# Go Slow in the Brecks & Fens

## Naturetrek Tour Report

16th - 22nd June 2025





Maiden Pink









Little (Small) Blue

Tour report by Mike Crewe



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#### **Summary**

Breckland is a remarkable area of eastern England, little-known outside the immediate region. We spent a week visiting some of the best spots within this fascinating area of dry heaths and forest, together with sorties into the equally-interesting fenland regions. Floral carpets were a big feature of the week, with great swathes of flowers attracting a bewildering array of butterflies, bees and many other insects. Woodlarks sang overhead and Buzzards soared on seemingly endless skies. In the valley fens, we enjoyed a wealth of orchids in the sedge and rush beds, and topped it all with a fine session looking at moths. Former gravel pits gave us a range of waterbirds to look at, and dragonflies and damselflies swarmed across the water surface. Some of Britain's rarest species provided daily highlights, from Pool Frogs to Spanish Catchflies, Fen Raft Spiders to 'Ice-cream' Orchids, and Perennial Knawel to Stone-curlews; there was so much to enjoy and all within beautiful landscapes and a feeling that great things were afoot further to enhance this fabulous area.

#### Day 1

## **Monday 16th June**

Everyone arrived in good time at our hotel near Bury St Edmunds, and we soon had all our rooms sorted and everyone checked in. With plenty of time before our first meal, we drove the short distance to Lackford Lakes Suffolk Wildlife Trust Reserve. On the brambles, we achieved the first of what were to be daily sightings of Comma butterflies, while Meadow Browns danced through the grass. At one of the main hides, a nice array of breeding birds was seen, including Mute Swans, Egyptian, Greylag and Canada Geese, Black-headed Gulls and Coots, all with young. A few Lapwings were on the islands and Reed Warblers sang from the reedy fringes. Dragonflies were plentiful, especially Black-tailed Skimmers, while the dazzling blue forms of Common Bluets seemed to be everywhere. Garden Warblers chortled from the sallow scrub, and a female Reeves's Muntjac showed well on our walk back.

## Day 2

## **Tuesday 17th June**

For our first full day, we headed into the north-eastern quarter of the Norfolk side of Breckland. However, we stopped first near the river Little Ouse in Thetford to see a colony of Creeping Marshwort on a managed area of damp grassland. This plant appeared here in 2020, greatly surprising the botany world as there were no previous records of this very rare species here, which until then was thought to exist only near Oxford and along the Thames in London. We continued to East Wretham Heath, and walked out across our first area of Breckland heath, learning about the unusual geological formations that have produced side-by-side zones of acidic and chalky soils, which have a great effect on the local flora. Skylarks brightened our walk out to the hide overlooking Langmere, one of the intriguing, fluctuating meres that are such a special feature of this region. Water in the pools is linked directly to the ground water through the bedrock of chalk, and the presence or absence of water at any one time can seem completely unpredictable. We found Langmere to be about half-full, giving plenty of water to hold a pair of Great Crested Grebes, several Little Grebes and a scattering of Mallard, Shoveler, Gadwall, Tufted Duck and Teal. Common Shelducks were lounging on the grass (they breed in rabbit burrows here in Breckland), and a single Little Egret was present.

At the car park, Bryony Mining Bees were seen on the White Bryony flowers, and the warden's garden was a riot of colour from large stands of Viper's-bugloss. Moving to the northern edge of the Brecks, we ate lunch in the shade at the car park at Thompson Common, before walking into the woods, where a change of soil was clearly demonstrated by the vegetation. Here, oaks were able to attain their full size, with an understorey of Common Holly, while damp ditches held a nice array of ferns. We stopped to enjoy a post-breeding, mixed flock which included Marsh, Coal, Great, Blue and Long-tailed Tits, Treecreeper, Nuthatch, Chiffchaff and Goldcrest, and this bonanza was quickly followed by a fly-over Great Spotted Woodpecker and a freshly-emerged White Admiral. We soon arrived at our first pingos, and learned about these strange, ice-age features of the landscape. The best pingos were full of a wide range of sedges, rushes, bur-reeds and pondweeds, as well as Water-violet and Fine-leaved Water-dropwort.

