Italian & French Alps

Naturetrek Tour Report

27 June - 4 July 2012









Mount Cenis Bellflower

Report compiled by Philip Thompson Images courtesy of John and Sue East



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Day 1

Wednesday 27th June

After our arrival into Turin airport we then made our departure heading north and then west into the Cogne Valley and the high Alps. Things got off to a good start when the group were enjoying a pre-dinner drink and chat on the small hotel terrace with the sighting of a nearby Lammergeyer drifting along the hillside behind the hotel!

Day 2

Thursday 28th June

Today we travelled the short distance to the village of Gimillan from where we set off on our walk along the valley of the Torrent Grauson. The start of the route climbed through tall lush meadows full of several common and typical plants such as *Campanula rhomboidalis, Knautia arvensis, Rhinanthus minor* and *Tragopogon pratensis subsp. orientalis*. A couple of Red-backed Shrikes were heard and spotted on nearby treetops to which an Italian Sparrow was later added.

As the path levelled out our slow progress continued as the abundance of new and exciting plants were taken in. A similar abundance of butterflies was also present which included numerous striking Apollo's, Dark Green Fritillaries and a couple of Great Sooty Satyrs. Further on we found the localised *Astragalus centralpinus* by the track and the Aosta Valley endemic *Aethionema thomasianum* growing on a loose scree slope. We came to a bridge crossing the river where a damp patch of ground was attracting numerous butterflies of several species among which were a couple of Alpine Blues.

The adjoining meadow was a blaze of colour comprising *Onobrychis montana, Helianthemum canum, Anthyllis vulneraria* and many others. Flying over this meadow a few Mountain Clouded Yellow and Black-veined White were seen. By now the hot sun was taking its toll so we took our lunch in the shade of some pines. Whilst relaxing, we were able to look back down the valley towards the peak of Gran Paradiso itself standing out within the park named after it. We then continued on towards a steeper section beneath a rock face around which several Crag Martins were swooping. We were then alerted to the presence of a pair of Golden Eagles passing along the slopes above by the alarm cries of Alpine Marmot. This pair kept close company as they hunted along the rocky slopes and crags before flying across the valley to try their luck on the opposite side.

We climbed a little up the steeper section to find Astragalus penduliflorus, with its bright yellow flowers, before we began our return journey. We retraced our steps to a fork in the track where we took a different route to cross the river by another bridge to previously. On the stony banks were found Astragalus monspeliensis and Ononis rotundifolia. We then made our way slowly back along our earlier route before reaching the minibus after a successful day in the field.

Day 3 Friday 29th June

An early morning walk into the village of Cretaz to view the river in the hope of spotting Dipper was unsuccessful, but pleasant nonetheless, before returning to the hotel for breakfast. Today was spent walking within the Gran Paradiso National Park starting from the village of Valnontey. We spent the morning taking a route that zigzagged up the valley side initially passing the Botanical Gardens. In the hot and sunny weather the butterflies were much in evidence with a couple of stunning orange Scarce Coppers being most prominent. The path led through open Norway Spruce woodland with many open glades. Notable plants found included Campanula spicata, Cirsium eriophorum and the local endemic Astragalus exscapus with its bright yellow flowers being produced at the base of the plant. Other notable butterflies were many Large Ringlets, Alpine Grayling, Bluespot Hairstreak and some obligingly perched Swallowtails. We eventually came to a bridge over a rushing torrent that plunged into the valley below, the spray from which provided a pleasant cooling effect. We rested here for a while and found Wolf's-bane Aconitum lycoctonum in the nearby woodland. Whilst making our return descent a lone Alpine Chamois was spotted among the trees seemingly unconcerned with the many walkers passing by.

