

Spain's Picos de Europa

Naturetrek Tour Report

9th - 16th June 2024



Monte Torrecerredo



Three-birds-flying Toadflax



Provence Fritillary



Hedge Gorse & Griffon Vultures

Tour report & images by Jessica Turner



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Summary

The Picos de Europa are a special and beautiful area of Northern Spain, with stunning scenery and a great range of birds and plants. The number of raptors were a joy, with daily Griffon Vultures, regular Short-toed Snake Eagles and Booted Eagles, as were the lovely views of Common Rock Thrush and Alpine Accentor. Plant-wise, we noted the difference between the north and south faces of the mountains and found some fine specimens of Lizard, Robust Marsh, Bee and Heart-flowered Tongue Orchids amongst others, and admired the range of brooms, gorses and heathers characteristic of this area. The Trumpet Gentians and other plants of Fuente De were a delight, and it would have been good to have longer to enjoy them as well as the Isard and alpine birds, but the weather was against us at that altitude, so we had to descend to more sheltered paths lower down, where there was again a wealth of interest. We were expertly guided by Pablo, who knows the area intimately and we had a most enjoyable week.

Day 1

Sunday 9th June

Fly Bilbao; Suances; transfer Las Arenas

The group members met Jessica at Gatwick South Terminal for our Vueling 8.40am flight to Bilbao. We emerged into the Arrivals hall where Pablo, our guide who lives locally, was waiting for us. First we had coffee and a snack in the airport café while Jessica sorted her minibus, before loading up and driving west along the north coast on the Autovia del Cantabrica. The bright weather of Bilbao gave way to rain, mainly light, as we passed Santander. After about an hour and a half we turned off towards Suances, stopping for a fuel and comfort break. It was then not far to our first stop, the Observatorio Tarro Blanco, overlooking the marshes of the River Saja estuary.

We arrived in heavy rain, but it soon eased, although visibility was not great. Looking down, we could see Common Shelduck, Mallard, a few Gadwall, Little Egret, a Mute Swan and a solitary Common Redshank, while Barn Swallows and Common House Martins flew low over the pools. A Melodious Warbler flew into a tree overhead and then a second bird into the hedge at eye-level, giving good views. We walked a short distance for another view of the marshes, adding Black-headed Gulls, Northern Shoveler and Greylag Goose and an unexpected very smart Ringed Teal, a South American species presumably escaped from a wildfowl collection. A Western Yellow Wagtail and a Common Reed Warbler were seen, with Cetti's Warblers calling loudly nearby and affording a glimpse to some. The rain restarted so we returned to the minibuses. We took some tracks north towards Suances, although any birds were obviously hunkered down, and we emerged into the town, heading towards the lighthouse. We had a brief stop at Playa de los Locos on the western side of the headland, seeing a Red-billed Chough and Yellow-legged Gulls in poor visibility.

We returned to the Autovia, continuing towards Llanes where we turned inland, climbing through wooded gorges towards Las Arenas and the hotel Torrecerredo, our base for the first four nights of the tour. The cloud was low, but we could see we were in beautiful surroundings. We received a warm welcome from Jim and settled into our rooms before meeting in the lounge at 7.30pm, when Pablo outlined plans for the morrow. We then enjoyed a delicious dinner, after which we were very ready for our beds.

Day 2

Monday 10th June

Invernales del Vanu; Poo de Cabrales

We woke to a fine morning, although cloud still covered the tops of the mountains. After a tasty breakfast at 8am, we collected our picnic lunches and assembled at 9am outside. We had good views of a male Gull Bunting sitting on a post singing away, as well as Bullfinch and European Stonechat. This morning, we were walking from the hotel, so set off along the access road through the hay meadows which, although past their prime in terms of flowers, were colourful with Oxeye Daisy (*Leucanthemum vulgare*), Bloody Crane's-bill (*Geranium sanguineum*) and Betony (*Stachys officinalis*). Iberian Green Woodpecker was heard, and the bird flew across in front of us. In the village of Las Arenas Grey Wagtail was on the fast-flowing river. On the rock faces and walls by the road were the mauve Oregano-leaved Toadflax (*Chaenorhinum origanifolium*), blue spikes of Daisy-leaved Toadflax (*Anarrhinum bellidifolium*) and Ivy-leaved Toadflax (*Cymbalaria muralis*), none of which are true Toadflaxes (*Linaria*), despite their English names. We were also able to compare the two Heaths: St. Dabeoc's Heath (*Daboecia cantabrica*) with the smaller-flowered Bell Heather (*Erica cineraria*).

The path climbed slowly up in the shade of trees including Pyrenean Oak (*Quercus pyrenaica*) and planted American Oak species. A Firecrest showed well, and we could hear Iberian Green Woodpecker, Blackcap and Western Bonelli's Warbler and could compare the songs of Common and Iberian Chiffchaffs. Butterflies included Clouded Yellow, Wall Brown and the southern form of Speckled Wood, and a tiny black moth was a Plumed Bagworm (whose caterpillar makes a protective case of minute pieces of vegetation). Common Wall Lizards were basking on a rock. We passed a cave which would have been a shelter for a shepherd in times past and later reached a water trough which contained Palmate Newts and the tadpoles of Midwife Toad. Overhead we saw Griffon Vultures and a dark-morph Booted Eagle. Flowers included Early Purple Orchids (*Orchis mascula* subsp. *laxifloriformis*), some lovely Bee Orchids (*Ophrys apifera*) and Common Spotted Orchids (*Dactylorhiza fuchsii*), but with relatively untoothed lips, as well as the yellow-and-white Braun-blanquet's Snapdragon (*Antirrhinum braun-blanquetii*) and the tall Yellow-throated Purple Toadflax, also known as Three-birds-flying (*Linaria triornithophora*), both endemic to the area.

After enjoying our hotel-provided picnic sitting on sunny rocks, we followed the path down towards the village of Poo, again through a mixture of woods and open meadows. We added the white (rather than lemon) form of female Clouded Yellow (*belice*), Meadow Brown and Marbled White to our butterfly list, noted three different Flaxes: bright-pink Sticky Flax, pale-blue Pale Flax and white Pyrenean Flax (*Linaria viscosa*, *L. bienne* and *L. suffruticosum*), and also found some fine Robust Marsh Orchids (*Dactylorhiza elata*). We had lovely views of Black Redstart and saw another Booted Eagle.

The bar was, sadly, closed but after a rest, with House Martins, Swallows and Swifts everywhere and more Griffon Vultures overhead, we took the track back towards Las Arenas, seeing both Grey and White Wagtails on the river. We were all rather hot and tired and pleased to relax with refreshments in a shady café in the town. Some took the opportunity to explore while others walked back to the hotel, enjoying lovely views of both Common and Black Redstart. There was then time for some R&R before we met to discuss the day and update our checklists and followed this with another delicious meal. A probable Beech Marten was seen in the meadow as the light faded.

Day 3

Tuesday 11th June

Pandébano – Terenosa Hut; Sotres; Vega de Sotres; Queseria Cabriteru

After a 7.30am breakfast, we left at 8.30, driving south along the gorge of the River Cares and then turning east. We took a very minor road to Pandébano, where we parked to set off on our walk to the ridge. Dunnocks were singing all around and we also saw Northern Wheatear, European Stonechat and Black Redstart, with our first Griffon Vultures of the day. A magnificent Lizard Orchid (*Himantoglossum hircinum*) drew our attention, and other plants included the endemic blue stemless-thistle-like *Carthamus mitissimus* and Pyrenean Germander (*Teucrium pyrenaicum*). The area was heavily grazed with conglomerate rocks giving a more acid soil which was starred with Tormentil (*Potentilla erecta*), Mountain Cinquefoil (*P. montana*) and Heath Spotted Orchids (*Dactylorhiza maculata*). We also found some slender Fragrant Orchids. In the UK and Scandinavia, Fragrant Orchids growing on heathy soils are recognised as *Gymnadenia borealis*, and it is likely that these are also that species, although currently the Spanish plants are still included in Chalk Fragrant Orchid (*G. conopsea*). We had great views of Water Pipit in breeding plumage and looked at clumps of white-flowered *Saxifraga trifurcata* and Horned Pansies (*Viola cornuta*). We enjoyed morning coffee at the Rifugio de Terenosa, admiring the stunning views before walking back down the slope to the minibuses.

