

Swiss Alps in Summer

Naturetrek Tour Report

18th – 25th June 2023



Alpine Accentor and Asian Fritillary



Tour report by Brian Small & Rob Mileto



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Summary

The canton of Valais in Switzerland is one of the most picturesque and the town of Evolène remains beautifully unspoilt by tourism - old narrow lanes, a rich mixture of old wooden chalets, pines and open meadows. The sound of cowbells, Serins, screaming Swifts and both Common and Black Redstarts that greeted us each morning was much enjoyed as were our walks in the Alpine meadows at Arolla, La Crettaz and Ferpècle.

The weather was kind to us – the trepidations brought about by the forecast prior to the trip were unfounded - and by-and-large it was fine, with the last two days in particular being very special days in the High Alps.

Our birding highlights will undoubtedly include amazing views of a number of Lammergeiers - more than usual and pleasingly indicates the population is doing well, White-winged Snowfinch and Alpine Accentor at the Gornergrat, parties of Spotted Nutcracker and Crossbill at Arolla plus Rock Bunting at Bannwald and Bee-eaters at Leuk. Butterflies were slow in emerging though our sightings included some exciting finds: the now-regular Asian Fritillaries and fresh Knapweed Fritillary at Arolla, Purple-edged Copper, various blues – notably Large and Baton, Common and Clouded Apollos, Red-underwing Skipper and many more. Additionally, the meadows in June are rich and varied for plants and with so much to see our walks through them were leisurely to say the least – having Rob along was especially helpful.

Rob and I would like to sincerely thank you for your company and hope you enjoyed your time in Switzerland as much as we did.

Day 1

Sunday 18th June

Our flight to Geneva arrived pretty much on time and with the group gathered together we set off to drive round the northern edge of Lake Geneva, past Lausanne and Montreux to Vevey and Villeneuve, where we finally left it behind. We stopped briefly for lunch at Le Chablais, having a quick stroll and look about the small lake (seeing our only Red Kites of the week), before heading on.

Continuing southeast to Martigny, we turned off the *autoroute* at Sion, our way being diverted via St Martin, to arrive at the Hotel Hermitage in Evolène mid-afternoon. Having checked in and carried our luggage up the gneiss stairs, we had time for a quick recce of the surroundings, seeing a fine pair of Whinchat, plus the usual Serins and Black Redstarts. We made a short walk into town from the hotel, strolling through the town enjoying the very old wooden buildings, some dating back to the 17th Century, then returning via the steeper back road to the hotel.

Originally on a pilgrim route from Zermatt to Sion, Evolène established itself as a hub for British Climbers to access the 'Hautes Alpes'; the beautiful Dent Blanche we saw each day was first climbed in 1862 and our hotel was used by many that accessed the mountains in the summer.

Day 2

Monday 19th June

A fair start to the day found us making a traditional pre-breakfast walk north uphill out of Evolène, past the old Hotel d'Evolène and into the fields above the town – looking back past the church spire, the peak of the Dent Blanche was almost hidden. We picked up the usual array of species starting with Chamois high on the slopes of Palanche de la Cretta; White Wagtails had many juveniles about, Common and Black Redstarts, Great and Coal Tits, plus a pair of both Red-backed Shrike and Whinchats calling from bushes, wires or stone-tiled buildings.



Nutcracker

After breakfast and an assessment of the weather, we stuck to tradition and headed to Arolla for a walk to Pra Graz. With lunch collected en route, this proved to be a good choice as the clouds cleared leaving a fine day. Parking close to Les Marmottes chalets above the village, we slowly strolled the access track, picking up our first Alpine species: Spotted Nutcracker, Willow Tit, Lesser Whitethroat (a tree-line species); Alpine Grayling and many Little Blues; Marmots called and were eventually seen scuttling about. High above the mountains, flocks of Alpine Chough soared, joined by a pair of Golden Eagles; whilst watching these a song-fighting bird caught our eyes and proved to be an orange-bellied male Rock Thrush – though it was very high on the crag. Higher up at Pra Graz we saw and heard it again (or likely another male) singing at slightly closer range, as well as Wheatear and a fine herd of Herens cattle resplendent with resonant cowbells. The views of the Pigne d'Arolla and Mont Collon were superb, though the retreat of the glaciers was alarming to say the least.

Descending, we saw more Nutcrackers, small Black Vanilla Orchids and a smart male Red Crossbill (birds here have a distinct call and good-sized bill), before taking lunch looking up the valley to the mountains. After, as it clouded over a little, we had a well-timed coffee in the village, emerging to improved weather for a short walk in the colourful meadows at La Crettaz: St Bruno's Lilies, Narcissus-flowered Anemones, Burnt Orchids and Broad-leaved Marsh Orchids, Twayblades and Fragrant Orchids amongst an array of species. Butterflies included Adonis, Cranberry and Baton Blues, Berger's Clouded Yellows, Swallowtails and Geranium Argus; whilst birds included Western Bonelli's Warbler, Crested Tit, Tree Pipits song-fighting, and a male Red-backed Shrike.



Red Crossbill & Red Squirrel

Back in Evolène late afternoon, there was a chance to relax or walk about the town or down to La Borgne river for a quick check of the butterflies.

