

Wild Asturias - Realm of the Bear

Naturetrek Tour Report

25th June – 2nd July 2026



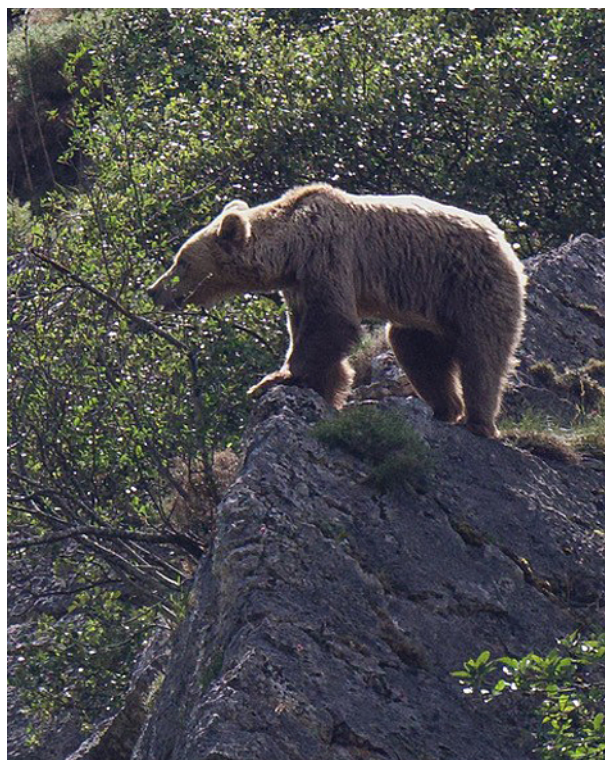
Apollo



Schreiber's Green Lizard



Lizard and Pyramidal Orchids



Brown Bear

Tour report by Rob Williams and Byron Palacios (plant list compiled by Ellie Knott)
Photos by Rob Williams



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Tour participants: Byron Palacios and Rob Williams (leaders) with 12 Naturetrek clients

Day 1

Thursday 25th June

Most of the group flew from Gatwick to Oviedo, with the remainder meeting us there. We drove south into the Asturias countryside, through increasingly mountainous terrain, and up beautiful wooded valleys with crystal-clear rivers. Having arrived in Pola de Somiedo, we settled into our delightful, family-run hotel. Byron and Rob popped outside and looked up at the hillside... and spotted a Brown Bear! A hurried dash round the hotel banging on doors soon saw the group assembling outside, and we all enjoyed about fifteen minutes watching a female with two approximately five-month-old cubs, working their way across the hillside above the village, feeding as they went. What an amazing start to our week in Asturias! A while later we went for a first walk around the village, finding White Wagtails, a couple of singing Black Redstarts (of the Iberian endemic subspecies *gibraltarensis*). Overhead, we saw several Griffon Vultures, a couple of Short-toed Snake Eagles, and a couple of Honey Buzzards.

Day 2

Friday 26th June

We drove a short distance down the valley and took the trail towards the village of Castro, which skirted the valley side, offered fabulous views of the limestone cliffs, and took us through a variety of microhabitats, from open meadow-like grassland to dense woodland. We found a spectacular variety of birds, including Iberian Chiffchaff, Western Bonelli's Warbler, Firecrest and Short-toed Treecreeper. We made slow progress, as there were myriad plants and butterflies to entertain us and for us to identify: highlights included many False Ilex and Blue-spotted Hairstreaks, several species of fritillary, and Adonis Blues. We also found a Red Squirrel.

We returned to the hotel for lunch and had a rest, before heading to the village of Castro and spending time at the viewpoint. We found two Cantabrian Chamois and two Red Deer, and also saw our only Golden Eagle of the trip.

Day 3

Saturday 27th June

From the Pass of Farragona, we walked the trail to the Lagos de Salencia. This trail offered fantastic views down the Salencia valley to start with, and then passed a wonderful moraine lake, surrounded by magnificent limestone cliffs, before climbing over an iron-rich ridge to reach high meadows and more lakes. The whole hike was rich with birds, flowers and butterflies. We added many new species of all these groups to the list. New birds included Tree and Water Pipits, Garden Warbler, Yellowhammer, and both Red-billed and Alpine Choughs. A wet seep had a large Iberian Water Frog and a couple of Common Toads. We found several Yellow-winged Darters, Robust Spreading and Common Bluet damselfly. We enjoyed a lunch in a pasture overlooking the larger lake, and then returned to the car park, where a van was selling welcome refreshments. An afternoon off around the village saw people walking, resting and having a drink at the bar.

