Shetland's Wildlife

Naturetrek Tour Report

20th - 28th June 2025



Atlantic Puffin



Edmondston's Chickweed



Northern Gannet



Shetland Wren brood

Tour report by Oliver Smart



Naturetrek Mingledown Barn

Wolf's Lane

Chawton

Alton

Hampshire

GU34 3HJ

UK

T: +44 (0)1962 733051

E: info@naturetrek.co.uk

W: www.naturetrek.co.uk

Tour participants: Oliver Smart (leader) with seven Naturetrek clients

Summary

Situated 180km from the north of mainland Scotland and 225km to the west of Norway, the archipelago of the Shetland Islands is one of the remotest groups of islands in the British Isles. It is also a stunning wildlife hotspot, both during the breeding season and during autumn migration. There are few trees on the islands, yet small copses, a vast coastline, moorland, cliffs, lochs and scrub all provide brilliant habitat for great numbers of interesting species. We made a nine-day tour starting from Aberdeen, staying at Sumburgh Head and Baltasound. We visited six islands, including Mainland, Yell, Unst, Bressay and St Ninian's Isle. We captured some wonderful wildlife sightings, including five Otters, nine Red-necked Phalaropes, Mountain Hare, local bumblebees and many rare plants, notably Edmonston's Chickweed, Norwegian Sandwort and Lesser Twayblade. We also visited huge colonies of Gannets, Guillemots and Puffins, and marvelled at the first species diving in to take fish right alongside our boat.

Day 1 Friday 20th June

Sailing from Aberdeen to Lerwick, Shetland

Our tour started in Aberdeen at the ferry terminal. Coming from all parts of the UK, the group was looking forward to an exciting wildlife adventure in the remote Shetland Islands. The group met in the waiting area and then promptly boarded the MV Hrossey at 5.00pm. We found our pods or cabins where we would be spending the night, and then met for a briefing about the tour.

After dinner, we quickly headed outside as we set sail a quarter before seven, and were quickly into wildlife-spotting mode. We soon noted Herring, Common and Lesser Black-backed Gulls, Oystercatcher, Grey Heron, Eider and a large flock of 31 Red-breasted Mergansers. As we exited the harbour beyond the lighthouse, we caught sight of a pod of approximately thirty Common Bottlenose Dolphins leaping, breaching and having a whale of a time (pun intended).

On the open sea, we started seeing plenty of seabirds, including Kittiwake, Guillemot, Razorbill, Gannet, and best of all several Manx Shearwaters. What a great start to the trip! We'd be seeing plenty more over the coming days, but it's always nice to start well.

Day 2

Saturday 21st June

Loch Spiggie, Sumburgh Head & Grutness

Our overnight sailing was calm, and we arrived on time, collected our hire vehicle and headed straight to Loch Spiggie via the local supermarket, for lunch. The skies were cloudy, but sun was expected later. The moderate wind was cool, taking off any warmth in the air.

We parked up near the RSPB hide and almost as soon as we got out, our leader spotted a wader flying along the edge of the loch. As soon as it got alongside us it turned out to be a Red-necked Phalarope! We watched it disappear

and tried to relocate it, but it had gone into cover. We enjoyed watching several Red-throated Divers, Ravens and Great Skuas before we took a walk to the nearby beach. Despite the grey overhead, the beach was still a bright sandy colour, and we scanned and picked out auks, Ringed Plover, Shag and both Common and Grey Seals. Plantwise, we noted Sea Rocket, Wild Angelica, Tufted Vetch and, along the roadside, lots of Monkeyflower.

Near Setter Marsh, we were hoping to see a rare bird which had been present for some days, but we could not locate the Black-winged Pratincole today; maybe we'd get another chance. We did see a family party of Whooper Swans, Redshank, Lapwing and Tufted Duck. Skylarks and Meadow Pipits sang and displayed all around us.

We drove on to the hotel to drop our luggage off, stopping by the airfield and enjoying a pale- and a dark-phase Arctic Skua harassing a flock of Common Gull every time one caught a fish. After checking in, we proceeded to Sumburgh Head for lunch, and to enjoy the vast number of seabirds. Puffins are always a delight, and today was no different. Fulmars, Guillemots, Razorbills, Great Black-backed Gulls, Great Skuas and Shags were plentiful. After enjoying the birds and a cup of tea in the lighthouse café, we spent time checking out the cliff plants, finding Thrift, Sea Plantain, Scots Lovage, Sea Campion and Sea Mayweed.