Once back at the vehicle we relocated to a picnic spot by the Torrent Valnontey for lunch in the shade. Our afternoon walk was then taken following the river along the valley bottom with its meadows and woodland containing a rather different flora. Plants found included *Maianthemum bifolia* and *Pyrola media*. One meadow by a house built around a large rock outcrop contained numerous marsh orchids and the attractive golden orange *Crepis aurea*. Birds of the area were rather few but did include Firecrest, Redpoll and Siskin. Once on the return journey we crossed over the river to take the opposite track back where we came upon another large patch of *Astragalus centralpinus*. In the alluvial shingle banks of the riverside were several large patches of the Tamarisk relative *Myricaria germanica*. Once back at the vehicle we then enjoyed a well earned coffee and ice cream from one of the village cafes.

Day 4

Saturday 30th June

Today was our transfer day from Italy into France which took us on a magnificent scenic route during which several stops were taken making for an excellent day. Once having rejoined the autoroute in the Aosta Valley we headed west directly towards the imposing Mont Blanc, which was unfortunately a little shrouded in cloud at its summit preventing any good photo opportunities. We then turned southwest to begin the steady climb up towards the Col du Petit St Bernard at 2188m. We took our first break here for a walk in these high Alpine meadows, which were very different in character to the areas previously explored in Italy. Our first good views of Alpine Marmots were gained here, an animal we would become familiar with over the remains of the trip. Birds were also of interest here with Snowfinch nesting and singing from the summit buildings and both species of Chough passing and calling to demonstrate the marked difference.

We headed on to stop not long after at the pleasant café in the village of la Rossiere with its resident St Bernard dogs. It became rather too easy to sit back on the café terrace and enjoy the views on the warm south facing slopes with the distant peaks all around. Move on we must, so once back onboard we made the long and winding descent to the valley bottom and very warm conditions and headed on towards Val d'Isere.

At the base of the climb up towards the Col de l'Iseran we stopped for lunch followed by a walk. As we stepped out of the minibus we immediately spotted a pair of Lammergeyers with a more distant pair of Golden Eagles hunting over the peaks. Our walk here was in the hope of finding the rare Alpine Ibex for which the Gran Paradiso NP was declared to protect. We set off hopefully scanning the high grassy pastures above us only to then spot a group of Ibex below us feeding on presumably minerals in the soil by a mountain stream alongside the path! We were then able to enjoy fantastic close views of this small herd of females and this years kids and a couple of sub-adults. After spending some time here we moved on to continue our walk along the route, which led into a steep-sided gorge. Plants were again abundant with many highlights accompanied by frequent sightings of Lammergeyer overhead. All told a very rewarding and scenic walk.

We then drove up and over the Col de l'Iseran, the highest pass in the Alps at 2764m, with its collection of super-fit cyclists celebrating their conquest at the café and roadside plaque. Time did not permit a stop, although we would be returning here later in the week. Another descent was taken as we dropped over the other side down into the attractive village of Bonneval-sur-Arc and on to our hotel at Lanslevillard.

Day 5 Sunday 1st July

We again took an early pre-breakfast walk near the hotel along a track running alongside some tall lush meadows full of Meadowsweet and Willowherb. It is among this tall vegetation that our quarry of Marsh Warbler was found singing rather distantly but at times out in the open. The walk led on towards a small chapel where we turned back having seen several new plants including Melancholy Thistle *Cirsium helenioides* and *Ononis natrix*.

The day was then spent to the north of Termignon starting from Bellecombe and walking past the Plan du Lac and on to the refuge of the same name. A quick roadside stop at the start of the ascent was taken to check a small group of *Orchis militaris*, which had unfortunately passed their best. The road climb was again a very stunning and dramatic route as it wound its way upwards before finally levelling off at around 2300m and the car park. As we set off on foot from the car park the plants at these altitudes were comprised of a completely new assortment for the trip. Gentians were abundant everywhere alongside both *Silene acaulis* and *exscapa*. Woody plants comprised abundant *Loiseleuria procumbens* and a medley of dwarf Alpine willows comprising *Salix herbacea, reticulata* and *retusa*. Another pair of Snowfinches flew by whilst we were serenaded from overhead by the numerous Water Pipits. We made slow progress as we took in the many plants which was then interrupted by the very close flyover of yet another Lammergeyer!

