

Spain's Cantabrian Mountains - Realm of the Bear

Naturetrek Tour Report

1 – 8 July 2013



Young Brown Bear footprint



Rufous-tailed Rock Thrush



Chamois



Saxifraga babiana

Report and images compiled by Byron Palacios



Naturetrek Cheriton Mill Cheriton Alresford Hampshire SO24 0NG England

T: +44 (0)1962 733051

F: +44 (0)1962 736426

E: info@naturetrek.co.uk

W: www.naturetrek.co.uk

| | | |
|---------------|----------------|--------------------------|
| Tour leader: | Byron Palacios | Naturetrek Ornithologist |
| | Gloria Lana | Local Botanist |
| Participants: | Stan Jenkins | |
| | Fiona Jenkins | |
| | Dougie Garlick | |
| | David Atkinson | |
| | Michael McKeon | |
| | Hilary McKeon | |
| | Jeff Channing | |
| | Kate Channing | |

Day 1

Monday 1st July

London Stansted – Pola de Somiedo

We started our journey flying from Stansted airport to Asturias airport. Once we all gathered together at the arrival gate, we loaded our bags up and drove south heading towards Somiedo Natural Park. The afternoon started misty and drizzly, but got sunnier as we got closer to the village of Pola de Somiedo, our base for the rest of the week. We checked into our family-run hotel and, after a break, we took a walk through the village and down a path by the river. A few orchids, wildflowers and the local birds and butterflies were seen. We then went to our restaurant in order to enjoy local drinks and nibbles, followed by a delicious first dinner together.

Day 2

Tuesday 2nd July

Castro trail – Puerto de Somiedo (1,500 metres)

Weather: Nice & sunny

We woke up to a sunny morning overlooking the surrounding cliffs and mountains that surround La Pola and the valley. After a good breakfast, we met up with Gloria, our local botanical guide, and drove a short distance to the point known as la ruta de Castro, from where we planned to take the long walk to the village. We started our walk slowly due to the abundance of wildlife which kept us amused; there was a lot to see! The first Griffon Vultures were already flying around, along with other raptors such as Egyptian Vulture, Honey Buzzard and Common Buzzard. Firecrest, Iberian Chiffchaff and Western Bonelli's Warbler were also seen along this trail. Most of the plants and flowers were very interesting, with the endemic *Centaureum somiedensis* being the highlight of the morning. We also saw a few Chamois and Red Deer hopping amongst the crags and running along the meadows. We walked down the trail to the village of Castro, admiring the lovely landscape. Once in the village, we walked through the local houses and urreos (local Asturian granary sheds) admiring the well organised local allotments full of nice veggies and flowers. Once at the main road we jumped back on our van and drove back to the starting point of the walk where we enjoyed our first picnic lunch in the sun. After that we drove back to our hotel in order to take a break.

In the mid-afternoon we went up to explore the highest point of the road towards Leon, around the village known as Puerto de Somiedo (1,500 metres) where we walked amongst the high pastures. We found some interesting flowers and birds such as Rock Bunting, Linnet and Serin. Driving further south and to the other side of the village, we had another walk around a scrub area where we saw Griffon Vulture, Garden Warbler, and Hedge Accentor (Dunnock), amongst others. After this walk we returned to get ourselves ready for a delicious supper at Casa Miño.

Day 3

Wednesday 3rd July

Altos de la Farrapona (1,785 to 2,100 metres)

Weather: Nice & sunny

Today we started with a beautiful sunny morning. After breakfast we drove south from Pola and up to the mountains, following the route towards the Salencia Valley, located at 1,785 metres above sea level. We started our walk from the car park along a rocky track where we enjoyed watching good birds such as Rock Bunting, Alpine Accentor, Crag Martins, Tree Pipit, Serin and Black Redstart. We continued our walk along the lake where we found a very obliging Water Pipit, interesting flowers and butterflies, with the noisy calls produced by Red-billed Choughs, very numerous on the rock walls. We continued walking uphill reaching 2,000 metres and found a Rufous-tailed Rock Thrush carrying some food in its beak as they were nesting nearby. A pair of Northern Wheatears was seen here too. We finally got the top of the mountain, finding a nice spot to have our picnic lunch and enjoy the dramatic views down to the whole valley far below, with Chamois walking and grazing on the hills – it was great scenery!

After lunch, we checked some of the cliffs where many pairs of Red-billed Chough were perched at nearly eye-level, and we had great views of them through the scope; also Alpine Choughs were seen flying right in front of us at that altitude. A male Rufous-tailed Rock Thrush was seen again at the same spot after we started to walk back towards the car park. Once at the car park we got in our van and drove back to Pola de Somiedo in order to take a break before gathering together again to go through our species checklist of the day and to enjoy some drinks before walking down to the restaurant where another great dinner was served!

Day 4

Thursday 4th July

Fondos de Vega and Babia Valley

Weather: Sunny & hot

It was another beautiful morning today with brighter sun and a deep blue sky. After enjoying another nice breakfast, we drove south for around one hour and twenty minutes to the area of Fondos de Vega, on the way to Cangas de Narcea. The area is very good and holds a high population of Brown Bears which have been seen up close, as the gully which they meander along is located right next to the narrow road. We arrived there in time to see a beautiful Golden Eagle soaring around the hill tops, followed by two Common Buzzards having a feast after hunting a few snakes. They were flying along the rocky crags landing and grabbing the reptiles, and eating them nearby. A few Chamois were seen around the area too. After a long wait, there were no signs of the bears, so we decided to have lunch in a picnic spot located by the village, followed by a nice cup of coffee in the local bar.

The day was getting very hot and, in spite of our efforts looking for the bears, it was hard to keep going with the hot weather, and the shade around was limited, so we decided to drive back to Pola de Somiedo, making an interesting stop in the village of Piedrafita de Babia where we found the endemic *Saxifrage babiliana* growing on the rock wall of a house entrance! We also had great views of nesting White Storks and Rock Sparrow. We continued our drive to La Pola and had a break before enjoying the usual local beer, wine and dinner in the evening.

