Italy's Sibillini Mountains

Naturetrek Tour Report

1st - 8th June 2023

Tour report by Philip Thompson



Naturetrek Mingledown Barn

Wolf's Lane

Chawton

Alton

Hampshire

GU34 3HJ

UK

T: +44 (0)1962 733051

E: info@naturetrek.co.uk

W: www.naturetrek.co.uk

Tour Participants: Philip & Sharon Thompson (Leaders) with seven Naturetrek clients

Day 1

Thursday 1st June

Our early afternoon flight arrived on time, and we soon had our hire vehicles sorted and loaded and were on the road heading south to the Sibillini National Park. We arrived in the late afternoon with plenty of time to check-in and relax before our first evening meal at the hotel. This enabled us to have a quick wander around the expansive gardens of the hotel with its mix of resident birds that included Common Redstart and Nuthatch. We were able to enjoy the fine views of the mountains while we had an initial welcome chat with a drink beneath a seated pergola.

Day 2 Friday 2nd June

The weather this year was to have some considerable effect on the itinerary days and destinations as persistent thunderstorms and rain in the afternoons were a feature to be avoided if possible! We opted to visit the Piano Grande and the town of Castelluccio at the southern extremity of the park for our first day. Our route led us along the ever winding and twisting roads through several earthquake damaged villages before we took our first stop for a walk among the flower-filled slopes beneath Monte Vettore. We were able to start getting to grips with the many colourful commoner flowers that make up the assortment of pasture plants. Among the orchids the many examples of *Orchis pauciflora* were notable. Several species of butterfly were also present with both Glanville and Marsh Fritillaries being highlights.

We then drove on over the col and began our steady drop into the Piano Grande. We drove the length of the flat plain to the opposite side where after ascending to the rim once more we disembarked for a walk over the upper open pastures full of interesting plants. Our main quarry was to find some examples of *Tulipa sylvestris* and *Fritillaria montana* which we succeeded in. Other notable plants were a fine extensive colony of the endemic *Erodium alpinum*, *Erysimum pseudorhaeticum* and *Linum alpinum*. Back at the vehicles we reassessed the weather, and with the forecast rain not looking to be far off we opted for an early lunch alongside some nearby woodland. Alongside the vehicles where we parked up were a few flowering examples of *Paeonia officinalis*, the first of many to be seen during the trip. After we had eaten, we took a short walk through the edges of the woodland finding a few interesting plants such as *Cardamine bulbifera*, *Aremonia agrimonioides* and *Saxifraga rotundifolia*.

Moving on we stopped for a wander out into the flat meadows to admire the abundance of *Narcissus poeticus* joined by more Tulips and allowing us to admire the scenery around us in this special place.

We then drove on to visit the town of Castellucio that sits on a small isolated hilltop within the plain. The town was badly damaged in the recent earthquake and is only now being slowly restored with most permanent inhabitants having left. It is still a major tourist attraction with hosts of people visiting, many coming to buy the speciality local food products, now being sold from mobile portacabin-style shops! We had an enjoyable wander round and a coffee and biscuits for refreshment.

Moving on we took a walk along a steep open slope leading into one of the several Beech woodlands on the hillsides. We were pleased to pick up a singing Wood Warbler within the wood followed by more Fritillarias on the open slopes once we had passed through the wood.

For our next stop we stopped to check out the rocky outcrop at the head of the col leaving the Piano Grande. Once more several interesting plants were found by those keen for a bit of a scramble!

Day 3

Saturday 3rd June

Today was spent on a lengthy out-and-back route from Bolognola to the Refugio Fargno perched on a crest at 1,820m with its wonderful panoramic views all around. It was interesting to observe the slowly changing flora on the tracksides as we made our way along the gently rising route, with the appearance of more strictly alpine species at the end of our route near the Refugio. At the start of our route, we picked out a perched Red-backed Shrike nearby. Some fine examples of the endemic *Helleborus bocconei* were found with their multi-divided leaflets. Our route led through some beech woodland before opening out and we slowly climbed above the trees with open slopes and rocky outcrops.

We searched on a couple of cliffs and found, still in bud, some examples of the endemic *Achillea barrelieri* with some lovely flowering *Doronicum columnae* at the base. Higher still we began to find a few endemic *Viola eugeniae* in a couple of different colour forms with the attractive *Pulsatilla alpina subsp. millefoliata*. Reaching the Refugio we took in the splendid views after a long and tiring hike. Lunch was distributed among the group, and we were able to restore our energies followed by a coffee and pick-me-up from the café. Whilst inside, a heavy torrent of a rain storm blew in, so we were grateful for the shelter! With the worst over we began our return walk during which a couple more plants were found, missed on the uphill climb.

Arriving back at the vehicles we had been fortunate in not getting too wet, and the rain now seemed to have passed. We set off on our return journey taking a stop at a roadside colony of Peonies followed by another pull off on one of the tight hairpin bends on the steep descent. Here we were mainly admiring the *Saxifraga callosa* with their long drooping panicles of flowers. Also present was *Aethionema saxatile*, *Ononis echioides* and several orchids. Driving on once more we picked up the white-flowered *Anthericum liliago* as we passed before taking a final stop to admire some *Limadorum arbortivum* after a long day.

Day 4 Sunday 4th June

We spent the majority of our day away from the mountains with a visit to Colfiorito Regional Park. This large reed fringed lake holds a rich diversity of specialist birds to enjoy. It was not long before we spotted our first Black-crowned Night Herons commuting from within the Great Cormorant nesting colony with several Purple Herons seen more distantly moving over the open reeds. The single Squacco Heron found was elusive and soon moved stealthily within the reeds, having been found initially on the water's edge. Numerous European Reed Warblers were heard and seen, but the Great Reed Warbler, who's hoarse guttural song could be heard from deep within the reeds, remained unseen unfortunately. The steep slope alongside the lake held a rich variety of plants and butterflies with the orchids *Ophrys apifera, fuciflora and fusca* all being found. We walked at a slow pace scanning across the lake and into the tall trees and scrub overhanging the water. A couple of Coypu were seen swimming across the areas of open water. The melancholy contact calls of Penduline Tit were heard and after some patient careful watching we manged to pick out a couple of birds in the tall willows and flying past. Hunting over the area were a couple of Western Marsh Harriers.

