France - Butterflies of La Brenne

Naturetrek Tour Report

24th - 29th June 2022



Large Chequered Skipper

Weaver's Fritillary



Sooty Copper

Great Banded Greyling

Tour report and images by Émilie Mitchell



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Summary

Based in Lingé, at the hotel-restaurant La Gabrière, we spent four days exploring the Parc naturel régional (PNR) de la Brenne. Equivalent to an 'Area of Outstanding Natural Beauty', the PNR de la Brenne is home to an extraordinarily diverse range of plants and animals, with a landscape offering a striking contrast between forests, meadows, heaths and the thousand lakes for which the region is famed.

The tour focussed on the butterflies of La Brenne, although birds, mammals and other interesting wildlife was also enjoyed by all on this holiday. The friendly and dynamic group members made the most of a wealth of wildlife and the sometimes tricky weather. The first two days were mostly rainy or overcast with temperatures around 20°C while our last two days were accompanied by glorious sunshine and temperatures in the mid to high twenties and the butterflies came out in force!

Day 1 Friday 24th June

We all met in Poitiers station, with the TGV (high-speed train) arriving on time. After loading the minibus, we struck a course east for La Brenne.

Arriving at the hotel, we were greeted by a pair of Swallows who had set up their nest in the entrance of the building. Our first meal was simply delicious and we spoke about each other's interests and discussed plans for the days ahead. Fed and watered, we retired to our rooms ahead of what promised to be an exciting first day exploring La Brenne.

Day 2 Saturday 25th June

Following an excellent breakfast, we made a bee-line for the southern part of the Chérine National Nature Reserve, in Lingé. Arrived at étang Purais, we were delighted to find both Great White and Little Egrets, Purple Heron, Great-crested Grebe and several Whiskered Terns perched on wooden posts just in front of the hide. We listened to a Reed Warbler followed by the beautiful liquid song of a Golden Oriole. To our great fortune, the handsome yellow and black male came out into the open, allowing us to admire this usually elusive species. We also enjoyed watching the wildfowl: both Red-crested and Common Pochard along with Tufted Duck.

We then drove to Maison de la Nature, in the heart of the Cherine National Nature Reserve and here we made a tour of the informative exhibition. Etang Cistude was dry, as it was "assec" for the spring and summer. This traditional management practice takes place every 10 to 12 years for each of the fishing lakes (étangs) in La Brenne. It allows for the mud to mineralise, flowers to flourish and set seed providing future food for ducks and fish, as well as offering an opportunity for the wardens to repair the leaky dykes and eliminate invasive alien species.

Moving on, our first picnic was enjoyed at Maison du Parc. On our way there, we stumbled across a group of Wild Boar; mum was leading the way, followed by two yearlings and eight stripy ginger piglets. The views were excellent, if a little too close to the minibus for comfort! We lunched with a view over a pond and sampled the delicious local *carpe frites*, followed by a welcome coffee.

In the afternoon, we drove to the Regional nature reserve of Foucault-Massé. From the spacious hide overlooking étang Bénisme, we enjoyed watching a family of Black-winged Stilts and three Coypu or 'miniature Capybaras' as the group christened them! Red-crested Pochard, Common Tern, Little Ringed Plover, Green Sandpiper and several fine summer-plumaged Black-necked Grebes were all present. Leaving the hide, we heard and watched a Zitting Cisticola and observed two Marsh Harriers quartering above the reeds.

Our final stop of the day was at étang de La Sous, where we spied a Little Bittern, albeit briefly, as well as the local 'twitchers' armed with their cameras and long lenses.

On our way back to the hotel, a group of thirty or so escaped Charolais cattle were blocking the road and forced us to slalom amongst the bull, cows and calves and even their befriended Cattle Egrets! Our guide intercepted the local gendarmes a little further down the road and explained the situation... they zoomed off with 'blues and twos', bringing safety back to the roads of La Brenne once more.