Day 5

Friday 5th July

Valle del Lago in the morning. Llamardal area in the evening

Weather: Nice, sunny,

After breakfast we drove up out of Pola de Somiedo heading straight to the mountains towards Valle de Lago, located at nearly 1,500 metres above sea level. We started our walk doing a loop from the bottom of the village up to the track which leads to Braña de Sousas which offered fantastic views of the old glacier. A good number of birds were seen here such as Tree Pipit, Griffon Vulture, Garden Warbler, Chiffchaff, amongst others; and we also saw some interesting flowers, orchids and butterflies on this walk. Around noon we arrived at the village to a very nice camping area where we set up our picnic lunch under the shade of some trees and enjoyed the lush landscape. After lunch some of us decided to walk down to Pola de Somiedo and others went down in the van towards our hotel where we had a break before gathering together again to do our checklist for the day, followed by a delicious dinner.

After dinner, we went out again, this time we drove towards the area known as Llamardal, a small shire located south of Pola – higher in altitude, towards Puerto de Somiedo – which is good Brown Bear territory. Once here we started patiently to scan the high hilltops and open areas of the cliffs for nearly one hour, and our wait was paid off in the end when we found a nice male Brown Bear which was right by the edge of a rock wall! It was hard to see it though, as it was dusk by now. As night arrived we drove back to our hotel in order to retire to our rooms to rest.

Day 6

Saturday 6th July

La Peral – Pineda track – La Peral (evening excursion)

After having our breakfast, we drove up the valley to the village of La Peral where we planned to explore the old track to Villardevidas. We left our vehicle parked at the village's entrance and walked onto the track known as El Príncipe, admiring the landscape of impressive high crags and lush meadows. We saw some very interesting birds such as Red-backed Shrike, Common Whitethroat, Yellowhammer, Raven, White Wagtail, and Black Redstart, amongst others. The weather was amazing but once again hot, but we enjoyed the walk and some of us managed to reach to the top of this lovely trail, overlooking the Pineda's Valley. Other interesting birds were seen on the trail, such as Rock Bunting, Stonechat, and a beautiful male Northern (Hen) Harrier drifting down the ground over the rugged hills and showing off right in front of us, beautiful! A very nice – and huge! – Short-toed Snake Eagle was also seen on the walk.

Lunchtime arrived and we were keen to have it under the shade, so we drove down the valley (going through Pola de Somiedo) to a very narrow detour to the hill-top village of Pineda. We found a very nice patch on the

side of the road next to a cool-water creek where we set up our lunch. Some of us took advantage of the cool waters to refresh our hard-walking feet! After lunch, the thermometers were hitting the 30°C degrees so it was time to retire to our hotel for a good break, followed by our checklist review and a delicious local early supper.

Next we grabbed our optics and drove up the mountains again to the view point of La Peral in order to check for Brown Bears. We scanned the whole area but despite our efforts no bears were found, just a few lovely Chamois and some mountain Asturian cows and horses were seen around the hillsides. We drove back to our hotel in Pola as soon as dusk arrived in order to rest and get ready for the following day.

Day 7

Sunday 7th July

Perlunes – Aguino road (1,200 – 1,300 metres) Fondos de Vega

Weather: Sunny & hot

The weather was kind again offering us a glorious sunny morning! We had our usual breakfast and set off to explore the Aguino – Perlunes road, located right in front of Pola de Somiedo. We made a quick stop at the mirador located right on the tip top of the mountain pass, admiring the lush views of the three valleys: Llamardal, Valle del Lago and Perlunes. We then continued driving passing the tiny village of Aguino and uphill to the village of Perlunes where the track ends. We left our vehicle parked here in order to enjoy walking around Perlunes. First we spotted a Chamois right on top of the crags which looked quite alarmed, and soon we found out why. An imposing Short-toed Snake Eagle was soaring around the crags and suddenly stopped on one of the rocks perching itself accurately, a perfect photo for us as we watched it through the scope! Then it flew away but came back later on. We found another individual, perhaps his/her mate, both probably nesting in the area. A Lesser Kestrel was also seen here mobbed by Crag Martins as it was probably after their growing chicks. We continued walking down the track enjoying the many different and interesting butterflies; Common and Spanish Swallowtails, Pearl-bordered and Duke of Burgundy Fritillaries, Moroccan Orange-tip and others! Birds such as Firecrest, Long-tailed Tits, Garden Warblers and Blackcaps were also seen around. We finished this lovely walk and drove back to Pola in order to enjoy lunch in this lively village!

After lunch, we took a break until the temperature cooled down a little before going out to the field again, this time back to the area of Fondos de Vega, within the Cangas de Narcea Reserve. We started scanning the area in search of Brown Bears. Although very recent sightings were reported from this area we were not lucky this time. We decided to take advantage of the last minutes of light to have a picnic dinner in-situ while keeping our eyes scanning the mountains and ravines, before driving back to Pola de Somiedo.

Day 8

Monday 8th July

Pola de Somiedo – Asturias Airport to Stansted

Weather: Sunny and slightly cloudy

After a leisurely morning in Pola de Somiedo we enjoyed our last breakfast together after a busy weekend (a mountain race took place in the village over the weekend).

After breakfast, we went through our checklist and then checked out. Some of us enjoyed doing some last souvenir shopping on the way to the airport at Aviles. We enjoyed our last view of the impressive crags and

surrounding mountains and landscape of this lovely area, our home for the last eight days! We made a coffee break stop at the small town of Soto del Barco in order to enjoy some local sandwiches and drinks, before we arrived at the airport in time to catch our flight back to Stansted.

Somiedo is the hidden jewel of the Cantabrian Mountains, a place which with wonderful wildlife, landscapes, gastronomy, and kind people...definitely a place to come back to!

Receive our e-newsletter

Join the Naturetrek e-mailing list and be the first to hear about new tours, additional departures and new dates, tour reports and special offers. Visit www.naturetrek.co.uk to sign up.

Naturetrek Facebook

We are delighted to launch the Naturetrek Facebook page so that participants of Naturetrek tours can remain in touch after the holiday and share photos, comments and future travel plans.

Setting up a personal profile at www.facebook.com is quick, free and easy. The [Naturetrek Facebook page](#) is now live; do please pay us a visit!

