Autumn in the Cairngorms

Naturetrek Tour Report

26th Sept - 2nd October 2021







Red Squirrel



Pine Marten



Below Cairn Gorm

Report compiled by Jessica Turner Images courtesy of Christine Holt



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Summary

The Cairngorm mountains and surrounding areas hold a number of special mammal and bird species, including Red Squirrel, Pine Marten, Crested Tit and Red and Black Grouse, all of which were enjoyed by group members, during our exploration of forest and moorland. Our visits to the coast on the Black Isle and the Moray Firth also gave great spectacles, especially of the Pink-footed Geese. Good company and warm Scottish hospitality contributed to a great week.

Day 1

Sunday 26th September

Travel; Insh Marshes

It was a very warm, sunny but windy day when Jessica collected three of the group from Inverness Airport at midday and two from the railway station at 12.30pm. We left the town and headed south down the A9, seeing a Common Buzzard and marvelling at the magnificent views of the mountains that unfolded before us. We turned off at Kingussie, where we stopped for a comfort break and decided to have our lunch at the picnic tables there. There were lots of families on bicycles completing a 'bikeathon' event.

We then drove the short distance past the remains of the 18th-century Ruthven Barracks and on to Insh Marshes RSPB where we met the other guests on this holiday. From the well-named Lookout hide we saw two Roe Deer, Mallard, Teal and Grey Heron, while the highlight was a ring-tail Hen Harrier which was seen briefly. A Coal Tit was busy on the feeders, and Blue Tit, Great Tit and Chaffinch put in an appearance. The other two hides gave different perspectives, and we added Raven and a skein of Greylag Geese that appeared to be heading for Loch Insh. As we walked, we saw a Robin, while Great Spotted Woodpecker and Goldcrest were heard. There were several different fungi growing under the Silver Birch, including Brown Birch Bolete, Fly Agaric and Pestle Puffball. Buff-tailed Bumblebees were enjoying the flowers of Devil's-bit Scabious, and a Black Darter dragonfly was seen.

As we drove up to Nethy Bridge, those in the minibus saw a group of Red Deer and a Red Squirrel ran across the road. After a light shower, the colours in the evening sunshine were beautiful. We soon arrived at the Nethybridge Hotel, our base for the week. After time to settle in, we met in the lounge, where we were joined by David, our second leader, whose flight had been slightly later. After discussing sightings and plans, we moved to the dining room for and excellent meal, after which we were ready for our beds.

Day 2

Monday 27th September

The Black Isle

The forecast rain appeared overnight, and we woke to a 'dreich' morning of steady rain, but with the promise of a better afternoon. There was no point in rushing so, after a delicious breakfast, we left at 9.30am to head northwards towards the coasts of the Black Isle. We drove steadily, enjoying the woods and villages we passed through. Once over the North Kessock bridge over the Moray Firth, we turned east through Munlochy. We stopped overlooking Munlochy Bay, where a convenient shelter meant most of us could watch from the dry,

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although the rain was lighter than earlier. A flock of Pink-footed Geese were in a stubble field, while down on the mud of the bay we could see Curlews, Oystercatcher and plenty of Common Gulls. Moving on, a Buzzard was sitting in a ploughed field. We stopped in the coastal village of Avoch to use the facilities and scan the shore. Here were Cormorant and Shag side by side, allowing comparison, as well as Grey Heron, Herring, Great Blackbacked and more Common Gulls. A Black-throated Diver was feeding just offshore, and a Slavonian Grebe was spotted. Further out were groups of Razorbills and juvenile Gannets flew by.

We had a brief stop for picnic supplies in Fortrose, where House Sparrows kept us company, before driving down to Chanonry Point, which extends into the Moray Firth and is a good spot from which to see Bottlenose Dolphins. An active collection of diving juvenile Gannets and gulls gave us hope that dolphins might appear but, sadly, none were seen, although the back of a rolling Harbour Seal got the pulses racing for a while! A Harbour Seal just offshore watched us watching plenty of Razorbills and some Guillemots, a handsome Red-breasted Merganser close by, and Turnstones living up to their name on the shingle beach. We had our lunch in the warmth of the minibuses, as the drop of temperature from the previous day was dramatic (about 10°C), watching blue sky appearing from the west. A Sandwich Tern flew past, and a couple of Swallows were feeding in the shelter of the jetty.

