

# The Apennines: Italy's Abruzzo National Park

Naturetrek Tour Report

27 May - 3 June 2006

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This was Naturetrek's second foray into the beautiful mountains of Italy's Abruzzo National Park, some 3 hour's drive to the south east of Rome. The trip was one of contrasts, not least because of the weather and temperature ranges which varied from a chilling -4.5°C during an early morning bear search to + 32°C or more in a sultry Rome on arrival; approaching a 40°C temperature range! Likewise, whilst the weather during the early part of the trip was blissfully fresh and warm, for two days we had a vigorous weather system, accentuated by the mountains, and rain, wind, hail and even snow on the slopes immediately above us. Our accommodation in Albergo Paradiso on the edge of Pescasseroli was excellent, with Marco and Geraldine providing good food and humour in equal measure, and a fine log fire when the weather chilled. As in our previous trip, the flora of the area was far more accessible than the bird life, though we got good observations of both, despite the need to change arrangements because of the weather. We also had good sightings of various typical mammals of the area. The path system through the park is as good as ever, and in some places it appears that the markers have been repainted which is helpful, but there are still some spots where important turnings may be missed for lack of pointers. As a result of adjusting arrangements we 'discovered' a new route which provided a beautiful circuit through woods, dales, and a deep gorge, and was rich in both flowers and butterflies, a real treat for the naturalists and photographers amongst us.

## Day 1

**Saturday 27 May**

### London - Rome - Pescasseroli

We had an early morning start from Heathrow, but the flight was on time, cars were obtained with relatively little hassle (although Ted's Fiat bus with its high roof had to be obtained from an obscure spot outside the main area), and we headed out from Rome's ring road out into a countryside shimmering in morning heat. A welcome stop for refreshments off the toll Autostrada, lined with Spanish broom, gave us sighting of both Italian and tree sparrows. Further on the 3 hour journey, some of us had a good view of black kite over nearby farmland. Exhilarated by the rapidly improving scenery as the last hour's road wound through the mountains, we arrived mid afternoon to a warm welcome from Marco and Geraldine of Albergo Paradiso. Whilst some were happy to relax after the journey, others wandered out from the hotel, sighting and hearing numerous Serins calling from

the pine tops, and both common and black redstarts easily seen in the area. Perhaps the stars of the show were two red squirrels of the local black Marsican subspecies, repeatedly scampering up and down the trees beside the hotel. We were to see them many times during our stay.

## Day 2

Sunday 28 May

### Camosciara

An early morning walk in bright sunshine around the hotel grounds gave us views of Serin, both redstarts, Wryneck, Cuckoo and Treecreeper. We headed out after breakfast to the stunning amphitheatre of the Camosciara valley, circled by high mountains of crags and snow, to explore the warm meadows and woods of the lower valley. These were already beginning to show the effects of little rain in the previous weeks. The botanists amongst us immediately set to work in the pastures and clearings amongst juniper scrub and hawthorn bushes resplendent in blossom. Ted was able to find a good range of orchids and other plants – notably lady and toothed orchids. Further up the valley a remarkably fine specimen of lady's slipper orchid was growing in a glade by the stream, and near a run-down little café some nice specimens of herb Paris. We were also delighted by several fine views of Camberwell Beauty butterfly circulating around the stream's willows. After a snack lunch by a small bar at the top of the valley, we headed up the beech slopes to see if the avalanche that often accumulates there, but it had melted. However, we were rewarded by several fine specimens of birds' nest orchid in the beech leaf litter along with coral root orchid, Twayblade and bear's ear. Returning through the valley we had a good sighting of golden eagle being mobbed by buzzard; whilst in the meadow scrub lands an excellent view of red backed shrike seizing a large caterpillar from a bush.

We headed out before dinner in the first of several attempts to see the oft celebrated Marsican brown bears, encouraged by several reports that a family had been seen in the Gioia Vecchio area – even crossing the road according to one report. Alas we were not favoured this evening, but it was a beautiful sunset and we had fine views of two red deer across the valley.