Our final stop was in Grutness, where a couple of Sanderling were foraging; we saw Pied Wagtail, and Arctic and Common Terns too, while Meadow Cranesbill and a Northern White-tailed Bumblebee were our final species of the day. Checklists and dinner followed in the evening and concluded a fabulous first day.

Day 3

Sunday 22nd June

Grutness, Bressay & St Ninian's Isle

With a complete reversal of the weather fortunes, we were presented at 6.00am for our pre-breakfast walk with low cloud and light rain. A few in the group braved the weather and headed over to Grutness, and in much calmer conditions than yesterday afternoon enjoyed watching the Arctic Tern and Common Gull colony among the boulder-strewn landscape. Along the shoreline towards the beach, with the airport terminal building as the backdrop, we picked out a bird we'd seen briefly the day before. It was a female Long-tailed Duck and eventually showed down to about fifteen metres! We also enjoyed looking at Spear-leaved Orache, Sea Sandwort and Shepherd's Purse along the sandy shoreline.

After breakfast, we all boarded the minibus and headed north to Lerwick to catch the ferry over to Bressay. We collected a picnic lunch and dropped in to the famous Clickimin Broch during another rain shower. A Red Admiral was bold enough still to be flying. Over on Bressay, we headed east to a viewpoint overlooking the island of Noss. Our afternoon boat trip had been postponed due to the high swell, so instead we enjoyed the views for now. We spotted lots of Heath Spotted Orchids, a variety of heathers, and Common Butterwort, a carnivorous plant.

A nearby loch held a lovely pair of Red-throated Divers, and Dunlins were calling nearby too. We explored a few tracks, spotting lots of Curlews, Arctic Skuas and further Dunlins, before dropping down to Setter to have lunch. On arrival, our leader spotted an Otter, and using a wall as cover, we had fantastic views of it hunting close to shore. A pair of Twites dropped in behind us at the same time, so we had plenty going on.

Following a relaxed lunch in reasonable shelter, we walked along the track for a few hundred metres and enjoyed lots of other wildlife, including the endemic subspecies of Moss Carder Bee known as Shetland Bumblebee, along with a Silver Y moth, a Common Frog and a Painted Lady butterfly.

After returning on the 4.00pm ferry and finding another Otter in the harbour, we headed south towards the hotel, dropping in to St Ninian's Isle for a final walk in the late afternoon. As the rain came in again, we finally called it a day.

Day 4

Monday 23rd June

Dale of Walls, boat trip to Noss

For our last full day on Mainland, we were presented with an awful forecast. Rain, rain and more rain was expected, yet, with the curtains drawn, it did not look quite as bad. We headed out after breakfast to Dale of Walls, an area to the west of Lerwick, and made our way through some wonderful open moorland, lochs and coastal strips. The first of the highlights came from a group of three Red Grouse, skulking across the road and then into the heather. A male with its striking red combs was in front, with two females following behind. Alongside them were two adult Curlews, both making a bit of a racket, and on double-checking we found that they had three young. We quickly moved on so as not to disturb them.

We moved on to Dale of Walls; the rain started to fall, but we proceeded along a track to the nearby beach. We spotted Sheep's-bit and Spring Squill, and our leader managed to catch a Shetland Bumblebee in his little pot. The Jaffa Cake coloured orange pelt on the back of the thorax was gorgeous, and with a quick few pictures taken, we let it return to the nearby flowers. The beach was alive with waders, and a few auks were out at sea; the highlight was a Ringed Plover with three young, which were climbing up inside the belly feathers to get out of the rain, which had just started to become heavier.

We made it back to the van and went back to Lerwick for lunch. We then met Phil from Shetland Seabird Tours, and set off for the island of Noss. We travelled quickly to maximise our time at the cliffs. The tallest cliff here is the second highest in Shetland, at 181m. We enjoyed the Gannet colony, along with several Bonxies (the local Shetland name for the Great Skua), Guillemots and a few Razorbills. Phil put out some fish for the Gannets, and they dived into the water alongside the boat in their hundreds: quite the experience! We also allowed them to tail the boat too, which gave us a great sight looking off the stern at a squadron of birds in pursuit.