Day 3 Sunday 26th June

Following breakfast, we drove off under an overcast but dry sky and a temperature approaching 17°C. We decided to give the butterflies some time to dry out and warm up, so we headed to a nearby Bee-eater colony. On our arrival, we disturbed a Red Fox trying to catch a House Sparrow from a nest hole and enjoyed lovely views of a buck Roe Deer. After a little while enjoying the magnificent display and fluty calls of the rainbow-coloured Bee-eaters, we set off to the Ozance Marshes.

On the road, we were thrilled to encounter a Beach Marten and although common in Brenne, this secretive mustelid is rarely ever seen. Arriving at étang Vieux, we were greeted by a few Meadow Browns and our first Marbled White of the tour. A delicate Wood White butterfly was settled nicely on a grass stem.

We then set off for a walk in the woodland and quickly spotted a gorgeous Purple Hairstreak perched on some bracken. The woods were alive with bird song: Long-tailed Tit, Robin, Blackcap, Nuthatch, Short-toed Treecreeper and Spotted Flycatcher were all in fine voice. We also connected with Great Spotted Woodpecker, Woodlark and a little family group of Great Tits.

From étang Vieux's sluice gate, we observed a European Pond Terrapin and a few Common Bluetail damselflies. This was followed by a Beautiful Demoiselle which settled on a reed stem, giving us the opportunity to observe its gorgeous shimmering colours. At the cross-roads, we found a very obliging Heath Fritillary, which allowed us to take some good close-up photographs.

Carrying on along the ride, we met a Broad Scarlett dragonfly and our first Ringlet butterfly as well as some more Marbled Whites and a Green-veined White.

A comfort break in Vendoeuvres produced our first Common Swift and from here we drove on to St Sulpice Chapel for our picnic lunch. Our arrival was greeted by a wall of bird song; Golden Oriole, Song Thrush and Blackbird were all belting it out! Next to the chapel, a spring offers its pure, cool water year-round and a few locals were taking advantage by filling various receptacles. Around 3pm, as predicted, the rain came back and forced us to find a nice coffee stop in Mézières-en-Brenne. We enjoyed our refreshments and a little people watching and were introduced to the strange trotting races on the cafe's television!

Day 4

Monday 27th June

After a couple of days juggling with the weather, the sun appeared and we made our way west to the land of goat's cheese! We stopped briefly at étang Purais to check the bramble bushes around the car park for butterflies. We had lovely views of Marbled White, Small Copper, and Gatekeeper and encountered the curious Winter Damselfly; this little creature is the only European dragonfly to overwinter in its adult form.

We then headed off to the little village of La Boudinière. The Suin Valley downland was simply fantastic! We started our walk joined by dozens of Silver-washed Fritillarys, all in immaculate condition, having only recently emerged. As we walked towards the open grassland area, we met more butterflies: Pearly Heath, Adonis Blue and more Marbled Whites. Later, we encountered a dazzling Marbled Fritillary missing a little chunk of its wing missing, no doubt having had a near-miss with a hungry bird! We were then distracted by a cracking adult Honey Buzzard flying low overhead.

Weaver's Fritillary and our first Scarce Swallowtail of the tour also showed well and as we walked up a slope, we spotted a showy Large Tortoishell sunning itself on a rock. As we passed a few small oak trees, we disturbed a beautiful Woodland Grayling perfectly camouflaged against the bark; it took off briefly and settled again on the tree trunk allowing us great views. A clearing in a small oak tree plantation was the place to spot our first Large Chequered Skipper. A female was quietly egg laying on various grasses. We also had lovely views of the impressively large Emperor Dragonfly, whizzing passed us like a chinook helicopter!

Back at the minibus, we re-joined James who had been busy sketching the landscape during our little exploration.

We drove to Lurais for lunch, on the shore of the river Creuse. Our cool, shaded stop was made even more enjoyable by literally thousands of Blue-eye damselflies dancing over the river, along with two species of dragonfly; Small Pincertails basking on the beach and White-tailed Skimmers busy defending their territories. And then, we encountered the strong-flying Swallowtail, holding our breaths as it flew by. Our walk back to the bus produced great views of a Red Squirrel in the nearby parkland.

