# Ireland - The Burren

# Naturetrek Tour Report

## 27 - 30 May 2008



Party leaving the Rine



Fairy Foxglove



Mullachmor & Turlough



Green Lane Formoyle

Report compiled by Maureen Ponting Images courtesy of Russ Watson



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Ireland - The Burren

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## Day 1

**Tuesday 27th May** 

We all met at Sheedy's Hotel in Lisdoonvarna where we were welcomed by Martina Sheedy (she and her husband John have been looking after Naturetrek clients for the past thirteen years). That evening our first walk was on Cappanawalla, a limestone hill, from where we got a marvellous view of the coast and Ballyvaughan harbour. This was our first chance to see many of the typical Burren plants: *Rosa pimpinellifola*, the Burren Rose; *Antenaria dioica*, Catspaw, *Geranium sanguineum*, Bloody Cranesbill, and Heath Spotted Orchid. The highlight was a mass of *Pinguicula grandiflora*, the Large Butterwort, thought to be a pre-glacial relic and in the only site in northern Europe. It is otherwise a native of the mountains of SW Europe.

## Day 2

## Wednesday 28th May

Next morning we woke to a lovely sunny day and started with a walk at Poll Salach where the Burren's limestone pavement runs into the sea. We looked into the scailps – deep crevices - for the many plants nestling in their own micro-climates – Golden Rod, So*lidago virgaurea*; Wood Sanicle *Sanicula europaea*; Vernal Sandwort, *Minuarta verna* and Honeysuckle. In the short turf, masses of Common Spotted Orchids; as well as *Gentiana verna*, *Pedicularis sylvatica*, Lousewort and *Helianthemum canina*– the Burren Rockrose.

Our next stop was Black Head, a 1000 ft hill which runs down to the sea. We botanised round the base and found *Dryas octopetala*, Mountain Avens, the Burren Saxafrage, *S. rosaceae* and Maidenhair Fern. We then moved to The Rine, a low spit of land jutting out into the sea. The special plant here is *Limonium humile*, not quite in flower, and growing among bright patches of thrift; and a large-flowered Cerastium, *C. arvense*, growing along a sandy bank.

We had lunch at Monk's Bar in Ballyvaughan, famous for its excellent sea food. After lunch we wandered along the pier.

In the afternoon, we drove inland to the Green Lane at Formoyle. This is an old stock road which runs the length of the Burren. The original walls are built with stones laid vertically. We finished the day with a walk down the Caher River, which is the Burren's only river, looking at the flowery roadside banks, with masses of Twayblades, *Listera ovata*.

## Day 3

## Thursday 29th May

Another lovely day. We visited Kilfenora Cathedral and the Burren Centre - for maps and guide books etc. Then on to Mullachmor, an area of limestone pavement with a rich flora and several turloughs – winter lakes - which almost disappear in the summer. We walked round one side of the biggest turlough, L.Gealain. This is a good place for orchids and we saw several, all within a few metres: *Dactylorhiza. traunsteineri*, Narrow-Leaved Marsh Orchid; *D. incarnata ssp. cruenta*, Early Marsh Orchid. Walking right to the end of the turlough, greatly reduced because of the dry spring, we were rewarded by a beautiful specimen of O'Kelly's Orchid *Dactylorhiza fuchsii* subsp. *Okellyi*, and, on a grassy bank, *Neotinia maculata*, the Dense-flowered Orchid. There were many *Viola canina*, Dog Violets and the hybrid between them and *V. persicifolia*, the Turlough Violet. *V. persicifolia* grows very close to the lake edge.

We left for a late lunch. On the way, we saw the house at Craggy Island – the house made famous by television's Father Ted. We stopped again at the top of a steep winding road for a view over the limestone hills above Mullach Moor and a quick look on the other side of the road to see a group of what are thought to be Bronze Age Ovens, built of stone. Then we went to the pub at Carron with beautiful views of rocky hills and an interesting and delicious menu.

We went on to the Cliffs of Moher, and saw Razorbills, Kittiwakes and Fulmars flying round the cliffs. On the way back we stopped at a marshy meadow above Doolin, colourful with Ragged Robins and some spectacular spikes of *Dactylorhiza majalis* subsp. *occidentalis*.

