

# The Apennines: Italy's Abruzzo National Park

Naturetrek Tour Report

25th May – 1st June 2023

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*Gentiana dinarica* (endemic)



Western Green Lizards



*Zygaena oxytropis* (endemic)



Red Deer at dawn

Tour report & images by Jessica Turner



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Tour participants: Jessica Turner and Paolo Iannica (leaders) with 12 Naturetrek clients.

## Summary

This year we were very fortunate with our large mammal sightings, with two excellent views of Grey Wolves enjoying the morning sun, as well as three different Marsican Brown Bears, two of them in the middle of the day! We made the most of the unusually unsettled weather, with fine mornings tempting us out early, while stormy afternoons allowed siestas. It did mean that we were not able to do the mountain walk, but we saw Abruzzo Chamois, albeit distantly, on Monte Marsicano, and caught up with many of the fantastic alpine flowers at Passo Godi, where the Spring Gentians were stunning. Our 'plan B' day was to visit the Roman site of Alba Fucens (usually an autumn destination for us) where the orchids were amazing, and we caught up with some warmth-preferring insects such as Ascalaphids and Yellow-banded Skipper. Interestingly, Wild Boar remained elusive all week, although we saw plenty of signs of their activity. We benefited from Paolo's local knowledge and expertise, especially about the large mammals, and from the enthusiasm and spotting skills of all the group members: thank you all. We certainly encountered some of the best of the very beautiful Abruzzo National Park!

## Day 1

Thursday 25th May

### Fly Rome, transfer Pescasseroli

Seven group members met Jessica at Gatwick North Terminal for our 6.35am flight to Rome. Here we met with Paolo, our local leader from Pescasseroli, and the other five members who had travelled earlier. It took some time to sort out the vehicles, but we loaded up in warm sun and drove round the Rome ring-road, which was bright with Spanish Broom (*Spartium junceum*), Common Poppies (*Papaver rhoeas*) and Galactites (*Galactites tomentosa*). Hooded Crows and Common Swifts were seen, and a flock of Cattle Egrets were in a field. We stopped for lunch near Tivoli, enjoying tasty panini while Italian Sparrows hopped around.

The sky was very dark over the mountains, with dramatic lightning as we passed hilltop villages of the Apennine foothills, but generally we missed most of the storms. Where the motorway divided, we took the A25 south-east, past Avezzano and the flat plain, which was once Lake Fucino, the third largest in Italy but now a fertile agricultural area. We left the motorway at Pescina, dropping down into the village, where Swallows flew low along the streets, before climbing again into the hills. The road was lined with trees, mainly Downy Oak (*Quercus pubescens*) and then Beech (*Fagus sylvatica*), with bright Laburnums (*Laburnum anagyroides*) in flower. We entered the Abruzzo National Park, stopping for a leg stretch at Gioia Vecchio, where we could see the patchwork of forest, scrub and clearings. Cuckoos were calling and a Red Deer was browsing on the hillside opposite.

The rain came so we beat a hasty retreat, but it was only localised, and we drove down through the park to the little town of Pescasseroli and on to the Hotel Paradiso. We received a warm welcome from Sonia, Fabbio and

Martina and soon settled in to our rooms. We met again at 6.30pm when Paolo gave an introduction to the area and its wildlife, and Jessica outlined plans for the week. After a tasty dinner, we were all very ready for our beds.

## Day 2

Friday 26th May

### Round hotel; Camosciara

We woke to a beautiful morning and most of the group were out at 7am to explore the surroundings of the hotel. House Martins and Tree Sparrows were nesting under the roof and Serins sang from the tops of trees, glowing yellow in the sun. We also had excellent views of Firecrest and puzzled over a distant, extremely pale Wheatear that was perched up facing us, so we could not see its back or tail: it was probably Northern. We also noted a few plants, including Sand and Italian Catchflies (*Silene conica* and *S. italica*) and some very fine Giant Red Dead-nettle (*Lamium garganicum*).

After a tasty breakfast, we set off at 9am to drive down the Sangro valley to Camosciara, in the heart of the National Park. We parked up and a scan of the mountains behind revealed a few Red Deer. We first explored an area of scrub and clearings with bushes of Common Juniper (*Juniperus communis*), Wild Pear (*Pyrus*), Blackthorn (*Prunus spinosa*) and St. Lucie's Cherry (*Prunus mahaleb*). Here, we found Twayblade (*Neottia ovata*), Common Globularia (*Globularia bisnagarica*) and Nice Milkwort (*Polygala nicaeensis*) among other species, but it was very muddy, and we soon returned to the path. Under the trees we found some fine Lady Orchids (*Orchis purpurea*), the form of Early Purple Orchid with drawn-out petals and sepals (*Orchis mascula* subsp. *speciosa*) and more Twayblades, along with Reflexed Crane's-bill (*Geranium reflexum*). Butterflies included Wood White, with its fluttery flight, a Pearl-bordered Fritillary which was nectaring on Bugle (*Ajuga reptans*), Scarce Swallowtail, and a Duke of Burgundy which was only seen briefly. We also noted Green Longhorn moths round a shrub, and Field Crickets provided a constant chorus, along with Common Chiffchaff, Eurasian Blackcap, Blackbird and Song Thrush. A Common Wall Lizard was basking on a stone pillar. As we reached a more open area we enjoyed the stunning scenery, and another hillside scan revealed a herd of about a hundred Red Deer.

Along the fast-flowing river Scerto, we found Bird's-nest Orchids (*Neottia nidus-avis*), Sword-leaved Helleborine (*Cephalanthera longifolia*), and there was Lady's-slipper Orchid (*Cypripedium calceolus*) with two flowers, but only in bud. There was also Herb-Paris (*Paris quadrifolia*), Columbine (*Aquilegia vulgaris*), the leaves of Hepatica (*Hepatica nobilis*), Shrubby Milkwort (*Polygaloides chamaebuxus*) and Apennine Lungwort (*Pulmonaria apennina*). Large Stoneflies were flying clumsily. We enjoyed our picnic which included local wines and cheese (one being a Pecorino from the neighbouring village of Opi) with Monte Camosciara towering above us.

Refreshed, we then took a smaller path to two waterfalls, the Cascata de Tre Canale and the Cascata delle Ninfe, both of which were carrying a lot of water with the wet spring. En route we found a tiny spike of Coralroot Orchid (*Corallorhiza trifida*), the endemic Trumpet Gentian *Gentiana dinarica* and Bear's-ears (*Primula auricula*). We retraced our steps back down the valley, finding two lots of Wolf scat: one old, full of probable Hare hair, the other new with Wild Boar hair. Some of the group also saw a Red Squirrel, chocolate-brown here.

We returned in time for a break and to update our checklists. After an early dinner, we went out again at 7pm, to drive back up to Gioia Vecchio to scan for mammals. However, the valley was quiet, with several Red Deer stags, one hind and a couple of Roe Deer, one of which could be heard barking. We listened to the chorus of Cuckoos and Crickets as the sun set behind the mountains, agreeing it had been a great first day.

## Day 3

Saturday 27th May

### Ortona & Aschi / Gioia Vecchio; Val Fondillo

Some of the group were out at 5am with Paolo, driving down to the village of Ortona on the northern edge of the park. From a viewpoint in this hilltop village, they scanned the slopes opposite, seeing two or three Grey Wolves moving through the landscape. They were able to watch them for almost an hour as they enjoyed the morning sun. There were many Red Deer hinds in the area with fawns, but the Wolves were apparently ignoring them, although the deer were keeping watch on the carnivores. They also saw several Roe Deer and a Hare, probably a European Hare rather than Italian, a Turtle Dove and a Grey Heron. Meanwhile, Jessica took three group members out at 6am to Gioia Vecchio, which was again very quiet, but we enjoyed the morning sun on the stags and Roe Deer. We also saw Common Buzzard and two Northern Raven, and as we returned, we saw a Red Deer hind just by the road, and a Red-backed Shrike.

After a 9am breakfast, we left for our next destination of Val Fondillo, the valley next door to Camosciara, but very different. All seemed quiet on Monte Marsicano behind us, but at our feet were Green-winged Orchids (*Anacamptis morio*), Toothed Orchids (*Neotinea tridentata*) and Late Spider Orchids (*Ophrys holosericea*), and we also noted a Grass Eggar caterpillar. A steep and sunny slope produced Red-underwing Skipper and Adonis Blues among other butterflies, metallic green Rose Chafers and the large Violet Carpenter Bees, as well as more Late Spider Orchids. A meadow held Dark Grape Hyacinths (*Muscari neglectum*) and a black-and-red Hister Beetle species battling with a large beetle grub, while a wet area held Early Purple Orchids (*Dactylorhiza incarnata*) and a Duke of Burgundy butterfly. Plants on a bank included the pretty blue Speedwell *Veronica orsiniana* and Yellow Milkwort (*Polygala flavescens*), both restricted to central Italy, and Ground Pine (*Ajuga chamaepitys*), which is very rare in the UK. We walked across the valley, noting many butterflies, including common and Berger's Clouded Yellows, Green Hairstreak, Dingy Skipper, Queen of Spain Fritillary, Painted Lady and Baton Blue, and plants including the delightful endemic Pansy *Viola engeniae*, Hairy Broom (*Chamaecytisus hirsutus*), Meadow Saxifrage (*Saxifraga granulata*) and Hoary Rock-rose (*Helianthemum canum*). We were pleased to eat our picnics and rest in the shade of the trees, with Western Bonelli's Warbler singing. Nearby were some beautiful Trumpet Gentians, but sadly, we were unable to locate the usual Red-backed Shrikes.

