

# The Appenines: Italy's Abruzzo National Park

Naturetrek Tour Report

23 - 30 May 2013

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Report compiled by Andrew Cleave & Tom Mabbett



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## Summary:

We had a week of mixed weather however, we also enjoyed some warm sunny days with beautiful far-reaching views and good sightings of the rich wildlife of the National Park. The star species of the park, the Marsican Brown Bear, obliged on two occasions, we had some close encounters with Red Deer, and there were many birds, butterflies and wild flowers to record on our lists. Our daily walks took us to a variety of habitats, including some lovely woodlands and the high alpine zone above the tree line. We enjoyed our stay in the Albergo Paradiso where the central heating and log fires were very welcome, and the excellent food for our evening meals was much appreciated.

## Day 1

Thursday 23rd May

Weather: Heavy rain with fog on the hills. 16°C

Andrew and Tom met the group at Rome Fiumicino Airport after the morning flight from London. Unfortunately one piece of luggage failed to arrive so enquiries were made and claims forms were filled in. We decided to get loaded in the minibuses and headed for Pescasseroli. We were soon on the auto-route heading east for the Appenines, and between the clouds we could see the impressive mountain ranges and the forested hillsides. Our journey took just over two hours and we were then in the Abruzzo National Park. We paused briefly at the Gioia Vecchio mammal watch-point before the final length of the journey down to Pescasseroli where we checked in to the Albergo Paradiso. Geraldine welcomed everyone and we enjoyed the first of our splendid evening meals.

## Day 2

Friday 24th May

Weather: Clear skies at first, but heavy rain later with a cold wind. 7°C

Most of the group opted for an early start so we made a pre-breakfast visit to the mammal watching point at Gioia Vecchio.

A few other observers had already arrived and within a short time there was an excited cry of "bear!" – one had been spotted moving down the hillside opposite, giving very clear views. We soon got the telescopes on to it and everyone had the chance to watch this very special animal as it plodded along in the open, pausing occasionally to feed. The bird-song which accompanied this sighting was to become very familiar to us, as there was a constant chorus of Blackcaps from close by with more distant calls of Cuckoo and Hoopoe. A Golden Eagle then flew from one side of the valley to a perch in a conifer on the other side allowing us to fix the telescopes on it and get good, if rather distant views. After this excitement we rushed back for breakfast before Andrew and Tom went shopping for picnic supplies.

The plan for the day was to visit the Camosciara Valley a short distance away. Our walk took us along the attractive valley near a clear stream and we soon found many interesting plants, including a good range of orchids, the highlight being a clump of Lady's Slipper Orchids in perfect condition. We eventually reached the café where there was a log fire burning so this was a good opportunity to stop for a warm drink. The final section of the walk led us to two most attractive waterfalls high in the woods where we were able to watch a Dipper feeding. Coral Root Orchids were found in the leaf litter below the beech trees and yellow Auriculas were in flower on the rocks near the waterfall.

We returned to the minibuses for a picnic and at this point the rain eased somewhat so we were able to call in at the hilltop town of Opi on our way back to the hotel. Tantalising photographs of the local wildlife were displayed on the walls of the old buildings and we enjoyed looking around the old town and inspecting the viewpoints of the surrounding valleys and mountains. We went back to the hotel to warm up and enjoyed the log fire and another excellent evening meal after which we went over the day's sightings and discussed the plans for the next day.

## Day 3

Saturday 25th May

Weather: Snow showers early on, then rain. 0°C - 5°C

We started the day with a pre-breakfast mammal watch at Gioia Vecchio, and despite the cold conditions, were not to be disappointed as we had another bear sighting in the same area. There were also views of Red Deer stags on the distant hillside, but our attention was focussed on the bear which again moved along the hillside giving us the chance to get good views through the telescopes and get some photographs and video clips. Once again, we dashed back for breakfast in a state of high excitement!

After some shopping for lunch supplies we set off for Val Fondillo where we planned to follow the stream into the valley. We found many more species of orchids and alpine flowers on this walk, including some perfect Military Orchids and the rare Reddish Saxifrage. Crossing a bridge, we headed up the other side of the valley where we were closer to the stream. A crag in the beech wood was found to have a lovely colony of Trumpet Gentians growing on it, and there were a few Fragrant Orchids just coming into flower in some of the clearings. On checking a gravel bank in the bed of the stream we discovered the partly-decomposed remains of a Wolf which gave some of us the opportunity to study this animal at close quarters. We returned down the valley to the reserve office and restaurant where a log fire and some hot drinks were very welcome! Once again we had a late picnic at the minibuses before returning to the hotel. Some of the party chose to make a brief visit to the hillside near the cemetery above Pescasseroli where we had the chance to watch a Short-toed Treecreeper on the pines.

Andrew and Tom did some shopping for picnic supplies before we all met up for a chat about our day's findings and the plans for tomorrow.

## Day 4

Sunday 26th May

Weather: Cold at first (-1°C) with blizzard conditions briefly, but sunny later. 14°C

Some of us made an early start for another mammal watch and we drove up to Gioia Vecchio through snowy conditions. Although we were not lucky with a sighting of any bears we did enjoy the amazing views of the mountains with their fresh snow cover. Conditions improved as we returned to the hotel and after a brief stop in the village for fresh bread we arrived back for breakfast and checked on what birds had been seen by those who opted for a walk around the hotel. The strange dark-coloured Red Squirrels had been watched close the hotel, and Serin and Firecrest were seen in the conifers in the garden, whilst Tree Sparrow, Red-backed Shrike, Cirl Bunting and Black Redstart were all found within a short walk of the garden.

After breakfast we drove along the length of Lago Barrea to the hillside town of Barrea where we parked at a viewpoint giving us a wonderful panorama of the lake and surrounding mountains – all free of cloud and set against a blue sky. We followed the “Sentiero Natura” through the town to the hillside above it which gave an extensive view of the gorge below and the mountains beyond. Here we were able to find some moths and butterflies on the wing, including some superb Adonis Blues, Hummingbird Hawk-moth and Small Elephant Hawk-moth. An Adriatic Lizard Orchid was much photographed and we found plenty of other colourful species in this very attractive location. Cough could be seen around a distant cliff face and a Short-toed Eagle gave an excellent flyby. With the improving weather Nightingales could be heard, and Blackcaps joined in as well. We returned to the mini-buses, pausing for superb views of a male Black Redstart on a chimney pot in the village, and drove down to a picnic site near the lake where more orchids were found, including the endemic form of the Late Spider Orchid, and several Man Orchids.