We drove down the road to some flowery meadows where we had our picnic in the company of a Wood Mouse (and some Ticks). A walk along the road afterwards gave us some lovely plants including Spreading Bellflower (*Campanula patula*), Globeflower (*Trollius europaeus*), Great Meadow-rue (*Thalictrum aquilegifolium*), both Mountain and the much taller Pyrenean Valerian (*Valeriana montana* and *V. pyrenaicum*), tiny pink Fairy Foxglove (*Erinus alpinus*), Hairy Saxifrage (*Saxifraga hirsuta*) on a shady rock, and plants of Martagon and Pyrenean Lily (*Lilium martagon* and *L. pyrenaicum*), sadly both some way off flowering. We then drove on to Sotres for coffee, where we admired the old communal wash-house which had flowering Thick-leaved Stonecrop (*Sedum dasyphyllum*) on the walls and there were Spiny Toad tadpoles in the stream (Spiny Toad is the Spanish 'common' toad).

Moving on from here, we next drove another track, this time into Vega de Sotres, where we parked up. Immediately a Golden Eagle was spotted and a juvenile Lammergeier (Bearded Vulture) was glimpsed as it disappeared over the mountains. Red-billed Chough were around, the Golden Eagle flew back and was followed shortly after by a Peregrine Falcon. Next in our raptor-fest was a Short-toed Snake Eagle, which gave superb and extended views as it hovered, dived and reappeared with a snake – probably a Seoanes Viper. A Common Kestrel added to the variety, along with plenty of Northern Wheatears, Linnets and a Black Redstart nest in a hole in an old wall: we could see the youngsters gaping for food. Meanwhile, the hills were golden with Hedgehog Gorse (*Echinospartum horridum*), a species which takes over here when grazing is reduced. The grass at our feet was studded with flowers including the yellow endemic subspecies of Common Rock-rose (*Helianthemum nummularium* subsp. *urrielense*, named from the mountain ridge behind) and Pyrenean Toadflax (*Linaria supina*), Red Clover (*Trifolium pratense*), white Field Mouse-ear (*Cerastium arvense*) and some fine Pyrenean Thistles (*Carduus carlinoides*). Livelong Saxifrage (*Saxifraga paniculata*), with lime-encrusted leaves, was growing on a boulder. We drove a short way back down the road, stopping where we got lovely scoped views of Common Rock Thrush. Two Egyptian Vultures perched on a pinnacle and more Griffons thermalled around.

Our final stop of the day was an artisan cheese factory, which Pablo had booked since the weather forecast had been for rain (in fact, it was sunny all day). This was on the outskirts of Las Arenas and the owner showed us the

sheep and goats waiting to be milked, and the making and maturation of the cheeses, ending with a tasting of a selection of cheeses of different ages, accompanied by local cider. While we were here, Common Buzzard, Booted Eagle, Short-toed Snake Eagle and Griffon Vulture were all seen, along with a Dipper on the river. We returned to the hotel at 6.20pm, meeting at 7.15 for lists followed by dinner at 8pm, as the promised drizzle arrived.

Day 4

Wednesday 12th June

Lagos de Covadonga and surrounding area; lane near Canales

We woke to a fine morning with raindrops glistening on the grass and a Black Redstart near the minibuses as we prepared to leave. Today we drove west along the valley, passing a patch of Pyramidal Orchids (*Anacamptis pyramidalis*) on the verge near Canales and plenty of Large-flowered Evening-primrose (*Oenothera glazioviana*). We turned south and climbed towards Covadonga. Pablo, as a local guide, had managed to obtain permits enabling us to take our own vehicles up, rather than having to transfer to a shuttle bus. We reached the lakes, parking near Lago de la Ercina and walking to the viewpoint between them. The views were dramatic with cloud rolling around, but then it quickly obscured everything. We retreated to the shore of the lake, seeing Coot, Mallard and a Little Grebe on the water. Two Egyptian Vultures flew overhead. The area was, again, very heavily grazed, with some patches of Cantabrian Gorse (*Ulex cantabricus*). We retraced our route, stopping near the other lake, Lago de Enol, for facilities. Fortunately, the cloud had cleared so the road was nicely visible.

Our next stop was a short way further, where we walked the track to the deserted settlement of Fana. The track dropped past boulders which held patches of Fairy Foxglove and Pyrenean Germander, along with Mountain Germander (*Teucrium montanum*) and purple Gorge Toadflax (*Linaria faucicola*) among many others. Bones of a horse showed where food was put out for vultures. We saw Red-backed Shrike briefly and watched a Red-billed Chough family (noting the youngsters had yellow bills) as we ate our picnic. Continuing on a circular walk, we had good scoped views of the shrike and Bullfinch near the vans. Butterflies were mainly Clouded Yellow and Small Whites. We moved on to the Mirador de la Reina, with amazing views north to the sea and mountains to the sides. Red-billed Choughs were floating below and above us, giving great views, we saw more Griffon Vultures and a Lammergeier flew overhead, so we could all see the diamond-shaped tail and long wings. A dark butterfly here was probably a Piedmont Ringlet, but it did not stop to allow definite identification. We then returned to the village of Covadonga, famous for its large basilica and Sanctuary cave, which are sites of pilgrimage commemorating a battle in 722 which led to the foundation of the Kingdom of Asturias. After coffee, we looked round, also seeing two Wild Boar on a hillside opposite and pink-flowered *Petrocoptis pyrenaica* growing from the roof of the cave.

Our final walk of the day was along a lane near the village of Canales near Las Arenas, where we enjoyed warm afternoon sun and a host of flowers, especially a stand of very fine Heart-lipped Tongue Orchids (*Serapias cordigera*) with large maroon lips. We also saw Pyramidal Orchids (*Anacamptis pyramidalis*), out of reach in a field above a bank, a Fringed Pink (*Dianthus hyssopifolius*), tiny Childing Pinks (*Petrorhagia nanteuili*), Wood Sage (*Teucrium scorodonia*), basking Common Wall Lizards, and Marbled White and Meadow Brown butterflies, while two more Short-toed Eagles were seen overhead. We returned to the hotel after another excellent day.

Day 5

Thursday 13th June

Transfer day: Las Arenas to Cosgaya

We woke to a beautiful morning. Today we moved from the north side of the Picos de Europa to the south. After our 7.30am breakfast, we packed our bags and said our farewells and thanks to folk at the Hotel Torrecerredo, leaving at 8.30am. First we drove to the viewpoint at Poo, where we could see the peak of Torrecerredo clear in the morning sun. We then drove down the valley of the River Cares, with a diversion to avoid a road closure. At Panes we turned south into the dramatic Hermida gorge, the boundary between Asturias and Cantabria. Roadworks made this part slow and dusty, but we could see Crag Martins as we went. We stopped for coffee at Ojedo, with Swifts, Black Redstart and a Tree Pipit, before taking a road with Cleopatra butterflies and Broad-leaved Everlasting Pea (*Lathyrus latifolius*).

From Potes we took the road to La Vega and then Maredes, the start of our walk. A Western Green Lizard was seen by some, and a Greenfinch sang from a treetop. We climbed the narrow path along the hillside, seeing how different this more Mediterranean vegetation was, with Pitch Trefoil (*Bituminaria bituminosa*), Sage-leaved Cistus (*Cistus salvifolius*), Mastic Thyme (*Thymus mastichina*), Pyrenean 'English' Stonecrop (*Sedum anglicum* subsp. *pyrenaicum*), Rock Stonecrop (*Petrosedum rupestre*) and many others. A couple of Bee Orchids were by the path and a wooded area was mainly Holm Oak (*Quercus ilex*) and Common Juniper (*Juniperus communis*). The top of the ridge was more open with Common Broom (*Cytisus scoparius*), St. Dabeoc's Heath (*Daboecia cantabrica*) and Cornish Heath (*Erica vagans*) among other species, and butterflies included Swallowtail, Scarce Swallowtail, Wall Brown and Clouded Yellow. We ate our picnic at Cruz de La Viorna, the enormous cross that marks the summit, with views down to Potes below and all around. Short-toed Snake Eagle and Griffon Vultures glided effortlessly past and Crag Martins and European Stonechat were also seen well. We followed a track down, making a circular walk, noting Winged Greenweed (*Genista sagittalis*) and Rock Cinquefoil (*Dryas octopetala*) as well as Common Wall Lizard. As we drove back to Potes, we saw two Roe Deer.