Day 3

Tuesday 20th June

A general concern about the forecast for the week ahead forced our hand, so we decided to visit Zermatt today. We ate an early breakfast then drove to Sion and east along the Rhone to Visp, before turning south along the Mattertal to Täsch. As we approached Täsch the clouds were still hugging the high mountains and by the time we had boarded the train to Zermatt, crossed the road to catch the next to the Gornergrat it had not cleared, but looking on the bright side was still not bad.



Snowfinch

On the way up to the Gornergrat keen eyes saw a couple of Marmot and Snowfinches and arriving at the Gornergrat, we took in the panoramic but cloudy view towards the mountains – from Monte Rosa, Castor and Pollux, Breithorn, Kleine Matterhorn and the Matterhorn round to the Dent Blanche. Alpine Choughs dropped in for brief photographic sessions, as did Snowfinches and four Alpine Accentor; unexpectedly, two Lammergeier cruised over at high altitude unseen by the multitudes on the top and later was followed by an even scarcer Red-

billed Chough heading in the opposite direction calling. After lunch in the observatory restaurant and boarding the train, we stopped at Riffelberg for a quick session of botanising, seeing Skylarks and Water Pipits plus Snowbells and gentians.

Day 4

Wednesday 21st June

A fine day with hazy sunshine and just a few spots of rain. A pre-breakfast walk into the south end of the town failed to find Spotted Flycatcher but did get us nice views of a pair of Fieldfare, plenty of House Sparrows, Greenfinch, House Martin and a family of Blue Tits.

Driving to Euseigne we turned back south along the Heremence valley, winding our way through this wild valley towards the looming Grand Dixence dam – still the tallest in the world. Gathering our gear to the sound of Lesser Redpolls and school children, we took the cable car to the top, where Water Pipits and Black Redstarts were feeding young on arrival. Two Red-billed Chough flew over calling, adding to yesterday's singleton, and we also saw Snowdon Lilies and Piedmont Primrose on the rocks.



Lammergeiers

As we started our walk down the service track we saw Alpine Butterwort and Water Ringlet, then had the fortune of seeing three Lammergeier come over followed by Golden Eagle; on the cliffs, despite searching hard we failed to find Wallcreeper, but did see Grey Wagtail, Alpine Ibex and a couple of high Alpine Accentors could be heard singing above us and two finally showed but quite a way up the cliffs. Lesser Redpolls sang and pairs showed well as they fed on Dwarf Willow seed as we continued down, and a Willow Warbler sang – our only one of the trip. Edelweiss – very nice – was finally found low down near the base of the dam.

During lunch, we saw more Redpolls, Ibex and a perched Golden Eagle, then on our way back down the Heremence valley we stopped a couple of times, finding Tree Pipits, Willow Tit, several new butterflies, plants and a coffee stop! About the hamlet at Pralong were nesting Crag Martins and a few butterflies including Clouded Yellow, Adonis Blue and Mountain Green-veined White. At Evolène, some of the group went into town, while others walked down to the river and into a 'secret' meadow that had many butterflies and a few hawking Owl-flies

Libelloides coccajus. One really nice surprise was a Camberwell Beauty – normally we miss them – and also new were Marbled and Queen of Spain Fritillary plus Duke of Burgundy.

Day 5

Thursday 22nd June

A walk into the new part of Evolène before breakfast was rather quiet, though we managed to see a fine male Red-backed Shrike and Garden Warbler.



Bee-eaters

Ringing the changes today, we drove downhill into the Rhone valley then east to an area of open fields and a golf course near Leuk, known as the Leukerfeld. Here a small nature reserve has been protected and is remarkable in its wealth of wildlife, both birdlife but also dragonflies. Immediately on arrival we could hear Reed Warblers singing and saw several Tree Sparrows along the track and about the poplars. A pair of Wryneck called and were joined by at least two short-tailed youngsters flying about – eventually giving cracking views through the ‘scope. These were followed by Nightingales, Stonechat, Yellowhammer and Bee-eaters flying over – we had to wait a short while to get perched views of the latter.



Scarlet Darter and Queen of Spain Fritillary

Dragonflies were a little down in number, though we managed to find Scarlet Darter, Lesser and Blue Emperors, White-legged and Winter Damselflies. In brightening and warm conditions butterflies became more active, and we picked up a few nice species including Large Tortoiseshell. Reed Warblers chased about, Coots fed their young and a Marsh Warbler sang near the viewing mound, from which we finally saw perched Bee-eaters and a Black

Kite. At a viewing area over open water, we picked out Small Red-eyed Damselflies and were fortunate in seeing a male Little Bittern.

We had a late lunch by a patch of scrub at the bottom of the Feschelbach Gorge, seeing just a handful of butterflies in overcast conditions, before driving round to Leuk and up past the satellite dishes at Brentjong to the Bannwald. In the area of burnt trees and rejuvenating Birches, we saw nice Red Helleborine, both Hummingbird and Broad-bordered Bee Hawk-moths then Western Bonelli's Warblers and Rock Buntings – at one time both in the same bare tree. We walked back to the vehicles hastily and as we drove back, the rain fell heavily.

Day 6

Friday 23rd June

The rain overnight brought in fresher weather, and during another early walk into the meadows down by the river we saw Blackcap and Whinchat, but not much else.

The clouds cleared rapidly and by the time we had bought lunch they were just cloaking the high peaks. A change to the plan saw us visit another 'special' area near Ferpècle, close to the base of the Dent Blanche and below the Mont Mine glacier. It is a wild unspoilt area and proved to be one of the highlights of the week, not necessarily because of the birds or butterflies (though we saw several), but more because of the sense of solitude and closeness to nature it gave. The plants were interesting, with Small White and Coral-root Orchids seen, and in large pools were many tadpoles of Common Frog and Rob showed us the underbelly of one of the numerous Alpine Newts. As the milky meltwater roared out of the glacier snout, a few of us took off our socks and had a mind-numbing paddle in the cold water.