Species Lists

Mammals

| | Common name | Scientific name | July | | | | | | | |
|---|----------------|----------------------------------|------|---|---|---|---|---|---|---|
| | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| | Mammals | | | | | | | | | |
| 1 | Brown Bear | <i>Ursus arctos</i> | | | | | | ✓ | | |
| 2 | Red Fox | <i>Vulpes vulpes</i> | | | ✓ | | | | | |
| 3 | Red Deer | <i>Cervus elaphus</i> | | ✓ | | | | | | |
| 4 | Chamois | <i>Rupicabra pyrenaica parva</i> | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |

Birds

| | | | | | | | | | | |
|----|---------------------------|--------------------------------|---|---|---|---|---|---|---|---|
| 1 | White Stork | <i>Ciconia ciconia</i> | | | | ✓ | | | ✓ | |
| 2 | Griffon Vulture | <i>Gyps fulvus</i> | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 3 | Egyptian Vulture | <i>Neophron percnopterus</i> | | ✓ | | | | | | |
| 4 | Golden Eagle | <i>Aquila chrysaetos</i> | | | | ✓ | | | | |
| 5 | Short-toed Eagle | <i>Circaetus gallicus</i> | | | | | | ✓ | ✓ | ✓ |
| 6 | Black Kite | <i>Milvus migrans</i> | | | | ✓ | | | | |
| 7 | Hen Harrier | <i>Circus cyaneus</i> | | | | | | ✓ | | |
| 8 | Common Buzzard | <i>Buteo buteo</i> | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ |
| 9 | Honey Buzzard | <i>Pernis apivorus</i> | | ✓ | | | | | | |
| 10 | Sparrowhawk | <i>Accipiter nisus</i> | | | | | ✓ | | | |
| 11 | Goshawk | <i>Accipiter gentilis</i> | | | | | ✓ | | | |
| 12 | Lesser Kestrel | <i>Falco naumanni</i> | | | | | | | ✓ | |
| 13 | Wood Pigeon | <i>Columba palumbus</i> | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ |
| 14 | European Swift | <i>Apus apus</i> | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 15 | Alpine Swift | <i>Apus melba</i> | | | ✓ | | | | | |
| 16 | Green Woodpecker | <i>Picus viridis</i> | | h | | | | | | |
| 17 | Great Spotted Woodpecker | <i>Dendrocopos major</i> | | | | h | | | | |
| 18 | Crag Martin | <i>Ptyonoprogne rupestris</i> | | | ✓ | | ✓ | ✓ | ✓ | |
| 19 | Barn Swallow | <i>Hirundo rustica</i> | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 20 | House Martin | <i>Delichon urbica</i> | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 21 | Water Pipit | <i>Anthus spinoletta</i> | | | ✓ | | | | | |
| 22 | Meadow Pipit | <i>Anthus pratensis</i> | | | | | | ✓ | | |
| 23 | Tree Pipit | <i>Anthus trivialis</i> | | | ✓ | | ✓ | | ✓ | |
| 24 | White Wagtail | <i>Motacilla alba</i> | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 25 | Grey Wagtail | <i>Motacilla cinerea</i> | | | ✓ | | ✓ | ✓ | ✓ | |
| 26 | Wren | <i>Troglodytes troglodytes</i> | | h | ✓ | h | h | | | |
| 27 | Dipper | <i>Cinclus cinclus</i> | | | ✓ | | ✓ | | | |
| 28 | Dunnock | <i>Prunella modularis</i> | | ✓ | ✓ | ✓ | ✓ | ✓ | | |
| 29 | Alpine Accentor | <i>Prunella collaris</i> | | | ✓ | | | | | |
| 30 | Robin | <i>Erithacus rubecula</i> | | ✓ | ✓ | ✓ | ✓ | | ✓ | |
| 31 | Black Redstart | <i>Phoenicurus ochruros</i> | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 32 | Northern Wheatear | <i>Oenanthe oenanthe</i> | | | ✓ | | | | | |
| 33 | Stonechat | <i>Saxicola torquata</i> | | h | | | | ✓ | | |
| 34 | Rufous-tailed Rock Thrush | <i>Monticola saxatilis</i> | | | ✓ | | | | | |
| 35 | Song Thrush | <i>Turdus philomelos</i> | | h | | | | | | |
| 36 | Blackbird | <i>Turdus merula</i> | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 37 | Garden Warbler | <i>Sylvia borin</i> | | ✓ | | | ✓ | h | ✓ | |
| 38 | Blackcap | <i>Sylvia atricapilla</i> | ✓ | h | ✓ | | ✓ | h | ✓ | ✓ |
| 39 | Common Whitethroat | <i>Sylvia communis</i> | | | ✓ | | | ✓ | | |
| 40 | Bonelli's Warbler | <i>Phylloscopus bonelli</i> | | ✓ | | | | | | |

| | Common name | Scientific name | July | | | | | | | |
|----|--------------------|--------------------------------|------|---|---|---|---|---|---|---|
| | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 41 | Chiffchaff | <i>Phylloscopus collybita</i> | | | | | ✓ | | | |
| 42 | Iberian Chiffchaff | <i>Phylloscopus ibericus</i> | | ✓ | | | | | h | |
| 43 | Goldcrest | <i>Regulus regulus</i> | | | | | | | | |
| 44 | Firecrest | <i>Regulus ignicapillus</i> | | ✓ | | ✓ | | | h | |
| 45 | Spotted Flycatcher | <i>Muscicapa striata</i> | | | | | | | | |
| 46 | Great Tit | <i>Parus major</i> | | ✓ | | | ✓ | | | |
| 47 | Coal Tit | <i>Parus ater</i> | | ✓ | | | ✓ | | ✓ | |
| 48 | Blue Tit | <i>Parus caeruleus</i> | | | | | ✓ | | ✓ | |
| 49 | Marsh Tit | <i>Parus palustris</i> | | ✓ | | | | | | |
| 50 | Long-tailed Tit | <i>Aegithalos caudatus</i> | | | | | | | ✓ | |
| 51 | Red-backed Shrike | <i>Lanius collurio</i> | | | | | | ✓ | | |
| 52 | Magpie | <i>Pica pica</i> | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ |
| 53 | Eurasian Jay | <i>Garrulus glandarius</i> | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ |
| 54 | Red-billed Chough | <i>Pyrrhocorax Pyrrhocorax</i> | | ✓ | ✓ | | | | | |
| 55 | Alpine Chough | <i>Pyrrhocorax graculus</i> | | | ✓ | | | | | |
| 56 | Carrion Crow | <i>Corvus corone</i> | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ |
| 57 | Raven | <i>Corvus corax</i> | | ✓ | ✓ | | ✓ | | | ✓ |
| 58 | Spotless Starling | <i>Sturnus unicolor</i> | | ✓ | | | | | | |
| 59 | House Sparrow | <i>Passer domesticus</i> | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| 60 | Rock Sparrow | <i>Petronia petronia</i> | | | | ✓ | | | | |
| 61 | Chaffinch | <i>Fringilla coelebs</i> | ✓ | | ✓ | | ✓ | | ✓ | |
| 62 | Linnet | <i>Acanthis cannabina</i> | | ✓ | ✓ | | | | | |
| 63 | Greenfinch | <i>Carduelis chloris</i> | | | | | | | ✓ | |
| 64 | Serin | <i>Serinus serinus</i> | | | ✓ | ✓ | h | ✓ | | ✓ |
| 65 | Yellowhammer | <i>Emberiza citrinella</i> | | | | | ✓ | ✓ | | |
| 66 | Rock Bunting | <i>Emberiza cia</i> | | ✓ | ✓ | | | ✓ | | |