After our picnic we headed back towards the town of Barrea where we planned to take the mountain road to Monte Godi, but a traffic hold-up, in the form of three Red Deer Stags strolling up the middle of the road, detained us for a while. This proved to be a very good photo opportunity as the stags, with magnificent antlers still in velvet, took their time to wander past. We followed the winding mountain road for several kilometres to reach a high pass on the flanks of Monte Godi where we then walked along a track into the mountains. The slopes on either side held a rich flora, including hundreds of Elder-flowered and Pale-flowered Orchids, Spring Gentians and the very local Tenore's Bugle. On the bird front we had superb views of a Rock Thrush on wires near the vans and the sound of Woodlarks filled the air as they sang from high above us. We returned to the hotel in plenty of time for our evening meal and the chance to explore the grassy areas and tracks nearby where a Wryneck was heard calling.

## Day 5

Monday 27th May

Weather: Sunny all day with clear skies. 15°C

Our plan for today was to visit the high alpine zone of the Val de Rose, so we decided not to do an early morning mammal watch, saving our energies for the long walk ahead.

After collecting the picnic supplies we drove to the hillside town of Civitella de Alfedena, on slopes above Lago Barrea which is the starting point for the walk. We followed the steep and stony trail up hill through flower-rich pastures and dense beech woods, pausing on many occasions to photograph the wonderful views, and check on the many butterflies on the wing. Some high-speed Fritillaries were too flighty for good identification, but Green Hairstreak was more obliging. The long, but well way-marked trail eventually brought us out into a sunny clearing almost at the tree-line where wolf tracks were spotted in the snow, and the endemic plant *Solenanthus* was seen to be in full flower. This was a pleasant spot to stop for our well-earned picnic.

The final section brought us to a steep snow-covered slope with a view of the high ridges all around. The first real alpine flowers were found here, including Spring Crocus, peeping through the snow. Tom found Chamois on a ridge and set the telescope up to give a better view, and a few of the party continued to the highest ridge where we were treated to spectacular views of the mountains, some snow-covered after the recent blizzard, and more sightings of Chamois. There were Wheatear and Water Pipit all around us here and Rock Thrush were again seen, this time a pair foraging. We then gradually retraced our steps from this superb location and at various speeds, the whole party returned to the mini-buses for a further snack. After a brief stop at a botanical site along the lake we then made our way back to the hotel, all feeling very pleased to have completed this strenuous walk in such good conditions, and ready for an evening's rest beside the log fire.

## Day 6

Tuesday 28th May

Weather: Sunny for most of the day, with high cloud. 21°C

We had pleasant sunny conditions for our early-morning mammal watch at the usual site, and although the bears did not oblige we had some good sightings of both Roe and Red Deer on the distant hillside.

After breakfast we drove the short distance from the hotel to the adjoining valley of Pesco de Lordo. A Wryneck could be heard singing close by to the parking place and the sunny conditions encouraged many species of butterfly and other insects to be active. We followed the forest track into the valley, enjoying the views of the ancient beech trees with their gnarled trunks and covering of ferns, mosses and lichens and a Hoopoe posed for us briefly, carrying food for nearby young. Yellow Figwort was flowering well along the roadside, and in the woods above Collared Flycatchers were heard calling, and eventually seen in an area where nest boxes had been provided.

We enjoyed our picnic on a sunny slope with a Cuckoo calling loudly nearby and then retraced our steps down the valley to the mini-buses and headed for the orchid slopes we had spotted on our morning visits to the mammal-watching sites. One field held hundreds of Lady Orchids, some of which appeared to have been damaged by the recent very cold weather, but on slopes nearby we also found several Burnt-tip Orchids and a single Early Spider Orchid, and many spikes of the local form of Early Purple Orchid. There were good views of a Red-backed Shrike on the edge of the field and we could hear the calls of Field Crickets from the burrows on the margins.

We returned to the hotel in time for an early evening meal and then most of the group returned to the watchpoint for another mammal watch. No bears this time, but again more views of the deer. We returned to the hotel as dusk fell and went over the day's sightings.

## Day 7

Wednesday 29th May

Weather conditions: Cloudy with rain at times. 13°C

Some of the party decided to make a very early start for the mammal watching site, leaving at 05.30, whilst the other mammal watchers left at 06.30 as before. Both Roe and Red Deer were seen, and Red Fox, which looks quite grey here was also spotted. On the journey back down the hill to the hotel a Red-backed Shrike was seen and a few observers spotted a Hoopoe.

After breakfast and some shopping for picnic supplies we headed for the cemetery above the town and after a look around here we took the steep trail to the historic site of Castel Mancino – the historic ruined castle overlooking Pescasseroli. Short-toed Creeper was one of the few birds spotted here, but a Pine Vole feeding out in the open, and unaware of any observers, attracted our attention. More Adriatic Lizard orchids were found, mostly in tight bud, on the castle ramparts, and both Common and Hoary rock-rose were in flower. Back at the vans some of the group enjoyed excellent views of a Gull Bunting singing from a nearby tree and a Redstart performed very well. With the clouds descending and threatening rain we drove to a meadow beside the river where there was some shelter for our picnic. Dusky Cranesbill was found here and we enjoyed the birdsong from the woods nearby.

After our picnic we stopped for a look around the town, where some souvenir shopping, supermarket visiting and Italian Ice-cream were all enjoyed. Once back at the hotel, with sunnier conditions, we explored the surroundings, and were told of the snowy winter conditions by the owner of some piglets. We noticed that some were dark and stripy and were told that these were the result of Wild Boar coming down from the mountains in winter! A Wryneck was heard singing very close to the hotel and with some persistence a fortunate few managed to glimpse the bird low in a garden. Later in the evening the piglets trotted past the hotel and we abandoned our dinner for a few minutes to watch them foraging on the slope by the car park.

## Day 8

Thursday 30th May

Weather conditions: Cloudy at first, but brighter later. 17°C

Sadly, this was the last morning in Pescasseroli so we had an early breakfast and left the hotel by 08.00. The Wrynecks were still singing away and Tom and Geoff found time to have a look seeing one briefly. We could not pass by the mammal watch point without stopping to look for a few minutes, and although the bears were not forthcoming we enjoyed one last look at the beautiful mountain scenery. We also said farewell to the scruffy, but very friendly dogs who greeted us every time we visited the site. Our journey back to Rome was uneventful, although Black Kite was seen at one point and we eventually made it to the airport in plenty of time for the check-in. Andrew said his farewells here as he was going to repeat the tour with a second group, but Tom and the others returned to London...

