Wildlife of the Hampshire Downs

Naturetrek Tour Report

16th - 18th June 2023





Buff-tip



Lizard Orchid

Field Cow-wheat

Tour report and images by Matt Eade



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Tour participants: Matt Eade (leader) with six Naturetrek clients

Day 1 Friday 16th June

Matt met the group at the Alton House Hotel, and after a short introduction to our weekend of wildlife watching in Hampshire, we settled down to a fine dinner. Swift service ensured we still had time to venture out for a post-dinner stroll. Nearby to Odiham, we spent a good 45-minutes walking the impressive Wildlife Trust reserve at Greywell. Here, despite the incessant heatwave conditions, the ground was still moist which meant there was a great showing of Southern Marsh Orchids, and also including a hybrid Southern Marsh x Common Spotted Orchid. A delightful Spotted Flycatcher posed proudly atop a tree and a few Common Swifts also flew through. Other notable plants were Marsh Thistle, Water Forget-me-not and Yellow Iris.

It was a pleasantly warm and calm evening, and it was just lovely being out in the field as the light faded. A quick jaunt to the nearby chalk stream only revealed a family of Mallard. It was a short drive back to the accommodation where we called it a day, looking forward to the weekend ahead.

Day 2 Saturday 17th June

After breakfast, Matt picked up the group and drove the short distance to Naturetrek headquarters, where he had set up a moth trap the evening before. Due to the mild, calm, and cloudy conditions, there was a good catch of moths, perhaps the highlights being as follows: Lobster Moth, two Privet Hawkmoths, Green Oak Tortrix, Buff-tip, Buff Ermine, Mocha, many Shoulder-striped Wainscots, Small Magpie and a Peppered Moth – these comprising 26 of the macro species caught.

Afterwards, Matt took the group around the Naturetrek grounds and to areas of land close-by, all within easy walking distance. Meadow Browns were abundant, and we soon found our first Marbled Whites, Large Skippers and Common Blues. A young Raven also posed superbly for all to see, even at very close range. A strip of un-cut meadow held at least 30 Bee Orchids, as well as some Pyramidal Orchids, all while Yellowhammer, Whitethroat and Skylark sang away. A patch of beech woodland produced some cooked White Helleborines, but the pond certainly came up trumps, with memorable views of a perched Emperor Dragonfly; Broad-bodied Chasers and Common Blue, Azure and Blue-tailed Damselflies were also present. A few Smooth Newts and Water Boatmen added to our fantastic morning of wildlife sightings.

Lunch was enjoyed in Selbourne at a local tearooms, before we made our way to Noar Hill, where we spent the remainder of the afternoon. This site, known by many wildlife enthusiasts as being Hampshire's best site for the Duke of Burgundy, is also home to swathes of wild orchids, and we were treated to a spectacular floral display of up to six species, with Chalk Fragrant, Pyramidal and Common Spotted being the most abundant. We were delighted to find many Musk Orchid and Fly Orchid, with the former being at their very best condition. Small Blues were numerous amongst their foodplant (Kidney Vetch), and we also saw a Small Skipper, Dark Green Fritillary, many Marbled Whites, Speckled Woods and Small Heaths. Despite the heat, we were all enjoying being in such a wild place. As we walked uphill, a Firecrest

gave brief views, plus we heard several Bullfinches which remained hidden, and Mark spotted an Orangetip caterpillar!

Due to heat, tired legs, and plans to go and see Nightjars later the same day, we made tracks back to the hotel, arriving just before 5pm, allowing plenty of time for all to freshen up and wind down after a superb day. However, the day had not ended, as after dinner, we drove to Farnham Heath (just over the border into Surrey) and enjoyed a spectacular 45-minutes in the presence of many Nightjars. Churring, wing-clapping and perched views... yet another memorable Nightjar encounter. A Dartford Warbler, a family of Stonechats, and a Lesser Swallow Prominent caterpillar (another mega find by Mark) ended the day in fine fettle.