In Potes, the Swifts were screaming, and we noted White Wagtail and Serin near the river. There was time to explore and sample the local ice cream before we moved on to our next hotel, in Cosgaya. After time to settle in and for some to swim, we met at 7.30pm to discuss the day before an excellent dinner at 8.30pm.

Day 6

Friday 14th June

Fuente De; walk to Espinama

We woke to a fine morning and after an excellent breakfast at 8.30am, we were ready to leave at 9.30, driving to the end of the road at Fuente De, where we were booked on the first cable car of the morning at 10am. It is the longest single section cable car in Europe and took us up by over 750 metres to 1850 metres above sea level. Although it was fine, we emerged into a strong wind, enjoyed by the Alpine Chough and flying around. Most of the group had excellent views of Alpine Accentor before it flew, and we all had good scooped views of Isard, the Pyrenean Chamois (subspecies *parva*). We also saw Black Redstarts, some obviously feeding young. The alpine flowers attracted attention, with Pyrenean Trumpet Gentian (*Gentiana occidentalis*), Spring Gentian (*G. verna*), the Picos subspecies of Common Rock-rose (*Helianthemum nummularium* subsp. *urriense*), Spring Squill (*Scilla verna*), Early Purple Orchids (*Orchis mascula* ssp. *laxiformis*), Pyrenean Mignonette (*Reseda glauca*), Sad Stock (*Matthiola*

fruticosa) and pink Kidney-vetch (*Anthyllis vulneraria* agg.) colouring the slopes and rocks. We moved to the scree to look (unsuccessfully) for Wallcreeper, seeing instead more Alpine Accentor and with a pink subspecies of Alpine Toadflax (*Linaria alpina* subsp. *filicaulis*) at our feet. The wind was making walking hard, cloud built up and a shower encouraged us back towards the cable car station where we were glad of a tasty lunch. The wind was strengthening even more, so we descended to the shelter of the valley, learning that the cable car was closed for new ascents. There was time then to relax in the warm sun as the leaders shuttled the buses, leaving one at Espinama.

We then set out to walk down the paths leading to that village, through woods and meadows. Under the trees we heard and saw Nuthatch and noted the 'Three-birds-flying' Toadflax (*Linaria triornithophora*) as well as Common Solomon's-seal (*Polygonatum multiflorum*), Cowslips (*Primula veris*) and Tuberous Comfrey (*Symphytum tuberosum*). In the meadows we marvelled at the tapestry of colour and texture, finding Common Spotted Orchid (*Dactylorhiza fuchsii*), Man Orchid (*Orchis anthropophora*), Pyramidal Orchid (*Anacamptis pyramidalis*) and Common Tongue Orchid (*Serapias lingua*) along the way. An Egyptian Vulture landed at a farm but remained out of sight there, and Common Buzzard circled overhead, as well as the ever-present Griffon Vultures. There was time for a beer at Espinama with nesting Spotted Flycatcher and House Martins, before we returned to the hotel at 6.30pm.

We met up at 7.45pm to update our lists before another sumptuous dinner.

Day 7

Saturday 15th June

San Glorio

We woke to a glorious morning, with breakfast again at 8.30am. Afterwards, we picked up fuel at Ojedo before taking the road south-east to the Puerto San Glorio at 1609 metres. Here we again shuttled minibuses, leaving one at the end of the walk in the valley below. A post at the start of the walk had recently been scratched by a Brown Bear and a hair was caught in the sticky resin! In the Pine plantation we had great views of Coal Tit, Crested Tit and Goldcrest, and heard Citril Finch. We set off along the stony path through golden Broom species and Tree Heather. We saw the Citril Finch perched, along with Stonechat and Yellowhammer, butterflies included Small Heath and Southern Grizzled Skipper, and Pablo pointed out a Wild Cat scat. We saw two Egyptian Vultures chasing each other low over the slope, while higher up we could see about 20 Isard. Heath Bedstraw (*Galium saxatile*), white Large-flowered Sandwort (*Arenaria grandiflora*) and blue Scrambling Gromwell (*Glandora diffusa*) were in the dryer areas and a stream held golden Marsh Marigolds (*Caltha palustris*) and purple Long-leaved Butterwort (*Pinguicula grandiflora*).

We entered a gorge area with another raptor fest of Honey Buzzard, Short-toed Eagles, Booted Eagle, Griffon Vultures and Kestrel, with a Western Yellow Wagtail seen below. A few Piedmont Ringlets were flying, and some saw a pair of mating Green Hairstreaks while those in front watched a Red-backed Shrike. We had our picnic by the Rifugio Tajahierro in a grassy valley with mountains all around and a fast-flowing stream. Here we noted the Perennial Cornflower *Centaurea lingulata*, Pyrenean Toadflax (*Linaria supina*), Pyrenean Thrift (*Armeria cantabrica*) and Small Tortoiseshell butterfly. As we continued, we added Mazarine, Adonis and Common Blues and Provencal Fritillaries, as well as Heartsease (*Viola tricolor*), with *Saxifraga fragosoi* on a wall. We reached our destination of Llaneves de la Reina, enjoying refreshments in the bar. Further down the road we saw an Isard close by, but no Ibex today. Back up at the pass we took the track to the Mirador Sierra de Orpinas at Collada de Llesba, with stunning views all round. En route back to the hotel, one minibus stopped in Potes to allow a little shopping.

Day 8

Sunday 16th June

Return to Bilbao and flights home

We had an earlier breakfast this morning, leaving at 8.30am. Before we left, Dipper was reported on the river and Bullfinch and Goldcrest in the hotel garden. The journey back through the gorge was slow due to the roadworks but we saw a new bird with a Red Kite at Panes. We made good time to arrive at the airport, where we said our farewells and thanks to Pablo with the rest of us checking in for our flights back to the UK, full of memories of a great week in Spain's Picos de Europa mountains.

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Species lists

Birds (H = Heard only)

I = Introduced		June 2024						
Common name	Scientific name	9	10	11	12	13	14	15
Greylag Goose	<i>Anser anser</i>	✓						
Mute Swan	<i>Cygnus olor</i>	✓						
Common Shelduck	<i>Tadorna tadorna</i>	✓						
Muscovy Duck - I	<i>Cairina moschata</i>	✓						
Ringed Teal - I	<i>Callonetta leucophrys</i>	✓						
Northern Shoveler	<i>Spatula clypeata</i>	✓						
Gadwall	<i>Mareca strepera</i>	✓						
Mallard	<i>Anas platyrhynchos</i>	✓			✓			
Common Swift	<i>Apus apus</i>		✓	✓	✓	✓	✓	✓
Common Cuckoo	<i>Cuculus canorus</i>			H	H			
Common Wood Pigeon	<i>Columba palumbus</i>	✓	✓	✓	✓	✓		✓
Eurasian Collared Dove	<i>Streptopelia decaocto</i>	✓						
Eurasian Coot	<i>Fulica atra</i>	✓			✓			
Little Grebe	<i>Tachybaptus ruficollis</i>				✓			
Common Redshank	<i>Tringa totanus</i>	✓						
Black-headed Gull	<i>Chroicocephalus ridibundus</i>	✓						
Yellow-legged Gull	<i>Larus michahellis</i>	✓						
Western Cattle Egret	<i>Ardea ibis</i>	?						
Little Egret	<i>Egretta garzetta</i>	✓						
Bearded Vulture	<i>Gypaetus barbatus</i>			✓	✓			
Egyptian Vulture	<i>Neophron percnopterus</i>		✓	✓	✓		✓	✓
European Honey Buzzard	<i>Pernis apivorus</i>							✓
Griffon Vulture	<i>Gyps fulvus</i>		✓	✓	✓	✓	✓	✓
Short-toed Snake Eagle	<i>Circaetus gallicus</i>			✓	✓	✓	✓	✓
Booted Eagle	<i>Hieraaetus pennatus</i>		✓	✓		✓		
Golden Eagle	<i>Aquila chrysaetos</i>			✓			✓	
Eurasian Sparrowhawk	<i>Accipiter nisus</i>	✓						
Northern Goshawk	<i>Accipiter gentilis</i>					✓		
Red Kite	<i>Milvus milvus</i>	✓	✓		✓	✓		
Black Kite	<i>Milvus migrans</i>	✓	✓	✓	✓	✓	✓	✓
Tawny Owl	<i>Strix aluco</i>			H				
Great Spotted Woodpecker	<i>Dendrocopos major</i>		✓	✓		✓	✓	
Iberian Green Woodpecker	<i>Picus sharpei</i>		✓	H	H	H	H	
Common Kestrel	<i>Falco tinnunculus</i>	✓		✓	✓			✓
Eurasian Hobby	<i>Falco subbuteo</i>	✓						
Peregrine Falcon	<i>Falco peregrinus</i>			✓				
Red-backed Shrike	<i>Lanius collurio</i>				✓			✓
Eurasian Jay	<i>Garrulus glandarius</i>		✓			✓	✓	✓
Eurasian Magpie	<i>Pica pica</i>	✓	✓	✓	✓	✓	✓	
Red-billed Chough	<i>Pyrrhocorax pyrrhocorax</i>	✓		✓	✓	✓		
Alpine Chough	<i>Pyrrhocorax graculus</i>						✓	
Carrion Crow	<i>Corvus corone</i>	✓	✓	✓	✓	✓	✓	✓
Northern Raven	<i>Corvus corax</i>				✓	✓		✓
Coal Tit	<i>Periparus ater</i>		✓					✓