We dropped down to the main path by the river, with a large boulder holding the endemic Reddish Saxifrage (*Saxifraga porophylla*), and nearby we found Military Orchid (*Orchis militaris*) just coming out. Colorado Beetle was on Deadly Nightshade (*Atropa belladonna*). We crossed the stream on the new suspension bridge (the old bridge having been washed away) and explored the meadows on the other side, enjoying their beauty and the scent of Horseshoe Vetch (*Hippocrepis comosa*). We watched a pair of Western Green Lizards under a bush, noting the male's

blue throat. Feeling fairly tired after our early start, we were pleased to retrace our steps and refresh ourselves with cold drinks and ice creams before returning to the hotel.

After a break we met on the sun terrace to update our checklists, with a Wryneck calling nearby.

## Day 4

Sunday 28th May

### Val Fondillo; La Difesa and Vallone Pesco di Lordo

The weather forecast today was for a fine morning with storms later, so we wanted to make the best of the good weather. Accordingly, most of the group were out at 5.15am to drive back to Val Fondillo, to scan the slopes of Monte Marsicano. There was thick mist around Opi, so we were unable to see the meadows there, but the mountains were clear, although the light was quite difficult. We had some poor views of Apennine (also known as Abruzzo) Chamois grazing high on the slopes, when Paolo saw movement further down – a Marsican Brown Bear! It was large and quite pale, a female, walking slowly and moving across the mountain, sometimes disappearing behind vegetation but then reappearing, and we were able to watch her for some time. Wonderful! As the sun lit the mountain, we saw some of the Chamois silhouetted against the horizon, with much clearer, though very distant views. Birds included Common Redstart, White Wagtail, Mallard and Heron. We moved on to scan from Opi plains, with the mist having burnt off. Here we saw Red Deer hinds with fawns, heard a very close Roe buck and listened to, but could not locate, Corn Bunting. We returned to the hotel for breakfast at 8.30am.

After breakfast, we took the short drive to La Difesa, the ancient Beech forest near to the hotel. As we left the vehicles, we had lovely views of a Red-backed Shrike, and a sunny bank held Glanville Fritillary, Dingy Skipper, Small Heath and Common Blue. Two Hoopoes could be heard calling but were not seen. Under the trees we noted Sweet Woodruff (*Galium odoratum*), Snowdrop leaves and seed capsules (*Galanthus nivalis*) and Round-leaved Saxifrage (*Saxifraga rotundifolia*), among other species, and Coralroot Bitter-cress (*Cardamine bulbifera*) was flowering well. We enjoyed the light filtering through the new green Beech foliage and the mosses and ferns covering the roots and rocks. At water troughs in an open area, Paolo explained about the *transumanza*, when shepherds took the sheep down to Puglia for the winter months. A Blue Tit was nesting in a hole in a wall.

We turned off the main track into the Vallone Pesco di Lordo, which opened out to give views of the mountains. Here we found the endemic Marsican Iris (*Iris marsica*) flowering beautifully, along with the pretty, large flowered, Crane's-bill *Geranium austroapenninum*. Another Western Green Lizard was under a bush, and Red-backed Shrike was seen more distantly. As we walked back down, the black clouds were building, and most of us just reached the vehicles as the rain started. We returned to the hotel for the picnic as the rain beat down outside. Afterwards, most retired for a siesta, with a free afternoon, some venturing out as the rain eased. We met indoors at 6.30pm to update our lists and enjoy another tasty meal before an early night.

## Day 5

Monday 29th May

### Villalago; Scanno; Passo Godi; Lago di Barrea

One of the 'confident' bears, Amarena, has two cubs this year and has been coming out into the meadows just on the edge of the village of Villalago. She is particularly monitored as she does go into villages; the positive side to this behaviour is that it protects the cubs from the dangers of any male bear, which could attack them. This morning we all left at 5am, for the 1¼-hour drive down the Sangro valley to Villetta Barrea, over Passo Godi and through Scanno. We turned off by the Lago di Scanno to take the back road into Villalago, seeing good numbers of Red Deer. We parked and walked to a viewing area on the edge of the village, overlooking the meadows. Nightingale was singing loudly amidst the other birds, and we had good views of Black Redstart. We had a packed breakfast which we enjoyed in the morning sun. However, although we waited for over two hours, there was no sign of the bears. (The previous days she had usually come out about 8am, but that day she chose to appear at 3.30pm.) Having bought bread hot from the oven from the little bakery opposite the parking area, we drove back round the lake and up to Scanno. Here there was time for coffee and to explore this charming town, while the leaders shopped for the rest of the picnic.

We regrouped to drive back up to the Passo Godi, at 1630 metres above sea level. Here we explored the track and the adjacent hill slopes, enjoying the fact that the forecast rain had not yet materialised. On the lower slopes was the endemic Spurge *Euphorbia gasparrinii* subsp. *samniticum*, while higher up we started to find alpine species, including the beautiful blue Spring Gentians (*Gentiana verna*), the endemic species of Alpine Wood Forget-me-not *Myosotis grani*, the endemic blue Tenore's Bugle (*Ajuga tenorei*), the leaves of the endemic *Achillea virescens* subsp. *tenorei*, the yellow endemic Cinquefoil *Potentilla rigoana*, pink Tuberous Valerian (*Valeriana tuberosa*), blue Mountain Milkwort (*Polygala alpestris*), *Daphne oleoides*, not yet in flower, and many others. There were orchids here too: the lemon-yellow Pale-flowered Orchid (*Orchis pallens*) and Elder-flowered Orchids (*Dactylorhiza sambucina*) in both magenta and lemon, with one flower spike an intermediate salmon colour. Birds included Yellowhammer, Rock Bunting, a probable Blue Rock Thrush and a possible Eastern Black-eared Wheatear, which disappeared before identification could be confirmed. Some scrambled up the adjacent slope, finding Burnt Orchids (*Neotinea ustulata*), a spike of Early Spider Orchid (*Ophrys sphegodes*) and Sparse-flowered Orchid (*Orchis pauciflora*), as well as the tiny *Paromychia kapela*, with its silvery bracts like little finger nails. A notable butterfly was Provence Orange Tip. The sky was very dark to the south and thunder was rumbling, so we made a hasty retreat to the vehicles. There had been recent heavy rain as we drove on, but we were fortunate and were able to stop to look at a road bend which added Man Orchids (*Orchis anthropophora*) as well as the Milkwort *Polygala major* and more Late Spider Orchids.

We drove down to the Lago di Barrea and along to the bridge across the water, stopping at a bar on the waterside where the owner kindly gave us permission to have our picnic under cover. We enjoyed the usual delicious spread (a really juicy melon today), and bought coffees etc. We also took time to explore the area, noting the Carp in the lake and finding White Helleborine (*Cephalanthera damasonium*) flowering well and a Provençal Short-tailed Blue butterfly. We arrived back at the hotel at 3pm, again seeing evidence of recent torrential rain, although it was now

fine. The rest of the afternoon was free, and some walked into town or up the hill behind the hotel, seeing Honey Buzzard and hearing Wryneck. We met again at 6.30pm to update the lists and had dinner at 7.30pm.

## Day 6

Tuesday 30th May

### Il Templo; Alba Fucens; Petrella Liri

Due to the very unsettled weather, we were not able to do the mountain walk in the Val di Rose, so instead today, we descended to the plain, which was Lake Fucino, to visit the Roman site of Alba Fucens, north of Avezzano. We had a relative lie-in this morning, with breakfast at 7am and a departure at 8am, again to make the most of the fine weather before the forecast lunchtime rain. We drove up the valley from Pescasseroli, taking the road towards Bisegna. Our first stop was at the meadows called Il Templo, where Turtle Dove and Skylark were heard, and Corn Bunting was seen. On the meadow edge were swathes of Early Purple Orchids (*Orchis mascula* subsp. *speciosa*), but closer inspection showed that some of them had a yellow centre to the lip with red spots, and one was pale salmon-coloured, showing hybridisation with Sparse-flowered Orchids (*Orchis pauciflora*), although we didn't see any of the latter in flower (they tend to be a little later). The hybrids are recognised as *Orchis* × *colemanii*.

