

Go Slow in Hampshire

Naturetrek Tour Report

30th June – 3rd July 2025



Bog Asphodel



Avocet



Roe Deer



Marbled White

Tour report by Jonathan Mycock



Naturetrek

Mingledown Barn

Wolf's Lane

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Tour participants: Jonathan Mycock (leader) with six Naturetrek clients

Summary

We enjoyed a period of hot, sunny weather, visiting a variety of habitats from our comfortable base at Old Thorns, near Liphook in north-east Hants. These included chalk grassland, mixed woodland, freshwater, coast and heath. We noted a good diversity of plants, including Greater Knapweed, Pyramidal Orchid and Early Marsh Orchid. We recorded twenty species of butterfly, including White Admiral, and Dark Green and Silver-washed Fritillaries. Seven species of damselfly/dragonfly were found, including Black Darter and Blue Emperor. We saw a total of 73 species of bird, including Avocet, Black-tailed Godwit, Marsh Harrier, Mediterranean Gull, Woodlark and Yellowhammer.

Day 1

Monday 30th June

Hot and sunny

The six clients met the tour leader Jonathan Mycock in the Kings Restaurant at Old Thorns just before dinner. Jonathan gave a brief introduction to the area and ran through the itinerary for the tour.

Day 2

Tuesday 1st July

Hot, sunny and humid; cloudy later

Owing to the forecast for very hot weather, we decided to avoid Thursley Common (due to its exposed nature and hot, sandy paths), which we had planned to visit, and go to Noar Hill instead (especially since we would be having lunch in nearby Selborne).

As soon as we got out of the minibus, we were regaled by the song of Skylarks, while nearby a Kestrel hovered over the fields of ripening barley. A walk up the track to the reserve produced many Meadow Brown and Small White butterflies, while at least two Song Thrushes hopped along the path ahead of us, finding snails in the long grass.

Once on the reserve, we encountered many Pyramidal Orchids. Greater and Common Knapweed attracted numerous Marbled White butterflies, and we also saw several Ringlets, Gatekeepers and a pair of Small Coppers. A Hummingbird Hawk-moth was a pleasant surprise, and gave prolonged views. Birds here included singing Blackcap, Chiffchaff and Yellowhammer.

The rich tapestry of wildflowers included Hedge and Lady's Bedstraws, Common Mullein and the strange-looking Knapweed Broomrape. We passed a large patch of Kidney Vetch with a few Chalk Fragrant Orchids among them. By 11.00am it was very hot and surprisingly humid. Plenty of Brimstones were on the wing and we obtained good views of both these and a few Green-veined Whites. By the exit track, we found some Common Twayblades, while along the lane we spotted a pair of Bullfinches and a few Linnets.

Lunch was taken at White's Café in Selborne, next to Gilbert White's House and the museum. Returning to the car park, we found a single White Admiral fluttering among the Honeysuckle. Next, we drove to Abbot's Wood, part of Alice Holt Forest, near Farnham. Here we walked along the main track, where lots of mating pairs of Silver-washed Fritillary were seen on the flowering Bramble, together with a few White Admirals. A Brown Hawker dragonfly was quartering up and down the track, occasionally being chased by a feisty Comma! Coal Tit, Marsh Tit and Nuthatch were calling from the trees. Plenty of Ringlets were noted, flying along the ride edges with the larger Meadow Browns. In the late afternoon we returned to Old Thorns, and completed the checklist before dinner.

Day 3

Wednesday 2nd July

Rain at first; sunny after 11.00am

Today we headed to Titchfield Haven National Nature Reserve, near Lee-on-Solent, on the Hampshire coast. Having purchased our entry tickets, we followed the boardwalk trail, which runs along the east side of the reserve. Many of the stands of Willow close to the trail were turning yellow, and we learned that this was caused by the Willow Flea Beetle, which was eating the leaves and causing them to shrivel up. We saw many of these small, metallic blue insects, which most of us had never seen before.