I = Introduced		June 2024						
Common name	Scientific name	9	10	11	12	13	14	15
European Crested Tit	<i>Lophophanes cristatus</i>							✓
Eurasian Blue Tit	<i>Cyanistes caeruleus</i>		✓	✓		✓	H	
Great Tit	<i>Parus major</i>		✓	✓	✓	✓	✓	
Woodlark	<i>Lullula arborea</i>			✓				✓
Sand Martin	<i>Riparia riparia</i>	✓						
Eurasian Crag Martin	<i>Ptyonoprogne rupestris</i>			✓	✓	✓		✓
Barn Swallow	<i>Hirundo rustica</i>	✓	✓	✓	✓	✓	✓	✓
Western House Martin	<i>Delichon urbicum</i>	✓	✓	✓	✓	✓	✓	✓
Cetti's Warbler	<i>Cettia cetti</i>	✓						
Western Bonelli's Warbler	<i>Phylloscopus bonelli</i>		✓			H		
Common Chiffchaff	<i>Phylloscopus collybita</i>		H	H	H			
Iberian Chiffchaff	<i>Phylloscopus ibericus</i>		H					
Common Reed Warbler	<i>Acrocephalus scirpaceus</i>	✓						
Melodious Warbler	<i>Hippolais polyglotta</i>	✓						
Eurasian Blackcap	<i>Sylvia atricapilla</i>	✓	✓	H	H	✓	H	
Garden Warbler	<i>Sylvia borin</i>		✓	H		H		H
Common Whitethroat	<i>Curruca communis</i>							✓
Common Firecrest	<i>Regulus ignicapilla</i>		✓	H	H	H	H	
Goldcrest	<i>Regulus regulus</i>		✓					✓
Eurasian Wren	<i>Troglodytes troglodytes</i>		H	H	✓	H	H	H
Eurasian Nuthatch	<i>Sitta europaea</i>						✓	
Short-toed Treecreeper	<i>Certhia brachydactyla</i>				H			
Song Thrush	<i>Turdus philomelos</i>	H	H	H		✓	✓	H
Mistle Thrush	<i>Turdus viscivorus</i>					✓		
Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓
Spotted Flycatcher	<i>Muscicapa striata</i>		✓				✓	
European Robin	<i>Erithacus rubecula</i>		✓	✓	✓	✓	✓	
Black Redstart	<i>Phoenicurus ochruros</i>		✓	✓	✓	✓	✓	✓
Common Redstart	<i>Phoenicurus phoenicurus</i>		✓	✓	✓	✓		
Common Rock Thrush	<i>Monticola saxatilis</i>			✓				
European Stonechat	<i>Saxicola rubicola</i>		✓	✓	✓	✓		✓
Northern Wheatear	<i>Oenanthe oenanthe</i>			✓				
White-throated Dipper	<i>Cinclus cinclus</i>			✓				
White-winged Snowfinch	<i>Montifringilla nivalis</i>						✓	
House Sparrow	<i>Passer domesticus</i>	✓	✓	✓	✓	✓	✓	✓
Alpine Accentor	<i>Prunella collaris</i>						✓	
Dunnock	<i>Prunella modularis</i>			✓	✓	✓		✓
Western Yellow Wagtail	<i>Motacilla flava</i>	✓						
Grey Wagtail	<i>Motacilla cinerea</i>		✓					
White Wagtail	<i>Motacilla alba</i>	✓	✓	✓	✓	✓	✓	✓
Tree Pipit	<i>Anthus trivialis</i>		✓		✓	✓		✓
Water Pipit	<i>Anthus spinoletta</i>			✓			✓	
Common Chaffinch	<i>Fringilla coelebs</i>	✓	✓	✓	✓	✓	✓	
Eurasian Bullfinch	<i>Pyrrhula pyrrhula</i>		✓	H	✓			
European Greenfinch	<i>Chloris chloris</i>		✓			✓		
Common Linnet	<i>Linaria cannabina</i>		✓	✓	✓	✓	✓	✓
Citril Finch	<i>Carduelis citrinella</i>							✓
European Goldfinch	<i>Carduelis carduelis</i>	✓	✓	✓	✓	✓	✓	✓

I = Introduced		June 2024						
Common name	Scientific name	9	10	11	12	13	14	15
European Serin	<i>Serinus serinus</i>		H	✓	H	✓	✓	✓
Yellowhammer	<i>Emberiza citrinella</i>			H	✓			✓
Rock Bunting	<i>Emberiza cia</i>							✓
Ortolan Bunting	<i>Emberiza hortulana</i>					✓		
Cirl Bunting	<i>Emberiza cirlus</i>		✓					

Other vertebrates

		June 2024						
Common name	Scientific name	9	10	11	12	13	14	15
Mammals								
(D = Dead, S = Signs)								
European Wildcat	<i>Felis silvestris</i>							S
Grey Wolf	<i>Canis lupus</i>				S			
Red Fox	<i>Vulpes vulpes</i>		S					
Brown Bear	<i>Ursus arctos</i>							S
Beech Marten	<i>Martes foina</i>		✓	D	D			
European Pine Marten	<i>Martes martes</i>		S					
Wild Boar	<i>Sus scrofa</i>			S	✓			
European Roe Deer	<i>Capreolus capreolus</i>					✓		
Pyrenean Chamois (Cantabrian)	<i>Rupicapra pyrenaica parva</i>						✓	✓
European Mole	<i>Talpa europea</i>		D	D				S
Wood Mouse	<i>Apodemus sylvaticus</i>			✓				
Shrew sp.	Soricidae						D	
Reptiles & Amphibians								
(T = Tadpole, D = Dead)								
Palmate Newt	<i>Lissotriton helveticus</i>		✓					
Common Midwife Toad	<i>Alytes obstetricans</i>		T					
Spiny Toad	<i>Bufo spinosus</i>			T				✓
Iberian Stream Frog	<i>Rana iberica</i>			T			D	
Western Green Lizard	<i>Lacerta bilineata</i>					✓		
Common Wall Lizard	<i>Podarcis muralis</i>		✓	✓	✓	✓		✓
Cantabrian Seoane's Viper	<i>Vipera seoanei cantabrica</i>			D				