Black-veined White

Reluctantly, we dawdled back to the vehicles for another picnic lunch before driving to fields near Ferpècle to look for butterflies in the sun. Apollos sailed over the fields and up into the trees, while blues, fritillaries and Almond-eyed Ringlets skipped through the grass. Back at Evolène, we continued to Lannaz for a final stroll about the chalets,

where an emergence of Black-veined Whites and Amanda's Blues was occurring; Whinchats called about the flowering meadows and both Tree Pipit and Garden Warbler showed briefly.

Day 7

Saturday 24th June

Our traditional final outing at Arolla was to be a beautiful, sunny day, with magnificent views of the mountains. Having picked up provisions for lunch, we drove above the village and walked the track to the Tsijiore Nouve. In the sun butterflies were more numerous and during our walk we saw several new species including fine Asian and Knapweed Fritillaries. In the Arolla Pines we found a singing Firecrest, several Nutcrackers and Willow Tits; in the meadows, Whinchat, Cuckoo, Lesser Redpolls and Lesser Whitethroats sang, but excruciatingly a Rock Partridge that called from moraine went unseen.



Knapweed Fritillary

Coming back down was certainly easier than going up, but the Mountain Hares that ran through the trees and Lammergeier that flew over – both found during comfort breaks – were not seen by all, sadly (sorry!) – though the latter were seen again as we ate lunch overlooking the valley. In Arolla, we had another coffee break, with several Clouded Apollos about the meadow, before driving to La Crettaz. Once again, we saw Western Bonelli's Warbler well and the Tree Pipits were singing from the Larches; new butterflies included Large Blue and jewel-like Red-underwing Skipper, but as it was our last afternoon, we were simply enjoying being in the amazing landscape of the Val d'Herens.

Back at base, it was a chance to pack and relax or walk some more about the town.

Day 8

Sunday 25th June

An earlier flight than expected meant that we departed Evolène straight after breakfast and after a brief pause for fuel found ourselves at the check-in desks for our flights home. It seemed strange that by late afternoon we had

swapped the high mountains of the Swiss Alps for the lowlands of England, but such is the nature of modern travel.

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Alpine Chamois



Red-underwing Skipper & Rock Bunting

Species lists

Birds

Common name	Scientific name	June 2023							
		18	19	20	21	22	23	24	25
Birds									
Mallard	<i>Anas platyrhynchos</i>	✓				✓			
Tufted Duck	<i>Aythya fuligula</i>	✓				✓			
Rock Partridge	<i>Alectoris graeca</i>							✓	
Great Crested Grebe	<i>Podiceps cristatus</i>	✓							
Little Bittern	<i>Ixobrychus minutus</i>					✓			
Grey Heron	<i>Ardea cinerea</i>	✓		✓			✓		✓
Great Cormorant	<i>Phalacrocorax carbo</i>	✓				✓			
Lammergeier	<i>Gypaetus barbatus</i>			✓	✓			✓	
Short-toed Snake Eagle	<i>Circaetus gallicus</i>								✓
Golden Eagle	<i>Aquila chrysaetos</i>		✓	✓	✓	✓	✓		
Eurasian Sparrowhawk	<i>Accipiter nisus</i>		✓						
Red Kite	<i>Milvus milvus</i>	✓							
Black Kite	<i>Milvus migrans</i>	✓				✓			✓
Common Buzzard	<i>Buteo buteo</i>	✓	✓	✓		✓			✓
Eurasian Coot	<i>Fulica atra</i>	✓				✓			
Yellow-legged Gull	<i>Larus michahellis</i>	✓							✓
Feral Rock Dove	<i>Columba livia</i>	✓				✓			✓
Common Wood Pigeon	<i>Columba palumbus</i>	✓		✓		✓	✓		✓
Eurasian Collared Dove	<i>Streptopelia decaocto</i>	✓		✓		✓			✓
Common Cuckoo	<i>Cuculus canorus</i>		✓		✓	✓	✓	✓	
Alpine Swift	<i>Tachymarptis melba</i>					✓			
Common Swift	<i>Apus apus</i>	✓	✓	✓	✓	✓	✓	✓	✓
European Bee-eater	<i>Merops apiaster</i>					✓			
Eurasian Wryneck	<i>Jynx torquilla</i>					✓			
Great Spotted Woodpecker	<i>Dendrocopos major</i>		✓		✓	✓		✓	
Black Woodpecker	<i>Dryocopus martius</i>						✓	✓	
European Green Woodpecker	<i>Picus viridis</i>		✓		✓		✓	✓	
Common Kestrel	<i>Falco tinnunculus</i>	✓	✓	✓	✓	✓	✓	✓	✓
Peregrine Falcon	<i>Falco peregrinus</i>		✓						
Red-backed Shrike	<i>Lanius collurio</i>	✓	✓			✓		✓	
Eurasian Golden Oriole	<i>Oriolus oriolus</i>					✓			
Eurasian Jay	<i>Garrulus glandarius</i>		✓	✓	✓	✓	✓	✓	
Eurasian Magpie	<i>Pica pica</i>	✓	✓	✓	✓	✓	✓	✓	✓
Spotted Nutcracker	<i>Nucifraga caryocatactes</i>		✓	✓	✓		✓	✓	
Red-billed Chough	<i>Pyrrhocorax pyrrhocorax</i>			✓	✓				
Alpine Chough	<i>Pyrrhocorax graculus</i>		✓	✓	✓	✓	✓	✓	
Western Jackdaw	<i>Coloeus monedula</i>	✓							
Rook	<i>Corvus frugilegus</i>	✓							
Carrion Crow	<i>Corvus corone</i>	✓	✓	✓	✓	✓	✓	✓	✓
Northern Raven	<i>Corvus corax</i>		✓	✓		✓		✓	
Coal Tit	<i>Parus ater</i>	✓	✓	✓	✓	✓	✓	✓	✓
European Crested Tit	<i>Lophophanes cristatus</i>		✓	✓	✓		✓	✓	
Willow Tit	<i>Poecile montanus</i>		✓		✓	✓	✓	✓	
Eurasian Blue Tit	<i>Cyanistes caeruleus</i>			✓	✓	✓	✓	✓	
Great Tit	<i>Parus major</i>	✓	✓	✓	✓	✓	✓	✓	✓

