

The Apennines: Italy's Abruzzo National Park

Naturetrek Tour Report

24 - 31 May 2012



Alpine Pasque Flower



Abruzzo Chamois



Brown Hare



Duke of Burgundy Fritillary

Report compiled by Jessica Turner
Images by Lee Morgan



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Summary:

Each visit to the Abruzzo National Park in the central Apennines of Italy proves as exciting as ever, with some great opportunities for mammal watching, together with a wide selection of birds, butterflies and flowers. Sadly, we did not see any bears this week, although scanning the hills and meadows allowed us to have excellent views of Red and Roe Deer and some very large troupes of Wild Boar. Regular sightings of Golden Eagle were also a plus, especially two being 'buzzed' by a Kestrel.

This year, the area had had a very warm March, melting much of the snow, but then a very cold, wet May, with the result that many of the plants were a good week behind, but others were further forward. A new site for orchids on a road bend above Villetta Barrea proved very fruitful, with a lovely display of Man Orchids and *Ophrys dinarica*. We had some warm sunny days and our butterfly enthusiasts recorded several new species for the trip, including Clouded Apollo and Turquoise Blue.

Geraldine and Marco, as ever, provided a warm welcome and excellent hospitality, introducing us to several local specialities.

Day 1

Thursday 24th May

Weather: sunny and warm

Jessica and Lee met fourteen of the group members at Heathrow for the 10.55 B.A flight to Rome, where we met David A. We headed eastwards on the A24 towards Pescara. En route, we passed the typical hilltop villages of the Apennine foothills. Turning off the autostrada at Pescara, we climbed steadily into the Abruzzo National Park. We had a brief stop to watch a fox in a meadow, where Stonechat was also noted. The famous landslip has now been cleared (after about 7 years) but is currently replaced by traffic lights permanently on red! We drove through Pescasseroli, and soon arrived at the Albergo Paradiso, where Geraldine and Marco gave us a very warm welcome. We were shown to our rooms, and had a short time to settle in, before gathering in the lounge, where Jessica outlined plans for the week. We then had an excellent dinner of local fare, before retiring for the night.

Day 2

Friday 25th May

Weather: fine & sunny

We were delighted to wake up to a beautifully sunny day and a group were out before breakfast to explore the local surroundings of the track and meadows round the hotel. We started with lovely views of the dark brown Red Squirrels, playing in the trees. Common Redstart and Tree Sparrows were nesting in the roof of the hotel. A female Red-footed Falcon was found, sitting on a pylon, while Black Redstart, Wheatear, Serin and Cuckoo were amongst other birds seen and heard.

After breakfast we had another look at the Red-footed Falcon, before heading for Pescasseroli, where Jessica and Lee shopped for the picnic, and others had a chance to look round the town. We then drove south-east, along the Sangro Valley. We stopped near Opi to watch several birds of prey, which were seen to be Buzzard, two Golden Eagles, and a Short-toed Eagle. As we were watching these, a Bonelli's Eagle flew over in a long stoop, a first for our list and an exciting find.

Our destination today was Camosciara, one of the most popular valleys in the Abruzzo National Park and surrounded by high mountain peaks and crags. As we set off from the car park, we scanned the hillsides, finding a large herd of Red Deer. We branched off the road to explore the meadows and scrub of the lower valley. Among the Juniper (*Juniperus communis*), Hawthorn (*Crataegus monogyna*), Blackthorn (*Prunus spinosa*) and Wild Pear (*Pyrus pyraster*) scrub, we found spikes of Nice Milkwort (*Polygala niceaeensis*), Common Globularia (*Globularia punctata*), Twayblade (*Neottia ovata*), Military Orchid (*Orchis militaris*) and Green-winged Orchid (*Orchis morio*), all growing with some protection from grazing. Early finds among the butterflies included Provençal Short-tailed Blue, Wood White, Moroccan Orange-tip, Duke of Burgundy and Scarce Swallowtail. We also found two spikes of the endemic *Ophrys dinarica*, a Late Spider Orchid (*Ophrys fuciflora*) type, just coming into flower. Cuckoo, Hoopoe and Blackcap were calling all around.

We returned to the road, before diverting into a rocky area, which held Stinking Hellebore (*Helleborus foetidus*), Common Star of Bethlehem (*Ornithogalum angustifolium*) and the leaves of Rock Onion (*Allium saxatile*). Further on an old wall supported clumps of Aubrietia (*Aubrietia columnae* subsp. *columnae*).

The trees lining the road included Dogwood (*Cornus sanguinea*), Cornelian Cherry (*Cornus mas*), Turkey Oak (*Quercus cerris*), and Goat Willow (*Salix caprea*). By the stream, several clumps of Lady's-slipper Orchids (*Cypripedium calceolus*) were in perfect bloom, and Lady Orchids (*Orchis purpurea*), and Sword-leaved Helleborine (*Cephalanthera longifolia*) were found nearby. This area also supported Bird's-nest Orchid (*Neottia nidus-avis*), patches of the endemic Trumpet Gentian (*Gentiana dinarica*), Herb Paris (*Paris quadrifolia*), Shrubby Milkwort (*Polygala chamaebuxus*) with its yellow or red and white flowers, and Thore's Buttercup (*Ranunculus thora*), with enormous kidney-shaped leaves. Berger's and Common Clouded Yellow, Dingy and Grizzled Skipper butterflies were on the wing, together with beautiful ginger Bumble Bees.

We continued up to the cafe, where we used the tables for our picnic. After lunch, we found some Coralroot Orchids (*Corallorhiza trifida*) under a Beech tree (*Fagus sylvatica*), and the unbelievably electric-blue and pink flowers of Spring Pea (*Lathyrus vernus*). We stopped to watch Brown Trout in the stream, before continuing to the waterfalls Cascata di Tre Cannalle, and Cascata di Nimfi (Cascade of Three Channels, and Cascade of the Nymphs). Under the beech trees Bird's Nest Orchids (*Neottia nidus-avis*) were just appearing, but on the rocks near the waterfall the Bear's-Ear (*Primula auricula*) was nearly over.

We started to retrace our steps, but saw an Abruzzo Chamois of the cliff face just across the stream, and we all had excellent views. Another was seen in the woods just above the path; we have never seen them before in the valley. We diverted to the stream bank again on the way down, where we found a patch of the endemic Large-flowered Butterwort (*Pinguicula vallis-regiae*), which only occurs in Camosciara. There were also some spikes of a Leafy Lousewort, *Pedicularis hoermanniana*, more *Gentiana dinarica*, and Shrubby Milkwort (*Polygala chamaebuxus*), this time in magenta pink and yellow. Further down the road Red Deer were seen in a meadow, and near the car park a Brown Hare was sitting on a grassy bank, apparently unconcerned at being watched and photographed. It was now time to return to the hotel for an early dinner.

Having finished dinner by about 7pm, we set off to watch for mammals. Our destination this evening was the church at Gioia Vecchio. On the way, we saw a Red Fox, and a party of some ten Wild Boars. From the church, we saw more large groups of Wild Boar moving on the hillside opposite, bringing the total for the evening to over fifty. Unfortunately, the weather became wet, and visibility was poor, so we decided to call it a day and drive slowly back to the hotel. Two Woodcock were seen, one along the road, and another over the hotel car park.

Day 3

Saturday 26th May

Weather: Sunny morning, then thundery showers, clearing

An early start saw us out by 6.00am, to drive to Gioia Vecchio, to watch for bears from the church. We were soon in place under the trees. However, extensive scanning of the valley over a period of an hour and a half did not produce the desired target. We did have nice views of a four Red Deer and a large troupe of Wild Boar (about 42) on the slopes opposite. A Golden Eagle was seen over the hill, and followed where it landed in a Beech tree by a clearing, so where we were able to see it perched. At the same time, a Goshawk flew over the hillside. Cuckoos were calling loudly everywhere and, as we set off to return to the hotel, a Hoopoe flew across the road in front of us. Following a brief shopping stop in the village, we arrived back for breakfast.

Our main destination today was Valle Fondillo, which is adjacent to Camosciara but very different in character. We parked under some willows, and set off up the track. On the banks plants included Star of Bethlehem (*Onitbogalum angustifolium*), Salad Burnet (*Potentilla sanguisorba*), and Ground-pine (*Ajuga chamaepitys*). The large-flowered buttercup *Ranunculus montpeliacus*, and Toothed Orchid (*Orchis tridentata*) were just coming into flower. Unfortunately the weather had clouded over at this stage, with a light shower, so fewer butterflies were on the wing. Grizzled and Dingy Skippers and Green Hairstreak were all recorded, and Field Crickets were calling. On the slopes at the edge of the valley, we found Dwarf Hairy Broom (*Chamaecytisus hirsutus*), Rockrose (*Helianthemum nummularium*) and the smaller flowered Hoary Rockrose (*Helianthemum oelandicum subsp. canum*) and Stinking Hellebore (*Helleborus foetidus*). Little, Mazarine and Adonis Blue, and Glanville Fritillary were recorded, and we had excellent views of a male Red-backed Shrike, sitting up on a bush.