Our next stop was Denis and Christel's Farm near Pouligny Saint Pierre. We met up with the local goats and Denis's gorgeous sheep dog or should we say goat dog! We had the most wonderful afternoon exploring Denis's meadows. The flowers were plentiful with thousands of insects nectaring on them: brown and green forms of Praying Mantis, Short-tailed Blue, Marbled White, Brimstone, Marbled Fritillary and of course hundreds of Large Blues! This magical site also produced dozens of showy yellow and black Owl flies, a stunning and primitive insect closely related to the dragonflies.

After having bought a few home produced cheeses, we drove to Rosnay to meet up with local expert Tony Williams. Tony took us to a local site known for its Alcon Blue colony but sadly, we did not find any on this occasion, however, we did have brilliant views of several Large-chequered Skippers instead.

We returned to the hotel for a little rest and a gorgeous meal, but our day did not end there! Making the most of the weather, we drove out to a local spot in search of the crepuscular Nightjar. We were not disappointed, as a male was singing away as soon as we arrived. The bird soon showed up and flew right passed us! The encounter rounded off this amazing day very nicely indeed! It was now time for a good night's sleep.

Day 5

Tuesday 28th June

Overnight Emilie had set up a moth trap in a nearby garden and we set off after breakfast to check what had been attracted by its bright light. We arrived in Véronique's garden, opposite Le Gabriau. She was also very excited to discover the many moth species living in her garden! Perhaps the most impressive species were the six Privet Hawkmoths, Drinker, two species of Lappet, some Leopard Moths... and the list went on. After a refreshing lemonade kindly offered by our host, we drove to Rosnay Common, a site known for its thousands of Tongue Orchids carpeting the ground in May. The reserve is also well known for its breeding Marsh Fritillarys. We started our walk by encountering some newly emerged Gatekeepers. Marbled Fritillary were plentiful, feeding on the bramble blossom – translated, its French name is the *Bramble Fritillary*. On the Common, we also connected with Sooty Copper, a fine Dark-Green Fritillary and a Scarce Swallowtail, while in the canopy of an oak tree we found our first Great-banded Grayling, a large and splendid beast.

We moved on to étang Mouton, in Migné for another sumptuous lunch. Our walk around the lake provided some beautiful views of yet more Great-banded Grayling and some White Admiral butterflies. And although past their very best, they gave us very nice views of their very different upper and undersides. A little opening in the woods hosted a few Hummingbird Hawkmoths busily feeding on Viper's Bugloss and it was also an opportunity to encounter a new species of skipper: Mallow Skipper! Brimstone were also plentiful around the site, along with more Marbled Fritillarys.

We then took off to Vendoeuvres for a quick coffee stop in a local tabac, from where we drove on to Lancosme Forest in the hope of finding the scare Woodland Brown butterfly. Sadly, we were too late for this grand species but we did see good numbers of Marbled Fritillary and Ringlet. We also had a lovely walk to La Fosse Noire, near Château Robert after which we headed back to Mézières-en-Brenne in the hope of finding a Lesser Purple Emperor. Almost immediately, Barbara and Carol spotted one in the Lime trees and by chance it happened to be the rarer *clytie* form, with its beautiful shades of orange over a purple sheen.

After what had been another successful day, we reconvened for the last time to record the species of the day and chatted about some of the tour highlights. We agreed that the friendly and fun group members, stunning wildlife and prime location had all combined to make a truly memorable holiday experience.

Day 6

Wednesday 29th June

After breakfast, we bade farewell to our host then spent our morning re-visiting étang Monmélier, where we were rewarded with great views of both Night and Purple Herons.

Following a smooth journey, we arrived back in Poitiers in plenty of time for a coffee before our return journey to the UK.