We carried on down through the villages, passing Ortona, from where we had seen the Wolves, through Pescina and across the plain, seeing Common Buzzard en route. We then turned north to reach Alba Fucens. We parked in the little square and started to explore the route towards the amphitheatre. There was a mass of Sainfoin (*Onobrychis viciifolia*) which was alive with butterflies, mainly Silver-studded Blues, and also Spotted Fritillaries. We also saw Small Copper, Marsh Fritillary, Common and Adonis Blues. Orchids here included some fine Adriatic Lizard Orchids (*Himantoglossum adriaticum*), Dark Ophrys (*Ophrys sphegodes* subsp. *atrata*), and Early and Late Spider Orchids (*Ophrys sphegodes* and *O. holosericea*), while other plants included Bean Broomrape (*Orobanche crenata*) and Bedstraw Broomrape (*O. caryophyllacea*). The hedges included St. Lucie's Cherry (*Prunus mahaleb*) with webs of Orchard Ermine caterpillars, and Spindle (*Euonymus europaea*), with webs of Spindle Ermine caterpillars. We eventually made our way to the well-preserved amphitheatre, and Paolo explained a little of the history of this Roman border town. An area of ruined buildings nearby was a mass of Wild Thyme (*Thymus oenipontanus*), with many spikes of Thyme Broomrape (*Orobanche alba*), as well as Yellow Milkwort (*Polygala flavescens*), with Green Hairstreak and Berger's Clouded Yellow butterflies, and an endemic Burnet moth *Zygaena oxytropis*. As we walked around the top of the amphitheatre, we noted Italian Wall Lizard, some enormous dark earthworms and the strange-looking insects Ascalaphids, as well as a spike of Rampion Bellflower (*Campanula rapunculus*), Musk Thistle (*Carduus nutans*) and Woad (*Isatis tinctoria*).

Dropping down behind the amphitheatre, the rough ground held another abundance of orchids, with Man Orchid (*Orchis anthropophora*) and Bertoloni's Bee Orchid (*Ophrys bertolonii*) being new for the day, along with a spike of Lesser Butterfly Orchid (*Platanthera bifolia*). Butterflies here included Yellow-banded Skipper (a new species for the trip) and Turquoise Blue. We slowly made our way back round, hearing Bee-eaters but not seeing them. There was then time to explore the other section of ruins, with streets and more buildings. Nightingale was heard and Black Redstart seen well, among the birds. The owner of the café in the square kindly let us eat our picnic under the

outside awning, which we were glad to do as, almost as soon as we got there, the heavens opened, torrential rain fell, and thunder crashed overhead.

Eventually it became lighter, and we headed for the minibuses to drive to our next destination, some cliffs near Petrella Liri. Griffon Vultures, having been reintroduced to the Sirente-Velino National Park to the north, have naturally expanded their range here, with a breeding colony of 15+ birds. It was still raining, but quite lightly, and we were able to shelter under the tailgate doors of the minibuses. Most of the birds were facing inwards, sheltering from the rain, but we had some good views, especially when a couple of the birds took flight along the cliff. Crag Martins were also flying along the cliffs. We drove back across the middle of the plain, noting the fertile soil and range of vegetables and cereals being grown, before winding our way back up into the mountains. Visibility was poor when we reached Gioia Vecchio, so we didn't stop, but headed onwards towards Pescasseroli. A Red Fox was by the road and gave excellent views before disappearing into the trees.

## Day 7

Wednesday 31st May

### Ortona & Aschi; Pescasseroli; Camosciara

This was our last day, and we wanted to make the most of it. Consequently, most of the group were out at 5am, to return to Ortona and Aschi, in search of Wolves. We left the mist behind and entered another beautiful morning, driving to a viewpoint on the edge of Ortona village, from where we scanned the slopes opposite. There were a few Red and Roe Deer, but the highlight from here was a very distant, but clear, view of a Rock Partridge, perched on a rock on the top of the hill: a bird rarely seen here. We then moved to a spot just outside the village of Aschi. Here there were far more Red Deer as well as several Roe Deer and we were thrilled to see a Grey Wolf, closer than on the previous occasion. It trotted steadily across the hillside, sometimes disappearing in a gully or behind vegetation, the reappearing again, giving great views in the morning sun until it vanished over the hill. Also here, a Black Kite was perched on a fence post, this is not a species seen higher up in the park, and a group of Swifts were over the village. Finally, we moved down the road to a third viewpoint. There were Wolf footprints in the mud and a very old scat, full of hair. Here, we saw a further two Black Kites, as well as the one from the previous site, which flew to join them. A Bonelli's Warbler was singing nearby.

We returned for breakfast at 8.30am, meeting again at 9.30 to spend some time in Pescasseroli, with opportunities to look round the weekly market as well as the old part of the town. We then drove down the valley to Camosciara, in order to revisit the Lady's-slipper Orchids, to see if the buds had opened. We decided to take the road train up the valley to the spot and to walk back. While Paolo was arranging with for the driver to come, Jessica was scanning the hillsides – and on the slopes of Monte Marsicano was a large, dark-coloured male Bear! He was wandering across the open hillside, and all those present had good scoped views. An amazing and unexpected sight at 11am! He dropped down into the forest, disappearing from sight.

We took the train, being dropped near where the orchids were along the river. Today they were flowering beautifully. Nearby, on the far side of the river, we also saw Camosciara Butterwort (*Pinguicula vallis-regiae*), known



only from these central valleys in Abruzzo, and Thore's Buttercup (*Ranunculus thora*), with its enormous kidney-shaped leaf. We also had excellent, prolonged views of a Large Tortoiseshell butterfly basking on the road, and well as seeing Duke of Burgundy and Southern Grizzled Skipper. Well-satisfied, we wandered back down to the car park. As we were gathering, Paolo used the scope to scan the mountainside again – and there was another Marsican Brown Bear! This time, we were all present to see her – what a finale! This was a smaller, paler female named Jacomena who wears a collar as she can be 'confident'. She was in the same area as the male we had seen earlier: at this time of year, the males track the females, in order to mate.

Delighted, we boarded the minibuses as the rain came, so we had our picnic back in the shelter of the hotel lounge. Afterwards there was free time, for a siesta. The rain eased for a while in the afternoon, and some ventured out for a walk, reporting among other sightings, two different Red-backed Shrikes and the calling Wryneck. We were going to go out again in the evening, but the rain was heavier and the visibility extremely poor, so there was no point. Instead, we completed our lists and discussed the week before a final delicious dinner.

## Day 8

Thursday 1st June

### Return to Rome

This morning we had to leave the delightful surroundings of the park. After breakfast at 6.30am, we left at 7.30, thanking Sonia and her team who had looked after us so well. Again, it was misty round the town, but we soon climbed above it, taking the Bisegna road and enjoying the views back down the valley. A Hoopoe was on the road at Il Templo and flew off up the hillside: our first sighting of the species in the week. A Red Squirrel was also spotted, as well as a couple of Common Buzzards. We had a smooth journey back to Rome, dropping the group at the airport in good time. Some were staying on in the city, and Lucy was travelling home by train. As we said our farewells, we agreed that we had enjoyed an excellent week in Abruzzo.

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## Species lists

Birds (H = Heard only, LO = Leader Only)

Common name	Scientific name	May-June							
		25	26	27	28	29	30	31	1
Mallard	<i>Anas platyrhynchos</i>	✓			✓	✓	✓		
Rock Partridge	<i>Alectoris graeca</i>							✓	
Great Crested Grebe	<i>Podiceps cristatus</i>					✓			
Grey Heron	<i>Ardea cinerea</i>			✓	✓		✓		
Western Cattle Egret	<i>Bubulcus ibis</i>	✓							
European Honey Buzzard	<i>Pernis apivorus</i>					✓		✓	
Griffon Vulture	<i>Gyps fulvus</i>						✓		
Black Kite	<i>Milvus migrans</i>							✓	
Common Buzzard	<i>Buteo buteo</i>	✓		✓	✓	✓	✓	✓	
Eurasian Coot	<i>Fulica atra</i>					✓			
Yellow-legged Gull	<i>Larus michahellis</i>	✓							
Rock Dove/Feral Pigeon	<i>Columba livia</i>	✓		✓	✓	✓	✓	✓	
Common Wood Pigeon	<i>Columba palumbus</i>		✓	✓	✓	✓	✓	✓	
European Turtle Dove	<i>Streptopelia turtur</i>			✓			H		
Eurasian Collared Dove	<i>Streptopelia decaocto</i>						✓	✓	
Common Cuckoo	<i>Cuculus canorus</i>	H	H	H	H	H	H	H	
Common Swift	<i>Apus apus</i>	✓				H		✓	
European Bee-eater	<i>Merops apiaster</i>						H		
Eurasian Hoopoe	<i>Upupa epops</i>			H	H		H	H	
Eurasian Wryneck	<i>Jynx torquilla</i>			H	H	H	H	H	
Great Spotted Woodpecker	<i>Dendrocopos major</i>					✓		✓	
European Green Woodpecker	<i>Picus viridis</i>			H					
Common Kestrel	<i>Falco tinnunculus</i>		✓			✓			
Red-backed Shrike	<i>Lanius collurio</i>		✓	✓	✓		✓		
Eurasian Jay	<i>Garrulus glandarius</i>	✓		✓		✓			
Common Magpie	<i>Pica pica</i>	✓	✓	✓	✓	✓	✓	✓	
Hooded Crow	<i>Corvus cornix</i>	✓	✓	✓	✓	✓	✓	✓	
Northern Raven	<i>Corvus corax</i>	✓		✓	H	✓	✓		
Coal Tit	<i>Parus ater</i>		H	H	H	H			
Eurasian Blue Tit	<i>Cyanistes caeruleus</i>		✓	✓	✓	✓	✓	✓	
Great Tit	<i>Parus major</i>		✓	✓	✓	✓	✓	✓	
Eurasian Skylark	<i>Alauda arvensis</i>						H		
Barn Swallow	<i>Hirundo rustica</i>	✓	✓	✓	✓	✓	✓	✓	
Eurasian Crag Martin	<i>Ptyonoprogne rupestris</i>						✓		
Common House Martin	<i>Delichon urbicum</i>		✓	✓	✓	✓	✓	✓	
Common Chiffchaff	<i>Phylloscopus collybita</i>	H	H	H	H	H	H	H	
Western Bonelli's Warbler	<i>Phylloscopus bonelli</i>			H	H			H	
Eurasian Blackcap	<i>Sylvia atricapilla</i>	H	H	✓	H	✓	✓	H	
Garden Warbler	<i>Sylvia borin</i>				H	H	H		
Common Firecrest	<i>Regulus ignicapillus</i>		✓						
Eurasian Wren	<i>Troglodytes troglodytes</i>		H	H	H	H	H		
Eurasian Nuthatch	<i>Sitta europaea</i>		H					H	
Common Starling	<i>Sturnus vulgaris</i>		✓	✓	✓	✓	✓	✓	
Common Blackbird	<i>Turdus merula</i>	H	✓	✓	✓	✓	✓	✓	
Song Thrush	<i>Turdus philomelos</i>		H	H	H	✓		H	
European Robin	<i>Erithacus rubecula</i>	H	✓	✓	✓	✓	✓	✓	
Common Nightingale	<i>Luscinia megarhynchos</i>					H	H		