## Day 3

Monday 29 May

### Valle Fondillo

Another warm dry day, starting sunny, but cloud bubbling up later, accompanied by a humid breeze. We headed out to Valle Fondillo, a long valley curling up into the mountain beech forest, with a fast flowing river winding through it. We explored meadows on the right side as we initially headed up, finding spots where boars had excavated holes to find crocus bulbs and other foods, and toothed orchid, narrow leaved helleborines and shrubby milkwort that had escaped this attention. Crossing by footbridge to the left side, we worked our way through the juniper scrub and woodland, finding brilliant examples of both spring and trumpet gentian, and military orchid. Hoopoe was both seen and heard, along with blackcap, marsh tit, yellowhammer and corn bunting. Once again we saw golden eagle, again being harassed by buzzard, leading us to wonder if it was the same pair as in Camosciara – the two valleys are adjacent. Further up, we re-crossed the river via a fallen log providing a rather slithery bridge, and continued up to the beech forest where locals collect firewood and leave their horses to return home unattended, laden with logs and chain saws. Returning, we worked the meadows in more detail and were rewarded by red saxifrage growing on a massive limestone boulder, though its

neighbouring plants were desiccated by the dry weather. Closer to the car park there were numerous large specimens of early marsh orchids in damp ground near willows.

Returning to the minibuses, we visited Opi, the small neighbouring village perched precariously on a pinnacle of a rock outcrop, with a main street that seems almost vertical to a minibus driver. There we wandered round, getting fine views of the whole fertile Sangro valley stretching back towards Pescasseroli and the mountains beyond. A brief stop for refreshments in the local bar was welcome – they have a photo of the heavy snow conditions the village normally suffers in winter.

We had a further effort at bear spotting without success in the evening, but as in the previous evening, the quail were in fine voice in the field below us.

## Day 4

Tuesday 30 May

### Prato Rosso

Today's weather was one of mixed fortunes, with both sun and overcast conditions, threatening rain but not delivering. Our explorations took us up a steep valley with a deep gorge, full of ancient, gnarled, and moss covered beech tucked in between massive limestone boulders, and dotted with caves. We were intrigued to find hundreds of specimens of *Solenanthis apenninus* along the path here – according to the books it doesn't occur in Italy. Other interesting species included yellow anemone and elderflower orchid growing by the path. There were also some rich high scrubby pastures – the Prato Rosso itself, where we found good specimens of man, few-flowered, toothed, and military orchid. We had a good range of butterflies in this area, including Apollo, Clouded Yellow, Berger's Clouded Yellow, Wood White, Brown Argus and Adonis Blue and several species of fritillary, whilst for the third day in succession Golden Eagle soared above us.

## Day 5

Wednesday 31 May

### Pescasseroli

We rose early, and by 5.30 were on the way to Gioia Vecchia with all determination to see bears – alas the bears did not reciprocate, despite watching for about 90 minutes in a chill breeze that registered -4.5°C in the bus. The rest of the day was quite cool, but the forecast rain never materialised, and it brightened somewhat. We had a gentle time wandering around Pescasseroli, its small market, and the Ecotur offices where literature and maps on the area may be procured. After a snack lunch in a pizza joint on the main square and popular with the locals, we headed up to Castel Mancino, an almost completely destroyed castle with an eagle's view of the town. Here we found several excellent specimens of Adriatic lizard orchid and both swallowtail and scarce swallowtail, together with Orange Tip and Moroccan Orange Tip, and Little, Baton and Chapman's Blue. Other good sightings were Glanville, Cardinal and Spotted Fritillaries, and Large Wall Brown. Birding near the old cemetery found us good views of Red-backed Shrike and Black-eared Wheatear.

Once again we attempted to see bears as evening clouds swept in, but instead many of us were rewarded by impressive views of Wild Boar, 25 or more ranging from large males to clusters of 'piglets', charging through the undergrowth and terrorizing the local horses.

## Day 5

Thursday 1 June

### Rear of Hotel – Campo Rotundo

Heavy rain, low cloud, and increasing elements of hail and snow, meant that we had to abandon our plan to walk to the considerable heights of Valle di Rosa – these were completely snow bound. Instead we set out to do the walk scheduled for Friday, following the track to the rear of the Paradiso, and head up to the beautiful meadows and ancient beech woods in the hills, but conditions were so bad we were finding no wildlife and were getting soaked for no purpose. Returning to the hotel we were delighted to find Geraldine had lit a good fire, and coffees and warmth lifted our spirits.

All was not lost however, and after lunch we drove to Barrea as the clouds lifted slightly and the showers more intermittent. On the bridge over the lake we spotted Great Crested Grebe and Sand Martin, and nearby, Great Spotted Woodpecker. After a drink in the local bar, and spotting a break in the weather, we walked up to the local reserve, seeing Chough and Crag Martin in the gorge below us, and incredible displays of hundreds of Purple Vipers' Bugloss, though much of the other flora was somewhat impoverished this year. Together with the hotel's House Martins and Swallows we had seen all the local hirundines (plus Swift) today. Several Nightingales were calling in and around the little allotments on the edge of town. There were several Red Deer grazing tiny ledges of grass on the steep slopes of the valley – presumably way out of access for the local hunters.