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## Species List

### Plants

Scientific name	English Name	Location and comments
<b>Pteridophytes</b>	<b>Ferns and allies</b>	
<i>Pteridium aquilinum</i>	Bracken	Widespread on hillsides
<i>Asplenium ruta-muraria</i>	Wall Rue	Walls and rocks
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	Walls and rocks
<i>Ceterach officinarum</i>	Rusty-back Fern	Common on sunny walls and rocks
<i>Dryopteris filix-mas</i>	Male Fern	Woodlands and verges
<i>Cystopteris fragilis</i>	Brittle Bladder Fern	Rocks, Val Fondillo
<b>Pinopsida</b>	<b>Conifers</b>	
<i>Juniperus communis</i>	Juniper	Open hillsides and rocks
<i>J. communis ssp alpina</i>	Prostrate Juniper	high alpine zone, Monte Godi
<i>Juniperus oxycedrus</i>	Prickly Juniper	nr Pescasseroli
<i>Pinus mugo</i>	Dwarf Mountain Pine	Val de Rose
<i>Pinus nigra</i>	Villela Barrea Black Pine	slope of Monte Godi
<b>Magnoliopsida</b>	<b>Flowering Plants</b>	
	<b>Dicotyledons</b>	
<i>Acer campestre</i>	Field Maple	Widespread
<i>Acer monspessulanum</i>	Montpelier Mape	Camosciara
<i>Acer opalus</i>	Italian Maple	Val Fondillo
<i>Acer pseudoplatanus</i>	Sycamore	Widespread
<i>Aegopodium podagraria</i>	Ground Elder	Pescasseroli
<i>Angelica sylvestris</i>	Angelica	Pescasseroli
<i>Anthriscus sylvestris</i>	Cow Parsley	Barrea
<i>Daucus carota</i>	Wild Carrot	Barrea
<i>Eryngium amethystinum</i>	Blue Eryngo	Pescasseroli
<i>Laserpitium latifolium</i>	Sermountain	Leaves only
<i>Pimpinella saxifraga</i>	Burnet Saxifrage	Leaves only, Castel Mancino
<i>Sanicula europea</i>	Sanicle	Camosciara
<i>Scandix pecten-veneris</i>	Shepherd's Needle	Castel Mancino
<i>Ilex aquifolium</i>	Holly	Camosciara
<i>Hedera helix</i>	Ivy	Widespread
<i>Vincetoxicum hirundinaria</i>	Swallow-wort	Val Fondillo
<b>Asteraceae</b>	<b>Daisy family</b>	
<i>Bellis perennis</i>	Daisy	Widespread
<i>Bellis sylvestris</i>	Southern Daisy	Widespread
<i>Carduus chrysacanthus</i>	Appenine Thistle	Leaves only
<i>Carduus nutans</i>	Musk Thistle	Orchid slopes and meadows
<i>Carlina acaulis</i>	Stemless Carlina Thistle	Val Fondillo
<i>Centaurea montana</i>	Perennial Cornflower	Val Fondillo
<i>Cirsium tenoreanum</i>	a Woolly Thistle	Widespread, verges and grasslands
<i>Crepis (lacera)</i>	a Hawksbeard	Castel Mancino
<i>Doronicum columnae</i>	a Leopardsbane	Leaves only
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	Barrea
<i>Petasites hybridus</i>	Butterbur	Val Fondillo
<i>Pilosella officinarum</i>	Mouse-ear Hawkweed	Camosciara
<i>Scorzonera canum</i>	a Viper's-grass	Lago Barrea

<b>Scientific name</b>	<b>English Name</b>	<b>Location and comments</b>
<i>Scorzonera purpurea</i>	a Viper's-grass	roadsides and meadows
<i>Tragopogon dubius</i>	a Goat's-beard	roadsides and meadows
<i>Tragopogon hybridum</i>	Annual Goat's-beard	Barrea
<i>Carpinus betulus</i>	Hornbeam	Widespread
<i>Carpinus orientalis</i>	Eastern Hornbeam	Pescasseroli
<i>Corylus avellana</i>	Hazel	Widespread
<i>Ostrya carpinifolia</i>	Hop Hornbeam	Pescasseroli
<b>Boraginaceae</b>	<b>Forget-me-not family</b>	
<i>Cynoglossum montanum</i>	Mountain Hound's-tongue	Val de Rose
<i>Cynoglossum officinale</i>	Hound's-tongue	Val Fondillo
<i>Cynoglossis barrellieri</i>	a blue Anchusa	Meadows and roadsides
<i>Echium plantagineum</i>	Purple Viper's Bugloss	Orchid slopes and meadows
<i>Echium vulgare</i>	Viper's Bugloss	Meadows and roadsides
<i>Myosotis alpestris</i>	Alpine Wood Forget-me-not	Val de Rose
<i>Myosotis sylvatica</i>	Wood Forget-me-not	Pesco di Lordo
<i>Myosotis (ramosissima)</i>	a Forget-me-not	Scattered, roadsides and paths
<i>Pulmonaria (obsucura)</i>	a Lungwort	Val Fondillo
<i>Solenanthis appeninus</i>	Solenanthis	Val de Rose
<i>Lithospermum (purpurea)</i>	a Purple Gromwell	roadsides and meadows
<b>Brassicaceae</b>	<b>Cabbage family</b>	
<i>Alliaria petiolata</i>	Garlic Mustard	Pescasseroli
<i>Alyssum montanum</i>	Mountain Alyssum	Val de Rose
<i>Alyssum saxatile</i>	Yellow Alyssum	Castel Mancino
<i>Arabis caucasica ssp alpina</i>	Alpine Rock-cress	Val de Rose
<i>Biscutella laevigata</i>	a Buckler Mustard	Val Fondillo
<i>Capsella bursa-pastoris</i>	Shepherd's Purse	Widespread
<i>Cardamine amara</i>	large Bitter-cress	Camosciara
<i>Cardamine bulbifera</i>	Coralroot Bittercress	Camosciara, Val Fondillo
<i>Cardamine enneaphyllos</i>	Drooping Bittercress	Leaves only, flowers over
<i>Cardamine flexuosa</i>	Wavy Bittercress	Pescasseroli
<i>Draba aizoides</i>	Yellow Whitlow-grass	Val de Rose
<i>Isatis tinctoria</i>	Woad	roadsides and meadows
<i>Rorippa nasturtium-aquaticum</i>	Watercress	Val Fondillo
<i>Thlaspi alpinum</i>	Alpine Pennycress	Val de Rose
<i>Tordylium apulum</i>	Tordylium	Lago Barrea picnic spot
<i>Turritis glabra</i>	Tower Cress	Barrea
<b>Campanulaceae</b>	<b>Bell-flower family</b>	
<i>Campanula persicifolia</i>	Peach-leaved Bellflower	Barrea
<i>Phyteuma orbiculare</i>	Round-headed Rampion	Camosciara
<b>Caprifoliaceae</b>	<b>Honeysuckle Family</b>	
<i>Lonicera caprifolium</i>	Perfoliate Honeysuckle	Camosciara
<i>Lonicera periclymenum</i>	Honeysuckle	Camosciara
<i>Lonicera xylosteum</i>	Fly Honeysuckle	Camosciara
<i>Sambucus ebulus</i>	Dwarf Elder	Camosciara, Val Fondillo
<i>Sambucus nigra</i>	Elder	Widespread and common
<i>Viburnum Lantana</i>	Wayfaring Tree	Widespread
<b>Caryophyllaceae</b>	<b>Pink Family</b>	
<i>Cerastium fontanum</i>	Common Mouse-ear	Widespread