A large boulder near the bridge bore the endemic *Saxifraga porophylla* (a Reddish Saxifrage), not yet fully out, and nearby were several spikes of Military Orchid (*Orchis militaris*). Here we crossed the bridge over the river, noting the Trout, to walk up the other side. In a wooded area, a male Bullfinch was feeding on the ground, and this was joined by a Marsh Tit, both giving good views. Sword-leaved Helleborine (*Cephalanthera longifolia*) was growing under the Beech trees (*Fagus sylvatica*), and in the grassy areas, Toothed Orchids (*Orchis tridentata*) and Green-winged Orchids (*Orchis morio*) were in flower, and Common Spotted Orchids (*Dactylorhiza fuchsii*) and Fragrant Orchids (*Gymnadenia conopsea*) were in bud. Pearled-bordered and Queen of Spain Fritillaries were flying, together with many Berger's Clouded Yellows. Columbine (*Aquilegia vulgaris*) and a fine Trumpet Gentian (*Gentiana dinarica*) were growing by the stream edge.

Noticing that the sky was getting dark, we stopped for our picnic in the meadow, after which most of the group walked a bit further on before we retraced our steps. Fortunately the rain held off during lunch, but we did get a bit wet on the way home. We paused to look at the remains of a Wild Boar, and also an old Wolf dropping, full of Boar hair. The adjacent marshy area held Water Mint (*Mentha aquatica*), and Brooklime (*Veronica beccabunga*). We left the valley, and took the winding road up to the little hill-top village of Opi, where people had time to explore the village and have a coffee. A covered viewpoint gave us lovely views of the surrounding area without getting wet, and from here we had some good views of a Wryneck in the trees below. We then returned to the hotel for an early dinner.

The showers were clearing to light rain as we set out for an evening watch. Initially we stopped at the 'landslip meadow', where we saw a Rabbit, a Brown Hare and a Red Deer hind. We then drove on, scanning the meadows and hillsides. A large party of Wild Boar were feeding in a raised meadow adjacent to the road, and we counted around twenty, including stripey ginger piglets. We then took the track that leads off at Passo di Diabolo. It was nearly dark, but Field Crickets were still calling, and above them, the churring of a Nightjar could be heard. It was then time to return to the hotel.

Day 4

Sunday 27 May

Weather: Fine and sunny

Today, with the promise of fine weather, we decided to do our 'high' walk of Valle di Rose. We parked above the hillside village of Civitella Alfadena, and set off up the stony track.

A Western Bonelli's Warbler was seen in the top of a Downy Oak tree (*Quercus petraea*). In the meadows, many butterflies were flying, including Grizzled, Dinky and Red-underwing Skipper, Mazarine, Adonis, Little and Common Blue, and Glanville Fritillaries. Berger's Clouded Yellows were abundant, and a particularly exciting find was Clouded Apollo. Overhead, a Common Buzzard was seen 'having a go' at a Honey Buzzard. Along the path was the bright blue, local Speedwell, *Veronica orisiniiana*, and under the Beech trees (*Fagus sylvatica*) Bird's-nest Orchids (*Neottia nidus-avis*), Coralroot Orchids (*Corallorhiza trifida*) and White Helleborine (*Cephalanthera damasonium*) were just emerging. In another clearing were several specimens of the strange endemic Solenanthus (*Solenthus apenninus*). A large number of the mountain form of Bank Vole was seen, some quite confiding, and Lee saw an Eagle Owl flying through the trees.

Eventually we came out above the tree line. There was relatively little snow remaining this year, but the abundance of flowers reflected the cold weather after a warm March. A large boulder was covered with Reddish Saxifrage (*Saxifraga porophylla*), and a perfect Bear's-ear (*Primula auricula*) while the grass held Spring Gentian (*Gentiana verna*), Alpine Wood Forget-me-not (*Myosotis alpestris*) and carpets of the endemic pansy (*Viola eugeniae*) in all shades from very deep purple, through mauve and yellow, to cream. Clumps of tiny Yellow Whitlow-grass (*Draba aizoides*), Mezereon (*Daphne mezereum*) and the Heart-leaved Leopard's-bane (*Doronicum columnae*) were also seen, while Red-billed Chough played overhead. A male (Rufous-tailed) Rock Thrush was flitting between the rocks on the slope. The stars of the show were, however, the Abruzzo Chamois, which provided good views. About twenty animals were seen, in different groups.

After our lunch watching Chamois, most of the group climbed either to the Pass (Passo Cavulo) or the ridge, where they enjoyed the stunning views. Black Redstart, Black-eared Wheatear, Water Pipit, Woodlark and Linnet were recorded on the slopes. We also had good views of Alpine Accentor. Climbing up the slope, we found Alpine Pasque Flower (*Pulsatilla alpina*), some sheltered by the Prostrate Juniper (*Juniperus communis subsp alpina*), and also Spring Crocus (*Crocus vernus*), Alpine Squill (*Scilla bifolia*), Alpine Snowbell (*Soldanella alpina*) and the diminutive pink Apennine Pennycress (*Thlaspi stylosum*). We spent some time enjoying this spectacular place and, as we started our descent, we saw two Golden Eagles overhead being mobbed by a Common Kestrel. This attack went on as the birds circled higher above us. Eventually we made our way back to the road; all pleased at completing a steep walk and agreeing that it was well worth the effort. A reviving stop at the bar in the village preceded our journey back to Pescasseroli.

Day 5

Monday 28th May

Weather: Fine early, clouding over with showers, then a fine evening

We had another early start this morning, although we had to scrape ice off the bus windscreens before we set off! The morning light had a wonderful clarity, and we were soon under the trees at Gioia Vecchio. We saw a Roe Deer and a magnificent Red Deer stag basking in the morning sun. A Golden Eagle was perched on a rock, giving excellent views (presumably this is the same bird seen on several occasions). A couple of Wild Boar and another couple of Red Deer completed our tally for the morning.

After breakfast, we set off for the Vallone Pesco di Lordo, behind the hotel. We took the buses the short distance to the start of the walk, and were soon exploring a rocky meadow. Unfortunately, the weather had now clouded over, and no butterflies were on the wing. Flowers included Common Star-of-Bethlehem (*Ornithogalum angustifolium*), an understated Alyssum, *Alyssum minus*, and Dark Grape Hyacinth (*Muscari neglectum*), while the leaves of *Cyclamen hederifolium* were under a rock.

We moved into the wooded area of well-established Beech trees (*Fagus sylvatica*), the plants seen included Baneberry (*Actaea spicata*), Coralroot (*Cardamine bulbifera*) with black bulbils in the leaf axils, and Herb Paris (*Paris quadrifolia*). Some of the group saw Reflexed Crane's-bill (*Geranium reflexum*). A Spotted Flycatcher was seen on the hillside opposite, and a Hawfinch flew overhead.

Where the path forked, we left the road, and proceeded on a more open path, where a Buzzard circled overhead. Yellow Alyssum (*Alyssum saxatile*) was recorded, and *Geranium cinereum subsp. subcaulescens* was growing on a bank, but was only in bud. We left the path and crossed a meadow to search out the main botanical point of interest: the rare and endemic Marsican Iris (*Iris marsica*), which occurs only in Abruzzo. A large clump was located, but unfortunately all the flowers were still in bud. It has large purple flowers, and is related to *Iris germanica*, the Garden Iris. As it was now raining, we ate our picnic under the shelter of trees, before we retraced our steps down the valley. A stony hillock bore many plants of the pink *Geranium cinereum subsp. subcaulescens*, some fully open. We saw a pair of Middle-spotted Woodpeckers at a nest hole, but they were very nervous and secretive, so we left them in peace. A Wood Warbler was seen in the trees overhead, and we also saw Yellow Anemone (*Anemone ranunculoides*).

We then returned to the hotel, for the group to have some free time to rest or explore. Some opted to walk up the hill behind the hotel, while others explored the shops and town of Pescasseroli. Having enjoyed another of Geraldine's excellent meals, and the rain having cleared, we set off out again for another evening watch. As we drove slowly up the valley, we had superb views of a large Red Deer stag and then a family troupe of Wild Boar, both very close to the road, and providing great photographic opportunities. From Gioia Veccio we saw two Roe Deer, and heard one barking, and a few Red Deer. A Wild Boar was flushed by one of the dogs guarding the cattle, while further down, a large male Boar was seen to chase a fox. We drove slowly back, scanning the meadows and, in the near darkness, saw a very large party of Wild Boar, with many piglets.