From Barrea we headed south to a small reservoir near the small town of Alfadena, and listened to numerous Bonelli's and Wood Warblers – the lake itself, other than holding a few Great Crested Grebes, supported little else, possibly because of its depth. However we did find Early Purple Orchid, Twayblade, and Narrow Leaved Helleborine.

## Day 6

Friday 2 June

### Diavolo & Fossa Perrone

The weather improved somewhat, but not enough to allow us to venture into the high peaks. It was cool and overcast but at least dry throughout the morning. We therefore headed out for a new section of the National Park, near the Rifugio Diavolo to the north of Pescasseroli, and found it very rewarding; a mixture of meadow valleys, rock outcrops, beech forest and a narrow deep gorge. Almost immediately, on several sun drenched limestone banks we were finding species Toothed Orchid, many Adriatic Lizard Orchid, and butterflies like Clouded Apollo, Glanville Fritillary, and Small Heath. Lunch was held in one of these glades as a tree pipit displayed and 'parachuted' down from his treetop – there were several others during the walk whilst many areas echoed to the calls of Bonelli's and Wood Warblers. In a number of the glades we found sad stock and mountain lungwort, whilst in the gorge, overhung with beech and limestone outcrops we found several specimens of herb Paris. Emerging from the gorge it was clear the weather was deteriorating again, with dense cloudbursts descending into the valley. As we approached the buses several massive flashes of lightning seemed to surround us and shake us with their thunder, but the nearby livestock barely glanced up.

## Day 7

Saturday 3 June

### Pescasseroli – London

We left very early to make the journey back to Fiumicino airport, Marco helping to get us all sorted and loaded. The early start is necessary because of the risk of tail-backs on the road to Rome, though fortunately we had no problems. Being an Italian bank holiday, the terminal was the scene of mayhem with an impromptu security check further contributing to the chaos. However, we managed to check in after some queuing and passed into Departures. Despite a change of departure gates at short notice, and a delay in the flight we returned to London Heathrow safe and sound.

## Species lists

## Birds

	Common Name	Scientific Name	May					June		
			27	28	29	30	31	1	2	3
1	Great crested grebe	<i>Podiceps cristatus</i>						15		
2	Mallard	<i>Anas platyrhynchos</i>		2						
3	Golden Eagle	<i>Aquila chrysaetos</i>		1	1	1				
4	Black Kite	<i>Milvus migrans</i>	1							
5	Common Buzzard	<i>Buteo buteo</i>		2	1	2	1	1	1	
6	Quail	<i>Coturnix coturnix</i>		H	H		H		H	
7	Coot	<i>Fulica atra</i>						5		
8	Yellow-legged Herring Gull	<i>Larus cachinnans</i>	1							
9	Rock Dove	<i>Columba livia</i>	✓				1	✓		
10	Wood Pigeon	<i>Columba palumbus</i>	✓			1	✓	2	✓	
11	Cuckoo	<i>Cuculus canorus</i>	1	1	1	1	H	H	H	
12	Tawny Owl	<i>Strix aluco</i>					H			
13	European Swift	<i>Apus apus</i>	✓	3			✓	✓	✓	
14	Alpine Swift	<i>Apus melba</i>	1							
15	Hoopoe	<i>Upupa epops</i>			1	1	2	1		
16	Great Spotted Woodpecker	<i>Dendrocopos major</i>						1		
17	Wryneck	<i>Jynx torquilla</i>		1			1	H		
18	Sand Martin	<i>Riparia riparia</i>						6		
19	Crag Martin	<i>Ptyonoprogne rupestris</i>						2		
20	Barn Swallow	<i>Hirundo rustica</i>		✓	✓	✓	✓	✓	✓	
21	House Martin	<i>Delichon urbica</i>	✓	✓	✓	✓	✓	✓	✓	
22	Tawny Pipit	<i>Anthus campestris</i>	1							
23	Tree Pipit	<i>Anthus trivialis</i>							5	
24	White Wagtail	<i>Motacilla alba</i>		1	5	2	✓	1		
25	Grey Wagtail	<i>Motacilla cinerea</i>		2	1		1			
26	Wren	<i>Troglodytes troglodytes</i>		H	H	1				
27	Robin	<i>Erithacus rubecula</i>	✓	✓	1	1		Nest	H	
28	Nightingale	<i>Luscinia megarhynchos</i>						H		
29	Common Redstart	<i>Phoenicurus phoenicurus</i>	1	1	1	1	✓	1	✓	
30	Black Redstart	<i>Phoenicurus ochruros</i>	1		1					
31	Common Wheatear	<i>Oenanthe oenanthe</i>	3						1	
32	Black eared wheatear	<i>Oenanthe hispanica</i>					1			
33	Stonechat	<i>Saxicola torquata</i>		2						
34	Mistle Thrush	<i>Turdus viscivorus</i>		2						
35	Blackbird	<i>Turdus merula</i>	1	✓	✓	✓	H	1	✓	
36	Blackcap	<i>Sylvia atricapilla</i>	H	H	1	1		3		
37	Common Whitethroat	<i>Sylvia communis</i>						1		
38	Wood Warbler	<i>Phylloscopus sibilatrix</i>	✓			H			H	
39	Chiffchaff	<i>Phylloscopus collybita</i>	H	H	H	1	H	H	H	
40	Firecrest	<i>Regulus ignicapillus</i>					2			
41	Collared Flycatcher	<i>Ficedula albicollis</i>				1				
42	Great Tit	<i>Parus major</i>	✓	✓	✓	✓		✓	✓	
43	Coal Tit	<i>Parus ater</i>	✓	✓		✓				
44	Blue Tit	<i>Parus caeruleus</i>	✓	✓			✓	✓		
45	Marsh Tit	<i>Parus palustris</i>		1	2	1		1	1	
46	Short-toed Treecreeper	<i>Certhia brachydactyla</i>		1			1			
47	Red-backed Shrike	<i>Lanius collurio</i>		1	6	1	5			
48	Magpie	<i>Pica pica</i>	✓	✓	2	2	✓	✓	✓	
49	Eurasian Jay	<i>Garrulus glandarius</i>		2	2	2			1	

