

# Go Slow in Hampshire

Naturetrek Tour Report

29th June – 2nd July 2021



Chalk Fragrant Orchid



Southern Marsh Orchid



Marbled White



Thursley Common

Tour report and images by Jonathan Mycock



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Tour participants: Jonathan Mycock (Leader) and Dan Lay (Co-leader) with eight Naturetrek clients

## Day 1

**Tuesday 29th June**

The group gathered at 18.30 in the Piano Room at Champneys Forest Mere, where Jonathan and Dan held a welcome reception, and Jonathan ran through the itinerary for the trip. Afterwards we had an enjoyable dinner in the restaurant.

## Day 2

**Wednesday 30th June**

After a healthy breakfast at Champneys Forest Mere, we headed to Thursley Common National Nature Reserve, just to the north in Surrey. Here we observed a good range of heathland and bog plants, including the yellow spikes of Bog Asphodel, a few splendid Early Marsh Orchids, and a variety of Sphagnum mosses and sedges, including Cotton Grass. Of particular fascination were the carnivorous Round-leaved Sundews, which obtain their nitrogen (lacking in the acidic, peaty soil) from insects which they trap on sticky hairs fringing their leaves! Birdlife included lengthy views of a singing Tree Pipit, a pair of Stonechats and a flock of Linnets feeding on the track. Some members of the group were lucky enough to spot a Dartford Warbler, which proved quite elusive as it flitted across the tops of the mature heather, and a single Woodlark completed the suite of diurnal heathland birds.

We then headed to Selborne for an enjoyable lunch at the Gilbert White Tea room. Afterwards we drove to nearby Noar Hill, a reserve managed by the Hampshire and Isle of Wight Wildlife Trust (HIOWWT). An area of former chalk pits, this small site contains a mixture of species-rich chalk grassland, scrub and woodland, and is particularly renowned for orchids. We soon located freshly emerged Pyramidal Orchids, a few Common Spotted Orchids and the paired leaves of Twayblade, then encountered Chalk Fragrant Orchids, with their attractive scent to attract pollinators. One member of the party found a group of splendid Bee Orchids, closely followed by the discovery of a few diminutive Musk Orchids.

A wide supporting cast of chalk grassland plants were recorded, including Chalk Milkwort, Wild Marjoram, Thyme, Basil, and Knapweed Broomrape, which is parasitic on Greater Knapweed. Lepidoptera included many Marbled Whites, Speckled Wood, Brimstone and Small Skipper butterflies, together with Six-spotted Burnet and Scarlet Tiger Moths. Birds included two Kestrels and several Whitethroats and Yellowhammers. In fact, so rich was the flora and fauna that we found it hard to pull ourselves away in order to return to Forest Mere for our dinner.

However, the day wasn't finished as most of the group joined an optional after-dinner walk to try and see or hear Nightjars. A short walk from our accommodation took us through mixed woodland to the slopes of Weavers Down, a fine area of lowland heath straddling the border between Hampshire and West Sussex. Although we heard the "kewip" call of nightjar, they were not churring on this particular evening, even though one of the clients had heard one from her bedroom window the night before! However, we were lucky to see one, then two, Woodcocks flying past, the male giving his peculiar, alternating grunt and squeak call. We also saw two distant Roe Deer and heard a distant Fox barking.

## Day 3

## Thursday 1st July

In the morning we headed south to RSPB Pagham Harbour in West Sussex. The Siddlesham Ferry pool held a good variety of waders, including a fine Spotted Redshank in breeding plumage, 20 Avocets and 50 Black-tailed Godwits, some looking very handsome in their brick-red summer plumage. Beside the footpath along the Ferry Channel we found some very attractive Common Lizards, which Dan (a keen herpetologist) was very pleased about! Further south, in the Church Norton area, Tern island held breeding Common, Little and Sandwich Terns, many Black-headed Gulls, and a few Mediterranean Gulls. The mudflats held a few Redshank, Oystercatchers, Curlew and Ringed Plover. Plants included Sea Plantain, Great Mullein, Sea Lavender and Sea Purslane.