The first hide we entered was the Suffern Hide, from which we could see the reed-fringed River Meon. Several Common Terns were flying to and fro, while on wooden perches, two Great Cormorants sat drying their wings in their 'heraldic pose'. Close to the hide, we could hear the monotonous song of the Reed Warbler, coming from dense stands of Common Reed. Other fen-type plants here included Greater Reedmace, Gypsywort and Water Mint.

Our second stop was at the Meadow Hide, which provided a 360° view of the reserve. On the distant pool known as the 'frying pan' we spotted a few Redshanks and Lapwings, a pair of Mediterranean Gulls, and several Lesser Black-backed Gulls, together with single Grey Herons and Little Egrets. We had distant views of two Marsh Harriers and later witnessed the drama of a female harrier swooping over a Common Buzzard perched in the top of a Hawthorn bush. The Buzzard was giving its plaintive 'mewing' call repeatedly, and seemed to be very upset by the aggression of the harrier!

The third hide was Knights Bank, and in front of us we had good views of a Common Whitethroat flitting through the scrub. We then decided to walk back to the vehicle and head up the hill to a café, where we had a very pleasant lunch.

In the afternoon, we visited the west side of the reserve and the River Meon, stopping first at the Meon Shore Hide. This overlooks the South Scrape, a large shallow area of water with numerous islands, each of which is numbered, making it easy to call out any interesting bird sightings. The scrape and islands were teeming with birds, with many Avocets and Black-headed Gulls feeding well-grown young. Common and Sandwich Terns flew back and forth, bringing small fish from the Solent back to their chicks. Over sixty Black-tailed Godwits were counted, many in their brick-red breeding plumage, together with several pairs of noisy Oystercatchers. Ducks included Shelduck, Gadwall, Shoveler and Teal. Unfortunately, at 4.00pm the reserve was due to close, so we headed back to our minibus and made the return journey to Old Thorns.

Day 4

Thursday 3rd July

Sunny; blue sky with a few clouds later and a light breeze

Today, after some of the guests had finished checking out of the hotel, we headed northwards up the A3 to Thursley Common NNR, on the Wealden Greensand Heaths in Surrey. We undertook a circular walk in an anticlockwise direction, which lasted three hours. Starting at Moat Pond, a search for dragonflies revealed large numbers of Common Bluets around the margins of the pool. The heathland was quiet for birds, apart from the usual Stonechats, and we saw several families of these colourful chats. An area recently cleared of trees held two Woodlarks, which we were lucky to see at this time of year, since they are usually more visible in early spring.

Next, we went along a boardwalk, which crossed some wet heath and valley mire habitat. A few Common Lizards were basking on the edges of the structure, while in the pool to one side we spotted a Common Frog. Further on, a fine Roe Deer was seen grazing out on the mire, surrounded by Bog Asphodel and Cotton Grass.

We then joined a longer section of boardwalk, which crossed an extensive area of bog pools and valley mire. Here we saw a good variety of dragonfly species, including Black Darter, Black-tailed Skimmer, Brown Hawker, Blue Emperor and Large Red Damsel. The largest pool held a few species of waterfowl, including Little Grebe and Tufted Duck, which were both new for our tour. Along the margins, a tall reedbed provided cover for singing Reed Warbler and Reed Bunting. Returning to the car park along a sandy path, we saw several Peacock and Red Admiral butterflies, together with a black and red Sand Wasp of the genus *Ammophila*.

We then headed south towards Liphook and the Deer's Hut pub, where we had a most enjoyable lunch. After lunch, we updated our checklists before returning to Old Thorns, where we bade each other farewell.

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Species lists

Birds (H = Heard only)