Day 6

Tuesday 29th May

Weather: fine, hot and sunny, with a few thundery showers later, soon clearing

It was even colder this morning - the thermometer registered -2 Celsius! We returned to Gioia Vecchio, scanning as we went. A Wryneck was heard, and responded to taped calls, but kept itself well hidden most of the time. The Golden Eagle was again seen, as were Red Deer, Roe Deer and Wild Boar in small numbers. Then Geraldine and Marco appeared in high excitement: they had been driving out to keep an appointment, and had seen both a male and a female Brown Bear, in a meadow just by the road junction to Bisegna. (This was where a party of schoolchildren had seen two bears mating, the previous week.).

We dashed back to the site, but the bears had by then disappeared up into the woods, so we returned to the hotel to pick up the others, before driving slowly back again round that area. Sadly, we did not see the bears, but one group had good views of a Red-backed Shrike, and the other group saw a Hoopoe fly in front of the bus and perch in a nearby tree.

After breakfast, we drove down the valley, along the length of Lago di Barrea, and up to the small hillside town of Barrea, where we parked overlooking the lake. We took the path above the town which leads to the local nature reserve overlooking the gorge. Red-billed Choughs were playing around the cliffs, and a Golden Eagle was seen, which perched on a rock, giving superb views. Nightingales were singing, and one was seen, while a Red Deer hind was noted grazing on a ledge. Plants included Burnt Orchid (*Orchis ustulata*), Purple Viper's Bugloss (*Echium plantagineum*), and St. Lucie's Cherry (*Prunus mahaleb*), while on the cliffs were Thick-leaved Saxifrage (*Saxifraga callosa*), Livelong Saxifrage (*Saxifraga paniculata*), *Daphne oleioides*, Cotoneaster (*Cotoneaster intergerrimus*) and an endemic Houseleek, *Sempervivum italicum*. There were many butterflies over the sunny meadows, including Dingy, Grizzled, Oberthur's Grizzled and Red Underwing Skippers, Adonis, Mazarine and Large Blues, Large Wall Brown, and Berger's Clouded Yellow.

Eventually we dragged ourselves away from this delightfully rich location, in search of lunch. We had our rather late picnic at the picnic site at the western end of the Lago di Barrea, in which we could see the Carp preparing to spawn. We then took the road north out of the village, noting the endemic Villetta Barrea Black Pines (*Pinus nigra subsp. italica*) on the cliff faces. We drove to above the Passo Godi, and about 1600m, where we explored the hillsides, noting the beautiful Spurge, *Euphorbia verrucosa*. We were looking for Elder-flowered Orchids (*Dactylorhiza sambucina*), but most seemed to be over. However, we found a large number of fresh Sparse-flowered Orchids (*Orchis pauciflora*), Early Purple Orchids (*Orchis mascula* and *Orchis ovalis*), and a swarm of hybrids, combining the lemon yellow and purple in various combinations. The large-flowered Chamois Ragwort (*Senecio doronicum*) was found, together with the tiny *Paronychia kapela*, with its silvery, papery bracts. A female Peregrine was being mobbed by Hooded Crows, and butterflies included Red-underwing Skipper and Baton Blue.

We drove home through showers, but stopped at 'Serena's Bend' to look at some Man Orchids (*Orchis anthropophora*), which she had noted from the bus. On the same grassy area we found many Toothed Orchids (*Orchis tridentata*), and a magnificent display of the endemic *Ophrys dinarica*. Green-winged Orchids (*Orchis morio*) and Sword-leaved Helleborine (*Cephalanthera longifolia*) were growing nearby. Just round the bend was Perennial Cornflower (*Centaurea montana*). The showers had cleared by evening, so our watch was overlooking the meadows by the road junction and down the valley, where the bears had been seen in the morning, but they were not forthcoming.

Day 7

Wednesday 30 May

Weather: fine, hot & sunny

The morning was beautifully clear, and not as cold as the previous morning. Again, our early watch point was from the road junction. We marvelled at the beauty of the scenery in the morning light, and had good views of a Red-backed Shrike and a Wryneck, but no Bears.

We decided to give it one last chance, by coming out again on our final evening, and so returned to the hotel for breakfast, stopping in the village to do some shopping on the way. This morning, with the sun getting hot, we decided to visit Castel Mancino, the rocky hill bearing the ruins of the 13th Century castle, above Pescasseroli. We parked by the cemetery, and climbed up through the trees, noting various tits and having good views of Short-toed Treecreeper. Common Rockroses (*Helianthemum nummularium*) were flowering in profusion, as was Alpine Basil Thyme (*Acinos alpinus*). Butterflies included a number of Common and Scarce Swallowtails, Green Hairstreak, Adonis, Mazarine, Little and Turquoise Blues, and Lesser Spotted Fritillaries, rare in Italy. We also saw the strange black and white Ascalaphids, one resting on a grass stem, and Transparent Burnet and Hummingbird Hawkmoth. Adriatic Lizard Orchids (*Himantoglossum adriaticum*), which had not been out at Barrea, were in perfect flower. We came down into a meadow to complete a circular walk, and were delighted to see a Black-eared Wheatear on the cemetery wall.

We had our picnic on a flat grassy meadow on the opposite side of town, with lovely views of the mountains. A Honey Buzzard circled overhead. Unfortunately, the increasing cloud produced a shower, but not until we were packing up, and we headed for a Gelateria, where we enjoyed a real Italian ice-cream. Some opted to walk back to the hotel. There was now time for people to rest or pack, and to walk locally, before we met for a list catch-up and dinner.

After our final excellent dinner, most of the group headed out again, for a last watch. A large dark object in a meadow by the road had our adrenalin pumping for a moment, before it was seen to be a Wild Boar. Red and Roe Deer were also seen. It remained showery, so we then drove slowly up to Gioia Vecchio, but visibility was by now so poor that, sadly we admitted defeat, and returned to the blazing log fire in the hotel. Jessica checked the group in for their flights, before we all retired for an early night.

Day 8

Thursday 31st May

Weather: Italy: hot and sunny; UK: fine & hot

This morning we had breakfast at 7am, before leaving at 7.50am for our journey to Rome. As ever, we drove slowly through the National Park area, scanning the hillsides and meadows, just in case... We saw a large family troupe of Wild Boar, and one group had good views of a Hoopoe. As we descended from the mountains, we noted how plants were further forward in flowering, and the difference a week had made.

We successfully negotiated the Rome ringroad, and reached the airport departures in plenty of time. Here we said goodbye to Jessica, who was staying on with another group, and to Linda, who was heading home to Australia. The rest boarded our flights back to the UK, our heads full of images of Abruzzo, in all its glorious diversity.

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Species Lists

Plants (* = endemic species)

Scientific name	Common name	Location
PTERIDOPHYTES	FERNS & ALLIES	
Adiantaceae	Maidenhair Fern Family	
<i>Asplenium ruta-muraria</i>	Wall Rue	Val Fondillo
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	Valle di Rose
<i>Asplenium viride</i>	Green Spleenwort	Valle di Rose
<i>Ceterach officinarum</i>	Rustyback	Val Fondillo
Dryopteridaceae	Buckler-fern Family	
<i>Polystichum lonchitis</i>	Holly Fern	Valle di Rose
Ophioglossaceae	Adder's-tongue Family	
<i>Botrichium lunaria</i>	Moonwort	Valle di Rose
Woodsiaaceae	Lady-fern Family	
<i>Cystopteris fragilis</i>	Brittle Bladder-fern	Valle di Rose
PINOPSIDA (GYMNOSPERMS)	CONIFERS	
Cupressaceae	Juniper Family	
<i>Juniperus communis</i>	Juniper	Widespread
<i>Juniperus communis subsp. alpina</i>	Prostrate Juniper	Valle di Rose
Pinaceae	Pine Family	
<i>Pinus mugo</i>	Dwarf Mountain Pine	Valle di Rose
<i>Pinus nigra subsp. italica*</i>	Villetta Barrea Black Pine	Villetta Barrea
MAGNOLIOPSIDA (ANGIOSPERMS)	FLOWERING PLANTS	
	Magnoliidae (Dicotyledons)	
Aceraceae	Maple Family	
<i>Acer campestre</i>	Field Maple	Camosciara
<i>Acer monspessulanum</i>	Montpelier Maple	Camosciara
<i>Acer opalus</i>	Italian Maple	Camosciara
<i>Acer pseudoplatanus</i>	Sycamore	Camosciara
Adoxaceae	Moschatel Family	
<i>Adoxa moschatellina</i>	Moschatel	Val Fondillo
Apiaceae	Carrot Family	
<i>Aegopodium podagraria</i>	Ground Elder	Camosciara
<i>Anthriscus nemerosus</i>	A Cow Parsley	Pesco di Lordo
<i>Anthriscus sylvestris</i>	Cow Parsley	Camosciara
<i>Conium maculatum</i>	Hemlock	Castel Mancino
<i>Eryngium amethystinum</i>	Blue Eryngo	Val Fondillo
<i>Orlaya grandiflora</i>	Orlaya	Barrea