A sudden 'plop' in one of the pools revealed the presence of a Pool Frog, with a second soon found close by. This native species has recently been reintroduced from Swedish stock after the British population had died out at this site. In the grassy areas, Common Spotted Orchids were indeed both spotted and common, but a number of individuals revealed plenty of hybridisation with Southern Marsh Orchids. The uncommon Small-flowered Sweetbriar is a speciality here, and we enjoyed the apple scent of its leaves.

We headed back in time for a pleasant siesta, and then headed out again after dinner for a chance to look for Nightjars. Evening in a clearing in the pinewoods, surrounded by stands of Viper's-bugloss and Wild Mignonette with their attendant bees being replaced by crepuscular moths was a delight, but the Nightjars remained a 'heard-only' for the leader only, and we settled for a party of Rabbits (a species now almost lost from the region due to rampant disease) and the squeaky calls of food-begging baby Tawny Owls.

#### Day 3

## Wednesday 18th June

The weather was set fair and very warm; sunny days were to be the norm throughout most of the week. This slightly limited our enjoyment of the wide-open spaces that are the very essence of Breckland, but we nevertheless managed to see some great wildlife. We spent the morning visiting some large areas of grass heath that are being restored jointly by various conservation organisations, using the Norfolk Wildlife Trust's 'management team' of Dartmoor Ponies and British White cattle. Active grazing had reduced flowers somewhat this year, but we were still able to find plenty to enjoy. Yellow flowers were certainly in abundance, and we found Sickle Medick, Common Rock-rose and plentiful Bird's-foot Trefoil and Kidney-vetch, with the latter attracting Little (Small) Blues at their only East Anglian location. Day-flying Marbled Clover moths were also seen here, while a wonderful background soundscape was provided by Woodlarks. A nearby piece of former MOD land gave us a contrast, with land that was being recovered from forestry plantings, and two very special plants here included Spanish Catchfly (both male and female plants) and Proliferous Pink.

We took lunch at a nearby café, where a touch of shade was much appreciated, and we found a Cypress Carpet, a species moth not recorded in West Norfolk until 2018; then we headed for cover amongst the tree collection at Lynford Arboretum. This collection was established as a trial area for forestry trees by the Forestry Commission, and is still being added to. While both Goldcrest and Firecrest were heard, the heat seemed to be keeping the birds in cover, so we retired for ice-creams and drinks, although choices were greatly limited by a power cut!

#### Day 4

## Thursday 19th June

We went back into Norfolk today, this time heading into the western side of Breckland and the Weeting Heath National Nature Reserve. For once, local knowledge didn't help us here, as we took the automatic route to the west hide, where the local Stone-curlews habitually show pretty well. After a short search, we found a very distant bird, preening on the edge of a ridge that sloped away from us. Scope views were not too bad, but we needed more! Lapwings and Eurasian Curlews offered some compensation, as did frolicking Rabbits and Hares. On a whim, we decided to check the east hide, and luck favoured us, as a pair of Stone-curlews was much closer and in full view amongst the stands of mignonette. Back at the car park, we tracked down a pair of Spotted Flycatchers actively catching insects for their young.

As a great illustration of how so many unexpected places can hold great wildlife in Breckland, we paid a quick visit to a nearby Natural Heritage ruin, which supports a small population of the nationally scarce Wall Bedstraw, then followed this with a visit to the Brandon Artemisia reserve, a pocket handkerchief of land that supports the rare Field Wormwood and sits right in the middle of a light industrial estate; we go to all the best places!! Heading back to more pristine areas, we took lunch in the shade of the Beeches and Field Maples at Santon Downham, accompanied by some very vocal Garden Warblers.

At Santon Downham, we compared the acid grasslands with the chalkier grasslands we had seen yesterday. Colonies of yellow Hoary Cinquefoil and white Heath Bedstraw flowers studded the sea of Wavy Hair-grass clumps, and the track had us down and looking at the truly diminutive Annual Knawel, Mossy Stonecrop and Bird's-foot that grow here. The special prize not too far away came in a small colony of Perennial Knawel, just coming into flower. The subspecies of this plant that grows here is endemic to Breckland and can be found nowhere else in the world. While here, a persistent buzzing revealed our first Green-eyed Flower Bees at one of their few East Anglian colonies, and we were to see more later. Down at the river, there was a nice range of wetland plants, but things generally seemed rather quiet, and we circled back to the vehicle and eventually the hotel for some well-earned down time.