In vastly improved weather, we drove over to the Cromarty Firth on the north side of the Black Isle, noting more Swallows and stopping at Udale RSPB, where there was another welcome hide. The rising tide was pushing the birds towards us, and we marvelled at the sheer number and diversity of ducks and waders. Black-tailed Godwits with a group of Dunlin were resting close by, flocks of Redshank were active, as well as Curlew, Wigeon, Teal, Shelduck, Mallard, good numbers of Pink-footed Geese and some Canada Geese. However, our attention was initially drawn by a fine Osprey perched on a large rubber tyre and, in the other direction, a female Peregrine Falcon perched on a rock, both seen well through the telescopes. The highlight of this time though, was when 1000+ Pink-footed Geese appeared from the east in noisy skeins and landed just in front of us, whiffling down on to the declining area of mud – a real spectacle and soundscape! A Whooper Swan also flew in.

Eventually we moved on a short way, passing through Jemimaville and stopping at another small car park. From here we could see good numbers of Slavonian Grebes, the sun catching their white underparts, distant Eider, again the drakes glowing in the sun, more Mergansers, Mute Swans, Greylag Geese and very impressive flocks of Greater Scaup. As we moved on to get better shots of the Scaup, a shower on the far side of the firth produced a brilliant rainbow over the lines of drilling rigs 'stacked' in the firth, awaiting decommissioning. We drove along the coast to the village of Cromarty before we turned for home. The Buzzard (the same bird?) was still sitting in a field, while a Roe Deer, lit by the evening sun, was spotted on the woodland edge near Nethy Bridge.

We arrived back at 6pm, with time to relax before meeting to discuss the day and enjoy another delicious meal. We agreed that it had been an excellent first full day in the field.

Day 3

Tuesday 28th September

Strathdearn

We woke to a very different morning, of bright sun. Our destination today was Strathdeam, the remote and beautiful valley of the upper reaches of the River Findhorn, one of the longest rivers in Scotland, which rises in the heart of the Monadhliath mountains. On the way we saw several Roe Deer and stopped to photograph the historic bridge over the river at Carrbridge, which dates from 1717. It looked beautiful in the morning sun, with the peaty waters of the river below. We took the A9 over Slochd before dropping down to Tomatain at the beginning of the valley, where we stopped to buy picnic makings. A Red Squirrel was seen in the trees by the car park, and Coal Tit and Mistle Thrush showed well.

Moving on, we started on the narrow road up the glen, initially past trees and buildings, with Red Admiral butterflies on a Buddleia in a cottage garden. As the valley opened out before us, we scanned the hills for large birds of prey, and a call came from the back of the minibus that there were two birds to the right, one much larger than the other: the smaller one was a Buzzard, the larger a Golden Eagle. We stopped and looked, but inevitably, another vehicle came up behind and although a layby was close, by the time we reached it, the eagle had disappeared from view. Despite careful scanning, it did not reappear, although we saw more Buzzards and Red Kites, a flock of Mallard and a single Goosander in flight. The wind was now strong, blowing down the glen, and a Common Hawker dragonfly was almost blown into us.

We drove further up, enjoying the dramatic scenery and the light on the hills. Having met a group of birders who had just seen a White-tailed Eagle, we stopped to scan again, but unsuccessfully, as the bird had disappeared. We started looking at the plants, noting the abundant and varying forms of Juniper (*Juniperus communis*), some very prostrate, others with trunks. We also compared Heather (*Calluna vulgaris*) with Bell Heather (*Erica cinerea*), both of which still had a few flowers. Meadow Pipits were flying about.

We stopped at the top car park, near Coignafearn Old Lodge, where the public road ends and from where we walked further up the valley. A Meadow Pipit sat on a wire, showing well. The weather had become showery, but the rain was light and soon blew through. Everything seemed very quiet, apart from Meadow Pipits and a few Chaffinches in the Hoary Birches (Betula pubescens). We noted the orange fruiting stalks of Bog Asphodel (Narthecium ossifragum), the yellow-green rosettes of the insectivorous Common Butterwort (Pincuicula vulgaris), Yarrow and its larger-flowered relative Sneezewort (Achillea millefolium and A. ptarmica), and Cross-leaved Heath (Erica tetralix), among the plants of this nutrient-poor, acidic soil. Scanning a ravine with a scope revealed four large Red Deer stags all resting together. This was quite surprising for this time of year when the rut should be starting, as they were obviously mature, with eight-point antlers each.