Our lunch stop was at a local tea-room, where we were well catered for by the friendly staff. We then headed back into SE Hants to Havant Thicket, a Forestry Commission woodland near the village of Rowlands Castle. The site has a good network of wide, level rides which are fringed with wildflowers such as Common Knapweed, Sneezewort and Bramble, providing sheltered, sunny nectar stations for a wide range of butterflies. We had close views of Silver-washed Fritillary, White Admiral, Ringlets and a few Large Skippers.

## Day 4

## Friday 2nd July

After breakfast and checking out of our rooms, we headed south then west to the Meon Valley and a beech woodland on chalk called Chappett's Copse. This HLOWWT reserve is known by local naturalists to be good for orchids, and we were not disappointed! Under the shade of mature beech trees, we encountered Broad-leaved, Sword-leaved and White Helleborines and a single Fly Orchid, which had already "gone over". Jonathan took the group to see two Bird's Nest Orchids which he had found on a "recce" two weeks earlier, and then we found a separate group of 14 of these unusual plants. Later in the morning the sun emerged and in a sunny glade we found several Beautiful Demoiselles and a single Southern Hawker, which flew right up to investigate us!

After lunch at we explored the grounds of Forest Mere. The lake held Great Crested and Little Grebes, Canada, Greylag and Egyptian Geese, Mallard, Tufted Duck, Coot and Moorhen, many with young. Crossing the road, we carried on to the acid grassland, where we saw Chalk Milkwort and an abundance of Sheep's Sorrel and Red Fescue. Lower down we encountered a colony of Orchids, which Jonathan identified as probable hybrids of Heath Spotted x Southern Marsh (*Dactylorhiza hallii*).

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## Species Lists

### Birds

	Common name	Scientific name	June/July 2021		
			30	1	2
1	Common Pheasant	<i>Phasianus colchicus</i>	✓		✓
2	Greylag Goose	<i>Anser anser</i>	✓	✓	✓
3	Canada Goose	<i>Branta canadensis</i>	✓	✓	✓
4	Mute Swan	<i>Cygnus olor</i>	✓	✓	✓
5	Egyptian Goose	<i>Alopochen aegyptiaca</i>	✓	✓	✓
6	Shelduck	<i>Tadorna tadorna</i>		✓	
7	Gadwall	<i>Mareca strepera</i>		✓	
8	Mallard	<i>Anas platyrhynchos</i>	✓	✓	✓
9	Teal	<i>Anas crecca</i>		✓	
10	Tufted Duck	<i>Aythya fuligula</i>	✓	✓	✓
11	Cormorant	<i>Phalacrocorax carbo</i>	✓	✓	✓
12	Little Grebe	<i>Tachybaptus ruficollis</i>	✓	✓	✓
13	Great Crested Grebe	<i>Podiceps cristatus</i>	✓	✓	✓
14	Grey Heron	<i>Ardea cinerea</i>		✓	
15	Little Egret	<i>Egretta garzetta</i>		✓	
16	Red Kite	<i>Milvus milvus</i>	✓		
17	Common Buzzard	<i>Buteo buteo</i>	✓	✓	✓
18	Common Kestrel	<i>Falco tinnunculus</i>	✓	✓	✓
19	Common Moorhen	<i>Gallinula chloropus</i>	✓	✓	✓
20	Common Coot	<i>Fulica atra</i>	✓	✓	✓
21	Pied Avocet	<i>Recurvirostra avosetta</i>		✓	
22	Eurasian Oystercatcher	<i>Haematopus ostralegus</i>		✓	
23	Northern Lapwing	<i>Vanellus vanellus</i>		✓	
24	Common Ringed Plover	<i>Charadrius hiaticula</i>		✓	
25	Common Redshank	<i>Tringa totanus</i>		✓	
26	Spotted Redshank	<i>Tringa erythropus</i>		✓	
27	Eurasian Curlew	<i>Numenius torquatus</i>		✓	
28	Black-tailed Godwit	<i>Limosa limosa</i>		✓	
29	Bar-tailed Godwit	<i>Limosa lapponica</i>		✓	
30	Common Sandpiper	<i>Actitis hypoleucos</i>		✓	
31	Eurasian Woodcock	<i>Scolopax rusticola</i>	✓		
32	Black-headed Gull	<i>Chroicocephalus ridibundus</i>	✓	✓	✓
33	Mediterranean Gull	<i>Ichthyophaga melanocephala</i>		✓	
34	European Herring Gull	<i>Larus argentatus</i>	✓	✓	✓
35	Sandwich Tern	<i>Thalasseus sandwichensis</i>		✓	
36	Common Tern	<i>Sterna hirundo</i>	✓	✓	
37	Little Tern	<i>Sternula albifrons</i>		✓	
38	Feral Pigeon	<i>Columba livia feral</i>		✓	
39	Stock Dove	<i>Columba oenas</i>	✓		✓
40	Common Wood Pigeon	<i>Columba palumbus</i>	✓	✓	✓
41	Eurasian Collared Dove	<i>Streptopelia decaocto</i>		✓	✓
42	Tawny Owl	<i>Srix aluco</i>	✓		
43	Common Swift	<i>Apus apus</i>	✓	✓	✓
44	European Nightjar	<i>Caprimulgus europaeus</i>	✓		
45	Great Spotted Woodpecker	<i>Dendrocopos major</i>		✓	✓
46	European Green Woodpecker	<i>Picus viridis</i>	✓	✓	
47	Eurasian Magpie	<i>Pica pica</i>	✓	✓	✓