We moved on past the Refugio to an area of abundant *Loiseleuria procumbens* and *Rhododendron ferrugineum* on steep slopes. It is within this area that Ptarmigan are known to occur, and it was not long before we could hear a bird calling from above us. Despite a careful search and wait the bird could not be detected. Salt was then rubbed in the wounds by a local photographer who had been stalking the bird came down to the path and showed us his shots (they were excellent)!

We were compensated by the flora once more with the discovery of both *Anemone baldensis* and *Callianthemum coriandrifolium* growing alongside the abundant *Dryas octopetala*. All three of which in flower can look remarkably similar. We returned to the Refugio terrace to take our lunch and the views towards the glacier clad summits of most notably La Grande Casse at 3855m and several other in the super clear mountain air.

We took a different return route having cut across towards the Termignon Gorge. We arrived at an area with numerous large rocky outcrops among which several interesting plants were to be found. One diminutive local endemic was the delightful *Phyteuma globularifolium subsp. pedemontanum* growing from the cracks. Also seen was the deep magenta *Primula pedemontana* and *Daphne mezereon*. We eventually joined the tarmac access road for the remainder of the walk back to the vehicle just as the weather started to turn a little with the first rain of the trip, which had stopped by the time of we, reboarded. On the return descent a further two walks were taken. The first was still above the 2000m level at a roadside meadow. Here a couple of specimens of the orchid *Traunsteinera globosa* were found alongside *Campanula barbata* and *Paradisea liliastrum*.

The final walk was taken within the spruce forest along a narrow track where we added numerous new and exciting botanical finds. Three species of wintergreen were found plus *Polygala chamaebuxus*, *Prenanthes purpurea* and best of all the stunning Alpine Clematis with its nodding purple and white flowers. At a more open section of scree numerous *Dactylorhiza maculata* were joined by the much scarcer *Dactylorhiza cruenta*. We reached and crossed a small wooden bridge over a mountain torrent and continued into the woods making more new finds as we went. Unfortunately time ran out and we made our return to the vehicle and on to the hotel.

Day 6 Monday 2nd July

The day started with rather dull overcast and unsettled conditions which we chose to ignore, and set off up the Col du Mont Cenis through the clouds and rain to undertake our walk from the Refuge du Petit Mont Cenis out towards the Col du Petit Mt. Cenis. The weather had improved a modicum as we set off and kept hinting at clearing only for more low glowering cloud and rain to sweep in. We persevered through these inclement conditions with the result that we were still able to find and enjoy many stunning plants in this beautiful area. An early find near the Refuge were the delicate clusters of *Gentiana nivalis*, all of which were closed due to the cool wet conditions, followed by the tall spikes of *Gentiana punctata*.

As we moved off with optimism intact, we continued to find new plants among the swathe of colour. A couple of highlights were the stunning *Aquilegia alpina* and *Primula latifolia*. The grassland was studded with innumerable vanilla orchids that were predominantly *Gymnadenia cenisia* but we did find a couple of the rosy pink *G. corneliana*. Another orchid that was showing in good numbers this year was the *Gymnadenia albida*. A Ring Ouzel was heard calling from a rocky outcrop above us but in the, by now, dreadful conditions it remained unseen. As our optimism/enthusiasm began to wane we made a last brief stop at a low exposed boulder which was the ultimate natural 'alpine rock garden', the colours of the plant assemblage was stunning which also contained a couple of scarce plants including *Saponaria lutea* and *Dianthus pavonius*.

With our waterproofs working overtime we opted to make a dash back to the refuge and shelter with hot coffee! The staff had a stove aflame where we were able to dry out somewhat and they kindly allowed us to use their tables for our 'picnic' lunch. With no sign of the weather lifting in the near future we opted for an early return to the hotel to reconvene at 2pm to reassess conditions.