Butterflies

| | | | | | | | | | | |
|----|--------------------------|--------------------------------|---|---|---|---|---|---|---|---|
| 1 | Swallowtail | <i>Papilio machaon</i> | | | ✓ | | | ✓ | ✓ | |
| 2 | Spanish Swallowtail | <i>Iphiclides feisthamelli</i> | | | | | | | ✓ | |
| 3 | Large White | <i>Pieris brassicae</i> | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| 4 | Black-veined White | <i>Aporia crataegi</i> | | | | | | ✓ | | |
| 5 | Small White | <i>Artogeia rapae</i> | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| 6 | Bath White | <i>Pontia daplidice</i> | | | | | ✓ | ✓ | ✓ | |
| 7 | Orange Tip | <i>Anthocharis cardamines</i> | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| 8 | Moroccan Orange Tip | <i>Anthocharis belia</i> | | | | | | | ✓ | |
| 9 | Clouded Yellow | <i>Colias crocea</i> | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | |
| 10 | Berger's Clouded Yellow | <i>Colias alfacariensis</i> | | | ✓ | | | | | |
| 11 | Brimstone | <i>Gonepteryx rhamni</i> | | | | ✓ | ✓ | ✓ | ✓ | |
| 12 | Wood White | <i>Leptidea sinapsis</i> | | | | | ✓ | ✓ | | |
| 13 | Small Copper | <i>Lycaena phleas</i> | ✓ | | | | | | | |
| 14 | Holly Blue | <i>Celastrina argiolus</i> | | ✓ | | | ✓ | | | |
| 15 | Green-underside Blue | <i>Glaucopsyche alexis</i> | | | ✓ | | | | | |
| 16 | Adonis Blue | <i>Lysandra bellargus</i> | ✓ | | | | ✓ | | | |
| 17 | Common Blue | <i>Polyommatus icarus</i> | ✓ | ✓ | | | | | | |
| 18 | Baton Blue | <i>Philotes baton</i> | | | | | | | | ✓ |
| 19 | Duke of Burgundy | <i>Hamearis lucina</i> | | | | | | | | ✓ |
| 20 | Red Admiral | <i>Vanessa atalanta</i> | | | | | | | | ✓ |
| 21 | Small Tortoiseshell | <i>Aglia urticae</i> | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | |
| 22 | Silver-washed Fritillary | <i>Argynnis paphia</i> | | | | | ✓ | | | |

| | Common name | Scientific name | July | | | | | | | |
|----|---------------------------|-------------------------------|------|---|---|---|---|---|---|---|
| | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 23 | Shepherd's Fritillary | <i>Boloria pales</i> | | | ✓ | | | | | |
| 24 | Weaver's Fritillary | <i>Boloria dia</i> | | ✓ | | | | | | |
| 25 | Queen of Spain Fritillary | <i>Issoria lathonia</i> | | | | | ✓ | | | |
| 26 | Pearl-bordered Fritillary | <i>Clossiana euphrosyne</i> | | | | | | | ✓ | |
| 27 | Provençal Fritillary | <i>Mellicta deione</i> | | | ✓ | | | | | |
| 28 | Heath Fritillary | <i>Mellicta athalia</i> | | | | | | | ✓ | |
| 29 | Marsh Fritillary | <i>Euphydras aurinia</i> | ✓ | | | | | | | |
| 30 | Marbled White | <i>Melanargia galathea</i> | ✓ | | | | ✓ | ✓ | ✓ | |
| 31 | Mountain Ringlet | <i>Erebia epiphron</i> | | ✓ | | | ✓ | | ✓ | |
| 32 | Chapman's Ringlet | <i>Erebia palarica</i> | | | | | ✓ | | | |
| 33 | Meadow Brown | <i>Maniola jurtina</i> | ✓ | ✓ | | ✓ | ✓ | | ✓ | |
| 34 | Hedge Brown (Gatekeeper) | <i>Pyronia tithonus</i> | | | | | | | ✓ | |
| 35 | Small Heath | <i>Ceononympha pamphilus</i> | ✓ | ✓ | ✓ | | | | | |
| 36 | Speckled Wood | <i>Parare aegeria aegeria</i> | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ | |
| 37 | Wall Brown | <i>Lassiommatia megera</i> | ✓ | ✓ | | | | ✓ | ✓ | |
| 38 | Rock Grayling | <i>Hipparchia alcyone</i> | | | | | ✓ | | | |
| 39 | Grizzled Skipper | <i>Pyrgus malvae</i> | | | | | ✓ | | ✓ | |

Moths

| | | | | | | | | | | |
|---|----------------------|---------------------------------|--|--|---|--|--|---|---|--|
| 1 | Hummingbird Hawkmoth | <i>Macroglossum stellatarum</i> | | | ✓ | | | ✓ | ✓ | |
| 2 | Six-spot Burnet | <i>Zygaena filipendulae</i> | | | | | | | ✓ | |