	Common name	Scientific name	June/July 2021		
			30	1	2
48	Western Jackdaw	<i>Coloeus monedula</i>	✓	✓	✓
49	Rook	<i>Corvus frugilegus</i>	✓		
50	Carrion Crow	<i>Corvus corone</i>	✓	✓	✓
51	Coal Tit	<i>Pariparus ater</i>	✓	✓	✓
52	Marsh Tit	<i>Poecile palustris</i>	✓		✓
53	Eurasian Blue Tit	<i>Cyanistes caeruleus</i>	✓	✓	✓
54	Great Tit	<i>Parus major</i>		✓	✓
55	Eurasian Skylark	<i>Alauda arvensis</i>	✓	✓	✓
56	Woodlark	<i>Lullula arborea</i>	✓		
57	Barn Swallow	<i>Hirundo rustica</i>		✓	✓
58	European Reed Warbler	<i>Acrocephalus scirpaceus</i>		✓	
59	Common Chiffchaff	<i>Phylloscopus collybita</i>	✓	✓	✓
60	Eurasian Blackcap	<i>Sylvia atricapilla</i>	✓	✓	✓
61	Common Whitethroat	<i>Curruca communis</i>	✓	✓	
62	Goldcrest	<i>Regulus regulus</i>	✓		✓
63	Eurasian Wren	<i>Troglodytes troglodytes</i>	✓	✓	✓
64	Eurasian Nuthatch	<i>Sitta europaea</i>			✓
65	Eurasian Treecreeper	<i>Certhia familiaris</i>	✓		✓
66	Common Starling	<i>Sturnus vulgaris</i>		✓	✓
67	Common Blackbird	<i>Turdus merula</i>	✓	✓	✓
68	Song Thrush	<i>Turdus philomelos</i>	✓		✓
69	European Robin	<i>Erithacus rubecula</i>	✓	✓	✓
70	European Stonechat	<i>Saxicola rubicola</i>	✓	✓	
71	House Sparrow	<i>Passer domesticus</i>	✓	✓	✓
72	Dunnock	<i>Prunella modularis</i>		✓	✓
73	Pied Wagtail	<i>Motacilla alba yarrellii</i>	✓	✓	✓
74	Tree Pipit	<i>Anthus trivialis</i>	✓		
75	Common Chaffinch	<i>Fringilla coelebs</i>	✓	✓	✓
76	Eurasian Bullfinch	<i>Pyrrhula pyrrhula</i>		✓	✓
77	European Greenfinch	<i>Chloris chloris</i>	✓	✓	✓
78	Common Linnet	<i>Linaria cannabina</i>	✓	✓	
79	European Goldfinch	<i>Carduelis carduelis</i>	✓	✓	✓
80	Eurasian Siskin	<i>Spinus spinus</i>	✓	✓	✓
81	Yellowhammer	<i>Emberiza citrinella</i>	✓	✓	
82	Common Reed Bunting	<i>Emberiza schoeniclus</i>	✓	✓	