Common name	Scientific name	June/July 2025			
		30	1	2	3
Canada Goose	<i>Branta canadensis</i>			✓	✓
Greylag Goose	<i>Anser anser</i>			✓	
Common Shelduck	<i>Tadorna tadorna</i>			✓	
Northern Shoveler	<i>Spatula clypeata</i>			✓	
Gadwall	<i>Mareca strepera</i>			✓	
Mallard	<i>Anas platyrhynchos</i>			✓	✓
Eurasian Teal	<i>Anas crecca</i>			✓	
Tufted Duck	<i>Aythya fuligula</i>				✓
Common Pheasant	<i>Phasianus colchicus</i>			✓	H
Rock Dove	<i>Columba livia</i>			✓	
Common Wood Pigeon	<i>Columba palumbus</i>	✓	✓	✓	✓
Eurasian Collared Dove	<i>Streptopelia decaocto</i>			✓	
Common Moorhen	<i>Gallinula chloropus</i>			✓	✓
Eurasian Coot	<i>Fulica atra</i>			✓	
Little Grebe	<i>Tachybaptus ruficollis</i>				✓
Great Crested Grebe	<i>Podiceps cristatus</i>			✓	
Eurasian Oystercatcher	<i>Haematopus ostralegus</i>			✓	
Pied Avocet	<i>Recurvirostra avosetta</i>			✓	
Northern Lapwing	<i>Vanellus vanellus</i>			✓	
Black-tailed Godwit	<i>Limosa limosa</i>			✓	
Black-headed Gull	<i>Chroicocephalus ridibundus</i>			✓	
Mediterranean Gull	<i>Ichthyæetus melanocephalus</i>			✓	
Great Black-backed Gull	<i>Larus marinus</i>			✓	
European Herring Gull	<i>Larus argentatus</i>			✓	
Lesser Black-backed Gull	<i>Larus fuscus</i>			✓	
Sandwich Tern	<i>Thalasseus sandvicensis</i>			✓	
Common Tern	<i>Sterna hirundo</i>			✓	
Great Cormorant	<i>Phalacrocorax carbo</i>			✓	
Grey Heron	<i>Ardea cinerea</i>			✓	
Little Egret	<i>Egretta garzetta</i>				✓
Western Marsh Harrier	<i>Circus aeruginosus</i>			✓	
Red Kite	<i>Milvus milvus</i>		✓	✓	
Common Buzzard	<i>Buteo buteo</i>			✓	✓
Tawny Owl	<i>Strix aluco</i>			H	
Great Spotted Woodpecker	<i>Dendrocopos major</i>		H	H	
European Green Woodpecker	<i>Picus viridis</i>			H	H
Common Kestrel	<i>Falco tinnunculus</i>		✓	✓	
Eurasian Jay	<i>Garrulus glandarius</i>			✓	
Eurasian Magpie	<i>Pica pica</i>	✓	✓	✓	✓
Western Jackdaw	<i>Coloeus monedula</i>		✓		
Rook	<i>Corvus frugilegus</i>				✓
Carrion Crow	<i>Corvus corone</i>		✓	✓	✓
Coal Tit	<i>Parus ater</i>		✓		H
Marsh Tit	<i>Poecile palustris</i>		H		
Eurasian Blue Tit	<i>Cyanistes caeruleus</i>		✓	✓	✓
Great Tit	<i>Parus major</i>		✓	✓	
Woodlark	<i>Lullula arborea</i>				✓

		June/July 2025			
Common name	Scientific name	30	1	2	3
Eurasian Skylark	<i>Alauda arvensis</i>		✓	H	
Barn Swallow	<i>Hirundo rustica</i>				✓
Long-tailed Tit	<i>Aegithalos caudatus</i>			✓	
Common Chiffchaff	<i>Phylloscopus collybita</i>		✓	✓	H
Common Reed Warbler	<i>Acrocephalus scirpaceus</i>			H	H
Eurasian Blackcap	<i>Sylvia atricapilla</i>		✓	✓	
Common Whitethroat	<i>Curruca communis</i>		✓	✓	
Goldcrest	<i>Regulus regulus</i>		✓		
Eurasian Wren	<i>Troglodytes troglodytes</i>		✓	✓	✓
Eurasian Nuthatch	<i>Sitta europaea</i>		H		
Common Starling	<i>Sturnus vulgaris</i>			✓	
Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓
Song Thrush	<i>Turdus philomelos</i>		✓		
European Robin	<i>Erithacus rubecula</i>	✓		✓	✓
European Stonechat	<i>Saīicola rubicola</i>				✓
House Sparrow	<i>Passer domesticus</i>			H	
Duncock	<i>Prunella modularis</i>		✓	✓	
Pied Wagtail	<i>Motacilla alba yarrellii</i>			✓	
Eurasian Chaffinch	<i>Fringilla coelebs</i>				H
Eurasian Bullfinch	<i>Pyrrhula pyrrhula</i>		✓		
European Goldfinch	<i>Carduelis carduelis</i>		✓	✓	✓
Eurasian Siskin	<i>Spinus spinus</i>			H	
Yellowhammer	<i>Emberiza citrinella</i>		✓		
Common Reed Bunting	<i>Emberiza schoeniclus</i>				✓