	Common Name	Scientific Name	May					June		
			27	28	29	30	31	1	2	3
50	Jackdaw	<i>Corvus monedula</i>					2	10		
51	Chough	<i>Pyrrhocorax pyrrhocorax</i>		2				10		
52	Hooded Crow	<i>Corvus corone</i>	✓	5	3	12	20	40	5	
53	Raven	<i>Corvus corax</i>	1							
54	Spotless Starling	<i>Sturnus unicolor</i>		1						
55	Starling	<i>Sturnus vulgaris</i>	✓		✓					
56	House [Italian] Sparrow	<i>Passer domesticus</i>	✓	✓			20	✓	✓	
57	Tree Sparrow	<i>Passer montanus</i>	1	2	1	1				
58	Chaffinch	<i>Fringilla coelebs</i>	✓	✓	✓	✓	✓	✓	✓	
59	Linnet	<i>Acanthis cannabina</i>						3		
60	Crossbill	<i>Loxia curvirostra</i>				1				
61	Greenfinch	<i>Carduelis chloris</i>		H			2	✓	H	
62	Serin	<i>Serinus serinus</i>	✓	✓	✓	✓	✓	✓	✓	
63	Bullfinch	<i>Pyrrhula pyrrhula</i>	2				1			
64	Yellowhammer	<i>Emberiza citrinella</i>		3	1					
65	Cirl Bunting	<i>Emberiza cirius</i>		H		1				
66	Corn Bunting	<i>Miliaria calandra</i>		H	1		H			