Back in harbour, we headed straight back to the hotel during another rain shower. Dinner followed by checklists ended a pleasantly decent day, considering what we had potentially been up against. Tomorrow would give us time to explore locally, before making our way to the fabulous northern island of Unst.

Day 5

Tuesday 24th June

Loch Spiggie, Wadbister & Stromfirth

Starting slightly later, we nipped out to Pool of Virkie for a wander, connecting first with Shelducks and lots of Eidesr with chicks. Then a message came through that that rare bird had been seen again at Loch Spiggie. With

everyone onboard to see it, and it only being ten minutes' drive away, we whizzed over and within thirty seconds were looking through scopes at a Black-winged Pratincole. It was not what you'd call a breathtaking view, but nonetheless it was a lifer for everyone in the group.

After returning to the hotel to meet the rest of the group, who were just a wee bit jealous, we went to visit Jarlshof, the extraordinary community of different settlements of different ages, dating back almost 4000 years. It was a fascinating visit, and we could easily have spent longer there; we also enjoyed the delightful little family of Shetland Wrens hopping around within a few metres of us.

We checked out at 11.00am, and for those who'd missed the pratincole, we revisited the site, and everyone had much better views, so it was worth the minor detour. We added Moorhen and a Temminck's Stint to our lists too. Driving on to Lerwick, we collected lunch and then made our way to Wadbister. Here, we quickly scored a fantastic summer-plumaged Red-necked Grebe, and several more Red-throated Divers. A lone Northern Marsh Orchid stuck out like a sore bright purple thumb in the coastal grass.

Our final stop of the morning was near Stromfirth, where we found a pair of Whimbrels, Curlews, two amazing drumming Snipes, and a couple of micro moths, *Celypha lacunana* and *Scoparia ambigualis*. A Shetland Bumblebee and a Red Admiral were two colourful additions over lunch, before we enjoyed Round-leaved Sundew, Heath Speedwell and Eyebright in the roadside ditch.

We traversed the northern part of the island to Toft ferry terminal and made quick progress across to Yell, and then took the back road to Gutcher. We had a Merlin whizzing over the moorland, but unfortunately the view was restricted and brief. We arrived in good time on Unst and at our hotel in Baltasound.

After checklists and dinner, we took ourselves off for a walk along the shoreline. It was a lovely way to spend an hour in perfectly calm conditions. We found quite a few new plants, including Annual Sea-blite, Greater Seaspurrey, Sea Arrowgrass and Meadow Vetchling.

Day 6

Wednesday 25th June

Hermaness, Norwick & Keen of Hamar

For a few in the group, we had a super short walk to the edge of Balta Sound, in very calm conditions. It was lovely to really hear the birds singing and, in some cases, displaying. Red-throated Diver was the highlight, along with a Ringed Plover along the road, which was showing extraordinary behaviour including false-brooding and the famous "broken wing" feint. Clearly knowing these were evasive actions, we made a quick pass so as not to threaten or disturb the bird.

After breakfast, we stopped at the Final Checkout en route to Hermaness National Nature Reserve; here we located a fabulously fresh Frog Orchid. At the reserve, we walked the left-hand trail to the cliffs and up to the Gannet colony. The trail was excellent, with a very well laid boardwalk for the majority of the hike. We encountered some lovely species, including Lesser Twayblade, Common Butterwort, Round-leaved Sundew, Heath Milkwort and Heath Rush. The birds were very good too, with lots of Great Skuas (despite recent depletions due to bird flu),

Lapwings, Snipes, Skylarks and a distant calling Golden Plover (which we later managed to spot). The highlight, though, was a couple of Dunlins, displaying, singing and feeding very close to the track.

Once at the top, we stood in awe of the view and the scale of the Gannet colony. The evenly- and densely-packed Gannets were busy incubating or feeding young. Fulmars cruised over too, heading for their high-rise nesting ledges.

Returning to the vehicle, we relocated to Victoria's Vintage Tea Rooms for a spot of lunch, and to enjoy the view over Harold's Wick, and then it was on to our final stop at the Keen of Hamar. This extraordinary landscape, like something from outer space, was below our feet as we wandered the desert-like serpentine grassland. We were here to see some of the remarkable plants that somehow can survive in this barren and inhospitable place. We were in luck, with a light breeze and overcast conditions, making observation a little easier.