We ate our picnics back at the car park, before starting to drive back down the valley. We took the small road towards Farr, up onto the moor, where the wind was even stronger. Here we noted some more of the moorland plants, including Cowberry (*Vaccinium vitis-idaea*) and the primitive Stag's-horn Clubmoss (*Lycopodium clavatum*), and enjoyed another beautiful rainbow. A stop in the relative shelter of the lower valley gave us more Buzzards and Red Kites, a Sparrowhawk, a brief view of Goshawk and some photogenic Red-legged Partridge. A European Hare was seen on the hillside and Siskins were heard in the trees.

After a break for coffee, we then took a minor road along the next stretch of the Findhorn. Here were vast numbers of Pheasant and Red-legged Partridge, obviously bred for shooting, and lots of Rabbits, as well. Four Goosanders were swimming rapidly down the river. Eventually we turned for home, enjoying evening light.

Day 4

Wednesday 29th September

Loch Garten, Loch an Eilein, Cairngorm

This morning was sunny but cold, with frost on the ground. After our 7.30am breakfast, those who needed supplies visited the village shop, and we were ready to leave by 8.45am. We drove the short distance through the Abernethy Forest to Loch Garten (the minibus thermometer showing the air temperature to be 1.5°C - 2°C) and stopped in the main car park. Chaffinches and Coal Tits were visiting the feeders and Great Spotted Woodpecker was in a tree behind. The Coal Tits here are very confiding, and we enjoyed them coming to our hands to feed on seed Jessica had provided. Treecreeper also showed well, and Wren was seen briefly. As we watched the feeders again, a Crested Tit made a couple of visits, giving good views. We then parked in the smaller car park a little further on to walk the Two Lochs Trail which goes along the shore of Loch Garten to Loch Mallachie, through old Scots Pine plantation. On Loch Garten we saw a flock of Goldeneyes, all female and juveniles: they breed here, and we could see their nest boxes on Loch Mallachie. A skein of Greylag Geese flew overhead noisily. We noted the flora, including Bilberry (*Vaccinium myrtillus*) with some berries, Hard Fern (*Blechnum spicant*), Common Polypody (*Polypodium vulgare*), Tormentil (*Potentilla erecta*) in flower and many mosses, plus the range of Fungi, including the striking Yellow Stagshorn, white Angel Wings and Giant Funnel.

We stopped for coffee in Boat of Garten before driving on to Loch an Eilein for our picnic. Those sitting at a picnic bench near the wooded stream were delighted when a Red Squirrel came down for a drink. Sadly, those sitting elsewhere missed this treat. Several feeders near the car park entrance were attracting a variety of tits, although not Crested while we were watching, plus Nuthatch, while Mallard and Pheasant were trying to share in the bounty. The loch was very quiet, although a couple of Goldfinches flew over.

We then drove up to Cairngorm upper car park, at about 640 metres above sea level. It was decidedly chilly here, with a brisk wind, but we enjoyed scanning the range of mountains. Three Ravens flew over, a couple of Pied Wagtails were around the car park and a Kestrel was spotted. A little further down we noted the Reindeer herd, peacefully grazing and resting. We visited Aviemore to top up with fuel, before a final visit to Loch Garten on the way home, but only the Chaffinches were having a late feed.

Day 5

Thursday 30th September

Anagach Woods; Lochindorb; Findhorn Bay; Spey Bay

As forecast, this morning brought rain, but it quickly passed through and had stopped when we set off after breakfast, at 8.30am. We drove up to Grantown, passing several Roe Deer en route. Our first stop was in Anagach Woods, where we found a set of feeders, with very active Coal Tits. A Red Squirrel was seen in the top of a small Scots Pine, and we were able to watch it feeing on the cones. After a while it came down to the nut feeder, where we had excellent views as it fed for some time. Another two Squirrels were seen chasing each other nearby, and one of these then came and chased the first Squirrel round and round the tree, eventually driving it off and coming in its turn to the feeder. We were all delighted to have such good views of these charismatic animals and very many photos were taken! Eventually, we decided to move on to our next destination, with Patricia returning to Nethy Bridge to spend the day painting and walking locally.

The rest of us drove north over Dava Moor, taking the narrow road down to Lochindorb. It was very windy here, but we enjoyed a walk by the loch side, noting Bearberry (Arctostaphylos una-ursi) and Common Wintergreen (Pyrola minor), Common Buzzard and a distant Kestrel. We were hoping for Red Grouse, and David found some droppings as evidence of their presence. The insectivorous Common Sundew (Drosera rotundifolia) was found in a Sphagnum bog. When we returned to the minibuses, Brenda reported seeing five Red Grouse on the slope opposite. We started scanning and one bird was picked up in the scope, in almost full view; we were able to watch it feeding on the heather shoots.