Scientific name	Common name	Location
<i>Sanicula europaea</i>	Sanicle	Camosciara
<i>Scandix pecten-veneris</i>	Shepherd's Needles	Pesco di Lordo
<i>Trinia dalechampii</i>	a Honewort	Valle di Rose
Aquifoliaceae	Holly Family	
<i>Ilex aquifolium</i>	Holly	Camosciara
Araliaceae	Ivy Family	
<i>Hedera helix</i>	Ivy	Castel Mancino
Asclepiadaceae	Milkweed Family	
<i>Vincetoxicum hirundinaria</i>	Swallow-wort	Pesco di Lordo (leaves)
Asteraceae	Daisy Family	
<i>Adenostyles glabra</i>	Adenostyles	
<i>Bellis perennis</i>	Daisy	Widespread
<i>Bellis sylvestris</i>	Southern Daisy	Val Fondillo
<i>Carduus chrysacanthus</i>	Apennine Thistle	Val Fondillo
<i>Carlina acanthifolia</i>	Acanthus-leaved Carline Thistle	Val Fondillo
<i>Carlina vulgaris</i>	Carline Thistle	Camosciara
<i>Centaurea calcitrapa</i>	Red Star-thistle	Barrea
<i>Centaurea montana</i>	Perennial Cornflower	Above Villetta Barrea
<i>Cirsium tenoreanum</i>	a Woolly Thistle	Camosciara
<i>Doronicum columnae</i>	Heart-leaved Leopard's-bane	Valle di Rose
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	Val Fondillo
<i>Mycelis muralis</i>	Wall Lettuce	Pesco di Lordo (leaves)
<i>Petasites hybridus</i>	Butterbur	Camosciara
<i>Scorzonera hirsuta</i>	Hairy Viper's-grass	Barrea
<i>Scorzonera rosea</i>	-	Barrea
<i>Senecio doronicum subsp. doronicum</i>	Chamois Ragwort	Monte Godi
<i>Tragopogon pratensis subsp. minor</i>	Annual Goat's-beard	Val Fondillo
Betulaceae	Birch Family	
<i>Corylus avellana</i>	Hazel	Camosciara
Boraginaceae	Forget-me-not Family	
<i>Cynoglossum officinale</i>	Hound's-tongue	Val Fondillo
<i>Cynoglottis barrellieri</i>	an Anchusa (Blue)	Widespread
<i>Echium platagineum</i>	Purple Viper's-bugloss	Barrea
<i>Myosotis alpestris</i>	Alpine Wood Forget-me-not	Valle di Rose
<i>Myosotis sylvatica</i>	Wood Forget-me-not	By hotel
<i>Pulmonaria obscura</i>	Suffolk Lungwort	Camosciara
<i>Solenanthes apenninus</i>	Solenanthes	Valle di Rose
Brassicaceae	Cabbage Family	
<i>Aethionema saxatile</i>	Aethionema	Orchid bank
<i>Alliaria petiolata</i>	Garlic Mustard	Camosciara
<i>Alyssum minus</i>	an Alyssum	Val Fondillo
<i>Alyssum montanum</i>	Mountain Alyssum	Barrea
<i>Alyssum saxatile</i>	Yellow Alyssum	Pesco di Lordo

Scientific name	Common name	Location
<i>Arabis alpina</i> subsp. <i>caucasica</i>	Alpine Rock-cress	Valle di Rose
<i>Arabis hirsuta</i>	Hairy Rock-cress	Val Fondillo
<i>Aubrietia columnae</i> subsp. <i>columnae</i>	Aubrietia	Camosciara
<i>Biscutella laevigata</i>	a Buckler Mustard	Barrea
<i>Capsella bursa-pastoris</i>	Shepherd's Purse	Camosciara
<i>Cardamine bulbifera</i>	Coralroot	Camosciara
<i>Cardamine enneaphyllos</i>	Drooping Bitter-cress	Val di Rose
<i>Draba aizoides</i>	Yellow Whitlow-grass	Valle di Rose
<i>Erysimum pseudorhaeticum</i> *	a Treacle Mustard	Widespread
<i>Isatis tinctoria</i>	Woad	Camosciara roadsides
<i>Lunaria redivida</i>	Perennial Honesty	Val Fondillo
<i>Matthiola fruticulosa</i> var. <i>italica</i>	Sad Stock	Val Fondillo
<i>Rorippa nasturtium-aquaticum</i>	Watercress	Val Fondillo
<i>Thlaspi alpinum</i>	Alpine Penny-cress	Valle di Rose
<i>Thlaspi stylosum</i>	Apennine Penny-cress	Valle di Rose
Campanulaceae	Bellflower Family	
<i>Campanula rapunculoides</i>	Creeping Bellflower	Barrea
Caprifoliaceae	Honeysuckle Family	
<i>Lonicera caprifolium</i>	Perfoliate Honeysuckle	Camosciara
<i>Lonicera xylosteum</i>	Fly Honeysuckle	Camosciara
<i>Sambucus ebulus</i>	Dwarf Elder	Camosciara
<i>Sambucus nigra</i>	Elder	Camosciara
<i>Viburnum lantana</i>	Wayfaring Tree	Camosciara
Caryophyllaceae	Pink Family	
<i>Cersastium fontanum</i>	Common Mouse-ear	Camosciara
<i>Cerastium tomentosum</i>	Snow-in-Summer	Widespread
<i>Dianthus deltoides</i>	Maiden Pink	Barrea
<i>Herniaria glabra</i>	Smooth Rupturewort	Pesco di Lordo
<i>Lychnis flos-cuculi</i>	Ragged Robin	Camosciara
<i>Paronychia kapela</i>	a Paronychia	Slopes of Mt Godi
<i>Silene conica</i>	Sand Catchfly	Hotel car park
<i>Silene dioica</i>	Red Champion	By Hotel
<i>Silene italica</i>	Italian Catchfly	Val Fondillo
<i>Silene latifolia</i>	White Champion	Widespread
<i>Stellaria nemorum</i>	Wood Stitchwort	By Hotel
Cistaceae	Rock-rose Family	
<i>Helianthemum apenninum</i>	White Rockrose	Roadsides
<i>Helianthemum nummularium</i>	Rockrose	Val Fondillo
<i>Helianthemum oelandicum</i> subsp. <i>canum</i>	Hoary Rockrose	Val Fondillo
Clusiaceae	St. John's-wort Family	
<i>Hypericum perforatum</i>	Perforate St. John's-wort	Pesco di Lordo (leaves)
Cornaceae	Dogwood Family	
<i>Cornus mas</i>	Cornelian Cherry	Camosciara
<i>Cornus sanguinea</i>	Dogwood	Camosciara

Scientific name	Common name	Location
Crassulaceae	Stonecrop Family	
<i>Sedum acre</i>	Biting Stonecrop	Pesco di Lordo
<i>Sedum album</i>	White Stonecrop	Castel Mancino
<i>Sedum alpestre</i>	A Stonecrop	Valle di Rose
<i>Sedum dasyphyllum</i>	Fat-leaved Stonecrop	Camosciara
<i>Sedum hispanicum</i>	A Stonecrop	Camosciara
<i>Sedum rubens</i>	Reddish Stonecrop	Barrea
<i>Sedum sexangulare</i>	Tasteless Stonecrop	Val Fondillo
<i>Sempervivum arachnoideum</i>	Cobweb Houseleek	Valle di Rose
<i>Sempervivum italicum*</i>	A Houseleek	Barrea
Cucurbitaceae	Gourd Family	
<i>Bryonia dioica</i>	White Bryony	Camosciara
Dipsacaceae	Teasel Family	
<i>Dipsacus fullonum</i>	Wild Teasel	Val Fondillo
Euphorbiaceae	Spurge Family	
<i>Euphorbia amygdaloides</i>	Wood Spurge	Val Fondillo
<i>Euphorbia cyparissias</i>	Cypress Spurge	Widespread
<i>Euphorbia helioscopia</i>	Sun Spurge	Barrea
<i>Euphorbia myrsinites</i>	Glaucous Spurge	Val Fondillo
<i>Euphorbia platyphyllos</i>	Broad-leaved Spurge	Roadsides
<i>Euphorbia verrucosa</i>	-	Slopes of Mt Godi
<i>Mercurialis perennis</i>	Dog's Mercury	Val di Rose
Fabaceae	Pea Family	
<i>Anthyllis vulneraria</i>	Kidney Vetch	Val Fondillo
<i>Astragalus depressus</i>	Sprawling Milk-vetch	Val di Rose
<i>Astragalus monspessulanus</i>	False Vetch	Camosciara
<i>Astragalus sempervirens</i>	Mountain Tragacanth	Val di Rose
<i>Chamaecytisus hirsutus</i>	Hairy Broom	Val Fondillo
<i>Colutea arborescens</i>	Bladder Senna	Lago di Barrea
<i>Cytisophyllum sessilifolium</i>	Sessile Broom	Barrea
<i>Genista tinctoria</i>	Dyer's Greenweed	Gioia Vecchio
<i>Hippocrepis comosa</i>	Horseshoe Vetch	Val Fondillo
<i>Laburnum anagroides</i>	Laburnum	Camosciara
<i>Lathyrus aphaca</i>	Yellow Vetchling	Castel Mancino
<i>Lathyrus pratensis</i>	Meadow Vetchling	Lago di Barrea
<i>Lathyrus setifolius</i>	Red Grass Vetchling	Val Fondillo
<i>Lathyrus venetus</i>	A Spring Pea	Camosciara
<i>Lathyrus vernus</i>	Spring Pea	Camosciara
<i>Lotus corniculatus</i>	Bird's-foot Trefoil	Val Fondillo
<i>Medicago lupulina</i>	Black Medick	Castel Mancino
<i>Onobrychis arenaria</i>	Small Sainfoin	Barrea
<i>Onobrychis viciifolia</i>	Sainfoin	Camosciara
<i>Trifolium incarnatum subsp. molinerii</i>	a Crimson Clover	Barrea
<i>Trifolium pratense</i>	Red Clover	Camosciara
<i>Trifolium repens</i>	White Clover	Camosciara
<i>Trifolium resupinatum</i>	Reversed Clover	Lago di Barrea