## Invertebrates

	Common name	Scientific name	Location: see plant list for key
	<b>Butterflies:</b>		
1	Large White	<i>Artogeia xx</i>	NH, FM
2	Small White	<i>Artogeia rapae</i>	HT
3	Brimstone	<i>Gonepteryx rhamni</i>	NH,PH,HT
4	Small Blue	<i>Cupido minimus</i>	NH
5	Silver-studded Blue	<i>Plebeius argus</i>	TC
6	Red Admiral	<i>Vanessa atalanta</i>	NH
7	Marbled White	<i>Melanargia galathea</i>	NH, HT, FM
8	Meadow Brown	<i>Maniola jurtina</i>	TC, NH, HT, FM
9	Ringlet	<i>Aphantopus hyperanthus</i>	NH, HT
10	Speckled Wood	<i>Pararge aegeria</i>	NH

	Common name	Scientific name	Location: see plant list for key
11	Small Skipper	<i>Thymelicus sylvestris</i>	NH
12	Essex Skipper	<i>Ochlodes sylvanus</i>	NH
13	Large Skipper	<i>Ochlodes venata</i>	CC, TC
14	Small Heath	<i>Coenonympha pamphilus</i>	FM, TC
15	Comma	<i>Polygonum c-album</i>	HT
16	Gatekeeper	<i>Pyronia tithonus</i>	HT
17	White Admiral	<i>Limentis camilla</i>	HT
18	Silver-washed Fritillary	<i>Argynnis paphia</i>	HT
	<b>Moths:</b>		
1	Cinnabar moth	<i>Tyria jacobaeae</i>	NH
2	Six-spot Burnet	<i>Zygaena filipendulae</i>	NH
3	Scarlet Tiger	<i>Callimorpha dominula</i>	NH
4	Brown Silver Line	<i>Petrophora chlorosata</i>	TC
5	Lesser Yellow Underwing	<i>Noctua comes</i>	NH
6	Beautiful Yellow Underwing	<i>Anarta myrtili</i>	FM
	<b>Odonata</b>		
1	Small Red Damselfly	<i>Ceriagrion tenellum</i>	
2	Beautiful Demoiselle	<i>Calopteryx virgo</i>	CC
3	Common Blue Damselfly	<i>Enallagma cyathigerum</i>	FM
4	Blue-tailed Damselfly	<i>Ischnura elegans</i>	PH
5	Southern Hawker	<i>Aeshna cyanea</i>	CC
6	Emeror Dragonfly	<i>Anax imperator</i>	TC, FM
7	Broad-bodied Chaser	<i>Libellula depressa</i>	TC, FM
8	Four-spotted Chaser	<i>Libellula quadrimaculata</i>	TC
9	Black-tailed Skimmer	<i>Orthetrum cancellatum</i>	TC, FM
	<b>Other Invertebrates:</b>		
1	Soldier Beetle	<i>Cantharis fusca</i>	NH
2	Longhorn Beetle	<i>Cerambycidae</i>	HT
3	Thick-legged Flower Beetle	<i>Oedemera nobilis</i>	PH
4	Cuckoo Wasp spp	<i>Chrysis spp.</i>	TC
5	Scorpion Fly	<i>Panorpa spp.</i>	TC

## Others

	Common name	Scientific name	Location: see plant list for key
	<b>Mammals:</b>		
1	Rabbit	<i>Oryctolagus cuniculus</i>	NH
2	Roe Deer	<i>Capreolus capreolus</i>	WD
3	Grey Squirrel	<i>Sciurus carolinensis</i>	FM
4	Red Fox	<i>Vulpes vulpes</i>	WD
	<b>Reptiles &amp; Amphibians:</b>		
1	Common Lizard	<i>Zootoca vivipara</i>	PH
2	Common Toad	<i>Bufo bufo</i>	FM