Day 4

Sunday 28th June

Heading south, we drove up through fog-shrouded valleys, before coming out into bright sunshine above the cloud at Puerto de Somiedo. Immediately, we picked up a nice male Montagu's Harrier, which quartered the hillside in front of us, giving great views. A Cuckoo flew through the valley, perching for good scope views. A pair of Red-

backed Shrikes had a least one juvenile with them. A Quail was calling, and we went in search, getting close flight views of one and glimpses of another: fantastic!

Near the village of Piedrafita de Babia, we explored an area of pine woodland and open grassland. The butterflies were amazing, with highlights including a magnificent Apollo, and at least five species of fritillary. Iberian Green Woodpeckers showed a couple of times in flight, and then we had scope views of a calling Wryneck, an unusual bird here. A Common Goldenring dragonfly was consuming a bumblebee. We also found some Iberian Owl-flies, and several Western Willow Spreadwing damselflies. An Ocellated Lizard and a Schreiber's Green Lizard were basking.

After lunch and a coffee at a local bar, we walked to look at the very rare and highly restricted Babia Saxifrage growing on a wall of an old gateway. A Viviparous Lizard was seen in the village.

Driving back to the Somiedo valley, we made a couple of stops to scan hillsides and look for raptors. We got Red Deer and Cantabrian Chamois in the scope, and saw Booted Eagle, Egyptian Vulture, Short-toed Snake Eagle and several Griffon Vultures. A Stone (Beech) Marten dashed past the first vehicle. As we drove back into town, we saw some people looking uphill joyously, and stopped the vehicles: we joined them in watching the same female bear and cubs again, until they climbed out of sight.

Day 5

Monday 29th June

Just out of town, we came across a second-year male Brown Bear feeding in a wild cherry tree along the roadside. We stopped and enjoyed ridiculously good views of this bear, which was not bothered by our presence. It eventually climbed over a rock and disappeared off upslope. We carried on up to Valle del Lago where we undertook a nice walk, though it was quite misty so much of the focus was on plants, as bird and butterfly activity was minimal. We did finally manage quite good views of a male Bullfinch. On the way back, the mist had cleared a bit, allowing some spectacular views, and we did see a Red Deer, a female Marsh Harrier and a pair of Tawny Pipits which flew past us.

In the afternoon, we drove to the village of Perlunes, and walked the quiet road above the Arroyo Agunio. The light was marvellous on the limestone ridges here, and we enjoyed watching more wildlife, including some nice butterflies and several Hummingbird Hawk-moths. We found a telegraph pole that a bear had very recently used as a scratching post: it had torn off large splinters of wood in the process at well over head height. It was an amazing illustration of the size and power of these animals. We could see his tracks in the vegetation both sides of the road, showing that he had been on his way uphill.

Day 6

Tuesday 30th June

It was cloudy and drizzling as we left Pola de Somiedo; driving higher we came through the top of the clouds to find the mountain tops in bright sunshine. Descending into the Babina valley, we stopped and picked up both Corn and Rock Buntings as new for the trip, as well as having nice scope views of Red-backed Shrike and Northern Wheatears. Further on, a Nightingale gave a few views and serenaded us from some streamside bushes. A pair of Egyptian Vultures gave excellent flight views. A few more stops gave us views of a few familiar birds, including White Storks on nests. After a coffee, we started heading back uphill. While we were getting lunch ready, Richard

found a male Common Rock Thrush, which stayed around long enough for scope views. We stopped at the Farrapona Pass, where we heard a couple more Quails, but did not manage to see anything new.

In the early evening, we again saw the female bear with two cubs feeding in a cherry tree, and spent a while watching through the scopes. We then headed up to La Peral village for dinner and scanned the hillsides, but did not pick up anything unusual, though the swirling mist in the evening light created a wonderful atmosphere. The lead van had a Red Fox cross the road in front of them on the way down.

Day 7

Wednesday 1st July

We headed up to the village of La Peral, and after scanning the slopes, we walked up the Rio Trabanco valley. We passed by the *braña* (stone hut) thatched by the King of Spain, where we also found an impressive Wolf scat. It was a glorious morning, with perfect weather for a walk. We saw good numbers of Cantabrian Chamois, a couple of Roe Deer, and a Red Fox hunting in a recently-cut hay meadow. We enjoyed good views of many birds, including a couple of male Red-backed Shrikes and Common Whitethroat. A stone wall held some particularly confiding lizards, and we saw a Common Wall Lizard driving off a Viviparous Lizard. There was both good butterfly activity and many wild flowers to entertain us. We lunched near the village, before returning to the hotel for a rest.