Common name	Scientific name	June 2023							
		18	19	20	21	22	23	24	25
Eurasian Skylark	<i>Alauda arvensis</i>			✓		✓			
Barn Swallow	<i>Hirundo rustica</i>	✓				✓			✓
Eurasian Crag Martin	<i>Ptyonoprogne rupestris</i>	✓		✓	✓	✓	✓	✓	✓
Common House Martin	<i>Delichon urbicum</i>	✓	✓	✓	✓	✓	✓	✓	✓
Long-tailed Tit	<i>Aegithalos caudatus</i>					✓			
Willow Warbler	<i>Phylloscopus trochiloides</i>				✓				
Common Chiffchaff	<i>Phylloscopus collybita</i>		✓	✓	✓	✓	✓	✓	✓
Western Bonelli's Warbler	<i>Phylloscopus bonelli</i>		✓		✓	✓	✓	✓	
Eurasian Reed Warbler	<i>Acrocephalus scirpaceus</i>					✓			
Marsh Warbler	<i>Acrocephalus palustris</i>					✓			
Eurasian Blackcap	<i>Sylvia atricapilla</i>	✓	✓	✓	✓	✓	✓	✓	✓
Garden Warbler	<i>Sylvia borin</i>		✓		✓	✓	✓	✓	
Lesser Whitethroat	<i>Curruca curruca</i>		✓		✓		✓	✓	
Common Firecrest	<i>Regulus ignicapilla</i>		✓	✓	✓		✓	✓	
Goldcrest	<i>Regulus regulus</i>						✓		
Eurasian Wren	<i>Troglodytes troglodytes</i>		✓		✓		✓	✓	
Eurasian Nuthatch	<i>Sitta europaea</i>					✓			
Eurasian Treecreeper	<i>Certhia familiaris</i>						✓	✓	
Short-toed Treecreeper	<i>Certhia brachydactyla</i>					✓			
Common Starling	<i>Sturnus vulgaris</i>	✓		✓		✓			✓
Ring Ouzel	<i>Turdus torquatus</i>		✓						
Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓	✓
Fieldfare	<i>Turdus pilaris</i>	✓	✓		✓	✓	✓	✓	
Song Thrush	<i>Turdus philomelos</i>	✓	✓	✓	✓	✓	✓	✓	✓
Mistle Thrush	<i>Turdus viscivorus</i>	✓	✓	✓	✓	✓	✓	✓	✓
European Robin	<i>Erithacus rubecula</i>		✓		✓	✓	✓	✓	
Common Nightingale	<i>Luscinia megarhynchos</i>					✓			
Black Redstart	<i>Phoenicurus ochruros</i>	✓	✓	✓	✓	✓	✓	✓	✓
Common Redstart	<i>Phoenicurus phoenicurus</i>	✓	✓	✓	✓	✓	✓	✓	✓
Common Rock Thrush	<i>Monticola saxatilis</i>		✓						
Whinchat	<i>Saxicola rubetra</i>	✓	✓		✓		✓	✓	
European Stonechat	<i>Saxicola rubicola</i>					✓			
Northern Wheatear	<i>Oenanthe oenanthe</i>	✓	✓	✓	✓		✓	✓	
White-throated Dipper	<i>Cinclus cinclus</i>	✓	✓	✓	✓	✓	✓	✓	
House Sparrow	<i>Passer domesticus</i>	✓	✓	✓	✓	✓	✓	✓	
Eurasian Tree Sparrow	<i>Passer montanus</i>					✓			
White-winged Snowfinch	<i>Montifringilla nivalis</i>			✓	✓				
Alpine Accentor	<i>Prunella collaris</i>			✓	✓				
Dunnock	<i>Prunella modularis</i>		✓		✓		✓	✓	
Grey Wagtail	<i>Motacilla cinerea</i>	✓	✓		✓		✓		
White Wagtail	<i>Motacilla alba</i>	✓	✓	✓	✓	✓	✓	✓	✓
Tree Pipit	<i>Anthus trivialis</i>		✓		✓		✓	✓	
Water Pipit	<i>Anthus spinoletta</i>		✓	✓	✓		✓	✓	
Common Chaffinch	<i>Fringilla coelebs</i>	✓	✓	✓	✓	✓	✓	✓	✓
Eurasian Bullfinch	<i>Pyrrhula pyrrhula</i>		✓		✓				
European Greenfinch	<i>Chloris chloris</i>		✓		✓	✓	✓	✓	
Common Linnet	<i>Linaria cannabina</i>		✓		✓		✓		
Lesser Redpoll	<i>Acanthis cabaret</i>		✓		✓		✓	✓	
Common Crossbill	<i>Loxia curvirostra</i>		✓			✓	✓		
European Goldfinch	<i>Carduelis carduelis</i>	✓	✓	✓	✓	✓	✓	✓	✓
Citril Finch	<i>Carduelis citrinella</i>	✓			✓	✓		✓	