Reaching the far end of the lake there was a short boardwalk to the water's edge where we found another very tame and obliging Coypu swimming unconcernedly past us. Clearly this individual is used to getting fed by human visitors! Once more we were alerted to the presence of a bird by its calls - this time it was a Wryneck that was picked up with some good, but fleeting, views nearby. The lustily singing Nightingale in the adjacent thick scrub was not as obliging and remained deep in cover unseen.

After a pleasant morning we set up our picnic lunch on a convenient table with a fine view across the area. A couple of wanderers returned with news of sighting a European Hare up a nearby farm track. A couple of Common Cuckoos were also sighted over the reeds, no doubt benefiting from the abundant hosts for their parasitic lifestyle!

After lunch we drove a short way to the opposite side of the lake where we spent our time mainly exploring the annual 'cornfield' flora of the local agriculture that is maintained in a low impact way in accordance with the Regional Park requirements. As we set off, we were surprised by an Ortolan Bunting perched on the road giving little time to admire it as we nearly brought about its demise! Once parked up on the roadside on slopes above the lake we could get a good overall view of the area as we set off down the dirt farm track. The fields alongside held several interesting cornfield annuals, most of which are becoming increasingly rare in the UK, with some that don't occur at home. A good find was *Coriandrum sativum*. Most plants with a common name prefix of 'Corn' were found such as Corn Cleavers, Corn Marigold, Corn Buttercup, Cornflower and Corn Cockle. Adding colour were *Delphinium ajacis* and *Legousia speculum-veneris*. In one corner of the field an adjacent bank held an impressive colony of Adriatic Lizard Orchid, *Himmatoglossum adriaticum*, that were in full flower, although a few spikes seemed to have suffered from the attentions of browsing by creatures unknown.

Our path led down to the lake where there was a boardwalk to a hide that, as usual, had nothing on show apart from reeds! We retraced our route spending more time on the plants near the vehicle, as they had a much more Mediterranean feel and composition compared to higher in the Sibillini range.

We then set out on our homeward journey taking a different and more scenic, but more tortuous and slower, route through the mountains. We stopped half way at San Lorenzo al Lago for a coffee break before continuing on over to the far side towards Amandola. Our planned stop at an interesting roadside colony of orchids was rather dampened by a torrential rain shower arriving at just the wrong moment. It was left to a hardy couple who climbed out of the vehicles to admire the Bug Orchids, *Anacamptis coriophora* and Wedge-lipped Orchids, *Dactylorhiza saccifera* present while most of the group looked on in amused indulgence as the rain poured down.

Day 5 Monday 5th June

The recent torrential rains and flooding to have hit northern Italy shortly before our arrival had caused a landslip on the access road up to the Sibilla Refugio meaning a slight change in plans! We parked at the bottom of the track and walked slowly up instead. This was no great loss as we then had ample time to admire the plethora of orchids on the slopes alongside the track as we made our upward climb. Among a number of familiar species from home we also added *Ophrys bertolonii* and *fuciflora subsp. apulica* and *Neotinea tridentata*. In all we saw 18 species of orchid alone! Passing through a section of conifer woodland we flushed a Tawny Owl from its roost and picked up a couple of Firecrests. A number of warbler species were heard singing from the woodland and scrub as we climbed but remained hidden from view. The views grew better as we climbed adding to the enjoyment of the walk before we reached a point where further progress was deemed likely to produce diminished returns. We retraced our steps

and then drove along a quiet back road to a section of bare rock face where an amazing colony of flowering Saxifraga callosa was spectacular.

We continued on to visit the church of the Madonna d'el Ambro where we were kindly allowed to use the covered tables of one of the restaurants to eat our picnic out of the rain that had begun to fall. Following up with some coffees we then drove to the car park at the head of the track leading into the Gola del L'Infernaccio. This route had similarly been affected by landslips and it was considered dangerous to proceed too far in case of falling rocks. Again, this did not unduly affect our day or enjoyment as most of the highlights of the walk were in the early stages. We had already spotted some flowering *Cyclamen repandum* on the roadside on our route, but we were delighted to find further examples along the track leading down to the river. Other significant plants seen on this early part of the route included the endemics *Campanula tanfanii* and *Centaurea ambigua* with other notable finds being *Edraianthus graminifolius, Silene saxifraga* and *Linum viscosum*. Overhead a small number of Crag Martins swooped around the high rocky pinnacles.

Reaching the river, we had to remove our boots to wade/paddle across the fast-flowering and very cold river (it was only a few inches deep) before commencing the climb through the spectacular gorge itself. The roaring river as it cut through this very narrow section was deafening, but nonetheless this is the spot that the local Alpine Choughs choose to nest in, providing us with some very close views. Further notable plants were seen on the rock face and cliff base as we passed. The track eventually opened out and we walked a short way further on through dense beech forest. We turned back before we came to the areas considered unsafe from falling debris having had a wonderful walk.

Day 6 Tuesday 6th June

We travelled to the north of the park today beginning with a walk across the gently undulating Piano di Ragnola. The tracksides at the start of the walk were particularly colourful with a mix of cerise, purple and golden yellows so characteristic of the whole area. There were numerous spikes of still non-flowering Gentiana lutea all over the open grasslands mixed among the other flowering plants. Another attractive flower was the lovely Scorzonera rosea in a delicate shade of mauve. Hunting over the area were both Honey Buzzard and Montagu's Harrier, both of which were rather fleeting in their appearances and only seen by a few. The passing Red-billed Choughs were rather more obliging, as were a few prominently perched Red-backed Shrikes. The abundant Northern Wheatears seemed to favour the roadside perches and were generally only seen when driving. We came on a number of large patches of stunning Common Peony, Paeonia officinalis, resplendent with their gaudy scarlet blooms, appearing rather incongruous in these open meadows. After the gentle mornings walk, we reached the vehicles, having previously driven one minibus to our walk end, so enabling us to undertake a one-way route.

We drove on a short distance to another area of level grassland studded with a multitude of Carthusian Pinks, Dianthus carthusianorum, all of which were still not in flower apart from one solitary plant. Very disappointing! We drove on descending from the high plateau, down to a sharp hairpin bend where we turned off onto the dirt road leading to a pleasant picnic site. The weather was once more, beginning to look a little threatening so we set up under the shelter of the large trees alongside. Things held off as we ate thankfully and once packed away, we undertook a walk through the valley woodlands alongside the River Chienti. New plant finds along the way included Cerinthe glabra and Dianthus sylvestris. There were still numerous Narcissus poeticus flowering on the slopes above us to be admired. We reached the ford of the river and decided better of a paddle and turned back having

had a relaxing amble. Our timing was spot on as by the time we reached our vehicles the heavens began to open with an increasingly heavy rainstorm. Unfortunately, this made for another very wet and perfunctory stop and look at the beautiful endemic Marsican Irises, *Iris marsica*, growing by the track!