## Day 4

## Friday 30th May

We spent the morning walking in the dunes at Fanore and along the beach. It was a warm, sunny day. On the short turf we found Irish Eyebright and Wild Thyme; and in the rocks, *Asplenium maritimum*, Sea Spleenwort, Along the beach, *Cakile maritima*, Sea Rocket, and many clumps of Thrift. We had a sandwich lunch in a sheltered spot before leaving for Shannon and home.

# **Species List**

Key to abbreviations and asterisks

| <b>PS</b> = Poll Salach<br>** = plants seen in previous years   | <b>MM</b> =Mullach Moor   | Cap = Cappanawalla  |
|---|---|---|
| Scientific Name   | Common Name   | Location  |
| <b>Aquifoliaceae</b><br>Ilex aquifolia  | Holly Family<br>Holly   | scailps, common   |
| <b>Aralaceae</b><br>Hedera helix  | <b>Ivy Family</b><br>Ivy  | common  |
| Betulaceae  | Birch Family  |   |
| Alnus glutinosa<br>Betula pubescens   | Alder<br>Brown Birch  | common<br>M.M etc   |
| <b>Boraginaceae</b><br>Symphytum officinale   | <b>Borage Family</b><br>Comfrey   | Formoyle  |
| <i>Campanulaceae</i><br>Jasione montana   | <b>Bellflower Family</b><br>Sheep's Bit   | Cliffs of Moher   |
| <b>Caprifoliaceae</b><br>Lonicera periclymenum<br>Symphoricarpos albus<br>V iburnum opulus<br><b>Cariophyllaceae</b><br>Antenaria serpyllifolia | Honeysuckle Family<br>Honeysuckle<br>Snowberry<br>Guelder Rose<br>Pink Family<br>Thyme-leaved Sandwort    | PS<br>Cap.<br>Cap.<br>PS  |
| Cerastium arvense<br>C. diffusum<br>Honkenia peploides<br>Lychnis flos-cuculi<br>Minuarta verna<br>Silene vulgaris subsp. Maritima              | Field Mouse-ear<br>Dark Green Chickweed<br>Sea Sandwort<br>Ragged Robin<br>Vernal Sandwort<br>Sea Campion | The Rine<br>The Rine<br>Fanore and The Rine<br>common<br>PS<br>PS<br>The Rine |
| Spergularia media<br>Stellaria holostea<br>S. media   | Greater Sea Spurrey<br>Greater Stitchwort<br>Common Chickweed   | roadsides<br>roadsides  |
| <b>Celastraceae</b><br>Euonymous europaeus  | <b>Spindle Family</b><br>Spindle  | Cap.  |
| <b>Chenopodiaceae</b><br>Atriplex portulacoides<br>A. prostrata<br>A. glabriuscula<br>Beta vulgaris subsp maritima                              | <b>Fat Hen Family</b><br>Sea-purslane<br>Spear-leaved Oranche<br>Babington's Oranche<br>Sea Beet          | The Rine<br>The Rine<br>The Rine<br>PS & Fanore                               |
| <i>Cistaceae</i><br>Helianthemum canum  | <b>Rockrose Family</b><br>Burren Rockrose   | scailps, common   |
| <b>Compositae</b><br>Achillea millefolium   | <b>Daisy Family</b><br>Yarrow   | The Rine  |

#### Scientific Name

Antennaria dioica Eupatorium cannabinum Carlina vulgaris Cirsium dissectum C. palustre C. vulgare Crepis vesicaria Heracium anglicum Hypochoeris radicata Leucanthemum vulgare Mycelis muralis Pilosella officinarum Solidago virgaurea Taraxacum palustre

#### Convolvulaceae

Calystegia soldanella

**Cornaceae** Cornus sanguinea

**Corylaceae** Corylus avellana

**Crassulaceae** Sedum acre Umbilicus rupestris

#### Cruciferae

Arabis hirsuta Cakile maritima Cardamine pratensis Cochlearia officinalis Coronopus didymus Erophila verna Hesperis matrionalis Raphanus raphanistrum subsp. maritimus Sisymbrium officinale Rorippa nasturtium-aquaticum