We started off with Fairy Flax, Sea Plantain, Slender St John's-wort, Spring Squill and Lesser Clubmoss, which were all lovely; however, we were looking for a much rarer species. We were soon immersed in the stony ground as we hunted for the smallest little plants one could find. Soon we had some: Northern Rock-cress, Moss Campion, Mountain Everlasting and the amazing Moonwort. We continued searching, with some help from others on site and a few noticeboards, positioned alongside their respective plants. Early Purple and Frog Orchids were on these plaques, as well as the very rare Edmonston's Chickweed (or Shetland Mouse-ear). Our leader succeeded in finding the last species.

Day 7

Thursday 26th June

Fetlar & Unst

A new day dawned with overcast conditions and a forecast of showers. We had one chance to visit Fetlar, so we made our way to Belmont harbour to catch the ferry. As we had a few minutes spare, we stepped out and scanned the water and surrounding rocks. Amazingly, an adult Otter was relaxing, rolling around and generally enjoying life on the little pier. What a super start to the morning!

We crossed over to the island in blustery conditions, and headed straight up towards the airfield. We enjoyed views of Arctic Skua, Golden Plover and the head of a Whimbrel! Continuing to Loch of Funzie, we walked to the hide overlooking the pools and, although we could not see much water, we were able to enjoy several drumming Snipes, Dunlins and the brief but distinctive sound of a Water Rail. We also spotted new plants in Marsh Cinquefoil and Marsh Lousewort, as well as some Marmalade Hoverflies in the shelter of a stand of willows.

We then spent time scanning various pools and shorelines, and soon had two Red-necked Phalaropes. This amazing migrant has a sexual role-reversal, with the male undertaking the main parental responsibilities. One was feeding along the shoreline in the surf, and given that it was just twenty metres from the minibus, we had an excellent opportunity to see it in detail.

After lunch at the Fetlar Community Café, we took a final short walk at Tresta in the rain, before heading back to Unst. When we arrived, we were delighted that the light had improved, that the clouds had disappeared, and that we had gloriously sunny conditions. We headed towards Lunda Wick and spent the next couple of hours enjoying

an array of super birds in the moorland and along the shoreline, including three Great Northern Divers (one in full adult plumage).

Day 8 Friday 27th June

Norwick, Mavis Grind, Dury Voe & Kergord Woods

The morning started early, with a few deciding to head for Norwick for an hour before breakfast. There were a lot of birds along the shore: Common, Black-headed, Great Black-backed, Lesser Black-backed and Herring Gulls, along with three Red-throated Divers and a Great Northern in the bay too. Further inland a Swallow, Teal and an assortment of waders were also spotted, and a pair of Twites flew overhead.

After checking out of the Baltasound Hotel, we headed to Muness Castle to enjoy a little history before arriving at the ferry terminal in Belmont. Here, almost immediately, we had two more Otters resting and later feeding along the shoreline. They were a mother with her kit, and they were showing really well: another super highlight.

We drove on to Mavis Grind via Voe to collect lunch, we enjoyed the views of the North Sea and Atlantic Ocean on either side of a narrow strip of land. A Painted Lady, Northern White-tailed Bumblebee and some Sheep's-bit were the best wildlife sightings on offer here.

Our penultimate stop was along Dury Voe, where we scanned the moorland leading away from the coast, and were soon rewarded with a lone Mountain Hare working its way along the roadside. We had such a good view of it, with its white feet and tall ears.

Finishing off at Kergord Woods, we added a few further species to the trip list, including Goldcrest, Chiffchaff, Robin and Siskin, the latter including a male feeding a fledged youngster. We also enjoyed smelling the sweet fragrance of Pineappleweed.

Arriving in plenty of time at the ferry terminal in Lerwick, we boarded and enjoyed completing our checklists one final time, while having a farewell drink. A brief check from deck added Puffin, Razorbill, Fulmar and Kittiwake to a fabulous final day on Shetland.