Mammals

S = signs, D = dead		June/July 2025			
Common name	Scientific name	30	1	2	3
European Rabbit	<i>Oryctolagus cuniculus</i>	✓			
Grey Squirrel	<i>Sciurus carolinensis</i>			✓	
Red Fox	<i>Vulpes vulpes</i>			S	
Roe Deer	<i>Capreolus capreolus</i>				✓
Common Shrew	<i>Sorex araneus</i>			D	

Reptiles & amphibians

		June/July 2025			
Common name	Scientific name	30	1	2	3
Common Lizard	<i>Zootoca vivipara</i>				✓
Common Frog	<i>Rana temporaria</i>				✓

Butterflies

		June/July 2025			
Common name	Scientific name	30	1	2	3
Lulworth Skipper	<i>Thymelicus acteon</i>		✓		
Small Skipper	<i>Thymelicus sylvestris</i>		✓		
Common Brimstone	<i>Gonepteryx rhamni</i>		✓		
Large White	<i>Pieris brassicae</i>		✓	✓	✓
Small White	<i>Pieris rapae</i>		✓	✓	✓
Green-veined White	<i>Pieris napi</i>			✓	

Common name	Scientific name	June/July 2025			
		30	1	2	3
Small Copper	<i>Lycaena phlaeas</i>		✓		
Adonis Blue	<i>Polyommatus bellargus</i>				✓
Common Blue	<i>Polyommatus icarus</i>		✓		
White Admiral	<i>Limenitis camilla</i>		✓		
Silver-washed Fritillary	<i>Argynnis paphia</i>		✓		
Dark Green Fritillary	<i>Speyeria aglaja</i>		✓		
Red Admiral	<i>Vanessa atalanta</i>		✓	✓	✓
Peacock Butterfly	<i>Aglais io</i>		✓	✓	✓
Comma	<i>Polygonia c-album</i>		✓		
Speckled Wood	<i>Pararge aegeria</i>			✓	
Common Marbled White	<i>Melanargia galathea</i>		✓		
Common Ringlet	<i>Aphantopus hyperantus</i>		✓		
Common Gatekeeper	<i>Pyronia tithonus</i>		✓	✓	
Meadow Brown	<i>Maniola jurtina</i>		✓	✓	✓

Moths

Common name	Scientific name	June/July 2025			
		30	1	2	3
Hummingbird Hawk-moth	<i>Macroglossum stellatarum</i>		✓		
Jersey Tiger	<i>Euplagia quadripunctaria</i>		✓		

Damselflies & dragonflies

Common name	Scientific name	June/July 2025			
		30	1	2	3
Common Bluet	<i>Enallagma cyathigerum</i>				✓
Large Red Damsel	<i>Pyrhosoma nymphula</i>				✓
Brown Hawker	<i>Aeshna grandis</i>				✓
Blue Emperor	<i>Anax imperator</i>				✓
Black-tailed Skimmer	<i>Orthetrum cancellatum</i>				✓
Keeled Skimmer	<i>Orthetrum coerulescens</i>				✓
Black Darter	<i>Sympetrum danae</i>				✓

Other insects

Common name	Scientific name	June/July 2025			
		30	1	2	3
Seven-spot Ladybird	<i>Coccinella septempunctata</i>		✓		✓
Harlequin Ladybird	<i>Harmonia axyridis</i>			✓	
Willow Flea Beetle	<i>Crepidodera aurata</i>			✓	
Sand Wasp	<i>Ammophila</i> sp.				✓
White-tailed Bumblebee	<i>Bombus leucorum</i> agg.				✓