Common name	Scientific name	June 2023							
		18	19	20	21	22	23	24	25
European Serin	<i>Serinus serinus</i>	✓	✓	✓	✓	✓	✓	✓	✓
Yellowhammer	<i>Emberiza citrinella</i>					✓			
Rock Bunting	<i>Emberiza cia</i>					✓			

Butterflies

Common name	Scientific name	June 2023							
		18	19	20	21	22	23	24	25
Common Swallowtail	<i>Papilio machaon</i>		✓	✓	✓	✓	✓	✓	
Scarce Swallowtail	<i>Iphiclides podalirius</i>					✓			
Common Apollo	<i>Parnassius apollo</i>	✓				✓	✓	✓	
Clouded Apollo	<i>Parnassius mnemosyne</i>				✓			✓	
Black-veined White	<i>Aporia crataegi</i>		✓		✓	✓	✓	✓	
Large White	<i>Pieris brassicae</i>	✓				✓		✓	
Green-veined White	<i>Pieris napi</i>					✓			
Mountain Green-veined White	<i>Pieris bryoniae</i>		✓	✓	✓		✓	✓	
Peak White	<i>Pontia callidice</i>			✓				✓	
Mountain Dappled White	<i>Euchloe simplonia</i>					✓			
Orange-tip	<i>Anthocharis cardamines</i>		✓	✓	✓	✓	✓	✓	
Mountain Clouded Yellow	<i>Colias phicomone</i>							✓	
Clouded Yellow	<i>Colias crocea</i>				✓	✓			
Berger's Clouded Yellow	<i>Colias alfacariensis</i>		✓		✓		✓	✓	
Brimstone	<i>Gonepteryx rhamni</i>					✓			
Wood White	<i>Leptidea sinapis</i>		✓	✓	✓	✓	✓	✓	
Green Hairstreak	<i>Callophrys rubi</i>		✓		✓		✓	✓	
Purple-edged Copper	<i>Lycaena hippothoe</i>		✓						
Baton Blue	<i>Pseudophilotes baton</i>		✓						
Green-underside Blue	<i>Glaucopsyche alexis</i>		✓		✓				
Provençal Short-tailed Blue	<i>Cupido alcetas</i>							✓	
Little Blue	<i>Cupido minimus</i>		✓	✓	✓		✓	✓	
Osiris Blue	<i>Cupido osiris</i>				✓				
Holly Blue	<i>Celastrina argiolus</i>				✓	✓		✓	
Large Blue	<i>Phengaris arion</i>							✓	
Cranberry Blue	<i>Vaciniina optilete</i>		✓						
Geranium Argus	<i>Aricia eumedon</i>		✓		✓			✓	
Mountain Argus	<i>Aricia artaxerxes</i>							✓	
Mazarine Blue	<i>Cyaniris semiargus</i>		✓		✓		✓	✓	
Adonis Blue	<i>Polyommatus bellargus</i>		✓		✓	✓	✓	✓	
Escher's Blue	<i>Polyommatus escheri</i>							✓	
Amanda's Blue	<i>Polyommatus amandus</i>		✓		✓		✓	✓	
Common Blue	<i>Polyommatus icarus</i>		✓		✓	✓	✓	✓	
Duke of Burgundy	<i>Hamearis lucina</i>				✓				
Southern White Admiral	<i>Limenitis reducta</i>					✓			
Camberwell Beauty	<i>Nymphalis antiopa</i>				✓		✓	✓	
Large Tortoiseshell	<i>Nymphalis polychloros</i>					✓		✓	
Red Admiral	<i>Vanessa atalanta</i>		✓		✓	✓		✓	