Day 9 Saturday 28th June

Sailing from Lerwick to Aberdeen, return home

We had an early start and said our final goodbyes at the ferry terminal in Aberdeen, before we all headed our separate ways. For a few, we aimed for the airport, spotting Goldfinch, Magpie and Carrion Crow on the way, all new for the trip. We had enjoyed a great little adventure in these remote islands, and we went home with some super memories.

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Species lists

Birds (H = Heard only)

E=Endemic, I=Introduced						ne 20	_			I
Common name	Scientific name	20	21	22	23	24	25	26	27	28
Greylag Goose	Anser anser		✓	✓	✓	✓			✓	
Mute Swan	Cygnus olor		✓	✓	✓	✓			✓	
Whooper Swan	Cygnus cygnus		✓	✓	✓	✓		✓	✓	
Common Shelduck	Tadorna tadorna					✓				
Eurasian Wigeon	Mareca penelope					✓				
Mallard	Anas platyrhynchos		✓	✓		✓			✓	
Eurasian Teal	Anas crecca								✓	
Tufted Duck	Aythya fuligula		✓		✓	✓				
Common Eider	Somateria mollissima	✓	✓		✓	✓	✓	✓	✓	
Long-tailed Duck	Clangula hyemalis		✓	✓						
Red-breasted Merganser	Mergus serrator	✓		✓	✓	✓				
Red Grouse - E	Lagopus scotica				√					
Common Pheasant	Phasianus colchicus		√	√						
Common Swift	Apus apus						√			
Feral Rock Dove - I	Columba livia 'domestica'		√	✓	√	√		√	√	
Common Wood Pigeon	Columba palumbus			√			√		√	
Eurasian Collared Dove	Streptopelia decaocto	√				√				
Water Rail	Rallus aquaticus							Н		
Common Moorhen	Gallinula chloropus					√		Н		
Red-necked Grebe	Podiceps grisegena					√				
Eurasian Oystercatcher	Haematopus ostralegus	√	√	√	√	✓	√	√	√	
European Golden Plover	Pluvialis apricaria			,		,	√	· ✓		
Common Ringed Plover	Charadrius hiaticula		√	√	√	√	√	√	√	
Northern Lapwing	Vanellus vanellus		√		√ ✓	√	√	√	√ ✓	
Eurasian Whimbrel	Numenius phaeopus					√		√		
Eurasian Curlew	Numenius arquata		√							
Common Snipe	Gallinago gallinago		√							
Red-necked Phalarope	Phalaropus lobatus		√	V	V	V	V	✓ ✓	V	
Common Sandpiper	Actitis hypoleucos		V		√			V		
Common Redshank	Tringa totanus		√	√	√	√	√	,	√	
Temminck's Stint			V	V	V		V	√	V	
	Calidris temminckii Calidris alba		,			✓	,			
Sanderling Dunlin			√	,			√	,		
	Calidris alpina		✓	✓		,	✓	✓		
Black-winged Pratincole	Glareola nordmanni		,	,	,	√	,	,	,	
Arctic Tern	Sterna paradisaea		√	✓	✓	✓	√	✓	✓	
Common Tern	Sterna hirundo	√	√							
Black-legged Kittiwake	Rissa tridactyla	✓	✓	✓	✓					
Black-headed Gull	Chroicocephalus ridibundus	✓	✓	✓	✓			✓	✓	
Common Gull	Larus canus	✓	✓	✓	✓	✓	✓	✓	✓	
European Herring Gull	Larus argentatus	✓	✓	✓	✓	✓	✓	✓	✓	
Great Black-backed Gull	Larus marinus		✓	✓	✓		✓	✓	✓	
Lesser Black-backed Gull	Larus fuscus	✓	✓		✓	✓		✓	✓	
Arctic Skua	Stercorarius parasiticus		✓	✓	✓		✓	✓		
Great Skua	Stercorarius skua		√							