With our day having been slightly curtailed by the weather, once the rain had passed, we still had plenty of time in hand. We chose to visit the local Lago di Ruffino in the hope of finding a few new species of birds. The rain had brought out a multitude of young frogs in the rather overflowing ditches as we began the walk along the track to the lake. We were hoping to find Golden Oriole in the tall poplars of this track. We succeeded in hearing one with views only obtained by the tour leader. The characteristic call was pleasant to hear nonetheless. On the lake a roosting Cattle Egret was seen with both Little and Great Crested Grebes on the open water. We drove on round to the far end of the lake hoping for a coffee and ice-cream only to find the couple of restaurants closed.

Day 7

Wednesday 7th June

Today was to be our toughest walk with a steep rocky section in the middle that deterred several in the group from continuing. We began near the village of Foce, taking the very popular route leading to the Lago di Pilato that nestles beneath the peak of Monte Vetorre. The route started on the relatively flat but slowly ascending valley floor leading from open pasture into young Beech forest. The flora was relatively unexciting but did include a number of examples of Swallow-wort, *Vincetoxicum hirundinaria*. Entering the woodland things began to change with *Cardamine graeca* and *Cyclamen hederifolium* being found. The route then became considerably steeper with a shortish section of rapid zig-zags climbing up through a narrow cleft in the valley wall. It was on an exposed rockface here that we found our only example of the endemic *Saxifraga porophylla* in full flower. By now the group had split with most choosing to head slowly back and head for the refreshments on offer in the local Refugio! For the remainder that continued on up the steep section was soon over and levelled off through the last of the Beech wood before opening out into high Alpine pastures. Here we began to find several new higher altitude species of note. We initially passed through a large bed of *Geranium reflexum* with *Doronicum columnae* and a couple of examples of Italian Figwort, *Scrophularia scopolii*. Further on the slopes held many leaf rosettes of *Pedicularis hoermanniana*, still some way from flowering. On the crags above us we found Black Redstart and notably the attractive, and much sought after, Common Rock Thrush. Singing and flighting from the grassland were a number of Water Pipits.

Climbing higher and finding more Alpine Pasque Flowers, *Pulsatilla alpina* we reached some large areas of seemingly barren rocky scree accumulated in the valley floor. It was here that we found the notable plant Alpine Woad, *Isatis apennina*, growing within this seemingly sterile habitat. Further climbing found a few more widespread Alpine floral species before we paused for lunch. We continued somewhat higher with little new to offer our explorations, so soon began our return after a successful walk.

Back in the valley floor and our vehicle we drove the short distance to the village where we met up with the rest of the group snoozing at the Refugio after ice cream and coffees! After a short rest for the walkers, we drove on back down the valley on the main road where we pulled over to walk a section through an impressive gorge. The White-bellied Dipper on the river was disturbed and only seen by a few. Luckily the flowers hung around, as did the butterflies!

Day 8

Thursday 8th June

We had time for a leisurely start after breakfast to relax and say our farewells before heading out to return to Perugia and the airport for our homeward flight. So, despite having to skillfully dodge the numerous rain showers on this year's trip, we were not unduly inconvenienced and managed to remain dry most of the time!

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Species lists

Flora

Scientific name	Common name
PINOPSIDA (GYMNOSPERMS)	CONIFERS
Cupressaceae	Juniper Family
Cupressus sempervirens	Italian Cypress
Juniperus communis subsp. communis	Common Juniper
Juniperus communis subsp. alpina	Dwarf Juniper
Juniperus oxycedrus	Prickly Juniper
Pinaceae	Pine Family
Larix decidua	Larch
Pinus nigra	Black Pine
Pinus pinea	Stone or Umbrella Pine
Pinus sylvestris	Scots Pine

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Scientific name	Common name	
MAGNOLIOPSIDA (ANGIOSPERMS)	FLOWERING PLANTS	
Magnoliidae (Dicotyledons)		
Apiaceae	Carrot Family	
Chaerophyllum aureum	Golden Chervil	
Chaerophyllum hirsutum	Hairy Chervil	
Conopodium majus	Pignut	
Daucus carota	Wild Carrot	
Eryngium amethystinum	Blue Eryngo	
Eryngium campestre	Field Eryngo	
Foeniculum vulgare	Fennel	
Heracleum sphondylium subsp. pyrenaicum		
Laserpitium latifolium	Broad-leaved Sermountain	
Sanicula europaea	Sanicle	
Scandix pecten-veneris	Shepherd's Needles	
Siler montanum	Narrow-leaver Sermontain	
Smyrnium olusatrum	Alexanders	
Smyrnium perfoliatum subsp. rotundifolium	Round-leaved Alexanders	
Tordylium apulum	Tordylium	
Torilis arvensis	Spreading Hedge-parsley	
Trinia glauca	Honewort	
Apocynaceae	Dogbane Family	
Vinca major	Greater Periwinkle	
Vinca minor	Lesser Periwinkle	
Vincetoxicum hirundinaria	Swallow-wort	
Aquifoliaceae	Holly Family	
llex aquifolium	Holly	
Aralaceae	Ivy Family	
Hedera helix	lvy	
Asteraceae	Daisy Family	
Achillea ageratum	Sweet Yarrow	
Achillea barrelieri*	a Sneezewort	
Achillea millefolium	Yarrow	
Adenostyles alpina	Adenostyles	
Anthemis arvensis	Corn Chamomile	
Anthemis cretica	Mountain Dog Daisy	
Arcticum lappa	Greater Burdock	
Aster bellidiastrum		
Bellis annua	Annual Daisy	
Bellis perennis	Daisy	
Bellis sylvestris	Southern Daisy	
Calendula arvensis	Field Marigold	
Carduus personata	Great Marsh Thistle	
Carlina acanthifolia	Acanthus-leaved Carline Thistle	
Centaurea ambigua*		
Centaurea cyanus	Cornflower	
Contain or Cyanac		