In the late afternoon, we headed to the steep road above the hamlet of Pineda. It was quiet, but we had views of a Common Buzzard carrying a snake, and a soaring female Goshawk. Wolf and Bear scat was seen the road; the bear had clearly been feasting on wild cherries.

Day 8

Thursday 2nd July

We made a last outing to scan hillsides from the viewpoint at Gau. We picked up four Red Deer, three Chamois (including a very young kid), two Red Foxes and a Roe Deer. Birds were all familiar species, but a Short-toed Snake Eagle gave us a particularly nice flyover. After a final breakfast, we made our way to Asturias airport and travelled on to Gatwick, where we said our goodbyes and headed home.

We had enjoyed a fabulous week, with four sightings of bears, three times the same mother and two cubs and once a very close young male: these encounters surpassed all our expectations. We also saw Cantabrian Chamois, Red and Roe Deer, Red Fox, Red Squirrel, and a couple of people glimpsed Beech Marten. Other fauna included eighty species of birds, more than fifty butterflies, seven reptiles, two amphibians, seven damselflies/dragonflies, and a variety of other invertebrates. The flora had been spectacular, and we found a great variety of plants, including some of the very local endemics. All of this had been among the spectacular scenery of the Cantabrian mountains, and fascinating traditional villages with unique architecture and crop storage buildings. We had enjoyed fabulous meals, both in the field and especially at the wonderful Miño restaurant in the evenings. Thank goodness we had walked a decent distance each day to justify all the eating!

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Species lists

Birds (H=heard only)

I=Introduced		June - July 2026							
Common name	Scientific name	25	26	27	28	29	30	1	2
Mallard	<i>Anas platyrhynchos</i>			✓		✓			
Common Quail	<i>Coturnix coturnix</i>			H	✓		H	H	
Red-legged Partridge	<i>Alectoris rufa</i>				✓				
Common Cuckoo	<i>Cuculus canorus</i>				✓				
Eurasian Collared Dove	<i>Streptopelia decaocto</i>		✓	✓	✓				✓
Common Wood Pigeon	<i>Columba palumbus</i>		✓	✓	✓	✓	✓	✓	✓
Feral Rock Dove - I	<i>Columba livia</i>	✓							
Eurasian Coot	<i>Fulica atra</i>					✓			
Yellow-legged Gull	<i>Larus michahellis</i>								✓
White Stork	<i>Ciconia ciconia</i>				✓		✓		
Grey Heron	<i>Ardea cinerea</i>		✓						
Common Swift	<i>Apus apus</i>	✓	✓	✓	✓	✓	✓	✓	✓
Tawny Owl	<i>Strix aluco</i>		H				H	H	
Egyptian Vulture	<i>Neophron percnopterus</i>				✓		✓		
European Honey Buzzard	<i>Pernis apivorus</i>	✓							
Griffon Vulture	<i>Gyps fulvus</i>	✓	✓	✓	✓	✓	✓	✓	✓
Short-toed Snake Eagle	<i>Circaetus gallicus</i>	✓	✓	✓	✓		✓		✓
Booted Eagle	<i>Hieraaetus pennatus</i>				✓				
Golden Eagle	<i>Aquila chrysaetos</i>		✓						
Eurasian Sparrowhawk	<i>Accipiter nisus</i>		✓		✓				
Eurasian Goshawk	<i>Astur gentilis</i>							✓	
Montagu's Harrier	<i>Circus pygargus</i>				✓				
Western Marsh Harrier	<i>Circus aeruginosus</i>					✓			
Black Kite	<i>Milvus migrans</i>				✓		✓	✓	
Common Buzzard	<i>Buteo buteo</i>	✓	✓	✓	✓	✓	✓	✓	✓
Eurasian Wryneck	<i>Jynx torquilla</i>				✓				
Iberian Green Woodpecker	<i>Picus sharpei</i>		H		✓		H	H	
Great Spotted Woodpecker	<i>Dendrocopos major</i>		✓		✓		H		
Common Kestrel	<i>Falco tinnunculus</i>		✓		✓	✓	✓	✓	
Red-backed Shrike	<i>Lanius collurio</i>				✓		✓	✓	✓
Alpine Chough	<i>Pyrrhocorax graculus</i>			✓					
Red-billed Chough	<i>Pyrrhocorax pyrrhocorax</i>		✓	✓	✓	✓	✓	✓	
Eurasian Jay	<i>Garrulus glandarius</i>		✓	✓	✓	✓	✓	✓	✓
Eurasian Magpie	<i>Pica pica</i>	✓	✓	✓	✓	✓	✓	✓	✓
Northern Raven	<i>Corvus corax</i>		✓	✓	✓	✓	✓	✓	✓
Carrion Crow	<i>Corvus corone</i>	✓	✓	✓	✓	✓	✓	✓	✓
Eurasian Blue Tit	<i>Cyanistes caeruleus</i>	✓	✓	✓	✓	✓	✓	✓	✓
Great Tit	<i>Parus major</i>		✓	✓	✓	✓	✓	✓	✓
Coal Tit	<i>Parus ater</i>		H		✓		✓		
Crested Tit	<i>Lophophanes cristatus</i>		H						
Marsh Tit	<i>Poecile palustris</i>					✓			
Woodlark	<i>Lullula arborea</i>			H					
Eurasian Crag Martin	<i>Ptyonoprogne rupestris</i>	✓	✓	✓	✓	✓	✓	✓	✓
Barn Swallow	<i>Hirundo rustica</i>	✓	✓	✓	✓	✓	✓	✓	✓
Western House Martin	<i>Delichon urbicum</i>	✓	✓	✓	✓	✓	✓	✓	✓