As luck would have it, this just coincided with a short window of opportunity for an afternoon walk, which we took on the high slopes to the north of Lanslevillard. Things looked good as we arrived in the small car park with a few butterflies becoming active and, best of all, several flowering *Lilium bulbiferum subsp. croceum* in all their orange glory! The track was a very pleasant level contour route along which we ambled enjoying the views and flora. That is until a looming grey mass ahead of us up the valley looked somewhat ominous. A Golden Eagle appeared briefly before vanishing into the clouds as they began to sweep our way. A return was decided upon which was perfectly timed for the return of the rain as we reached the vehicle.

Day 7

Tuesday 3rd July

We awoke to find that yesterday's weather had departed, luckily for us, as today we were to return to the Col du l'Iseran and this high 'nival' habitat with its specialised plants. On arrival, despite my dire warnings of cold and wind, it was positively clement! We then spent some time wandering the rocky barren looking scree peering at the low cushion forming plants. An early highlight was an abundance of Edelweiss *Leontopodium alpinum*. Other notable plants included *Petrocaulis pyrenaica*, *Cerastium uniflorum*, *Gentiana orbicularis*, *Artemisia umbelliformis* and *Pritzelago alpina*. Several Snowfinches were tamely flying around and nesting in a couple of the buildings giving excellent close views.

Next we switched our attention the nearby peak of Pointe des Lessieres at 3043m. We began our climb up the steep scree slope reaching the steepest rocky face. In this area we found a few examples of the alpine endemic *Campanula cenisia* as well as *Doronicum grandiflora*, *Androsace helvetica* and *Oxytropis fetida*. Also of note was the sighting of a Red Fox making its way through this high open alpine landscape, presumably hunting young Alpine Marmots or voles. Upon our return to the vehicles we drove on a short distance to stop at a wet seepage among the scree slopes that was covered in *Ranunculus glacialis*. The hoped for butterflies here were not as active as hoped but did include several fast flying Mountain Fritillaries and Peak White. We continued to descend on the road where we stopped by a semi-derelict building for our lunch where we could enjoy the views. Another Lammergeyer was sighted as we ate which drifted over the valley and out of sight. Once we had finished our meal we took a short walk to the nearby spectacular waterfall where we continued to find new plants.

Our final walk of the day was then taken on a route that led beneath and around the summit of the Pointe des Arses. Along the way we caught up with more Mountain Fritillaries but also several female Cynthia's Fritillaries, unfortunately not seeing any of the stunning black and white males. Several Ravens and both species of Chough were sighted during the walk. Very frustratingly, a Rock Partridge was heard calling beneath us but after careful and prolonged scanning could not be picked out. More Edelweiss was found among the wealth of other plants. A couple of late lying snowfields discouraged a few of the group from continuing further. The main group that continued on were rewarded with a wonderfully atmospheric sighting of an Alpine Chamois grazing above us on a grassy ridge framed by the peaks and low cloud. We shortly turned back to gradually reform the group and return to the vehicle for our return to the hotel.

Day 8

Wednesday 4th July

Our flight time enabled us to enjoy a full morning of walks before heading for the airport. We began by making another ascent towards the Col du Mont Cenis where a short stop was taken at a wet flush were several species of wintergreen were found among many orchids and *Tofieldia calyculata*.

We were then able to take the walk normally done on Day 6 (which was washed out) with its splendid views across the Lac du Mont Cenis and the surrounding peaks and several old military fortifications. Bird-wise things got off to a great start with the sighting of a Rufous-tailed Rock Thrush, Snowfinch, Black Redstart and Alpine Accentor all on the same large rock more or less at the same time! By now new plants were becoming harder to find but we did see a single specimen of *Ranunculus aconitifolius* growing in isolation in the slope above the track. The grazing herds of cattle with their evocative bells made for a very pleasant and relaxed final walk as we made the most of the end of the trip. On the return leg of the walk the Rufous-tailed Rock Thrush showed again as a pair obviously feeding young concealed among the boulders above us and a female Ring Ouzel made a very brief appearance in a section of willow scrub, before vanishing within.

