

Go Slow in East Sussex

Naturetrek Tour Report

30th June – 4th July 2025



Avocets



Six-spot Burnet Moth



White Admiral



Pyramidal Orchid

Tour report by John and Jenny Willsher
Photos by Peter Kite and Julie Clarke



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Tour Participants; John and Jenny Willsher (Leaders) with nine Naturetrek clients.

Summary

We spent relaxing and enjoyable few days in this richly varied corner of East Sussex, with much medieval as well as natural history to enjoy. We explored the diverse habitats of Rye Harbour Nature Reserve, visited the majestic Bodiam Castle, had a leisurely cruise on the River Rother, and enjoyed gentle walks through local woods. A good variety of flora and fauna was seen, including 18 species of butterfly and 12 species of odonata.

Day 1

Monday 30th June

John and Jenny met the group at the Flackley Ash Hotel in Peasmarsh, and we discussed the plans for the next few days over dinner.

Day 2

Tuesday 1st July

The weather forecast for today predicted high temperatures, but we spent most of the day in and around Rye Harbour Nature Reserve where there was a refreshing breeze. As we started a short walk to the first hide (unfortunately closed for repair), the first birds seen were Rock Pipit on the riverside saltmarsh, and several Curlews roosting on the more extensive inland 'New Saltmarsh' area. Skylarks, Little Egret, Mediterranean and Black-headed Gulls were also present. A scan over 'Flat Beach' from the vicinity of the Gooders Hide produced Redshank, Sandwich and Common Terns, a Turnstone, and noisy Oystercatchers. The track side bramble bushes were busy with many butterflies, including Gatekeeper, Peacock, Marbled White and Essex Skipper, and various bee species. Other plants included the handsome white blooms of Greater Bindweed and Broad-leaved Everlasting Pea.

We backtracked to the Discovery Centre, where we looked at the many displays illustrating the development of the reserve, both natural and anthropogenic. We then moved on to the hides on the western edge of the reserve, observing the diversity of gulls, terns and wading birds, including numerous Common Tern chicks being fed, and the rather distant noisy Sandwich Tern colony. Apart from the terns, the noisiest birds were the many Oystercatchers which were breeding on the reserve, and the many singing Skylarks. In the salt marsh areas along the river's edge were typical plants such as Samphire, Sea Beet and a lovely carpet of lilac Rottingdean Sea Lavender. Along the shingle ridges were many classic seaside plants, including Wild Carrot, Sea Mayweed, Yellow-horned Poppy, Sea Kale, Sea Campion, Moth Mullein and Viper's Bugloss. On the track back to the car park we found Wild Parsnip, Hemlock, various thistles, Teasel and various vetches, as well as many spikes of bright pink Pyramidal Orchids.

After lunch at the Discovery Centre, we returned to our vehicles, drove a short distance inland, and walked to a raised viewpoint, which gave us good views across extensive reedbeds towards Camber Castle, and a large nesting colony of Cormorants. There were Great Crested Grebes and Coots on the water, and a Red Kite drifted over. Among the reeds were tall spikes of Hemp Agrimony, Meadowsweet, Common and Rosebay Willowherbs, Yellow Loosestrife, Water Figwort and the large leaves of Water Dock.

We then returned to the hotel, where some of the group made use of the various spa and gym facilities, before we reconvened for the log and a delicious dinner.

Day 3

Wednesday 2nd July

We headed north this morning, to the dramatic, historic site of Bodiam Castle, where we marvelled at the scale of the place and enjoyed a video display about its history, which included a bustling community around the wharf on the nearby River Rother. Some of the group joined a short guided tour. The impressive moat around the castle contained many huge carp, which seemed ever hopeful for a snack; but feeding was prohibited. A lovely flotilla of White Water Lilies graced the water, and handsome stands of Purple Loosestrife and Water Figwort grew among the rushes at the water's edge. Birds were rather few, but we did hear Nuthatch and Blackcap, and there were Pied Wagtails, noisy juvenile Starlings and Jackdaws around the castle.