## Day 5 Friday 20th June

We started with something of a special treat today, as Naturetrek leader Su Gough invited us round for coffee and biscuits and (more importantly, I think) to see what her moth trap had caught overnight. There was much to see, with the numerous Buff-tips being particularly admired, but we also enjoyed Pine, Poplar and Large Elephant Hawk-moths, which were all duly photographed before being liberated back into the garden. Not too far away, we paid a visit to the first of three valley fens that would check out today. These fens produce interesting plant communities as, like the dry habitats of Breckland, they mix acid and chalk communities, where the water courses of the Little Ouse and Waveney have cut down through the acid sands to the chalk bedrock beneath. Acid flushes with patches of sphagnum moss held colonies of the carnivorous Butterwort, with their pale, lime-green leaves. Amongst a madness of sedges and rushes, we found many orchids, with the Marsh Helleborines perhaps being the most attractive. Many of the 'spotted orchids' defied certain identification and were doubtless hybrids, probably between Common Spotted, Heath Spotted, Early Marsh and Southern Marsh Orchids, but the lovely white heads of the *ochroleuca* form of Early Marsh Orchid stood out, as did the carmine spikes of Marsh Fragrant Orchid.

With a little time before lunch, we side-tracked to Thelnetham, where more orchids were on show, this time with some more convincing Early and Southern Marsh Orchids. We also tracked down the basal leaves of Great Burnet, a very rare plant in East Anglia, which would be in flower in a month or so. Lunch at a garden centre café got us out of the heat for a while, before we drove to Redgrave and Lopham Fen for more invertebrate and floral treats. We walked out on the tellingly-named 'Spider Trail' and soon arrived at some old peat-digging hollows. Water levels were rather low but, after a joint effort, we managed to find our quarry: the Fen Raft Spider. While the spider is undoubtedly rare, I think it's fair to say that most of us were a little underwhelmed by the diminutive size of this individual. But, hey, it was a Fen Raft Spider! On the return walk, we chanced across a couple of Twiggy Mulleins, not a native species but nevertheless our fifth mullein species of the trip and a rare find in these parts.







The Dartmoor Pony 'management team'

### Day 6

## Saturday 21st June

We stuck to the Suffolk side of the border today, in what proved to be the hottest day of the week. Heading further west, we left the heart of Breckland behind and ventured out to the edge of the fens, which stretch from here into Cambridgeshire and out to The Wash. At the RSPB's Lakenheath Fen reserve, we took the opportunity to look at the raised beds that they've created and which hold a nice selection of both Breckland and Fenland plant species (and no, we didn't count them on our lists!). On the reserve, we found large numbers of bees, hoverflies and butterflies on the bramble flowers, and it was particularly nice to see a good scattering of Small Tortoiseshells among the Commas and Painted Ladies. The walk out proved rather wearing in the heat, and we eventually settled for taking time out to sit and watch from one of the viewpoints. Here, Marsh Harriers floated over the reeds and Little Grebes, Moorhens and Coots were all busy with chicks. Huge numbers of Four-spotted Chasers dominated the scene, and mating caddisflies provided an interesting distraction. Cuckoos were still calling but changing their tune, and we were lucky enough to see a rufous morph (hepatic) female fly by. Shady tables by the car park were ideal for our picnic lunch before we began the return drive.

On the way back, we stopped off to enjoy a large colony of the lovely Maiden Pink in flower, and then some of the group were dropped off to visit West Stow Country Park. As it turned out, a peculiar 'Dragon Fest' was on over the weekend, resulting in all of the usual attractions associated with the recreated Iceni village being closed, but at least a walk around the country park was permitted.

#### Day 7

## Sunday 22nd June

The final day had come all too soon, and some of the group needed to depart after breakfast to begin their journeys home. The rest of us drove a short distance into the heart of Breckland for a walk on Barnhamcross Common. This interesting site has the typical Breckland speciality of thin sands over chalk, and we were able to locate some of the so-called 'stone striping' that this produces, where alternating bands of sand and chalk produce a striped landscape due to the different vegetation that grows on them. We spent a little time watching the lives of parasitic wasps, bringing paralyzed grasshoppers back to their nest holes, while ruby-tailed wasps were looking to parasitize the parasites! Down at the river, shoals of minnows swam in the shallows, and we found River Water-dropwort, an interesting umbellifer which grows up from the bed of the river.