Amphibians & Reptiles

| | | | | | | | | | | |
|---|----------------------|-------------------------------|---|---|---|--|---|---|--|--|
| 1 | Iberian Rock Lizard | <i>Iberolacerta monticola</i> | | ✓ | ✓ | | | ✓ | | |
| 2 | Iberian Green Lizard | <i>Lacerta schreiberi</i> | ✓ | | | | | | | |
| 3 | Common Lizard | <i>Zootoca vivipara</i> | | | ✓ | | | ✓ | | |
| 4 | Common Frog | <i>Rana temporaria</i> | | | | | ✓ | | | |

Plants

Scientific name

Common name

Ferns etc

| | |
|----------------------------------|-----------------------------|
| <i>Equisetum telmateia</i> | Great Horsetail |
| <i>E. fluviatile</i> | Water Horsetail |
| <i>Adiantum capillis-veneris</i> | Maidenhair Fern |
| <i>Blechnum spicant</i> | Hard Fern |
| <i>Phyllitis scolopendrium</i> | Hart's-tongue Fern |
| <i>Asplenium adiantum-nigrum</i> | Black Spleenwort |
| <i>A. viride</i> | Green Spleenwort |
| <i>A. ruta-muraria</i> | Wall Rue |
| <i>Ceterach officinarum</i> | Rusty-backed Fern |
| <i>Athyrium filix-femina</i> | Lady Fern |
| <i>Dryopteris affinis</i> | Scaly Male Fern |
| <i>Oreopteris limbosperma</i> | Lemon-scented/Mountain Fern |
| <i>Polystichum aculeatum</i> | Hard Shield Fern |
| <i>P. lonchitis</i> | Holly Fern |
| <i>P. setiferum</i> | Soft Shield Fern |
| <i>Gymnocarpum robertianum</i> | Limestone Oak Fern |
| <i>Polypodium vulgare</i> | Common Polypody |
| <i>Pteridium aquilinum</i> | Bracken |

Scientific name**Common name****Conifers**

| | |
|---------------------------|------------|
| <i>Pinus sylvestris</i> | Scots Pine |
| <i>Juniperus communis</i> | Juniper |
| <i>Taxus baccata</i> | Yew |
| <i>Juniper communis</i> | Juniper |

Dicotyledons**Apiaceae (Umbellifers)****Carrot Family**

| | |
|-------------------------------|--------------------------|
| <i>Angelica sylvestris</i> | Angelica |
| <i>Astrantia major</i> | Masterwort |
| <i>A. minor</i> | Lesser Masterwort |
| <i>Conopodium majus</i> | Pignut |
| <i>Daucus carota</i> | Wild Carrot |
| <i>Eryngium bourgatii</i> | Pyrenean Eryngo |
| <i>Foeniculum vulgare</i> | Fennel |
| <i>Heracleum sphondylium</i> | Hogweed |
| <i>Laserpitium latifolium</i> | Broad-leaved Sermountain |
| <i>Levisticum officinale</i> | Lovage |
| <i>Oenanthe crocata</i> | Hemlock Water Dropwort |
| <i>Pimpinella saxifraga</i> | Burnet Saxifrage |
| <i>P. major</i> | Greater Burnet Saxifrage |
| <i>Sanicula europaea</i> | Wood Sanicle |
| <i>Seseli libanotis</i> | Moon Carrot |
| ? <i>Silenum pyrenaicum</i> | Pyrenean Angelica |
| <i>Torilis japonica</i> | Upright Hedge Parsley |

Aquifoliaceae**Holly Family**

| | |
|------------------------|-------|
| <i>Ilex aquifolium</i> | Holly |
|------------------------|-------|

Anacardiaceae**Sumach Family**

| | |
|------------------------------|-----------------|
| <i>Pistacia terebrinthus</i> | Turpentine Tree |
|------------------------------|-----------------|

Asclepiadaceae**Milkweed Family**

| | |
|----------------------------------|--------------|
| <i>Vincetoxicum hirundinaria</i> | Swallow-wort |
|----------------------------------|--------------|

Asteraceae (Compositae)**Daisy family**

| | |
|--------------------------------------|------------------------|
| <i>Achillea millefolium</i> | Yarrow |
| <i>Adenostyles aliariae</i> | Adenostyles |
| <i>Anthemis triumfetti</i> | Southern Dog Daisy |
| <i>Aster alpinum</i> | Alpine Aster |
| <i>Bellis perennis</i> | Daisy |
| <i>Carduncellus monspelliensis</i> | |
| <i>Carduus carlinifolius</i> | Carlina-leaved Thistle |
| <i>C. carlinoides</i> | Pyrenean Thistle |
| <i>C. defloratus</i> | Alpine Thistle |
| <i>Centaurea scabiosa</i> | Greater Knapweed |
| <i>C. nigra</i> | Black Knapweed |
| <i>C. conifera (Leuzia conifera)</i> | Cone Knapweed |
| <i>Cicorium intybus</i> | Chicory |
| <i>Cirsium palustre</i> | Marsh Thistle |
| <i>Filago vulgaris</i> | Common Cudweed |
| <i>Hieracium lanatum</i> | Woolly Hawkweed |
| <i>H. pilosella</i> | Mouse-ear Hawkweed |