	Common name	Scientific name	Location: see plant list for key
3	Marsh Frog	<i>Pelophylax ridibundus</i>	PH
4	Smooth Newt	<i>Lissotriton vulgaris</i>	PH

## Plants

## Group/Species

## English Name (if any)

## Location:

## Key

Chappet's Copse = CC

Forest Mere = FM

Havant Thicket = HT

Thursley Common = TC

Pagham Harbour = PH

Weaver's Down = WD

## PTERIDOPHYTES

## FERNS &amp; ALLIES

**Equisetaceae***Equisetum arvense***Horsetail Family**

Common Horsetail

**Dennstaedtiaceae***Pteridium aquilinum***Bracken Family**

Bracken

FM, TC, WD

## PINOPSIDA (GYMNOSPERMS)

## CONIFERS

**Cupressaceae***Juniperus communis***Juniper Family**

Juniper

NH

**Pinaceae***Larix decidua**Picea abies ssp. abies**Pinus sylvestris***Pine Family**

European Larch

Spruce

Scot's Pine

FM

HT

TC, FM

**Taxaceae***Taxus baccata***Yew Family**

Yew

CC, NH

## MAGNOLIOPSIDA (ANGIOSPERMS)

## FLOWERING PLANTS

**Magnoliidae (Dicotyledons)****Aceraceae***Acer pseudoplatanus***Maple Family**

Sycamore

CC, FM



<i>Acer campestre</i>	Field Maple	HT, NH
<b>Apiaceae (Umbelliferae)</b>	<b>Carrot Family</b>	
<i>Aegipodium podagaria</i>	Ground Elder	CC
<i>Anthriscus sylvestris</i>	Cow Parsley	NH
<i>Heracleum sphondylium</i>	Hogweed	NH
<i>Sanicula europaea</i>	Sanicle	CC
<b>Aquifoliaceae</b>	<b>Holly Family</b>	
<i>Ilex aquifolia</i>	Holly	CC, FM, FM
<b>Araliaceae</b>	<b>Ivy Family</b>	
<i>Hedera helix</i> agg	Ivy	All
<b>Asteraceae (Compositae)</b>	<b>Daisy Family</b>	
<i>Achillea millefolium</i>	Yarrow	NH
<i>Artemisia vulgaris</i>	Mugwort	PH
<i>Aster tripolium</i>	Sea Aster	PH
<i>Bellis perennis</i>	Daisy	NH, FM
<i>Centaurea nigra</i>	Knapweed	NH
<i>Centaurea scabiosa</i>	Greater Knapweed	NH
<i>Cirsium palustre</i>	Marsh Thistle	FM, NH
<i>Eupatorium cannabinum</i>	Hemp Agrimony	CC, HT, NH
<i>Leucanthimum vulgare</i>	Ox-eye Daisy	HT, NH
<i>Matricaria discoidea</i>	Pinapple Weed	NH
<i>Pilosella officinarum</i>	Mouse-eared Hawkweed	NH
<i>Senecio jacobae</i>	Ragwort	FM, HT, TC
<i>Senecio vulgaris</i>	Groundsel	FM
<i>Taraxacum agg</i>	Dandelion	HT, NH
<i>Tragopan pratensis</i>	Goatsbeard	NH
<b>Betulaceae (Corylaceae)</b>	<b>Birch Family</b>	
<i>Betula pendula</i>	Silver Birch	CC, TC, FM
<b>Boraginaceae</b>	<b>Forget-me-not Family</b>	
<i>Echium vulgare</i>	Viper's Bugloss	A3 verge
<i>Myosotis arvensis</i>	Field Forget-me-not	FM
<i>Myosotis scorpioides</i>	Water Forget-me-not	PH
<b>Brassicaceae (Cruciferae)</b>	<b>Cabbage Family</b>	
<i>Alliaria petiolata</i>	Garlic Mustard	NH
<b>Caprifoliaceae</b>	<b>Honeysuckle Family</b>	