There was time for one last stop before lunch, so we stopped off at Icklingham Plain to view the wonderful 'old men' of Icklingham. Here, a magnificent collection of native and very rare Black Poplars stands sentinel over the Breckland heath, close to the River Lark, and they form a fine feature of the area. We walked to the river, where Banded Demoiselles were in abundance and Speckled Woods danced under the Huntingdon Elms. Dark Mulleins lined the footpath and led us onto Cavenham Heath National Nature Reserve, one of the few areas of heather-dominated heath in Breckland. We said our goodbyes to our last stand of Viper's-bugloss, before we all headed off in different directions to make our way home.

This had been a wonderful week with great company, and I hope we all get to travel together again soon.

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## **Species lists**

Birds (H = Heard only)

I=Introduced				Ju	ine 20	25		
Common name	Scientific name	16	17	18	19	20	21	22
Canada Goose - I	Branta canadensis	✓						
Greylag Goose - I	Anser anser	1	✓				✓	
Mute Swan	Cygnus olor	✓	✓	✓	✓	✓	✓	✓
Egyptian Goose - I	Alopochen aegyptiaca	✓	✓		✓			✓
Common Shelduck	Tadorna tadorna	2	20					
Northern Shoveler	Spatula clypeata	1	1	3				
Gadwall	Mareca strepera	✓					4	
Mallard	Anas platyrhynchos	✓	✓		✓		✓	✓
Eurasian Teal	Anas crecca		1					
Tufted Duck	Aythya fuligula	✓	✓					
Common Pheasant - I	Phasianus colchicus	✓	<b>√</b>	<b>√</b>		✓		
Common Swift	Apus apus				<b>√</b>	<b>√</b>		<b>√</b>
Common Cuckoo	Cuculus canorus	Н		Н		Н	2	
Feral Rock Dove - I	Columba livia 'domestica'						1	
Stock Dove	Columba oenas		Н	Н	<b>√</b>	<b>√</b>	<b>√</b>	
Common Wood Pigeon	Columba palumbus	<b>√</b>						
Eurasian Collared Dove	Streptopelia decaocto				2		1	
Common Moorhen	Gallinula chloropus	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	
Eurasian Coot	Fulica atra	<b>√</b>	<b>√</b>				<b>√</b>	
Little Grebe	Tachybaptus ruficollis		6				<b>√</b>	
Great Crested Grebe	Podiceps cristatus		2					
Eurasian Stone-curlew	Burhinus oedicnemus				3			
Eurasian Oystercatcher	Haematopus ostralegus		2		<b>√</b>		Н	
Northern Lapwing	Vanellus vanellus	<b>√</b>	<b>√</b>		✓		<b>√</b>	
Eurasian Curlew	Numenius arquata		2		2			
Common Tern	Sterna hirundo	4						
Black-headed Gull	Chroicocephalus ridibundus	<b>√</b>	<b>√</b>			<b>√</b>	<b>√</b>	
European Herring Gull	Larus argentatus				<b>√</b>		2	
Lesser Black-backed Gull	Larus fuscus	<b>√</b>	<b>√</b>		<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>
Great Cormorant	Phalacrocorax carbo	1	_				1	
Little Egret	Egretta garzetta		1					
Grey Heron	Ardea cinerea	1				1	1	
Western Marsh Harrier	Circus aeruginosus						2	
Red Kite	Milvus milvus		1					2
Common Buzzard	Buteo buteo	<b>√</b>	· ✓	<b>√</b>	<b>√</b>	<b>√</b>		<u>−</u>
Tawny Owl	Strix aluco		Н					
Common Kingfisher	Alcedo atthis						1	
Great Spotted Woodpecker	Dendrocopos major		1	Н	2	1		
European Green Woodpecker	Picus viridis		Н		2			
Common Kestrel	Falco tinnunculus	1	1	1	1		1	1
Eurasian Jay	Garrulus glandarius	•	2	2				· ✓
Eurasian Magpie	Pica pica	<b>√</b>		<i>∠</i>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>
Western Jackdaw	Coloeus monedula	<b>√</b>						
Rook	Corvus frugilegus	<b>√</b>	<b>√</b>	<b>√</b>	✓ ✓	✓ ✓	✓ ✓	<b>√</b>
Carrion Crow	Corvus corone	<b>√</b>	V	<b>√</b>	✓ ✓	✓ ✓	✓ ✓	<b>√</b>
Coal Tit	Periparus ater	V	Н	H	✓ ✓	H	V	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
Marsh Tit	Poecile palustris		2	Н	1	11		-
Eurasian Blue Tit	Cyanistes caeruleus	1		11		/	/	/
Great Tit	Parus major	1	✓		✓ ✓	√ √	√ /	✓
Bearded Reedling	Panurus biarmicus				<b>V</b>	<b>V</b>	√ H	-