| Scientific name | Common name |
|-------------------------------------|-----------------------------|
| <i>H. pumola</i> | Dwarf Hawkweed |
| <i>Lactuca perennis</i> | Blue Lettuce |
| <i>L. virosa</i> | Great Lettuce |
| <i>Lapsana communis</i> | Nipplewort |
| <i>Leucanthemum vulgare</i> | Ox-eye Daisy |
| <i>Matricaria discoidea</i> | Pineapple Mayweed |
| <i>Pilosella officinarum</i> | Mouse-ear Hawkweed |
| <i>Senecio doricum</i> | Chamois Ragwort |
| <i>S. pyrenaicus</i> | Tourneforts Ragwort |
| <i>Silybum marianum</i> | Milk Thistle |
| <i>Taraxacum alpinum</i> | Alpine Dandelion |
| <i>Tragopogon pratensis</i> | Goatsbeard |
| Aquifoliaceae | Holly Family |
| <i>Ilex aquifolium</i> | Holly |
| Betulaceae | Birch Family |
| <i>Betula pendula</i> | Silver Birch |
| <i>B. pubescens</i> | Birch |
| <i>Alnus glutinosa</i> | Alder |
| ? <i>A. viridus</i> | Green Alder |
| Boraginaceae | Forget-me-not Family |
| <i>Lithodora diffusa</i> | Scrambling Gromwell |
| <i>L. oleifolia</i> | Shrubby Gromwell |
| <i>Echium vulgare</i> | Viper's Bugloss |
| <i>Myosotis alpestris</i> | Alpine Forget-me-not |
| <i>M. scorpioides</i> | Water Forget-me-not |
| Brassicaceae (Cruciferae) | Cabbage/Cress Family |
| <i>Arabis hirsuta</i> | Hairy Rockcress |
| <i>Biscutella laevigata</i> | Buckler Mustard |
| <i>Cardamine pratense</i> | Lady's Smock |
| <i>C. raphanifolia</i> | Radish-leaved Bittercress |
| <i>Eryimum decumbens</i> | Decumbent Treacle Mustard |
| <i>Iberis aurosica</i> | Dauphine Candytuft |
| <i>Iberis spathulata</i> | Spoon-leaved Candytuft |
| <i>Metthiola fruticosa</i> | Sad Stock |
| <i>Rorippa nasturtium-aquaticum</i> | Watercress |
| <i>Sisymbrium austriacum</i> | Austrian Rocket |
| <i>Teesdaliopsis conferta</i> | |
| Campanulaceae | Bellflower Family |
| <i>Campanula glomerulata</i> | Clustered Bellflower |
| <i>C patula</i> | Spreading Bellflower |
| <i>C. rapunculoides</i> | Creeping Bellflower |
| <i>C. rotundifolia</i> | Harebell |
| <i>Jasione montana</i> | Mountain Sheep's-bit |
| <i>Phyteuma charmelii</i> | Horned Rampion |
| <i>P. orbiculare</i> | Round-headed Rampion |

| Scientific name | Common name |
|--------------------------------------|------------------------------|
| Caprifoliaceae | Honeysuckle Family |
| <i>Lonicera periclymenum</i> | Honeysuckle |
| <i>Sambucus nigra</i> | Elderflower |
| <i>S. ebulus</i> | Danewort |
| Caryophyllaceae | Pink Family |
| <i>Arenaria grandiflora</i> | Large-flowered Sandwort |
| <i>A. purpurascens</i> | Pink Sandwort |
| <i>Dianthus monspessulanus</i> | Fringed Pink |
| <i>D. pungens</i> | Short Pink |
| <i>D. superbus</i> | |
| <i>Lychnis flos-cuculi</i> | Ragged Robin |
| <i>Minuartia verna</i> | Vernal Sandwort |
| <i>Petrocoptis pardoi</i> | Blue-leaved Petrocoptis |
| <i>P. pyrenaica</i> | |
| <i>Petrorhagia prolifera</i> | Proliferous Pink |
| <i>P. saxifraga</i> | Tunic Flower |
| <i>Silene acaulis ssp longiscapa</i> | Moss Campion |
| <i>S. alba</i> | White Campion |
| <i>S. dioica</i> | Red Campion |
| <i>S. nutans</i> | Nottingham Catchfly |
| <i>S. vulgaris</i> | Bladder Campion |
| <i>Stellaria holostea</i> | Greater Stitchwort |
| <i>S. nemorum</i> | Wood Stitchwort |
| <i>s. graminea</i> | Lesser Stitchwort |
| Celastraceae | Spindle-tree Family |
| <i>Euonymus europaeus</i> | Spindle Tree |
| Cistaceae | Rock-rose family |
| <i>Heliathemum nummularian</i> | Common Rockrose |
| <i>H. canum</i> | Hoary Rockrose |
| Clusiaceae (Hypericaceae) | St John's-wort Family |
| <i>Hypericum androsaemum</i> | Tutsan |
| <i>H. nummularium</i> | Western St. John's-wort |
| <i>H perforatum</i> | Perforate St. John's Wort |
| Convolvulaceae | Bindweed Family |
| <i>Convolvulus arvensis</i> | Field Bindweed |
| <i>Cuscuta epithimum</i> | Dodder |
| <i>C. europaea</i> | Greater Dodder |
| Corylaceae | Hazel Family |
| <i>Corylus avellana</i> | Hazel |
| Crassulaceae | Stonecrop Family |
| <i>Sedum album</i> | White Stonecrop |
| <i>S. acre</i> | Biting Stonecrop |
| <i>S. ochroleum</i> | Creamish Stonecrop |
| <i>S. rupestre</i> | Rock Stonecrop |
| <i>S. anglicum</i> | English Stonecrop |