H = heard

## Butterflies

Common name	Scientific name	May					June		
		27	28	29	30	31	1	2	3
Swallowtail	<i>Papilio machaon</i>		✓			✓			
Scarce Swallowtail	<i>Iphiclides podalirius</i>		✓	✓		✓			
Apollo	<i>Parnassius apollo</i>	✓	✓	✓	✓				
Clouded Apollo	<i>Parnassius mnemosyne</i>							✓	
Large White	<i>Pieris brassicae</i>	✓	✓	✓	✓	✓			
Black-veined White	<i>Aporia crataegi</i>		✓			✓			
Small White	<i>Artogeia rapae</i>		✓	✓	✓	✓			
Green-veined White	<i>Artogeia napi</i>				✓				
Bath White	<i>Pontia daplidice</i>			✓					
Orange-tip	<i>Anthocharis cardamines</i>	✓	✓	✓	✓	✓		✓	
Moroccan Orange-tip	<i>Anthocharis belia</i>	✓	✓			✓			
Clouded Yellow	<i>Colias crocea</i>		✓	✓	✓	✓		✓	
Pale Clouded Yellow	<i>Colias australis</i>			✓	✓			✓	
Brimstone	<i>Gonepteryx rhamni</i>	✓		✓					
Wood White	<i>Leptidea sinapis</i>		✓		✓	✓			
Green Hairstreak	<i>Callophrys rubi</i>		✓	✓					
Little Blue	<i>Cupido minimus</i>			✓		✓			
Baton Blue	<i>Pseudophilotes baton</i>					✓			
Silver-studded Blue	<i>Plebejus argus</i>		✓				✓		
Brown Argus	<i>Aricia agestis</i>		✓	✓	✓	✓	✓	✓	
Mazarine Blue	<i>Cyaniris semiargus</i>		✓			✓			
Chapman's Blue	<i>Agrodiaetus thersites</i>					✓			
Meleager's Blue	<i>Meleageria daphnis</i>		✓	✓	✓	✓			
Common Blue	<i>Polyommatus icarus</i>		✓	✓	✓	✓		✓	
Large Tortoiseshell	<i>Nymphalis polychloros</i>		✓						
Camberwell Beauty	<i>Nymphalis antiopa</i>		✓						
Peacock	<i>Inachis io</i>					✓			
Red Admiral	<i>Vanessa atalanta</i>	✓			✓				
Painted Lady	<i>Cynthia cardui</i>	✓	✓	✓		✓			
Small Tortoiseshell	<i>Aglais urticae</i>			✓		✓			
Cardinal	<i>Pandoriana pandora</i>					✓			
Queen of Spain Fritillary	<i>Issoria lathonia</i>			✓	✓				
Pearl-bordered Fritillary	<i>Clossiana euphrosyne</i>	✓	✓		✓				
Small pearl-bordered Fritillary	<i>Clossiana selene</i>			✓	✓				
Glanville Fritillary	<i>Melitaea cinxia</i>				✓	✓		✓	



Common name	Scientific name	May					June		
		27	28	29	30	31	1	2	3
Spotted Fritillary	<i>Melitaea didyma</i>					✓			
Heath Fritillary	<i>Mellicta athalia</i>		✓		✓				
Meadow Brown	<i>Maniola jurtina</i>					✓			
Small Heath	<i>Coenonympha pamphilus</i>		✓	✓	✓	✓		✓	
Speckled Wood	<i>Pararge aegeria</i>		✓	✓	✓	✓			
Wall Brown	<i>Lasiommata megera</i>		✓	✓		✓			
Large Wall Brown	<i>Lasiommata maera</i>						✓		
Grizzled Skipper	<i>Pyrgus malvae</i>	✓	✓	✓			✓		

## Moths

Common name	Scientific name	May					June		
		27	28	29	30	31	1	2	3
Hummingbird hawkmoth	<i>Macroglossum stellatarum</i>					✓			
Goat moth (larva)	<i>Cossus cossus</i>								
Burnet moth sp	<i>Zygaena erythrus</i>				✓	✓	✓		
Chimney sweeper	<i>Odezia atrata</i>					✓		✓	
Nine spotted	<i>Amata phegea</i>					✓			
Bag-worm	<i>Oreophysche plumifera</i>							✓	

## Mammals

Common Name	Scientific Name	May					June		
		27	28	29	30	31	1	2	3
Pine marten	<i>Martes martes</i>							D	
Red fox	<i>Vulpes vulpes</i>							D	
Red squirrel (black)	<i>Sciurus vulgaris</i>	2	2	1	1				
Wild boar	<i>Sus scrofa</i>			S		25			
Red deer	<i>Cervus elaphus</i>		2		3		5		
Roe deer	<i>Capreolus capreolus</i>					1			
Hare	<i>Lepus europaeus?</i>			2		1			
Moles (hills)	<i>Talpa sp.</i>			1					

D = droppings; S = signs of

## Reptiles/amphibians

Common Name	Scientific Name	May					June		
		27	28	29	30	31	1	2	3
Green lizard	<i>Lacerta viridis</i>			1					
Italian wall lizard	<i>Lacerta sicula campestris?</i>		1	1	1	1			
Toad	<i>Bufo bufo</i>			1					
Frog species				1					