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Species lists

Lepidoptera

		June 2022			
Common name	Scientific name	25	26	27	28
Hesperiidae					
Dingy Skipper	Erynnis tages				✓
Mallow Skipper	Carcharodus alceae				✓
Large Chequered Skipper	Heteropterus morpheus			✓	
Small Skipper	Thymelicus sylvestris				✓
Essex Skipper	T. lineola			✓	✓
Large Skipper	Ochlodes venatus		✓	✓	✓
Papilionidae					
Scarce Swallowtail	Iphiclides podalirius			✓	✓
Swallowtail	Papilio machaon			✓	
Pieridae					
Wood White	Leptidea sinapis		✓	✓	✓
Large White	Pieris brassicae			✓	✓
Small White	P. rapae			✓	✓
Green-veined White	P. napi		✓	✓	✓
Brimstone	Gonepteryx rhamni			✓	✓
Purple Hairstreak	Neozephyrus quercus		✓	✓	✓
Sloe hairstreak	Satyrium acaciae			✓	
White-letter Hairstreak	S. w-album			✓	
Small Copper	Lycaena phlaeas			✓	✓
Sooty Copper	Lycaena tytirus				✓
Holly blue	Celastrina argiolus				✓
Short-tailed Blue	Everes argiades			✓	
Large Blue	Maculinea arion			✓	
Common Blue	Polyommatus icarus			✓	✓
Adonis Blue	Lysandra bellargus			✓	
Brown Argus	Aricia agestis			✓	✓
Nymphalidae					
Speckled Wood	Pararge aegeria		✓		✓

			2022		
Common name	Scientific name	25	26	27	28
Wall Brown	Lasiommata megera			✓	✓
Pearly Heath	Coenonympha arcania			✓	
Small Heath	C. pamphilus			✓	✓
Gatekeeper	Pyronia tithonus			✓	✓
Ringlet	Aphantopus hyperantus		✓	✓	✓
Meadow Brown	Maniola jurtina	✓	✓	✓	✓
Marbled White	Melanargia galathea		✓	✓	✓
Great Banded Grayling	Brintesia circe				✓
Woodland Grayling	Hippaarchia fagi			✓	
Lesser Purple Emperor	Apatura ilia				✓
Silver-washed Fritillary	Argynnis paphia			✓	✓
Dark green Fritillary	Argynnis aglaja				✓
Marbled Fritillary	Brenthis daphne			✓	✓
Weaver's fritillary	Clossiana dia			✓	
White Admiral	Limenitis camilla				✓
Large Tortoiseshell	Nymphalis polychloros			✓	
Peacock	Inachis io			✓	
Painted Lady	Cynthia cardui			✓	✓
Comma	Polygonia c-album			✓	
Heath Fritillary	Mellicta athalia		✓		
Tiedal Francis	Welleta atrialia				
Moths					
Common name	Scientific name				
Leopard Moth	Zeuzera pyrina				✓
Five-Spot Burnet	Zygaena trifolii			✓	
Plum Lappet	Odonesti Pruni				✓
Lappet	Gastropacha quercifolia				✓
Maiden's Blush	Cyclophora punctaria		✓		✓
Least Carpet	Idaea rusticata		✓		✓
Silver-ground Carpet	Xanthorhoe montanata		✓		
Sharp-angled Peacock	Macaria alternata				✓
Latticed Heath	Chiasmia clathrata clathrata			✓	
August Thorn	Ennomos quercinaria				✓
Peppered Moth	Biston betularia				✓
Brussels Lace	Cleorodes lichenaria				✓
Privet Hawkmoth	Sphinx ligustri				✓
Hummingbird Hawkmoth	Macroglossum stellatarum			✓	✓
Lobster Moth	Stauropus fagi				/
Brown-tail Moth	Euproctis chrysorrhoea				✓
Gypsy Moth	Lymantria dispar				✓
Common Footman	Eilema lurideola				· ·
Cinnabar	Tyria jacobaeae		✓		-
Heart and Dart	Agrostis exclamationis		-		✓
	Noctua comes				▼
Lesser Yellow Underwing	Noctua fimbriata				∨
Broad-b. Yellow Underwing					∨
Cousin German	Protolampra sobrina				✓
Bird's Wing	Dypterygia scabriuscula				
Dun-bar	Cosmia trapezina				√
Nut-tree Tussock	Colocasia coryli				✓
Light Crimson Underwing	Catocala promissa				✓