<b>Scientific name</b>	<b>English Name</b>	<b>Location and comments</b>
<i>Cerastium tomentosum</i>	Snow-in-summer	Barrea
<i>Dianthus carthusianorum</i>	Carthusian Pink	Lago Barrea picnic spot
<i>Lychnis flos-cuculi</i>	Ragged Robin	Camosciara, Val Fondillo
<i>Petrorhagia saxifraga</i>	Tunic Flower	Castel Mancino
<i>Silene conica</i>	Sand Catchfly	nr Hotel, common
<i>Silene dioica</i>	Red Champion	Widespread
<i>Silene italica</i>	Italian Catchfly	Val Fondillo
<i>Silene latifolia</i>	White Champion	Pescasseroli
<i>Silene rupestris</i>	Rock Catchfly	Val de Rose
<i>Silene vulgaris</i>	Bladder Champion	Val Fondillo
<i>Stellaria nemorum</i>	Wood Stitchwort	Camosciara
<b>Celastraceae</b>	<b>Spindle Family</b>	
<i>Euonymus europaeus</i>	Spindle	Camosciara
<b>Cistaceae</b>	<b>Rock-rose family</b>	
<i>Helianthemum appeninum</i>	White Rock-rose	Castel Mancino
<i>Helianthemum nummularium</i>	Common Rock-rose	Castel Mancino
<i>H. oleandicum ssp canum</i>	Hoary Rock-rose	Castel Mancino
<b>Clusiaceae</b>	<b>St John's-wort family</b>	
<i>Hypericum perforatum</i>	Perforate St John's-wort	
<b>Convolvulaceae</b>	<b>Bindweed family</b>	
<i>Cuscuta epithymum</i>	Common Dodder	Val Fondillo
<b>Cornaceae</b>	<b>Dogwood family</b>	
<i>Cornus sanguinea</i>	Dogwood	
<b>Crassulaceae</b>	<b>Stonecrop family</b>	
<i>Sedum acre</i>	Biting Stonecrop	Castel Mancino
<i>Sedum album</i>	White Stonecrop	Widespread
<i>Sedum dasyphyllum</i>	Thick-leaved Stonecrop	Val Fondillo
<i>Sedum rubens</i>	Reddish Stonecrop	Val de Rose
<i>Sempervivum arachnoideum</i>	Cobweb Houseleek	Val de Rose
<b>Cucurbitaceae</b>	<b>Gourd family</b>	
<i>Bryonia dioica</i>	White Bryony	Camosciara
<b>Dipsacaceae</b>	<b>Teasel family</b>	
<i>Dipsacus fullonum</i>	Teasel	Barrea
<b>Euphorbiaceae</b>	<b>Spurge family</b>	
<i>Euphorbia amygdaloides</i>	Wood Spurge	Pesco di Lordo
<i>Euphorbia cyparissias</i>	Cypress Spurge	nr Hotel, common
<i>Euphorbia helioscopia</i>	Sun Spurge	Roadsides and tracks
<i>Euphorbia myrsinites</i>	Glaucous-leaved Spurge	Castel Mancino
<i>Euphorbia platyphyllos</i>	Broad-leaved Spurge	Barrea
<i>Euphorbia verrucosa</i>	.....	nr Gioia Vecchio
<i>Mercurialis perennis</i>	Dog's Mercury	Widespread
<i>Mercurialis annua</i>	Annual Mercury	Castel Mancino

Scientific name	English Name	Location and comments
<b>Fabaceae</b>	<b>Pea Family</b>	
<i>Anthyllis vulneraria</i>	Kidney Vetch	Widespread
<i>Astragalus depressus</i>	Sprawling Milk-vetch	Val Fondillo
<i>Astragalus monspessulanus</i>	False Vetch	Val Fondillo
<i>Chamaecystis hirsutus</i>	Hairy Broom	Roadsides
<i>Colutea arborescens</i>	Bladder Senna	Rocky slopes and roadsides
<i>Coronilla scorpioides</i>	Annual Scorpion Vetch	Castel Mancino
<i>Cytisus villosus</i>	a Broom sp	Roadsides
<i>Genista tinctoria</i>	Dyer's Greenweed	Camosciara
<i>Hippocrepis comosa</i>	Horeshoe Vetch	Widespread
<i>Lathyrus aphaca</i>	Yellow Vetchling	Castel Mancino
<i>Lathyrus linifolius var montanus</i>	Bitter Vetch	Castel Mancino
<i>Lathyrus pratensis</i>	Meadow Vetchling	widespread
<i>Lathyrus setifolius</i>	Red Grass Vetchling	widespread
<i>Lathyrus vernus</i>	Spring Pea	Camosciara
<i>Lotus corniculatus</i>	Bird's-foot Trefoil	widespread
<i>Medicago lupulina</i>	Black Medick	widespread
<i>Onobrychis arenaria</i>	Small Sainfoin	Val Fondillo
<i>Onobrychis vicifolia</i>	Sainfoin	roadsides
<i>Ononis spinosa</i>	Spiny Restharrow	Camosciara
<i>Ononis natrix</i>	Large Yellow Restharrow	nr Gioia Vecchio
<i>Spartium junceum</i>	Spanish Broom	nr Gioia Vecchio
<i>Trifolium campestre</i>	Hop Trefoil	nr Hotel, common
<i>T. incarnatum ssp molinerii</i>	Long-headed Clover	Barrea
<i>Trifolium pratense</i>	Red Clover	roadsides, fields
<i>Trifolium repens</i>	White Clover	roadsides
<i>Trifolium resupinatum</i>	Reversed Clover	Lago Barrea picnic spot
<i>Vicia cracca</i>	Tufted Vetch	widespread
<i>Vicia sativa agg</i>	Common Vetch	widespread
<i>Vicia sepium</i>	Bush Vetch	roadsides
<i>Vicia villosa</i>	Fodder Vetch	Lago Barrea
<b>Fagaceae</b>	<b>Beech family</b>	
<i>Fagus sylvatica</i>	Beech	extensive woodlands of this species
<i>Quercus cerris</i>	Turkey Oak	Pesco di Lordo
<i>Quercus ilex</i>	Holm Oak	Barrea, Monte Godi road
<i>Quercus pubescens</i>	Downy Oak	Camosciara
<b>Fumariaceae</b>	<b>Fumitory family</b>	
<i>Fumaria capreolata</i>	Tall Ramping Fumitory	nr Hotel, gardens at Barrea
<b>Gentianaceae</b>	<b>Gentian family</b>	
<i>Blackstonia perfoliata</i>	Yellow-wort	leaves only
<i>Gentiana dinarica</i>	Trumpet Gentian	Val Fondillo
<i>Gentiana lutea</i>	Great Yellow Gentian	leaves only
<i>Gentiana verna</i>	Spring Gentian	Monte Godi, Val de Rose
<b>Geranicaceae</b>	<b>Crane's-bill family</b>	
<i>Erodium cicutarium</i>	Common Stork's-bill	nr Hotel
<i>Geranium dissectum</i>	Cut-leaved Cranesbill	roadsides, paths and tracks
<i>Geranium lucidum</i>	Shining Cranesbill	Camosciara
<i>Geranium macrorrhizum</i>	Rock Cranesbill	Val de Rose
<i>Geranium pyrenaicum</i>	Hedgerow Cranesbill	Barrea