Common name	Scientific name	June 2023							
		18	19	20	21	22	23	24	25
Painted Lady	<i>Vanessa cardui</i>					✓			
Peacock	<i>Aglais io</i>						✓		
Small Tortoiseshell	<i>Aglais urticae</i>	✓	✓	✓	✓	✓	✓	✓	✓
Queen of Spain Fritillary	<i>Issoria lathonia</i>				✓	✓		✓	
Marbled Fritillary	<i>Brenthis daphne</i>				✓	✓			
Pearl-bordered Fritillary	<i>Boloria euphrosyne</i>		✓		✓	✓		✓	
Small Pearl-bordered Fritillary	<i>Boloria selene</i>				✓		✓		
Glanville Fritillary	<i>Melitaea cinxia</i>		✓		✓		✓	✓	
Nickerl's Fritillary	<i>Melitaea aurelia</i>			✓					
Grison's Fritillary	<i>Melitaea varia</i>					✓			
Knapweed Fritillary	<i>Melitaea phoebe</i>							✓	
Spotted Fritillary	<i>Melitaea didyma</i>		✓		✓				
False Heath Fritillary	<i>Melitaea diamina</i>		✓		✓	✓	✓	✓	
Heath Fritillary	<i>Melitaea athalia</i>						✓	✓	
Asian Fritillary	<i>Euphydryas intermedia</i>							✓	
Common Marbled White	<i>Melanargia galathea</i>	✓			✓	✓	✓		
Rock Grayling	<i>Hipparchia hermione</i>					✓			
Common Grayling	<i>Hipparchia semele</i>					✓			
Alpine Grayling	<i>Oeneis glacialis</i>		✓				✓	✓	
Great Sooty Satyr	<i>Satyrus ferula</i>					✓			
Almond-eyed Ringlet	<i>Erebia albergana</i>		✓		✓	✓	✓	✓	
Dewy Ringlet	<i>Erebia pandrose</i>				✓				
Meadow Brown	<i>Maniola jurtina</i>	✓			✓	✓			
Small Heath	<i>Coenonympha pamphilus</i>		✓		✓	✓	✓		
Alpine Heath	<i>Coenonympha gardetta</i>						✓	✓	
Wall Brown	<i>Lasiommata megera</i>			✓		✓			
Northern Wall Brown	<i>Lasiommata petropolitana</i>		✓			✓		✓	
Grizzled Skipper	<i>Pyrgus malvae</i>		✓	✓	✓	✓	✓	✓	
Red-underwing Skipper	<i>Spialia sertorius</i>		✓					✓	
Dingy Skipper	<i>Erynnis tages</i>		✓		✓		✓	✓	
Chequered Skipper	<i>Carterocephalus palaemon</i>							✓	
Small Skipper	<i>Thymelicus sylvestris</i>					✓			
Large Skipper	<i>Ochlodes sylvanus</i>		✓		✓	✓	✓		

Others

Common name	Scientific name
Mammals	
Eurasian Red Squirrel	<i>Sciurus vulgaris</i>
Alpine Marmot	<i>Marmota marmota</i>
Red Fox	<i>Vulpes vulpes</i>
Western Roe Deer	<i>Capreolus capreolus</i>
Alpine Ibex	<i>Capra ibex</i>
Alpine Chamois	<i>Rupicapra rupicapra</i>
Mountain Hare	<i>Lepus timidus</i>
Beech (Stone) Marten	<i>Martes foina</i>

Common name	Scientific name
Reptiles	
Viviparous Lizard	<i>Lacerta vivipara</i>
Western Green Lizard	<i>Lacerta bilineata</i>
Amphibians	
Common Frog	<i>Rana temporaria</i>
Alpine Newt	<i>Ichthyosaura alpestris</i>
Eurasian Marsh Frog	<i>Pelophylax ridibundus</i>
Dragonflies and Damselflies	
Winter Damselfly	<i>Sympecma fusca</i>
Common Blue Damselfly	<i>Enallagma cyathigerum</i>
Small Red-eyed Damselfly	<i>Erythromma viridulum</i>
Blue-tailed Damselfly	<i>Ischnura elegans</i>
White-legged Damselfly	<i>Platycnemis pennipes</i>
Blue Emperor	<i>Anax imperator</i>
Lesser Emperor	<i>Anax parthenope</i>
Common Goldenring	<i>Cordulegaster boltonii</i>
Scarlet Darter	<i>Crocothemis erythraea</i>
Broad-bodied Chaser	<i>Libellula depressa</i>
Black-tailed Skimmer	<i>Orthetrum cancellatum</i>
Day-flying Moths	
Striped Hawk-moth	<i>Hyles livornica</i>
Hummingbird Hawk-moth	<i>Macroglossum stellatarum</i>
Broad-bordered Bee Hawk-moth	<i>Hemaris fuciformis</i>
Narrow-bordered Bee Hawk-moth	<i>Hemaris tityus</i>

Flora

English name (and family)	Scientific name
Pinaceae	
Norway Spruce	<i>Picea abies</i>
European Larch	<i>Larix decidua</i>
Arolla Pine	<i>Pinus cembra</i>
Scots Pine	<i>Pinus sylvestris</i>
Taxaceae	
European Yew	<i>Taxus baccata</i>
Cupressaceae	
Common Juniper	<i>Juniperus communis</i>
Melanthiaceae	
White False-helleborine	<i>Veratrum album</i>
Liliaceae	
Snowdon Lily	<i>Gagea serotina</i>