			June 2022			
Common name	Scientific name	25	26	27	28	
Straw Dot	Rivula sericealis				✓	
Buttoned Snout	Hypena rostralis				✓	
	Dryomonia querna				✓	

Birds (H = Heard only)

		June 2022			T
Common name	Scientific name	25	26	27	28
Common Pheasant	Phasianus colchicus	✓			
Mute Swan	Cygnus olor	✓		✓	✓
Gadwall	Mareca strepera	✓			
Mallard	Anas platyrhynchos	✓			
Eurasian Teal	Anas crecca	✓			
Red-crested Pochard	Netta rufina	✓		✓	✓
Common Pochard	Aythya ferina	✓	✓	✓	✓
Tufted Duck	Aythya fuligula	✓	✓		✓
Little Grebe	Tachybaptus ruficollis	✓		✓	✓
Great Crested Grebe	Podiceps cristatus	✓	✓	✓	✓
Black-necked Grebe	Podiceps nigricollis	✓			
Little Bittern	Ixobrychus minutus	✓			
Black-crowned Night Heron	Nycticorax nycticorax	✓			✓
Western Cattle Egret	Bubulcus ibis	✓	✓		✓
Grey Heron	Ardea cinerea	✓	✓	✓	✓
Purple Heron	Ardea purpurea	✓			✓
Great Egret	Ardea alba	✓	✓		✓
Little Egret	Egretta garzetta	✓			
Great Cormorant	Phalacrocorax carbo	✓			✓
European Honey Buzzard	Pernis apivorus			✓	
Black Kite	Milvus migrans	✓	✓	✓	✓
Western Marsh Harrier	Circus aeruginosus	✓			
Eurasian Sparrowhawk	Accipiter nisus				✓
Common Buzzard	Buteo buteo	✓	✓	✓	✓
Common Moorhen	Gallinula chloropus	✓		✓	✓
Eurasian Coot	Fulica atra	✓	√	✓	✓
Black-winged Stilt	Himantopus himantopus	✓			
Northern Lapwing	Vanellus vanellus	✓			
Little Ringed Plover	Charadrius dubius	✓			
Eurasian Curlew	Numenius arquata			√	
Common Redshank	Tringa totanus	✓			
Green Sandpiper	Tringa ochropus	✓			
Ruff	Calidris pugnax	· ✓			
Black-headed Gull	Chroicocephalus ridibundus	· ✓	✓	√	✓
Yellow-legged Gull	Larus michahellis	,	· ✓	,	
Common Tern	Sterna hirundo	✓	· ·		, v
Whiskered Tern	Chlidonias hybrida	✓	✓	✓	✓
Common Wood Pigeon		✓	✓	✓	▼
	Columba palumbus	∨ ✓	✓	∨	∨ ✓
European Turtle Dove	Streptopelia turtur			∨ ✓	
Eurasian Collared Dove	Streptopelia decaocto	√	✓	✓	√
European Nightjar Common Swift	Caprimulgus europaeus Apus apus		✓	V	✓