Scientific name	Common name	Location
<i>Vicia pannonica</i>	A pink vetch	Castel Mancino
<i>Vicia sativa agg</i>	Common Vetch	Camosciara
<i>Vicia sepium</i>	Bush Vetch	Camosciara
<i>Vicia sylvatica</i>	Wood Vetch	Valle di Rose
<i>Vicia villosa</i>	Fodder Vetch	Roadsides
Fagaceae	Beech Family	
<i>Fagus sylvatica</i>	Beech	Camosciara
<i>Quercus cerris</i>	Turkey Oak	Camosciara
<i>Quercus pubescens</i>	Downy Oak	Camosciara
Gentianaceae	Gentian Family	
<i>Gentiana cruciata</i>	Cross Gentian	Camosciara (leaves)
<i>Gentiana dinarica*</i>	a Trumpet Gentian	Camosciara
<i>Gentiana lutea</i>	Great Yellow Gentian	Valle di Rose (leaves)
<i>Gentiana verna</i>	Spring Gentian	Valle di Rose
Geraniaceae	Crane's-bill Family	
<i>Erodium alpinum</i>	Alpine Stork's-bill	
<i>Erodium cicutarium</i>	Common Stork's-bill	Val Fondillo
<i>Geranium cinereum subsp. subcaulescens</i>	a Crane's-bill	Pesco di Lordo
<i>Geranium lucidum</i>	Shining Crane's-bill	Camosciara
<i>Geranium macrorrhizum</i>	Rock Crane's-bill	Valle di Rose
<i>Geranium pyrenaicum</i>	Hedgerow Crane's-bill	Camosciara
<i>Geranium reflexum</i>	Reflexed Crane's-bill	Pesco di Lordo
<i>Geranium robertianum</i>	Herb Robert	Pesco di Lordo
Globulariaceae	Globularia Family	
<i>Globularia cordifolia</i>	Matted Globularia	Val Fondillo (leaves)
<i>Globularia punctata</i>	Common Globularia	Camosciara
Grossulariaceae	Gooseberry Family	
<i>Ribes uva-crispa</i>	Gooseberry	Valle di Rose
Lamiaceae	Deadnettle Family	
<i>Acinos alpina</i>	Alpine Basil Thyme	Valle di Rose
<i>Ajuga chamaepitys</i>	Ground Pine	Val Fondillo
<i>Ajuga reptans</i>	Bugle	Val Fondillo
<i>Lamium album</i>	White Dead-nettle	Camosciara
<i>Lamium garganicum</i>	Large Red Dead-nettle	Val Fondillo
<i>Melittis melissophyllum</i>	Bastard Balm	Camosciara
<i>Mentha aquatica</i>	Water Mint	Val Fondillo
<i>Mentha longifolia</i>	Horse Mint	Camosciara
<i>Salvia verbenaca</i>	Wild Clary	Val Fondillo
<i>Satureja montana</i>	Winter Savory	Barrea (leaves)
<i>Stachys germanica</i>	Downy Woundwort	Val Fondillo
<i>Thymus serpyllum</i>	Wild Thyme	Val Fondillo
<i>Thymus striatus</i>	a Wild thyme	Barrea

Scientific name	Common name	Location
Lentibulariaceae <i>Pinguicula vallis-regiae</i> *	Butterwort Family A large-flowered Butterwort	Camosciara
Linaceae <i>Linum bienne</i> <i>Linum catharticum</i>	Flax Family Pale Flax Fairy (Purging) Flax	Barrea Val Fondillo
Oleaceae <i>Fraxinus excelsior</i> <i>Fraxinus ornus</i>	Olive Family Ash Flowering Ash	Camosciara Roadsides
Papaveraceae <i>Chelidonium majus</i> <i>Papaver rhoeas</i>	Poppy Family Greater Celandine Common Poppy	By Hotel Roadsides
Plantaginaceae <i>Plantago atrata</i> <i>Plantago lanceolata</i> <i>Plantago major</i> <i>Plantago media</i>	Plantain Family Dark Plantain Ribwort Plantain Greater Plantain Hoary Plantain	Val di Rose Val di Rose Pesco di Lordo Val Fondillo
Plumbaginaceae <i>Armeria canescens</i>	Thrift Family Plantain-leaved Thrift	Val di Rose
Polygalaceae <i>Polygala chamaebuxus</i> <i>Polygala nicaeensis</i> <i>Polygala serpyllifolia</i>	Milkwort Family Shrubby Milkwort Nice Milkwort Thyme-leaved Milkwort	Camosciara Camosciara Val Fondillo
Polygonaceae <i>Rumex scutatus</i>	Knotweed Family French Sorrel	Hotel car park
Primulaceae <i>Anagallis arvensis</i> <i>Cyclamen hederifolium</i> <i>Primula auricula</i> <i>Primula vulgaris</i> <i>Soldanella alpina</i>	Primrose Family Scarlet Pimpernel Common Sowbread Bear's-ear Primrose Alpine Snowbell	Barrea Pesco di Lordo (leaves) Valle di Rose Camosciara Valle di Rose
Pyrolaceae <i>Pyrola media</i>	Wintergreen Family Intermediate Wintergreen	Camosciara
Ranunculaceae <i>Actea spicata</i> <i>Anemone nemorosa</i> <i>Anemone ranunculoides</i> <i>Aquilegia vulgaris</i> <i>Delphinium halteratum</i> <i>Helleborus foetidus</i> <i>Hepatica nobilis</i>	Buttercup Family Baneberry Wood Anemone Yellow Anemone Columbine a Delphinium Stinking Hellebore Hepatica	Pesco di Lordo Valle di Rose Pesco di Lordo Camosciara Val Fondillo (leaves) Camosciara Camosciara (leaves)

