

France - The Cevennes

Naturetrek Tour Report

15th – 22nd May 2025



Aymonin's Fly Orchid (*Ophrys aymonii*)



Narcissus poeticus



Military and Lady Orchids (*Orchis militaris* and *O. purpurea*)



Cervennes Gentian (*Gentiana clusimi* subsp. *costei*)

Tour report by Pip O'Brien



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Summary

The Cevennes was at its glorious best this spring, with golden sunshine, golden broom covering the hills and a profusion of orchids. The ancient village of Cocures, where we were based, was alive with the sound of Swifts, Swallows and Crag Martins, skimming about from dawn till dusk.

All complained that the food was too good and was expanding their waistlines; we enjoyed some memorable profiteroles and good locally-sourced picnics. The warm sunshine brought out a lot of butterflies, which were much enjoyed by all, with Tony explaining their finer identification points.

Day 1

Thursday 15th May

Sunshine

After an early flight, we set off for the Cevennes along roads lined with Plane trees and golden with sunlight. We took minor roads rather than battling motorway traffic and toll booths. Vines were newly leafed-up in the fields and the verges were covered in Blue Aphyllanthes, *Aphyllanthes monspeliensis*.

After a picnic in the garden of our lovely hotel, we walked down to the river past walls covered in Rusty Back Ferns *Ceterach offinarum*. Plant of the day was the Daisy-leaved Toadflax *Anarrhinum bellidifolium*. Leaving the river we wandered through the narrow lanes of Cocures, admiring the frescoes in the church and the well-worked vegetable gardens. Crag Martins were very much in evidence, as many nest in the village.

Day 2

Friday 16th May

Sunshine

Today was a limestone day, up the steep hairpins to the Causse Mejean. We got out of the minibuses to the song of a Nightingale, but were soon distracted by the breathtaking profusion of Early Purple Orchids *Orchis mascula*, arranged in groups among the taller shrubs, Box, Juniper and Amelanchier. A couple of the group found two Chapman's Green Hairstreak (photographed) among a few normal Green Hairstreaks, and we also saw the first of many Red-backed Shrikes.

After spending longer at this stop than planned, we drove straight across the Causse Mejean to Roc de Hourtous, where a lovely little café allowed us to picnic in the garden. Griffin Vultures were drifting about on thermals from the gorge below us, and a group of four Red-billed Choughs circled overhead, calling.

Our morning walk took us into deciduous woodland, but before we reached it we came across the deep velvety wine-red (and endemic) Pulsatilla variety, *Pulsatilla rubra* subsp. *rubra*. Butterflies were everywhere, with a variety of blues, Wood Whites and both swallowtails. A lovely yellow flax *Linum campanulate* caught everyone's eyes, and at the end of the path, tucked into a crevice in a rock found the tiny purple *Aster alpinus* subsp. *cevennensis* was found.

We took lunch watching the vultures, and then a group of Crested Tits was found flitting in the Pine trees. Next, we took the track past Violet Bird's Nest Orchids *Limodorum abortivum* to the place where the Lady's Slipper Orchids grow. None was in flower, but we did find the beautiful blue trumpets of the Cevennes Gentian *Gentiana clusii* subsp. *costei*. Western Bonelli's Warblers were singing as we walked back, and an excellent specimen of Knapweed Fritillary caught and released.

Day 3

Saturday 17th May

Sunny and hot

We spent a glorious morning exploring the Corniche de Cevennes. A stop at the wonderful arched bridge just outside Florac Trois Rivières yielded both a Dipper and a Grey Wagtail, and then it was on to the dinosaur footprints in the tiny village of St.-Laurent-de-Treves. It is not easy to see the three-toed prints in the limestone pavement, but it is a good place to listen for Bee-eaters. Several butterflies were caught, including a Wall Brown. We moved on to a field full of Green-winged Orchids *Orchis mascula* mixed with *Pulsatilla vulgaris* and Elderflower Orchids *Dactylorhiza sambucina*, dotted among the Broom.

A brief drive took us on to le Pompidou where we picnicked at a stone table in front of the Marie, a wonderfully shady spot. Retracing our steps, we visited an area of woodland, mainly pine and beech, where we found Twayblade *Neottia ovata* and a fine Fly Honeysuckle *Lonicera xylosteum* in full flower. After some acrobatics, Tony captured a Duke of Burgundy for all to appreciate.

Our final stop was at a field with a very thin layer of soil on the limestone pavement. Huge dark Lady Orchids *Orchis purpurea* and squadrons of Military Orchids *Orchis militaris* were interspersed with Monkey Orchids *Orchis simia* and hybrids. We also found some Early Spider Orchids *Ophrys sphegodes*. In a field nearby, where a tractor was baling, Black and Red Kites made the most of insect fatalities.

We drove back to the hotel, and some of the group went up the hill to a good butterfly spot by the river, while three others took the opportunity for a refreshing dip or paddle.

Day 4

Sunday 18th May

Sunny and hot

It was another glorious morning, and we set off up to the Causse Mejean. Our first stop was at a little crossroads, which apart from a few drifting vultures seemed unpromising. But we clambered over a fence and found the wonderful Passiontide Orchid *Ophrys sphegodes passionalis*, with glowing red lips. Meanwhile, a Western Orphean Warbler gave a good view to several of the group.

The next stop was by the Przewalski's Horses, found grazing in large numbers close to the road. But our attention was grabbed by the impressive yellow Spring Adonis *Adonis vernalis*.

Lunch was in the grounds of the Aven Armand, where we made use of both coffee and gift shops. A Scarce Swallowtail posed beautifully, nectaring on a Lilac. We drove on down the D63 towards Gorges de la Jonte,

surrounded by glorious dolomitic limestone buttresses. We stopped at a layby, and caught the butterfly of the week, an immaculate Spanish Festoon. The hillside was stunning with yellow *Genista hispanica* and Blue Aphyllanthes.

Finally, at the bottom of the gorge, we looked up to see a squadron of eight Griffon Vultures doing a fly past, swiftly joined by two Egyptian Vultures, mobbed by Ravens. Fairy Foxglove *Erinus alpinus* was in the car park, and we drove home through buttery evening light and magnificent gorge scenery.