I=Introduced		June - July 2026							
Common name	Scientific name	25	26	27	28	29	30	1	2
Long-tailed Tit	<i>Aegithalos caudatus</i>		H						
Cetti's Warbler	<i>Cettia cetti</i>						✓		
Western Bonelli's Warbler	<i>Phylloscopus bonelli</i>		✓		H				
Common Chiffchaff	<i>Phylloscopus collybita</i>			✓	✓	✓	✓	✓	
Iberian Chiffchaff	<i>Phylloscopus ibericus</i>		✓	H	✓				
Garden Warbler	<i>Sylvia borin</i>			✓	✓	✓	✓	✓	
Eurasian Blackcap	<i>Sylvia atricapilla</i>	✓	✓	✓	✓	✓	✓	✓	✓
Common Whitethroat	<i>Curruca communis</i>			H	✓		✓	✓	
Common Firecrest	<i>Regulus ignicapilla</i>			✓					✓
Goldcrest	<i>Regulus regulus</i>		✓		✓				
Eurasian Nuthatch	<i>Sitta europaea</i>		H	✓	✓				
Short-toed Treecreeper	<i>Certhia brachydactyla</i>		✓				✓	H	H
Eurasian Wren	<i>Troglodytes troglodytes</i>		H	✓	✓	✓	✓	✓	H
Spotless Starling	<i>Sturnus unicolor</i>						✓		
White-throated Dipper	<i>Cinclus cinclus</i>						✓		
Mistle Thrush	<i>Turdus viscivorus</i>				✓		✓	✓	
Song Thrush	<i>Turdus philomelos</i>		✓	✓	✓	✓	✓	✓	✓
Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓	✓
European Robin	<i>Erithacus rubecula</i>	✓	✓	✓	✓	✓	✓	✓	✓
Common Nightingale	<i>Luscinia megarhynchos</i>						✓		
Black Redstart	<i>Phoenicurus ochruros</i>	✓	✓	✓	✓	✓	✓	✓	✓
Common Rock Thrush	<i>Monticola saxatilis</i>						✓		
Whinchat	<i>Saxicola rubetra</i>			H					
European Stonechat	<i>Saxicola rubicola</i>				✓		✓	✓	
Northern Wheatear	<i>Oenanthe oenanthe</i>			✓	✓		✓		
Duncock	<i>Prunella modularis</i>			✓	✓	✓	✓	✓	✓
House Sparrow	<i>Passer domesticus</i>	✓	✓	✓	✓	✓	✓	✓	✓
Grey Wagtail	<i>Motacilla cinerea</i>	✓	✓	✓	✓	✓	✓	✓	✓
White Wagtail	<i>Motacilla alba</i>	✓	✓	✓	✓	✓	✓	✓	✓
Tawny Pipit	<i>Anthus campestris</i>					✓			
Tree Pipit	<i>Anthus trivialis</i>			✓	✓	✓	H		
Water Pipit	<i>Anthus spinoletta</i>			✓	✓				
Meadow Pipit	<i>Anthus pratensis</i>			✓	✓				
Eurasian Chaffinch	<i>Fringilla coelebs</i>	✓	✓	✓	✓	✓	✓	✓	✓
Eurasian Bullfinch	<i>Pyrrhula pyrrhula</i>			✓	✓	✓	✓	✓	
European Greenfinch	<i>Chloris chloris</i>				✓				
Common Linnet	<i>Linaria cannabina</i>			✓	✓		✓	✓	✓
European Goldfinch	<i>Carduelis carduelis</i>	✓	✓	✓	✓	✓	✓	✓	✓
European Serin	<i>Serinus serinus</i>	✓	✓	✓	✓	✓	✓	✓	✓
Corn Bunting	<i>Emberiza calandra</i>						✓		
Rock Bunting	<i>Emberiza cia</i>						✓	✓	
Yellowhammer	<i>Emberiza citrinella</i>		✓	✓	✓	✓	✓	✓	

