cottongrass	Wet flushes and bogs
<i>Eriophorum latifolium</i>	Broad-leaved Cottongrass	Marshes
<i>Eriophorum scheuchzeri</i>	Scheuchzer's Cottongrass	Occasional. Bogs
<i>Eriophorum vaginatum</i>	Hare's-tail Cottongrass	Acidic bogs
<i>Trichophorum cespitosum</i>	Northern Deergrass	Acidic bogs. Uncommon
Iridaceae		
<i>Crocus vernus</i>	Spring Crocus	Common
Juncaceae		
<i>Juncus alpinoarticulatus</i>	Alpine Rush	Wet mountain pasture
<i>Juncus effusus</i>	Soft Rush	Wet pasture
<i>Juncus inflexus</i>	Hard Rush	Wet pasture
<i>Juncus jacquinii</i>	Jacquin's Rush	Wet mountain pasture
<i>Juncus triglumis</i>	Three-flowered Rush	Acidic mountain turf
<i>Luzula alpinopilosa</i>	Alpine Wood-rush	Mountain turf
<i>Luzula lutea</i>	Yellow Wood-rush	Mountain turf
<i>Luzula multiflora</i>	Heath Wood-rush	Mountain turf
<i>Luzula spicata</i>	Spiked Wood-rush	Mountain turf
<i>Luzula sylvatica</i>	Great Wood-rush	Woods
<i>Oreojuncus trifidus</i>	Three-leaved Rush	Acidic mountain turf
Liliaceae		
<i>Gagea fragifera</i>	A Yellow Star-of-Bethlehem	Uncommon. Mountain turf
<i>Gagea serotina</i>	Snowdon Lily	Mountain turf
<i>Lilium martagon</i>	Martagon Lily	Woods
<i>Streptopus amplexifolius</i>	Streptopus	Occasional. Forests
Melanthiaceae		
<i>Paris quadrifolia</i>	Herb-Paris	Local. Woods
<i>Veratrum album</i>	White False-helleborine	Mountain pasture

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
Orchidaceae		
<i>Cephalanthera longifolia</i>	Narrow-leaved Helleborine	Frequent. Woods
<i>Chamorchis alpina</i>	Dwarf Orchid	Local
<i>Coeloglossum viride</i>	Frog Orchid	Frequent
<i>Corallorhiza trifida</i>	Coralroot Orchid	Local. Forests
<i>Cypripedium calceolus</i>	Lady's-slipper	Local
<i>Dactylorhiza maculata</i> subsp. <i>fuchsii</i>	Common Spotted-orchid	Damp base-rich soils
<i>Dactylorhiza maculata</i> subsp. <i>maculata</i>	Heath Spotted-orchid	Acidic soils
<i>Dactylorhiza majalis</i>	Broad-leaved Marsh-orchid	Common
<i>Epipactis atrorubens</i>	Dark-red Helleborine	Frequent. Forests
<i>Epipactis helleborine</i>	Broad-leaved Helleborine	Frequent. Forests
<i>Gymnadenia conopsea</i>	Fragrant-orchid	Common
<i>Neotinea ustulata</i>	Burnt Orchid	Uncommon. Mountain pasture
<i>Neottia cordata</i>	Lesser Twayblade	Locally common
<i>Neottia nidus-avis</i>	Bird's-nest Orchid	Frequent. Forests
<i>Neottia ovata</i>	Twayblade	Locally common
<i>Nigritella rhellicani</i>	Alpine Vanilla Orchid	Locally common
<i>Orchis mascula</i>	Early-purple Orchid	Common
<i>Platanthera bifolia</i>	Lesser Butterfly-orchid	Locally frequent. Forests
<i>Platanthera chlorantha</i>	Greater Butterfly-orchid	Local. Woods
<i>Pseudorchis albida</i>	Small-white Orchid	Common. Mountain turf
<i>Traunsteinera globosa</i>	Round-headed Orchid	Local
Poaceae		
<i>Agrostis capillaris</i>	Common Bent	Common
<i>Anthoxanthum alpinum</i>	Alpine Vernal-grass	Frequent. Mountain turf
<i>Anthoxanthum odoratum</i>	Sweet Vernal-grass	Common
<i>Arrhenatherum elatius</i>	False Oat-grass	Common
<i>Avenella flexuosa</i>	Wavy Hair-grass	Acidic mountain turf
<i>Brachypodium sylvaticum</i>	False Brome	Woods
<i>Briza media</i>	Quaking-grass	Locally common
<i>Bromus hordeaceus</i>	Soft Brome	Frequent
<i>Bromus sterilis</i>	Barren Brome	Frequent
<i>Cynosurus cristatus</i>	Crested Dog's-tail	Common
<i>Dactylis glomerata</i>	Cock's-foot	Common
<i>Deschampsia cespitosa</i>	Tufted Hair-grass	Wet mountain pasture
<i>Festuca ovina</i>	Sheep's-fescue	Common
<i>Festuca rubra</i>	Red Fescue	Common
<i>Festuca violacea</i>	Violet Fescue	Mountain turf
<i>Holcus lanatus</i>	Yorkshire-fog	Locally common
<i>Holcus mollis</i>	Creeping Soft-grass	Locally common
<i>Koeleria macrantha</i>	Crested Hair-grass	Frequent
<i>Lolium perenne</i>	Perennial Rye-grass	Frequent
<i>Melica nutans</i>	Mountain Melick	Woods
<i>Nardus stricta</i>	Mat-grass	Common
<i>Phleum alpinum</i>	Alpine Timothy	Frequent. Mountain pasture