<i>Lonicera periclymenum</i>	Honeysuckle	CC, HT
<i>Sambucus nigra</i>	Elder	NH
<i>Sorbus aria</i> agg	Whitebeam	NH
<i>Viburnum opulus</i>	Guelder Rose	NH
<b>Caryophyllaceae</b>	<b>Pink Family</b>	
<i>Cerastium fontanum</i>	Common Mouse-ear	NH
<i>Silene dioica</i>	Red Campion	TC
<i>Silene latifolia</i> ( <i>S.alba</i> )	White Campion	TC
<i>Silene vulgaris</i>	Bladder Campion	PH
<b>Chenopodiaceae</b>	<b>Goosefoot Family</b>	
<i>Chenopodium album</i>	Fat Hen	CC, HT, PH
<b>Celastraceae</b>	<b>Spindle-tree Family</b>	
<i>Eunonymus europaeus</i>	Spindle-tree	CC
<b>Cistaceae</b>	<b>Rock-rose Family</b>	
<i>Helianthemum nummularium</i>	Common Rockrose	FM, NH
<b>Clusiaceae (Guttiferae, Hypericaceae)</b>	<b>St. John's-wort Family</b>	
<i>Hypericum perforatum</i>	Perforate St. John's-wort	NH, PH
<b>Convolvulaceae</b>	<b>Bindweed Family</b>	
<i>Calystegia sepium</i>	Hedge Bindweed	FM, NH
<b>Cornaceae</b>	<b>Dogwood Family</b>	
<i>Cornus sanguinea</i>	Dogwood	CC, NH
<b>Corylaceae</b>	<b>Hazel Family</b>	
<i>Corylus avellana</i>	Hazel	CC, NH
<b>Crassulaceae</b>	<b>Stonecrop Family</b>	
<i>Sedum acre</i>	Biting Stonecrop	PH
<b>Cucurbitaceae</b>	<b>Cucumber Family</b>	
<i>Bryonica dioica</i>	White Bryony	NH
<i>Tamus communis</i>	Black Bryony	NH
<b>Dipsacaceae</b>	<b>Teasel Family</b>	
<i>Dipsacus fullonum</i>	Teasel	PH
<i>Knautia arvensis</i>	Field Scabious	NH

**Ericaceae***Calluna vulgaris**Erica cinerea**Erica tetralix***Heath family**

Heather

Bell Heather

Cross-leaved Heath

TC, WD

TC, WD

TC, WD

**Euphorbiaceae***Mercurialis perennis***Spurge Family**

Dog's Mercury

NH

**Fabaceae (Leguminosae)***Anthyllis vulneraria**Clinopodium vulgare**Hippocrepis comosa**Lathyrus pratensis**Lotus corniculatus**Medicago lupulina**Trifolium pratense**Trifolium repens**Trifolium arvense**Vicia cracca**Vicia sepium**Tetragonolobus maritimus***Pea Family**

Kidney Vetch

Wild basil

Horseshoe Vetch

Yellow Vetchling

Bird's-foot Trefoil

Black Medick

Red Clover

White Clover

Hare's-foot Clover

Tufted vetch

Bush Vetch

Dragon's Teeth

NH

NH

NH

NH

NH

NH

NH

NH

TC

NH

NH

NH

**Fagaceae***Carpinus betulus**Fagus sylvatica**Quercus robur**Quercus petraea***Oak & Beech Family**

Hornbeam

Beech

Pedunculate Oak

Sessile Oak

HT

FM

FM

FM

**Geraniaceae***Geranium dissectum**Geranium robertianum***Geranium Family**

Cut-leaved Crane's-bill

Herb Robert

PH

NH, TC

**Lamiaceae (Labiatae)***Glechoma hederacea**Lamium album**Mentha aquatica**Oregano officinalis**Prunella vulgaris**Stachys sylvatica**Teucrium scorodonium**Thymus polytrichis***Dead-nettle Family**