Plants

Scientific name	Common name	Site: NH=Noar Hill; AW=Abbots Wood; TH=Titchfield Haven; TC=Thursley Common
PTERIDOPHYTES	FERNS & ALLIES	
Dennstaedtiaceae	Bracken Family	
<i>Pteridium aquilinum</i>	Bracken	AW, TC
Dryopteridaceae	Buckler Fern Family	
<i>Dryopteris felix-mas</i>	Male Fern	TH
Polypodiaceae	Polypody Family	
<i>Osmunda regalis</i>	Royal Fern	TC
Woodsiaceae (Athyriaceae)	Lady Fern Family	
<i>Asplenium scolopendrium</i>	Hart's Tongue Fern	TH
PINOPSIDA (GYMNOSPERMS)	CONIFERS	
Cupressaceae	Juniper Family	
<i>Juniperus communis</i>	Juniper	NH
Pinaceae	Pine Family	
<i>Larix decidua</i>	European Larch	AW
<i>Picea abies ssp. abies</i>	Spruce	AW
<i>Pinus sylvestris</i>	Scot's Pine	TC, AW
Taxaceae	Yew Family	
<i>Taxus baccata</i>	Yew	NH, AW
MAGNOLIOPSIDA (ANGIOSPERMS)	FLOWERING PLANTS	
	Dicotyledons	
Aceraceae	Maple Family	
<i>Acer pseudoplatanus</i>	Sycamore	TH
Apiaceae (Umbelliferae)	Carrot Family	
<i>Anthriscus sylvestris</i>	Cow Parsley	NH
<i>Heracleum sphondylium</i>	Hogweed	TH
Aquifoliaceae	Holly Family	
<i>Ilex aquifolia</i>	Holly	TH
Araliaceae	Ivy Family	
<i>Hedera helix agg</i>	Ivy	All
Asteraceae (Compositaceae)	Daisy Family	
<i>Achillea millefolium</i>	Yarrow	NH
<i>Bellis perennis</i>	Daisy	NH
<i>Centaurea nigra</i>	Knapweed	NH
<i>Centaurea scabiosa</i>	Greater Knapweed	NH
<i>Cirsium palustre</i>	Marsh Thistle	TH, AW
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	NH, TH
<i>Matricaria discoidea</i>	Pineapple Weed	NH, TH
<i>Senecio jacobae</i>	Ragwort	NH
<i>Sonchus oleraceus</i>	Smooth Sowthistle	NH
<i>Taraxacum agg</i>	Dandelion	TH
<i>Picris echioides</i>	Bristly Oxtongue	TH
Betulaceae (Corylaceae)	Birch Family	
<i>Betula pendula</i>	Silver Birch	AW, TC
Campanulaceae	Bellflower Family	
<i>Campanula glomerata</i>	Clustered Bellflower	NH

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Caprifoliaceae	Honeysuckle Family	
<i>Lonicera periclymenum</i>	Honeysuckle	AW
<i>Sambucus nigra</i>	Elder	AW
Caryophyllaceae	Pink Family	
<i>Cerastium fontanum</i>	Common Mouse-ear	NH
<i>Silene dioica</i>	Red Campion	AW
Cistaceae	Rock-rose Family	
<i>Helianthemum nummularium</i>	Common Rockrose	NH
Clusiaceae (Guttiferae, Hypericaceae)	St. John's-wort Family	
<i>Hypericum perforatum</i>	Perforate St. John's-wort	NH
Convolvulaceae	Bindweed Family	
<i>Calystegia sepium</i>	Hedge Bindweed	NH
Cornaceae	Dogwood Family	
<i>Cornus sanguinea</i>	Dogwood	NH
Corylaceae	Hazel Family	
<i>Corylus avellana</i>	Hazel	NH, AW
Dipsacaceae	Teasel Family	
<i>Dipsacus fullonum</i>	Teasel	TH
<i>Knautia arvensis</i>	Field Scabious	NH
Ericaceae	Heath family	
<i>Calluna vulgaris</i>	Heather	TC
<i>Erica cinerea</i>	Bell Heather	TC
<i>Erica tetralix</i>	Cross-leaved Heath	TC
<i>Vaccinium myrtillus</i>	Bilberry	TC
Euphorbiaceae	Spurge Family	
<i>Mercurialis perennis</i>	Dog's Mercury	NH, AW
Fabaceae (Leguminosae)	Pea Family	
<i>Anthyllis vulneraria</i>	Kidney Vetch	NH
<i>Lathyrus pratensis</i>	Yellow Vetchling	NH, TH, TC
<i>Lotus corniculatus</i>	Bird's-foot Trefoil	NH
<i>Medicago lupulina</i>	Black Medick	NH, TH
<i>Trifolium campestre</i>	Hop Trefoil	NH, TH
<i>Trifolium pratense</i>	Red Clover	NH
<i>Trifolium repens</i>	White Clover	AW, TC
<i>Vicia cracca</i>	Tufted vetch	NH
<i>Vicia sepium</i>	Bush Vetch	NH
Fagaceae	Oak & Beech Family	
<i>Castanea sativa</i>	Sweet Chestnut	AW
<i>Fagus sylvatica</i>	Beech	AW
<i>Quercus robur</i>	Pendunculate Oak	AW
Gentianaceae	Gentian Family	
<i>Blackstonia perfoliata</i>	Yellow-wort	NH
<i>Centaurea erythraea</i>	Common Centaury	TC
Geraniaceae	Crane's-bill Family	
<i>Geranium dissectum</i>	Cut-leaved Crane's-bill	NH
<i>Geranium robertianum</i>	Herb-Robert	TH, AW