English name (and family)	Scientific name
Martagon Lily	<i>Lilium martagon</i>
Orchidaceae	
Red Helleborine	<i>Cephalanthera rubra</i>
Lesser Twayblade	<i>Neottia cordata</i>
Coralroot Orchid	<i>Corallorhiza trifida</i>
Lesser Butterfly Orchid	<i>Platanthera bifolia</i>
Small-white Orchid	<i>Pseudorchis albida</i>
Fragrant Orchid	<i>Gymnadenia conopsea</i>
Short-spurred Fragrant Orchid	<i>Gymnadenia odoratissima</i>
Black Vanilla Orchid	<i>Gymnadenia rhellicani</i>
Frog Orchid	<i>Coeloglossum viride</i>
Common Spotted Orchid	<i>Dactylorhiza fuchsii</i>
Broad-leaved Marsh Orchid	<i>Dactylorhiza majalis</i>
Early Marsh Orchid	<i>Dactylorhiza incarnata</i>
Burnt Orchid	<i>Neotinea ustulata</i>
Amaryllidaceae	
Round-headed Leek	<i>Allium sphaerocephalon</i>
Asparagaceae	
Lily-of-the-valley	<i>Convallaria majalis</i>
St. Bruno's Lily	<i>Paradisea liliastrum</i>
Juncaceae	
Yellow Wood-rush	<i>Luzula lutea</i>
Papaveraceae	
Common Poppy	<i>Papaver rhoeas</i>
Greater Celandine	<i>Chelidonium majus</i>
Ranunculaceae	
Globeflower	<i>Trollius europaeus</i>
Narcissus-flowered Anemone	<i>Anemone narcissiflorum</i>
Alpine Pasque-flower	<i>Pulsatilla alpina</i>
Spring Pasque-flower	<i>Pulsatilla vernalis</i>
Dark Columbine	<i>Aquilegia atrata</i>
Great Meadow-rue	<i>Thalictrum aquilegifolium</i>
Saxifragaceae	
Yellow Saxifrage	<i>Saxifraga aizoides</i>
Purple Saxifrage	<i>Saxifraga oppositifolia</i>
Crassulaceae	
Mountain House-leek	<i>Sempervivum montanum</i>
Common House-leek	<i>Sempervivum tectorum</i>
Fabaceae	
Alpine Milk-vetch	<i>Astragalus alpinus</i>
Sainfoin Milk-vetch	<i>Astragalus onobrychis</i>
Common Sainfoin	<i>Onobrychis viciifolia</i>
Alpine Sainfoin	<i>Hedysarum hedysaroides</i>
Common Kidney Vetch	<i>Anthyllis vulneraria</i>

English name (and family)	Scientific name
Crown Vetch	<i>Securigera varia</i>
Tufted Vetch	<i>Vicia cracca</i>
Bush Vetch	<i>Vicia sepium</i>
Meadow Vetchling	<i>Lathyrus pratensis</i>
Spiny Restharrow	<i>Ononis spinosa</i>
Common Lucerne	<i>Medicago sativa subsp. sativa</i>
Mountain Clover	<i>Trifolium montanum</i>
Red Clover	<i>Trifolium pratense</i>
White Clover	<i>Trifolium repens</i>
Polygalaceae	
Shrubby Milkwort	<i>Polygala chamaebuxus</i>
Common Milkwort	<i>Polygala vulgaris</i>
Rosaceae	
Mountain Avens	<i>Dryas octopetala</i>
Meadowsweet	<i>Filipendula ulmaria</i>
Dewberry	<i>Rubus caesius</i>
Raspberry	<i>Rubus idaeus</i>
Hoary Cinquefoil	<i>Potentilla argentea</i>
Alpine Cinquefoil	<i>Potentilla crantzii</i>
Creeping Cinquefoil	<i>Potentilla reptans</i>
Wild Strawberry	<i>Fragaria vesca</i>
Water Avens	<i>Geum rivale</i>
A Lady's Mantle	<i>Alchemilla conjuncta agg.</i>
A Lady's Mantle	<i>Alchemilla fissa</i>
Dog Rose	<i>Rosa canina</i>
Cannabaceae	
Common Hop	<i>Humulus lupulus</i>
Urticaceae	
Common Nettle	<i>Urtica dioica</i>
Fagaceae	
European Beech	<i>Fagus sylvatica</i>
Sweet Chestnut	<i>Castanea sativa</i>
Betulaceae	
Silver Birch	<i>Betula pendula</i>
Green Alder	<i>Alnus alnobetula (viridis)</i>
European Hornbeam	<i>Carpinus betulus</i>
European Hazel	<i>Corylus avellana</i>
Violaceae	
Yellow Wood Violet (Alpine Yellow V)	<i>Viola biflora</i>
Long-spurred Pansy	<i>Viola calcarata</i>
Wild Pansy	<i>Viola tricolor</i>
Salicaceae	
White Poplar	<i>Populus alba</i>
Black Poplar	<i>Populus nigra</i>

English name (and family)	Scientific name
European Aspen	<i>Populus tremula</i>
White Willow	<i>Salix alba</i>
Euphorbiaceae	
Cypress Spurge	<i>Euphorbia cyparissias</i>
Twiggy Spurge	<i>Euphorbia virgata</i>
Geraniaceae	
Dusky Crane's-bill	<i>Geranium phaeum</i>
Hedgerow Crane's-bill	<i>Geranium pyrenaicum</i>
White Wood Crane's-bill	<i>Geranium rivulare</i>
Common Herb-Robert	<i>Geranium robertianum</i>
Wood Crane's-bill	<i>Geranium sylvaticum</i>
Tree-of-heaven	<i>Ailanthus altissima</i>
Thymeleaceae	
Mezereon	<i>Daphne mezereum</i>
Cistaceae	
Common Rock-rose	<i>Helianthemum nummularium</i>
Brassicaceae	
Shepherd's-purse	<i>Capsella bursa-pastoris</i>
Woad	<i>Isatis tinctoria</i>
Yellow Witlow-grass	<i>Draba aizoides</i>
Santalaceae	
Common Mistletoe	<i>Viscum album</i>
Polygonaceae	
Common Sorrel	<i>Rumex acetosa</i>
Mountain Dock	<i>Rumex alpestris</i>
Monk's-rhubarb	<i>Rumex alpinus</i>
Broad-leaved Dock	<i>Rumex obtusifolius</i>
French Sorrel	<i>Rumex scutatus</i>
Caryophyllaceae	
Moss Campion	<i>Silene acaulis</i>
Red Campion	<i>Silene dioica</i>
Spanish Catchfly	<i>Silene otites</i>
Bladder Campion	<i>Silene vulgaris</i>
Rock Soapwort	<i>Saponaria ocymoides</i>
Common Soapwort	<i>Saponaria officinalis</i>
Carthusian Pink	<i>Dianthus carthusianorum</i>
Amaranthaceae	
Strawberry Spinach	<i>Chenopodium capitatum</i>
Cornaceae	
European Dogwood	<i>Cornus sanguinea</i>
Primulaceae	
Bird's-eye Primrose	<i>Primula farinosa</i>
Stinking Primrose	<i>Primula hirsuta</i>
Alpine Snowbell	<i>Soldanella alpina</i>