Day 3

Sunday 18th June

Matt picked everyone up at 9am and ventured down to the outskirts of Portsmouth to a private, yet excellent, botanical site. Matt had kept secret what was on the menu for the morning, but all was unveiled when the tall-standing colony of Lizard Orchids showed themselves. A truly remarkable sighting and certainly one of the highlights of the weekend. Several Bee Orchids, Vipers Bugloss, Yellow Wort, Pincushion Scabious were other botanical highlights. Overhead, a Peregrine gave a sublime flypast and Kestrels were also hovering along the chalk cliffs.

We then had a fortuitous encounter with a Naturetrek leader who was keen to show us the sight for one of the UK's rarest flower – Field Cow-wheat! Only known at two locations (one being the Isle of Wight), this was an opportunity not to miss and we were delighted to find several spikes of this beautifully coloured plant – another fantastic highlight of our morning.

We then made tracks back north, stopping for a lunch and loo break, before heading to Buriton to explore the wonderful Beech forests of the chalk downs. Our first wander had us admiring many Bird's-nest Orchids, which although past their best condition, were still brilliant to see in abundance. It was pleasant to have lunch underneath the canopy in amongst the orchids.

Afterwards, we walked east along the South Downs Way to Coulters Down – a magnificent sight with yet more orchids. The walk was productive for Yellowhammers, a Whitethroat and a lone Greater Butterfly Orchid, but it wasn't until we reached our destination that the butterfly orchids impressed, with many spikes in full bloom located. A few Bee Orchids, many Fragrant and Common Spotted Orchids, and lastly, a few yet to flower Broad-leaved Helleborines were also apparent. Round-headed Rampion (The Pride of Sussex) were in perfect condition, as were the Clustered Bellflowers.

All too soon it was time to make our way back to the van and to sadly head back to the hotel, where the tour ended. It had been a brilliant weekend exploring the many habitats that Hampshire has to offer, all in excellent company and with all going away with many exceptional wildlife highlights!

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Species lists

Birds (H = Heard only)

I=Introduced		June 2023		
Common name	Scientific name	16	17	18
Canada Goose - I	Branta canadensis	✓		
Mallard	Anas platyrhynchos	✓		
Common Pheasant - I	Phasianus colchicus		√	✓
Common Swift	Apus apus	✓	√	✓
Feral Rock Dove	Columba livia			✓
Stock Dove	Columba oenas		√	✓
Common Wood Pigeon	Columba palumbus	✓	√	✓
Eurasian Collared Dove	Streptopelia decaocto		√	✓
Common Moorhen	Gallinula chloropus	✓		
Black-headed Gull	Chroicocephalus ridibundus	✓		✓
Mediterranean Gull	Ichthyaetus melanocephalus			✓
European Herring Gull	Larus argentatus	✓		✓
Lesser Black-backed Gull	Larus fuscus			✓
Grey Heron	Ardea cinerea		√	
Red Kite	Milvus milvus		√	✓
Common Buzzard	Buteo buteo		√	✓
European Nightjar	Caprimulgus europaeus		√	
Great Spotted Woodpecker	Dendrocopos major			✓
Common Kestrel	Falco tinnunculus			✓
Eurasian Jay	Garrulus glandarius		√	
Eurasian Magpie	Pica pica		√	√
Western Jackdaw	Coloeus monedula	✓	√	√
Rook	Corvus frugilegus		√	√
Carrion Crow	Corvus corone	√	√	√