Black Redstart	<i>Phoenicurus ochrurus</i>		✓		✓	✓	✓	✓	
Common Redstart	<i>Phoenicurus phoenicurus</i>			✓	✓	✓			
European Stonechat	<i>Saxicola torquata</i>					H			
Northern Wheatear	<i>Oenanthe oenanthe</i>		✓			✓			
Black-eared Wheatear	<i>Oenanthe hispanica</i>					?			
Blue Rock Thrush	<i>Monticola solitarius</i>					?			
White-throated Dipper	<i>Cinclus cinclus</i>							LO	
Italian Sparrow	<i>Passer italiae</i>	✓	✓	✓	✓	✓	✓	✓	
Eurasian Tree Sparrow	<i>Passer montanus</i>		✓	✓	✓	✓	✓	✓	
Grey Wagtail	<i>Montacilla cinerea</i>				✓			✓	
White Wagtail	<i>Montacilla alba</i>		✓	✓	✓	✓	✓	✓	
Tree Pipit	<i>Anthus trivialis</i>					H			
Common Chaffinch	<i>Fringilla coelebs</i>	H	✓	✓	✓	✓	✓	✓	
European Greenfinch	<i>Chloris chloris</i>		H	✓	✓	✓	✓		
Red Crossbill	<i>Loxia curvirostra</i>					H			
European Goldfinch	<i>Carduelis carduelis</i>		✓	✓	✓	✓	✓	✓	
European Serin	<i>Serinus serinus</i>		✓	✓	✓	✓	✓	✓	
Corn Bunting	<i>Miliaria calandra</i>				H	H	✓	✓	
Yellowhammer	<i>Emberiza citrinella</i>				✓		H		
Rock Bunting	<i>Emberiza cia</i>				✓				

## Mammals (S = Signs, D = Dead)

Mole	<i>Talpa sp.</i>				S	S			
Red Fox	<i>Vulpes vulpes</i>		✓		✓	S	✓	✓	
Grey Wolf	<i>Canis lupus</i>		S	✓				✓	
Beech Marten	<i>Martes foina</i>					D			
Red Deer	<i>Cervus elaphus</i>		✓	✓	✓	✓		✓	
Roe Deer	<i>Capreolus capreolus</i>		✓	✓	H			✓	
Apennine or Abruzzo Chamois	<i>Rupicapra pyrenaica ornata</i>				✓				
Wild Boar	<i>Sus scrofa</i>		S	S	S	S		S	
Italian Hare	<i>Lepus corsicanus</i>								
European Hare	<i>Lepus europaeus</i>		S	✓				✓	
Red Squirrel	<i>Sciurus vulgaris</i>		✓						
Marsican Brown Bear	<i>Ursus arctos marsicanus</i>			S	✓			✓	
Vole sp.				S					

## Reptiles &amp; Amphibians

Common Toad	<i>Bufo bufo</i>					✓	✓	✓	
Western Green Lizard	<i>Lacerta bilineata</i>		✓	✓	✓		✓		
Common Wall Lizard	<i>Podarcis muralis</i>		✓	✓				✓	
Italian Wall Lizard	<i>Podarcis sicula</i>						✓		

## Fish

Common Carp	<i>Cyprinus carpio</i>					✓			
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## Butterflies (C = Caterpillar)

Common name	Scientific name	May-June							
		25	26	27	28	29	30	31	1
Scarce Swallowtail	<i>Iphiclides podalirius</i>		✓	✓			✓		
Large White	<i>Pieris brassicae</i>		✓	✓		✓	✓	✓	
Small White	<i>Pieris rapae</i>		✓	✓	✓	✓	✓	✓	
Green-veined White	<i>Pieris napi</i>			✓		✓		✓	
Orange Tip	<i>Anthocharis cardamines</i>		✓	✓	✓		✓	✓	
Provence Orange Tip	<i>Anthocharis euphenoides</i>					✓			
Clouded Yellow	<i>Colias crocea</i>			✓	✓	✓		✓	
Berger's Clouded Yellow	<i>Colias alfacariensis</i>			✓			✓	✓	
Brimstone	<i>Gonepteryx rhamni</i>		✓	✓					
Wood White	<i>Leptidea sinapis</i>		✓	✓		✓	✓	✓	
Green Hairstreak	<i>Callophrys rubi</i>			✓			✓		
Small Copper	<i>Lycaena phlaeas</i>		✓				✓		
Provençal Short-tailed Blue	<i>Cupido alcetas</i>					✓			
Baton Blue	<i>Pseudophilotes baton</i>			✓					
Silver-studded Blue	<i>Plebejus argus</i>						✓		
Brown Argus	<i>Aricia agestis</i>						✓		
Turquoise Blue	<i>Polyommatus dorylas</i>						✓		
Adonis Blue	<i>Polyommatus bellargus</i>			✓			✓		
Common Blue	<i>Polyommatus icarus</i>			✓	✓	✓	✓	✓	
Duke of Burgundy	<i>Hamearis lucina</i>		✓	✓				✓	
Large Tortoiseshell	<i>Nymphalis polychloros</i>							✓	
Peacock Butterfly	<i>Aglais (Inachis) io</i>			✓					
Red Admiral	<i>Vanessa atalanta</i>		✓	✓	✓				
Painted Lady	<i>Vanessa cardui</i>			✓	✓				
Small Tortoiseshell	<i>Aglais urticae</i>			✓	C	✓			
Pearl-bordered Fritillary	<i>Boloria euphrosyne</i>			✓					
Knapweed Fritillary	<i>Melitaea phoebe</i>		✓						
Glanville Fritillary	<i>Melitaea cinxia</i>				✓		✓		
Spotted Fritillary	<i>Melitaea didyma</i>						✓	✓	
Marsh Fritillary	<i>Euphydryas aurinia</i>						✓		
Meadow Brown	<i>Maniola jurtina</i>						✓		
Small Heath	<i>Coenonympha pamphilus</i>		✓	✓	✓	✓	✓	✓	
Speckled Wood	<i>Pararge aegeria</i>		✓	✓				✓	
Southern Grizzled Skipper	<i>Pyrgus malvoides</i>							✓	
Safflower Skipper	<i>Pyrgus carthami</i>							✓	
Yellow-banded Skipper	<i>Pyrgus sidae</i>						✓		
Red-underwing Skipper	<i>Spialia sertorius</i>			✓					
Dingy Skipper	<i>Erynnis tages</i>			✓	✓	✓		✓	
Lulworth Skipper	<i>Thymelicus acteon</i>								

## Moths:

Green Longhorn	<i>Adelia reaumurella</i>		✓						
Mint Moth	<i>Pyrausta aurata</i>			✓					
Wavy-barred Sable	<i>Pyrausta nigrata</i>			✓	✓				
Grass-moth spp	<i>Crambidae sp.</i>			✓					
Dock Forester	<i>Adscita mannii</i>						✓		
Six-spot Burnet	<i>Zygaena filipendulae</i>					C			
An endemic Six-spot Burnet	<i>Zygaena oxytropis</i>						✓		
Grass Eggar	<i>Lasiocampa tricolor</i>			C					