Mammals

Common name	Scientific name	June - July 2026							
		25	26	27	28	29	30	1	2
Eurasian Red Squirrel	<i>Sciurus vulgaris</i>		1						
Red Deer	<i>Cervus elaphus</i>		2		2	1			
Western Roe Deer	<i>Capreolus capreolus</i>			1	1			2	
Cantabrian Chamois	<i>Rupicapra parva</i>		1	1	✓	2		11	
Red Fox	<i>Vulpes vulpes</i>							1	
Brown Bear	<i>Ursus arctos</i>	3			2	1	3		
Stone Marten	<i>Martes foina</i>				1				

Amphibians & reptiles

Common name	Scientific name
Iberian Water Frog	<i>Pelophylax perezi</i>
Common Toad	<i>Bufo bufo</i>
a skink	Scincidae sp.
Ocellated Lizard	<i>Timon lepidus</i>
Schreiber's Green Lizard	<i>Lacerta schreiberi</i>
Viviparous Lizard	<i>Zootoca vivipara</i>
Common Wall Lizard	<i>Podarcis muralis</i>
West Iberian Rock Lizard	<i>Iberolacerta monticola</i>
Southern Smooth Snake	<i>Coronella girondica</i>

Butterflies

Common name	Scientific name
Common Swallowtail	<i>Papilio machaon</i>
Common Apollo	<i>Parnassius apollo</i>
Large Skipper	<i>Ochlodes sylvanus</i>
Lulworth Skipper	<i>Thymelicus acteon</i>
Dingy Skipper	<i>Erynnis tages</i>
Common Grizzled Skipper	<i>Pyrgus malvae</i>
Oberthür's Grizzled Skipper	<i>Pyrgus armoricanus</i>
Wood White	<i>Leptidea sinapis</i>
Common Brimstone	<i>Gonepteryx rhamni</i>
Cleopatra	<i>Gonepteryx cleopatra</i>
Pale Clouded Yellow	<i>Colias hyale</i>
Berger's Clouded Yellow	<i>Colias alfacariensis</i>
Clouded Yellow	<i>Colias croceus</i>
Large White	<i>Pieris brassicae</i>
Small White	<i>Pieris rapae</i>
Sooty Copper	<i>Lycaena tityrus</i>
Scarce Copper	<i>Lycaena vigaureae</i>
Purple Hairstreak	<i>Favonius quercus</i>
Spanish Purple Hairstreak	<i>Laeosopis roboris</i>
Ilex Hairstreak	<i>Satyrium ilicis</i>
False Ilex Hairstreak	<i>Satyrium esculi</i>
Blue-spot Hairstreak	<i>Satyrium spini</i>
Long-tailed Blue	<i>Lampides boeticus</i>

Common name	Scientific name
Holly Blue	<i>Celastrina argiolus</i>
Little Blue	<i>Cupido minimus</i>
Silver-studded Blue	<i>Plebejus argus</i>
Mountain Brown Argus	<i>Aricia artaxerxes</i>
Spanish Chalk-hill Blue	<i>Lysandra albicans</i>
Adonis Blue	<i>Polyommatus bellargus</i>
Common Blue	<i>Polyommatus icarus</i>
Queen of Spain Fritillary	<i>Issoria lathonia</i>
Silver-washed Fritillary	<i>Argynnis paphia</i>
Cardinal	<i>Argynnis pandora</i>
Dark Green Fritillary	<i>Speyeria aglaja</i>
High Brown Fritillary	<i>Fabriciana adippe</i>
Small Pearl-bordered Fritillary	<i>Boloria selene</i>
Painted Lady	<i>Vanessa cardui</i>
Red Admiral	<i>Vanessa atalanta</i>
Peacock Butterfly	<i>Aglais io</i>
Small Tortoiseshell	<i>Aglais urticae</i>
Comma	<i>Polygonia c-album</i>
Marsh Fritillary	<i>Euphydryas aurinia</i>
Spotted Fritillary	<i>Melitaea didyma</i>
False Heath Fritillary	<i>Melitaea diamina</i>
Provençal Fritillary	<i>Melitaea deione</i>
Heath Fritillary	<i>Melitaea athalia</i>
Small Heath	<i>Coenonympha pamphilus</i>
Pearly Heath	<i>Coenonympha arcania</i>
Speckled Wood	<i>Pararge aegeria</i>
Large Wall Brown	<i>Lasiommata maera</i>
Wall Brown	<i>Lasiommata megera</i>
Common Marbled White	<i>Melanargia galathea</i>
Great Banded Grayling	<i>Brintesia circe</i>
Common Ringlet	<i>Aphantopus hyperantus</i>
Meadow Brown	<i>Maniola jurtina</i>
Chapman's Ringlet	<i>Erebia palarica</i>