I=Introduced		June 2023		
Common name	Scientific name	16	17	18
Raven	Corvus corax		√	
Eurasian Blue Tit	Cyanistes caeruleus		√	✓
Great Tit	Parus major		√	√
Eurasian Skylark	Alauda arvensis		√	√
Barn Swallow	Hirundo rustica		√	√
Common House Martin	Delichon urbicum	✓	√	√
Long-tailed Tit	Aegithalos caudatus		√	
Willow Warbler	Phylloscopus trochilus		√	
Common Chiffchaff	Phylloscopus collybita		√	✓
Eurasian Blackcap	Sylvia atricapilla		√	✓
Dartford Warbler	Sylvia undata		√	
Common Whitethroat	Curruca communis		✓	✓
Dartford Warbler	Sylvia undata		√	
Common Firecrest	Regulus ignicapilla		√	
Eurasian Wren	Troglodytes troglodytes	✓	✓	✓
Common Starling	Sturnus vulgaris	✓	√	√
Song Thrush	Turdus philomelos	✓	√	✓
Common Blackbird	Turdus merula	✓	√	✓
Spotted Flycatcher	Muscicapa striata	✓		
European Robin	Erithacus rubecula	✓	√	✓
European Stonechat	Saxicola rubicola		√	
House Sparrow	Passer domesticus	✓	√	√
Dunnock	Prunella modularis		√	✓
Grey Wagtail	Motacilla cinerea		✓	
Common Chaffinch	Fringilla coelebs		√	✓
Eurasian Bullfinch	Pyrrhula pyrrhula		√	
European Greenfinch	Chloris chloris		√	
Common Linnet	Linaria cannabina		✓	
European Goldfinch	Carduelis carduelis	✓	✓	✓
Yellowhammer	Emberiza citrinella		√	√

Butterflies

Common name	Scientific name
Brimstone	Gonepteryx rhamni
Dark Green Fritillary	Speyeria aglaja
Small Heath	Coenonympha pamphilus
Meadow Brown	Maniola jurtina
Marbled White	Melanargia galathea
Common Blue	Polyommatus icarus
Small Blue	Cupido minimus
Red Admiral	Vanessa atalanta

Dingy Skipper	Erynnis tages
Large Skipper	Ochlodes sylvanus
Small Skipper	Thymelicus sylvestris

Moths

Green Oak Tortrix

Scorched Wing

Brimstone

Peppered Moth

Privet Hawk Moth

Willow Beauty

Buff Ermine

Buff-tip

Marbled Minor

Light Emerald

Snout

Common Wainscot

Shoulder-striped Wainscot

Heart & Dart

Heart & Club

Large Yellow Underwing

Small Magpie

Flame

Flame Shoulder

Green Pug

Mocha

Blood Vein

Lobster Moth

Rustic Shoulder Knot

Burnished Brass

Dragonflies

Emperor Dragonfly	Anax imperator
Broad-bodied Chaser	Libellula depressa
Common Blue Damselfly	Enallagma cyathigerum
Azure Damselfly	Coenagrion puella
Blue-tailed Damselfly	Ischnura elegans

Flora

Common name	Scientific name
White Helleborine	Cephalanthera damasonium
Broad-leaved Helleborine	Epipactis helleborine
Bird's-nest Orchid	Neottia nidus-avis

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Fly Orchid	Ophrys insectifera
Lizard Orchid	Himantoglossum hircinum
Common Twayblade	Neottia ovata
Greater Butterfly Orchid	Platanthera chlorantha
Musk Orchid	Herminium monorchis
Chalk Fragrant Orchid	Gymnadenia conopsea
Southern Marsh Orchid	Dactylorhiza praetermissa
Common Spotted Orchid	Dactylorhiza fuchsii
Early Purple Orchid	Orchis mascula
Pyramidal Orchid	Anacamptis pyramidalis
Common Bee Orchid	Ophrys apifera
Yellow Iris	Iris pseudacorus
Meadow Buttercup	Ranunculus acris
Common Kidney-vetch	Anthyllis vulneraria
Common Bird's-foot-trefoil	Lotus corniculatus
Common Milkwort	Polygala vulgaris
Blackthorn	Prunus spinosa
Hairy St John's-wort	Hypericum hirsutum
Common Cowslip	Primula veris
Common Viper's-bugloss	Echium vulgare
Field Cow-wheat	Melampyrum arvense
Marsh Thistle	Cirsium palustre
Common Mouse-ear Hawkweed	Pilosella officinarum
Field Scabious	Knautia arvensis