We then drove further north, via a comfort and shopping stop in Forres, to the coast at Findhorn Bay, the other end of the river from Strathdeam. By now it was late morning, about an hour before low tide, but most of the water had drained from the bay, and the birds were very distant. We walked out across the saltmarsh turf in the rather cold wind, seeing large numbers of geese on the far side, but with the light against us and the distance, it was hard to pick up much. A flock of Golden Plover was new for the list. We then drove up to the sand dunes, where we parked and scanned the estuary and the sea. Large numbers of Harbour Seals were hauled out on the sand, juvenile Gannets were diving and resting on the sea, while Sandwich Terns were fishing along the shore and a flock were also resting. Numerous auks, mainly Razorbills, showed well in the bright sun, a small group of Common Scoter flew by and a dark-phase Arctic Skua resting on the sea was a nice surprise, confirming its identity when it harassed a gull. It was quite sheltered here and some of the group had their picnic on the beach. We next moved on to the south side of the bay, enjoying the spectacle of several thousand Pink-footed Geese rising up from a stubble field, disturbed by a farm vehicle. The light was better from the shore here, and we could see Pale-bellied Brent Geese as well as the Pink-feet.

Our final destination of the afternoon was the mouth of the River Spey. We drove east through Elgin and turned up the east side of the river to Spey Bay. It was more exposed here and the sea was rougher. There were large numbers of Gulls, especially Herring, but also Common, Black-headed, Great Black-backed and Lesser Black-backed, resting on the sand, as were a group of Goosanders. Four Whooper Swans were with Mute Swans close by, and scanning revealed a Red-throated Diver. Small birds on the shore included a group of Twite. Sadly, we ran out of time and had to head back to the hotel for dinner.

Day 6 Friday 1st October

Tulloch Moor; Abernethy Forest; Loch Garten; Inshriach

For our final full day, most of the group were up before dawn, leaving the hotel at 6.30am. We drove for about 15 minutes, seeing a couple of Red Deer hinds. As we parked, we could hear Robin, Wren, Chaffinch and Meadow Pipit waking up, and it was getting lighter. It was very cloudy and rather misty, due to the overnight rain and low temperatures. We walked for about a mile to reach our destination, from where we could look over an area of tussocky grass about 250 metres away. This is a known autumn lek for Black Grouse. Unfortunately, the light was poor, and the mist was hanging in the basin, but it gradually lifted to reveal a single head of a bird and then another, fully visible but hunkered down and not moving. After a few minutes it began to rain and the birds flew, revealing a third bird as they disappeared behind a hill. It was very atmospheric hearing Red Deer roaring in the rut, but the rain made us decide that we, as well as the birds would be on our way, so we headed back for a warming breakfast.

We gathered again at 10am to walk up the River Nethy from the hotel. One Dipper was glimpsed very briefly as it flew downstream, but we didn't see it again. However, two of the group on their own today, had excellent views a bit later. The rest of us had some nice views of Siskins in the top of an Alder (*Alnus glutinosa*) tree in the morning sun. We walked back through the forest, but there was little bird activity among the plantation Scots Pines (*Pinus sylvestris*), other than a few Coal Tits and Chaffinches.

We moved on to Loch Garten for our picnic, where the feeders were buzzing, mainly with Coal Tits but also other tits and Chaffinches, while a flock of Long-tailed Tits showed well overhead. No Crested Tits visited while we were there, and a visit to the forest near Boat of Garten also failed to provide any further sightings. In view of our early dinner and evening to come, we then returned to the hotel.

We left again at 5.50pm to drive to Inshriach, on the site of the old Alpine Nursery. Speyside Wildlife run a wildlife hide here, particularly to allow views of Pine Marten. We met Eve, our guide, who explained about the set up and what we might hope to see. Peanuts and peanut butter (homemade so sugar- and salt-free) were scattered and smeared on various logs and tree trunks, with peanuts and sultanas on two raised wooden tables connected by thin branches. We were in the old café building with large windows and outside lighting. Almost immediately a couple of Wood Mice appeared, to take advantage of the riches. At about 7.15pm a Badger joined the scene, soon followed by another, until seven were feasting, some going straight for the peanut butter, others foraging for nuts. Eve explained the biology and family structure of these animals and helped us to recognise the individuals, boars and sows: the whole clan was present. We watched them feeding and later two of the young boars fighting together. They had all moved on after about an hour and we continued to watch and wait. At about 8.45pm, just as we were wondering if we would see anything more, a young female Pine Marten appeared, recognisable by the single brown spot in the middle of her yellowish throat. She relished the food, giving fantastic views. She started to run along the connecting branch to the other feeding station but appeared to wobble, staring at the ground, maybe because was a bit frightened by her shadow. Anyway, she then retreated, leaving us delighted with our views and many photos. As we were leaving, she reappeared briefly. It was a fantastic end to the day! On the way home a Barn Owl was seen on a post by the road.