<b>Scientific name</b>	<b>English Name</b>	<b>Location and comments</b>
<i>Geranium robertianum</i>	Herb Robert	Widespread
<i>Geranium phaeum</i>	Dusky Cranesbill	Pescasseroli
<i>Geranium sanguineum</i>	Bloody Cranesbill	Val Fondillo
<b>Globulariaceae</b>	<b>Globularia family</b>	
<i>Globularia punctata</i>	Common Globularia	Camosciara
<i>Globularia cordifolia</i>	Matted Globularia	Val Fondillo
<b>Lamiaceae</b>	<b>Dead-nettle family</b>	
<i>Acinos arvensis</i>	Basil Thyme	Castel Mancino
<i>Ajuga chamaepitys</i>	Ground Pine	Val Fondillo
<i>Ajuga reptans</i>	Bugle	Widespread
<i>Ajuga tenorii</i>	Tenore's Bugle	Monte Godi
<i>Galeopsis ladanum</i>	Large Pink Hem-nettle	nr Hotel
<i>Lamium album</i>	White Dead-nettle	nr Hotel
<i>Lamium garganicum</i>	Large Red Dead-nettle	widespread, roadsides
<i>Melittis melissophyllum</i>	Bastard Balm	Camosciara
<i>Mentha aquatica</i>	Water Mint	Val Fondillo
<i>Mentha longifolia</i>	Horse Mint	Camosciara
<i>Origanum vulgare</i>	Oregano	Barrea
<i>Salvia verbenaca</i>	Wild Clary	Widespread
<i>Thymus serpyllum</i>	Wild Thyme	Widespread
<b>Linaceae</b>	<b>Flax family</b>	
<i>Linum bienne</i>	Pale Flax	nr Gioia Vecchio
<i>Linum catharticum</i>	Purging Flax	Barrea
<b>Malvaceae</b>	<b>Mallow family</b>	
<i>Althaea hirsuta</i>	Hairy Mallow	nr Gioia Vecchio
<i>Malva sylvestris</i>	Common Mallow	widespread on roadsides
<b>Oleaceae</b>	<b>Olive family</b>	
<i>Fraxinus excelsior</i>	Ash	common
<i>Fraxinus ornus</i>	Flowering Ash	widespread on roadsides
<b>Onagraceae</b>	<b>Willowherb family</b>	
<i>Chamerion angustifolium</i>	Rosebay Willowherb	leaves only
<b>Orobanchaceae</b>	<b>Broomrape family</b>	
<i>Orobanche caryophyllaceae</i>	Bedstraw Broomrape	Barrea
<i>Orobanche minor</i>	Common Broomrape	Castel Mancino
<b>Papaveraceae</b>	<b>Poppy family</b>	
<i>Chelidonium majus</i>	Greater Celandine	Pescasseroli
<i>Papaver argemone</i>	Prickly Poppy	Val Fondillo
<i>Papaver rhoeas</i>	Common Poppy	roadsides
<b>Plantaginaceae</b>	<b>Plantain family</b>	
<i>Plantago atrata</i>	Dark Plantain	Val de Rose
<i>Plantago lanceolata</i>	Ribwort Plantain	roadsides
<i>Plantago major</i>	Greater Plantain	roadsides
<i>Plantago media</i>	Hoary Plantain	Barrea

<b>Scientific name</b>	<b>English Name</b>	<b>Location and comments</b>
<b>Plumbaginaceae</b> <i>Armeria canescens</i>	<b>Thrift family</b> Plantain-leaved Thrift	Val Fondillo, Pescasseroli
<b>Polygalaceae</b> <i>Polygala chamaebuxus</i> <i>Polygala nicaeensis</i> <i>Polygala serpyllifolia</i>	<b>Milkwort family</b> Shrubby Milkwort Nice Milkwort Thyme-leaved Milkwort	Camosciara, Val Fondillo Widespread Scattered sites
<b>Polygonaceae</b> <i>Rumex alpinus</i> <i>Rumex pulcher</i> <i>Rumex scutatus</i>	<b>Knotweed family</b> Monk's Rhubarb Fiddle Dock French Sorrel	Val de Rose nr Gioia Vecchio scattered sites
<b>Primulaceae</b> <i>Anagallis arvensis</i> <i>Primula auricula</i> <i>Primula vulgaris</i>	<b>Primrose family</b> Scarlet Pimpernel Bear's Ear Primrose	scattered sites Camosciara leaves only
<b>Ranunculaceae</b> <i>Anemone nemorosa</i> <i>Aquilegia vulgaris</i> <i>Helleborus foetidus</i> <i>Helleborus viridis</i> <i>Hepatica nobilis</i> <i>Pulsatilla alpina</i> <i>Ranunculus bulbosus</i> <i>Ranunculus ficaria</i> <i>Ranunculus millefoliatus</i> <i>Ranunculus pencillatus</i> <i>Ranunculus repens</i> <i>Thalictrum aquilegifolium</i>	<b>Buttercup family</b> Wood Anemone Columbine Stinking Hellebore Green Hellebore Hepatica Alpine Pasque Flower Bulbous Buttercup Lesser Celandine a fine-leaved Buttercup Stream Water Crowfoot Creeping Buttercup Greater Meadow Rue	leaves only Camosciara Widespread Monte Godi leaves only Val de Rose Widespread scattered sites Barrea Val Fondillo Widespread nr Pescasseroli
<b>Resedaceae</b> <i>Resea lutea</i>	<b>Mignonette family</b> Wild Mignonette	Barrea
<b>Rhamnaceae</b> <i>Rhamnus alpinus</i> <i>Rhamnus catharticus</i>	<b>Buckthorn family</b> Alpine Buckthorn Buckthorn	Monte Godi Camosciara
<b>Rosaceae</b> <i>Alchemilla sp</i> <i>Cotoneaster integerrimus</i> <i>Crataegus laevigata</i> <i>Crataegus monogyna</i> <i>Fragaria vesca</i> <i>Geum urbanum</i> <i>Malus sylvestris</i> <i>Potentilla crantzii</i> <i>Potentilla recta</i> <i>Potentilla reptans</i> <i>Prunus spinosa</i> <i>Pyrus pyraeaster</i> <i>Rosa canina agg</i>	<b>Rose family</b> a Lady's Mantle Wild Cotoneaster Midland Hawthorn Hawthorn Wild Strawberry Wood Avens Crab Apple Alpine Cinquefoil Sulphur Cinquefoil Creeping Cinquefoil Blackthorn Wild Pear Dog Rose	Val Fondillo Val Fondillo Val Fondillo Widepsread Widepsread Val Fondillo Camosciara Val de Rose Barrea roadsides Widespread Camosciara Pescasseroli