*Empetraceae* Empetrium nigrum\*\*

#### **Ericaceae** Arctostaphylos uva-ursi \*\* Calluna vulgaris Vaccinium myrtillus

**Euphorbiaceae** Euphorbia heliscopia E. paralias E. portlandica \*\*

**Gentianaceae** Blackstonia perfoliata

#### Common Name

Cat's-foot Hemp - agrimony Carline Thistle Bog Thistle Marsh Thistle Spear Thistle Beaked Hawk's Beard Irish Hawkweed Common Cat's Ear Ox-eye Daisy Wall Lettuce Mouse-ear Hawkweed Goldenrod Marsh Dandelion

**Bindweed Family** Sea Bindweed

**Dogwood Family** Dogwood

Hazel Family Hazel

Stonecrop Family Biting Stonecrop Pennywort

#### **Cress Family**

Hairy Rock Cress Sea Rocket Cuckoo Flower Scurvy Grass Swine Cress Whitlow Grass Dames' Violet Sea Radish Hedge Mustard Watercress

Crowberry Fanily Crowberry

#### Heath Family Bearberry

Bearberry Heather Bilberry

## Spurge Family

Sun Spurge Sea Spurge Portland Spurge

Gentian Family Yellow Wort

#### Location

Cap, etc PS The Rine MM and Doolin meadow Doolin meadow The Rine roadsides Cap. Cap. Newtown, common common PS PS MM

dunes, Fanore

Cap.

very common, invasive

PS Kilfenora Cathedral

green lane Famore common PS Kilfenora Cathedral Lisdoonvarna roadsides Famore roadsides Caher River

Black Head

Black Head common Black Head

green lane dunes, Famore dunes, Fanore

Cap.

#### Scientific Name

#### Gentiana verna

#### Geraniaceae

Erodium cicutarium Geranium columbinum G. molle G. lucidum G. robertianum G. sanguineum

## Haloragaceae

Myriophyllum sp.

#### Hypericaceae

Hypericum androsaemum H. pulchrum H. tetrapterum

#### Labiatae

Ajuga pyramidalis \*\* A. reptans \*\* Mentha aquatica Oreganum vulgare Prunella vulgaris Teucrium scorodonia Thymus polytrichus

#### Leguminosae

Anthyllis vulneria Lathyrus linifolius L. pratensis Lotus corniculatus Medicago lupulina Trifolium dubium Vicia sativa V. sepium

#### Lentibulariaceae

Pinguicula grandiflora P. vulgaris \*\*

#### *Linaceae* Linum catharticum

**Orobanchaceae** Orobanche alba

**Plantaganaceae** Plantago coronopus P. maritima P. media

**Plumbaginaceae** Armeria maritima Limonium humile

## Common Name

#### Spring Gentian

#### Geranium Family

Storksbill Doves-foot Soft Cranesbill Shining Cranesbill Herb Robert Bloody Cranesbill

Milfoil Family aquatic

#### **St John's Wort Family** Tutsan Beautiful St John's Wort

Beautiful St John's Wort Square-stalked St John's Wort

#### Mint Family

Pyramidal Bugle Bugle Water Mint Marjorum Self Heal Wood Sage Wild Thyme

#### Pea Family

Kidney Vetch Bitter Vetch Yellow Vetchling Birds Foot Trefoil Black Medick Shamrock Common Vetch Bush Vetch

## **Butterwort Family**

Greater Butterwort Common Butterwort

**Flax Family** Purging Flax

Broomrape Family Thyme Broomrape

## Plantain Family

Buck's Horn PlantainPSSea PlantaincommonHoary PlantainPS

#### **Sea Lavender Family** Thrift Lax-flowered Sea Lavender

#### Location

common

The Rine Cap. common Cap. common scailps, common

sink hole, MM

scailps Cap. green lane

Caher River MM common common common

PS Cap. Cap. common Fanore common roadsides roadsides

Cap.

Cap.