Eastern Eggar	<i>Eriogaster catax</i>		C						
Franconian Lackey	<i>Malacosoma franconica</i>			C					
Humming-bird Hawk-moth	<i>Macroglossum stellatarum</i>						✓		
Blood-vein	<i>Trimandra comae</i>			✓					
Common Carpet	<i>Epirrhoe alternata</i>					✓			
Latticed Heath	<i>Chiasmia clathrata clathrata</i>					✓			
Common Heath	<i>Ematurga atomaria</i>					✓	✓		
Beautiful Marbled	<i>Eublemma purpurina</i>						✓		
Small Yellow Underwing	<i>Panemeria tenebrata</i>						✓		
Silver Y	<i>Autographa gamma</i>			✓					

## Other Invertebrates (N = Nymph, LC = Larval Case, H = Heard)

Stonefly	Perlidae		✓	N	N				
Stonefly	Nemuridae			✓					
Field Cricket	<i>Gryllus campestris</i>	H	✓	H	✓	H	H	H	
Down Shieldbug (metallic blue)	<i>Canthophorus impressus</i>			✓					
Lined Shieldbug	<i>Graphosoma lineatum</i> ssp. <i>italicum</i>				✓				
Dock Bug	<i>Coreus marginatus</i>					✓			
Hairy Shieldbug	<i>Dolycoris baccarum</i>			✓					
Rhomboid Leatherbug	<i>Syromastes rhombeus</i>				✓				
Golden Egg Bug	<i>Phyllomorpha laciniata</i>				✓				
Black-and-Red Bug	<i>Lygaeus equestris</i>		✓						
Red & black Ground Bug	<i>Spilostethus saxatilis</i>					✓			
Assassin Bug	<i>Rhinocoris iracundus</i>				✓				
Striped Oak Bug (Miridae)	<i>Rhabdomiris striatellus</i>							✓	
Red and black Froghopper	<i>Cercopis vulnerata</i>			✓			✓		
Ascalaphid	<i>Libelloides coccajus</i>						✓		
Scorpion Fly	<i>Panorpa</i> sp. (cf. <i>communis</i> )					✓			
Caddis Fly	Trichoptera			LC	LC				
Bee Fly	<i>Bombylius</i> cf. <i>major</i>		✓						
Dotted Beefly	<i>Bombylius medius</i>			✓					
Noon Fly	<i>Mesembrina meridiana</i>					✓			
Violet Carpenter Bee	<i>Xylocopa violacea</i>			✓					
Honey Bee	<i>Apis mellifera</i>		✓	✓			✓		
Buff-tailed Bumblebee	<i>Bombus terrestris</i>			✓			✓		
Red-tailed Bumblebee	<i>Bombus lapidarius</i>			✓					
Common Carder Bee	<i>Bombus pascuorum</i>		✓	✓			✓		
Red-breasted Carrion Beetle	<i>Oiceoptoma thoracicum</i>			✓					
A Clown Beetle	<i>Hister quadrimaculatus</i>			✓					
Green Tiger Beetle	<i>Cicindela campestris</i>			✓					
Rose Chafer	<i>Cetonia aurata</i>			✓					
A Pollen Chafer	<i>Oxythyria funesta</i>						✓		
A Soldier Beetle (heart mark)	<i>Cantharis rustica</i>		✓	✓					
A Soldier Beetle	<i>Silis ruficollis</i>			✓					
Red-headed Cardinal Beetle	<i>Pyrochroa serraticornis</i>		✓	✓					
Black-headed Cardinal Beetle	<i>Pyrochroa coccinea</i>					✓			
Beehive Beetle (red & black)	<i>Trichodes alvearius</i>			✓					
7-Spot Ladybird	<i>Coccinella 7-punctata</i>		✓	✓	✓	✓			
2-Spot Ladybird	<i>Adalia bipunctata</i>						✓		
Cream-spot Ladybird	<i>Calvia 14-guttata</i>							✓	
Four-spotted Leaf Beetle	<i>Clytra quadripunctata</i>					✓			
Leaf Beetle (black w red margin)	<i>Chrysolina rossia</i>		✓						

Mint Leaf Beetle	<i>Chrysolina herbacea</i>			✓					
Colorado Beetle	<i>Leptinotarsa decemlineata</i>			✓					
Crab Spider sp.					✓				
Red-bellied Jumping Spider	<i>Philaeus chrysops</i>				✓				
Green Huntsman Spider	<i>Micrommata virescens</i>					✓			
Freshwater Shrimp sp.					✓				
Galls:									
on Red Valerian caused by	<i>Trioza centranthi</i>					✓			
Beech caused by gall midge	<i>Mikiola fagi</i>							✓	

## Plants

Scientific name	Common name	T L	Location
Nomenclature contained within this list follows Plants of the World Online (POWO), an internationally accepted database of vascular plant families published by the Royal Botanic Gardens, Kew.			
<b>PTERIDOPHYTES</b>	<b>FERNS &amp; ALLIES</b>		
<b>Leptosporangiate Ferns</b>	<b>True Ferns</b>		
<b>Aspleniaceae</b>	<b>Spleenwort Family</b>		
<i>Asplenium ceterach</i>	Rusyback	3	Val Fondillo
<i>Asplenium ruta-muraria</i>	Wall Rue	3	Val Fondillo
<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	3	Val Fondillo
<b>Cystopteraceae</b>	<b>Bladder-fern Family</b>		
<i>Cystopteris fragilis</i>	Brittle Bladder-fern	4	La Difesa
<b>Polypodiaceae</b>	<b>Polypody Family</b>		
<i>Polypodium vulgare</i> agg.	Common Polypody	4	La Difesa
<b>GYMNOSPERMS</b>	<b>CONIFERS</b>		
<b>Cupressaceae</b>	<b>Juniper Family</b>		
<i>Juniperus communis</i>	Common Juniper	1	Near hotel
<b>Pinaceae</b>	<b>Pine Family</b>		
<i>Abies alba</i>	Silver Fir	4	Val Fondillo
<i>Pinus mugo</i>	Dwarf Mountain Pine	5	Passo Godi
<i>Pinus nigra</i> subsp. <i>italica</i> *	Villetta Barrea Black Pine	2	Camosciara
<i>Pinus nigra</i> subsp. <i>nigra</i>	Austrian or Black Pine	5	Nr Villetta Barrea
<i>Pinus pinea</i>	Umbrella Pine	1	Near Rome
<b>ANGIOSPERMS</b>	<b>FLOWERING PLANTS</b>		
<b>Eu-dicots</b>	<b>True Dicotyledons</b>		
<b>Adoxaceae</b>	<b>Moschatel Family</b>		
<i>Adoxa moschatellina</i>	Moschatel	4	La Difesa
<b>Apiaceae</b>	<b>Carrot Family</b>		
<i>Aegopodium podagraria</i>	Ground Elder	2	Camosciara
<i>Anthriscus sylvestris</i>	Cow Parsley	2	Camosciara
<i>Eryngium amethystinum</i>	Blue Eryngo	3	Val Fondillo (leaves)
<i>Eryngium campestre</i>	Field Eryngo	6	Alba Fucens
<i>Orlaya daucoide</i>	An Orlaya	6	Alba Fucens
<i>Sanicula europaea</i>	Sanicle	2	Camosciara
<i>Scandix pecten-veneris</i>	Shepherd's Needles	4	Vallone Pesco di Lordo

<b>Apocynaceae</b>	<b>Periwinkle Family</b>		
<i>Vinca major</i>	Greater Periwinkle	2	Camosciara
<i>Vincetoxicum hirundinaria</i>	Swallow-wort	1	Near hotel
<b>Aquifoliaceae</b>	<b>Holly Family</b>		
<i>Ilex aquifolium</i>	Holly	4	Val Fondillo
<b>Araliaceae</b>	<b>Ivy Family</b>		
<i>Hedera helix</i>	Ivy	5	Villalago
<b>Asteraceae (Compositae)</b>	<b>Daisy Family</b>		
<i>Achillea virescens</i> subsp. <i>tenorei</i> *	an endemic Milfoil	5	Passo Godi
<i>Bellis perennis</i>	Daisy	2	Camosciara
<i>Bellis sylvestris</i>	Southern Daisy	3	Val Fondillo
<i>Carduus nutans</i>	Musk Thistle	6	Alba Fucens
<i>Carlina acaulis</i> subsp. <i>simplex</i>	Stemmed Stemless Carlina Thistle	3	Val Fondillo (dead)
<i>Carlina vulgaris</i>	Carlina Thistle	2	Camosciara (dead)
<i>Cirsium oleraceum</i>	Cabbage Thistle	2	Camosciara
<i>Cirsium tenoreanum</i>	a Woolly Thistle	2	Camosciara
<i>Cota tinctoria</i> subsp. <i>australis</i>	Yellow Chamomile	6	Alba Fucens
<i>Doronicum columnae</i>	Heart-leaved Leopard's-bane	6	Roadsides
<i>Galactites tomentosa</i>	Galactites	1	Rome Ringroad
<i>Leucanthemum vulgare</i>	Ox-eye Daisy	3	Val Fondillo
<i>Mycelis muralis</i>	Wall Lettuce	2	Camosciara
<i>Onopordion acanthium</i>	Cotton Thistle	6	Alba Fucens
<i>Petasites hybridus</i>	Butterbur	2	Camosciara
<i>Silybum marianum</i>	Milk Thistle	6	Roadsides
<i>Tragopogon porrifolius</i>	Salsify	5	Villalago
<i>Tragopogon pratensis</i>	A Goat's-beard	4	Val Fondillo
<b>Betulaceae</b>	<b>Birch Family</b>		
<i>Corylus avellana</i>	Hazel	2	Camosciara
<b>Boraginaceae</b>	<b>Forget-me-not Family</b>		
<i>Cynoglossum magellense</i> *	a Hound's-tongue	5	Passo Godi
<i>Cynoglossum montanum</i>	Mountain Hound's-tongue	4	Vallone Pesco di Lordo
<i>Cynoglossis barrellieri</i>	an Anchusa (Blue)	1	Near hotel
<i>Echium vulgare</i> subsp. <i>pustulatum</i>	a Viper's-bugloss	3	Val Fondillo
<i>Myosotis graui</i> *	Alpine Wood Forget-me-not	1	Near hotel
<i>Myosotis sylvatica</i>	Wood Forget-me-not	4	La Difesa
<i>Onosma echinoides</i>	A Golden-drops	6	Roadsides
<i>Pulmonaria cf apennina</i> *	A Lungwort	2	Camosciara
<i>Solenanthes apenninus</i> *	Solenanthes	4	La Difesa
<b>Brassicaceae</b>	<b>Cabbage Family</b>		
<i>Alliaria petiolata</i>	Garlic Mustard	2	Camosciara
<i>Alyssum diffusum</i> *	a Yellow Alyssum	4	Vallone Pesco di Lordo
<i>Alyssum simplex</i> (minus)	an Alyssum	3	Val Fondillo
<i>Arabis turrita</i>	Towercress	5	Villalago
<i>Aubrieta columnae</i> subsp. <i>columnae</i> *	Aubrieta	2	Camosciara
<i>Barbarea</i> sp.	A Wintercress	2	Camosciara