Butterflies

		June 2024						
Common name	Scientific name	9	10	11	12	13	14	15
Iberian Swallowtail	<i>Iphiclides feisthamelii</i>					✓		
Common Swallowtail	<i>Papilio machaon</i>					✓		
Southern Grizzled Skipper	<i>Pyrgus malvoides</i>							✓
Wood White	<i>Leptidea sinapis</i>		✓					
Cleopatra	<i>Gonepteryx cleopatra</i>					✓		
Brimstone	<i>Gonepteryx rhamni</i>		✓					
Clouded Yellow	<i>Colias croceus</i>		✓		✓	✓	✓	✓

Common name	Scientific name	June 2024						
		9	10	11	12	13	14	15
Black-veined White	<i>Aporia crataegi</i>		✓					
Large White	<i>Pieris brassicae</i>		✓		✓	✓	✓	
Small White	<i>Pieris rapae</i>		✓		✓	✓	✓	✓
Orange Tip	<i>Anthocharis cardamines</i>					✓		✓
Green Hairstreak	<i>Callophrys rubi</i>							✓
Holly Blue	<i>Celastrina argiolus</i>					✓		
Mazarine Blue	<i>Cyaniris semiargus</i>							✓
Adonis Blue	<i>Polyommatus bellargus</i>						✓	✓
Common Blue	<i>Polyommatus icarus</i>							✓
Red Admiral	<i>Vanessa atalanta</i>		✓		✓	✓	✓	
Small Tortoiseshell	<i>Aglais urticae</i>					✓		✓
Marsh Fritillary	<i>Euphydryas aurinia</i>							✓
Provençal Fritillary	<i>Melitaea deione</i>							✓
Speckled Wood	<i>Pararge aegeria</i>		✓			✓		✓
Wall Brown	<i>Lasiommata megera</i>		✓		✓	✓		✓
Marbled White	<i>Melanargia galathea</i>		✓		✓			
Meadow Brown	<i>Maniola jurtina</i>		✓		✓	✓		
Piedmont Ringlet	<i>Erebia meolans</i>				?			✓
Chapman's Ringlet - E	<i>Erebia palarica</i>							✓

Others

Common name	Scientific name
Moths (C = Caterpillar)	
Plumed Bagworm	<i>Epichnopterix plumella</i>
Six-spot Burnet	<i>Zygaena filipendulae</i>
Oak Eggar	<i>Lasiocampa quercus</i>
Ground Lackey	<i>Malacosoma castrense</i>
Sub-angled Wave	<i>Scopula nigropunctata</i>
Wave sp.	
Chimney Sweeper	<i>Odezia atrata</i>
Hummingbird Hawkmoth	<i>Macroglossum stellatarum</i>
White Ermine	<i>Spilosoma lubricipeda</i>
Silver-Y	<i>Autographa gamma</i>
Dragons & Damsels	
Beautiful Demoiselle	<i>Calopteryx virgo</i>
Broad-bodied Chaser	<i>Libellula depressa</i>
Other Invertebrates	
Field Cricket	<i>Gryllus campestris</i>
Woodland Grasshopper	<i>Omocestus rufipes</i>
Lined Shield Bug	<i>Graphosoma lineatum</i>
Buff-tailed Bumblebee	<i>Bombus terrestris</i>
Honey Bee	<i>Apis mellifera</i>
Mining Bee	<i>Panurgus sp.</i>
Wasp sp.	

Common name	Scientific name
Dimorphic Bumblefly	<i>Matsumyia berberina</i>
Long Hoverfly	<i>Sphaerophoria scripta</i>
Rose Sawfly	<i>Arge ochropus</i>
Bee Chafer	<i>Trichius fasciatus</i>
Pollen Chafer	<i>Oxythyria funesta</i>
Dung Beetle sp.	
Longhorn Beetle sp.	
Swollen-thighed Beetle	<i>Oedermiera nobilis</i>
Tick sp	
Pill Woodlouse	<i>Armadillidium vulgare</i>

Flowers

Common name	Scientific name	Day	Location
Brackens	Dennstaedtiaceae		
Common Bracken	<i>Pteridium aquilinum</i>	2	Scattered
Bladder Ferns	Cystopteridaceae		
Brittle Bladder Fern	<i>Cystopteris fragilis</i>	3	Path to Terenosa hut
Spleenworts	Aspleniaceae		
Maidenhair Spleenwort	<i>Asplenium trichomanes</i>	2	Las Arenas
Green Spleenwort	<i>Asplenium viride</i>	6	Fuente De
Black Spleenwort	<i>Asplenium adiantum-nigrum</i>	4	Lane nr Canales
Wall-rue	<i>Asplenium ruta-muraria</i>	4	Lane nr Canales
Rustyback Fern	<i>Asplenium ceterach</i>	2	Las Arenas
Common Hart's-tongue	<i>Asplenium scolopendrium</i>	4	Lane nr Canales
Hard Ferns	Blechnaceae		
Common Hard Fern	<i>Blechnum spicant</i>	2	Invernales del Vanu
Buckler Ferns	Dryopteridaceae		
Holly Fern	<i>Polystichum lonchitis</i>	6	Fuente De
Hard Shield Fern	<i>Polystichum aculeatum</i>	3	Lunch stop near Sotres
Scaly Male Fern	<i>Dryopteris affinis</i>	2	Invernales del Vanu
Polypodies	Polypodiaceae		
Common Polypody	<i>Polypodium vulgare</i>	2	Las Arenas
Cypress Family	Cupressaceae		
Common Juniper	<i>Juniperus communis</i>	5	Maredes path
Greenbriers	Smilacaceae		
Common Smilax	<i>Smilax aspera</i>	2	Invernales del Vanu
Bunchflower Family	Melanthiaceae		
White False-helleborine	<i>Veratrum album</i>	7	San Glorio path (leaves only)
Lily Family	Liliaceae		
Martagon Lily	<i>Lilium martagon</i>	3	Near Sotres (not in flower)
Pyrenean Lily	<i>Lilium pyrenaicum</i>	3	Near Sotres (not in flower)
Orchids	Orchidaceae		
White Helleborine	<i>Cephalanthera damasonium</i>	3	Near Sotres
Fragrant Orchid	<i>Gymnadenia conopsea</i> agg.	3	Path to Terenosa hut
Robust Marsh Orchid	<i>Dactylorhiza elata</i>	2	Near Poo
Common Spotted Orchid	<i>Dactylorhiza fuchsii</i>	2	Invernales del Vanu