Scientific name	English Name	Location and comments
<i>Rubus fruticosus</i> agg	Bramble	Widespread
<i>Sanguisorba minor</i>	Salad Burnet	stony, open sites, widespread
<i>Sorbus aria</i>	Whitebeam	Camosciara
<i>Sorbus aucuparia</i>	Rowan	Val Fondillo
<b>Rubiaceae</b>	<b>Bedstraw family</b>	
<i>Cruciata laevipes</i>	Crosswort	Barrea
<i>Galium aparine</i>	Goosegrass	widespread
<i>Galium mollugo</i>	Hedge Bedstraw	roadsides
<i>Galium odoratum</i>	Woodruff	Camosciara
<i>Galium verum</i>	Lady's Bedstraw	not in flower
<i>Sherardia arvensis</i>	Field Madder	Barrea
<b>Salicaceae</b>	<b>Willow family</b>	
<i>Populus nigra</i> agg	Black Poplar	nr Pescasseroli
<i>Populus tremula</i>	Aspen	nr Pescasseroli
<i>Salix alba</i>	White Willow	nr most rivers and streams
<i>Salix caprea</i>	Goat Willow	nr Pescasseroli
<i>Salix purpurea</i>	Purple Willow	Val Fondillo
<b>Saxifragaceae</b>	<b>Saxifrage family</b>	
<i>Saxifraga bulbifera</i>	Bulbous Saxifrage	Val Fondillo
<i>Saxifraga granulata</i>	Meadow Saxifrage	Camosciara, Val Fondillo
<i>Saxifraga porophylla</i>	Reddish Saxifrage	Val Fondillo, Val de Rose
<i>Saxifraga rotundifolia</i>	Round-leaved Saxifrage	Pesco di Lordo
<i>Saxifraga tridactylites</i>	Rue-leaved Saxifrage	Castel Mancino
<b>Scrophulariaceae</b>	<b>Figwort family</b>	
<i>Cymbalaria muralis</i>	Ivy-leaved Toadflax	widespread on rocks and walls
<i>Euphrasia</i> agg	Eyebrights	Barrea
<i>Linaria purpurea</i>	Purple Toadflax	Barrea
<i>Parentucellia latifolia</i>	Southern Red Bartsia	Val Fondillo
<i>Pedicularis hacquetii</i>	a Leafy Lousewort	Camosciara
<i>Rhinanthus alectorolophus</i>	a Greater Yellow Rattle	Val Fondillo
<i>Rhinanthus minor</i>	Yellow Rattle	widespread in meadows
<i>Scrophularia canina</i>	French Figwort	Barrea
<i>Scrophularia vernalis</i>	Yellow Figwort	Pesco di Lordo
<i>Verbascum thapsus</i>	Aaron's Rod	in tight bud only, roadsides
<i>Veronica beccabungula</i>	Brooklime	Camosciara
<i>Veronica chamaedrys</i>	Germander Speedwell	Camosciara
<i>Veronica montana</i>	Wood Speedwell	Camosciara
<i>Veronica officinalis</i>	Heath Speedwell	Val Fondillo
<i>Veronica serpyllifolia</i>	Thyme-leaved Speedwell	Val Fondillo
<i>Veronica prostrata</i>	an alpine Speedwell	Pesco di Lordo
<b>Thymeleaceae</b>	<b>Daphne family</b>	
<i>Daphne laureola</i>	Spurge Laurel	Camosciara
<b>Tiliaceae</b>	<b>Lime family</b>	
<i>Tilia platyphyllos</i>	Large-leaved Lime	Pescasseroli
<b>Ulmaceae</b>	<b>Elm family</b>	
<i>Ulmus glabra</i>	Wych Elm	widespread

Scientific name	English Name	Location and comments
<b>Valerianaceae</b>	<b>Valerian family</b>	
<i>Valeriana tuberosa</i>	Tuberous Valerian	Val Fondillo
<i>Valerianella locusta</i>	Common Cornsalad	Castel Mancino
<b>Violaceae</b>	<b>Violet family</b>	
<i>Viola arvensis</i>	Field Pansy	Pescasseroli, nr hotel
<i>Viola canina</i>	Heath Dog Violet	Monte Godi
<i>Viola riviniana</i>	Common Dog Violet	woodlands, widespread
<i>Viola tricolor ssp subalpina</i>	an upland Heartsease	Val de Rose
	<b>Liliidae - Monocotyledons</b>	
<b>Araceae</b>	<b>Arum family</b>	
<i>Arum italicum ssp neglectum</i>	Large Cuckoo Pint	Camosciara
<i>Arum maculatum</i>	Cuckoo Pint	Pescasseroli
<b>Dioscoreaceae</b>	<b>Yam family</b>	
<i>Tamus communis</i>	Black Bryony	Camosciara
<b>Iridaceae</b>	<b>Iris family</b>	
<i>Crocus vernus</i>	Spring Crocus	Val de Rose
<b>Liliaceae</b>	<b>Lily family</b>	
<i>Allium saxatile</i>	Rock Onion	Val de Rose
<i>Allium vineale</i>	Crow Garlic	Barrea
<i>Colchicum autumnale</i>	Autumn Crocus	leaves only
<i>Convallaria majus</i>	Lily-of-the-valley	leaves only
<i>Muscari comosum</i>	Tassel Hyacinth	nr Hotel
<i>Muscari neglectum</i>	Dark Grape Hyacinth	widespread in grassy areas
<i>Ornithogalum angustifolium</i>	Common Star of Bethlehem	Barrea, Castel Mancino
<i>Paris quadrifolia</i>	Herb Paris	Camosciara
<i>Polygonatum multiflorum</i>	Solomon's Seal	Val Fondillo
<i>Scilla bifolia</i>	Alpine Squill	Val de Rose
<i>Veratrum album</i>	White False Helleborine	leaves only
<b>Orchidaceae</b>	<b>Orchid family</b>	
<i>Cephalanthera damasonium</i>	White Helleborine	gardens by Hotel
<i>Cephalanthera longifolia</i>	Sword-leaved Helleborine	Camosciara
<i>Corallorhiza trifida</i>	Coralroot Orchid	Camosciara
<i>Cypripedium calceolus</i>	Lady's Slipper Orchid	Camosciara
<i>Dactylorhiza fuchsii</i>	Common Spotted Orchid	widespread
<i>Dactylorhiza sambucina -dark</i>	Elder-flowered Orchid	Monte Godi
<i>D. sambucina - yellow</i>	Elder-flowered Orchid	Monte Godi
<i>Epipactis helleborine</i>	Broad-leaved Helleborine	leaves only
<i>Gymnadenia conopsea</i>	Fragrant Orchid	orchid slopes nr Gioia Vecchio
<i>Himantoglossum adriaticum</i>	Adriatic Lizard Orchid	Barrea, Castel Mancino
<i>Neottia ovata</i>	Twayblade Orchid	Camosciara
<i>Ophrys fuciflora</i>	Late Spider Orchid	Lago Barrea
<i>Ophrys dinarica</i>	form of Late Spider Orchid	Lago Barrea
<i>Ophrys sphegodes</i>	Early Spider Orchid	nr Gioia Vecchio
<i>Ophrys scolopax</i>	Woodcock Orchid	Lago Barrea
<i>Orchis anthropophora</i>	Man Orchid	nr Monte Godi