I=Introduced		June 2025								
Common name	Scientific name	16	17	18	19	20	21	22		
Woodlark	Lullula arborea			3						
Eurasian Skylark	Alauda arvensis		Н	<b>√</b>						
Barn Swallow	Hirundo rustica		<b>√</b>		✓	✓				
Western House Martin	Delichon urbicum		<b>√</b>		✓	✓	✓	✓		
Cetti's Warbler	Cettia cetti		Н				Н	Н		
Long-tailed Tit	Aegithalos caudatus		<b>√</b>		Н			Н		
Willow Warbler	Phylloscopus trochilus			Н						
Common Chiffchaff	Phylloscopus collybita	✓	<b>√</b>	✓	✓	✓	✓	✓		
Sedge Warbler	Acrocephalus schoenobaenus					1	✓			
Common Reed Warbler	Acrocephalus scirpaceus	✓		1		<b>√</b>	✓			
Eurasian Blackcap	Sylvia atricapilla	Н	Н	Н	Н	Н	Н	Н		
Garden Warbler	Sylvia borin	Н	H+ 1	Н	Н	Н				
Lesser Whitethroat	Curruca curruca					Н				
Common Whitethroat	Curruca communis		Н	1	Н	Н	Н	Н		
Common Firecrest	Regulus ignicapilla			Н						
Goldcrest	Regulus regulus		H+ 1	Н	Н					
Eurasian Wren	Troglodytes troglodytes	Н	Н	Н	Н	Н	Н	✓		
Eurasian Nuthatch	Sitta europaea		Н			Н	Н			
Eurasian Treecreeper	Certhia familiaris		1	Н		Н		Н		
Common Starling	Sturnus vulgaris					1				
Song Thrush	Turdus philomelos		✓	✓	✓	✓				
Mistle Thrush	Turdus viscivorus		<b>√</b>	2	✓					
Common Blackbird	Turdus merula	✓	✓	✓	✓	✓				
Spotted Flycatcher	Muscicapa striata				2					
European Robin	Erithacus rubecula	✓	<b>√</b>	<b>√</b>	✓	✓	✓	✓		
European Stonechat	Saxicola rubicola		2		1					
House Sparrow	Passer domesticus					✓	✓			
Dunnock	Prunella modularis	✓	<b>√</b>	✓						
Grey Wagtail	Motacilla cinerea				2					
Pied Wagtail	Motacilla alba yarrellii		2		1			1		
Eurasian Chaffinch	Fringilla coelebs		<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	✓		
European Greenfinch	Chloris chloris		Н							
Common Linnet	Linaria cannabina			<b>√</b>		<b>√</b>	1	2		
European Goldfinch	Carduelis carduelis		Н	<b>√</b>	Н	<b>√</b>	<b>√</b>	✓		
Yellowhammer	Emberiza citrinella			Н	Н		1	4		
Common Reed Bunting	Emberiza schoeniclus	2	1			<b>√</b>	<b>√</b>	1		

#### Mammals

I=Introduced				Ju	ıne 20	25		
Common name	Scientific name	16	17	18	19	20	21	22
European Rabbit - I	Oryctolagus cuniculus		✓		✓			
European Hare	Lepus europaeus				<b>√</b>		✓	
Eastern Grey Squirrel - I	Sciurus carolinensis				<b>√</b>			
Brown Rat - I	Rattus norvegicus						✓	
Reeves's Muntjac - I	Muntiacus reevesi	✓	<b>√</b>				✓	
Western Roe Deer	Capreolus capreolus					<b>√</b>		
Red Fox	Vulpes vulpes		<b>√</b>					

## Amphibians and reptiles

I=Introduced		June 2025						
Common name	Scientific name	16	17	18	19	20	21	22
Common Frog	Rana temporaria		✓			✓		
Pool Frog - I	Pelophylax lessonae		2					
Viviparous Lizard	Zootoca vivipara				3			