Day 5

Monday 19th May

Overcast with spots of drizzle

The scent of Broom filled the air as we drove north toward Col de les Finiels. A brief stop by a steep track yielded two donkeys, a Red-underwing Skipper and a luscious group of glowing orange Greater Broomrapes *Orobancherapum genistae*, complete with a dying gorse bush.

We stopped in Pont de Montvert to admire the little town, barely changed since the seventeenth century, and to imbibe a swift coffee. Then we went on to the summit, past hillsides covered in granite boulders. Not much was stirring in the mist at the top, but Firecrests were seen, plus Mountain Buttercup *Ranunculus montana* and Mountain Pansy *Viola lutea*.

The picnic was snaffled up, and we descended via a more northern road to a small farm track between stone walls, filled with flowers and butterflies. Clammy Campion *Viscaria vulgaris* was a new species for most. Finally, we headed for home via magnificent menhirs surrounded by Grass-leaved Buttercups *Ranunculus gramineus* and the enigmatic *bondons*.

Day 6

Tuesday 20th May

Cool and windy

Chaos de Nimes at Hom was the first call of the day. Here, huge boulders are scattered over the hillside with interesting plants tucked in between, including *Potentilla laxifolia cevennsis*, cunningly disguised as an Alchemilla. Not many birds were around, but Tony did find a Northern Wheatear and some Rock Sparrows.

Next, we went to the Col du Perjuret, where the sun came out and lit up the slope covered in orchids. Black Vultures did a ponderous glide by. Lunch followed soon after in a pine forest, and a basket of local strawberries proved to be a hit.

We moved up through increasing cloud to Mont Aiguille. It was freezing cold and blowing a gale, so we downed some coffee and headed to the next stop, the Visitor Centre at Col de la Serreyrede. A field of orange *Tulip sylvestris* var. *australis* delighted all, but it was too cold and windy for anything with wings!

Our final stop was a field we had found on a previous trip; it is an astonishing place with huge drifts of orchids. We counted twelve species, excluding hybrids. What a finish to the day!

Day 7

Wednesday 21st May

Sunny

Our final day dawned cloudless, and we set off to explore the Gorges du Tarn. A narrow lane led up to Montbrun, a lovely village filled with nesting House Martins.

Tall rock faces along the road gave us some great plants, including statuesque *Saxifraga longifolia*, Burnt Candytuft *Aethioneme saxatile* and the dainty yellow Ground Pine *Ajuga chamaepitys*. We moved on to Castlebouc, where the village seems to grow out of the rock. A nesting Crag Martin was seen in the crags, and there was great excitement when a group of Chequered Blues was found.

We had lunch down by the river at an idyllic spot, where a pair of nesting Red-billed Choughs was seen. Finally, we made a visit to a forest on the north side of the gorge, where we tracked down four different wintergreens, mainly in bud, and a Round-leaved Bedstraw *Gallium rotundifolium*.

Day 8

Thursday 22nd May

We made the transfer back to Montpellier airport and safely caught our flight home, after a fantastic week in the Cevennes.

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Species lists

Birds (H = Heard only)

Common name	Scientific name	May 2025						
		15	16	17	18	19	20	21
Common Swift	<i>Apus apus</i>	✓	✓	✓	✓	✓	✓	✓
Common Cuckoo	<i>Cuculus canorus</i>	H	H	H	H	H	✓	H
Common Wood Pigeon	<i>Columba palumbus</i>	✓	✓	✓	✓	✓	✓	✓
Eurasian Collared Dove	<i>Streptopelia decaocto</i>		✓	✓	✓	✓	✓	✓
Western Cattle Egret	<i>Ardea ibis</i>	✓	✓					
Egyptian Vulture	<i>Neophron percnopterus</i>				2			
European Honey Buzzard	<i>Pernis apivorus</i>	1						
Cinereous Vulture	<i>Aegypius monachus</i>						2	
Griffon Vulture	<i>Gyps fulvus</i>		✓	✓	✓	✓	✓	✓
Short-toed Snake Eagle	<i>Circaetus gallicus</i>		1		1		2	
Eurasian Sparrowhawk	<i>Accipiter nisus</i>		1				1	
Red Kite	<i>Milvus milvus</i>		✓	✓	✓	✓	✓	✓
Black Kite	<i>Milvus migrans</i>	✓	✓	✓	✓	✓	✓	✓
Common Buzzard	<i>Buteo buteo</i>		✓	✓	✓	✓	✓	
Tawny Owl	<i>Strix aluco</i>		H	H	H	H	H	H
European Bee-eater	<i>Merops apiaster</i>			H				
Great Spotted Woodpecker	<i>Dendrocopos major</i>			1		1		
European Green Woodpecker	<i>Picus viridis</i>				1			H
Common Kestrel	<i>Falco tinnunculus</i>		2			1	2	
Great Grey Shrike	<i>Lanius excubitor</i>		2		1			
Red-backed Shrike	<i>Lanius collurio</i>		1	2	4	2	2	1
Eurasian Jay	<i>Garrulus glandarius</i>		✓		✓	✓	✓	✓
Eurasian Magpie	<i>Pica pica</i>		✓	✓	✓	✓	✓	✓
Red-billed Chough	<i>Pyrrhocorax pyrrhocorax</i>		4		40			2
Carrion Crow	<i>Corvus corone</i>		✓	✓	✓	✓	✓	✓
Northern Raven	<i>Corvus corax</i>				✓	✓		
Coal Tit	<i>Parus ater</i>			H	H	✓	H	
Crested Tit	<i>Lophophanes cristatus</i>		3					
Eurasian Blue Tit	<i>Cyanistes caeruleus</i>		H	✓	✓	✓	✓	
Great Tit	<i>Parus major</i>		H	✓	✓		✓	✓
Woodlark	<i>Lullula arborea</i>		2	H			H	
Eurasian Skylark	<i>Alauda arvensis</i>		✓	✓	✓	✓	✓	
Eurasian Crag Martin	<i>Ptyonoprogne rupestris</i>	✓	✓	✓	✓	✓	✓	✓
Barn Swallow	<i>Hirundo rustica</i>	✓	✓	✓	✓	✓	✓	✓
Western House Martin	<i>Delichon urbicum</i>	✓	✓	✓	✓	✓	✓	✓
Long-tailed Tit	<i>Aegithalos caudatus</i>							✓
Western Bonelli's Warbler	<i>Phylloscopus bonelli</i>	✓	✓	H	H	H	H	H
Willow Warbler	<i>Phylloscopus trochilus</i>				H	H		H
Common Chiffchaff	<i>Phylloscopus collybita</i>		H	H		H	H	
Eurasian Blackcap	<i>Sylvia atricapilla</i>		H	H	✓	H	H	H
Western Orphean Warbler	<i>Curruca hortensis</i>			1				1
Common Firecrest	<i>Regulus ignicapilla</i>					2	2	
Goldcrest	<i>Regulus regulus</i>					H		
Eurasian Wren	<i>Troglodytes troglodytes</i>					1		1
Short-toed Treecreeper	<i>Certhia brachydactyla</i>			H				