English name (and family)	Scientific name
Alpine rock-jasmine	<i>Androsace alpina</i>
Ericaceae	
Alpenrose	<i>Rhododendron ferrugineum</i>
Common Heather	<i>Calluna vulgaris</i>
Common Bilberry	<i>Vaccinium myrtillus</i>
Cowberry	<i>Vaccinium vitis-idaea</i>
Round-leaved Wintergreen	<i>Pyrola rotundifolia</i>
Rubiaceae	
Lady's Bedstraw	<i>Galium verum</i>
Gentianaceae	
Common Trumpet Gentian	<i>Gentiana acaulis</i>
Spotted Gentian	<i>Gentiana punctata</i>
Spring Gentian	<i>Gentiana verna</i>
Boraginaceae	
Common Viper's-bugloss	<i>Echium vulgare</i>
Smooth Honeywort	<i>Cerinthe glabra</i>
Alpine Forget-me-not	<i>Myosotis alpestris</i>
Solanaceae	
Henbane	<i>Hyoscyamus niger</i>
Bittersweet	<i>Solanum dulcamara</i>
Plantaginaceae	
Alpine Toadflax	<i>Linaria alpina</i>
Alpine Speedwell	<i>Veronica alpina</i>
Straw Foxglove	<i>Digitalis lutea</i>
Alpine Plantain	<i>Plantago alpina</i>
Hoary Plantain	<i>Plantago media</i>
Scrophulariaceae	
White Mullein	<i>Verbascum lychnitis</i>
Dark Mullein	<i>Verbascum nigrum</i>
Lentibulariaceae	
Alpine Butterwort	<i>Pinguicula alpina</i>
Common Butterwort	<i>Pinguicula vulgaris</i>
Lamiaceae	
Wall Germander	<i>Teucrium chamaedrys</i>
Mountain Germander	<i>Teucrium montanum</i>
Pyramidal Bugle	<i>Ajuga pyramidalis</i>
Meadow Clary	<i>Salvia pratensis</i>
Whorled Clary	<i>Salvia verticillata</i>
Horse Mint	<i>Mentha longifolia</i>
Wild Thyme	<i>Thymus polytrichus</i>
Common Marjoram	<i>Origanum vulgare</i>
Alpine Basil-thyme	<i>Clinopodium acinos</i>
Orobanchaceae	
Alpine Bartsia	<i>Bartsia alpina</i>

English name (and family)	Scientific name
Crested Yellow Rattle	<i>Rhinanthus alectorolophus</i>
Lesser Yellow Rattle	<i>Rhinanthus minor</i>
Campanulaceae	
Bearded Bellflower	<i>Campanula barbata</i>
Creeping Bellflower	<i>Campanula rapunculoides</i>
Scheuchzer's Bellflower	<i>Campanula scheuchzeri</i>
Broad-leaved Harebell	<i>Campanula rhomboidalis</i>
Round-headed Rampion	<i>Phyteuma orbiculare</i>
Spiked Rampion	<i>Phyteuma spicatum</i>
Asteraceae	
Stemless Carlina Thistle	<i>Carlina acaulis</i>
Greater Knapweed	<i>Centaurea scabiosa</i>
Chicory	<i>Cichorium intybus</i>
Common Goat's-beard	<i>Tragopogon pratensis</i>
Purple Lettuce	<i>Prenanthes purpurea</i>
Edelweiss	<i>Leontopodium niveum</i> subsp. <i>alpinum</i>
Blue Fleabane	<i>Erigeron acris</i>
Alpine Fleabane	<i>Erigeron alpinus</i>
Common Daisy	<i>Bellis perennis</i>
Common Yarrow	<i>Achillea millefolium</i>
Dwarf Milfoil	<i>Achillea nana</i>
Oxeye Daisy	<i>Leucanthemum vulgare</i>
Mountain Arnica	<i>Arnica montana</i>
Common Colt's-foot	<i>Tussilago farfara</i>
White Butterbur	<i>Petasites albus</i>
Alpine Colt's-foot	<i>Homogyne alpina</i>
Common Adenostyles	<i>Adenostyles alliariae</i>
Caprifoliaceae	
Field Scabious	<i>Knautia arvensis</i>
Wood Scabious	<i>Knautia dipsacifolia</i>
Apiaceae	
Rough Chervil	<i>Chaerophyllum temulum</i>
Cow Parsley	<i>Anthriscus sylvestris</i>
Ground-elder	<i>Aegopodium podagraria</i>
Giant Hogweed	<i>Heracleum mantegazzianum</i>
Common Hogweed	<i>Heracleum sphondylium</i>