PS

common

The Rine

| Scientific Name                         | Common Name                                | Location                                 |
|---|--|--|
| L. recurvum subsp. pseudotranswallianum | Rock Sea Lavender                          | rocks, PS                                |
| Polygalaceae                            | Milkwort Family                            |  |
| Polygala vulgaris                       | Common Milkwort                            | common                                   |
|   |  |  |
| Polygonaceae                            | Knotweed Family                            |  |
| Polyganum hydropiper                    | Water Pepper                               | ponds                                    |
| Rumex acetosa                           | Common Sorrel                              | common                                   |
| Primulaceae                             | Primrose Family                            |  |
| Glaux maritima                          | Sea Milkwort                               | The Rine                                 |
| Lysimachia nemorum                      | yellow pimpernel                           | green lane                               |
| Primula veris                           | Cowslip                                    | common                                   |
| P. vulgaris                             | Primrose                                   | common                                   |
| P. polyantha (P. vulgaris x P veris)    |  | green lane                               |
| Samolus valerandi                       | Brookweed                                  | PS                                       |
| Ranunculaceae                           | Buttercup Family                           |  |
| Aquilegia vulgaris                      | Columbine                                  | Сар                                      |
| Caltha palustre                         | King Cup                                   | Caher River                              |
| Ranunculus flammula                     | Lesser Spearwort                           | MM                                       |
| R. bulbosa                              | Bulbous Buttercup                          | dunes, Famore                            |
| R. acris                                | common Buttercup                           | common                                   |
| Thalictrum minus                        | Lesser Meadow-rue                          | Blackhead                                |
| Rhamnaceae                              | Buckthorn Family                           |  |
|   | <b>Buckthorn Family</b><br>Alder Buckthorn | MM                                       |
| Frangula alnus<br>Rhamnus catharticus   | Buckthorn                                  | MM                                       |
|   |  |  |
| Rosaceae                                | Rose Family                                |  |
| Alchemilla glabra                       | Lady's Mantle                              | Cap, green lane                          |
| A. filicaulis subsp. vestita            | Lady's Mantle                              | green lane                               |
| Crataegus monogyna                      | Hawthorn                                   | scailps and roadsides                    |
| Filipendula ulmaria                     | Meadowsweet                                | Caher River                              |
| Dryas octopetala                        | Mountain Avens                             | Blackhead etc                            |
| Geum rivale                             | Water Avens                                | green lane                               |
| G. urbanum                              | Wood Avens                                 | hedgerows                                |
| Potentilla anserina<br>Desente          | Silverweed                                 | common                                   |
| P. erecta<br>D. mettans                 | Tomentil<br>Creeping Cinquefoil            | common                                   |
| P. reptans<br>D. fruticosa              | 1 0 1                                      | Cap<br>MM                                |
| P. fruticosa<br>Prunus spinosa          | Shrubby Cinquefoil<br>Blackthorn           |  |
| Rosa pimpinellifolia                    | Scotch Rose                                | scailps and roadsides<br>scailps, common |
| Rubus saxatilis                         | Stone Bramble                              | MM                                       |
| R. caesius                              | Dewberry                                   | roadsides                                |
| Sanguisorba minor                       | Salad Burnet                               | Cap                                      |
| Sorbus aria                             | Whitebeam                                  | Cap                                      |
| S. aucuparia                            | Mountain Ash                               | Cap                                      |
| Pubiacaaa                               | Bodotrow Family                            |  |
| <b>Rubiaceae</b><br>Asperula cynanchica | Bedstraw Family<br>Squinancywort           | PS                                       |
| Galium boreale                          | Northern Bedstraw                          | rs<br>MM                                 |
| Gaium boreaue<br>G. odoratum            | Sweet Woodruffe                            | Cap.                                     |
| G. palustre                             | Marsh Bedstraw                             | MM                                       |
| G. sterneri                             | Limestione Bedstraw                        | common                                   |
| 0. 50010010                             | Lanceuone Deustraw                         | common                                   |