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Lamiaceae (Labiatae)	Dead-nettle Family	
<i>Lamium album</i>	White Deadnettle	NH
<i>Oregano officinalis</i>	Marjoram	NH
<i>Stachys sylvatica</i>	Hedge Woundwort	NH
<i>Thymus polytrichis</i>	Wild Thyme	NH
<i>Lycopus europaeus</i>	Gypsywort	TH
<i>Mentha aquatica</i>	Water Mint	TH
<i>Prunella vulgaris</i>	Self-heal	NH, AW
<i>Teucrium scorodonia</i>	Wood Sage	TC
Lythraceae	Purple Loosestrife Family	
<i>Lythrum salicaria</i>	Purple Loosestrife	TH
Malvaceae	Mallow Family	
<i>Malva sylvestris</i>	Common Mallow	TH
Oleaceae	Olive Family	
<i>Fraxinus excelsior</i>	Ash	NH
<i>Ligustrum vulgare</i>	Wild Privet	NH
Onagraceae	Willowherb Family	
<i>Circaea lutetiana</i>	Enchanter's Nightshade	AW
<i>Epilobium palustre</i>	Marsh Willowherb	TH
<i>Chamerion angustifolium</i>	Rosebay Willowherb	NH, TC
Orobanchaceae	Broomrape Family	
<i>Orobanche elatior</i>	Knapweed Broomrape	NH
Papaveraceae	Poppy Family	
<i>Papaver rhoeas</i>	Common Poppy	NH
Plantaginaceae	Plantain Family	
<i>Plantago lanceolata</i>	Ribwort Plantain	NH
<i>Plantago major</i>	Greater Plantain	NH, AW
Polygonaceae	Knotweed Family	
<i>Persicaria maculosa</i>	Redshank	NH
<i>Rumex acetosa</i>	Common Sorrel	NH
<i>Rumex acetosella</i>	Sheep's Sorrel	TC
<i>Rumex obtusifolius</i>	Broad-leaved Dock	TH
Portulacaceae	Blinks Family	
<i>Atriplex portulacoides</i>	Sea Purslane	TH
Primulaceae	Primrose Family	
<i>Anagallis arvensis ssp arvensis</i>	Scarlet Pimpernel	NH
<i>Primula veris</i>	Cowslip	NH
Ranunculaceae	Buttercup Family	
<i>Caltha palustris</i>	Marsh Marigold	TH
<i>Clematis vitalba</i>	Traveller's Joy	AW
<i>Ranunculus flammula</i>	Lesser Spearwort	TH
Rosaceae	Rose Family	
<i>Crataegus monogyna</i>	Hawthorn	NH
<i>Potentilla anserina</i>	Silverweed	NH
<i>Potentilla erecta</i>	Tormentil	TC
<i>Rosa canina</i>	Dog Rose	NH
<i>Rubus fruticosus agg.</i>	Bramble	AW, TC
<i>Filipendula ulmaria</i>	Meadowsweet	TH