Scientific name	Common name	Location
<i>Pulsatilla alpina</i>	Alpine Pasque Flower	Valle di Rose
<i>Ranunculus apenninus</i>	Apennine Buttercup	Valle di Rose
<i>Ranunculus ficaria agg</i>	Lesser Celandine	Valle di Rose
<i>Ranunculus monspeliacus</i>	-	Val Fondillo
<i>Ranunculus thora</i>	Thore's Buttercup	Camosciara
<i>Thalictrum aquilegifolium</i>	Great Meadow-rue	Camosciara
Resedaceae	Mignonette Family	
<i>Reseda lutea</i>	Wild Mignonette	Barrea
Rhamnaceae	Buckthorn Family	
<i>Rhamnus alpinus</i>	Alpine Buckthorn	Valle di Rose
<i>Rhamnus saxatilis</i>	Rock Buckthorn	Valle di Rose
Rosaceae	Rose Family	
<i>Alchemilla alpina</i>	Alpine Lady's Mantle	Valle di Rose
<i>Alchemilla c.f. colorata</i>	a Lady's Mantle	Pesco di Lordo
<i>Aremonia agimonoides</i>	Bastard Agrimony	Valle di Rose
<i>Cotoneaster integerrimus</i>	Wild Cotoneaster	Barrea
<i>Crataegus monogyna</i>	Hawthorn	Camosciara
<i>Fragaria vesca</i>	Wild Strawberry	Camosciara
<i>Geum urbanum</i>	Wood Avens	Val Fondillo
<i>Malus sylvestris</i>	Crab Apple	Camosciara
<i>Potentilla crantzii</i>	Alpine Cinquefoil	Valle di Rose
<i>Potentilla detommasii</i>	A Sulphur Cinquefoil	Val Fondillo
<i>Prunus mahaleb</i>	St. Lucie's Cherry	Barrea
<i>Prunus spinosa</i>	Blackthorn	Camosciara
<i>Pyrus pyraeaster</i>	Wild Pear	Camosciara
<i>Rosa canina agg</i>	Dog Rose	Camosciara
<i>Rubus fruticosus agg.</i>	Bramble	Camosciara
<i>Rubus idaeus</i>	Raspberry	Valle di Rose
<i>Sanguisorba minor</i>	Salad Burnet	Widespread
<i>Sorbus aria</i>	Whitebeam	Val Fondillo
<i>Sorbus aucuparia</i>	Rowan	Gioia Vecchio
Rubiaceae	Bedstraw Family	
<i>Cruciata laevipes</i>	Crosswort	Widespread
<i>Galium aparine</i>	Cleavers	Pesco di Lordo
<i>Galium odoratum</i>	Woodruff	Valle di Rose
<i>Sherardia arvensis</i>	Field Madder	Camosciara
Salicaceae	Willow Family	
<i>Populus nigra agg.</i>	Black Poplar	Val Fondillo
<i>Populus tremula</i>	Aspen	Val Fondillo
<i>Salix alba</i>	White Willow	Val Fondillo
<i>Salix caprea</i>	Goat Willow	Val Fondillo
<i>Salix purpurea</i>	Purple Willow	Val Fondillo
Santalaceae	Sandelwood Family	
<i>Thesium linophyllum</i>	Fine-leaved Bastard Toadflax	Val Fondillo

Scientific name	Common name	Location
Saxifragaceae		
<i>Saxifraga adscendens</i> c.f. <i>subsp. parnassica</i>	Biennial Saxifrage	Valle di Rose
<i>Saxifraga bulbifera</i>	Bulbous Saxifrage	Camosciara
<i>Saxifraga callosa</i>	Thick-leaved Saxifrage	Barrea
<i>Saxifraga exarata</i> <i>subsp. ampullacea</i>	a Musky Saxifrage	Valle di Rose (leaves)
<i>Saxifraga granulata</i>	Meadow Saxifrage	Camosciara
<i>Saxifraga paniculata</i>	Live-long Saxifrage	Barrea
<i>Saxifraga porophylla</i> *	Reddish Saxifrage	Valle di Rose
<i>Saxifraga rotundifolia</i>	Round-leaved Saxifrage	Camosciara
<i>Saxifraga tridactylites</i>	Rue-leaved Saxifrage	Camosciara
Scrophulariaceae		
<i>Cymbalaria muralis</i>	Ivy-leaved Toadflax	Hotel car park
<i>Digitalis ferruginea</i>	Brown Foxglove	Val Fondillo (leaves)
<i>Euphrasia agg</i>	Eyebright	Val Fondillo
<i>Linaria purpurea</i>	Purple Toadflax	Castel Mancino
<i>Pedicularis hoermanniana</i>	a Leafy Lousewort	Camosciara
<i>Rhinanthus minor</i>	Yellow Rattle	Val Fondillo
<i>Rhinanthus wettsteinii</i>	Apennine Rattle	Barrea
<i>Scrophularia canina</i> <i>subsp. canina</i>	Dog (French) Figwort	Pesco di Lordo
<i>Scrophularia vernalis</i>	Yellow Figwort	Val Fondillo
<i>Verbascum pulverulentum</i>	Hoary Mullein	Pesco di Lordo
<i>Verbascum thapsus</i>	Aaron's Rod	Camosciara
<i>Veronica beccabunga</i>	Brooklime	Val Fondillo
<i>Veronica chamaedrys</i>	Germander Speedwell	Val Fondillo
<i>Veronica officinalis</i>	Heath Speedwell	Val Fondillo
<i>Veronica orsiniana</i>	a Speedwell	Valle di Rose
<i>Veronica serpyllifolia</i>	Thyme-leaved Speedwell	Pesco di Lordo
Thymelaeaceae		
<i>Daphne laureola</i>	Spurge Laurel	Camosciara
<i>Daphne mezereum</i>	Mezereon	Valle di Rose
<i>Daphne oleoides</i>	-	Valle di Rose
Urticaceae		
<i>Parientaria judaica</i>	Pellitory of the Wall	
<i>Urtica dioica</i>	Nettle	Widespread
Valerianaceae		
<i>Valeriana tripteris</i>	Three-leaved Valerian	Camosciara
<i>Valeriana tuberosa</i>	Tuberous Valerian	Valle di Rose
<i>Valerianella locusta</i>	Common Cornsalad	Val Fondillo
Violaceae		
<i>Viola arvensis</i>	Field Pansy	Camosciara
<i>Viola eugeniae</i> *	a Pansy	Camosciara
<i>Viola riviniana</i>	Common Dog Violet	Camosciara
Viscaceae		
<i>Viscum album</i>	Mistletoe	Camosciara

Scientific name	Common name	Location
Liliidae (Monocotyledons)		
Araceae	Arum Family	
<i>Arum italicum</i> subsp. <i>neglectum</i>	Large Cuckoo Pint	Barrea
Cyperaceae	Sedge Family	
<i>Carex caryophylla</i>	Spring Sedge	Valle di Rose
Iridaceae	Iris Family	
<i>Crocus vernus</i>	Spring Crocus	Valle di Rose
<i>Iris germanica</i>	German Iris	Roadsides
<i>Iris marsica</i> *	Marsican Iris	Pesco di Lordo (flower buds)
Liliaceae	Lily Family	
<i>Allium saxatile</i>	Rock Onion	Camosciara
<i>Allium schoenoccephalum</i>	Chives	Valle di Rose
<i>Colchicum autumnale</i>	Autumn Crocus	Camosciara
<i>Gagea fistulosa</i>	a Yellow Star of Bethlehem	Valle di Rose
<i>Galanthus nivalis</i>	Snowdrop	Above Hotel
<i>Muscari comosum</i>	Tassel Hyacinth	Camosciara
<i>Muscari neglecta</i>	Dark Grape Hyacinth	Val Fondillo
<i>Ornithogalum angustifolium</i>	Common Star of Bethlehem	Camosciara
<i>Paris quadrifolia</i>	Herb Paris	Camosciara
<i>Polygonatum multiflorum</i>	Solomon's Seal	Pesco di Lordo
<i>Scilla bifolia</i>	Alpine Squill	Valle di Rose
<i>Veratrum album</i> subsp. <i>lobelianum</i>	White False Helleborine	Camosciara
Orchidaceae	Orchid Family	
<i>Cephalanthera damasonium</i>	White Helleborine	Camosciara
<i>Cephalanthera longifolia</i>	Sword-leaved Helleborine	Camosciara
<i>Corallorhiza trifida</i>	Coralroot Orchid	Camosciara
<i>Cypripedium calceolus</i>	Lady's Slipper Orchid	Camosciara
<i>Dactylorhiza fuchsii</i>	Common Spotted-orchid	Camosciara
<i>Dactylorhiza sambucina</i> (Magenta)	Elderflower Orchid	Slopes of Mt Godi
<i>Epipactis helleborine</i>	Broad-leaved Helleborine	Castel Mancino (leaves)
<i>Gymnadenia conopsea</i> agg	Fragrant Orchid	Val Fondillo
<i>Himantoglossum adriaticum</i>	Adriatic Lizard Orchid	Castel Mancino
<i>Neottia ovata</i>	Twayblade	Camosciara
<i>Neottia nidus-avis</i>	Bird's Nest Orchid	Camosciara
<i>Ophrys dinarica</i>	A Late Spider Orchid	Above Villetta Barrea
<i>Orchis anthropophora</i>	Man Orchid	Above Villetta Barrea
<i>Orchis mascula</i>	Early Purple Orchid	Camosciara
<i>Orchis militaris</i>	Military Orchid	Camosciara
<i>Orchis morio</i>	Green-winged Orchid	Camosciara
<i>Orchis ovalis</i>	an Early Purple Orchid	Camosciara
<i>Orchis pauciflora</i>	Sparse Flowered Orchid	Slopes of Mt Godi
<i>Orchis purpurea</i>	Lady Orchid	Camosciara
<i>Orchis tridentata</i>	Toothed Orchid	Val Fondillo
<i>Orchis ustulata</i>	Burnt Orchid	Barrea
<i>Orchis mascula</i> x <i>O. pauciflora</i>	Hybrid	Slopes of Mt Godi