E=Endemic, I=Introduced					Ju	ne 20	25			
Common name	Scientific name	20	21	22	23	24	25	26	27	28
Atlantic Puffin	Fratercula arctica	✓	✓	✓	✓		✓	✓	✓	
Black Guillemot	Cepphus grylle		✓	✓	✓	✓	✓	✓	✓	
Razorbill	Alca torda	✓	✓	✓	✓	✓	✓	✓	✓	
Common Guillemot	Uria aalge	✓	✓	✓	✓			✓		
Red-throated Diver	Gavia stellata		✓	✓	✓	✓	✓	✓	✓	
Great Northern Diver	Gavia immer							✓	✓	
Northern Fulmar	Fulmarus glacialis	✓	✓	✓	✓	✓	✓	✓	✓	
Manx Shearwater	Puffinus puffinus	✓								
Northern Gannet	Morus bassanus	✓	✓	✓	✓	✓	✓	✓	✓	
Great Cormorant	Phalacrocorax carbo			✓				✓		
European Shag	Gulosus aristotelis		✓	✓	✓	✓	✓	✓	✓	
Grey Heron	Ardea cinerea	✓	√						✓	
Merlin	Falco columbarius					✓				
Eurasian Magpie	Pica pica									✓
Rook	Corvus frugilegus				√					
Carrion Crow	Corvus corone									√
Hooded Crow	Corvus cornix		√							
Northern Raven	Corvus corax		√	√		√	Н		√	
Eurasian Skylark	Alauda arvensis		√							
Sand Martin	Riparia riparia					√				
Barn Swallow	Hirundo rustica		√	√		√			√	
Western House Martin	Delichon urbicum		√							
Common Chiffchaff	Phylloscopus collybita								√	
Goldcrest	Regulus regulus								√	
Eurasian Wren	Troglodytes troglodytes			√	Н	√		Н	√	
Common Starling	Sturnus vulgaris		√	√	√	√	√		√	
Common Blackbird	Turdus merula		√							
European Robin	Erithacus rubecula								Н	
Northern Wheatear	Oenanthe oenanthe		√							
House Sparrow	Passer domesticus		√							
Pied Wagtail	Motacilla alba yarrellii		√	√				√	√	
Meadow Pipit	Anthus pratensis		✓	✓	√	√	√	✓	√	
European Rock Pipit	Anthus petrosus		✓	✓			✓	✓		
Twite	Linaria flavirostris		· ·	· √			_	√	√	
European Goldfinch	Carduelis carduelis									√
Eurasian Siskin	Spinus spinus								√	Ť

Mammals

D=dead		June 2025								
Common name	Scientific name	20	21	22	23	24	25	26	27	28
European Rabbit	Oryctolagus cuniculus		✓	√	✓	✓	✓	✓	√	
Mountain Hare	Lepus timidus								✓	
Common Bottlenose Dolphin	Tursiops truncatus	✓								
Grey Seal	Halichoerus grypus		✓	✓		✓	✓	✓		
Harbour (Common) Seal	Phoca vitulina		✓	√			✓			
Eurasian Otter	Lutra lutra			√				✓	√	
European Hedgehog	Erinaceus europaeus			D		D				

Amphibians

					Ju	ne 20	25			
Common name	Scientific name	20 21 22 23 24 25 26 27 2								
Common Frog	Rana temporaria			✓						

Butterflies

	June 2025										
Common name	Scientific name	20	21	22	23	24	25	26	27	28	
Large White	Pieris brassicae		✓								
Red Admiral	Vanessa atalanta		✓	✓		✓	✓	✓	✓		
Painted Lady	Vanessa cardui			√					√		

Moths

					Ju	ne 20	25			
Common name	Scientific name	20	21	22	23	24	25	26	27	28
Bird-cherry Ermine	Yponomeuta evonymella					✓				
London Dowd (Large Pale Masoner)	Blastobasis lacticolella		✓							
Red-fringed Conch (Rusty-tipped Straw)	Falseuncaria ruficiliana					✓				
Common Marble	Celypha lacunana					✓				
Hoary Bell	Eucosma cana					✓				
Common Grey	Scoparia ambigualis					✓				
Grass Rivulet	Perizoma albulata		✓	√						
Silver Y	Autographa gamma			√		✓	✓			

Other invertebrates

					Ju	ne 20	25			
Common name	Scientific name	20	21	22	23	24	25	26	27	28
True bugs										
a plant bug	Leptopterna ferrugata			✓						
Mayflies										
a mayfly	Baetis sp.						✓			
Flies										
a cranefly	Tipula sp.						✓			
Hoverflies										
Marmalade Hoverfly	Episyrphus balteatus							✓	✓	
Bees										
Northern White-tailed Bumblebee	Bombus magnus		✓						✓	
Shetland Bumblebee	Bombus muscorum agricolae			✓	✓	✓	✓	✓		
Molluscs										
Dusky Slug	Arion subfuscus			✓						
Arachnids										
a snout mite	Odontoscirus sp.			√						