Common name	Scientific name	May 2025						
		15	16	17	18	19	20	21
Common Starling	<i>Sturnus vulgaris</i>	✓	✓	✓	✓	✓	✓	✓
Spotless Starling	<i>Sturnus unicolor</i>						1	
Song Thrush	<i>Turdus philomelos</i>			✓		✓	H	H
Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓
European Robin	<i>Erithacus rubecula</i>					H	H	H
Common Nightingale	<i>Luscinia megarhynchos</i>	H	✓	H	H	H	H	H
Black Redstart	<i>Phoenicurus ochruros</i>	✓	✓	✓	✓	✓	✓	✓
Common Redstart	<i>Phoenicurus phoenicurus</i>						H	
European Stonechat	<i>Saxicola rubicola</i>			✓	✓	✓	✓	✓
Northern Wheatear	<i>Oenanthe oenanthe</i>				2	✓	✓	
White-throated Dipper	<i>Cinclus cinclus</i>							✓
Rock Sparrow	<i>Petronia petronia</i>			1				
Eurasian Tree Sparrow	<i>Passer montanus</i>						✓	
House Sparrow	<i>Passer domesticus</i>	✓	✓	✓	✓	✓	✓	✓
Grey Wagtail	<i>Motacilla cinerea</i>			✓		✓		
White Wagtail	<i>Motacilla alba</i>	✓		✓	✓	✓	✓	✓
Meadow Pipit	<i>Anthus pratensis</i>					H		
Tree Pipit	<i>Anthus trivialis</i>					✓		
Eurasian Chaffinch	<i>Fringilla coelebs</i>	✓	✓	✓	✓	✓	✓	✓
Common Linnet	<i>Linaria cannabina</i>						2	
European Goldfinch	<i>Carduelis carduelis</i>		✓	✓	✓	✓	✓	✓
Citril Finch	<i>Carduelis citrinella</i>							
European Serin	<i>Serinus serinus</i>				H	H	✓	
Corn Bunting	<i>Emberiza calandra</i>		1					
Yellowhammer	<i>Emberiza citrinella</i>						2	

Mammals

Common name	Scientific name	May 2025						
		15	16	17	18	19	20	21
European Hare	<i>Lepus europaeus</i>						✓	
Common Vole	<i>Microtus arvalis</i>						✓	
Daubenton's Bat	<i>Myotis daubentonii</i>				✓			
Roe Deer	<i>Capreolus capreolus</i>	✓			✓		✓	
Soprano Pipistrelle	<i>Pipistrellus pygmaeus</i>				✓			
Leisler's Bat	<i>Nyctalus leisleri</i>				✓			

Reptiles and amphibians

Common name	Scientific name	May 2025						
		15	16	17	18	19	20	21
Western Green Lizard	<i>Lacerta bilineata</i>		✓			✓		✓
Sand Lizard	<i>Lacerta agilis</i>			✓	✓	✓		
Common Wall Lizard	<i>Podarcis muralis</i>			✓			✓	✓

Butterflies

Common name	Scientific name	May 2025						
		15	16	17	18	19	20	21
Common Swallowtail	<i>Papilio machaon</i>		✓		✓			
Scarce Swallowtail	<i>Iphiclides podalirius</i>		✓	✓	✓			✓
Spanish Festoon	<i>Zerynthia rumina</i>				✓			
Large White	<i>Pieris brassicae</i>			✓				
Green-veined White	<i>Pieris napi</i>		✓			✓		
Common Orange-tip	<i>Anthocharis cardamines</i>		✓	✓	✓	✓		✓
Clouded Yellow	<i>Colias croceus</i>		✓			✓		✓
Berger's Clouded Yellow	<i>Colias alfacariensis</i>		✓	✓				
Common Brimstone	<i>Gonepteryx rhamni</i>		✓	✓	✓	✓		✓
Cleopatra	<i>Gonepteryx cleopatra</i>				✓			
Wood White	<i>Leptidea sinapis</i>		✓	✓	✓	✓		✓
Green Hairstreak	<i>Callophrys rubi</i>		✓	✓	✓	✓		
Chapman's Green Hairstreak	<i>Callophrys avis</i>		2					
Small Copper	<i>Lycaena phlaeas</i>		✓	✓		✓		
Sooty Copper	<i>Lycaena tityrus</i>					✓		
Little Blue	<i>Cupido minimus</i>		✓	✓		✓		✓
Green-underside Blue	<i>Glaucopsyche alexis</i>				✓			✓
Black-eyed Blue	<i>Glaucopsyche melanops</i>		✓					
Chequered Blue	<i>Scolitantides orion</i>							✓
Brown Argus	<i>Aricia agestis</i>		✓	✓	✓	✓		✓
Escher's Blue	<i>Polyommatus escheri</i>							✓
Adonis Blue	<i>Lysandra bellargus</i>					✓		✓
Common Blue	<i>Polyommatus icarus</i>	✓			✓	✓		✓
Duke of Burgundy	<i>Hamearis lucina</i>			✓				✓
Red Admiral	<i>Vanessa atalanta</i>				✓			
Painted Lady	<i>Vanessa cardui</i>		✓	✓	✓	✓	✓	✓
Weaver's Fritillary	<i>Clossiana dia</i>		✓					
Glanville Fritillary	<i>Melitaea cinxia</i>					✓		
Knapweed Fritillary	<i>Melitaea phoebe</i>		✓	✓	✓	✓		✓
Heath Fritillary	<i>Melitaea athalia</i>		✓	✓	✓	✓	✓	✓
Meadow Fritillary	<i>Melitaea parthenoides</i>			✓	✓			
Small Heath	<i>Coenonympha pamphilus</i>			✓		✓		✓
Wall Brown	<i>Lasiommata megera</i>			✓		✓	✓	✓
Common Grizzled Skipper	<i>Pyrgus malvae</i>		✓	✓		✓		✓
Red-underwing Skipper	<i>Spialia sertorius</i>					✓		
Dingy Skipper	<i>Erynnis tages</i>		✓	✓	✓			