Scientific name	English Name	Location and comments
<i>Orchis mascula</i>	Early Purple Orchid	roadsides and grassy slopes
<i>Orchis militaris</i>	Military Orchid	Val Fondillo
<i>Orchis morio</i>	Green-winged Orchid	nr Hotel
<i>Orchis ovalis</i>	form of Early Purple Orchid	nr Gioia Vecchio
<i>Orchis pallens</i>	Pale-flowered Orchid	Monte Godi
<i>Orchis purpurea</i>	Lady Orchid	Camosciara
<i>Orchis tridentata</i>	Toothed Orchid	Val Fondillo
<i>Orchis ustulata</i>	Burnt Orchid	nr Gioia Vecchio

Poaceae	Grass family	
<i>Briza media</i>	Quaking Grass	Barrea
<i>Dactylis glomerata</i>	Cock's-foot Grass	widespread
<i>Melica uniflora</i>	Wood Melick	Camosciara
<i>Poa bulbosa ssp vivipara</i>	Viviparous Meadow-grass	widespread

**Lichens of note:**

<i>Lobaria pulmonaria</i>	Tree Lungwort	Pesco di Lordo
<i>Peltigera canina</i>	Dog's-tooth Lichen	Val Fondillo

## Mammals

Common name	Scientific name	Notes
Mole sp	<i>Talpa sp</i>	Molehills seen nr Pescasseroli.
Red Fox	<i>Vulpes vulpes</i>	Seen briefly on two occasions.
Apennine Wolf	<i>Canis lupus italicus</i>	Remains found by river in Val Fondillo.
Marsican Brown Bear	<i>Ursus arctos mariscanus</i>	Seen well on two occasions from Gioia Vecchio.
Red Deer	<i>Cervus elaphus</i>	Seen every day in many locations.
Roe Deer	<i>Capreolus capreolus</i>	Seen distantly from Gioia Vecchio watchpoint.
Abruzzo Chamois	<i>Rupicapra pyrenaica ornata</i>	Seen on rocks above Val de Rose.
Wild Boar	<i>Sus scrofa</i>	Seen from Gioia Vecchio, feeding signs frequent.
Red Squirrel	<i>Sciurus vulgaris</i>	Often present in trees by hotel.
Savi's Pine Vole	<i>Microtus savii</i>	Castel Mancino - seen gathering leaves.
Brown Hare	<i>Lepus europaeus</i>	Occasional roadside sightings

## Reptiles and Amphibians

Common Toad	<i>Bufo bufo</i>	nr Hotel
Green Lizard	<i>Laderta viridis</i>	Val de Rose
Slow Worm	<i>Anguis fragilis</i>	nr Hotel

## Fish

Brown Trout	<i>Salmo trutta</i>	Val Fondillo
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## Butterflies

Dingy Skipper	<i>Erynnis tages</i>	common on sunny days
Grizzled Skipper	<i>Pyrgus malvae</i>	at Barrea and Val de Rose
Southern Scarce Swallowtail	<i>Iphiclydes podalirius</i>	Barrea
Swallowtail	<i>Papilio machaon</i>	Val de Rose
Wood White	<i>Leptidea sinapis</i>	Barrea, Val de Rose
Black-veined White	<i>Aporia crataegi</i>	nr Pescasseroli

Common name	Scientific name	Notes
Small White	<i>Pieris rapae</i>	scattered locations
Large White	<i>Pieris brassicae</i>	nr Pescasseroli
Green-veined White	<i>Pieris napi</i>	Barrea, Val de Rose
Eastern Bath White	<i>Pontia edusa</i>	Barrea
Moroccan Orange Tip	<i>Anthocharis belia</i>	Val de Rose
Orange Tip	<i>Anthocharis cardamines</i>	nr Pescasseroli
Clouded Yellow	<i>Colias crocea</i>	nr Pescasseroli
Berger's Clouded Yellow?	<i>Colias alfacariensis</i>	Val de Rose
Brimstone	<i>Gonepteryx rhamni</i>	Pesco di Lordo
Green Hairstreak	<i>Callophrys rubi</i>	Pesco di Lordo, Val de Rose
Little Blue	<i>Cupido minimus</i>	Barrea
Holly Blue	<i>Celastrina argiolus</i>	Pesco di Lordo
Baton Blue	<i>Pseudophilotes baton</i>	Val de Rose
Common Blue	<i>Polyommatus icarus</i>	Barrea
Brown Argus	<i>Aricia agestis</i>	Barrea
Painted Lady	<i>Vanessa cardui</i>	nr Pescasseroli
Queen of Spain Fritillary	<i>Issoria lathonia</i>	Castel Mancino
Wall Brown	<i>Lasiommata maera</i>	nr Pescasseroli
Small Heath	<i>Coenonympha pamphilus</i>	Barrea
Clouded Apollo	<i>Parnassius mnemosyne</i>	poss sighting - Val de Rose

### Moths

Six-spot Burnet	<i>Zygaena filipendulae</i>	Barrea
Speckled Yellow	<i>Pseudopanthera macularia</i>	scattered sites
Bordered Straw	<i>Pyrrhia umbra</i>	Barrea
Burnet Companion	<i>Euclidia glyphica</i>	Val de Rose
Small Elephant Hawk moth	<i>Deilephila porcellus</i>	Barrea
Hummingbird Hawk moth	<i>Macroglossum stellatarum</i>	Barrea
Silver Y	<i>Autographa gamma</i>	nr Hotel
Wave sp	<i>Geometridae</i>	Barrea
Latticed Heath	<i>Chiasmia clathrata</i>	nr Gioia Vecchio
Mother Shipton Moth	<i>Callistege mi</i>	Barrea

Birds (✓ = recorded but not counted; H = heard only; LO = leader only)