After lunch in the café in the grounds of the castle, we moved to Brede High Woods, the largest Woodland Trust reserve in Sussex, and enjoyed a leisurely walk among some handsome Hornbeam, Oak and Birch (an ancient woodland) plus Sweet Chestnut coppice, old heathland and newer plantations. A few Chiffchaffs and a Blackcap or two were still singing, and Great Spotted and Green Woodpeckers were heard. We found various ferns, such as Lady and Scalp Male Fern. In one area of heathland, we found a small dispersal of tiny Common Frogs and Toads under way, and plants such as the lanky Marsh Thistle, Yellow Vetchling, Greater Bird's-foot Trefoil, Great Willowherb, Lesser Spearwort, Creeping Buttercup, various *Potentilla* species and Foxglove. Butterflies included many Gatekeepers, Brimstone, Comma, Common Blue, Green-veined White and Red Admiral.

During dinner that evening, we were joined by a beautiful female Blue Emperor dragonfly, which caused some concern as it battered itself against the glass roof of the conservatory. But Tom, the duty manager, rescued it in a beer glass and we had a brief closeup of this beautiful emerald green insect, before it was released into the garden.

Day 4

Thursday 3rd July

This morning dawned bright and sunny: ideal weather for our boat trip on the Rother. We enjoyed a lovely three hours on the river, appreciating a good variety of riverside plants, such as White, Yellow and Fringed Water Lilies, Amphibious Bistort, Meadowsweet, Flowering Rush and handsome stands of Purple and Yellow Loosestrife, as well as Arrowhead, Water Plantain and Water Dock.

Our boatman, Robin, was very knowledgeable about the history of the river, and kept up a running commentary. We had some good bird sightings too, including an Egyptian Goose, Red Kite and Kestrel. Reed Warblers flitted among the riverside reeds, plus Reed Buntings, which were regularly heard singing from the bush tops, and a few Swifts and Swallows feeding above and along the river. There were many odonata flitting among the riverside vegetation, including Blue Emperor, Broad-bodied Chaser, Black-tailed Skimmer, Azure and Common Bluets, Large Red Damsel and Beautiful Demoiselle.

Mid-morning, Robin pulled into the river bank so that we could enjoy our scones, cream and jam, balancing our picnic boxes on our knees. We later enjoyed a delicious lunch at the Lime Wharf Café, with bird interest provided by a Red Kite drifting overhead. Later, we headed for Bixley Wood, where the warm sunshine had encouraged butterflies out along a wide woodland ride. We enjoyed watching several species, including two White Admirals, a

new species for one or two of the group, Silver-washed Fritillary, Marbled White, Brown Argus and Large Skipper. Flowers included Marsh Thistle, Dog's Mercury, Large Bird's-foot Trefoil, Common Centaury, Enchanter's Nightshade, Creeping Jenny, Lesser Spearwort, Foxglove and Broad-leaved Helleborine. We also found classic woodland ferns such as Male, Lady and Hard Ferns, and Broad and Narrow Buckler Fern. We had no unexpected wildlife guests at dinner this evening!

Day 5

Friday 4th July

Back to the coast today! A local farmer allowed us to drive up to the walls of Camber Castle. Unfortunately, access was not possible due to safety issues. Camber Castle is a very different building to Bodiam, in that it was built purely for defensive purposes, as opposed to the more grandiose Bodiam Castle, which was more of a status symbol!

We walked to the Castle Water hide, where we enjoyed the comings and goings of the Cormorants from the colony, and saw a good variety of waterbirds including Gadwall, Lapwing, Avocet, Little Ringed Plover, and Great Crested and Little Grebes. Unfortunately, there was no sign of a Bittern which had recently been seen in the area.

Having spent a productive hour or so in the hide, we moved on to the Winchelsea Beach Café for coffee, before heading along the coast road. We stopped and walked up onto the sea wall, where we could look inland across Pett Pools, and out to sea, with Dungeness nuclear power station to the east and Fairlight Cliffs to the west. On our drive back to the café for lunch, a Marsh Harrier was seen over the levels. After lunch, we headed to Cliff End for a walk, to look at Fairlight Cliffs. Sadly, a recent landslide meant there were no nesting Fulmars or Jackdaws, and there was no sign of Ravens or Peregrines, which are possibilities here. Then it was back to the hotel to say our farewells.

John and Jenny had thoroughly enjoyed these few days sharing their enthusiasm for the habitats and wildlife of their local patch with a great group of clients.