Moths

Common name	Scientific name	May 2025						
		15	16	17	18	19	20	21
Chimney Sweeper	<i>Odezia atrata</i>					✓		
Latticed Heath	<i>Chiasma clathrata</i>		✓					✓
Speckled Yellow	<i>Pseudopanthera maculina</i>						✓	
Common Heath	<i>Ematurga atomaria</i>			✓				
Mother Shipton	<i>Callistege mi</i>			✓	✓			✓
Common Emerald	<i>Hemithea aestivaria</i>		✓					

Other invertebrates

Common name	Scientific name	May 2025						
		15	16	17	18	19	20	21
Moroccan Locust	<i>Dociostaurus maroccanus</i>			✓				
Gendarme Bug	<i>Pyrrhocoris apterus</i>					✓		
Sulphur Owl-fly	<i>Libelloides coccajus</i>	✓		✓				

Plants

Common name	Scientific name	Day
* = endemic		
PTERIDOPHYTES	FERNS & ALLIES	
Adiantaceae	Maidenhair fern Family	
<i>Adiantum capillus-veneris</i>	Maidenhair Fern	7
Aspleniaceae	Spleenwort Family	
<i>Asplenium adiantum-nigrum</i>	Black Spleenwort	1
<i>Asplenium ruta-muraria</i>	Wall Rue	6
<i>Asplenium septentrionale</i>	Forked Spleenwort	5
<i>Ceterach officinarum</i>	Rusty-back	1
Dennstaedtiaceae	Bracken Family	
<i>Pteridium aquilinum</i>	Bracken	1
Dryopteridaceae	Buckler Fern Family	
<i>Dryopteris affinis</i> agg.	Golden Scaly Male Fern	3
Polypodiaceae	Polypody Family	
<i>Polypodium vulgare</i>	Common Polypody	7
Woodsiaceae	Lady Fern Family	
<i>Cystopteris fragilis</i>	Brittle Bladder Fern	3
<i>Cryptogramma crispa</i>	Parley Fern	7
PINOPSIDA (Gymnosperms)	CONIFERS	
Cupressaceae	Juniper Family	
<i>Juniperus oxycedrus</i>	Prickly Juniper	2
Pinaceae	Pine Family	
<i>Pinus nigra</i> subsp. <i>salzmanii</i>	Black Pine	2
<i>Pinus sylvestris</i>	Scots Pine	3
<i>Pinus uncinata</i>	Mountain Pine	6
Taxaceae	Yew Family	
<i>Taxus baccata</i>	Yew	2
MAGNOLIOPSIDA (Angiosperms)	FLOWERING PLANTS	
Magnoliidae (Dicotyledons)		
Aceraceae	Maple Family	
<i>Acer campestre</i>	Field Maple	3
<i>Acer monspessulanum</i>	Montpellier Maple	1
<i>Acer pseudoplatanus</i>	Sycamore	2
Apiaceae	Carrot Family	
<i>Anthriscus cerefolium</i>	A cow parsley	7
<i>Anthriscus sylvestris</i>	Cow Parsley	2
<i>Conopodium majus</i>	Pignut	5
<i>Eryngium campestre</i>	Field Eryngo	2
<i>Isatis tinctora</i>	Woad	7
<i>Laserpitium gallicum</i>	A Sermountain	4

Common name	Scientific name	Day
* = endemic		
<i>Molopospermum peloponnesiacum</i>	Molopospermum (Molly)	5
<i>Sanicula europaea</i>	Sanicle	7
<i>Scandix pecten-veneris</i>	Shepherd's Needle	2
<i>Trinia glauca</i>	Honewort	2
Araliaceae	Ivy Family	
<i>Hedera helix</i>	Ivy	1
Aristolochiaceae	Birthwort Family	
<i>Aristolochia clematitis</i>	Birthwort	7
Asclepiadaceae	Milkweed Family	
<i>Vincetoxicum hirundinaria</i>	Swallow-wort	2
Asteraceae	Daisy Family	
<i>Achillea millefolium</i>	Yarrow	5
<i>Antennaria dioica</i>	Cat's Foot	5
<i>Aster alpinus</i> subsp. <i>cevennensis</i> *	Alpine Aster	2
<i>Bellis perennis</i>	Daisy	2
<i>Carlina acanthifolia</i>	Acanthus-leaved C. Thistle	2
<i>Centaurea cyanus</i>	Cornflower	5
<i>Cirsium eriophorum</i>	Wooly thistle	5
<i>Cirsium palustris</i>	Marsh Thistle	5
<i>Hieracium maculatum</i>	Noble Hawkweed	2
<i>Hieracium murorum</i>	Wood Hawkweed	2
<i>Hieracium pilosella</i>	Mouse-ear Hawkweed	6
<i>Lactuca perennis</i>	Blue Lettuce	7
<i>Lapsana communis</i>	Nipplewort	1
<i>Leucanthemopsis alpina</i>	Alpine Moon Daisy	6
<i>Leucanthemopsisircutianum</i>		4
<i>Leucanthemum monspeliense</i>	-	7
<i>Scorzonera pourpurea</i>	Purple VipersGrass	3
<i>Tragopogon hybridum</i>	-	2
<i>Tragopogon porrifolius</i>	Salsify	5
<i>Tragopogon pratensis</i>	Goatsbeard	5
<i>Tussilago farfara</i>	Coltsfoot	5
<i>Urospermum dalechampei</i>	-	1
Balsaminaceae	Balsam Family	
<i>Impatiens glandulifera</i>	Himalayan Balsam	7
Betulaceae	Birch Family	
<i>Alnus glutinosa</i>	Alder	7
<i>Betula pendula</i>	Common Birch	2
<i>Corylus avellana</i>	Hazel	2
Boraginaceae	Borage Family	
<i>Anchusa arvensis</i>	Bugloss	3
<i>Echium vulgare</i>	Vipers Bugloss	1
<i>Myosotis arvensis</i>	Field Forget-me-not	2
<i>Myosotis ramosissima</i>	Early Forget-me-not	2
<i>Onosma fastigiatum</i>	Golden Drops	4
Brassicaceae	Cabbage Family	
<i>Aethionema saxatile</i>	Burnt Candytuft	7
<i>Arabis collina</i>	Rosy Cress	7
<i>Arabis glabra</i>	Tower Mustard	3