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#### Scientific Name

G. verum Rubia peregrina

#### Salicaceae

Salix aurita S. caprea S. pentandra S. repens Populus tremula

#### Saxifragaceae

Chrysosplenium oppositifolium Saxifraga hypnoides S. tridactylites S. rosaceae

#### Scrophulariaceae

Cymbalaria muralis Digitalis purpurea Erinus alpinus Euphrasia salisburgensis var .hibernica Pedicularis sylvatica Rhinanthus minor Veronica arvensis V. beccabunga V. chamaedrys V. officinalis V. serpyllifolia

#### Umbelliferae

Anthriscus sylvestris Apium nodiflora Conium maculata Conopodium majus Crithmum maritimum Eryngium maritimum Hydrocotyle vulgaris Sanicula europaea Smyrnium olusatrum

## Urticaceae

Parietaria judaica

#### Valerianaceae Valeriana officinalis

Valarianella locusta

#### Violaceae

Viola canina V. canina × persicifolia = V. ritschliana V. persicifolia V. riviniana V. tricolor subsp. curtisii \*\*

#### Common Name

Lady's Bedstraw Wild Madder

#### Willow Family

Eared Willow Goat Willow Bay Willow Creeping Willow Aspen

#### Saxifrage Family

Golden Saxifrage \*\* Mossy saxifrage \*\* Rue-leaved Saxifrage The Burren Saxifrage

#### **Figwort Family**

Ivy-leaved ToadflaxKilfeFoxgloveroadsFairy Foxglovewalls.Irish Narrow-leaved EyebrightFanoLousewortPSHayrattlePSWall SpeedwellFanoBrooklimeCaheGermander SpeedwellGreeThyme-leaved SpeedwellGree

#### Hedge Parsley Family

Hedge Parsley Fool's Watercress Hemlock Pignut Samphire Sea Holly \*\* Sanicle Alexanders

## Nettle Family

Pellitory of the Wall

Valerian Family Valerian Lamb's Letuce

#### Violet Family

Heath Dog Violet

Turloch Violet Common Dog Violet Sandhill Pansy

#### Location

green lane Cap etc

MM etc roadsides roadsides MM Green Lane

Black Head Black Head The Rine Black Head

Kilfenora roadsides walls, Pinnacle Well Fanore PS PS Fanore Caher River common Green Lane Green Lane