Day 7

Saturday 2nd October

Uath Lochans; Insh Marshes; departure

Our final day had arrived. After our 7.30am breakfast, those of the group with long drives set off south. The rest of us left at 9am to visit the Uath Lochans in Glen Feshie. We passed a Buzzard en route before we took the narrow road up the glen. We parked and started the walk round the collection of four lochans, with tit parties and Chaffinches high in the Scots Pine (*Pinus sylvestris*), Spruce (*Picea abies*) and Larch (*Larix decidua*) trees. We searched hard for Scottish Crossbill but, despite hearing a call which could well have been one, we failed to locate any birds to confirm it. This species would have to wait for another occasion. Among the now-familiar understorey of Bilberry (*Vaccinium myrtillus*), Cowberry (*Vaccinium vitis-idaea*) and Male-fern (*Dryopteris filix-mas*), we noted a patch of Oak Fern (*Gymnocarpium dryopteris*), with much smaller, triangular fronds. The path led across a broadwalk between the lochans, and we were surprised to see White Water-lily (*Nymphaea alba*) still in flower. A solitary Mallard was the only waterbird. Unsure of the time needed for the whole loop, we decided to retrace our steps, to allow time to visit Insh Marshes again. A Grey Wagtail in the car park was the only one of the trip.

The marshes were very quiet, but we could see a Roe Deer with two fawns, a flock of Greylag Geese by the river, Mallard and a couple of Teal. A large flock of Starlings flew across, and there were a couple of distant Buzzards. We said goodbye to the other drivers and the rest of us had our picnic before heading back to the hotel to collect our bags. We said goodbye to David, and Jessica drove the remaining four to their hotel near Inverness Cathedral and our final guest to the airport, via stubble fields full of Pink-footed Geese. We all agreed that it had been an excellent week, in good company and with some great sightings and photo opportunities.

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Species Lists

Birds (✓ = recorded but not counted; H = heard only; LO Leader Only)

			September - October						
	Common name	Scientific name	26	27	28	29	30	1	2
1	(Pale-bellied) Brent Goose	Branta bernicla					✓		
2	Canada Goose	Branta canadensis		✓					
3	Greylag Goose	Anser anser	✓	✓		✓	✓	Н	✓
4	Pink-footed Goose	Anser brachyrhynchus		√			✓		✓
5	Mute Swan	Cygnus olor		√			✓		
6	Whooper Swan	Cygnus cygnus		√			✓		
7	Common Shelduck	Tadorna tadorna		√					
8	Eurasian Wigeon	Mareca penelope		√			✓		
9	Mallard	Anas platyrhynchos	✓	√	✓	✓	✓		✓
10	Eurasian Teal	Anas crecca	✓	✓					✓
11	Greater Scaup	Aythya marila		√					
12	Common Eider	Somateria mollissima		√			✓		
13	Common Scoter	Melanitta nigra					✓		
14	Common Goldeneye	Bucephala clangula				✓			
15	Goosander	Mergus merganser			✓		✓		
16	Red-breasted Merganser	Mergus serrator		✓					