We ate our lunch overlooking the lake before beginning our crossing back into Italy and the long, long descent out the mountains and our destination of Turin. On the warmer southern slopes as we dropped into Italy the evergreen forests changed to broadleaves, the temperatures climbed and the loud buzzing of Cicadas could be heard. As we approached Turin we were met by an almighty rainstorm that deluged out of the sky making driving conditions 'interesting'. Nonetheless we reached the airport and caught our flight home safely.

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Tour Report Italian & French Alps

Species List

Plants

Scientific name

PTERIDOPHYTES

Adiantaceae
Adiantum capillus-veneris

Aspleniaceae

Asplenium ruta-muraria Asplenium septentrionale Asplenium trichomanes Ceterach officinalis

Blechnaceae Blechnum spicant

Dennstaeditiaceae Pteridium aquilinum

Dryopteridaceae Dryopteris filix-mas Polystichum aculeatum Polystichum lonchitis

OphioglossaceaeBotrychium lunaria

PolypodiaceaePolypodium vulgare

PINOPSIDA (GYMNOSPERMS)

Cupressaceae

Juniperus communis subsp. communis Juniperus communis subsp. alpina Juniperus sabina

Pinaceae Abies alba Larix decidua

Picea abies subsp. abies

Pinus mugo Pinus sylvestris Common name

FERNS & ALLIES

Maidenhair Fern Family

Maidenhair fern

Spleenwort family

Wall Rue

Forked Spleenwort Maiden-hair Spleenwort

Rustyback

Hard-fern Family

Hard-fern

Bracken Family

Bracken

Buckler-fern Family

Male-fern Hard Shield-fern Holly-fern

Adder's-tongue Family

Moonwort

Polypody Family
Common Polypody

CONIFERS

Juniper Family

Common Juniper Dwarf Juniper

Savin

Pine Family

European Silver Fir European Larch

Spruce

Dwarf Mountain Pine

Scot's Pine

MAGNOLIOPSIDA (ANGIOSPERMS) FLOWERING PLANTS

Magnoliidae (Dicotyledons)

Apiaceae Carrot Family

Anthriscus sylvestrisCow ParsleyAstrantia majorGreat MasterwortAstrantia minorLesser Masterwort

Athamanta cretensis Athamanta

Scientific name

Bupleurum ranunculoides

Bupleurum stellatum

Chaerophyllum aureum Chaerophyllum hirsutum Conium maculatum Daucus carota

Heracleum sphondylium Laserpitium halleri Laserpitium latifolium

Laserpitium siler Ligusticum mutellina Ligusticum mutellinoides Meum athamanticum Peucedanum ostruthium

Pimpinella major

Pleurospermum austriacum

Asclepiadaceae

Vincetoxicum hirundinaria

Asteraceae

Achillea erba-rotta Achillea millefolium Achillea nana

Adenostyles alliariae Antennaria carpatica Antennaria dioica Arnica montana

Artemisia absinthium Artemisia campestris Artemisia glacialis

Artemisia umbelliformis

Aster alpinus Aster bellidiastrum Bupthalmum salicifolium

Carduus nutans
Carduus defloratus
Carduus personnata
Carduus tenuiflorus
Carlina acaulis

Cichorium intybus
Cirsium eriophorum
Cirsium heterophyllum
Cirsium spinosissimum
Centaurea montana
Centaurea scabiosa
Centaurea triumfettii

Centaurea uniflora Crepis aurea

Doronicum grandiflorum

Erigeron acer Erigeron glabratus Erigeron uniflorus Hieracium alpinum agg Common name