‡ = cultivated or naturalised

Latin Name	Common Name	Notes
<i>Phleum pratense</i>	Timothy	Common
<i>Poa alpina</i>	Alpine Meadow-grass	Common
<i>Poa annua</i>	Annual Meadow-grass	Common on trackways
<i>Poa pratensis</i>	Smooth Meadow-grass	Common. Meadows
<i>Poa nemoralis</i>	Wood Meadow-grass	Frequent
<i>Poa supina</i>	Creeping Meadow-grass	Frequent
<i>Poa trivialis</i>	Rough Meadow-grass	Frequent
<i>Schedonorus pratensis</i>	Meadow Fescue	Common
<i>Sesleria caerulea</i>	Blue Moor-grass	Common. Limestone pasture

Tofieldiaceae*Tofieldia calyculata***Scottish Asphodel Family**

Tofield's Asphodel Common

Birds (H = Heard only)

Common name	Latin name	June 2025							
		18	19	20	21	22	23	24	25
Rock Ptarmigan	<i>Lagopus muta</i>					✓			
Common Swift	<i>Apus apus</i>			✓	✓				
Common Cuckoo	<i>Cuculus canorus</i>		H	H		H			
Common Wood Pigeon	<i>Columba palumbus</i>			✓	✓				
Bearded Vulture	<i>Gypaetus barbatus</i>						✓		
Griffon Vulture	<i>Gyps fulvus</i>					✓	✓		
Golden Eagle	<i>Aquila chrysaetos</i>						✓	✓	
Red Kite	<i>Milvus milvus</i>							✓	
Tawny Owl	<i>Strix aluco</i>	H				H	H		
European Green Woodpecker	<i>Picus viridis</i>				H				
Common Kestrel	<i>Falco tinnunculus</i>		✓	✓		✓			
Eurasian Jay	<i>Garrulus glandarius</i>						✓		
Eurasian Magpie	<i>Pica pica</i>			✓			✓		
Northern Nutcracker	<i>Nucifraga caryocatactes</i>		✓	✓					
Alpine Chough	<i>Pyrrhocorax graculus</i>		✓	✓	✓	✓	✓	✓	
Carrion Crow	<i>Corvus corone</i>				✓		✓	✓	
Northern Raven	<i>Corvus corax</i>				✓	✓	✓	✓	
Eurasian Blue Tit	<i>Cyanistes caeruleus</i>					✓			
Great Tit	<i>Parus major</i>			✓		✓			
Eurasian Skylark	<i>Alauda arvensis</i>		✓						
Eurasian Crag Martin	<i>Ptyonoprogne rupestris</i>				✓				
Eurasian Blackcap	<i>Sylvia atricapilla</i>			✓	H	✓	✓	✓	
Lesser Whitethroat	<i>Curruca curruca</i>					✓			
Common Firecrest	<i>Regulus ignicapilla</i>		✓						
Goldcrest	<i>Regulus regulus</i>		✓						
Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓	✓
Fieldfare	<i>Turdus pilaris</i>				H				
Ring Ouzel	<i>Turdus torquatus</i>						✓	✓	
European Robin	<i>Erithacus rubecula</i>				H				
Black Redstart	<i>Phoenicurus ochruros</i>		✓	✓	✓	✓	✓	✓	✓
White-throated Dipper	<i>Cinclus cinclus</i>						✓		
White-winged Snowfinch	<i>Montifringilla nivalis</i>		✓					✓	