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				September - October					
	Common name	Scientific name	26	27	28	29	30	1	2
17	Red Grouse	Lagopus lagopus scotica					✓		
18	Black Grouse	Lyrurus tetrix						✓	
19	Common Pheasant	Ph		✓	✓	✓	✓	✓	✓
20	Dod logged Dortridge	asianus colchicus Alectoris rufa			✓				
20	Red-legged Partridge Rock Dove	Columba livia			•				D
21			✓	✓	/	✓	✓	√	✓
22	Feral Pigeon	Columba livia 'feral'	V	∨	∨	∨	∨ ✓	∨ ✓	∨ ✓
23	Common Wood Pigeon	Columba palumbus	'	V	V	•	∨	∨	V
24	Eurasian Collared Dove	Streptopelia decaocto		∨	•		V	V	V
25	Slavonian Grebe	Podiceps auritus		✓			✓		
26	Eurasian Oystercatcher	Haematopus ostralegus					V		
27	Northern Lapwing	Vanellus vanellus		✓					
28	European Golden Plover	Pluvialis apricaria					√		
29	Eurasian Curlew	Numenius arquata		✓			✓		
30	Black-tailed Godwit	Limosa limosa		✓					
31	Ruddy Turnstone	Arenaria interpres		✓					
32	Dunlin	Calidris alpina		✓			✓		
33	Common Redshank	Tringa totanus		✓			✓		
34	Black-headed Gull	Chroicocephalus ridibundus		✓			✓		
35	Common Gull	Larus canus		✓			✓		✓
36	Great Black-backed Gull	Larus marinus		✓					
37	European Herring Gull	Larus argentatus		✓			✓		✓
38	Lesser Black-backed Gull	Larus fuscus					✓		
39	Sandwich Tern	Thalasseus sandvicensis		✓			✓		
40	Arctic Skua	Stercorarius parasiticus					✓		
41	Common Guillemot	Uria aalge		✓					
42	Razorbill	Alca torda		✓			✓		
43	Red-throated Diver	Gavia stellata					✓		
44	Black-throated Diver	Gavia arctica		✓					
45	Northern Gannet	Morus bassanus		✓			√		
46	Great Cormorant	Phalacrocorax carbo		✓			✓		
47	European Shag	Gulosus aristotelis		✓			√		
48	Grey Heron	Ardea cinerea	✓	✓	✓		✓	✓	
49	Western Osprey	Pandion haliaetus		✓					
50	Golden Eagle	Aquila chrysaetos			✓				
51	Eurasian Sparrowhawk	Accipiter nisus			✓	✓	✓		
52	Northern Goshawk	Accipiter gentilis			✓				
53	Hen Harrier	Circus cyaneus	✓						
54	Red Kite	Milvus milvus			✓				
55	Common Buzzard	Buteo buteo	/	✓	✓	✓	✓	√	✓
56	Western Barn Owl	Tyto alba						✓	
57	Tawny Owl	Strix aluco					LO		
	,						Н		
58	Great Spotted Woodpecker	Dendrocopos major	Н			√	Н	Н	
59	Common Kestrel	Falco tinnunculus			✓	√	✓		
60	Peregrine Falcon	Falco peregrinus		✓					
61	Eurasian Magpie	Pica pica			✓		✓		

			September - October						
	Common name	Scientific name	26	27	28	29	30	1	2
62	Western Jackdaw	Coloeus monedula	✓	✓	✓	✓	✓	✓	✓
63	Rook	Corvus frugilegus	✓	✓	✓	✓	✓	✓	✓
64	Carrion Crow	Corvus corone	✓	✓	✓	✓	✓	✓	✓
65	Hooded Crow	Corvus cornix		✓			✓		
66	Hybrid Crow	Corvus corone x cornix					✓		
67	Northern Raven	Corvus corax	✓			✓		✓	
68	Coal Tit	Periparus ater	✓		✓	✓	✓	✓	✓
69	European Crested Tit	Lophophanes cristatus				✓			
70	Eurasian Blue Tit	Cyanistes caeruleus	✓		Н	✓	✓	✓	✓
71	Great Tit	Parus major	✓		✓	✓	✓	✓	✓
72	Barn Swallow	Hirundo rustica		✓	✓				
73	Long-tailed Tit	Aegithalos caudatus						✓	✓
74	Goldcrest	Regulus regulus	✓			✓			
75	Eurasian Wren	Troglodytes troglodytes				✓	✓	✓	✓
76	Eurasian Nuthatch	Sitta europaea				✓			
77	Eurasian Treecreeper	Certhia familiaris				✓		✓	✓
78	Common Starling	Sturnus vulgaris		✓	✓	✓			✓
79	Common Blackbird	Turdus merula	✓	✓	✓	✓	✓	✓	✓
80	Mistle Thrush	Turdus viscivorus			✓				
81	European Robin	Erithacus rubecula	✓	✓	✓	✓	✓	✓	✓
82	Northern Wheatear	Oenanthe oenanthe					✓		
83	White-throated Dipper	Cinclus cinclus						✓	
84	House Sparrow	Passer domesticus	✓	✓	✓	✓	✓	✓	✓
85	Grey Wagtail	Motacilla cinerea							✓
86	Pied Wagtail	Motacilla alba		✓		✓	✓	✓	
87	Meadow Pipit	Anthus pratensis			✓	✓	✓	✓	✓
88	Common Chaffinch	Fringilla coelebs	✓		✓	✓	✓	✓	✓
89	Eurasian Bullfinch	Pyrrhula pyrrhula					✓		
90	European Goldfinch	Carduelis carduelis				✓		✓	
91	Twite	Linaria flavirostris					✓		
92	Eurasian Siskin	Spinus spinus			Н			✓	
93	Yellowhammer	Emberiza citrinella							
94	Common Reed Bunting	Emberiza schoeniclus							
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Our tour checklist follows the names and taxonomy (including species order) of the International Ornithological Congress list of the birds of the world (version 11.2, July 2021) which seems destined to become the global standard in future.