Common name	Scientific name	Day	Location
Heath Spotted Orchid	<i>Dactylorhiza maculata</i>	3	Path to Terenosa hut
Pyramidal Orchid	<i>Anacamptis pyramidalis</i>	4	Lane nr Canales
Heart-flowered Tongue Orchid	<i>Serapias cordigera</i>	4	Lane nr Canales
Common Tongue Orchid	<i>Serapias lingua</i>	6	Below Fuente De
Early Purple Orchid	<i>Orchis mascula</i> ssp. <i>laxifloriformis</i>	2	Invernales del Vanu
Man Orchid	<i>Orchis anthropophora</i>	6	Below Fuente De
Burnt Orchid	<i>Neotinea ustulata</i>	6	Below Fuente De
Lizard Orchid	<i>Himantoglossum hircinum</i>	3	Path to Terenosa hut
Common Bee Orchid	<i>Ophrys apifera</i>	2	Invernales del Vanu
Iris Family	Iridaceae		
Stinking Iris	<i>Iris foetidissima</i>	2	Invernales del Vanu
Asphodels	Asphodelaceae		
White Asphodel	<i>Asphodelus albus</i>	3	Path to Terenosa hut
Amaryllis Family	Amaryllidaceae		
Crow Garlic	<i>Allium vineale</i>	2	Hotel Torrecerredo
Asparagus Family	Asparagaceae		
Common Solomon's-seal	<i>Polygonatum multiflorum</i>	6	Below Fuente De
Spiked Star-of-Bethlehem	<i>Ornithogalum pyrenaicum</i>	6	Below Fuente De
Common Star-of-Bethlehem	<i>Ornithogalum umbellatum</i>	7	San Glorio path
Spring Squill	<i>Scilla verna</i>	3	Path to Terenosa hut
Rush Family	Juncaceae		
Snowy Wood-rush	<i>Luzula nivea</i>	7	San Glorio path
Poppy Family	Papaveraceae		
Common Poppy	<i>Papaver rhoeas</i>	4	Lane nr Canales
Prickly Poppy	<i>Papaver argemone</i>	3	Near Sotres
Greater Celandine	<i>Chelidonium majus</i>	6	Below Fuente De
Buttercup Family	Ranunculaceae		
Greater Meadow-rue	<i>Thalictrum aquilegiifolium</i>	3	Near Sotres
Common Columbine	<i>Aquilegia vulgaris</i>	2	Invernales del Vanu
European Globeflower	<i>Trollius europaeus</i>	3	Near Sotres
Stinking Hellebore	<i>Helleborus foetidus</i>	3	Path to Terenosa hut
Green Hellebore	<i>Helleborus viridis</i>	3	Path to Terenosa hut
Marsh-marigold	<i>Caltha palustris</i>	7	San Glorio path
Liverleaf	<i>Hepatica nobilis</i>	3	Near Sotres
European Wood Anemone	<i>Anemonoides nemorosa</i> (leaves)	6	Below Fuente De
An endemic Anemone	<i>Anemone pavoniana</i>	6	Fuente De
Stream Water-crowfoot	<i>Ranunculus fluitans</i>	7	San Glorio path
Planes	Platanaceae		
London Plane	<i>Platanus x hispanica</i>	1	Roadsides
Saxifrage Family	Saxifragaceae		
Kidney Saxifrage	<i>Saxifraga hirsuta</i>	3	Near Sotres
Stag's-horn Saxifrage	<i>Saxifraga trifurcata</i>	3	Path to Terenosa hut
A Mossy Saxifrage	<i>Saxifraga fragosoi</i>	7	San Glorio path
Stonecrop Family	Crassulaceae		
Common Navelwort	<i>Umbilicus rupestris</i>	2	Las Arenas
Reflexed Stonecrop	<i>Petrosedum rupestre</i>	5	Maredes path
White Stonecrop	<i>Sedum album</i>	2	Poo
'Pyrenean' English Stonecrop	<i>Sedum anglicum</i> ssp. <i>pyrenaicum</i>	5	Maredes path
Dark Stonecrop	<i>Sedum atratum</i>	6	Fuente De

Common name	Scientific name	Day	Location
Thick-leaved Stonecrop	<i>Sedum dasyphyllum</i>	3	Sotres
Pea Family	Fabaceae		
Common Broom	<i>Cytisus scoparius</i>	5	Maredes path
Picos Greenweed	<i>Genista legionensis</i>	6	Fuente De
Spanish Gorse	<i>Genista hispanica</i>	2	Invernales del Vanu
Winged Greenweed	<i>Genista sagittalis</i>	5	Cruz de La Viorna
Cantabrian Gorse	<i>Ulex cantabricus</i>	4	Covadonga Lakes
Hedgehog Gorse	<i>Echinospartum horridum</i>	3	Vega de Sotres
Pitch Trefoil	<i>Bituminaria bituminosa</i>	5	Maredes path
Common Kidney-vetch	<i>Anthyllis vulneraria</i> agg.	3	Vega de Sotres
Common Bird's-foot-trefoil	<i>Lotus corniculatus</i>	2	Invernales del Vanu
Alpine Bird's-foot-trefoil	<i>Lotus alpinus</i>	6	Fuente De
Horseshoe Vetch	<i>Hippocrepis comosa</i>	4	Lunch stop Fana
Tufted Vetch	<i>Vicia cracca</i>	2	Invernales del Vanu
Wood Bitter-vetch	<i>Vicia orobus</i>	3	Near Sotres
Pyrenean Vetch	<i>Vicia pyrenaica</i>	6	Fuente De
Bush Vetch	<i>Vicia sepium</i>	6	Below Fuente De
Bitter-vetch	<i>Lathyrus linifolius</i>	2	Invernales del Vanu
Western Yellow Pea	<i>Lathyrus laevigatus</i> subsp. <i>occidentalis</i>	3	Near Sotres
Grass Vetchling	<i>Lathyrus nissolia</i>	2	Invernales del Vanu
Broad-leaved Everlasting-pea	<i>Lathyrus latifolius</i>	5	Road near Ojedo
White Clover	<i>Trifolium repens</i>	2	Invernales del Vanu
Hop Trefoil	<i>Trifolium campestre</i>	2	Invernales del Vanu
Red Clover	<i>Trifolium pratense</i>	3	Vega de Sotres
Sulphur Clover	<i>Trifolium ochroleucon</i>	3	Near Sotres
Thal's Clover	<i>Trifolium thalii</i>	6	Fuente De
Milkworts	Polygalaceae		
Common Milkwort	<i>Polygala vulgaris</i>	2	Invernales del Vanu
An Alpine Milkwort	<i>Polygala alpinum</i>	6	Fuente De
Rose Family	Rosaceae		
Dropwort	<i>Filipendula vulgaris</i>	2	Invernales del Vanu
Wild Cherry	<i>Prunus avium</i>	2	Invernales del Vanu
Common Tormantil	<i>Potentilla erecta</i>	3	Path to Terenosa hut
Mountain Cinquefoil	<i>Potentilla montana</i>	3	Path to Terenosa hut
Rock Cinquefoil	<i>Drymocallis rupestris</i>	5	Maredes path
Wild Strawberry	<i>Fragaria vesca</i>	3	Near Sotres
Salad Burnet	<i>Sanguisorba minor</i>	3	Near Sotres
Alpine Lady's-mantle	<i>Alchemilla alpina</i>	6	Fuente De
'Lady's-mantle'	<i>Alchemilla</i> agg.	3	Path to Terenosa hut
Field Rose	<i>Rosa arvensis</i>	2	Invernales del Vanu
Common Dog Rose	<i>Rosa canina</i>	2	Invernales del Vanu
Beech Family	Fagaceae		
European Beech	<i>Fagus sylvatica</i>	3	Near Sotres
Sweet Chestnut	<i>Castanea sativa</i>	2	Invernales del Vanu
Sessile Oak	<i>Quercus petraea</i>	4	Lane nr Canales
Pyrenean Oak	<i>Quercus pyrenaica</i>	2	Invernales del Vanu
Birch Family	Betulaceae		
European Hazel	<i>Corylus avellana</i>	2	Invernales del Vanu
St John's-worts	Hypericaceae		

Common name	Scientific name	Day	Location
Common Tutsan	<i>Hypericum androsaemum</i>	2	Invernales del Vanu
Perforate St John's-wort	<i>Hypericum perforatum</i>		
Violets	Violaceae		
Common Dog Violet	<i>Viola riviniana</i>	2	Invernales del Vanu
Heartsease	<i>Viola tricolor</i>	7	San Glorio path
Horned Pansy	<i>Viola cornuta</i>	3	Path to Terenosa hut
Spurge Family	Euphorbiaceae		
Yellow Spurge	<i>Euphorbia flavicoma</i> ssp. <i>occidentalis</i>	4	Lunch stop Fana
Pyrenean Spurge	<i>Euphorbia pyrenaica</i>	6	Fuente De
Wood Spurge	<i>Euphorbia amygdaloides</i>	2	Invernales del Vanu
Flaxes	Linaceae		
Pale Flax	<i>Linum bienne</i>	2	Near Poo
Sticky Flax	<i>Linum viscosum</i>	2	Near Poo
Pyrenean Flax	<i>Linum suffruticosum</i>	2	Near Poo
Crane's-bills	Geraniaceae		
Bloody Crane's-bill	<i>Geranium sanguineum</i>	2	Hotel Torrecerredo
Hedgerow Crane's-bill	<i>Geranium pyrenaicum</i>	2	Invernales del Vanu
Cut-leaved Crane's-bill	<i>Geranium dissectum</i>	2	Invernales del Vanu
Wood Crane's-bill	<i>Geranium sylvaticum</i>	3	Near Sotres
Common Herb Robert	<i>Geranium robertianum</i>	2	Invernales del Vanu
Loosestrife Family	Lythraceae		
False Grass-poly	<i>Lythrum junceum</i>	2	Invernales del Vanu
Willowherb Family	Onagraceae		
Large-flowered Evening-primrose	<i>Oenothera glazioviana</i>	4	Roadsides
Mallow Family	Malvaceae		
Large-leaved Lime	<i>Tilia platyphyllos</i>	2	Invernales del Vanu
Common Mallow	<i>Malva sylvestris</i>	2	Invernales del Vanu
Daphne Family	Thymelaeaceae		
Dwarf Spurge-laurel	<i>Daphne laureola</i> ssp. <i>philippi</i>	4	Lunch stop Fana
Rock-rose Family	Cistaceae		
Hoary Rock-rose	<i>Helianthemum canum</i>	3	Path to Terenosa hut
Common Rock-rose	<i>H. nummularium</i> ssp. <i>urriense</i>	3	Vega de Sotres
White Rock-rose	<i>H. apenninum</i> ssp. <i>cantabricum</i>	7	San Glorio path
Spotted Rock-rose	<i>Tuberaria guttata</i>	7	San Glorio path
Sage-leaved Cistus	<i>Cistus salviifolius</i>	5	Maredes path
Mignonettes	Resedaceae		
Pyrenean Mignonette	<i>Reseda glauca</i>	6	Fuente De
Cabbage Family	Brassicaceae		
Common Buckler-mustard	<i>Biscutella laevigata</i>	6	Below Fuente De
Hairy Rock-cress	<i>Arabis hirsuta</i>	6	Fuente De
Sad Stock	<i>Matthiola fruticulosa</i>	6	Fuente De
Pruit's Candytuft	<i>Iberis carnosa</i>	6	Fuente De
A Perennial Wallflower	<i>Erysimum duriaei</i>	6	Fuente De
A Perennial Wallflower	<i>Erysimum cantabricum</i>	4	Lunch stop Fana
Kerneria	<i>Kerneria saxatilis</i>	6	Fuente De
Sandalwood Family	Santalaceae		
Pyrenean Bastard-toadflax	<i>Thesium pyrenaicum</i>	4	Lunch stop Fana
Common Mistletoe	<i>Viscum album</i>	4	Roadsides
Leadwort Family	Plumbaginaceae		