Ground Ivy

White Deadnettle

Water Mint

Marjoram

Selfheal

Hedge Woundwort

Wood Sage

Wild Thyme

PH

FM

PH

NH

NH

CC, FM, HT, NH, TC

PH

NH

**Linaceae****Flax Family**

<i>Linum catharticum</i>	Fairy Flax	NH
<b>Lythraceae</b>	<b>Purple Loosestrife Family</b>	
<i>Lythrum salicaria</i>	Purple Loosestrife	PH
<b>Malvaceae</b>	<b>Mallow Family</b>	
<i>Malva sylvestris</i>	Common Mallow	FM, PH
<b>Oleaceae</b>	<b>Olive Family</b>	
<i>Fraxinus excelsior</i>	Ash	NH
<i>Ligustrum vulgare</i>	Wild Privet	CC
<b>Onagraceae</b>	<b>Willowherb Family</b>	
<i>Chamerion angustifolium</i>	Rosebay Willowherb	TC
<i>Epilobium hirsutum</i>	Great Willowherb	PH
<b>Orobanchaceae</b>	<b>Broomrape Family</b>	
<i>Orobanche elatior</i>	Knapweed Broomrape	NH
<b>Papaveraceae</b>	<b>Poppy Family</b>	
<i>Glaucium flavum</i>	Yellow-horned Poppy	PH
<b>Plantaginaceae</b>	<b>Plantain Family</b>	
<i>Plantago lanceolata</i>	Ribwort Plantain	NH
<i>Plantago major</i>	Greater Plantain	CC
<b>Polygalaceae</b>	<b>Milkwort Family</b>	
<i>Polygala serpyllifolia</i>	Heath Milkwort	FM, TC
<i>Polygala vulgaris</i>	Common Milkwort	NH
<i>Polygala calcarea</i>	Chalk Milkwort	NH
<b>Polygonaceae</b>	<b>Knotweed Family</b>	
<i>Rumex acetosa</i>	Sorrel	NH
<i>Rumex acetosella</i>	Sheep's Sorrel	FM, TC
<i>Rumex obtusifolius</i>	Broad-leaved Dock	HT, NH
<b>Primulaceae</b>	<b>Primrose Family</b>	
<i>Primula veris</i>	Cowslip	NH
<b>Ranunculaceae</b>	<b>Buttercup Family</b>	
<i>Caltha palustris</i>	Kingcups	FM
<i>Clematis vitalba</i>	Old man's-beard	HT, NH
<i>Ranunculus acris</i>	Meadow Buttercup	NH

<i>Ranunculus repens</i>	Creeping Buttercup	NH
<i>Ranunculus flammula</i>	Lesser Spearwort	PH
<b>Rhamnaceae</b>	<b>Buckthorn Family</b>	
<i>Rhamnus catharticus</i>	Buckthorn	NH
<b>Rosaceae</b>	<b>Rose Family</b>	
<i>Agrimonia eupatoria</i>	Agrimony	CC, NH, PH
<i>Crataegus monogyna</i>	Hawthorn	CC, NH
<i>Fragaria vesca</i>	Wild Strawberry	CC
<i>Geum urbanum</i>	Wood Avens or Herb Bennet	CC, FM
<i>Malus sylvestris</i>	Crab Apple	NH
<i>Potentilla anserina</i>	Silverweed	NH, PH
<i>Potentilla erecta</i>	Tormentil	FM
<i>Potentilla reptans</i>	Creeping Cinquefoil	FM
<i>Prunus avium</i>	Wild Cherry	NH
<i>Prunus spinosa</i>	Blackthorn	NH
<i>Rosa canina</i> agg	Dog Rose	NH
<i>Rubus fruticosus</i> agg	Bramble	NH
<i>Sanguisorba minor</i> agg	Salad Burnet	NH
<i>Sorbus aucuparia</i>	Rowan	FM
<b>Droseraceae</b>	<b>Sundews</b>	
<i>Drosera rotundifolia</i>	Round-leaved Sundew	TC
<b>Rubiaceae</b>	<b>Bedstraw Family</b>	
<i>Cruciata laevipes</i>	Crosswort	CC, NH
<i>Galium aparine</i>	Cleavers	NH
<i>Galium verum</i>	Ladies bedstraw	NH
<i>Galium saxatile</i>	Heath Bedstraw	FM, TC
<b>Scrophulariaceae</b>	<b>Figwort Family</b>	
<i>Digitalis purpurea</i>	Foxglove	HT, TC
<i>Melampyrum arvense</i>	Field Cow-wheat	NH
<i>Rhinanthus minor</i> agg	Hay Rattle	NH
<i>Verbascum nigrum</i>	Great Mullien	FM
<i>Linaria vulgaris</i>	Common Toadflax	PH
<i>Veronica chamaedrys</i>	Germander Speedwell	NH
<i>Veronica officinalis</i>	Heath Speedwell	FM, TC
<i>Euphrasia nemorosa</i>	Common Eyebright	NH
<b>Urticaceae</b>	<b>Nettle Family</b>	
<i>Urtica dioica</i>	Common Nettle	NH