Scientific name	Common name
Cichorium intybus	Chicory
Cirsium oleraceum	Cabbage Thistle
Cota tinctoria	Yellow Chamomile
Doronicum columnae	Heart-leaved Leopardsbane
Glebionis segetum	Corn Marigold
Helichrysum italicum	Italian Curry plant
Helichrysum stoechas	Curry Plant
Hieracium cymosum	a Hawkweed
Hieracium villosum	
Jacobaea alpina	Alpine Ragwort
Lactuca perennis	Perennial Lettuce
Leucanthemopsis alpina	Alpine Moon Daisy
Onopordum acanthium	
Onopordum illyricum	Illyrian Scotch Thistle
Petasites albus	White Butterbur
Rhagadiolus stellatus	Star Hawkbit
Scorzonera rosea	-
Senecio doronicum subsp. gerardii	Chamois Ragwort
Tanacetum corymbosum	Shamolo Hagnore
Tragopogon orientalis	
Tragopogon porrifolius	Salsify
Tragopogon pratensis	Calsily
Tussilago farfara	Coltsfoot
Urospermum dalechampii	-
Xeranthemum inapertum	
7. Orana oman maportam	
Betulaceae	Birch Family
Carpinus betulus	Hornbeam
Carpinus orientalis	Eastern Hornbeam
Corylus avellana	Hazel
Ostrya carpinifolia	Hop Hornbeam
Boraginaceae	Forget-me-not Family
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Anchusa arvensis subsp. orientalis	Bugloss
Anchusa arvensis subsp. orientalis Borago officinalis	Bugloss Borage
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Scientific name	Common name
Arabis alpina	Alpine Rock-cress
Arabis hirsuta	Hairy Rock-cress
Arabis recta	Annual Rock-cress
Biscutella laevigata	Buckler Mustard
Cardamine bulbifera	Bulbous Bitter-cress, Coralroot
Cardamine chelidonia	
Cardamine enneaphyllos	Drooping Bitter-cress
Cardamine flexuosa	Wavy Bitter-cress
Cardamine graeca	Southern Bittercress
Cardamine hirsuta	Hairy Bitter-cress
Eruca vesicaria	Garden Rocket
Erysimum pseudorhaeticum*	A Treacle Mustard
Hesperis laciniata	Cu-leaved Dame's Violet
Hornungia alpina	Chamois Cress
- '	
Isatis apennina	Alpine Woad
Lepidium campestre	Field Pepperwort
Lepidium coronopus	Greater Swine-cress Hoary Cress
Lepidium draba Lunaria annua	
	Honesty
Lunaria rediviva	Perennial Honesty
Myagrum perfoliatum	Mitre Cress
Noccaea perfoliata	Perfoliate Penny-cress
Rorippa amphibia	Great Yellow-cress
Sinapsis arvensis	Charlock
Thlaspi oleraceum	
Turritis glabra	Tower Mustard
Buxaceae	Box Family
Buxus sempervirens	Box
Buxuo comportinono	Box
Campanulaceae	Bellflower Family
Campanula rapunculus	Rampion Bellflower
Campanula tanfanii*	·
Campanula trachelium	Nettle-leaved Bellflower
Edraianthus graminifolius	Edraianthus
Legousia speculum-veneris	Large Venus's Looking-glass
<u> </u>	
Cannabaceae	Hop Family
Humulus lupulus	Нор
Caprifoliaceae	Honeysuckle Family
Dipsacus fullonum	Common Teasel
Knautia drymeia	
Knautia integrifolia	
Lonicera caprifolium	
Lonicera caprifolium Lonicera etrusca	Etruscan Honeysuckle
Lonicera caprifolium Lonicera etrusca Lonicera implexa	a Honeysuckle
Lonicera caprifolium Lonicera etrusca Lonicera implexa Lonicera xylosteum	a Honeysuckle Fly Honeysuckle
Lonicera caprifolium Lonicera etrusca Lonicera implexa Lonicera xylosteum Scabiosa columbaria	a Honeysuckle Fly Honeysuckle Small Scabious
Lonicera caprifolium Lonicera etrusca Lonicera implexa Lonicera xylosteum Scabiosa columbaria Valeriana montana	a Honeysuckle Fly Honeysuckle Small Scabious Mountain Valerian
Lonicera caprifolium Lonicera etrusca Lonicera implexa Lonicera xylosteum Scabiosa columbaria	a Honeysuckle Fly Honeysuckle Small Scabious

Scientific name	Common name
Valeriana tripteris	
Valeriana tuberosa	
Caryophyllaceae	Pink Family
Agrostemma githago	Corncockle
Cerastium arvense	Field Mouse-ear
Cerastium brachypelatum	Grey Mouse-ear
Cerastium fontanum	
Cerastuim scarani*	Italian Mouse-ear
Cerastium tomentosum	Snow-in-Summer
Cherleria capillacea	
Dianthus armeria	Deptford Pink
Dianthus carthusianorum	Carthusian Pink
Dianthus deltoides	Maiden Pink
Dianthus sylvestris	Wood Pink
Drypis spinosa	Drypis
Heliosperma pusillum	71
Hernaria glabra	Smooth Rupturewort
Moehringia muscosa	Mossy Sandwort
Paronychia kapela	a Paronychia
Petrorhagia saxifraga	Tunic Flower
Sabulina verna	Spring Sandwort
Sagina procumbens	Procumbent Pearlwort
Saponaria ocymoides	Rock Soapwort
Scleranthus perennis	Perennial Knawel
Silene dioica	Red Campion
Silene italica	Italian Catchfly
Silene latifolia	White Campion
Silene nutans	Nottingham Catchfly
Silene otites	Spanish Catchfly
Silene saxifraga	Opanish Gatomy
Silene vulgaris	Bladder Campion
Stellaria holostea	Greater Stichwort
Stellaria media	Common Chickweed
Stellaria nemorum	Wood Stitchwort
Stellaria Herriorum	Wood Stitchwort
Celastraceae	Spindle family
	Spindle raining Spindle Tree
Euonymus europaeus	Spiridie Tree
Cistaceae	Rock-rose Family
Cistus creticus	a Pink Cistus
Fumana thymifolia	Thyme-leaved Fumana
Helianthemum apenninum	White Rock-rose
Helianthemum canum	Hoary Rock-rose
Helianthemum nummularium	Rock-rose
Total a formatti mattimularia	100K 1000
Convolvulaceae	Bindweed Family
Convolvulus althaeoides subsp. tenuissimus	Narrow Mallow-leaved Bindweed
Convolvulus annaeolues subsp. terraissimus Convolvulus cantabrica	Pink Bindweed
CONTRACTOR CONTRACTOR	1 III DIII GWOOD
Cornaceae	Dogwood Family
Cornus sanguinea	Common Dogwood
do ouriganiou	- Common Bogwood