Common name	Scientific name	Day
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<i>Arabis hirsuta</i>	Hairy Rock-cress	2
<i>Arabis turrita</i>	Tower Cress	7
<i>Barbarea intermedia</i>	Intermediate Winter-cress	5
<i>Barbarea orthoceras</i>	American rocket	5
<i>Biscutella laevigata</i>	Buckler Mustard	2
<i>Capsella bursa-pastoris</i>	Shepherd's Purse	4
<i>Cardamine raphanifolia</i>		5
<i>Isatis tinctoria</i>	Woad	4
<i>Kernera saxatilis</i>	Kernera	6
<i>Lepidium draba</i>	Hoary Cress	3
<i>Lunaria annua</i>	Honesty	5
<i>Teesdalia nudicaulis</i>	Shepherd's-cress	5
<i>Thlaspi arvense</i>	Field Penny-cress	2
<i>Thlaspi caerulescens</i>	Alpine Penny-cress	5
<i>Thlaspi perfoliatum</i>	Perfoliate Penny-cress	7
Buxaceae	Box Family	
<i>Buxus sempervirens</i>	Box	
Campanulaceae	Bellflower Family	
<i>Legousia hybrida</i>	Cvenus looking Glass	2
Cannabaceae	Hop Family	
<i>Humulus lupulus</i>	Hop	7
Caprifoliaceae	Honeysuckle Family	
<i>Lonicera periclymenum</i>	Honeysuckle	7
<i>Lonicera xylosteum</i>	Fly Honeysuckle	3
<i>Sambucus nigra</i>	Elder	7
<i>Viburnum lantana</i>	Wayfaring Tree	6
Caryophyllaceae	Pink Family	
<i>Cerastium alpinum</i>	Alpine mouse ear	5
<i>Cerastium fontanum</i>	Common Mouse-ear	3
<i>Cerastium tormentosum</i>	Snow in Summer	2
<i>Dianthus deltoides</i>	Maiden Pink	6
<i>Lychnis flos-cuculi</i>	Ragged Robin	3
<i>Minuartia rostrata</i>		6
<i>Saponaria ocymoides</i>	Rock Soapwort	3
<i>Scleranthus perennis</i>	Perennial Knawel	5
<i>Silene conica</i>	Sand Catchfly	2
<i>Silene italica</i>	Italian Catchfly	3
<i>Silene latifolia</i>	White Campion	1
<i>Silene nutans</i>	Nottingham Catchfly	1
<i>Silene vulgaris</i>	Bladder Campion	5
<i>Spergularia rubra</i>	Sand Spurrey	5
<i>Stellaria holostea</i>	Greater Stitchwort	3
<i>Viscaria vulgaris</i>	Clammy campion	5
Celastraceae	Spindle Family	
<i>Euonymus europaeus</i>	Spindle Tree	1
Cistaceae	Cistus Family	
<i>Cistus salvifolius</i>	Sage-leaved Cistus	
<i>Fumana procumbens</i>	Fumana	
<i>Helianthemum apenninum</i>	White Rockrose	2

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<i>Helianthemum nummularium</i>	Common Rockrose	2
<i>H. oelandicum</i> subsp. <i>canum</i>	Hoary Rockrose	2
Clusiaceae	St John's-wort Family	
<i>Hypericum perforatum</i>	Perforate St John'swort	7
Convolvulaceae	Bindweed family	
<i>Convolvulus arvensis</i>	Field Bindweed	7
<i>Convolvulus cantabrica</i>	Pink Convolvulus	7
Cornaceae	Dogwood Family	
<i>Cornus sanguinea</i>	Common Dogwood	7
Crassulaceae	Stonecrop Family	
<i>Petrosedum ochroleucum</i>	European stonecrop	6
<i>Sedum album</i>	White Stonecrop	2
<i>Sedum dasyphyllum</i>	Thick-leaved Stonecrop	7
<i>Sedum telephium</i>	Orpine	1
<i>Umbilicus rupestris</i>	Wall Pennywort	1
Cucurbitaceae	White Bryony Family	
<i>Bryonia cretica</i>	White Bryony	3
Dipsacaceae	Scabious Family	
<i>Dipsacus fullonum</i>	Teasel	2
<i>Knautia arvensis</i>	Field Scabious	1
Ericaceae	Heather Family	
<i>Arctostaphylos uva-ursi</i>	Bearberry	2
<i>Calluna vulgaris</i>	Ling	1
<i>Moneses uniflora</i>	One flowered Wintergreen	7
<i>Orthilia secunda</i>	Serrated wintergreen	7
<i>Pyrola chlorantha</i>	Green Flowered Wintergreen	7
<i>Pyrola minor</i>	Common Wintergreen	7
<i>Vaccinium myrtillus</i>	Bilberry	5
<i>vaccinium vitis idaea</i>	Cow Berry	5
Euphorbiaceae	Spurge Family	
<i>Euphorbia amygdaloides</i>	Wood Spurge	7
<i>Euphorbia cyparissias</i>	Cyprus Spurge	1
<i>Euphorbia helioscopia</i>	Sun Spurge	4
<i>Euphorbia lathyris</i>	Caper Spurge	5
<i>Euphorbia seguieriana</i>	Seguier's Spurge	4
Fabaceae	Pea Family	
<i>Anthyllis montana</i>	Mountain Kidney Vetch	4
<i>Anthyllis vulneraria</i>	Kidney Vetch	2
<i>Astragalus monspessulanus</i>	False Vetch	2
<i>Coronilla minima</i>	Small Senna	4
<i>Cytisophyllum sessilifolius</i>	Sessile Broom	6
<i>Cytisus purgens</i>	Pyrenean Broom	1
<i>Cytisus scoparius</i>	Common Broom	1
<i>Genista hispanica</i>	Spanish Gorse	2
<i>Genista pilosa</i>	Hairy Greenweed	2
<i>Hippocrepis comosa</i>	Horse-shoe Vetch	1
<i>Hippocrepis emerus</i>	Scorpion Vetch	7
<i>Laburnum anagyroides</i>	Laburnum	2
<i>Lathyrus alphaca</i>	Yellow vetchling	7