Scientific name	Common name	Location
Poaceae	Grass Family	
<i>Briza media</i>	Quaking Grass	Barrea
<i>Cynosurus echinatus</i>	Rough Dog's-tail	Barrea
<i>Dactylis glomerata</i>	Cocksfoot Grass	Widespread
<i>Festuca glauca</i>	Blue Fescue	Val Fondillo
<i>Melica uniflora</i>	Wood Melick	Valle di Rose
<i>Phleum pratense</i>	Timothy	Roadsides
<i>Poa bulbosa</i> subsp. <i>vivipara</i>	Viviparous Meadow-grass	Widespread

Birds (✓ = recorded but not counted; H = heard only)

	Common name	Scientific name	May							
			24	25	26	27	28	29	30	31
1	Mallard	<i>Anas platyrhynchos</i>			7			✓	✓	
2	Great Crested Grebe	<i>Podiceps cristatus</i>						✓		
3	Short-toed Eagle	<i>Circaetus gallicus</i>		1						
4	Golden Eagle	<i>Aquila circaetos</i>		3	1	2	1	2		
5	Bonelli's Eagle	<i>Aquila fasciata</i>		1						
6	Common Buzzard	<i>Buteo buteo</i>	✓	✓	2	1	2	✓	✓	
7	European Honey Buzzard	<i>Pernis apivorus</i>				1			1	
8	Eurasian Sparrowhawk	<i>Accipiter nisus</i>				1	1			
9	Northern Goshawk	<i>Accipiter gentilis</i>			1					
10	Common Kestrel	<i>Falco tinnunculus</i>	✓			1		1		
11	Red-footed Falcon	<i>Falco vespertinus</i>	1f	1f						
12	Peregrine Falcon	<i>Falco peregrinus</i>						1f		
13	Common Moorhen	<i>Gallinula chloropus</i>						1		
14	Eurasian Coot	<i>Fulica atra</i>						✓		
15	Eurasian Woodcock	<i>Scolopax rusticola</i>			✓				✓	
16	Rock Dove/Feral Pigeon	<i>Columba livia</i>	✓	✓	✓	✓	✓	✓	✓	✓
17	Common Wood Pigeon	<i>Columba palumbus</i>	✓	✓	✓	✓	✓	✓	✓	
18	Eurasian Collared Dove	<i>Streptopelia decaocto</i>	✓						1	
19	European Turtle Dove	<i>Streptopelia turtur</i>			H	1				
20	Common Cuckoo	<i>Cuculus canorus</i>		H	H+1	H	H	H+1	H+1	H
21	Eurasian Eagle Owl	<i>Bubo bubo</i>				1(L)				
22	Tawny Owl	<i>Strix aluco</i>	H			H		H		
23	Little Owl	<i>Athene noctua</i>			Pellet					
24	European Nightjar	<i>Caprimulgus europaeus</i>			H					
25	Common Swift	<i>Apus apus</i>	✓	✓	✓	✓		✓	✓	✓
26	Alpine Swift	<i>Apus melba</i>								
27	Eurasian Hoopoe	<i>Upupa epops</i>		H	H+1		2	2	H	1
28	European Green Woodpecker	<i>Picus viridis</i>		H		H		1		
29	Great Spotted Woodpecker	<i>Dendrocopos major</i>		H		1		1		
30	Middle Spotted Woodpecker	<i>Dendrocopos medius</i>					2			
31	Eurasian Wryneck	<i>Jynx torquilla</i>		H	H+1	H	H+1	1	1	
32	Woodlark	<i>Lullula arborea</i>				1				
33	Eurasian Crag Martin	<i>Ptyonoprogne rupestris</i>				3				
34	Barn Swallow	<i>Hirundo rustica</i>	✓	✓	✓	✓	✓	✓	✓	✓
35	Common House Martin	<i>Delichon urbica</i>	✓	✓	✓	✓	✓	✓	✓	✓
36	Water Pipit	<i>Anthus spinoletta</i>				✓				

	Common name	Scientific name	May							30	31
			24	25	26	27	28	29			
37	Meadow Pipit	<i>Anthus pratensis</i>								1	
38	Tree Pipit	<i>Anthus trivialis</i>			1						
39	White Wagtail	<i>Montacilla alba</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓
40	Grey Wagtail	<i>Montacilla cinerea</i>			✓	1	1	1			
41	Dunnock	<i>Prunella modularis</i>			✓						
42	Alpine Accentor	<i>Prunella collaris</i>				2					
43	European Robin	<i>Erithacus rubecula</i>		✓	✓	✓	✓	✓	✓	✓	✓
44	Common Nightingale	<i>Luscinia megarhynchos</i>							H+1		H
45	Common Redstart	<i>Phoenicurus phoenicurus</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓
46	Black Redstart	<i>Phoenicurus ochruros</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓
47	Northern Wheatear	<i>Oenanthe oenanthe</i>	✓	✓	✓	✓	✓	✓	✓	✓	
48	Black-eared Wheatear	<i>Oenanthe hispanica</i>				✓				1	
49	Common Stonechat	<i>Saxicola torquata</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓
50	Song Thrush	<i>Turdus philomelos</i>		H			H	✓	✓	✓	
51	Mistle Thrush	<i>Turdus viscivorus</i>						H	✓		
52	Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓
53	Rufous-tailed Rock Thrush	<i>Monticola saxatilis</i>				1					
54	Garden Warbler	<i>Sylvia borin</i>					H	H+1	1		
55	Blackcap	<i>Sylvia atricapilla</i>	✓	✓	✓	✓	✓	✓	✓	✓	H
56	Common Whitethroat	<i>Sylvia communis</i>		1							
57	Sardinian Warbler	<i>Sylvia melanocephala</i>			H			1			
58	Melodious Warbler	<i>Hippolais polyglotta</i>					H				
59	Wood Warbler	<i>Phylloscopus sibilatrix</i>					2	✓			
60	Western Bonelli's Warbler	<i>Phylloscopus bonelli</i>		✓	✓	✓	✓	✓	✓	✓	
61	Common Chiffchaff	<i>Phylloscopus colybita</i>		✓	✓	✓	✓	✓	✓	✓	
62	Firecrest	<i>Regulus ignicapillus</i>		✓	H	✓		✓	✓	✓	
63	Winter Wren	<i>Troglodytes troglodytes</i>	✓	✓	✓	H	✓				
64	Spotted Flycatcher	<i>Muscicarpa striata</i>						1			
65	Great Tit	<i>Parus major</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓
66	Coal Tit	<i>Parus ater</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓
67	European Blue Tit	<i>Cyanistes caeruleus</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓
68	Marsh Tit	<i>Poecile palustris</i>	✓	✓	✓		✓				
69	Long-tailed Tit	<i>Aegithalos caudatus</i>			✓		✓				
70	Eurasian Nuthatch	<i>Sitta europaea</i>			✓						
71	Eurasian Treecreeper	<i>Certhia familiaris</i>		H							
72	Short-toed Treecreeper	<i>Certhia brachydactyla</i>		H	H			H		✓	
73	Red-backed Shrike	<i>Lanius collurio</i>			✓		✓	✓	✓	✓	
74	Common Magpie	<i>Pica pica</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓
75	Eurasian Jay	<i>Garrulus glandarius</i>		H	H	H	✓	✓	✓	✓	✓
76	Red-billed Chough	<i>Pyrrhocorax pyrrhocorax</i>			✓	✓		✓			
77	Hooded Crow	<i>Corvus cornix</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓
78	Carrion Crow	<i>Corvus corone</i>		✓							
79	Common Raven	<i>Corvus corax</i>				✓		✓			
80	Common Starling	<i>Sturnus vulgaris</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓
81	House Sparrow	<i>Passer domesticus</i>		✓							
82	Italian Sparrow	<i>Passer domesticus italiae</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓
83	Eurasian Tree Sparrow	<i>Passer montanus</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓
84	Common Chaffinch	<i>Fringilla coelebs</i>	✓	✓	✓	✓	✓	✓	✓	✓	✓

	Common name	Scientific name	May							
			24	25	26	27	28	29	30	31
85	Common Linnet	<i>Acanthus cannabina</i>				✓		H		
86	European Goldfinch	<i>Carduelis carduelis</i>	✓	✓	✓	✓	✓	✓	✓	✓
87	European Greenfinch	<i>Chloris chloris</i>			✓		✓		✓	
88	European Serin	<i>Serinus serinus</i>	✓	✓	✓	✓	✓	✓	✓	✓
89	Eurasian Bullfinch	<i>Pyrrhula pyrrhula</i>			✓		✓			
90	Hawfinch	<i>Coccothraustes coccothraustes</i>					1			
91	Yellowhammer	<i>Emberiza citrinella</i>	✓	✓	✓	H	✓	✓	✓	✓
92	Cirl Bunting	<i>Emberiza cirlus</i>			✓	✓	H	✓	✓	
93	Corn Bunting	<i>Miliaria calandra</i>			✓	H		✓	✓	✓

Mammals (D = droppings)