	Common name	Scientific name	May							
			23	24	25	26	27	28	29	30
1	Mallard	<i>Anas platyrhynchos</i>				✓				
2	Great Crested Grebe	<i>Podiceps cristatus</i>	✓							
3	Grey Heron	<i>Ardea cinerea</i>	✓							
4	Golden Eagle	<i>Aquila circaetos</i>		✓						
5	Short-toed Eagle	<i>Circaetus gallicus</i>						✓		
6	Black Kite	<i>Milvus migrans</i>								✓
7	Common Buzzard	<i>Buteo buteo</i>		✓	✓		✓	✓	✓	
8	European Honey Buzzard	<i>Pernis apivorus</i>			✓	2	✓			
9	Common Kestrel	<i>Falco tinnunculus</i>	✓			✓	✓	✓	✓	
10	Rock Dove/Feral Pigeon	<i>Columba livia</i>	✓			✓	✓			
11	Common Wood Pigeon	<i>Columba palumbus</i>		✓	✓	✓	✓	✓	✓	
12	Common Cuckoo	<i>Cuculus canorus</i>		H	H	H		H		
13	Common Swift	<i>Apus apus</i>	✓	✓		✓			✓	✓
14	Eurasian Hoopoe	<i>Upupa epops</i>		H	H			✓		
15	European Green Woodpecker	<i>Picus viridis</i>		✓						



	Common name	Scientific name	May							
			23	24	25	26	27	28	29	30
16	Great Spotted Woodpecker	<i>Dendrocopos major</i>				✓				
17	Eurasian Wryneck	<i>Jynx torquilla</i>						H	✓	H
18	Woodlark	<i>Lullula arborea</i>				✓				
19	Sand Martin	<i>Riparia riparia</i>					✓			
20	Eurasian Crag Martin	<i>Ptyonoprogne rupestris</i>				✓				
21	Barn Swallow	<i>Hirundo rustica</i>	✓	✓	✓	✓	✓	✓	✓	
22	Common House Martin	<i>Delichon urbica</i>	✓	✓	✓	✓	✓	✓	✓	
23	Water Pipit	<i>Anthus spinoletta</i>							✓	
24	Tree Pipit	<i>Anthus trivialis</i>								✓
25	White Wagtail	<i>Montacilla alba</i>				✓	✓	✓		✓
26	Grey Wagtail	<i>Montacilla cinerea</i>		✓	✓					
27	White-throated Dipper	<i>Cinclus cinclus</i>		✓						
28	European Robin	<i>Erithacus rubecula</i>	✓	✓	✓	✓			✓	
29	Common Nightingale	<i>Luscinia megarhynchos</i>				3				
30	Common Redstart	<i>Phoenicurus phoenicurus</i>	✓	✓	✓	✓	✓	✓	✓	
31	Black Redstart	<i>Phoenicurus ochruros</i>	✓	✓	✓	✓	✓	✓	✓	
32	Northern Wheatear	<i>Oenanthe oenanthe</i>		✓		✓	✓	✓		
33	Common Stonechat	<i>Saxicola torquata</i>		✓		✓				
34	Song Thrush	<i>Turdus philomelos</i>		✓				✓		
35	Mistle Thrush	<i>Turdus viscivorus</i>		✓		✓		✓		
36	Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓		✓	✓	
37	Rufous-tailed Rock Thrush	<i>Monticola saxatilis</i>				✓	✓			
38	Blackcap	<i>Sylvia atricapilla</i>	✓	✓	✓	✓	✓	✓	✓	
39	Common Whitethroat	<i>Sylvia communis</i>				✓				
40	Wood Warbler	<i>Phylloscopus sibilatrix</i>			✓	(h)	✓			
41	Western Bonelli's Warbler	<i>Phylloscopus bonelli</i>		✓	H	H	✓	✓	H	
42	Common Chiffchaff	<i>Phylloscopus colybita</i>		✓	H	✓	✓	✓		
43	Firecrest	<i>Regulus ignicapillus</i>		H	✓		✓	✓	✓	
44	Winter Wren	<i>Troglodytes troglodytes</i>			✓	✓				
45	Spotted Flycatcher	<i>Muscicarpa striata</i>		✓				✓		
46	Collared Flycatcher	<i>Ficedula albicollis</i>					✓	✓ 2		
47	Great Tit	<i>Parus major</i>	✓	✓	✓	✓	✓	✓	✓	
48	Coal Tit	<i>Pariparus ater</i>		✓	✓	✓			✓	
49	European Blue Tit	<i>Cyanistes caeruleus</i>		✓				✓	✓	
50	Marsh Tit	<i>Poecile palustris</i>		✓						
51	Eurasian Nuthatch	<i>Sitta europaea</i>		✓	✓		✓	✓		
52	Short-toed Treecreeper	<i>Certhia brachydactyla</i>			✓			✓		
53	Red-backed Shrike	<i>Lanius collurio</i>	2	✓	✓	✓ 3	✓	✓	✓	
54	Common Magpie	<i>Pica pica</i>	✓	✓		✓	✓	✓	✓	
55	Eurasian Jay	<i>Garrulus glandarius</i>	✓	✓	✓	✓	✓	✓	✓	
56	Red-billed Chough	<i>Pyrrhocorax pyrrhocorax</i>				✓				
57	Alpine Chough	<i>Pyrrhocorax graculus</i>					✓			
58	Hooded Crow	<i>Corvus cornix</i>	✓	✓	✓	✓		✓		
59	Common Starling	<i>Sturnus vulgaris</i>	✓	✓	✓	✓		✓	✓	
60	Eurasian Golden Oriole	<i>Oriolus oriolus</i>		LO	H					
61	Italian Sparrow	<i>Passer domestic italiae</i>	✓	✓	✓		✓	✓	✓	✓
62	Eurasian Tree Sparrow	<i>Passer montanus</i>	✓	✓	✓	✓	✓		✓	
63	Common Chaffinch	<i>Fringilla coelebs</i>	✓	✓	✓			✓		
64	Common Linnet	<i>Acanthus cannabina</i>				✓	✓			
65	European Goldfinch	<i>Carduelis carduelis</i>	✓	✓	✓	✓		✓	✓	
66	European Greenfinch	<i>Chloris chloris</i>			✓	✓	✓			

	Common name	Scientific name	May							
			23	24	25	26	27	28	29	30
67	European Serin	<i>Serinus serinus</i>	✓	✓	✓	✓	✓	✓	✓	
68	Eurasian Bullfinch	<i>Pyrrhula pyrrhula</i>		✓		✓	2	✓		
69	Hawfinch	<i>Coccothraustes coccothraustes</i>				LO				
70	Common Crossbill	<i>Loxia curvirostra</i>						2	3	
71	Yellowhammer	<i>Emberiza citrinella</i>				✓		H		
72	Cirl Bunting	<i>Emberiza cirlus</i>	✓	✓	✓			✓	✓	
73	Corn Bunting	<i>Miliaria calandra</i>	H			H		✓	✓	
74	Rock Bunting	<i>Emberiza cia</i>						✓		

## Naturetrek Facebook

We are delighted to launch the Naturetrek Facebook page so that participants of Naturetrek tours can remain in touch after the holiday and share photos, comments and future travel plans.

Setting up a personal profile at [www.facebook.com](http://www.facebook.com) is quick, free and easy. The [Naturetrek Facebook page](#) is now live; do please pay us a visit!