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Species lists

Birds (H = Heard only)

I = Introduced		July 2025			
Common name	Scientific name	1	2	3	4
Greylag Goose	<i>Anser anser</i>		✓		✓
Mute Swan	<i>Cygnus olor</i>			✓	✓
Egyptian Goose - I	<i>Alopochen aegyptiaca</i>			✓	
Common Shelduck	<i>Tadorna tadorna</i>	✓			✓
Gadwall	<i>Mareca strepera</i>				✓
Mallard	<i>Anas platyrhynchos</i>	✓	✓	✓	✓
Eurasian Teal	<i>Anas crecca</i>				✓
Tufted Duck	<i>Aythya fuligula</i>	✓			✓
Common Pheasant - I	<i>Phasianus colchicus</i>	✓			
Common Swift	<i>Apus apus</i>	✓		✓	
Stock Dove	<i>Columba oenas</i>		✓		
Common Wood Pigeon	<i>Columba palumbus</i>	✓		✓	✓
Eurasian Collared Dove	<i>Streptopelia decaocto</i>		✓	✓	✓
Common Moorhen	<i>Gallinula chloropus</i>			✓	✓
Eurasian Coot	<i>Fulica atra</i>	✓			✓
Little Grebe	<i>Tachybaptus ruficollis</i>	1			✓
Great Crested Grebe	<i>Podiceps cristatus</i>	✓		✓	✓
Eurasian Oystercatcher	<i>Haematopus ostralegus</i>	✓			✓
Pied Avocet	<i>Recurvirostra avosetta</i>	✓			✓
Little Ringed Plover	<i>Charadrius dubius</i>				✓
Northern Lapwing	<i>Vanellus vanellus</i>				✓
Eurasian Curlew	<i>Numenius arquata</i>	✓			
Common Redshank	<i>Tringa totanus</i>	✓			
Ruddy Turnstone	<i>Arenaria interpres</i>	✓			
Common Tern	<i>Sterna hirundo</i>	✓			✓
Sandwich Tern	<i>Thalasseus sandvicensis</i>	✓			✓
Black-headed Gull	<i>Chroicocephalus ridibundus</i>	✓		✓	✓
Mediterranean Gull	<i>Ichthyaeetus melanocephalus</i>	✓			
European Herring Gull	<i>Larus argentatus</i>	✓	✓	✓	✓
Great Black-backed Gull	<i>Larus marinus</i>	✓			✓
Great Cormorant	<i>Phalacrocorax carbo</i>	✓		✓	✓
Little Egret	<i>Egretta garzetta</i>	✓			✓
Grey Heron	<i>Ardea cinerea</i>			✓	✓
Western Marsh Harrier	<i>Circus aeruginosus</i>				✓
Red Kite	<i>Milvus milvus</i>	1		2	
Common Buzzard	<i>Buteo buteo</i>	1	✓	✓	✓
Great Spotted Woodpecker	<i>Dendrocopos major</i>		✓		
European Green Woodpecker	<i>Picus viridis</i>		H		
Common Kestrel	<i>Falco tinnunculus</i>	✓		✓	
Eurasian Magpie	<i>Pica pica</i>	✓	✓	✓	✓
Western Jackdaw	<i>Coloeus monedula</i>	✓	✓	✓	✓
Rook	<i>Corvus frugilegus</i>	✓	✓	✓	
Carrion Crow	<i>Corvus corone</i>	✓	✓	✓	✓
Eurasian Blue Tit	<i>Cyanistes caeruleus</i>		H	H	✓
Great Tit	<i>Parus major</i>	✓		H	
Eurasian Skylark	<i>Alauda arvensis</i>	✓		H	
Sand Martin	<i>Riparia riparia</i>				✓
Barn Swallow	<i>Hirundo rustica</i>	✓		✓	✓
Western House Martin	<i>Delichon urbicum</i>	✓		✓	
Common Chiffchaff	<i>Phylloscopus collybita</i>	✓	✓	✓	✓