1	Blind Mole	<i>Talpa caeca</i>				Hills	Hills			
2	Bat sp (larger)							✓		
3	Bat sp (smaller)							✓		
4	Red Fox	<i>Vulpes vulpes</i>	1		1		1			
5	Apennine Wolf	<i>Canis lupus italicus</i>			D	D				
6	Pine Marten	<i>Martes martes</i>				D				
7	Red Deer	<i>Cervus elaphus</i>		30+	5	24	6	8	3	
8	Roe Deer	<i>Capreolus capreolus</i>					3+H	3	1	
9	Apennine or Abruzzo Chamois	<i>Rupicapra pyrenaica ornata</i>		2	2	c12				
10	Wild Boar	<i>Sus scrofa</i>		50+	62	3	c60	2	1	
11	Red Squirrel	<i>Sciurus vulgaris</i>		3			1		1	
12	Bank Vole	<i>Clethrionomys glareolus</i>				10				
13	Snow Vole	<i>Microtus nivalis</i>				1				
14	Brown Hare	<i>Lepus europaeus</i>		1	1	1	1	3	1	
15	Rabbit	<i>Oryctolagus cuniculus</i>			1					

Amphibians & Reptiles

1	cf Italian Hybrid Frog	<i>cf Rana kl. hispanica</i>						H		
2	Italian Western Green Lizard	<i>Lacerta bilineata ssp fejevaryi</i>		1 dead						
3	Common Wall Lizard	<i>Podarcis muralis</i>		✓	✓	✓		✓	✓	
4	Italian Wall Lizard	<i>Podarcis sicula</i>		✓					✓	
5	Slow Worm	<i>Anguis fragilis</i>		1						

Fish

1	Brown Trout	<i>Salmo trutta</i>		✓	✓					
2	Common Carp	<i>Cyprinus carpio</i>						✓		

Butterflies

1	Swallowtail	<i>Papilio machaon</i>							✓	
2	Scarce Swallowtail	<i>Iphiclides podalirius</i>		✓					✓	✓
3	Clouded Apollo	<i>Parnassius mnemosyne</i>				✓			✓	
4	Wood White	<i>Leptidea sinapis</i>		✓	✓	✓			✓	✓
5	Black-veined White	<i>Aporia crataegi</i>		✓						
6	Large White	<i>Pieris brassicae</i>		✓					✓	✓
7	Small White	<i>Pieris rapae</i>		✓	✓	✓			✓	✓
8	Eastern Bath White	<i>Pontia edusa</i>							✓	

	Common name	Scientific name	May							
			24	25	26	27	28	29	30	31
9	Moroccan Orange Tip	<i>Anthocharis belia</i>		✓						
10	Orange Tip	<i>Anthocharis cardamines</i>		✓	✓	✓		✓	✓	
11	Berger's Clouded Yellow	<i>Colias alfacariensis</i>		✓	✓	✓		✓	✓	
12	Clouded Yellow	<i>Colias crocea</i>		✓				✓	✓	
13	Brimstone	<i>Gonepteryx rhamni</i>		✓				✓		
14	Green Hairstreak	<i>Callophrys rubi</i>			✓			✓	✓	
15	Provençal Short-tailed Blue	<i>Everes alcetas</i>			✓					
16	Little Blue	<i>Cupido minimus</i>			✓	✓		✓	✓	
17	Large Blue	<i>Maculinea arion</i>						✓		
18	Baton Blue	<i>Pseudophilotes baton</i>						✓	✓	
19	Mazarine Blue	<i>Cyaniris semiargus</i>			✓	✓			✓	
20	Turquoise Blue	<i>Plebicula dorylas</i>							✓	
21	Adonis Blue	<i>Lysandra bellargus</i>		✓	✓	✓		✓	✓	
22	Common Blue	<i>Polyommatus icarus</i>		✓	✓	✓		✓	✓	
23	Brown Argus	<i>Aricia agestis</i>			✓	✓		✓	✓	
24	Duke of Burgundy Fritillary	<i>Hamearis lucina</i>		✓						
25	Red Admiral	<i>Vanessa atalanta</i>		✓		✓		✓		
26	Painted Lady	<i>Vanessa cardui</i>		✓				✓	✓	
27	Small Tortoiseshell	<i>Aglais urticae</i>				✓		✓	✓	
28	Queen of Spain Fritillary	<i>Issoria lathonia</i>			✓	✓		✓	✓	
29	Pearl-bordered Fritillary	<i>Boloria euphrosyne</i>		✓	✓	✓		✓	✓	
30	Glanville Fritillary	<i>Melitaea cinxia</i>			✓	✓		✓		
31	Lesser Spotted Fritillary	<i>Melitaea trivia</i>								✓
32	Heath Fritillary	<i>Mellicta athalia</i>						✓	larvae	
33	Eastern Large Heath	<i>Coenonympha rhodopensis</i>		✓						
34	Small Heath	<i>Coenonympha pamphilus</i>		✓	✓	✓		✓		
35	Speckled Wood	<i>Pararge aegeria</i>		✓		✓	✓		✓	
36	Wall Brown	<i>Lasiommata megera</i>		✓		✓		✓	✓	
37	Large Wall Brown	<i>Lasiommata maera</i>						✓		
38	Grizzled Skipper	<i>Pyrgus malvae</i>		✓	✓	✓		✓		
39	Oberthür's Grizzled Skipper	<i>Pyrgus armoricanus</i>						✓		
40	Red-underwing Skipper	<i>Spialia sertorius</i>				✓		✓	✓	
41	Dingy Skipper	<i>Erynnis tages</i>		✓	✓	✓		✓	✓	

Moths

	Macros:								
1	Transparent Burnet	<i>Zygaena purpuralis</i>							✓
2	Grass Eggar	<i>Lasiocampa trifolii</i>		larva		larva			
3	Treble-bar	<i>Aplocera plagiata</i>							✓
4	Chimney Sweeper	<i>Odezia atrata</i>				✓			
5	Latticed Heath	<i>Chiasmia clathrata clathrata</i>				✓			
6	Speckled Yellow	<i>Pseudopanthera macularia</i>				✓			
7	Hummingbird Hawkmoth	<i>Macroglossum stellatarum</i>						✓	✓
8	Small Yellow Underwing	<i>Panemeria tenebrata</i>				✓			
9	Mother Shipton	<i>Callistege mi</i>						✓	
10	Burnet Companion	<i>Euclidia glyphica</i>		✓		✓		✓	✓
11	Small Purple-barred	<i>Phytometria viridaria</i>		✓					

	Common name	Scientific name	May							
			24	25	26	27	28	29	30	31
	Micros:									
1		<i>Micropteryx aureatella</i>				✓				
2	Diamond-back Moth	<i>Plutella xylostella</i>				✓				
3		<i>Pyrausta</i> sp		✓						
4		<i>Pyrausta nigrata</i>			✓					
5	Rush Veneer	<i>Nomophila noctella</i>			✓					

Other Invertebrates

1	Stonefly	<i>Perlidae</i> sp.		✓						
2	Field Cricket	<i>Gryllus campestris</i>		✓	✓	✓		✓	✓	
3	Hawthorn Shield Bug	<i>Acanthosoma haemorroidale</i>					✓		✓	
4	Metallic blue Shield Bug	<i>Canthophorus dubius</i>			✓					
5	Red and black Shield Bug	<i>Graphosoma italicum</i>						✓	✓	
6	Cicada	<i>Cicadetta montana</i>				H				
7	Ascalaphid	<i>Libelloides coccajus</i>			✓			✓		
8	Scorpion Fly	<i>Panorpa communis</i>						✓		
9	Bee Fly	<i>cf Bombylius major</i>				✓				
10	Small black Bee Fly	<i>cf Bombylius ater</i>				✓				
11	Carpenter Bee	<i>Xylocopa violacea</i>						✓		
12	Ginger Bumble Bee	<i>Bombus pascuorum</i>		✓	✓	✓			✓	
13	Sexton Beetle	<i>Nicrophorus</i> sp.			✓					
14	Dung Beetle	<i>Scarabaeus</i> sp.				✓	✓			
15	Glow-worm	<i>Lampyrus noctiluca</i>	✓							
16	a Violet Click Beetle	<i>cf Limoniscus violaceus</i>			✓					
17	7-Spot Ladybird	<i>Coccinella 7-punctata</i>			✓			✓	✓	
18	2-Spot Ladybird	<i>Adalia bipunctata</i>				✓				
19	10-spot Ladybird	<i>Adalia 10-punctata</i>					✓			
20	Cream-spot Ladybird	<i>Calvia 14-guttata</i>					✓			
21	Green Leaf beetle	<i>Cryptocephalus hypochaeridis</i>			✓					
22	Millipede	<i>cf Tachypodoiulus niger</i>						✓		
23	Ladybird Spider	<i>Eresus cinnaberinus</i>						✓		

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