<i>Capsella bursa-pastoris</i>	Shepherd's Purse	4	La Difesa
<i>Cardamine bulbifera</i>	Coralroot Bitter-cress	2	Camosciara
<i>Cardamine chelidonia</i>	a Bitter-cress (Purple)	2	Camosciara
<i>Cardamine enneaphyllos</i>	Drooping Bitter-cress	2	Camosciara
<i>Cardamine impatiens</i>	Narrow-leaved Bitter-cress	4	La Difesa
<i>Erophila verna</i>	Whitlow-grass	4	La Difesa
<i>Erysimum pseudorhaeticum*</i>	a Treacle Mustard	3	Val Fondillo
<i>Isatis tinctoria</i>	Woad	6	Alba Fucens
<i>Lunaria rediviva</i>	Perennial Honesty	3	Val Fondillo
<i>Nasturtium officinale</i>	Watercress	3	Val Fondillo
<b>Campanulaceae</b>	<b>Bellflower Family</b>		
<i>Campanula rapunculus</i>	Rampion Bellflower	6	Alba Fucens
<i>Phyteuma orbiculare</i>	Round-headed Rampion	7	Aschi (in bud)
<b>Caprifoliaceae</b>	<b>Honeysuckle Family</b>		
<i>Dipsacus fullonum</i>	Wild Teasel	2	Camosciara
<i>Knautia arvensis</i>	Field Scabious	6	Roadsides
<i>Lonicera caprifolium</i>	Perfoliate Honeysuckle	2	Camosciara
<i>Lonicera etrusca</i>	Etruscan Honeysuckle	6	Alba Fucens
<i>Lonicera xylosteum</i>	Fly Honeysuckle	2	Camosciara
<i>Valeriana officinalis</i>	Common Valerian	2	Camosciara (leaves)
<i>Valeriana tripteris</i>	Three-leaved Valerian	2	Camosciara
<i>Valeriana tuberosa</i>	Tuberous Valerian	5	Passo Godi
<i>Valerianella locusta</i>	Common Cornsalad	2	Camosciara
<b>Caryophyllaceae</b>	<b>Pink Family</b>		
<i>Cerastium tomentosum</i>	Snow-in-Summer	2	Camosciara
<i>Paronychia kapela</i>	a Paronychia	5	Passo Godi
<i>Silene conica</i>	Sand Catchfly	2	Nr Hotel
<i>Silene dioica</i>	Red Campion	2	Camosciara
<i>Silene (Lychnis) flos-cuculi</i>	Ragged Robin	3	Val Fondillo
<i>Silene italica</i>	Italian Catchfly	2	Nr Hotel
<i>Silene latifolia</i>	White Campion	2	Camosciara
<i>Silene pendula</i>	Nodding Catchfly	5	Road verges
<i>Stellaria media</i>	Chickweed	4	La Difesa
<b>Celastraceae</b>	<b>Spindle Family</b>		
<i>Euonymus europaeus</i>	Spindle Tree	6	Alba Fucens
<b>Cistaceae</b>	<b>Rock-rose Family</b>		
<i>Helianthemum apenninum</i>	White Rock-rose	1	Roadsides
<i>Helianthemum canum</i>	Hoary Rock-rose	3	Val Fondillo
<i>Helianthemum nummularium</i>	Rock-rose	2	Camosciara
<b>Convolvulaceae</b>	<b>Bindweed Family</b>		
<i>Convolvulus althaeoides</i> ssp. <i>elegantissimus</i>	A Mallow-leaved Bindweed	6	Alba Fucens
<i>Cuscuta epithymum</i>	Common Dodder	3	Val Fondillo
<b>Cornaceae</b>	<b>Dogwood Family</b>		
<i>Cornus sanguinea</i>	Dogwood	2	Camosciara
<b>Crassulaceae</b>	<b>Stonecrop Family</b>		



<i>Sedum dasyphyllum</i>	Fat-leaved Stonecrop	2	Camosciara
<i>Sedum rupestre</i>	Rock Stonecrop	5	Passo Godi
<b>Euphorbiaceae</b>	<b>Spurge Family</b>		
<i>Euphorbia amygdaloides</i>	Wood Spurge	2	Camosciara
<i>Euphorbia cyparissias</i>	Cypress Spurge	2	Camosciara
<i>Euphorbia gasparrinii</i> subsp. <i>samnitica</i> *	An endemic Spurge	5	Passo Godi
<i>Euphorbia myrsinites</i>	Glaucous Spurge	3	Val Fondillo
<i>Mercurialis perennis</i>	Dog's Mercury	2	Camosciara
<b>Fagaceae</b>	<b>Beech Family</b>		
<i>Fagus sylvatica</i>	Beech	2	Widespread
<i>Quercus cerris</i>	Turkey Oak	2	Camosciara
<i>Quercus pubescens</i>	Downy Oak	1	Roadsides
<b>Gentianaceae</b>	<b>Gentian Family</b>		
<i>Gentiana cruciata</i>	Cross Gentian	2	Camosciara (leaves)
<i>Gentiana dinarica</i> *	a Trumpet Gentian	2	Camosciara
<i>Gentiana lutea</i>	Great Yellow Gentian	4	Vallone Pesco di Lordo (leaves)
<i>Gentiana verna</i>	Spring Gentian	5	Passo Godi
<b>Geraniaceae</b>	<b>Crane's-bill Family</b>		
<i>Erodium ciconium</i>	Sand Stork's-bill	6	Alba Fucens
<i>Erodium cicutarium</i>	Common Stork's-bill	2	Camosciara
<i>Geranium austroapenninum</i> * ( <i>subcaulescens</i> )	Ashy Crane's-bill	4	Vallone Pesco di Lordo
<i>Geranium lucidum</i>	Shining Crane's-bill	4	La Difesa
<i>Geranium purpureum</i>	Little Robin	2	Camosciara
<i>Geranium pyrenaicum</i>	Hedgerow Crane's-bill	2	Camosciara
<i>Geranium reflexum</i>	Reflexed Crane's-bill	2	Camosciara
<i>Geranium robertianum</i>	Herb Robert	2	Camosciara
<b>Grossulariaceae</b>	<b>Gooseberry Family</b>		
<i>Ribes uva-crispa</i>	Gooseberry	4	La Difesa
<b>Lamiaceae</b>	<b>Deadnettle Family</b>		
<i>Ajuga chamaepitys</i>	Ground Pine	3	Val Fondillo
<i>Ajuga reptans</i>	Bugle	2	Camosciara
<i>Ajuga tenorei</i> *	Tenore's Bugle	5	Passo Godi
<i>Clinopodium (Acinos) alpinum</i>	Alpine Basil Thyme	3	Val Fondillo
<i>Lamium galeobdolon</i>	Yellow Archangel	3	Val Fondillo
<i>Lamium album</i>	White Dead-nettle	3	Val Fondillo
<i>Lamium garganicum</i>	Large Red Dead-nettle	2	Nr Hotel
<i>Lamium maculatum</i>	Spotted Dead-nettle	2	Camosciara
<i>Lamium rubrum</i>	Red Dead-nettle	2	Camosciara
<i>Melittis melissophyllum</i>	Bastard Balm	2	Camosciara
<i>Mentha</i> sp.	A Mint	6	Alba Fucens
<i>Salvia verbenaca</i>	Wild Clary	2	Camosciara
<i>Sideritis italica</i>	A Sideritis	6	Alba Fucens
<i>Stachys germanica</i>	Downy Woundwort	3	Val Fondillo
<i>Thymus oenipontanus</i>	Wild Thyme	5	Passo Godi
<b>Leguminosae (Fabaceae)</b>	<b>Pea Family</b>		