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<i>Lathyrus pannonicus</i>	Felted vetch	2
<i>Lotus corniculatus</i>	Bird's-foot Trefoil	1
<i>Lotus maritima</i>	Asparagus Trefoil	6
<i>Medicago arabica</i>	Spotted Medick	1
<i>Melilotus officinalis</i>	Common Melilot	1
<i>Onobrychis arenaria</i>	A Sangfoin	5
<i>Robinia pseudacacia</i>	Robinia	1
<i>Trifolium campestre</i>	Hop Trefoil	1
<i>Trifolium dubium</i>	Lesser Trefoil	2
<i>Trifolium incarnatum subsp. molinerii</i>	Crimson Clover	2
<i>Trifolium pratense</i>	Red Clover	3
<i>Trifolium repens</i>	White Clover	1
<i>Vicia sativa subsp. sativa</i>	Fodder Vetch	1
<i>Vicia sativa subsp. segetalis</i>	Common Vetch	2
<i>Vicia tetraspermum</i>	Smooth Tare	1
Fagaceae	Beech Family	
<i>Castanea sativa</i>	Sweet Chestnut	1
<i>Fagus sylvatica</i>	Beech	2
<i>Quercus cerris</i>	Turkey Oak	7
<i>Quercus ilex</i>	Holm/Evergreen Oak	7
<i>Quercus pubescens</i>	Downy Oak	1
<i>Quercus robur</i>	Common Oak	3
Fumariaceae	Fumitory Family	
<i>Fumaria muralis subsp. boraei</i>	Common Ramping Fumitory	1
Gentianaceae	Gentian Family	
<i>Gentiana clusii subsp. costei</i>	Cevennes Gentian	2
<i>Gentiana cruciata</i>	Crossleaved Gentian	3
<i>Gentiana lutea</i>	Great Yellow Gentian	2
Geraniaceae	Geranium Family	
<i>Erodium cicutarium</i>	Common Storksbill	2
<i>Geranium lucidum</i>	Shining Cranesbill	2
<i>Geranium molle</i>	Dove's-foot Cranesbill	2
<i>Geranium nodosum</i>	Knotted Crane's-bill	7
<i>Geranium pyrenaicum</i>	Hedgerow Crane's-bill	1
<i>Geranium purpureum</i>	Little Robin	1
<i>Geranium robertianum</i>	Herb Robert	3
Globulariaceae	Globularia Family	
<i>Globularia punctata</i>	Common Globularia	2
Grossulariaceae	Gooseberry Family	
<i>Ribes alpinus</i>	Mountain Currant	3
<i>Ribes uva-crispa</i>	Wild Gooseberry	7
Juglandaceae	Walnut Family	
<i>Juglans regia</i>	Walnut	1
Lamiaceae	Dead-nettle Family	
<i>Ajuga chamaepitys</i>	Ground Pine	7
<i>Ajuga genevensis</i>	Blue Bugle	2
<i>Asarina procumbens</i>	Creeping Snapdragon	7
<i>Clinopodium acinos</i>	Basil Thyme	4
<i>Lamium galeobdolon</i>	Yellow Archangel	7

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<i>Lamium album</i>	White Dead-nettle	5
<i>Lamium maculatum</i>	Spotted Dead-nettle	4
<i>Lamium purpureum</i>	Red Dead-nettle	2
<i>Lavandula angustifolia</i>	Narrow-leaved Lavender	2
<i>Melittis melissophyllum</i>	Bastard Balm	4
<i>Salvia pratensis</i>	Meadow Clary	1
<i>Salvia verticillata</i>	Whorled Clary	2
<i>Stachys recta</i>	Yellow Woundwort	4
<i>Teucrium aureum</i>		2
<i>Teucrium scorodonia</i>	Wood Sage	5
<i>Thymus serpyllum</i>	Creeping Thyme	3
<i>Thymus vulgaris</i>	Thyme	3
Linaceae	Flax Family	
<i>Linum campanulatum</i>	Yellow Flax	2
<i>Linum narbonense</i>	A Blue Flax	4
<i>Linum suffruticosum</i>	Pyrenean Flax	2
Malvaceae	Mallow Family	
<i>Malva sylvestris</i>	Common Mallow	7
Moraceae	Fig Family	
<i>Ficus carica</i>	Fig	7
Oleaceae	Olive Family	
<i>Fraxinus excelsior</i>	Ash	2
<i>Fraxinus ornus</i>	Manna ash	2
<i>Jasminum fruticans</i>	Wild Jasmine	7
<i>Ligustrum vulgare</i>	Privet	7
Orobanchaceae	Broomrape Family	
<i>Orobanche rapum genistae</i>	Greater Broomrape	5
Oxalidaceae	Wood Sorrel Family	
<i>Oxalis acetosella</i>	Wood Sorrel	
Papaveraceae	Poppy Family	
<i>Chelidonium majus</i>	Greater Celandine	1
<i>Papaver rhoeas</i>	Corn Poppy	1
Plantaginaceae	Plantain Family	
<i>Chaenorhinum origanifolium</i>	Malling toadflax	6
<i>Plantago aurea</i>	Silver Plantain	4
<i>Plantago holostium</i>	-	5
<i>Plantago lanceolata</i>	Ribwort plantain	3
<i>Plantago major</i>	Great Plantain	3
<i>Plantago media</i>	Hoary Plantain	3
<i>Plantago sempervirens</i>	Branched Plantain	4
Platanaceae	Plane Family	
<i>Platanus x hybrida</i>	London Plane	1
Plumbaginaceae	Thrift Family	
<i>Armeria arenaria</i>	Jersey Thrift	3
Polygalaceae	Milkwort Family	
<i>Polygala nicaeensis</i>	Nice Milkwort	3
<i>Polygala vulgaris</i>	Common Milkwort	2
Polygonaceae	Knotweed Family	
<i>Rumex acetosa</i>	Sorrel	5