		June 2025							
Common name	Latin name	18	19	20	21	22	23	24	25
House Sparrow	<i>Passer domesticus</i>	✓	✓	✓	✓	✓	✓		
Dunnock	<i>Prunella modularis</i>		✓	✓					
White Wagtail	<i>Motacilla alba</i>		✓	✓	✓	✓	✓	✓	
Water Pipit	<i>Anthus spinoletta</i>		✓					✓	
Eurasian Chaffinch	<i>Fringilla coelebs</i>		✓	✓	✓		✓	✓	
European Serin	<i>Serinus serinus</i>		✓		✓				

Other vertebrates

E = evidence, H = heard		June 2025							
Common name	Latin name	18	19	20	21	22	23	24	25
Mammals									
European Mole	<i>Talpa europaea</i>		E						
Eurasian Red Squirrel	<i>Sciurus vulgaris</i>				✓				
Alpine Marmot	<i>Marmota marmota</i>		✓				H	✓	
Red Fox	<i>Vulpes vulpes</i>		H			E	✓		
Alpine Ibex	<i>Capra ibex</i>					✓			
Alpine Chamois	<i>Rupicapra rupicapra</i>							✓	
Amphibians									
Common Frog	<i>Rana temporaria</i>		✓	✓		✓	✓		
Common Newt	<i>Triturus vulgaris</i>		✓	✓		✓			

Invertebrates

		June 2025							
Common name	Latin name	18	19	20	21	22	23	24	25
L = larva									
Butterflies									
Papilionidae									
Swallowtail	<i>Papilio machaon</i>		✓	✓	✓	✓	✓	✓	
Clouded Apollo	<i>Parnassius mnemosyne</i>			✓			✓		
Hesperiidae									
Dingy Skipper	<i>Erynnis tages</i>			✓					
Grizzled Skipper	<i>Pyrgus malvae</i>		✓	✓		✓			
Alpine Grizzled Skipper	<i>Pyrgus andromedae</i>							✓	
Pieridae									
Mountain Clouded Yellow	<i>Colias phicomone</i>						✓		
Large White	<i>Pieris brassicae</i>		✓					✓	
Small White	<i>Pieris rapae</i>			✓					
Orange Tip	<i>Anthocharis cardamines</i>			✓		✓	✓		
Lycaenidae									
Small Copper	<i>Lycaena phlaeas</i>			✓					
Little Blue	<i>Cupido minimus</i>		✓	✓	✓	✓	✓	✓	
Adonis Blue	<i>Lysandra bellargus</i>			✓					
Common Blue	<i>Polyommatus icarus</i>			✓		✓		✓	
Nymphalidae									
White Admiral	<i>Limenitis camilla</i>				✓				

Common name	Latin name	June 2025							
		18	19	20	21	22	23	24	25
Mountain Fritillary	<i>Boloria napaea</i>			✓					
Pearl-bordered Fritillary	<i>Boloria euphrosyne</i>			✓			✓	✓	
Painted Lady	<i>Vanessa cardui</i>		✓						
Small Tortoiseshell	<i>Aglais urticae</i>		✓	✓	✓	✓	✓	✓	
False Heath Fritillary	<i>Melitaea diamina</i>				✓				
Wall Brown	<i>Lasiommata megera</i>				✓				
Marbled White	<i>Melanargia galathea</i>				✓				
Piedmont Ringlet	<i>Erebia meolans</i>		✓	✓	✓	✓		✓	
Bright-eyed Ringlet	<i>Erebia oeme</i>						✓		
Moths									
Hummingbird Hawkmoth	<i>Macroglossum stellatarum</i>	✓	✓	✓		✓	✓		
Oak Eggar	<i>Lasiocampa quercus</i>			L					
Lackey Moth	<i>Malacosoma neustria</i>			L					
White-spotted Sable	<i>Anania funebris</i>						✓		
Dragonflies									
Northern Damselfly	<i>Coenagrion hastulatum</i>					✓			
Broad-bodied Chaser	<i>Libellula depressa</i>			✓					
Four-spotted Chaser	<i>Libellula quadrimaculata</i>					✓			
White-faced Darter	<i>Leucorrhinia dubia</i>					✓			
Other Insects									
Red Wood Ant	<i>Formica rufa</i>		✓	✓		✓	✓	✓	
A leaf beetle	<i>Oreina speciosa</i>		✓			✓	✓		