		June 2022			
Common name	Scientific name	25	26	27	28
Common Kingfisher	Alcedo atthis			✓	
European Bee-Eater	Merops apiaster		✓		
Eurasian Hoopoe	Upupa epops	✓	✓	✓	✓
Lesser Spotted Woodpecker	Dryobates minor				✓
Middle Spotted Woodpecker	Dendrocoptes medius		✓	✓	✓
Great Spotted Woodpecker	Dendrocopos major	✓	✓	✓	
European Green Woodpecker	Picus viridis			✓	✓
Red-backed Shrike	Lanius collurio	✓	✓	✓	✓
Eurasian Golden Oriole	Oriolus oriolus	✓	✓	✓	✓
Eurasian Jay	Garrulus glandarius		✓		✓
Eurasian Magpie	Pica pica	✓	✓	✓	✓
Carrion Crow	Corvus corone	✓	✓	✓	✓
Great Tit	Parus major	✓	✓		✓
Eurasian Blue Tit	Cyanistes caeruleus				✓
Woodlark	Lullula arborea		✓	✓	✓
Eurasian Skylark	Alauda arvensis		✓		✓
Barn Swallow	Hirundo rustica	✓	✓	✓	✓
Common House Martin	Delichon urbicum	✓			
Cetti's Warbler	Cettia cetti	✓	✓		✓
Long-tailed Tit	Aegithalos caudatus		✓		
Common Chiffchaff	Phylloscopus collybita	✓	✓	✓	✓
Sedge Warbler	Acrocephalus schoenobaenus	✓	✓		✓
Eurasian Reed Warbler	Acrocephalus scirpaceus	✓	✓		
Common Grasshopper Warbler	Locustella naevia	✓			
Zitting Cisticola	Cisticola juncidis	✓	✓		
Eurasian Blackcap	Sylvia atricapilla	√	✓	✓	✓
Common Whitethroat	Curruca communis	✓			✓
Eurasian Nuthatch	Sitta europaea		✓	✓	✓
Short-toed Treecreeper	Certhia brachydactyla		✓		✓
Common Starling	Sturnus vulgaris	√	✓	✓	✓
Common Blackbird	Turdus merula		✓	✓	✓
Song Thrush	Turdus philomelos		✓	✓	✓
European Robin	Erithacus rubecula	✓	✓	✓	
Common Nightingale	Luscinia megarhynchos				✓
Black Redstart	Phoenicurus ochruros	✓	✓	√	✓
European Stonechat	Saxicola rubicola	✓	√	✓	✓
Spotted Flycatcher	Muscicapa striata		√		
House Sparrow	Passer domesticus	✓	· ✓	✓	/
Dunnock	Prunella modularis			<u> </u>	· ·
White Wagtail	Motacilla alba	✓	✓	✓	· ·
Common Chaffinch	Fringilla coelebs	· ·	,	→	· /
European Greenfinch	Chloris chloris			✓	+ •
Corn Bunting	Emberiza calandra	✓		,	✓

Other taxa

		June 2022			
Common name	Scientific name	25	26	27	28
Damselflies & dragonflies					
Banded Demoiselle	Calopteryx splendens			✓	
Beautiful Demoiselle	Calopteryx virgo		✓		
Common Bluetail	Ischnura elegans		✓	✓	
Common Bluet	Enallagma cyathigerum				
Blue Featherleg	Platycnemis pennipes		✓	✓	
Blue-eye	Erythromma lindenii			✓	
Blue Emperor	Anax imperator			✓	
Small Pincertail	Onychogomphus forcipatus			✓	
Blue Chaser	Libellula fulva			✓	
White-tailed Skimmer	Orthetrum albistylum			✓	✓
Southern Darter	Sympetrum meridionale		✓		
Ruddy Darter	Sympetrum sanguineum			✓	
Broad Scarlet	Crocothemis erythraea		√		
Other insects					
Great-green bush-cricket	Tettigonia veridissima			✓	
Praying Mantis	Mantis religiosa			✓	
Rhinoceros beetle	Oryctes nasicornis			✓	
Owl fly / ascalaphidae	Libelloides macaronius			✓	
Mammals					
Roe Deer	Capreolus capreolus		✓	✓	✓
Coypu	Myocastor coypus	✓	✓		
Musk Rat	Ondatra zibethicus				
Brown Hare	Lepus europaeus			✓	
Rabbit	Oryctolagus cuniculus			✓	
Red Fox	Vulpes vulpes		✓		✓
Wild Boar	Sus scrofa	✓			
Pine Marten	Martes martes		✓		
Red Squirrel	Sciurus vulgaris			✓	
Reptiles & Amphibians					
Green Lizard	Lacerta viridis			✓	
Common Wall Lizard	Podarcis muralis			✓	
European Pond Terrapin	Emys orbicularis		✓	✓	
Edible Frog	Rana esculenta			✓	
Pool Frog	Rana lessonae			✓	
Agile Frog	Rana dalmatina			✓	

Plants

Scientific name	Common name	Location
Epipactis helleborine	Broad-leaved Helleborine	Etang Vieux, Ste Gemme
Himantoglossum hircinum	Lizard Orchid	La Boudinière, Pouligny St Pierre