common Caher River roadsides Cap. PS Fanore Marsh Pennywort scailps roadsides

Newtown Castle

roadsides Fanore

MM MM MM common dunes, Fanore

| Scientific Name                          | Common Name                       | Location               |
|--|-----------------------------------|------------------------|
| MONOCOTYLEDONS                           |                                   |                        |
| Alliaceae                                | Onion Family                      |                        |
| Allium triquetrum                        | Three-cornered Garlic             | Black Head             |
| Cyparaceae                               | Sedge Family                      |                        |
| Eriophorum angustifolium                 | Common Cotton Grass               | peat bogs              |
| E. vaginatum                             | Hare's Tail Cotton Grass          | peat bogs              |
| Carex arenaria                           | Sand Sedge                        | dunes, Fanore          |
| C. binervis                              | Green-ribbed Sedge                | Cap. & MM              |
| C. elata                                 | Tufted Sedge                      | MM                     |
| C. flacca                                | Glaucous Sedge                    | common                 |
| C. panicea                               | Carnation Sedge                   | Cap.                   |
| C. viridula subsp. brachyrhyncha         | Long-stalked Yellow Sedge         | Cap                    |
| C. veridula subsp.oedocarpa              | Common Yellow Sedge               | Cap.                   |
| Cladium mariscus                         | Great Fan Sedge                   | MM                     |
| Schoenus nigricans                       | Black Bog Rush                    | common                 |
| Iridaceae                                | Iris Family                       |                        |
| Iris pseudachorus                        | Yellow Iris                       | common, ponds & rivers |
| Inncaceae                                | Push Family                       |                        |
| <b>Juncaceae</b><br>Juncus conglomeratus | <b>Rush Family</b><br>Common Rush | common                 |
| Luzula campestris                        | Field Woodrush                    | common<br>meadow       |
| Ξαχαία campesiris                        | Field woodrush                    | meadow                 |
| Juncaginaceae                            | Arrowgrass Family                 |                        |
| Triglochin maritimum                     | Sea Arrowgrass                    | The Rine               |
| Orchidaceae                              | Orchid Family                     |                        |
| Anacamptis pyramidalis**                 | Pyramid Orchid                    |                        |
| Dactylorhiza fuchsia                     | Common Spotted Orchid             | MM and PS              |
| D. fuchsia subsp. okellii                | O'Kelly's Orchid                  | MM                     |
| D. maculata subsp. Ericetorum            | Heath Spotted Orchid              | MM and Cap             |
| D. incarnata subsp. cruenta              | Early Marsh Orchid                | MM                     |
| D. majalis subsp. Occidentalis           | Broad-leaved Marsh Orchid         | Cap and Doolin Meadow  |
| D. traunsteineri                         | Narrow-leaved Marsh Orchid        | MM                     |
| Epipactis atrorubens **                  | Dark-flowered Helleborine         |                        |
| E. helleborine                           | Broad-leaved Helleborine          | MM                     |
| Gymnandenia conopsea**                   | Fragrant Orchid                   |                        |
| Listera ovata                            | Twayblade                         | common                 |
| Neotinea maculata                        | Dense-flowered Orchid             | MM                     |
| Ophrys insectivora **                    | Fly Orchid                        |                        |
| Orchis mascula                           | Early Purple Orchid               | common                 |
| Platanthera biflora                      | Lesser Butterfly Orchid           | MM                     |
| Poaceae                                  | Grass Family                      |                        |
| Alopecurus geniculatus                   | Marsh Foxtail                     | damp meadows           |
| Ammophila arenaria                       | Marram Grass                      | Fanore                 |
| Anthoxanthum odoratum                    | Sweet Vernal Grass                | roadsides              |
| Arrhenatherum elatius                    | False Oat-grass                   | roadsides              |
| Briza media                              | Quaking Grass                     | limestone              |
| Catapodium rigidum                       | Fern Grass                        | PS                     |
| Cynosurus crestatus                      | Crested Dog's Tail                | common                 |
| Dactylus glomorata                       | Cocksfoot                         | common                 |
| E hitminia inverse                       | Sand Couch                        | Eanora                 |

Sand Couch

Fanore

Elytrigia juncea

| Scientific Name           | Common Name            | Location           |
|---------------------------|------------------------|--------------------|
| Helictotrichon pubescens  | Downy Oat Grass        | Green Lane         |
| Lolium perenne            | Perennial Ryegrass     | common: meadows    |
| Melica uniflora           | Wood Medick            | scailps            |
| Molinia caerulea          | Purple Moor Grass      | MM                 |
| Poa pratensis             | Smooth Meadow-grass    | meadows            |
| Puccinellia maritima      | Common Saltmarsh Grass | Fanore             |
| Seslaria caerulea         | Blue Moor Grass        | .most common grass |
| GYMNOSPERMS               |                        |                    |
| Juniperis communis        | Juniper                | Green Lane         |
| Taxus baccata             | Yew                    | common             |
| FERNS                     |                        |                    |
| Adiantum capillus-veneris | Maidenhair Fern        | PS                 |
| Anthyrium felix-femina    | Lady Fern              | roadsides          |
| Asplenium marinum         | Sea Spleenwort         | PS                 |
| A. trichomanes            | Maidenhair Spleenwort  | common             |
| A. ruta-muraria           | Wall Rue               | common             |
| Blechnum spicant          | Hard Fern              | roadsides          |
| Ceterach officinarum      | Rusty-back Fern        | common             |
| Cystopteris fragilis      | Brittle Bladder Fern   | Black Head         |
| Dryopteris felix-mas      | Male Fern              | Green Lane         |
| D. affinis                | Scaly Male Fern        | Doolin meadow      |
| Phyllitis scolopendrium   | Heart's Tongue Fern    | common             |
| Polypodium australe       | Southern Polypody      | Black Head         |
| Polystichum aculeatum     | Hard Shield Fern       | common             |
| P. lonchitis **           | Holly Fern             |                    |

Original List made from Flora of Connemara and The Burren (DA Webb and M J P Scannell (1983) Floras used: New Flora of the British Isles (Clive Stace) Wild Flowers of Britain and Northern Europe (Collins Pocket Guide)

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