Moths

Common name	Scientific name
Fiery Clearwing	<i>Pyropteron chrysidiformis</i>
Forester	<i>Adscita statices</i>
Five-spot Burnet	<i>Zygaena trifolii</i>
Hummingbird Hawk-moth	<i>Macroglossum stellatarum</i>
Bloody Saffron	<i>Lythria sanguinaria</i>
Southern Grass Emerald	<i>Chlorissa cloraria</i>
Jersey Tiger	<i>Euplagia quadripunctaria</i>
Mother Shipton	<i>Callistege mi</i>

Damselflies & dragonflies

Common name	Scientific name
Beautiful Demoiselle	<i>Calopteryx virgo</i>
Robust Spreadwing	<i>Lestes dryas</i>
Western Willow Spreadwing	<i>Chalcolestes viridis</i>
Common Bluet	<i>Enallagma cyathigerum</i>
Migrant Hawker	<i>Aeshna mixta</i>
Common Goldenring	<i>Cordulegaster boltonii</i>
Yellow-winged Darter	<i>Sympetrum flaveolum</i>

Other invertebrates

Common name	Scientific name
a bee-fly	<i>Hemipenthes maura</i>
a seed bug	<i>Lygaeus equestris/stimulus</i> agg.
Flower Assassin Bug	<i>Rhynocoris iracundus</i>
European Striped Shieldbug	<i>Graphosoma italicum</i>
Iberian Owl-fly	<i>Libelloides hispanicus</i>
Bee-eating Beetle	<i>Trichodes apiarius</i>

Plants

Scientific Name	Common Name
Ferns	
<i>Asplenium ruta-muraria</i>	Wall-Rue
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort
Conifers	
<i>Juniperus communis</i> var. <i>saxatilis</i> ?	Juniper (native subspecies?)
Dicotyledons	
Apiaceae (Umbellifers)	Carrot Family
<i>Astrantia major</i>	Great Masterwort
<i>Eryngium bourgatii</i>	Pyrenean Eryngo
<i>Angelica pyrenaea</i>	Pyrenean Angelica
<i>Myrrhis odorata</i>	Sweet Cicely
Asparagaceae	Agave and Allies Family
<i>Ruscus aculeatus</i>	Butcher's-broom
Asteraceae (Compositae)	Daisy Family
<i>Achillea millefolium</i>	Yarrow
<i>Adenostyles alliariae</i>	Hedge-leaved Adenostyle
<i>Arctium lappa</i>	Greater Burdock
<i>Carduus defloratus</i>	Alpine Thistle
<i>Carduus nutans</i>	Musk Thistle
<i>Carthamus mitissimus</i>	Gentle Thistle / Dwarf Knapweed
<i>Centaurea scabiosa</i>	Greater Knapweed
<i>Centaurea nigra</i>	Black Knapweed
<i>Centaurea conifera</i> (<i>Leuzea conifera</i>)	Pine-cone Thistle
<i>Centaurea</i> sp.	a knapweed
<i>Cirsium tuberosum</i>	Tuberous Thistle
<i>Doronicum</i> sp.	a leopard's-bane
<i>Hieracium villosum</i>	Shaggy Hawkweed