Scientific name	Common name
Crassulaceae	Stonecrop Family
Perosedum rupestre	Reflexed Stonecrop
Sedum acre	Biting Stonecrop
Sedum album	White Stonecrop
Sedum atratum	Dark Stonecrop
Sedum dasyphyllum	Thick-leaved Stonecrop
Sedum rubens	Reddish Stonecrop
Sempervivum arachnoideum	Cobweb Houseleek
Sempervivum tectorum	Common Houseleek
Umbilicus rupestris	Wall Pennywort
- Chiamodo Tapocano	Train Comprise
Euphorbiaceae	Spurge Family
Euphorbia amygdaloides	Wood Spurge
Euphorbia cyparissias	Cypress Spurge
Euphorbia helioscopia	Sun Spurge
Mercurialis perennis	Dog's Mercury
	2 5g 5 moroury
Fabaceae	Pea Family
Anthyllis montana	Mountain Kidney Vetch
Anthyllis vulneraria agg.	Kidney Vetch
Astragalus depressus	Sprawling Milk Vetch
Astragalus monspessulanus	Montpellier Milk-vetch
Astragalus sempervirens	Mountain Tragacanth
Chamaecytisus triflorus	Hairy Broom
Coronilla scorpioides	Annual Scorpion Vetch
Cytisophyllum sessilifolium	Allidai Scorpioli Vetcii
Cytisus scoparius	Common Broom
Genista radiata	Southern Greenweed
Genista sagittalis	Winged Greenweed
Genista tinctoria	Dyer's Greenweed
Hippocrepis comosa	Horseshoe Vetch
Hippocrepis emerus	Scorpion Senna
Laburnum anagyroides	Laburnum
Lathyrus cicera	Red Vetchling
Lathyrus latifolius	Broad-leaved Everlasting Pea
Lathyrus vernus	Spring Vetchling
Lotus corniculatus	Birds-foot Trefoil
Lotus dorycnium	Dorycnium
Lotus hirsutus	Dorychian
Lotus rinistitus Lotus ornithopodioides	
Medicago arabica	Spottad Madiak
Melilotus officinalis	Spotted Medick Common Melilot
Onobrychis viciifolia	Common Sainfoin
Ononis spinosa	Spiny Restharrow Yellow Milk-vetch
Oxytropis campestris Pisum sativum	
	Wild Pea
Robinia pseudacacia	False Acacia
Securigera varia	Crown Vetch
Spartium junceum	Spanish Broom
Sulla coronaria	Italian Sainfoin

Scientific name	Common name
Trifolium montanum	Mountain Clover
Trifolium noricum	Cream Clover
Trifolium ochroleuchon	Sulphur Clover
Trifolium pratense	Red Clover
Trifolium repens	White Clover
Trifolium rubens	Red Trefoil
Trifolium thalii	
Trifolium tomentosum	Woolly Trefoil
Vicia cracca	Tufted Vetch
Vicia hybrida	Takea Voteri
Tiola liyolida	
Fagaceae	Beech Family
Castanea sativa	Sweet Chestnut
Fagus sylvatica	Beech
Quercus ilex	Holm Oak
Quercus pubescens	Downy Oak
Quercus pubescens	DOWNY Oak
Gentianaceae	Gentian Family
Gentiana acaulis subsp. dinarica	A Trumpet Gentian
Gentiana lutea	Great Yellow Gentian
Gentiana utriculosa	Bladder Gentian
Gentiana verna	Spring Gentian
Contiana vorna	Opining Centuali
Geraniaceae	Crane's-bill Family
Erodium alpinum*	Alpine Stork's-bill
Erodium ciconium	
Erodium cicutarium	Common Stork's-bill
Erodium malacoides	Mallow-leaved Stork's-bill
Geranium columbinum	Long-stalked Crane's-bill
Geranium dissectum	Cut-leaved Crane's-bill
Geranium lucidum	Shining Crane's-bill
Geranium molle	Dove's-foot Crane's-bill
Geranium purpureum	Little Robin
Geranium pusillum	Small-flowered Crane's-bill
Geranium pyrenaicum	Hedgerow Crane's-bill
Geranium reflexum	3.0
Geranium robertianum	Herb Robert
Geranium sanguineum	Bloody Crane's-bill
Coraman cangamoun	Dioday Grane 6 Biii
Grossulariaceae	Gooseberry Family
Ribes alpinum	Mountain Currant
Hypericaceae	St. John's-wort Family
Hypericum perforatum	Perforate St. John's-wort
Juglandaceae	Walnut Family
Juglans regia	Walnut
Lamiaceae	Deadnettle Family
Ajuga reptans	
Auria (2018)	Bugle
Clinopodium acinos	Basil Thyme

Scientific name	Common name
Glechoma hederacea	Ground Ivy
Lamium album	White Deadnettle
Lamium amplexicaule	Henbit Deadnettle
Lamium garganicum	Large Red Deadnettle
Lamium maculatum	Spotted Deadnettle
Lamium purpureum	Purple Deadnettle
Marrubium vulgare	White Horehound
Mellitis melisophyllum	Bastard Balm
Mentha aquatica	Water Mint
Salvia pratensis	Meadow Clary
Stachys germanica	Downy Woundwort
Stachys recta	Yellow Woundwort
Thymus longicaulis	Creeping Thyme
Thymus praecox	Hairy Thyme
Thymus pulegioides	Larger Wild Thyme
mymae paiegieidee	Largor Wild Highlic
Linaceae	Flax Family
Linum alpinum	Mountain Flax
Linum bienne	Pale Flax
Linum suffruticosum	White Flax
Linum viscosum	Sticky Flax
Malvaceae	Mallow Family
Tilia cordata	Small-leaved Lime
Tilia platyphyllos	Large-leaved Lime
Nymphaeaceae	Water-lily Family
Nymphaea alba	White Water-lily
Oleaceae	Olive Family
Fraxinus angustifolia	Narrow-leaved Ash
Fraxinus excelsior	European Ash
Fraxinus ornus	Manna/Flowering Ash
Ligustrum vulgare	European Privet
Olea europaea	Olive
Orobanchaceae	Broomrape Family
Orobanche alba	Thyme Broomrape
Orobanche gracilis	Slender Broomrape
Orobanche minor	Common Broomrape
Orobanche salviae	Sage Broomrape
Pedicularis elegans*	
Pedicularis hoermanniana	
Rhinanthus minor	Yellow Rattle
Paeoniaceae	Peony Family
Paeonia officinalis	Common Peony
Panayaraaaa	Panny Family
Papaveraceae Chalidanium maius	Poppy Family
Chelidonium majus	Greater Celandine
0	
Corydalis cava Fumaria officinalis	Common Fumitory