Scientific name	Common name	Site: NH=Noar Hill; AW=Abbots Wood; TH=Titchfield Haven; TC=Thursley Common
<i>Prunus avium</i>	Wild Cherry	AW
<i>Prunus spinosa</i>	Blackthorn	NH
<i>Sanguisorba minor</i> agg	Salad Burnet	NH
<i>Sorbus aria</i> agg	Whitebeam	NH
<i>Sorbus aucuparia</i>	Rowan	NH
Rubiaceae	Bedstraw Family	
<i>Galium (mollugo) album</i>	Hedge bedstraw	NH
<i>Galium aparine</i>	Goosegrass	NH
<i>Galium palustre</i> agg.	Marsh Bedstraw	TH
<i>Galium saxatile</i>	Heath Bedstraw	TC
<i>Galium verum</i>	Ladies Bedstraw	NH
<i>Cruciata laevipes</i>	Crosswort	NH
<i>Galium odoratum</i>	Woodruff	NH
Salicaceae	Willow Family	
<i>Populus alba</i>	White Poplar	TH
<i>Salix cinerea</i> subsp <i>oleifolia</i>	Grey Willow	TH
Scrophulariaceae	Figwort Family	
<i>Digitalis purpurea</i>	Foxglove	TH, AW, TC
<i>Verbascum thapsus</i>	Great Mullein	NH
<i>Odontites verna</i>	Red Bartsia	NH
<i>Rhinanthus minor</i> agg	Hay Rattle	NH
Solanaceae	Nightshade Family	
<i>Solanum dulcamara</i>	Bittersweet	TH
Urticaceae	Nettle Family	
<i>Urtica dioica</i>	Common Nettle	NH
Veronicaceae	Speedwell family	
<i>Veronica chamaedrys</i>	Germander Speedwell	TH, AW
	Monocotyledons	
Araceae	Arum Family	
<i>Arum maculatum</i>	Lords and Ladies	AW
Cyperaceae	Sedge Family	
<i>Carex pendula</i>	Pendulous Sedge	TH
<i>Eriophorum vaginatum</i>	Hare's Tail Cottongrass	TC
<i>Rhynchospora alba</i>	Deer Sedge	TC
Iridaceae	Iris Family	
<i>Iris pseudacorus</i>	Yellow Iris	TH
<i>Narthecium ossifragum</i>	Bog Asphodel	TC
Juncaceae	Rush Family	
<i>Juncus effusus</i>	Soft Rush	TC
<i>Luzula campestris</i>	Field Wood-rush	NH
Orchidaceae	Orchid Family	
<i>Anacamptis pyramidalis</i>	Pyramidal Orchid	NH
<i>Dactylorhiza fuchsii</i>	Common Spotted Orchid	NH
<i>Dactylorhiza incarnata</i>	Early Marsh Orchid	TC
<i>Gymnadenia conopsea</i>	Chalk Fragrant Orchid	NH
<i>Neottia ovata</i>	Common Twayblade	NH
Poaceae	Grass Family	
<i>Ammophila arenaria</i>	Marram	TH

Scientific name	Common name	Site: NH=Noar Hill; AW=Abbots Wood; TH=Titchfield Haven; TC=Thursley Common
<i>Anthoxanthum odoratum</i>	Sweet Vernal Grass	TC
<i>Cynosorus cristatus</i>	Crested Dog's-tail	NH
<i>Dactylis glomerata</i>	Cock's-foot	NH
<i>Holcus lanatus</i>	Yorkshire Fog	NH, TH, TC
<i>Lolium perenne</i>	Perennial Rye-grass	NH, TH, TC
<i>Molinia caerulea</i>	Purple Moor-grass	TC
<i>Phleum pratense</i>	Timothy	NH
<i>Phragmites australis</i>	Common Reed	TH, TC
Typhaceae	Bullrush Family	
<i>Typha latifolia</i>	Bullrush	TH, TC