#### Butterflies

		June 2025							
Common name	Scientific name	16	17	18	19	20	21	22	
Large Skipper	Ochlodes sylvanus		✓				✓		
Small Skipper	Thymelicus sylvestris			✓	✓	✓	✓		
Brimstone	Gonepteryx rhamni			✓			✓		
Small White	Pieris rapae						✓	✓	
Green-veined White	Pieris napi	✓	✓			✓		✓	
Large White	Pieris brassicae			✓	✓	✓	✓	✓	
Small Copper	Lycaena phlaeas				✓			✓	
Holly Blue	Celastrina argiolus							✓	
Small Blue	Cupido minimus			✓					
Brown Argus	Aricia agestis				✓	✓			
Common Blue	Polyommatus icarus			✓					
White Admiral	Limenitis camilla		✓						
Red Admiral	Vanessa atalanta		✓	✓	✓	✓	✓	✓	
Painted Lady	Vanessa cardui						✓		
Peacock Butterfly	Aglais io				✓	✓	✓		
Small Tortoiseshell	Aglais urticae						✓		
Comma	Polygonia c-album	✓		✓	✓	✓	✓	✓	
Small Heath	Coenonympha pamphilus	✓	✓	✓	✓	✓	✓	✓	
Speckled Wood	Pararge aegeria		<b>√</b>		✓		✓		
Meadow Brown	Maniola jurtina		<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	<b>√</b>	

## Damselflies & dragonflies

				Ju	ıne 20	25		
Common name	Scientific name	16	17	18	19	20	21	22
Banded Demoiselle	Calopteryx splendens		✓	✓	✓		✓	✓
Common Bluetail	Ischnura elegans		✓			✓		
Common Bluet	Enallagma cyathigerum	✓	✓			<b>√</b>	✓	✓
Azure Bluet	Coenagrion puella		<b>√</b>	✓		<b>√</b>	✓	✓
Large Redeye	Erythromma najas	✓						
Small Redeye	Erythromma viridulum						✓	
Large Red Damsel	Pyrrhosoma nymphula			✓		<b>√</b>		
Green-eyed Hawker	Aeshna isoceles		✓			✓	✓	
Brown Hawker	Aeshna grandis	✓					✓	✓
Blue Hawker	Aeshna cyanea		✓					
Blue Emperor	Anax imperator	✓	<b>√</b>	✓	<b>√</b>	✓	✓	✓
Four-spotted Chaser	Libellula quadrimaculata		<b>√</b>			<b>√</b>	<b>√</b>	✓
Black-tailed Skimmer	Orthetrum cancellatum	✓	<b>√</b>				✓	✓
Ruddy Darter	Sympetrum sanguineum		<b>√</b>				<b>√</b>	

## Moths (found by day)

				Jı	ıne 20	25		
Common name	Scientific name	16	17	18	19	20	21	22
Forester	Adscita statices				✓			
Narrow-bordered Five-spot Burnet	Zygaena lonicerae					✓		
Hummingbird Hawk-moth	Macroglossum stellatarum			✓				
Birch Mocha	Cyclophora albipunctata				✓			
Shaded Broad-bar	Scotopteryx chenopodiata			✓				
Cypress Carpet	Thera cupressata			✓				
Scarlet Tiger	Callimorpha dominula			✓	✓			
Marbled Clover	Heliothis viriplaca			✓				
Shears	Hadada plebeja			✓				

#### Other invertebrates

				Ju	ne 20	25		
Common name	Scientific name	16	17	18	19	20	21	22
Caddisflies								
a caddisfly	Phryganea bipunctata						✓	
Grasshoppers								
Mottled Grasshopper	Myrmeleotettix maculatus				✓			
True bugs								
Box Bug	Gonocerus acuteangulatus		✓					
Tortoise Bug	Eurygaster testudinaria				✓			
Meadow Plant Bug	Leptopterna dolabrata				✓			
Birch Catkin Bug	Kleidocerys resedae				✓			
Sawflies								
Iris Sawfly	Rhadinoceraea micans					✓		
Bees and wasps								
Bryony Mining Bee	Andrena florea		✓					
Green-eyed Flower Bee	Anthophora bimaculata				✓			
Ornate-tailed Digger Wasp	Cerceris rybyensis				✓			
a ruby-tailed wasp	Chrysis sp.							
Beetles								
Spotted Longhorn Beetle	Rutpela maculata				✓			
Green Tiger Beetle	Cicindela campestris				✓			
Common Cockchafer	Melolontha melolontha					✓		
Spiders								
Fen Raft Spider	Dolomedes plantarius					<b>√</b>		