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<i>Rumex acetosella</i>	Sheep's Sorrel	2
<i>Rumex scutatus</i>	French Sorrel	3
Primulaceae	Primrose Family	
<i>Primula veris</i>	Cowslip	2
Ranunculaceae	Buttercup Family	
<i>Adonis annua</i>	Pheasant's Eye	2
<i>Adonis vernalis</i>	Yellow Pheasant's Eye	4
<i>Anemone nemorosa</i>	Wood Anemone	2
<i>Aquilegia vulgaris</i>	Columbine	2
<i>Caltha palustris</i>	Marsh Marigold	5
<i>Clematis vitalba</i>	Old Man's Beard	3
<i>Helleborus foetidus</i>	Stinking Helleore	2
<i>Hepatica nobilis</i>	Hepatica	2
<i>Pulsatilla rubra</i> subsp. <i>rubra</i> *	Cevennes Pasque Flower	2
<i>Pulsatilla vulgaris</i>	Pasque Flower	3
<i>Ranunculus acris</i>	Meadow Buttercup	5
<i>Ranunculus bulbosus</i>	Bulbous Buttercup	1
<i>Ranunculus gramineus</i>	Grass-leaved Buttercup	5
<i>ranunculus montanus</i>	Mountain Buttercup	5
Resedaceae	Mignonette family	
<i>Reseda jacquinii</i>	Jaquin's Mignonette	5
<i>Reseda lutea</i>	Wild Mignonette	6
<i>Sesamoides clusii</i>	Sesamoides	5
Rosaceae	Rose Family	
<i>Alchemilla alpina</i>	Alpine lady's-mantle	5
<i>Amelanchier ovalis</i>	Amelanchier	2
<i>Crataegus monogyna</i>	Hawthorn	2
<i>Frageria haut bois</i>		1
<i>Frageria vesca</i>	Wild Strawberry	2
<i>Geum urbanum</i>	Heb Bennet	3
<i>Potentilla aurea</i>	Golden Cinquefoil	7
<i>Potentilla argentea</i>	Hoary Cinquefoil	7
<i>Potentilla caulescens</i> subsp. <i>cevennensis</i> *	Cevennes Cinquefoil	6
<i>Potentilla hirta</i>	Hairy Cinquefoil	6
<i>Potentilla reptans</i>	Creeping Cinquefoil	2
<i>Prunus avium</i>	Wild Cherry	3
<i>Prunus spinosa</i>	Blackthorn	3
<i>Rosa canina</i>	Dog Rose	1
<i>Rubus idaeus</i>	Raspberry	5
<i>Sanguisorba minor</i>	Salad Burnet	2
<i>Sorbus aria</i>	Whitebeam	2
<i>Sorbus aucuparia</i>	Mountain Ash	2
Rubiaceae	Bedstraw family	
<i>Cruciata laevipes</i>	Crosswort	3
<i>Gallium albus</i>	White bedstraw	5
<i>Galium anisophyllum</i>	A Bedstraw	6
<i>Galium lucidum</i>	Shining Bedstraw	7
<i>Galium pumilum</i>	Slender Bedstraw	3
<i>Gallium rotundifolium</i>	Round Leaved Bedstraw	7