I = Introduced		July 2025			
Common name	Scientific name	1	2	3	4
Common Reed Warbler	<i>Acrocephalus scirpaceus</i>	H	H	✓	✓
Eurasian Blackcap	<i>Sylvia atricapilla</i>	H	H	H	
Garden Warbler	<i>Sylvia borin</i>		H		
Common Whitethroat	<i>Curruca communis</i>	H			
Eurasian Wren	<i>Troglodytes troglodytes</i>	H	H		
Eurasian Nuthatch	<i>Sitta europaea</i>		H		
Eurasian Treecreeper	<i>Certhia familiaris</i>				
Common Starling	<i>Sturnus vulgaris</i>	✓	✓	✓	✓
Song Thrush	<i>Turdus philomelos</i>	H	H	✓	
Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓
European Robin	<i>Erithacus rubecula</i>		✓	✓	
House Sparrow	<i>Passer domesticus</i>	✓		✓	
White Wagtail	<i>Motacilla alba</i>	✓	✓		✓
Meadow Pipit	<i>Anthus pratensis</i>	✓			
European Rock Pipit	<i>Anthus petrosus</i>	✓			
Common Linnet	<i>Linaria cannabina</i>	✓			✓
Common Reed Bunting	<i>Emberiza schoeniclus</i>			✓	✓

Mammals

		July 2025			
Common name	Scientific name	1	2	3	4
European Rabbit	<i>Oryctolagus cuniculus</i>	✓			
Grey Squirrel	<i>Sciurus carolinensis</i>			✓	

Amphibians

		July 2025			
Common name	Scientific name	1	2	3	4
Common Toad	<i>Bufo bufo</i>		✓		
Common Frog	<i>Rana temporana</i>		✓		
Marsh Frog	<i>Rana ribibunda</i>			H	

Butterflies

		July 2025			
Common name	Scientific name	1	2	3	4
Large Skipper	<i>Ochlodes sylvanus</i>			✓	
Essex Skipper	<i>Thymelicus lineola</i>	✓			
Common Brimstone	<i>Gonepteryx rhamni</i>		✓	✓	
Large White	<i>Pieris brassicae</i>	✓	✓	✓	
Small White	<i>Pieris rapae</i>			✓	
Green-veined White	<i>Pieris napi</i>	✓	✓	✓	
Small Copper	<i>Lycaena phlaeas</i>	✓			
Brown Argus	<i>Aricia agestis</i>			✓	
Common Blue	<i>Polyommatus icarus</i>		✓	✓	
White Admiral	<i>Limenitis camilla</i>			✓	
Silver-washed Fritillary	<i>Argynnis paphia</i>			✓	
Red Admiral	<i>Vanessa atalanta</i>	✓		✓	
Peacock Butterfly	<i>Aglais io</i>	✓		✓	
Comma	<i>Polygonia c-album</i>			✓	
Common Marbled White	<i>Melanargia galathea</i>	✓			
Common Ringlet	<i>Aphantopus hyperantus</i>			✓	
Common Gatekeeper	<i>Pyronia tithonus</i>	✓		✓	

Common name	Scientific name	July 2025			
		1	2	3	4
Meadow Brown	<i>Maniola jurtina</i>			✓	

Damselflies & dragonflies

Common name	Scientific name	July 2025			
		1	2	3	4
Beautiful Demoiselle	<i>Calopteryx virgo</i>			✓	
Common Bluetail	<i>Ischnura elegans</i>	✓	✓	✓	
Common Bluet	<i>Enallagma cyathigerum</i>	✓		✓	
Azure Bluet	<i>Coenagrion puella</i>	✓	✓		
Large Red Damsel	<i>Pyrrhosoma nymphula</i>			✓	
Blue Featherleg (White-legged Damselfly)	<i>Platycnemis pennipes</i>		✓		
Southern Hawker	<i>Aeshna cyanea</i>			✓	
Blue Emperor	<i>Anax imperator</i>	✓		✓	
Common Goldenring	<i>Cordulegaster boltonii</i>		✓		
Broad-bodied Chaser	<i>Libellula depressa</i>		✓	✓	
Black-tailed Skimmer	<i>Orthetrum cancellatum</i>			✓	
Common Darter	<i>Sympetrum striolatum</i>			✓	