Mammals (✓ = recorded but not counted; S = signs; D = dead)

			September - October						
	Scientific name	Common name	26	27	28	29	30	1	2
1	European Rabbit	Oryctolagus cuniculus		D	✓				
2	European (Brown) Hare	Lepus europaeus			✓				
3	Mountain Hare	Lepus timidus			S				
4	Wood Mouse	Apodemus sylvaticus						✓	

			September - October						
	Scientific name	Common name	26	27	28	29	30	1	2
5	Red Squirrel	Sciurus vulgaris	✓		✓	✓	✓		
6	European Mole	Talpa europaea			S	S			
7	Harbour (Common) Seal	Phoca vitulina		✓			✓		
8	Pine Marten	Martes martes						✓	
9	European Badger	Meles meles						✓	D
10	Roe Deer	Capreolus capreolus	✓	✓	✓		✓	✓	✓
11	Reindeer (feral)	Rangifer tarandus				✓			
12	Red Deer	Cervus elaphus	✓		✓			✓	✓

Invertebrates

1	Common Hawker	Aeshna juncea
2	Hawker sp.	
3	Common Darter	Sympetrum striolatum
4	Black Darter	Sympetrum danae
5	Whirligig Beetle	Gyrinus sp.
6	Common Mosquito	cf. Aedes punctor
7	Red Admiral	Vanessa atalanta
8	Fox Moth	Macrothylacia rubi
9	Red Wood Ant	Formica rufa
10	Buff-tailed Bumblebee	Bombus terrestris
11	Black Slug	Arion ater agg.

Plants

Group/Species	English Name (if any)	Location
PTERIDOPHYTES	FERNS & ALLIES	
Lycopodiaceae	Clubmoss Family	
Lycopodium clavatum	Stag's-horn Clubmoss	Farr Rd, Strathdearn
Leptosporangiate Ferns	True Ferns	,
Blechnaceae	Hard-fern Family	
Blechnum spicant	Hard-fern	Loch Garten
Cystopteridaceae	Bladder-fern Family	
Gymnocarpium dryopteris	Oak Fern	Uath Lochans
Dennstaeditiaceae	Bracken Family	
Pteridium aquilinum	Bracken	Widespread
Dryopteridaceae	Buckler-fern Family	·
Dryopteris filix-mas	Male-fern	Uath Lochans
Polypodiaceae	Polypody Family	
Polypodium vulgare	Common Polypody	Loch Garten
GYMNOSPERMS	CONIFERS	
Cupressaceae	Juniper Family	
Juniperus communis	Common Juniper	Strathdearn
Pinaceae	Pine Family	
Larix decidua	European Larch	Common
Picea abies	Norway Spruce	Common
Picea sitchensis	Sitka Spruce	Common
Pinus sylvestris	Scots Pine	Common

Adoxaceae

Group/Species English Name (if any)
ANGIOSPERMS FLOWERING PLANTS
Pre-Dicots Primitive Dicotyledons

Location

Uath Lochans

Cairngorm car park

Strathdearn

NymphaceaeWater-lily FamilyNymphaea albaWhite Water-lily

Dicots Dicotyledons

Moschatel Family

Sambucus nigraElderNethy BridgeViburnum opulusGuelder RoseInsh Marshes

ApiaceaeCarrot FamilyAngelica sylvestrisWild Angelica

Angelica sylvestrisWild AngelicaNethy BridgeHeracleum sphondyliumHogweedVergesMyrrhis odorataSweet CicelyNethy Bridge

Asteraceae Daisy Family

Achillea millefoliumYarrowStrathdearnAchillea ptarmicaSneezewortStrathdearnAster sp.Michaelmas-daisyBlack IsleBellis perennisDaisyScatteredCirsium vulgareSpear ThistleInsh Marshes