Scientific Name	Common Name
<i>Lactuca plumieri</i>	Hairless Blue Sowthistle
<i>Leucanthemum vulgare</i>	Oxeye Daisy
<i>Pilosella officinarum</i>	Mouse-ear Hawkweed
<i>Santolina chamaecyparissus</i>	Lavender-cotton
<i>Tragopogon pratensis</i>	Goat's-beard
Betulaceae	Birch Family
<i>Betula</i> sp.	a birch
Boraginaceae	Forget-Me-Not Family
<i>Glandora diffusa</i>	Scrambling Gromwell
<i>Echium vulgare</i>	Viper's Bugloss
Campanulaceae	Bellflower Family
<i>Campanula arvensis</i>	Oviedo Campanula
<i>Campanula glomerata</i>	Clustered Bellflower
<i>Campanula rotundifolia</i>	Harebell
<i>Jasione montana</i>	Sheep's-Bit
Caprifoliaceae	Honeysuckle Family
<i>Sambucus ebulus</i>	Dwarf Elder (Danewort)
Caryophyllaceae	Pink Family
<i>Dianthus hyssopifolius</i>	Fringed Pink
<i>Dianthus deltoides</i>	Maiden Pink
<i>Silene acaulis</i>	Moss Campion
<i>Silene nutans</i>	Nottingham Catchfly
<i>Silene vulgaris</i>	Bladder Campion
Cistaceae	Rock-rose Family
<i>Cistus lasianthus</i> (<i>Halimium lasianthum</i>)	Woolly Rock-rose
<i>Cistus salviifolius</i>	Sage-Leaved Rock-rose
<i>Helianthemum nummularium</i>	Common Rock-rose
<i>Helianthemum canum</i>	Hoary Rock-rose
Clusiaceae (Hypericaceae)	St. John's-wort Family
<i>Hypericum perforatum</i>	Perforate St. John's-wort
<i>Hypericum richeri</i> subsp. <i>burseri</i>	a St. John's-wort
Convolvulaceae	Bindweed Family
<i>Cuscuta campestris</i>	Field Dodder
Dipsacaceae	Teasel Family
<i>Knautia arvensis</i>	Field Scabious
<i>Scabiosa columbaria</i>	Small Scabious
Crassulaceae	Stonecrop Family
<i>Sedum acre</i>	Biting Stonecrop
Ericaceae	Heath Family
<i>Calluna vulgaris</i>	Heather
<i>Daboecia cantabrica</i>	St. Dabeoc's Heath
<i>Erica vagans</i>	Cornish Heath
<i>Vaccinium myrtillus</i>	Bilberry
Euphorbiaceae	Spurge Family
<i>Euphorbia hyberna</i>	Irish Spurge
<i>Mercurialis perennis</i>	Dog's Mercury
Fabaceae (Leguminosae)	Pea Family
<i>Anthyllis vulneraria</i> subsp. <i>pyrenaica</i>	a kidney vetch
<i>Cytisus scoparius</i>	Broom
<i>Genista hispanica</i>	Spanish Gorse
<i>Hippocrepis comosa</i>	Horseshoe Vetch
<i>Ononis repens</i>	Restharrow

Scientific Name	Common Name
Fagaceae	Oak and Beech Family
<i>Quercus ilex</i>	Holm Oak
Gentianaceae	Gentian Family
<i>Centaurium somedanum</i>	an (endemic) centaury
<i>Gentiana lutea</i>	Great Yellow Gentian
<i>Gentiana pneumonanthe</i>	Marsh Gentian
Geraniaceae	Geranium Family
<i>Erodium cicutarium</i>	Common Stork's-bill
<i>Geranium dissectum</i>	Cut-Leaved Crane's-bill
<i>Geranium sanguineum</i>	Bloody Crane's-bill
Labiatae (Lamiaceae)	Dead-Nettle / Mint Family
<i>Origanum vulgare</i>	Oregano
<i>Prunella grandiflora</i>	Large-flowered Selfheal
<i>Teucrium chamaedrys</i>	Wall Germander
<i>Teucrium pyrenaicum</i>	Pyrenean Germander
<i>Thymus praecox</i>	Wild Thyme
<i>Clinopodium vulgare</i>	Wild Basil
<i>Galeopsis angustifolia</i>	Red Hemp-nettle
<i>Nepeta</i> sp.	a cat-mint
Lentibulariaceae	Bladderwort Family
<i>Pinguicula grandiflora</i> subsp. <i>grandiflora</i> ?	Large-flowered Butterwort
Linaceae	Flax Family
<i>Linum bienne</i>	Pale Flax
Malvaceae	Mallow Family
<i>Malva moschata</i>	Musk Mallow
<i>Malva sylvestris</i>	Common Mallow
Onagraceae	Willowherb Family
<i>Chamaenerion angustifolium</i>	Rosebay Willowherb
<i>Epilobium hirsutum</i>	Great Willowherb
Orobanchaceae	Broomrape Family
<i>Orobanche hederæ</i>	Ivy Broomrape (assumed)
<i>Orobanche rapum-genistae</i>	Greater Broomrape (assumed)
Papaveraceae	Poppy Family
<i>Papaver rhoeas</i>	Common Poppy
Plumbaginaceae	Thrift Family
<i>Armeria cantabrica</i>	Mountain Thrift
Polygonaceae	Knotweed Family
<i>Bistorta officinalis</i>	Common Bistort
Primulaceae	Primrose Family
<i>Lysimachia vulgaris</i>	Yellow Loosestrife
<i>Primula veris</i>	Cowslip
Ranunculaceae	Buttercup Family
<i>Aconitum vulparia</i>	Wolfsbane
<i>Aquilegia vulgaris</i>	Columbine
<i>Helleborus viridis</i>	Green Hellebore
<i>Pulsatilla alpina</i>	Alpine Pasqueflower
<i>Thalictrum minus</i>	Lesser Meadow-rue
Rhamnaceae	Buckthorn Family
<i>Rhamnus alaternus</i>	Mediterranean Buckthorn
<i>Frangula alnus</i>	Alder Buckthorn
Rosaceae	Rose Family
<i>Alchemilla alpina</i>	Alpine Lady's-mantle
<i>Alchemilla</i> spp.	a lady's-mantle