## Plants

Maidenhair Spleenwort	<i>Asplenium trichomanes</i>
Brittle Bladder Fern	<i>Cystopteris fragilis</i>
Bracken	<i>Pteridium aquilinum</i>
Field Maple	<i>Acer campestre</i>
	<i>Acer monspessulanum</i>
Italian Maple	<i>Acer opalus</i>
Sycamore	<i>Acer pseudoplatanus</i>
Holly	<i>Ilex aquifolium</i>
Ivy	<i>Hedera helix</i>
Vipers Bugloss	<i>Echium vulgare</i>
Purple Vipers Bugloss	<i>Echium plantagineum</i>
Alpine Wood Forget-Me-Not	<i>Myosotis alpestris</i>
Tufted Forget-Me-Not	<i>Myosotis laxa</i>
Mountain Lungwort	<i>Pulmonaria montana</i>
Solenanthis	<i>Solenanthis apenninus</i>
Elder	<i>Sambucus nigra</i>
Dwarf Elder	<i>Sambucus ebulus</i>
Common Mouseear	<i>Cerastium fontanum</i>
Snow-In Summer	<i>Cerastium tomentosum</i>
Italian Catchfly	<i>Silene italica</i>
Bladder Campion	<i>Silene vulgaris</i>
White Campion	<i>Silene alba</i>
Wood Stitchwort	<i>Stellaria nemorum</i>
White Rockrose	<i>Helianthemum apenninum</i>
Rockrose	<i>Helianthemum nummularium</i>
Hoary Rockrose	<i>Helianthemum canum</i>
Daisy	<i>Bellis perennis</i>
Southern Daisy	<i>Bellis sylvestris</i>
Musk Thistle	<i>Carduus nutans</i>
Milk Thistle	<i>Silybum marianum</i>
Stemless Carline Thistle	<i>Carlina acaulis</i>
Carline Thistle	<i>Carlina vulgaris</i>
Mountain Cornflower	<i>Centaurea montana</i>
Mountain Lettuce	<i>Lactuca perennis</i>
Heart-Leaved Leopardsbane	<i>Doronicum columnae</i>
Hemp Agrimony	<i>Eupatorium cannabinum</i>
Rough Hawkbit	<i>Leontodon hispidus</i>
Ox-eye Daisy	<i>Leucanthemum vulgare</i>
Butterbur	<i>Petasites hybridus</i>
Feverfew	<i>Tanacetum parthenium</i>
Dodder	<i>Cuscuta epithimum</i>
Cornealian Cherry	<i>Cornus mas</i>
Dogwood	<i>Cornus sanguinea</i>
Eastern Hornbeam	<i>Carpinus orientalis</i>
Hazel	<i>Corylus avellana</i>
Biting Stonecrop	<i>Sedum acre</i>
Rock Stonecrop	<i>Sedum rupestre</i>
Common Houseleek	<i>Sempervivum tectorum</i>
Garlic Mustard	<i>Alliaria petiolata</i>
Hairy Rockcress	<i>Arabis hirsuta</i>
Alpine Rockcress	<i>Arabis alpina</i>
Shepherd's Purse	<i>Capsella bursa-pastoris</i>
Coralroot	<i>Cardamine bulbifera</i>

Cut-leaved Dame's Violet	<i>Hesperis laciniata</i>
Asarum-Leaved Bittercress	<i>Cardamine asarifolia</i>
An Endemic Treacle Mustard	<i>Erysimum pseudorhaeticum</i>
Watercress	<i>Nasturtium officinale</i>
Juniper	<i>Juniperus communis</i>
Prickly Juniper	<i>Juniperus oxycedrus</i>
Wild Teasel	<i>Dipsacus fullonum</i>
Small Scabious	<i>Scabiosa columbaria</i>
Wood Spurge	<i>Euphorbia amygdaloides</i>
Cypress Spurge	<i>Euphorbia cyparissias</i>
Glaucous Spurge	<i>Euphorbia myrsinites</i>
Dogs Mercury	<i>Mercurialis perennis</i>
Beech	<i>Fagus sylvatica</i>
Turkey Oak	<i>Quercus cerris</i>
Holm Oak	<i>Quercus ilex</i>
Downy Oak	<i>Quercus pubescens</i>
Alpine Buckthorn	<i>Rhamnus alpinus</i>
Trumpet Gentian	<i>Gentiana dinarica</i>
Spring Gentian	<i>Gentiana verna</i>
Mallow-Leaved Storksbill	<i>Erodium malacoides</i>
Common Storksbill	<i>Erodium cicutarium</i>
Cut-Leaved Cranesbill	<i>Geranium dissectum</i>
Shining Cranesbill	<i>Geranium lucidum</i>
Pyrenean Cranesbill	<i>Geranium pyrenaicum</i>
Herb Robert	<i>Geranium robertianum</i>
Little Robin	<i>Geranium purpureum</i>
Dusky Cranesbill	<i>Geranium phaeum</i>
Round-Leaved Cranesbill	<i>Geranium dissectum</i>
Common Globularia	<i>Globularia punctata</i>
Matted Globularia	<i>Globularia cordifolia</i>
Perforate St Johns Wort	<i>Hypericum perforatum</i>
Basil-Thyme	<i>Acinos arvensis</i>
Bugle	<i>Ajuga reptans</i>
Large Pink Deadnettle	<i>Galeopsis ladanum</i>
White Deadnettle	<i>Lamium album</i>
Large Red Deadnettle	<i>Lamium garganicum</i>
Bastard Balm	<i>Melittis melissophyllum</i>
Cut-Leaved Selfheal	<i>Prunella lacinata</i>
Wild Clary	<i>Salvia verbenaca</i>
Wild Thyme	<i>Thymus serpyllum</i>
Meadow Clary	<i>Salvia pratensis</i>
Kidney Vetch	<i>Anthyllis vulneraria</i>
	<i>Cytisus sessilifolius</i>
Dyer's Greenweed	<i>Genista tinctoria</i>
Horseshoe Vetch	<i>Hippocrepis comosa</i>
Laburnum	<i>Laburnum anagyroides</i>
Spring Vetchling	<i>Lathyrus vernus</i>
Yellow Vetchling	<i>Lathyrus aphaca</i>
Meadow Vetchling	<i>Lathyrus pratensis</i>
Bird's Foot-Trefoil	<i>Lotus corniculatus</i>
Spiny Restharrow	<i>Ononis spinosa</i>
Spanish Broom	<i>Spartium junceum</i>
Hop Trefoil	<i>Trifolium campestre</i>
Red Clover	<i>Trifolium pratense</i>
White Clover	<i>Trifolium repens</i>