Scientific name	Common name
Papaver rhoeas	Common Poppy
- 1,000	
Plantaginaceae	Plantain Family
Digitalis lutea	Small Yellow Foxglove
Globularia bisnagarica	Common Globularia
Globularia cordifolia	Matted Globularia
Globularia meridionalis	
Linaria purpurea	Purple Toadflax
Plantago argentea	<u> </u>
Plantago atrata	Mountain Plantain
Plantago coronopus	Buck's-horn Plantain
Plantago indica	Branched Plantain
Plantago lanceolata	Ribwort Plantain
Plantago major	Greater Plantain
Plantago media	Hoary Plantain
Veronica agrestis	Green Field Speedwell
Veronica montana	Wood Speedwell
Veronica montana Veronica orsiniana	wood Speedwell
	Drootrata Chandurall
Veronica prostrata	Prostrate Speedwell
Diverbasing	Thuist Family
Plumbaginaceae Armeria canescens	Thrift Family
Armena canescens	
Polygalaceae	Milkwort Family
Polygala alpestris	Mountain Milkwort
Polygala major	Large Milkwort
Polygala nicaeensis	Nice Milkwort
Polygala vulgaris	Common Milkwort
Polygonaceae	Knotweed Family
Oxyria digyna	Mountain Sorrel
Rumex acetosella	Sheep's Sorrel
Rumex alpinus	Monk's Rhubarb
Rumex hydrolapathum	Water Dock
Rumex nebroides	Apennine Dock
Rumex scutatus	French Sorrel
Primulaceae	Primrose Family
Cyclamen repandum	Spring Cyclamen
Lysimachia arvensis	Scarlet Pimpernel
Primula elatior	Oxlip
Primula veris	Cowslip
Ranunculaceae	Buttercup Family
Aconitum lycoctonum subsp. neapolitanum	Wolfsbane
Adonis annua	Pheasants Eye
Aquilegia vulgaris	Common Columbine
Clematus vitalba	Old Man's Beard
Delphinium ajacis	Common Larkspur
Helleborus bocconei*	
Helleborus viridis	Green Hellebore
	Hepatica

Scientific name	Common name
Pulsatilla alpina	Alpine Pasque Flower
Ranunculus acris	Meadow Buttercup
Ranunculus apenninus	
Ranunculus arvensis	Corn Buttercup
Ranunculus breyninus	
Ranunculus bulbosus	Bulbous Buttercup
Ranunculus flammula	Lesser Spearwort
Ranunculus gramineus	Grass-leaved Buttercup
Ranunculus illyricus	
Ranunculus millefoliatus	
Ranunculus sceleratus	Celery-leaved Buttercup
Thalictrum aquilegifolium	Great Meadow Rue
Resedaceae	Mignonette Family
Reseda alba	White Mignonette
Reseda lutea	Wild Mignonette
Reseda phyteuma	Corn Mignonette
Rhamnaceae	Buckthorn Family
Rhamnus alpina	Alpine Buckthorn
Rhamnus cathartica	Buckthorn
Rhamnus pumila	Dwarf Buckthorn
Rosaceae	Rose Family
Alchemilla nitida	an Alpine Lady's-mantle
Amelanchier ovalis	Snowy Mespilus
Aremonia agrimonioides	Bastard Agrimony
Aria edulis	Whitebeam
Crataegus monogyna	Hawthorn
Filipendula vulgaris	Dropwort
Fragaria vesca	Wild Strawberry
Malus sylvestris	Crab Apple
Potentilla cinerea	Grey Cinquefoil
Potentilla crantzii	Alpine Cinquefoil
Potentilla hirta	Hairy Cinquefoil
Potentilla recta	Sulphur Cinquefoil
Prunus mahaleb	St Lucie's Cherry
Prunus spinosa	Blackthorn
Rosa canina	Dog Rose
Rosa pendulina	Alpine Rose
Rosa spinosissima	Burnet Rose
Sanguisorba minor	Salad Burnet
Sorbus aucuparia	Mountain Ash
Consulta ducupuna	Woulden ASH
Rubiaceae	Bedstraw Family
Asperula taurina	Southern Woodruff
Cruciata laevipes	Crosswort
Galium aparine	Cleavers
Galium lucidum	
Galium mollugo	Hedge Bedstraw
Galium odoratum	Sweet Woodruff

Scientific name	Common name
Salicaceae	Willow Family
Salix alba	White Willow
Salix caprea	Goat Willow
Salix cinerea	Grey Willow
Salix eleagnos	Grey-barked Willow
Sapindaceae	Maple Family
Acer campestre	Field Maple
Acer monspessulanum	Montpellier Maple
Acer opalus subsp. obtusatum	Italian Maple
Acer pseudoplatanus	Sycamore
Aesculus hippocastanum	Horse Chestnut
Saxifragaceae	Saxifrage Family
Saxifraga bulbifera	Bulbous Saxifrage
Saxifraga callosa	Thick-leaved Saxifrage
Saxifraga granulata	Meadow Saxifrage
Saxifraga oppositifolia	Purple Saxifrage
Saxifraga paniculata	Live-long Saxifrage
Saxifraga porophylla*	Apennine Saxifrage
Saxifraga rotundifolia	Round-leaved Saxifrage
Saxifraga tridactylites	Rue-leaved Saxifrage
Scrophulariaceae	Figwort Family
Scrophularia canina	Dog/French Figwort
Scrophularia scopolii	Italian Figwort
Verbascum longifolium	
Verbascum pulverulentum	Hoary Mullein
Verbascum sinuatum	Wavy-leaved Mullein
Verbascum thapsus	Aaron's Rod
Solanaceae	Nightshade Family
Solanum dulcamara	Bittersweet
Solanum nigrum	Black Nightshade
Thymelaceae	Daphne Family
Daphne laureola	Spurge Laurel
Daphne mezeroen	
Ulmaceae	Elm Family
Ulmus glabra	Wych Elm
Ulmas minor	English Elm
Urticaceae	Nettle Family
Parietaria judaica	Pellitory of the Wall
Parietaria officinalis	Large Pellitory of the wall
Urtica dioica	Nettle
Urtica pilulifera	Roman Nettle
Viburnaceae	Viburnum Family
Sambucus ebulus	Dwarf Elder