Plants

					_	ne 20	25			
Scientific name	Common name	20	21	22	23	24	25	26	27	28
Equisetum palustre	Marsh Horsetail			✓				✓		
Blechnum spicant	Hard Fern					✓	✓			
Botrychium lunaria	Moonwort						✓			
Polypodium vulgare	Common Polypody			✓						
Pteridium aquilinum	Bracken						✓		✓	
Acer pseudoplatanaus	Sycamore			✓	✓	✓			✓	
Aesculus hippocastanum	Horse-chestnut								✓	
Betula pubescens	Downy Birch								✓	
Carpinus betulus	Hornbeam								✓	
llex aquifolium	Holly								✓	
Laurus nobilis	Laurel								✓	
Sorbus aucuparia	Rowan								✓	
Achillea millefolium	Yarrow		√							
Alchemilla sp.	Lady's-mantle		√	√	√	✓			✓	
Angelica sylvestris	Wild Angelica		√	√		✓	✓			
Antennaria dioica	Mountain Everlasting						√			
Anthriscus sylvestris	Cow Parsley								√	
Anthyllis vulneraria	Kidney Vetch		√	√	√	✓	√		✓	
Arctium lappa	Greater Burdock		√							
Arenaria norvegica norvegica	Norweigan Sandwort						√	√		
Armeria maritima	Thrift (Sea Pink)		√							
Asplenium adiantum-nigrum	Black Spleenwort			√						
Atriplex prostrata	Spear-leaved Orache			√		√				
Bellis perennis	Daisy		√							
Cakile maritima	Sea Rocket		√	√						
Calluna vulgaris	Heather			√	√		√		√	
Caltha palustris	Marsh-marigold			√		√				
Capsella bursa-pastoris	Shepherd's Purse			√						
Cardamine pratensis	Cuckooflower		√							
Cerastium nigrescens var. nigrescens	Arctic (Edmonston's) Mouse- ear						√	√		
Cirsium arvense	Creeping Thistle		✓	✓	✓	✓	✓	✓	✓	
Cirsium palustre	Marsh Thistle			✓						
Cirsium vulgare	Spear Thistle		✓	✓			✓	✓	✓	
Claytonia sibirica	Pink Purslane								✓	
Comarum palustre	Marsh Cinquefoil							✓		
Digitalis purpurea	Foxglove								✓	
Drosera rotundifolia	Round-leaved Sundew					✓	✓			
Erica cinerea	Bell Heather			✓		√	√	√	✓	
Erica tetralix	Cross-leaved Heath			√			✓	✓		
Eriophorum angustifolium	Common Cottongrass		√	√	√	√	√	√	✓	
Erythranthe guttata	Monkeyflower		√	√	√	√		√	√	
Euphrasia sp.	Eyebright					✓	√			
Galium saxatile	Heath Bedstraw			√	√	√	√		√	
Galium verum	Lady's Bedstraw		√	√						
Geranium pratense	Meadow Cranesbill		√	√						
Heracleum sphondylium	Hogweed		√							