Common Vetch	<i>Vicia sativa</i>
Bush Vetch	<i>Vicia sepium</i>
Fodder Vetch	<i>Vicia villosa</i>
False Vetch	<i>Astragalus monspessulanus</i>
Sainfoin	<i>Onobrychis viciifolia</i>
Fairy Flax	<i>Linum catharticum</i>
Rock Sainfoin	<i>Onobrychis saxatilis</i>
Grass Vetchling	<i>Lathyrus nissolia</i>
Tuberous Comfrey	<i>Symphytum tuberosum</i>
Honeysuckle	<i>Lonicera periclymenum</i>
Fly Honeysuckle	<i>Lonicera xylosteum</i>
Woad	<i>Isatis tinctoria</i>
Plantain-Leaved Thrift	<i>Armeria alliacea</i>
Butterwort	<i>Pinguicula vulgaris</i>
Bulbous Corydalis	<i>Corydalis bulbosa</i>
Ash	<i>Fraxinus excelsior</i>
Flowering Ash	<i>Fraxinus ornus</i>
Greater Celandine	<i>Chelidonium majus</i>
Common Poppy	<i>Papaver rhoeas</i>
Black Pine	<i>Pinus nigra</i>
Ribwort Plantain	<i>Plantago lanceolata</i>
Greater Plantain	<i>Plantago major</i>
Hoary Plantain	<i>Plantago media</i>
Nice Milkwort	<i>Polygala nicaeensis</i>
Shrubby Milkwort	<i>Polygala chamaebuxus</i>
Mountain Dock	<i>Rumex alpestris</i>
Scarlet Pimpernel	<i>Anagallis arvensis</i>
Bear's-Ear	<i>Primula auricula</i>
Wood Anemone	<i>Anemone nemorum</i>
Yellow Anemone	<i>Anemone nemorum</i>
Columbine	<i>Aquilegia vulgaris</i>
Stinking Hellebore	<i>Helleborus foetidus</i>
Hepatica	<i>Hepatica nobilis</i>
Bulbous Buttercup	<i>Ranunculus bulbogus</i>
	<i>Ranunculus millefoliatus</i>
	<i>Ranunculus monspeliacus</i>
Thore's Buttercup	<i>Ranunculus thora</i>
Great Meadow-Rue	<i>Thalictrum aquilegifolium</i>
Weld	<i>Reseda luteola</i>
Midland Hawthorn	<i>Crataegus laevigata</i>
Hawthorn	<i>Crataegus monogyna</i>
Wild Strawberry	<i>Fragaria vesca</i>
	<i>Potentilla hirta</i>
St Lucie's Cherry	<i>Prunus mahaleb</i>
Blackthorn	<i>Prunus spinosa</i>
Wild Pear	<i>Pyrus pyraeaster</i>
Dog Rose	<i>Rosa canina</i>
Bramble	<i>Rubus fruticosus agg</i>
Raspberry	<i>Rubus idaeus</i>
Gooseberry	<i>Ribes uva-crispa</i>
Whitebeam	<i>Sorbus aria</i>
Rowan	<i>Sorbus aucuparia</i>
Crosswort	<i>Cruciata laevipes</i>
Hedge Bedstraw	<i>Galium mollugo</i>
Woodruff	<i>Galium odoratum</i>