Scientific name	Common name
Sambucus nigra	Common Elder
Violaceae	Violet Family
Viola arvensis	Field Pansy
Viola canina	Heath Dog Violet
Viola eugeniae*	a Mountain Pansy
Viola odorata	Sweet Violet
Viola tricolor	Heartease
Vitaceae	Grape-vine Family
Vitis vinifera	Grape-vine
Liliid	lae (Monocotyledons)
Amaryllidaceae	Daffodil Family
Allium ursinum	Ransoms
Narcissus poeticus	Pheasant's-eye/Poet's Daffodil
Araceae	Arum Family
Arum italicum	Large Cuckoo Pint
Arum maculatum	Cuckoo Pint
Asparagaceae	Asparagus Family
Anthericum liliago	St. Bernard's Lily
Muscari commutatum	Dark Grape Hyacinth
Muscari comosum	Tassel Hyacinth
Ornithogalum pyrenaicum	Bath Asparagus
Ornithogalum umbellatum	Common Star of Bethlehem
Polygonatum multiflorum	Solomon's Seal
Polygonatum verticillatum	
Polygonatum odoratum	
Ruscus aculeatus	Butcher's-broom
Ruscus hypoglossum	Larger Butcher's-broom
Asphodelaceae	Asphodel Family
Asphodeline lutea	Yellow Asphodel
Asphodelus albus	White Asphodel
Dioscoreaceae	Black Bryony Family
Dioscorea communis	Black Bryony
Iridaceae	Iris Family
Crocus vernus	Spring Crocus
Gladiolus italicus	Field Gladiolus
Iris foetidissima	Stinking Iris
Iris marsica	
Iris pseudacorus	Yellow Flag
Liliaceae	Lily Family
Fritillaria montana	a Fritillary
Lilium bulbiferum	Orange Lily
Lilium martagon	Martagon Lily
Emain martagon	Martagon Lify

Scientific name	Common name
Tulipa sylvestris	Wild Tulip
Melanthiaceae	Bunchflower Family
Paris quadrifolia	Herb Paris
Orchidaceae	Orchid Family
Anacamptis coriophora	Bug Orchid
Anacamptis morio	Green-winged Orchid
Anacamptis pyramidalis	Pyramidal Orchid
Cephalanthera damasonium	White Helleborine
Cephalanthera longifolia	Sword-leaved Helleborine
Dactylorhiza fuchsii	Common Spotted Orchid
Dactylorhiza incarnata	Early Marsh Orchid
Dactylorhiza maculata	Heath Spotted Orchid
Dactylorhiza saccifera	Wedge-lipped Orchid
Dactylorhiza sambucina	Elderflower Orchid
Epipactis helleborine	Broad-leaved Helleborine
Gymnadenia conopsea	Fragrant Orchid
Himantoglossum adriaticum	Adriatic Lizard Orchid
Limodorum abortivum	Violet Bird's-nest Orchid
Neotinea tridentata	Toothed Orchid
Neotinea ustulata	Burnt Orchid
Neottia nidus-avis	Bird's Nest Orchid
Neottia ovata	Twayblade
Ophrys apifera	Bee Orchid
Ophrys bertolonii	Bertoloni's Bee Orchid
Ophrys fuciflora	Late Spider Orchid
Ophrys fuciflora subsp. apulica	Apulian Ophrys
Ophrys fusca	Sombre Bee Orchid
Ophrys insectifera	Fly Orchid
Ophrys sphegodes	Early Spider Orchid
Orchis anthropophora	Man Orchid
Orchis mascula	Early Purple Orchid
Orchis pallens	Pale-flowered Orchid
Orchis pauciflora	Sparse-flowered Orchid
Orchis purpurea	Lady Orchid

Birds (H = Heard only)

		June 2023							
Common name	Scientific name	1	2	3	4	5	6	7	8
Common Quail	Coturnix coturnix				Н		Н		
Mallard	Anas platyrhynchos				√				
Common Pochard	Aythya ferina				√				
Little Grebe	Tachybaptus ruficollis				√		Н		
Great Crested Grebe	Podiceps cristatus				√		√		
Great Cormorant	Phalacrocorax carbo ssp. sinensis				√		√		
Cattle Egret	Bubulcus ibis	✓					√		
Squacco Heron	Ardeola ralloides				√				
Black-crowned Night Heron	Nycticorax nycticorax				√				
Grey Heron	Ardea cinerea				√	√	√		