| Scientific name | Common name |
|---|-----------------------------|
| Disacaceae | Teasel Family |
| <i>Dipsacus fullonum</i> | Teasel |
| <i>Knautia arvensis</i> | Field Scabious |
| <i>Scabiosa cinera</i> | Pyrenean Scabious |
| Ericaceae | Heath Family |
| <i>Arbutus unedo</i> | Strawberry Tree |
| <i>Calluna vulgaris</i> | Heather/Ling |
| <i>Erica cinerea</i> | Bell Heather |
| <i>E. arborea</i> | Tree Heather |
| <i>E. tetralix</i> | Cross-leaved Heath |
| ? <i>E. vagans</i> | Cornish Heath |
| <i>Daboecia cantabrica</i> | St. Dabeoc's Heath |
| <i>Vaccinium myrtillus</i> | Bilberry |
| Euphorbiaceae | Spurge Family |
| <i>Euphorbia amygdaloides</i> | Wood Spurge |
| <i>E. chamaebuxus</i> | Pyrenean Spurge |
| <i>Mercurialis perennis</i> | Dog's Mercury |
| Fabaceae (Leguminosae) | Pea Family |
| <i>Anthyllis vulneraria ssp pyrenaica</i> | Kidney Vetch |
| <i>Astragalus glycyphyllos</i> | Wild Liquorice |
| <i>Chamaespartium sagittale</i> | Winged Greenweed |
| <i>Cytisus scoparius</i> | Broom |
| <i>Echinopartum horridum</i> | Echinopartum |
| <i>Genista hispanica</i> | Spanish Gorse |
| <i>G. sericea</i> | Silvery Broom |
| <i>Hippocrepis comosa</i> | Horseshoe Vetch |
| <i>Lathyrus laevigatus</i> | Yellow Pea |
| <i>L. vernus</i> | Spring Vetchling |
| <i>L. latifolius</i> | Everlasting Pea |
| <i>L. linifolius</i> | Bitter Vetch |
| <i>Lotus alpinas</i> | Alpine Birdsfoot Trefoil |
| <i>L. corniculatus</i> | Birdsfoot Trefoil |
| <i>Medicago sativa</i> | Lucerne |
| <i>M. lupulina</i> | Black Medick |
| <i>M. suffruticosa</i> | Sprawling Medick |
| <i>Ononis repens</i> | Restharrow |
| <i>Psoralea bituminosa</i> | Pitch Trefoil |
| <i>Trifolium campestre</i> | Hop Trefoil |
| <i>T. pratense</i> | Red Clover |
| <i>T. repens</i> | White Clover |
| <i>Vicia cracca</i> | Tufted Vetch |
| <i>V. hirsuta</i> | Hairy Tare |
| <i>V. pyrenaica</i> | Pyrenean Vetch |
| <i>V. sepium</i> | Bush Vetch |
| Fagaceae | Oak and Beech Family |
| <i>Castanea sativa</i> | Sweet Chestnut |
| <i>Fagus sylvatica</i> | Beech |
| <i>Quercus ilex</i> | Holm Oak |
| <i>Q. pyrenaica</i> | Pyrenean Oak |

| Scientific name | Common name |
|---|-----------------------------|
| Gentianaceae | Gentian Family |
| <i>Gentiana occidentalis</i> | Pyrenean Trumpet Gentian |
| <i>G. verna</i> | Spring Gentian |
| <i>Centaureum erythraea</i> | Common Centaury |
| <i>Blackstonia perfoliata</i> | Yellow-wort |
| Geraniaceae | Geranium Family |
| <i>Geranium columbinum</i> | Dove's-foot Cranesbill |
| <i>G. sanguineum</i> | Bloody Cranesbill |
| <i>G. robertianum</i> | Herb Robert |
| <i>G. pyrenaicum</i> | Pyrenean Geranium |
| <i>G. lucidum</i> | Shining Cranesbill |
| <i>Erodium cicutarium</i> | Common Storksbill |
| Globulariaceae | Globularia Family |
| <i>Globularia nudicaulis</i> | Leafless-stemmed Globularia |
| <i>G. repens</i> | Matted Globularia |
| Labiatae | Dead-nettle Family |
| <i>Acinos alpinus</i> | Alpine Calamint |
| <i>A. arvensis</i> | Basil Thyme |
| <i>Ajuga reptans</i> | Common Bugle |
| <i>Ballota nigra</i> | Black Horehound |
| <i>Marrubium vulgare</i> | White Horehound |
| <i>Mellittis melissophyllum</i> | Bastard Balm |
| <i>Origanum vulgare</i> | Marjoram |
| <i>Prunella lacinata</i> | Cut-leaved Self-heal |
| <i>P. grandiflora</i> | Large-flowered Self-heal |
| <i>P. vulgaris</i> | Selfheal |
| <i>Salvia pratensis</i> | Meadow Clary |
| <i>Sideritis hyssopifolia</i> | Sideritis |
| <i>Stachys monieri</i> | Alpine Betony |
| <i>S. palustris</i> | Marsh Woundwort |
| <i>Teucrium pyrenaicum</i> | Pyrenean Germander |
| <i>T. chamaedrys</i> | Wall Germander |
| <i>T. scorodonia</i> | Wood Sage |
| <i>Thymus mastichina</i> | Round-headed (White) Thyme |
| <i>T. praecox</i> | Wild Thyme |
| <i>T. pulegioides</i> | Large Thyme |
| Linaceae | Flax Family |
| <i>Linum bienne</i> | Pale Flax |
| <i>L. catharticum</i> | Purging/Fairy Flax |
| <i>L. perenne</i> | Perennial Flax |
| <i>L. viscosum</i> | Sticky Flax |
| <i>L. suffruticosum</i> ssp <i>salsalsoides</i> | Pyrenean Flax |
| Malvaceae | Mallow Family |
| <i>Malva moschata</i> | Musk Mallow |
| <i>M. neglecta</i> | Dwarf Mallow |
| <i>M. sylvestris</i> | Common Mallow |

| Scientific name | Common name |
|---|---|
| Menyanthaceae <i>Menyanthes trifoliata</i> | Bogbean family Bogbean |
| Onograceae <i>Epilobium alsinifolium</i> <i>Oenothera glazoviana</i> | Willowherb Family Chickweed Willowherb Large-flowered Evening Primrose |
| Papaveraceae <i>Chelidonium majus</i> <i>Fumaria capreolata</i> <i>Papaver rhoeas</i> <i>P. argemone</i> | Poppy Family Greater Celandine Ramping Fumitory Field Poppy Prickly Poppy |
| Plantaginaceae <i>Plantago lanceolata</i> <i>P. major</i> <i>P. media</i> <i>P. alpina</i> | Plantain Family Ribwort Plantain Greater Plantain Hoary Plantain Alpine Plantain |
| Plumbaginaceae <i>Armeria maritima ssp alpina</i> | Thrift Family Mountain Thrift |
| Polygonaceae <i>Polygonum hydropiper</i> <i>P. bistorta</i> <i>Rumex scutatus</i> <i>R. acetosella</i> <i>R. alpinus</i> | Knotweed Family Wall Pepper Bistort French Sorrel/Rubble Dock Sheep's Sorrel Monk's Rhubarb |
| Primulaceae <i>Primula veris</i> <i>Anagallis arvensis</i> <i>Androsace villosa</i> <i>Lysimachia nemorum</i> | Primrose Family Cowslip Scarlet Pimpernel Ciliate Rock-jasmine Yellow Pimpernel |
| Ranunculaceae <i>Anenome trifolia</i> <i>Aquilegia vulgaris</i> <i>A. pyrenaica ssp bicolor</i> <i>Caltha palustris</i> <i>Helleborus viridis</i> <i>Hepatica nobilis</i> <i>Ranunculus flammula</i> | Buttercup Family Columbine Marsh Marigold Green Hellebore Hepatica Lesser Spearwort |
| Rosaceae <i>Alchemilla alpina</i> <i>A. vulgaris</i> <i>Agrimonia eupatoria</i> <i>Amelanchier ovalis</i> <i>Filipendula ovalis</i> <i>Fragaria vesca</i> <i>Potentilla erecta</i> <i>P. reptans</i> | Rose Family Alpine Lady's-mantle Lady's-mantle Agrimony Amelanchier Dropwort Wild Strawberry Tormentil Creeping Cinquefoil |