Plants

Scientific Name	Common Name	Location
PTERIDOPHYTES	FERNS & ALLIES	
Calamophytes	Horsetails	
Equisetaceae	Horsetail Family	
<i>Equisetum arvense</i>	Field Horsetail	Seen occasionally
Leptosporangiate Ferns	True Ferns	
Aspleniaceae	Spleenwort Family	
<i>Asplenium adiantum-nigrum</i>	Black Spleenwort	Bodiam Castle
<i>Asplenium ceterach</i>	Rusty-back Fern	Bodiam Castle
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	Bodiam Castle
Athyriaceae	Lady-fern Family	
<i>Athyrium filix-femina</i>	Lady-fern	Bixley Wood
Blechnaceae	Hard-fern Family	
<i>Blechnum spicant</i>	Hard-fern	Bixley Wood
Dennstaedtiaceae	Bracken Family	
<i>Pteridium aquilinum</i>	Bracken	Widespread
Dryopteridaceae	Buckler-fern Family	
<i>Dryopteris affinis</i>	Scaly Male Fern	Brede High Woods
<i>Dryopteris carthusiana</i>	Narrow Buckler Fern	Bixley Wood
<i>Dryopteris dilatata</i>	Broad Buckler Fern	Bixley Wood
<i>Dryopteris filix-mas</i>	Male-fern	Bixley Wood
<i>Polystichum setiferum</i>	Soft Shield-fern	Bixley Wood
ANGIOSPERMS	DICOTYLEDONS	
Pre-Dicots	Primitive Angiosperms	
Nymphaeaceae	Water-lily Family	
<i>Nymphaea alba</i>	White Water-lily	River Rother
<i>Nymphaea lutea</i>	Yellow Water-lily	River Rother
Eu-Dicots	True Dicotyledons	
Adoxaceae	Moschatel Family	
<i>Sambucus nigra</i>	Elder	Widespread

Scientific Name	Common Name	Location
Alismataceae	Water Plantain Family	
<i>Alisma plantago-aquatica</i>	Water Plantain	Castle Water
<i>Sagittaria sagittifolia</i>	Arrowhead	River Rother
Amaranthaceae	Goosefoot Family	
<i>Atriplex glabriuscula</i>	Babingtons Orache	Rye Harbour
<i>Beta vulgaris</i> subsp. <i>maritima</i>	Sea Beet	Rye Harbour
<i>Chenopodium album</i>	Fat Hen	Rye Harbour
<i>Salicornia</i> agg.	Glasswort or Samphire	Rye Harbour
<i>Suaeda maritima</i>	Common Sea Blite	Rye Harbour
Apiaceae	Carrot Family	
<i>Conium maculatum</i>	Hemlock	Rye Harbour
<i>Daucus carota</i>	Wild Carrot	Rye Harbour
<i>Foeniculum vulgare</i>	Fennel	Rye Harbour
<i>Heracleum sphondylium</i>	Hogweed	Widespread
<i>Oenanthe crocata</i>	Hemlock Water Dropwort	Widespread
<i>Pastinacia sativa</i>	Wild Parsnip	Rye Harbour
<i>Smyrnium olusatrum</i>	Alexanders	Rye Harbour
<i>Torilis japonica</i>	Upright Hedge Parsley	Rye Harbour
Asteraceae	Daisy Family	
<i>Achillea millefolium</i>	Yarrow	Widespread
<i>Artemisia maritima</i>	Sea Wormwood	Rye Harbour
<i>Artemisia vulgaris</i>	Mugwort	Rye Harbour
<i>Bellis perennis</i>	Daisy	Rye Harbour
<i>Carduus tenuiflorus</i>	Slender Thistle	Rye Harbour
<i>Centaurea nigra</i>	Black (Common) Knapweed	Rye Harbour
<i>Cirsium arvense</i>	Creeping Thistle	Common
<i>Cirsium palustre</i>	Marsh Thistle	Bixley Wood
<i>Cirsium vulgare</i>	Spear Thistle	Rye Harbour
<i>Crepis capillaris</i>	Smooth Hawk's-beard	Rye Harbour
<i>Hypochaeris radicata</i>	Cat's-ear	Rye Harbour
<i>Jacobaea vulgaris</i>	Ragwort	Widespread
<i>Lactuca virosa</i>	Great Prickly Lettuce	Castle Water
<i>Lapsana communis</i>	Nipplewort	Common
<i>Leucanthemum vulgare</i>	Oxeye daisy	Common
<i>Matricaria discoidea</i>	Pineapple Weed	Common
<i>Pilosella officinarum</i>	Mouse-eared Hawkweed	
<i>Pulicaria dysenterica</i>	Common Fleabane	
<i>Senecio vulgaris</i>	Groundsel	Common
<i>Sonchus asper</i>	Prickly Sow-thistle	Common
<i>Tanacetum vulgare</i>	Tansy	Occasional
<i>Taraxacum</i> agg.	Dandelion	Common
<i>Tragopogon pratensis</i>	Goat's-beard	Common
<i>Tripleurospermum maritimum</i>	Sea Mayweed	Common
Aquifoliaceae	Holly Family	
<i>Ilex aquifolia</i>	Holly	
Araliaceae	Ivy Family	
<i>Hedera helix</i> agg.	Ivy	
Boraginaceae	Forget-me-not Family	
<i>Cynoglossum officinale</i>	Hound's-tongue	Occasional
<i>Echium vulgare</i>	Viper's Bugloss	Rye Harbour
<i>Myosotis arvensis</i>	Field Forget-me-not	Occasional