Common name	Scientific name	Day	Location
Cantabrian Thrift	<i>Armeria cantabrica</i>	6	Fuente De
Pyrenean Thrift	<i>Armeria cantabrica</i>	7	San Glorio path
Knotgrass Family	Polygonaceae		
Common Bistort	<i>Bistorta officinalis</i>	3	Near Sotres
Sorrel	<i>Rumex acetosa</i>	2	Invernales del Vanu
Sheep's Sorrel	<i>Rumex acetosella</i>	5	Maredes path
Broad-leaved Dock	<i>Rumex obtusifolius</i>	2	Invernales del Vanu
Campion Family	Caryophyllaceae		
Field Mouse-ear	<i>Cerastium arvense</i>	3	Vega de Sotres
Large-flowered Sandwort	<i>Arenaria grandiflora</i>	3	Path to Terenosa hut
Pink Sandwort	<i>Arenaria purpurascens</i>	6	Fuente De
Greater Stitchwort	<i>Rabiera holostea</i>	3	Near Sotres
Lesser Stitchwort	<i>Stellaria graminea</i>	3	Near Sotres
Childing Pink	<i>Petrorhagia nanteuilli</i>	4	Lane nr Canales
Fringed Pink	<i>Dianthus hyssopifolius</i>	4	Lane nr Canales
cf. Lange's Pink	cf. <i>Dianthus langeanus</i>	7	San Glorio path
Maiden Pink	<i>Dianthus deltoides</i>	6	Below Fuente De
Pyrenean Petrocoptis	<i>Petrocoptis pyrenaica</i>	4	Cave at Covadonga
Rock Soapwort	<i>Saponaria ocymoides</i>	5	Maredes path
Nottingham Catchfly	<i>Silene nutans</i>	4	Lane nr Canales
Bladder Campion	<i>Silene vulgaris</i>	3	Near Sotres
Red Campion	<i>Silene dioica</i>	2	Invernales del Vanu
Primrose Family	Primulaceae		
Common Cowslip	<i>Primula veris</i>	6	Below Fuente De
Villose Rock-jasmine	<i>Androsace villosa</i>	6	Fuente De
Scarlet Pimpernel	<i>Lysimachia arvensis</i>	2	Invernales del Vanu
Heath Family	Ericaceae		
Tree Heath	<i>Erica arborea</i>	7	San Glorio path
Bell Heather	<i>Erica cinerea</i>	2	Las Arenas
Cornish Heath	<i>Erica vagans</i>	5	Cruz de La Viorna
Spanish Heath	<i>Erica lusitanica</i>	7	San Glorio path
Common Heather	<i>Calluna vulgaris</i>	7	San Glorio path
St Dabeoc's Heath	<i>Daboecia cantabrica</i>	2	Las Arenas
Common Bilberry	<i>Vaccinium myrtillus</i>	7	San Glorio path
Bedstraw Family	Rubiaceae		
Pyrenean Squinancywort	<i>Asperula pyrenaica</i>	6	Fuente De
Common Cleavers	<i>Galium aparine</i>	2	Invernales del Vanu
Common Crosswort	<i>Cruciata laevipes</i>	3	Near Sotres
Common Madder	<i>Rubia peregrina</i>	4	Lane nr Canales
Field Madder	<i>Sherardia arvensis</i>	4	Lane nr Canales
Gentian Family	Gentianaceae		
Yellow-wort	<i>Blackstonia perfoliata</i>	6	Below Fuente De
Pyrenean Trumpet Gentian	<i>Gentiana occidentalis</i>	6	Fuente De
Spring Gentian	<i>Gentiana verna</i>	6	Fuente De
Great Yellow Gentian	<i>Gentiana lutea</i>	3	Near Sotres (leaves only)
Periwinkle Family	Apocynaceae		
Common Swallow-wort	<i>Vincetoxicum hirundinaria</i>	2	Invernales del Vanu
Borage Family	Boraginaceae		
Purple Gromwell	<i>Aegonychon purpureocaeruleum</i>		

Common name	Scientific name	Day	Location
Scrambling Gromwell	<i>Glandora diffusa</i>	2	Invernales del Vanu
Green Alkanet	<i>Pentaglottis sempervirens</i>	3	Near Sotres
Common Viper's-bugloss	<i>Echium vulgare</i>	2	Invernales del Vanu
Tuberous Comfrey	<i>Symphytum tuberosum</i>	6	Fuente De
Alpine Forget-me-not	<i>Myosotis alpestris</i>	6	Fuente De
Field Forget-me-not	<i>Myosotis arvensis</i>	2	Invernales del Vanu
Wood Forget-me-not	<i>Myosotis sylvatica</i>	2	Invernales del Vanu
Water Forget-me-not	<i>Myosotis scorpioides</i>	3	Near Sotres
Bindweed Family	Convolvulaceae		
Sea Bindweed	<i>Calystegia soldanella</i>		
Field Bindweed	<i>Convolvulus arvensis</i>	6	Below Fuente De
Common Dodder	<i>Cuscuta epithymum</i>	3	Path to Terenosa hut
Plantain Family	Plantaginaceae		
Daisy-leaved Toadflax	<i>Anarrhinum bellidifolium</i>	2	Las Arenas
Braun-blauquet's Snapdragon	<i>Antirrhinum braun-blauquetii</i>	2	Invernales del Vanu
Oregano-leaved Toadflax	<i>Chaenorhinum origanifolium</i>	2	Las Arenas
Alpine Toadflax (pink)	<i>Linaria alpina</i> ssp. <i>filicaulis</i>	6	Fuente De
Gorge Toadflax	<i>Linaria faucicola</i>	4	Lunch stop Fana
Pyrenean Toadflax	<i>Linaria supina</i>	3	Vega de Sotres
Yellow-throated Purple Toadflax	<i>Linaria triornithophora</i>	2	Invernales del Vanu
Common Ivy-leaved Toadflax	<i>Cymbalaria muralis</i>	2	Las Arenas
Ribwort Plantain	<i>Plantago lanceolata</i>	2	Invernales del Vanu
Hoary Plantain	<i>Plantago media</i>	6	Below Fuente De
Brooklime	<i>Veronica beccabunga</i>	2	Invernales del Vanu
Germander Speedwell	<i>Veronica chamaedrys</i>	2	Invernales del Vanu
Heath Speedwell	<i>Veronica officinalis</i>	4	Lane nr Canales
Thyme-leaved Speedwell	<i>Veronica serpyllifolia</i>	3	Near Sotres
Common Foxglove	<i>Digitalis purpurea</i>	2	Invernales del Vanu
Small Brown Foxglove	<i>Digitalis parviflora</i>	4	Lunch stop Fana
Fairy Foxglove	<i>Erinus alpinus</i>	3	Path to Terenosa hut
Leafless-stemmed Globularia	<i>Globularia nudicaulis</i>	4	Lunch stop Fana
Creeping Globularia	<i>Globularia repens</i>	6	Fuente De
Figwort Family	Scrophulariaceae		
Hoary Mullein	<i>Verbascum pulverulentum</i>	1	Roadsides
White Mullein	<i>Verbascum lychnitis</i>	3	Near Sotres
Common Figwort	<i>Scrophularia nodosa</i>	2	Invernales del Vanu
	Lentibulariaceae		
Large-flowered Butterwort	<i>Pinguicula grandiflora</i>	4	Roadsides
Dead-nettle Family	Lamiaceae		
Meadow Clary	<i>Salvia pratensis</i>	6	Below Fuente De
Large-flowered Selfheal	<i>Prunella grandiflora</i>	2	Invernales del Vanu
Common Selfheal	<i>Prunella vulgaris</i>	2	Invernales del Vanu
Wild Thyme	<i>Thymus praecox</i>	3	Path to Terenosa hut
Mastic Thyme	<i>Thymus mastichina</i>	5	Maredes path
Alpine Basil-thyme	<i>Clinopodium alpinum</i>	3	Path to Terenosa hut
Wild Basil	<i>Clinopodium vulgare</i>	4	Lane nr Canales
Wood Sage	<i>Teucrium scorodonia</i>	4	Lane nr Canales
Pyrenean Germander	<i>Teucrium pyrenaicum</i>	3	Path to Terenosa hut
Mountain Germander	<i>Teucrium montanum</i>	4	Lunch stop Fana