Aspen	<i>Populus tremula</i>
Black Poplar	<i>Populus nigra</i>
Grey Willow	<i>Salix caprea</i>
White Willow	<i>Salix alba</i>
Meadow Saxifrage	<i>Saxifraga granulata</i>
Round-Leaved Saxifrage	<i>Rotundifolia</i>
Rue-Leaved Saxifrage	<i>Tridactylites</i>
Reddish Saxifrage	<i>Saxifraga porophylla</i>
Ivy-Leaved Toadflax	<i>Cymbalaria muralis</i>
Eyebright	<i>Euphrasia agg</i>
Purple Toadflax	<i>Linaria purpurea</i>
Greater Yellow Rattle	<i>Rhinanthus alectorolophus</i>
Yellow Rattle	<i>Rhinanthus minor</i>
Alpine Figwort	<i>Scrophularia canina</i>
Figwort	<i>Scrophularia nodosa</i>
Yellow Figwort	<i>Scrophularia vernalis</i>
Germander Speedwell	<i>Veronica chamaedrys</i>
Wood Speedwell	<i>Veronica montana</i>
Heath Speedwell	<i>Veronica officinalis</i>
Thyme-Leaved Speedwell	<i>Veronica serpyllifolia</i>
Spurge Laurel	<i>Daphne laureola</i>
Mezereon	<i>Daphne mezereum</i>
Alpine Mezereon	<i>Daphne alpina</i>
Large-Leaved Lime	<i>Tilia platyphyllos</i>
Ground Elder	<i>Aegopodium podagraria</i>
Hemlock	<i>Conium maculatum</i>
Wild Carrot	<i>Daucus carota</i>
Broad-Leaved Sermountain	<i>Laserpitium latifolium</i>
Burnet Saxifrage	<i>Pimpinella saxifraga</i>
Sanicle	<i>Sanicula europaea</i>
Shepherd's Needle	<i>Scandix pecten-veneris</i>
Pellitory Of The Wall	<i>Parietaria judaica</i>
Nettle	<i>Urtica dioica</i>
	<i>Valeriana montana</i>
Common Valerian	<i>Valeriana officinalis</i>
Field Pansy	<i>Viola arvensis</i>
Dog Violet	<i>Viola riviniana</i>
Wild Arum	<i>Arum maculatum</i>
Purple Crocus	<i>Crocus vernus</i>
St Bernard's Lily	<i>Anthericum lilago</i>
White Asphodel	<i>Asphodeline albus</i>
Yellow Asphodel	<i>Asphodeline lutea</i>
Martagon Lily	<i>Lilium martagon</i>
Tassel Hyacinth	<i>Muscari comosa</i>
Dark Grape Hyacinth	<i>Muscari neglecta</i>
Star Of Bethlehem	<i>Ornithogalum umbellatum</i>
Herb Paris	<i>Paris quadrifolia</i>
Solomon's Seal	<i>Polygonatum multiflorum</i>
Man Orchid	<i>Acera anthropophurum</i>
White Helleborine	<i>Cephalanthera damasonium</i>
Sword-Leaved Helleborine	<i>Cephalanthera longifolia</i>
Coralroot Orchid	<i>Corallorhiza trifida</i>
Lady's Slipper Orchid	<i>Cypripedium calceolus</i>
Early Marsh Orchid	<i>Dactylorhiza incarnata</i>
Heath Spotted Orchid	<i>Dactylorhiza maculata</i>

Elder-Flowered Orchid	<i>Dactylorhiza sambucina</i>
Common-Spotted Orchid	<i>Dactylorhiza fuchsii</i>
Common Helleborine	<i>Epipactis helleborine</i>
Fragrant Orchid	<i>Gymnadenia conopsea</i>
Adriatic Lizard Orchid	<i>Himantoglossum adriaticum</i>
Twayblade	<i>Listera ovata</i>
Bird's Nest Orchid	<i>Neottia nidus-avis</i>
Early Purple Orchid	<i>Orchis mascula</i>
Green-Winged Orchid	<i>Orchis morio</i>
Few-Flowered Orchid	<i>Orchis pauciflora</i>
Lady Orchid	<i>Orchis purpurea</i>
Toothed Orchid	<i>Orchis tridentata</i>
Burnt-Tipped Orchid	<i>Orchis usulata</i>
Military Orchid	<i>Orchis militaris</i>
Monkey Orchid	<i>Orchis simia</i>