Scientific Name	Common Name	Location
Brassicaceae	Cabbage Family	
<i>Brassica nigra</i>	Black Mustard	Rye Harbour
<i>Capsella bursa-pastoris</i>	Shepherd's Purse	Rye Harbour
<i>Crambe maritima</i>	Sea Kale	Rye Harbour
<i>Rorippa nasturtium-aquaticum</i>	Watercress	
<i>Sinapis arvensis</i>	Charlock	Rye Harbour
<i>Sisymbrium officinale</i>	Hedge Mustard	Bixley Woods
Butomaceae	Flowering Rush Family	
<i>Butomus umbellatus</i>	Flowering Rush	River Rother
Caprifoliaceae	Honeysuckle Family	
<i>Lonicera periclymenum</i>	Honeysuckle	Common
Caryophyllaceae	Pink Family	
<i>Cerastium fontanum</i>	Common Mouse-ear	Common
<i>Silene uniflora</i>	Sea Campion	Rye Harbour
<i>Stellaria graminea</i>	Lesser Stitchwort	Bixley Woods
<i>Stellaria holostea</i>	Greater Stitchwort	Bixley Woods
<i>Stellaria media</i>	Common Chickweed	Bixley Woods
Convolvulaceae	Bindweed Family	
<i>Calystegia sepium</i>	Hedge Bindweed	Rye Harbour
<i>Calystegia silvatica</i>	Great Bindweed	Rye Harbour
<i>Convolvulus arvensis</i>	Field Bindweed	Rye Harbour
Corylaceae	Hazel Family	
<i>Corylus avellana</i>	Hazel	
Crassulaceae	Stonecrop Family	
<i>Sedum acre</i>	Biting Stonecrop	Rye Harbour
<i>Sedum album</i>	White Stonecrop	Rye Harbour
Cucurbitaceae	Cucumber Family	
<i>Bryonia dioica</i>	White Bryony	Common
Dipsacaceae	Teasel Family	
<i>Dipsacus fullonum</i>	Teasel	Common
<i>Knautia arvensis</i>	Field Scabious	Occasional
Euphorbiaceae	Spurge Family	
<i>Euphorbia helioscopia</i>	Sun Spurge	Rye Harbour
<i>Euphorbia paralias</i>	Sea Spurge	Rye Harbour
<i>Mercurialis perennis</i>	Dog's Mercury	Bixley Woods
Fabaceae	Pea Family	
<i>Lathyrus latifolius</i>	Broad-leaved Everlasting Pea	Rye Harbour
<i>Lathyrus japonicus</i>	Sea Pea	Rye Harbour
<i>Lathyrus pratensis</i>	Yellow Vetchling	Rye Harbour
<i>Lotus corniculatus</i>	Bird's-foot Trefoil	Rye Harbour
<i>Lotus pedunculatus</i>	Large Bird's-foot Trefoil	Rye Harbour
<i>Medicago arabica</i>	Spotted Medick	Rye Harbour
<i>Medicago lupulina</i>	Black Medick	Rye Harbour
<i>Melilotus altissimus</i>	Tall Melilot	River Rother
<i>Melilotus officinalis</i>	Ribbed Melilot	Rye Harbour
<i>Ononis repens</i>	Restharrow	Rye Harbour
<i>Trifolium campestre</i>	Hop Trefoil	Rye Harbour
<i>Trifolium pratense</i>	Red Clover	Common
<i>Trifolium repens</i>	White Clover	Common
<i>Vicia cracca</i>	Tufted Vetch	River Rother
<i>Vicia hirsuta</i>	Hairy tare	
<i>Vicia sativa</i> subsp. <i>segetalis</i>	Common Vetch	Common