Common name	Scientific name	Day	Location
Common Bugle	<i>Ajuga reptans</i>	3	Path to Terenosa hut
Bastard Balm	<i>Melittis melissophyllum</i>	6	Below Fuente De
Common Betony	<i>Betonica officinalis</i>	2	Hotel Torrecerredo
Annual Yellow Woundwort	<i>Stachys annua</i>	6	Below Fuente De
Hedge Woundwort	<i>Stachys sylvatica</i>	2	Invernales del Vanu
Spotted Dead-nettle	<i>Lamium maculatum</i>	6	Below Fuente De
Broomrape Family	Orobanchaceae		
Ivy Broomrape	<i>Orobanche hederæ</i>	2	Invernales del Vanu
Common Broomrape	<i>Orobanche minor</i>	4	Lane nr Canales
Common Lousewort	<i>Pedicularis sylvatica</i>	3	Path to Terenosa hut
Common Cow-wheat	<i>Melampyrum pratense</i>	2	Invernales del Vanu
Alpine Eyebright	<i>Euphrasia stricta</i>	3	Path to Terenosa hut
Greater Yellow Rattle	<i>Rhinanthus major</i>	6	Below Fuente De
Lesser Yellow Rattle	<i>Rhinanthus minor</i>	2	Invernales del Vanu
Hollies	Aquifoliaceae		
European Holly	<i>Ilex aquifolium</i>	2	Invernales del Vanu
Bellflower Family	Campanulaceae		
Spreading Bellflower	<i>Campanula patula</i>	3	Near Sotres
Clustered Bellflower	<i>Campanula glomerata</i>	6	Below Fuente De
Fairy Bellflower	<i>Campanula erinus</i>	2	Invernales del Vanu
Rampion Bellflower	<i>Campanula rapunculus</i>	5	Maredes path
Spiked Venus' Looking-glass	<i>Legousia falcata</i>	5	Maredes path
Spiked Rampion	<i>Phyteuma spicatum</i>	6	Below Fuente De
Round-headed Rampion	<i>Phyteuma orbiculare</i>	3	Path to Terenosa hut
Dwarf Sheep's-bit	<i>Jasione crispa</i>	3	Path to Terenosa hut
Common Sheep's-bit	<i>Jasione montana</i>	2	Invernales del Vanu
Daisy Family	Asteraceae		
A Perennial Cornflower	<i>Centaurea lingulata</i>	7	San Glorio path
Common Knapweed	<i>Centaurea nigra</i>	2	Invernales del Vanu
Greater Knapweed	<i>Centaurea scabiosa</i>	2	Invernales del Vanu
Distaff Thistle	<i>Carthamus mitissimus</i>	3	Path to Terenosa hut
Spear Thistle	<i>Cirsium vulgare</i>	2	Invernales del Vanu
Pyrenean Thistle	<i>Carduus carlinoides</i>	3	Vega de Sotres
Musk Thistle	<i>Carduus nutans</i>	3	Path to Terenosa hut
Purple Salsify	<i>Tragopogon porrifolius</i>	4	Lane nr Canales
Common Goat's-beard	<i>Tragopogon pratensis</i>	2	Invernales del Vanu
Prickly Lettuce	<i>Lactuca serriola</i>	2	Invernales del Vanu
Pygmy Hawksbeard	<i>Crepis pygmaea</i>	6	Fuente De
Dandelion	<i>Taraxacum agg.</i>	2	Invernales del Vanu
Tolpis	<i>Tolpis barbata</i>	5	Maredes path
Common Chicory	<i>Cichorium intybus</i>	1	Roadsides
Southern Daisy	<i>Bellis sylvestris</i>	5	Maredes path
Common Daisy	<i>Bellis perennis</i>	2	Invernales del Vanu
European Yarrow	<i>Achillea millefolium</i>	2	Invernales del Vanu
Mexican Fleabane	<i>Erigeron karvinskianus</i>	2	Invernales del Vanu
Southern Dog-daisy	<i>Cota triumfettii</i>	3	Near Sotres
Oxeye Daisy	<i>Leucanthemum vulgare</i>	2	Hotel Torrecerredo
(Like a Chamomile)	<i>Phalacrocarpum oppositifolium ssp anomalum</i>	7	San Glorio path
Viburnum Family	Viburnaceae		

Common name	Scientific name	Day	Location
European Elder	<i>Sambucus nigra</i>	2	Invernales del Vanu
Honeysuckle Family	Caprifoliaceae		
Field Scabious	<i>Knautia arvensis</i>	2	Invernales del Vanu
Narrow-leaved Red Valerian	<i>Valeriana lecoqii</i>	4	Roadsides
Mountain Valerian	<i>Valeriana montana</i>	3	Near Sotres
Pyrenean Valerian	<i>Valeriana pyrenaica</i>	3	Near Sotres
Umbellifers	Apiaceae		
Pyrenean Eryngo	<i>Eryngium bourgatii</i>	2	Invernales del Vanu
European Sanicle	<i>Sanicula europaea</i>	2	Invernales del Vanu
Greater Masterwort	<i>Astrantia major</i>	2	Invernales del Vanu
Common Pignut	<i>Conopodium majus</i>	6	Below Fuente De
Cow Parsley	<i>Anthriscus sylvestris</i>	6	Below Fuente De
Upright Hedge-parsley	<i>Torilis japonica</i>	2	Invernales del Vanu
Broad-leaved Sermountain	<i>Laserpitium latifolium</i>	3	Near Sotres
Common Carrot	<i>Daucus carota</i>	2	Invernales del Vanu
Villose Poison-carrot	<i>Thapsia villosa</i>	5	Maredes path
Common Hogweed	<i>Heracleum sphondylium</i>	6	Below Fuente De
Common Fennel	<i>Foeniculum vulgare</i>	5	Roadsides
Common Angelica	<i>Angelica sylvestris</i>	2	Invernales del Vanu
Greater Burnet-saxifrage	<i>Pimpinella major</i>	3	Near Sotres
Dethawia	<i>Dethawia splendens ssp. cantabrica</i>	3	Near Sotres
Hemlock	<i>Conium maculatum</i>	6	Below Fuente De