		June 2023							
Common name	Scientific name	1	2	3	4	5	6	7	8
Purple Heron	Ardea purpurea				✓				
European Honey Buzzard	Pernis apivorus						✓		
Western Marsh Harrier	Circus aeruginosus				√				
Montagu's Harrier	Circus pygargus						✓		
Common Buzzard	Buteo buteo				√	√	√		
Common Kestrel	Falco tinnunculus		√		√	√	√		
Peregrine Falcon	Falco peregrinus					√			
Water Rail	Rallus aquaticus				Н				
Eurasian Coot	Fulica atra				√		√		
Rock Dove/Feral Pigeon	Columba livia	√	√	√	√		√		
Common Wood Pigeon	Columba palumbus				√		✓		
European Turtle Dove	Streptopelia turtur						√		
Eurasian Collared Dove	Streptopelia decaocto			√	√	√	√		
Common Cuckoo	Cuculus canorus			Н	√	Н	√	Н	
Tawny Owl	Strix aluco		Н		, ,	√	H	Н	
Common Swift	Apus apus	-	✓	√	√	√	√	✓	√
Eurasian Hoopoe	Upupa epops	\ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \	✓ ✓	'	✓ ✓	V	✓ ✓	_ v	V
Eurasian Wryneck	Jynx torquilla		V		√		V		
Great Spotted Woodpecker	Dendrocopos major		√		V	√	√		
Red-backed Shrike	Lanius collurio		√	,		V			
Eurasian Golden Oriole	Oriolus oriolus			√			√ H		
			,	,	,	,		,	
Eurasian Jay	Garrulus glandarius		√	√	√	√	√	√	
Eurasian Magpie	Pica pica	√	√	√	√	✓	√	√	
Red-billed Chough	Pyrrhocorax pyrrhocorax		✓	✓			✓	√	
Alpine Chough	Pyrrhocorax graculus					✓			
Western Jackdaw	Coloeus monedula	✓	✓	✓	✓	✓	✓	✓	✓
Hooded Crow	Corvus cornix	✓	✓	✓	✓	✓	✓	✓	✓
Coal Tit	Periparus ater		✓	✓	✓				
Great Tit	Parus major			✓	✓		✓	✓	
Eurasian Blue Tit	Cyanistes caeruleus		✓	✓				✓	
Long-tailed Tit	Aegithalos caudatus						✓		
Eurasian Penduline Tit	Remiz pendulinus				✓				
Woodlark	Lullula arborea					✓	Н		
Eurasian Skylark	Alauda arvensis		✓	✓	✓		✓		
Barn Swallow	Hirundo rustica		✓	✓	✓	✓	✓		
Eurasian Crag Martin	Ptyonoprogne rupestris					✓		✓	
Common House Martin	Delichon urbicum	✓	✓	✓	✓	✓	✓	✓	✓
Cetti's Warbler	Cettia cetti				Н				
Common Chiffchaff	Phylloscopus collybita		√	√		Н	Н	Н	
Western Bonelli's Warbler	Phylloscopus bonelli			Н		Н		Н	
Wood Warbler	Phylloscopus sibilatrix		√	Н		Н		Н	
Great Reed Warbler	Acrocephalus arundinaceus				Н				
Eurasian Reed Warbler	Acrocephalus scirpaceus				√				
Eurasian Blackcap	Sylvia atricapilla	Н	√	√	· ✓	Н	Н	Н	
Garden Warbler	Sylvia borin		•	<u> </u>	i i		Н		
Common Whitethroat	Curruca communis					√		Н	
Sardinian Warbler	Curruca melanocephala		√			V			
Common Firecrest	Regulus ignicapilla		✓ ✓	√		√			
Eurasian Wren	Troglodytes troglodytes		V	V		H		Н	
Eurasian Nuthatch	Sitta europaea		,	,		11			
Lui asiai i Nuli lalbi l	Certhia brachydactyla		✓	✓				✓	

Italy's Sibillini Mountains Tour Report

	Scientific name	June 2023							
Common name		1	2	3	4	5	6	7	8
Common Starling	Sturnus vulgaris	✓	√		√	√	√	√	√
Common Blackbird	Turdus merula		√	√	√	√	√	√	
Song Thrush	Turdus philomelos		√	Н			Н		
Mistle Thrush	Turdus viscivorus		√	Н		√			
European Robin	Erithacus rubecula			√			Н	√	
Common Nightingale	Luscinia megarhynchos				Н				
Black Redstart	Phoenicurus ochruros		√	√				√	
Common Redstart	Phoenicurus phoenicurus	√	√	√	√	√	√	√	Н
European Stonechat	Saxicola rubicola				√		√		
Northern Wheatear	Oenanthe oenanthe		√	√	√		√	√	
Common Rock Thrush	Monticola saxatilis							√	
White-throated Dipper	Cinclus cinclus							√	
Italian Sparrow	Passer italiae			√	√	√			
Grey Wagtail	Motacilla cinerea					√		√	
White Wagtail	Motacilla alba	✓	√			√	√	√	
Tawny Pipit	Anthus campestris		√				Н		
Tree Pipit	Anthus trivialis		√	√			Н		
Water Pipit	Anthus spinoletta			√				√	
Common Chaffinch	Fringilla coelebs		√	√		√		Н	
European Serin	Serinus serinus		√	√	√		√		
European Greenfinch	Chloris chloris		√	Н			√	Н	
European Goldfinch	Carduelis carduelis		√	√	√		√		√
Common Linnet	Linaria cannabina			√			√		
Corn Bunting	Emberiza calandra		√	√	√				
Ortolan Bunting	Emberiza hortulana				√				
Cirl Bunting	Emberiza cirlus		Н				Н	Н	

Other vertebrates

Common name	Scientific name		
AMPHIBIANS & REPTILES:			
Italian Pool Frog	Rana bergeri		
European Green Lizard	Lacerta bilineata		
Common Wall Lizard	Podarcis muralis		
Italian Wall Lizard	Podarchis sicula		
MAMMALS			
Roe Deer	Capreolus capreolus		
Red Deer	Cervus elephas		
Coypu	Myocastor coypus		
European Hare	Lepus europaeus		
Wild Boar	Sus scrofa		

Invertebrates

Common name	Scientific name
BUTTERFLIES:	
	Hesperiidae
Dingy Skipper	Enynnis tages
Grizzled Skipper	Pyrgus malvae
Red-underwing Skipper	Spialia sertorius
· · ·	Papilionidae
Southern Scarce Swallowtail	Iphiclides podalirius
Swallowtail	Papilio machaon
	Pieridae
Wood White	Leptidea sinapis
Large White	Pieris brassicae
Mountain Small White	Pieris ergane
Green-veined White	Pieris napi
Eastern Bath White	Pontia edusa
Provence Orange Tip	Anthocharis euphenoides
Orange Tip	Anthocharis cardamines
Berger's Clouded Yellow	Colias alfacariensis
Clouded Yellow	Colias crocea
Brimstone	Gonepteryx rhamni
	Lycaenidae
Green Hairstreak	Callophrys rubi
Sooty Copper	Lycaena tityrus
Osiris Blue	Cupido osiris
Holly Blue	Celastrina argiolus
Common Blue	Polyommatus icarus
Adonis Blue	Lysandra bellargus
Brown Argus	Aricia agestis
	Nymphalidae
Small Tortoiseshell	Aglais urticae
Red Admiral	Vanessa atalanta
Painted Lady	Vanessa cardui
Glanville Fritillary	Melitaea cinxia
Knapweed Fritillary	Melitaea phoebe
Spotted Fritillary	Melitaea didyma
Marsh Fritillary	Euphydryas aurinia
	Satyrinae
Speckled Wood	Pararge aegeria
Large Wall Brown	Lasiommata maera
Small Heath	Coenonympha pamphilus
Meadow Brown	Maniola jurtina