<i>Anthyllis vulneraria</i> agg.	Kidney Vetch	3	Val Fondillo
<i>Astragalus depressus</i>	Sprawling Milk-vetch	5	Passo Godi
<i>Astragalus monspessulanus</i>	False Vetch	2	Camosciara
<i>Astragalus sempervirens</i>	Mountain Tragacanth	5	Passo Godi
<i>Coronilla scorpioides</i>	Annual Scorpion Vetch	6	Alba Fucens
<i>Cytisophyllum sessilifolium</i>	Sessile Broom	5	Nr Villetta Barrea
<i>Cytisus (Chamaecytisus) hirsutus</i>	Hairy Broom	3	Val Fondillo
<i>Lathyrus sphaericus</i>	A Red Vetchling	6	Alba Fucens
<i>Lathyrus vernus</i>	Spring Pea	2	Camosciara
<i>Lotus corniculatus</i>	Bird's-foot Trefoil	2	Camosciara
<i>Medicago lupulina</i>	Black Medick	3	Val Fondillo
<i>Onobrychis viciifolia</i>	Sainfoin	6	Alba Fucens
<i>Pisum sativum</i>	Wild Pea	2	Camosciara
<i>Securigera varia</i>	Crown Vetch	6	Alba Fucens
<i>Spartium junceum</i>	Spanish Broom	1	Roadsides
<i>Trifolium incarnatum</i> subsp. <i>molinerii</i>	a Crimson Clover	6	Petrella Liri
<i>Trifolium nigrescens</i>	A small white clover	2	Camosciara
<i>Trifolium pratense</i>	Red Clover	2	Camosciara
<i>Trifolium repens</i>	White Clover	6	Alba Fucens
<i>Trifolium resupinatum</i>	Reversed Clover	3	Val Fondillo
<i>Trifolium stellatum</i>	Starry Clover	6	Alba Fucens
<i>Vicia cracca</i>	Tufted Vetch	6	Alba Fucens
<i>Vicia pannonica</i>	A pink Vetch	6	Alba Fucens
<i>Vicia sativa</i> agg	Common Vetch	4	Vallone Pesco di Lordo
<i>Vicia sepium</i>	Bush Vetch	4	Vallone Pesco di Lordo
<b>Lentibulariaceae</b>	<b>Butterwort Family</b>		
<i>Pinguicula vallis-regiae</i> *	Camosciara Butterwort	7	Camosciara
<b>Linaceae</b>	<b>Flax Family</b>		
<i>Linum bienne</i>	Pale Flax	3	Val Fondillo
<i>Linum squamulosum</i> subsp. <i>tommasinii</i>	a Perennial Flax (lower alt)	6	Alba Fucens
<b>Malvaceae</b>	<b>Mallow Family</b>		
<i>Malva sylvestris</i>	Common Mallow	2	Camosciara
<b>Oleaceae</b>	<b>Olive Family</b>		
<i>Fraxinus ornus</i>	Flowering Ash / Manna Ash	5	Villalago
<i>Ligustrum vulgare</i>	Privet	6	Alba Fucens
<b>Orobanchaceae</b>	<b>Broomrape Family</b>		
<i>Orobanche alba</i>	Thyme Broomrape	6	Alba Fucens
<i>Orobanche caryophyllacea</i>	Bedstraw Broomrape	6	Alba Fucens
<i>Orobanche crenata</i>	Bean Broomrape	6	Alba Fucens
<i>Parentucellia latifolia</i>	Southern Red Bartsia	3	Val Fondillo
<i>Rhinanthus minor</i> agg.	Yellow Rattle	3	Val Fondillo
<b>Oxalidaceae</b>	<b>Wood-sorrel Family</b>		
<i>Oxalis corniculata</i>	Procumbent Yellow Sorrel	7	Pescasseroli
<b>Papaveraceae</b>	<b>Poppy Family</b>		
<i>Chelidonium majus</i>	Greater Celandine	3	Val Fondillo

<i>Corydalis cava</i>	a Bird-in-a-bush	4	La Difesa (leaves)
<i>Papaver rhoeas</i>	Common Poppy	1	Roadsides
<b>Plantaginaceae</b>	<b>Plantain Family</b>		
<i>Cymbalaria muralis</i>	Ivy-leaved Toadflax	2	Camosciara
<i>Digitalis ferruginea</i>	Brown Foxglove	2	Camosciara (leaves)
<i>Globularia bisnagarica</i>	Common Globularia	2	Camosciara
<i>Linaria purpurea</i>	Purple Toadflax	6	Alba Fucens
<i>Plantago lanceolata</i>	Ribwort Plantain	3	Val Fondillo
<i>Plantago major</i>	Greater Plantain	5	Villalago
<i>Plantago media</i>	Hoary Plantain	2	Camosciara
<i>Veronica beccabunga</i>	Brooklime	3	Val Fondillo
<i>Veronica chamaedrys</i>	Germander Speedwell	2	Camosciara
<i>Veronica officinalis</i>	Heath Speedwell	2	Camosciara
<i>Veronica orsiniana</i>	a Speedwell	3	Val Fondillo
<b>Plumbaginaceae</b>	<b>Thrift Family</b>		
<i>Armeria canescens</i>	Plantain-leaved Thrift	3	Val Fondillo
<b>Polygalaceae</b>	<b>Milkwort Family</b>		
<i>Polygala alpestris</i>	Mountain Milkwort	5	Passo Godi
<i>Polygala flavescens</i> *	A Yellow Milkwort	3	Val Fondillo
<i>Polygala major</i>	A Milkwort	5	Nr Villetta Barrea
<i>Polygala nicaeensis</i>	Nice Milkwort	2	Camosciara
<i>Polygala vulgaris</i>	Common Milkwort	3	Val Fondillo
<i>Polygaloides chamaebuxus</i>	Shrubby Milkwort	2	Camosciara
<b>Polygonaceae</b>	<b>Knotweed Family</b>		
<i>Rumex acetosella</i>	Sheep's Sorrel	5	Passo Godi
<b>Primulaceae</b>	<b>Primrose Family</b>		
<i>Lysimachia arvensis</i>	Scarlet Pimpernel	3	Val Fondillo
<i>Primula auricula</i>	Bear's-ear	2	Camosciara
<i>Primula vulgaris</i>	Primrose	2	Camosciara (leaves)
<b>Ranunculaceae</b>	<b>Buttercup Family</b>		
<i>Aquilegia vulgaris</i>	Columbine	2	Camosciara
<i>Ficaria verna</i> agg.	Lesser Celandine	2	Camosciara
<i>Helleborus foetidus</i>	Stinking Hellebore	2	Camosciara
<i>Hepatica nobilis</i>	Hepatica	2	Camosciara (leaves)
<i>Ranunculus acris</i>	Meadow Buttercup	2	Camosciara
<i>Ranunculus bulbosus</i>	Bulbous Buttercup	3	Val Fondillo
<i>Ranunculus millefoliatus</i>	Million-leaved Buttercup	4	Vallone Pesco di Lordo
<i>Ranunculus montspeliacus</i>	-	4	Vallone Pesco di Lordo
<i>Ranunculus serpens</i> subsp. <i>nemorosus</i>	Wood Buttercup	2	Camosciara
<i>Ranunculus thora</i>	Thore's Buttercup	7	Camosciara
<i>Thalictrum aquilegifolium</i>	Great Meadow-rue	2	Camosciara
<i>Thalictrum simplex</i>		3	Val Fondillo
<b>Rhamnaceae</b>	<b>Buckthorn Family</b>		
<i>Rhamnus alpinus</i>	Alpine Buckthorn	4	Vallone Pesco di Lordo