						ine 20	25			
Scientific name	Common name	20	21	22	23	24	25	26	27	28
Hesperis matronalis	Dame's Violet		✓	✓			✓			
Honckenya peploides	Sea Sandwort			✓						
Hypericum pulchrum	Slender St John's-wort						✓	✓		
Jasione montana	Sheep's-bit				✓				✓	
Lamium confertum	Northern Dead-nettle			✓						
Lathyrus pratensis	Meadow Vetchling					✓	✓			
Ligusticum scoticum	Scots Lovage		✓							
Linum catharticum	Fairy Flax						✓			
Lotus corniculatus	Common Bird's-foot-trefoil		✓	✓	✓	✓	✓	✓	✓	
Matricaria discoidea	Pineappleweed								✓	
Myosotis discolor	Changing Forget-me-Not		√							
Myosotis secunda	Creeping Forget-me-Not			√						
Oxalis acetosella	Wood-sorrel								√	
Pedicularis palustris	Marsh Lousewort							√		
Pedicularis sylvatica	Lousewort			√	√	√				
Pilosella aurantiaca	Orange Hawkweed		√	√	√					
Pinguicula vulgaris	Common Butterwort			1			√			
Plantago coronopus	Buck's-horn Plantain					/				
Plantago lanceolata	Ribwort Plantain		√	√	√	_	√	√		
Plantago major	Greater Plantain			√	· •		_ v	· •		
Plantago maritima	Sea Plantain		√	\ \	√		√	√		
Polygala serpyllifolia	Heath Milkwort		V	V	V		√	V		
Potamogeton polygonifolius	Bog Pondweed			1			√			
Potentilla anserina	Silverweed		√	√	/	√	√	√	√	-
Potentilla erecta	Tormentil		✓ ✓	√	√	✓ ✓	√	√	✓ ✓	-
	Self-heal		V	✓ ✓	✓ ✓	√	✓ ✓	✓ ✓	V	-
Prunella vulgaris			,	-	V	V	V			-
Ranunculus acris	Meadow Buttercup		√	√	,			√	,	-
Ranunculus repens	Creeping Buttercup		✓	✓	√			✓	√ /	
Reynoutria japonica	Japanese Knotweed		,	,			,	,	✓	-
Rhinanthus minor	Yellow-rattle		√	√	,	,	✓	√	,	-
Rumex acetosa	Common Sorrel		✓	✓	✓	√		√	✓	
Rumex crispus	Curled Dock					✓		✓		
Rumex obtusifolius	Broad-leaved Dock			√						_
Senecio jacobaea	Common Ragwort			✓	✓					
Senecio vulgaris	Common Groundsel								✓	
Silene acaulis	Moss Campion						✓	✓		
Silene dioica	Red Campion		✓	✓	✓	✓	✓	✓	✓	
Silene flos-cuculi	Ragged-Robin			✓	✓	✓	✓	✓	✓	
Silene uniflora	Sea Campion		✓	✓			✓		✓	
Stellaria media	Common Chickweed		✓	✓	✓	✓				
Suaeda maritima	Annual Sea-blite					✓				
Taraxacum officinale agg.	Dandelion					✓			✓	
Thymus drucei	Wild Thyme		✓	✓	✓	✓	✓	✓	✓	
Trifolium pratense	Red Clover		✓	✓	✓	✓	✓	✓	✓	
Trifolium repens	White Clover		✓	✓	✓	✓	✓	✓	✓	
Tripleurospermum maritimum	Sea Mayweed		✓	✓	✓	✓	✓			
Tussilago farfara	Colt's-foot			✓						
Urtica dioica	Common Nettle		√	√	√	√	√	√	√	

					Ju	ine 20	25			
Scientific name	Common name	20	21	22	23	24	25	26	27	28
Veronica officinalis	Heath Speedwell					✓				
Vicia cracca	Tufted Vetch		✓	✓	✓	✓	✓	✓		
Viola riviniana	Common Dog-violet							✓		
Hyacinthoides non-scripta	Bluebell								✓	
Iris pseudacorus	Yellow Iris		✓	✓	✓	✓	✓	✓	✓	
Scilla verna	Spring Squill				✓		✓			
Triglochin maritima	Seaside Arrowgrass					✓				
Dactylorhiza maculata	Heath Spotted Orchid			✓	✓		✓	✓	✓	
Dactylorhiza purpurella	Northern Marsh Orchid		✓	✓	✓	✓	✓	✓	✓	
Dactylorhiza viridis	Frog Orchid						✓			
Listera cordata	Lesser Twayblade						✓			
Orchis mascula	Early Purple Orchid						✓			
Juncus squarrosus	Heath Rush						✓			
Juncus effusus	Soft Rush								√	
Alopecurus pratensis	Meadow Foxtail						√			
Anthoxanthum odoratum	Sweet Vernal Grass					✓				
Arrhenatherum elatius	False Oat-grass					✓				
Cynosurus cristatus	Crested Dog's-tail					√		√		
Dactylis glomerata	Cocksfoot					√				
Holcus lanatus	Yorkshire Fog			√	✓	✓	✓	✓	✓	
Carex flacca	Glaucous Sedge						✓			
Carex oederi	Small-fruited Yellow Sedge						√			



Mountain Hare