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<i>Rubia peregrina</i>	Wild Madder	6
<i>Sherardia arvensis</i>	Field Madder	2
Salicaceae	Willow Family	
<i>Populus alba</i>	White Poplar	7
<i>Populus nigra</i> agg.	Black Poplar	7
<i>Populus tremula</i>	Aspen	5
<i>Salix caprea</i>	Goat Willow	5
<i>Salix cinerea</i>	Grey Willow	7
Saxifragaceae	Saxifrage Family	
<i>Chrysosplenium oppositifolium</i>	Golden Saxifrage	5
<i>Saxifraga cevennensis</i> *	Cevennes Saxifrage	7
<i>Saxifraga granulata</i>	Meadow Saxifrage	3
<i>Saxifraga longifolia</i>	Long leaved Saxifrage	7
<i>Saxifraga tridactylites</i>	Rue-leaved Saxifrage	3
Scrophulariaceae	Figwort Family	
<i>Anarrhinum bellidifolium</i>	Daisy-leaved Toadflax	1
<i>Antirrhinum majus</i>	Large Snapdragon	7
<i>Asarina procumbens</i>	Creeping Snapdragon	7
<i>Cymbalaria muralis</i>	Ivy-leaved Toadflax	1
<i>Digitalis purpurea</i>	Foxglove	2
<i>Erinus alpinus</i>	Fairy Foxglove	4
<i>Linaria vulgaris</i>	Common Toadflax	7
<i>Parentucellia latifolia</i>	Southern Bartsia	3
<i>Pedicularis comosa</i>	Crested Lousewort	2
<i>Rhinanthus minor</i>	Yellow Rattle	2
<i>Verbascum pulverulentum</i>	Hoary Mullien	2
<i>Veronica arvensis</i>	Wall Speedwell	5
<i>Veronica chamaedrys</i>	Germander Speedwell	5
<i>Veronica persica</i>	Common Speedwell	3
<i>Veronica prostrata</i>	Prostrate speedwell	5
<i>Veronica spicata</i>	Spiked Speedwell	2
Solanaceae	Nightshade Family	
<i>Hyoscyamus niger</i>	Henbane	4
Thymelaceae	Daphne Family	
<i>Daphne cneorum</i>	Garland Flower	2
<i>Daphne laureola</i>	Spurge Laurel	2
Tiliaceae	Lime Family	
<i>Tilia cordata</i>	Small-leaved Lime	4
<i>Tilia x europaea</i>	Common Lime	7
<i>Tilia platyphyllos</i>	Large-leaved Lime	7
Urticeae	Nettle Family	
<i>Parietaria judaica</i>	Pellitory-of-the-wall	1
<i>Urtica dioica</i>	Nettle	3
Valerianaceae	Valerian Family	
<i>Centranthus ruber</i>	Red Valerian	
<i>Centranthus calcitrapae</i>	Annual Valerian	
<i>Valeriana angustifolius</i>	Narrow-leaved Valerian	
<i>Valeriana dioica</i> subsp. <i>tuberosa</i>	Marsh Valerian	
<i>Valeriana globulariifolia</i>	Globularia-leaved Valerian	

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<i>Valeriana officianalis</i>	Common Valerian	
<i>Valeriana tripteris</i>	Three-leaved Valerian	
<i>Valeriana tuberosa</i>	Tuberous Valerian	
<i>Valerienella discoidea</i>	Mediterranean Cornsalad	
<i>Valerianella locusta</i>	Corn Salad	
Violaceae	Violet Family	
<i>Viola arvensis</i>	Field Pansy	2
<i>Viola canina</i>	Heath Dog Violet	2
<i>Viola lutea</i>	Mountain Pansy	5
<i>Viola palustris</i>	Bog Violet	5
<i>Viola tricolor</i> agg.	Heart's-ease	3
Liliidae (Monocotyledons)		
Cyperaceae	Sedge Family	
<i>Carex flacca</i>	Glaucous Sedge	3
Dioscoreaceae	Yam Family	
<i>Tamus communis</i>	Black Bryony	7
Iridaceae	Iris Family	
<i>Iris pseudacorus</i>	Yellow Flag	4
Juncaceae	Rush Family	
<i>Luzula campestris</i>	Field Woodrush	5
Liliaceae	Lily Family	
<i>Allium ursinum</i>	Wild Garlic	7
<i>Anthericum liliago</i>	St Bernard's Lily	4
<i>Aphyllanthes monspeliensis</i>	Blue Aphyllanthes	1
<i>Asphodelus albus</i>	White Asphodel	4
<i>Colchicum autumnale</i>	Autumn Crocus	6
<i>Muscari comosum</i>	Tassel Hyacinth	5
<i>Muscari neglectum</i>	Grape Hyacinth	2
<i>Narcissus pseudonarcissus</i>	Wild Daffodil	4
<i>Narcissus poeticus</i>	Pheasant's Eye Daffodil	3
<i>Ornithogalum angustifolium</i>	Star of Bethlehem	2
<i>Polygonatum multiflorum</i>	Solomon's Seal	2
<i>Ruscus aculeatus</i>	Butcher's Broom	7
<i>Tulipa sylvestris</i> subsp. <i>australis</i>	Wild Tulip	6
<i>Veratrum album</i>	White False Helleborine	4
Orchidaceae	Orchid Family	
<i>Anacamptis pyramidalis</i>	Pyramidal Orchid	4
<i>Cephalanthera damasonium</i>	White Helleborine	7
<i>Cephalanthera longifolia</i>	Sword-leaved Helleborine	2
<i>Coeloglossum viride</i>	Frog Orchid	6
<i>Dactylorhiza fuschii</i>	Common Spotted Orchid	2
<i>Dactylorhiza maculata</i>	Heath Spotted Orchid	2
<i>Dactylorhiza sambucina</i>	Elder-flowered Orchid	3
<i>Himantoglossum hircinum</i>	Lizard Orchid	3
<i>Limodorum abortivum</i>	Violet Bird's-nest Orchid	2
<i>Neottia nidus-avis</i>	Bird's Nest Orchid	2
<i>Neottia ovata</i>	Twayblade	3
<i>Ophrys aymonii</i>	Aymonin's Fly Orchid	2
<i>Ophrys passionis</i>	Passiontide Ophrys	4

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<i>Ophrys sphegodes</i>	Early Spider	3
<i>Orchis anthropophora</i>	Man Orchid	2
<i>Orchis mascula</i>	Early Purple Orchid	2
<i>Orchis militaris</i>	Military Orchid	2
<i>Orchis militaris x purpurea</i>	a hybrid orchid	3
<i>Orchis morio</i>	Green-winged Orchid	3
<i>Orchis purpurea</i>	Lady Orchid	2
<i>Orchis simia</i>	Monkey Orchid	3
<i>Orchis ustulata</i>	Burnt Orchid	2
<i>Plantanthera chlorantha</i>	Greater Butterfly Orchid	3
Poaceae	Grass Family	
<i>Arrhenatherum elatius</i>	False Oat-grass	3
<i>Briza media</i>	Quaking Grass	4
<i>Dactylis glomerata</i>	Cocksfoot	3
<i>Festuca vivipara</i>	Viviparous fescue	2
<i>Hordeum murinum</i>	Wall Barley	3
<i>Poa nemoralis</i>	Wood Meadow-grass	3
<i>Poa trivialis</i>	Rough Meadow-grass	3
<i>Sesleria caerulea</i>	Blue Moor-grass	
<i>Stipa pennata</i>	European Feather Grass	