Scientific Name	Common Name	Location
<i>Vicia sepium</i>	Bush Vetch	Common
Gentianaceae	Gentian Family	
<i>Blackstonia perfoliata</i>	Yellow-wort	Bixley Woods
<i>Centaurium erythraea</i>	Common Centaury	Bixley Woods
Geraniaceae	Geranium Family	
<i>Erodium cicutarium</i>	Common Stork's-bill	Common
<i>Geranium dissectum</i>	Cut-leaved Crane's-bill	Common
<i>Geranium molle</i>	Dove's-foot Crane's-bill	Common
<i>Geranium robertianum</i>	Herb Robert	Common
Hypericaceae	St. John's-wort Family	
<i>Hypericum perforatum</i>	Perforate St. John's-wort	
Lamiaceae	Dead-nettle Family	
<i>Ajuga reptans</i>	Bugle	Bixley Woods
<i>Ballota nigra</i>	Black Horehound	Bixley Woods
<i>Galeopsis tetrahit</i>	Common Hempnettle	
<i>Glechoma hederacea</i>	Ground-ivy	Bixley Woods
<i>Lamium album</i>	White Deadnettle	Bixley Woods
<i>Lamium purpureum</i>	Red Deadnettle	Bixley Woods
<i>Lycopus europaeus</i>	Gypsywort	Castle Water
<i>Mentha aquatica</i>	Water Mint	Castle Water
<i>Oregano officinalis</i>	Marjoram	Rye Harbour
<i>Prunella vulgaris</i>	Selfheal	Bixley Woods
<i>Stachys sylvatica</i>	Field Woundwort	Bixley Woods
<i>Teucrium scorodonia</i>	Wood Sage	Bixley Wood
<i>Thymus drucei</i>	Wild Thyme	Bixley Woods
Lythraceae	Purple Loosestrife Family	
<i>Lythrum salicaria</i>	Purple Loosestrife	Widespread
Malvaceae	Mallow Family	
<i>Lavatera arborea</i>	Tree Mallow	Rye Harbour
<i>Malva sylvestris</i>	Common Mallow	Rye Harbour
Menyanthaceae	Bogbean Family	
<i>Menyanthes trifoliata</i>	Bogbean	River Rother
<i>Nymphoides peltatus</i>	Fringed Water Lily	River Rother
Onagraceae	Willowherb Family	
<i>Chamaenerion angustifolium</i>	Rosebay Willowherb	Common
<i>Circaea lutetiana</i>	Enchanter's Nightshade	Bixley Woods
<i>Epilobium hirsutum</i>	Great Willowherb	Common
<i>Epilobium parviflorum</i>	Small-flowered Willowherb	Occasional
<i>Epilobium tetragonum</i>	Square-stemmed Willowherb	
Papaveraceae	Poppy Family	
<i>Glaucium flavum</i>	Yellow-horned Poppy	Rye Harbour
<i>Papaver rhoeas</i>	Corn Poppy	Rye Harbour
Plantaginaceae	Plantain Family	
<i>Plantago lanceolata</i>	Ribwort Plantain	Widespread
<i>Plantago major</i>	Greater Plantain	Widespread
<i>Plantago media</i>	Hoary Plantain	Widespread
Plumbaginaceae	Thrift Family	
<i>Limonium hyblaenum</i>	Rottingdean Sea Lavender	Rye Harbour
Polygonaceae	Knotweed Family	
<i>Persicaria amphibia</i>	Amphibious Bistort	Bodiam Castle
<i>Rumex acetosa</i>	Sorrel	Common
<i>Rumex crispus</i>	Curled Dock	Common