## Selected plants (out of 327 recorded)

Scientific name	Common name
Polystichum setiferum	Soft Shield Fern
Dryopteris filix-mas	Common Male Fern
Dryopteris dilatata	Broad Buckler Fern
Asplenium scolopendrium	Hart's-tongue
Potamogeton polygonifolius	Bog Pondweed
Anacamptis pyramidalis	Pyramidal Orchid
Dactylorhiza fuchsii	Common Spotted Orchid
Dactylorhiza incarnata subsp. incarnata	Early Marsh Orchid
Dactylorhiza incarnata subsp. ochroleuca	Early Marsh Orchid
Dactylorhiza praetermissa	Southern Marsh Orchid
Gymnadenia densiflora	Marsh Fragrant Orchid
Epipactis palustris	Marsh Helleborine

Scientific name	Common name
Cladium mariscus	Great Fen-sedge
Schoenus nigricans	Black Bog-rush
Carex paniculata	Greater Tussock Sedge
Carex arenaria	Sand Sedge
Juncus tenuis	Slender Rush
Glyceria maxima	Reed Sweet-grass
Koeleria macrantha	Crested Hair-grass
Briza media	Common Quaking-grass
Calamagrostis epigejos	Wood Small-reed
	Purple Small-reed
Calamagrostis canescens Avenella flexuosa	
	Wavy Hair-grass Blue Fescue
Festuca longifolia	
Mahonia aquifolium	Common Oregon-grape
Mahonia x decumbens	Decumbent Oregon-grape
Berberis vulgaris	Common Barberry
Thalictrum flavum	Common Meadow-rue
Ribes rubrum	Red Currant
Crassula tillaea	Mossy Stonecrop
Anthyllis vulneraria	Common Kidney Vetch
Lotus corniculatus	Common Bird's-foot-trefoil
Ornithopus perpusillus	Bird's-foot
Astragalus danicus	Purple Milk-vetch
Ononis repens	Common Restharrow
Medicago falcata	Sickle Medick
Medicago x varia	Sand Lucerne
Sanguisorba officinalis	Great Burnet
Rosa micrantha	Small-flowered Sweet-briar
Potentilla argentea	Hoary Cinquefoil
Prunus padus	European Bird Cherry
Prunus serotina	American Black [Rum] Cherry
Malus sylvestris	European Crab Apple
Helianthemum nummularium	Common Rock-rose
Reseda luteola	Weld
Reseda lutea	Common [Wild] Mignonette
Euonymus europaeus	European Spindle
Populus nigra subsp. betulifolia	Black Poplar
Spergularia rubra	Sand Spurrey
Scleranthus perennis subsp. prostratus	Perennial Knawel
Scleranthus annuus	Annual Knawel
Sagina procumbens	Procumbent Pearlwort
Petrorhagia prolifera	Proliferous Pink
Dianthus deltoides	Maiden Pink
Silene otites	Spanish Catchfly
Hottonia palustris	Water-violet
Onopordum acanthium	Cotton Thistle
Silybum marianum	Milk Thistle
Hypochaeris glabra	Smooth Cat's-ear
Artemisia campestris	Field Wormwood
Scabiosa columbaria	Small Scabious
Knautia arvensis	Field Scabious
Oenanthe fluviatilis	River Water-dropwort
	Fine-leaved Water-dropwort
Oenanthe aquatica	·
Helosciadium repens	Creeping Marshwort
Echium vulgare	Common Viper's-bugloss
Cynoglossum officinale	Common Hound's-tongue

Scientific name	Common name
Galium parisiense	Wall Bedstraw
Verbascum virgatum	Twiggy Mullein
Verbascum densiflorum	Dense-flowered Mullein
Verbascum thapsus	Great Mullein
Verbascum speciosum	Hungarian Mullein
Verbascum pulverulentum	Hoary Mullein
Verbascum nigrum	Dark Mullein
Pinguicula vulgaris	Common Butterwort
Verbena officinalis	Common Vervain
Stachys palustris	Marsh Woundwort
Odontites vernus	Red Bartsia
Pedicularis palustris	Marsh Lousewort