Jacobaea vulgarisCommon RagwortScatteredScorzoneroides autumnalisAutumn HawkbitInsh MarshesTripleurospermum maritimumSea MayweedAvoch, Black IsleTripolium panninicumSea AsterFindhorn Bay (over)

Tussilago farfara Colt's-foot Betulaceae Birch Family

Alnus glutinosa Alder Nethy Bridge
Betula pendula Silver Birch Some plantations
Betula pubescens subsp. tortuosa Downy Birch Widespread

Corylus avellana Hazel

Campanulaceae Bellflower Family

Campanula rotundifolia Harebell Insh Marshes

Caryophyllaceae Pink Family
Silene dioica Red Campion Findhorn Bay

Silene latifolia White Campion Findhorn Bay

Dipsacaceae Teasel Family

Succisa pratensis Devil's-bit Scabious Insh Marshes

Droseraceae Sundew Family

Drosera rotundifolia Common Sundew Lochindorb
Ericaceae Heather Family

Arctostaphylos uva-ursi

Calluna vulgaris

Bearberry

Lochindorb

Moorland

Empetrum nigrum Crowberry Farr Rd, Strathdearn

Erica cinereaBell HeatherMoorlandErica tetralixCross-leaved HeathStrathdearn

Pyrola minorCommon WintergreenLochindorb (leaves)Vaccinium myrtilusBilberryLoch Garten

Vaccinium vitis-idaea Cowberry Loch Garten
Fabaceae Pea Family

Cytisus scopariusBroomInsh MarshesLotus corniculatusBird's-foot TrefoilInsh MarshesUlex europaeusGorseScattered

Fagaceae Beech Family

Fagus sylvatica Beech Family Strathdearn

Lentibulariaceae Bladderwort Family

Pinguicula vulgaris Common Butterwort Strathdearn

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Ranunculus flammula

Ranunculus repens

Group/Species English Name (if any) Location

Bog-myrtle Family

Menyanthaceae Bogbean Family

Menyanthes trifoliata Bogbean Uath Lochans

Myricaceae

Myrica gale Bog-myrtle Loch Garten

Onagraceae Willowherb Family

Chamerion angustifolium Rosebay Willowherb Roadsides

Oxalidaceae Wood-sorrel Family

Oxalis acetosella Wood-sorrel Insh Marshes (leaves)

Plumbaginaceae Thrift Family

Armeria maritima Thrift Findhorn Bay

Primulaceae Primrose Family

Lysimachia (Trientalis) europaea Chickweed Wintergreen Nethy Bridge

Ranunculaceae Buttercup Family

Caltha palustris Marsh-marigold Strathdearn (leaves)
Ranunculus acris Meadow Buttercup Strathdearn

Meadow Buttercup Strathdearn
Lesser Spearwort Strathdearn
Creeping Buttercup Strathdearn

Rosaceae Rose Family

Alchemilla sp.A Lady's-mantleCarrbridge (prob naturalised)Comarum palustreMarsh CinquefoilUath Lochans (leaves)

Crataegus monogynaHawthornRoadsidesPotentilla erectaTormentilStrathdearn

Prunus padusBird CherryNethy BridgeSorbus aucupariaRowanWidespread

Violaceae Violet Family

Viola riviniana Common Dog Violet Insh Marshes (leaves)

Monocots Monocotyledons

Cyperaceae Sedge Family

Eriophorum angustifolium Common Cotton-grass Strathdearn

Nartheciaceae Bog Asphodel Family

Narthecium ossifragum Bog Asphodel Strathdearn

Fungi

Leccinum scabrum	Brown Birch Bolete	Insh Marshes
Leccinum holopus	Ghost Bolete	Insh Marshes
Amanita muscaria	Fly Agaric	Insh Marshes
Lycoperdon excipuliforme	Pestle Puffball	Insh Marshes
Gyroporus cyanescens	Cornflower Bolete	Insh Marshes
Piptoporus betulinus	Birch Polypore	Insh Marshes
Fomes fomentarius	Hoof Fungus	Insh Marshes
Calocera viscosa	Yellow Stagshorn	Loch Garten
Gymnopilus sp.	A Rustgill	Loch Garten
Suillus luteus	Slippery Jack	Loch Garten
Pleurocybella porrigens	Angel's Wings	Loch Garten
Trichoglossum hirsutum	Hairy Earthtongue	Loch Garten
Cantharellus cibarius	Chantarelle	Tulloch Moor



Black-tailed Godwits and Dunlin, Udale Bay

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