Scientific Name	Common Name
<i>Filipendula ulmaria</i>	Meadowsweet
<i>Fragaria vesca</i>	Wild Strawberry
<i>Rosa</i> sp.	a rose
<i>Prunus mahaleb</i>	Mahaleb Cherry
<i>Sorbus aucuparia</i>	Rowan
Rubiaceae	Bedstraw Family
<i>Cynanchica pyrenaica</i> (<i>Asperula pyrenaica</i>)	Squinancywort
<i>Galium verum</i>	Lady's Bedstraw
<i>Rubia peregrina</i>	Wild Madder
Saxifragaceae	Saxifrage Family
<i>Saxifraga babiana</i>	Babia Saxifrage
<i>Saxifraga trifurcata</i>	Stag's-horn Saxifrage
Scrophulariaceae	Figwort Family
<i>Antirrhinum majus</i>	Snapdragon
<i>Digitalis parviflora</i>	Brown Foxglove
<i>Digitalis purpurea</i>	Purple Foxglove
<i>Linaria triornithophora</i>	Three-birds Toadflax
<i>Linaria vulgaris</i>	Common Toadflax
<i>Melampyrum sylvaticum</i>	Small Cow-wheat (?)
<i>Pedicularis pyrenaica</i>	Pyrenean Lousewort
<i>Rhinanthus minor</i>	Yellow-rattle
<i>Verbascum pulverulentum</i>	Hoary Mullein
<i>Verbascum thapsus</i>	Great Mullein
Thymelaeaceae	Daphne Family
<i>Daphne laureola</i>	Spurge-laurel
Valerianaceae	Valerian Family
<i>Valeriana pyrenaica</i>	Pyrenean Valerian
Violaceae	Violet Family
<i>Viola cornuta</i>	Horned Pansy
Monocotyledons	
Liliaceae	Lily Family
<i>Allium sphaerocephalon</i>	Round-headed Leek
<i>Asphodelus</i> spp.	asphodels
<i>Lilium martagon</i>	Martagon Lily
<i>Ornithogalum pyrenaicum</i>	Bath Asparagus
Iridaceae	Iris Family
<i>Iris latifolia</i>	English Iris
Melanthiaceae	Bunchflower Family
<i>Veratrum album</i>	White Hellebore
Poaceae	Grass Family
<i>Briza</i> spp.	quaking-grasses
Orchidaceae	Orchid Family
<i>Anacamptis pyramidalis</i>	Pyramidal Orchid
<i>Cephalanthera longifolia</i>	Sword-leaved Helleborine
<i>Dactylorhiza maculata</i>	Heath Spotted Orchid
<i>Dactylorhiza</i> spp.	marsh orchids
<i>Epipactis atrorubens</i>	Dark Red Helleborine
<i>Epipactis helleborine</i>	Broad-leaved Helleborine
<i>Epipactis palustris</i>	Marsh Helleborine
<i>Gymnadenia conopsea</i>	Fragrant Orchid
<i>Himantoglossum hircinum</i>	Lizard Orchid
<i>Orchis anthropophora</i>	Man Orchid