Scientific Name	Common Name	Location
<i>Rumex hydrolapathum</i>	Water Dock	River Rother
<i>Rumex obtusifolius</i>	Broad-leaved Dock	River Rother
Primulaceae	Primrose Family	
<i>Lysimachia (Anagallis) arvense</i>	Scarlet Pimpernel	Bixley Woods
<i>Lysimachia nummularia</i>	Creeping Jenny	Bixley Woods
<i>Lysimachia vulgaris</i>	Yellow Loosestrife	River Rother
Ranunculaceae	Buttercup Family	
<i>Clematis vitalba</i>	Old-man's-beard	Occasional
<i>Ranunculus acris</i>	Meadow Buttercup	Common
<i>Ranunculus bulbosus</i>	Bulbous Buttercup	Common
<i>Ranunculus flammula</i>	Lesser Spearwort	
<i>Ranunculus repens</i>	Creeping Buttercup	Common
Resedaceae	Mignonette Family	
<i>Reseda lutea</i>	Wild Mignonette	Rye Harbour
<i>Reseda luteola</i>	Weld	Rye Harbour
Rhamnaceae	Buckthorn Family	
<i>Hippophae rhamnoides</i>	Sea Buckthorn	Rye Harbour
Rosaceae	Rose Family	
<i>Agrimonia eupatoria</i>	Agrimony	Seen regularly
<i>Filipendula ulmaria</i>	Meadowsweet	Common
<i>Geum urbanum</i>	Wood Avens or Herb Bennet	Occasional
<i>Potentilla anserina</i>	Silverweed	Common
<i>Potentilla erecta</i>	Tormentil	Common
<i>Potentilla reptans</i>	Creeping Cinquefoil	Common
<i>Rosa canina</i> agg	Dog Rose	Common
<i>Rubus fruticosus</i> agg.	Bramble	
<i>Sorbus aria</i> agg	Whitebeam	
<i>Sorbus aucuparia</i>	Rowan	
Rubiaceae	Bedstraw Family	
<i>Galium aparine</i>	Cleavers	Common
<i>Galium mollugo</i>	Hedge Bedstraw	
<i>Galium verum</i>	Lady's Bedstraw	Camber Castle
<i>Gallium odoratum</i>	Woodruff	Hotel Gardens
Sapindaceae	Maple Family	
<i>Acer campestre</i>	Field Maple	
<i>Acer pseudoplatanus</i>	Sycamore	
<i>Acer platanoides</i>	Norway Maple	
Scrophulariaceae	Figwort Family	
<i>Scrophularia auriculata</i>	Water Figwort	Bodiam Castle
<i>Scrophularia nodosa</i>	Common Figwort	Rye Harbour
<i>Verbascum nigrum</i>	Dark Mullein	Rye Harbour
<i>Verbascum blattaria</i>	Moth Mullein	Rye Harbour
<i>Verbascum thapsus</i>	Great Mullein	Rye Harbour
Solanaceae	Nightshade Family	
<i>Atropa belladonna</i>	Deadly Nightshade	Bixley Woods
<i>Solanum dulcamara</i>	Bittersweet/Woody Nightshade	Rye Harbour
Urticaceae	Nettle Family	
<i>Parietaria judaica</i>	Pellitory of the Wall	Camber Castle
<i>Urtica dioica</i>	Common Nettle	Common
Valerianaceae	Valerian Family	
<i>Centranthus ruber</i>	Red Valerian	Rye Harbour

Scientific Name	Common Name	Location
Veronicaceae	Speedwell Family	
<i>Cymbalaria muralis</i>	Ivy-leaved Toadflax	Widespread
<i>Digitalis purpurea</i>	Foxglove	Bixley Woods
<i>Veronica chamaedrys</i>	Germander Speedwell	
<i>Veronica officinalis</i>	Heath Speedwell	Brede High Woods
Monocots	Moncotyledons	
Araceae	Arum Family	
<i>Arum maculatum</i>	Lords-and-Ladies	Bixley Woods
Asparagaceae	Bluebell Family	
<i>Hyacinthoides non-scripta</i>	Bluebell	Leaves only, Bixley Woods
Cyperaceae	Sedge Family	
<i>Carex pendula</i>	Pendulous Sedge	Bixley Wood
<i>Carex sylvatica</i>	Wood Sedge	
Iridaceae	Iris Family	
<i>Iris pseudacorus</i>	Yellow Flag	River Rother, leaves only
<i>Iris foetidissima</i>	Stinking Iris	
Orchidaceae	Orchid Family	
<i>Anacamptis pyramidalis</i>	Pyramidal Orchid	Rye Harbour