<b>Rosaceae</b>	<b>Rose Family</b>		
<i>Alchemilla alpina</i>	Alpine Lady's Mantle	7	Camosciara
<i>Alchemilla cf. flabellata</i>	a Lady's Mantle	5	Passo Godi
<i>Aremonia agrimonoides</i>	Bastard Agrimony	2	Camosciara
<i>Aria edulis (Sorbus aria)</i>	Whitebeam	3	Val Fondillo
<i>Crataegus monogyna</i>	Hawthorn	2	Camosciara
<i>Fragaria vesca</i>	Wild Strawberry	2	Camosciara
<i>Geum urbanum</i>	Wood Avens	2	Camosciara
<i>Malus sylvestris</i>	Crab Apple	2	Camosciara
<i>Potentilla detommasii</i>	A Sulphur Cinquefoil	2	Camosciara
<i>Potentilla recta</i>	Sulphur Cinquefoil	6	Alba Fucens
<i>Potentilla rigoana*</i>	a Cinquefoil	4	Vallone Pesco di Lordo
<i>Prunus mahaleb</i>	St. Lucie's Cherry	2	Camosciara
<i>Prunus spinosa</i>	Blackthorn	2	Camosciara
<i>Pyrus pyraister</i>	Wild Pear	2	Camosciara
<i>Rosa canina</i> agg.	Dog Rose	3	Val Fondillo
<i>Rubus fruticosus</i> agg.	Bramble	5	Villalago
<i>Sanguisorba minor</i>	Salad Burnet	2	Camosciara
<i>Sorbus aucuparia</i>	Rowan	3	Val Fondillo
<b>Rubiaceae</b>	<b>Bedstraw Family</b>		
<i>Cruciata laevipes</i>	Crosswort	2	Camosciara
<i>Galium aparine</i>	Cleavers	4	La Difesa
<i>Galium mollugo</i>	Hedge Bedstraw	6	Alba Fucens
<i>Galium odoratum</i>	Woodruff	4	La Difesa
<i>Sherardia arvensis</i>	Field Madder	2	Camosciara
<b>Salicaceae</b>	<b>Willow Family</b>		
<i>Populus nigra</i> agg.	Black Poplar	3	Val Fondillo
<i>Salix alba</i>	White Willow	3	Val Fondillo
<i>Salix caprea</i>	Goat Willow	7	Camosciara
<i>Salix purpurea</i>	Purple Willow	7	Camosciara
<b>Santalaceae</b>	<b>Sandalwood Family</b>		
<i>Thesium divaricatum</i>	A Bastard Toadflax	3	Val Fondillo
<i>Viscum album</i>	Mistletoe	2	Camosciara
<b>Sapindaceae</b>	<b>Maple Family</b>		
<i>Acer campestre</i>	Field Maple	2	Camosciara
<i>Acer monspessulanum</i>	Montpelier Maple	2	Camosciara
<i>Acer opalus</i>	Italian Maple	2	Camosciara
<i>Acer pseudoplatanus</i>	Sycamore	3	Gioia Vecchio
<b>Saxifragaceae</b>	<b>Saxifrage Family</b>		
<i>Saxifraga adscendens</i> subsp. <i>adscendens</i>	Biennial Saxifrage	4	La Difesa
<i>Saxifraga granulata</i>	Meadow Saxifrage	2	Nr Hotel
<i>Saxifraga porophylla*</i>	Reddish Saxifrage	3	Val Fondillo
<i>Saxifraga rotundifolia</i>	Round-leaved Saxifrage	2	Camosciara
<i>Saxifraga tridactylites</i>	Rue-leaved Saxifrage	2	Nr Hotel
<b>Scrophulariaceae</b>	<b>Figwort Family</b>		

<i>Scrophularia canina</i> subsp. <i>hoppii</i>	Alpine Figwort	5	Passo Godi
<i>Scrophularia vernalis</i>	Yellow Figwort	4	La Difesa
<i>Verbascum mallophorum</i>	a large branched Mullein	2	Camosciara
<i>Verbascum thapsus</i>	Aaron's Rod	6	Alba Fucens
<b>Thymelaeaceae</b>	<b>Daphne Family</b>		
<i>Daphne mezereum</i>	Mezereum	2	Camosciara (leaves)
<i>Daphne oleoides</i>	-	5	Passo Godi
<b>Urticaceae</b>	<b>Nettle Family</b>		
<i>Parientaria judaica</i>	Pellitory of the Wall	5	Villalago
<i>Urtica dioica</i>	Nettle	2	Camosciara
<b>Viburnaceae</b>	<b>Viburnum Family</b>		
<i>Sambucus ebulus</i>	Dwarf Elder	2	Camosciara
<i>Sambucus nigra</i>	Elder	1	Roadsides
<i>Viburnum lantana</i>	Wayfaring Tree	3	Val Fondillo
<b>Violaceae</b>	<b>Violet Family</b>		
<i>Viola alba</i> subsp. <i>dehnhardtii</i>	A Violet (mauve)	2	Camosciara
<i>Viola arvense</i>	Field Pansy	3	Val Fondillo
<i>Viola eugeniae</i> *	a Pansy	3	Val Fondillo
<b>Monocots</b>	<b>Monocotyledons</b>		
<b>Amaryllidaceae</b>	<b>Daffodil Family</b>		
<i>Galanthus nivalis</i>	Snowdrop	4	La Difesa (leaves)
<b>Araceae</b>	<b>Arum Family</b>		
<i>Arum maculatum</i>	Cuckoo Pint	2	Camosciara
<b>Asparagaceae</b>	<b>Asparagus Family</b>		
<i>Leopoldia (Muscari) comosa</i>	Tassel Hyacinth	3	Val Fondillo
<i>Muscari neglectum</i>	Dark Grape Hyacinth	3	Val Fondillo
<i>Ornithogalum divergens</i>	A Star-of-Bethlehem	2	Camosciara
<b>Asphodelaceae</b>	<b>Asphodel Family</b>		
<i>Asphodeline lutea</i>	Yellow Asphodel	6	Alba Fucens
<b>Colchicaceae</b>	<b>Autumn Crocus Family</b>		
<i>Colchicum lusitanum</i>	an Autumn Crocus	2	Camosciara (leaves)
<b>Cyperaceae</b>	<b>Sedge Family</b>		
<i>Carex caryophyllea</i>	Spring Sedge	3	Val Fondillo
<b>Iridaceae</b>	<b>Iris Family</b>		
<i>Iris germanica</i>	German Iris	1	Roadsides
<i>Iris marsica</i> *	Marsican Iris	4	Vallone Pesco di Lordo
<b>Melanthiaceae</b>	<b>Herb-Paris Family</b>		
<i>Paris quadrifolia</i>	Herb-Paris	2	Camosciara
<i>Veratrum lobelianum</i>	Green False-helleborine	2	Camosciara (leaves)

<b>Orchidaceae</b>	<b>Orchid Family</b>		
<i>Anacamptis morio</i> subsp. <i>morio</i>	Green-winged Orchid	3	Val Fondillo
<i>Cephalanthera damasonium</i>	White Helleborine	5	Lago di Barrea
<i>Cephalanthera longifolia</i>	Sword-leaved Helleborine	2	Camosciara
<i>Corallorhiza trifida</i>	Coralroot Orchid	2	Camosciara
<i>Cypripedium calceolus</i>	Lady's Slipper Orchid	7	Camosciara
<i>Dactylorhiza fuchsii</i>	Common Spotted Orchid	2	Camosciara (leaves)
<i>Dactylorhiza incarnata</i>	Early Marsh Orchid	3	Val Fondillo
<i>Dactylorhiza sambucina</i>	Elder-flowered Orchid	5	Passo Godi
<i>Himantoglossum adriaticum</i>	Adriatic Lizard Orchid	6	Alba Fucens
<i>Neotinea (Orchis) tridentata</i>	Toothed Orchid	2	Camosciara
<i>Neotinea (Orchis) ustulata</i>	Burnt Orchid	5	Passo Godi
<i>Neottia ovata</i>	Twayblade	2	Camosciara
<i>Neottia nidus-avis</i>	Bird's Nest Orchid	2	Camosciara
<i>Ophrys bertolonii</i>	Bertoloni's Bee Orchid	6	Alba Fucens
<i>Ophrys holosericea</i> subsp. <i>holosericea</i>	Late Spider Orchid	6	Alba Fucens
<i>Ophrys holosericea</i> ssp. <i>holosericea</i> ( <i>O. dinarica</i> )	A Late Spider Orchid	3	Val Fondillo
<i>Ophrys sphegodes</i> subsp. <i>atrata</i> ( <i>incubacea</i> )	Dark Ophrys	6	Alba Fucens
<i>Ophrys sphegodes</i> subsp. <i>sphegodes</i>	Early Spider Orchid	6	Alba Fucens
<i>Orchis anthropophora</i>	Man Orchid	5	Nr Villetta Barrea
<i>Orchis mascula</i>	Early Purple Orchid	5	Passo Godi
<i>Orchis mascula</i> subsp. <i>speciosa</i> ( <i>O. ovalis</i> )	an Early Purple Orchid	2	Camosciara
<i>Orchis x colemannii</i> ( <i>O. mascula</i> x <i>pauciflora</i> )	Hybrid Orchid	5	Passo Godi
<i>Orchis militaris</i>	Military Orchid	3	Val Fondillo
<i>Orchis pallens</i>	Pale-flowered Orchid	5	Passo Godi
<i>Orchis pauciflora</i>	Sparse Flowered Orchid	5	Passo Godi
<i>Orchis purpurea</i>	Lady Orchid	2	Camosciara
<i>Platanthera bifolia</i>	Lesser Butterfly Orchid	6	Alba Fucens
<b>Poaceae</b>	<b>Grass Family</b>		
<i>Aegilops geniculata</i>	Aegilops	6	Alba Fucens
<i>Poa bulbosa</i> subsp. <i>vivipara</i>	Viviparous Meadow-grass	3	Val Fondillo
<b>FUNGI</b>			
<b>Lecanoromycetes</b>	<b>Lichens</b>		
<i>Lobaria pulmonaria</i>	Lungwort	4	La Difesa



Camosciara



Lady Orchid