<b>Valerianaceae</b>	<b>Valerian Family</b>	
<i>Centranthus ruber</i>	Red Valerian	NH, PH
	<b>Liliidae (Monocotyledons)</b>	
<i>Sagittaria sagittifolia</i>	Arrowhead	PH
<i>Hydrocharis morsus-ranae</i>	Frogbit	PH
<b>Araceae</b>	<b>Arum Family</b>	
<i>Arum maculatum</i>	Lords and Ladies	CC
<b>Dioscoreaceae</b>	<b>Black Bryony Family</b>	
<i>Tamus communis</i>	Black Bryony	HT, NH
<b>Liliaceae</b>	<b>Lily Family</b>	
<i>Polygonatum multiflorum</i>	Common Solomon's-seal	CC
<i>Narthecium ossifragum</i>	Bog Asphodel	TC
<b>Iridaceae</b>	<b>Iris Family</b>	
<i>Iris psuedocorus</i>	Yellow Flag	FM, PH
<b>Sparganiaceae</b>	<b>Burr-Reed Family</b>	
<i>Sparganium erectum</i>	Branched Burr-reed	PH
<b>Orchidaceae</b>	<b>Orchid Family</b>	
<i>Anacamptis pyramidalis</i>	Pyramidal Orchid	NH
<i>Cephalanthera damasonium</i>	White Helleborine	CC
<i>Cephalanthera longifolia</i>	Narrow-leaved Helleborine	CC
<i>Dactylorhiza fuchsii</i>	Common Spotted Orchid	CC, HT, NH
<i>Dactylorhiza hallii</i>	Heath Spotted x Southern Marsh Orchid	FM
<i>Dactylorhiza incarnata</i>	Early Marsh Orchid	TC
<i>Epipactis helleborine</i>	Broad-leaved Helleborine	CC
<i>Gymnadenia conopsea</i>	Chalk Fragrant Orchid	NH
<i>Herminium monorchis</i>	Musk Orchid	NH
<i>Listera ovata</i>	Common Twayblade	NH
<i>Neottia nidus-avis</i>	Bird's-nest Orchid	CC
<i>Ophrys apifera</i>	Bee Orchid	NH
<i>Ophrys insectifera</i>	Fly Orchid	CC
<b>Cyperaceae</b>	<b>Sedge family</b>	
<i>Eriophorum angustifolium</i>	Common Cotton Grass	TC
<b>Poaceae (Gramineae)</b>	<b>Grass Family</b>	

<i>Anthoxanthum odoratum</i>	Sweet Vernal Grass	TC
<i>Bromus</i>	Wood Brome	CC
<i>Briza media</i>	Quaking Grass	NH, TC
<i>Cynosurus cristatus</i>	Crested Dog's Tail	NH, TC
<i>Dactylis glomerata</i>	Cock's-foot	CC, NH
<i>Holcus lanatus</i>	Yorkshire Fog	TC
<i>Festuca ovina agg</i>	Sheep's Fescue	WD
<i>Festuca rubra agg</i>	Red Fescue	FM, TC
<i>Lolium perenne</i>	Perennial Rye-grass	NH
<i>Molinia caerulea</i>	Purple Moor-grass	TC
<i>Poa annua</i>	Annual Meadow-grass	NH
<i>Phleum pratense</i>	Timothy	NH
<i>Phragmites australis</i>	Common Reed	FM, PH



Our group, with Naturetrek's Dan Lay (centre) at Chappett's Copse