| Scientific name | Common name |
|---------------------------------------|---------------------------|
| <i>Rosa canina</i> | Dog Rose |
| <i>R. arvensis</i> | Field Rose |
| <i>Sanguisorba minor</i> | Salad Burnet |
| <i>Sorbus sp.</i> | A Whitebeam |
| | |
| Rubiaceae | Bedstraw Family |
| <i>Asperula cyanchia</i> | Squinancywort |
| <i>Cruciata laevipes</i> | Crosswort |
| <i>Gallium odoratum</i> | Sweet Woodruff |
| <i>G. mollugo</i> | Hedge Bedstraw |
| | |
| Santalaceae | Sandalwood Family |
| <i>Thesium pyrenaicum</i> | Pyrenean Bastard Toadflax |
| | |
| Saxifragaceae | Saxifrage Family |
| <i>Saxifraga granulata</i> | Meadow Saxifrage |
| <i>S. aspera</i> | Rough Saxifrage |
| <i>S. paniculata</i> | Paniculate Saxifrage |
| <i>S. umbrosa sp hirsuta</i> | A Saxifrage |
| | |
| Scrophulariaceae | Figwort Family |
| <i>Anarrhinum bellidifolium</i> | Daisy-leaved Toadflax |
| <i>Antirrhinum braun-blanquetii</i> | |
| <i>Chaenorhinum origanifolium</i> | |
| <i>Digitalis parviflora</i> | |
| <i>D. purpurea</i> | Foxglove |
| <i>Erinus alpina</i> | Fairy Foxglove |
| <i>Euphrasia rostkoviana</i> | Common Eyebright |
| <i>Linaria alpina</i> | Alpine Toadflax |
| <i>L. faucicola</i> | |
| <i>L. supina</i> | Pyrenean Toadflax |
| <i>L. triornithophora</i> | |
| <i>Melanpyrum sylvaticum</i> | Small Cow-wheat |
| <i>Pedicularis verticillata</i> | Whorled Lousewort |
| <i>P. sylvatica</i> | Common Lousewort |
| <i>Rhinanthus minor</i> | Yellow Rattle |
| <i>R. serotinus ssp asturicus</i> | Greater Yellow Rattle |
| <i>Scrophularia auriculata</i> | Water Figwort |
| <i>S. nodosa</i> | Common Figwort |
| <i>Verbascum pulverulentum</i> | Hoary Mullein |
| <i>Veronica beccabunga</i> | Brooklime |
| <i>V. serpyllifolia</i> | Thyme-leaved Speedwell |
| <i>V. officinalis</i> | Heath Speedwell |
| <i>V. nummularia</i> | Pyrenean Speedwell |
| | |
| Thymelaeaceae | Daphne Family |
| <i>Daphne layreleola ssp philippi</i> | Spurge Laurel |
| | |
| Tiliaceae | Lime Family |
| <i>Tilia cordata</i> | Small-leaved Lime |
| <i>T. platyphyllos</i> | Lime |

| Scientific name | Common name |
|--|--|
| Ulmaceae <i>Ulmus glabra</i> | Elm Family Wych Elm |
| Valerianaceae <i>Centranthus angustifolius</i> <i>C. ruber</i> <i>C. trypteris</i> <i>Valeriana pyrenaica</i> | Valerian Family Narrow-leaved Red Valerian Red Valerian Three-leaved Valerian Pyrenean Valerian |
| Violaceae <i>V. riviniana</i> <i>V. pyrenaica</i> | Violet Family Common Dog Violet Pyrenean Violet |
| Viscaceae <i>Viscum album</i> | Mistletoe Family Mistletoe |

Monocotyledons

| | |
|---|--|
| Liliaceae <i>Allium sphaerocephalon</i> <i>Anphyllanthes monspeliensis</i> <i>Asphodelus albus</i> <i>Lillium martagon</i> <i>Muscari comosum</i> <i>Ornithogalum umbellatum</i> <i>O. pyrenaicum</i> <i>Scilla verna</i> <i>Smilax aspera</i> | Round-headed Leek Blue Aphyllanthes White Asphodel Martagon Lily Tassel Hyacinth Star of Bethlehem Bath Asparagus Spring Squill |
| Iridaceae <i>Iris latifolia</i> | Iris Family English Iris |
| Cyperaceae <i>Eriophorum sp.</i> | Cotton Grass |
| Orchidaceae <i>Anacamptis pyramidalis</i> <i>Aceras anthropophorum</i> <i>Dactylorhiza elata</i> <i>D. fuchsii</i> <i>D. incarnata</i> <i>D. maculata</i> <i>Epipactis atrorubens</i> <i>Gymnadenia conopsea</i> <i>Himantoglossum hircinum</i> <i>Neottia nidus-avis</i> <i>Ophrys apifera</i> <i>O. scolopax</i> <i>Orchis papilionacea</i> <i>Platanthera chlorantha</i> <i>Serapias cordigera</i> <i>S. lingua</i> | Pyramidal Orchid Man Orchid Robust Marsh Orchid Common Spotted Orchid Early Marsh Orchid Heath Spotted Orchid Dark Red Helleborine Fragrant Orchid Lizard Orchid Bird's nest Orchid Bee Orchid Woodcock Orchid Pink Butterfly Orchid Lesser Butterfly Orchid Tongue Orchid |