Three-veined Hare's-ear

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Golden Chervil Hairy Chervil Hemlock Wild Carrot Hogweed

Broad-leaved Sermountain Narrow-leaved Sermountain

Alpine Lovage Unbranched Lovage

Spignel Masterwort

Greater Burnet-saxifrage

Pleurospermum

Milkweed Family

Swallow-wort

Daisy Family

Simple-leaved Milfoil

Yarrow Dwarf Milfoil Adenostyles

Carpathian Cat's-foot

Cat's-foot Arnica Wormwood Field Wormwood Glacier Wormwood

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Alpine Aster False Aster Yellow Oxeye Musk Thistle Alpine Thistle Great Marsh Thistle Seaside Thistle

Chicory
Woolly Thistle
Melancholy Thistle
Spiniest Thistle
Perennial Cornflower
Greater Knapweed

Plume Knapweed Golden Hawk's-beard

Large-flowered Leopard's-bane

Blue Fleabane Variable Fleabane One-flowered Fleabane Alpine Hawkweed

Scientific name

Hieracium tomentosum Hieracium villosum Homogyne alpina

Hypochaeris uniflora Lactuca perennis Leontopodium alpinum

Leucanthemopsis alpina

Leucanthemum vulgare

Petasites alba Petasites hybridus Pilosella officinarum Prenanthes purpurea

Scorzonera austriaca Senecio doronicum

Senecio incanus Solidago virgaurea Tanacetum parthenium Taraxacum alpinum

Taraxacum officinale Tragopogon crocifolius Tragopogon pratensis

Tussilago farfara

Berberidaceae

Berberis vulgaris

Betulaceae

Alnus viridis

Boraginaceae

Anchusa italica Anchusa officinalis Asperugo procumbens

Cerinthe minor

Cynoglossum officinale Echium vulgare Lappula squarrosa Lithospermum officinale

Myosotis alpestris Myosotis sylvatica Pulmonaria australis

Brassicaceae

Aethionema thomasianum Allyssoides utriculata Alyssum alyssoides Alyssum montanum Arabis alpina Arabis glabra Arabis hirsuta Arabis turrita

Barbarea vulgaris Biscutella brevicaulis Biscutella laevigata Common name

Woolly Hawkweed

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Alpine Colt's-foot Giant Cat's-ear Blue Lettuce Edelweiss

Alpine Moon Daisy
Ox-eye Daisy
White Butterbur

Butterbur

Mouse-eared Hawkweed

Purple Lettuce

Chamois Ragwort

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Goldenrod Feverfew

Dandelion

-

Goat's-beard Colt's-foot

Barberry Family

Barberry

Birch Family

Green Alder

Forget-me-not Family

Italian Bugloss Alkanet

Madwort

Lesser Honeywort Hound's-tongue Viper's-bugloss Bur Forget-me-not

Common Gromwell

Alpine Wood Forget-me-not

Wood Forget-me-not

Cabbage Family

a Burnt Candytuft Alyssoides Small Alyssum Mountain Alyssum Alpine Rock-cress Tower Mustard

Hairy Rock-cress Tower-cress

Common Winter-cress a Buckler Mustard Buckler Mustard

Scientific name

Coincya richeri Descurainia sophia Draba aizoides Erophila verna

Erysimum rhaeticum Kernera saxatilis Petrocaulis pyrenaica Pritzelago alpina Sisymbrium austriacum

Campanulaceae

Campanula barbata
Campanula cenisia
Campanula cochlearifolia
Campanula glomerata
Campanula rapunculoides
Campanula rhomboidalis
Campanula rotundifolia
Campanula scheuchzeri
Campanula spicata
Campanula thyrsoides

Phyteuma globularifolium subsp. pedemontanum

Phyteuma hemispericum Phyteuma orbiculare Phyteuma ovatum

Campanula trachelium

Phyteuma scorzonerifolium

Phyteuma spicatum

Caprifoliaceae

Lonicera alpigena Lonicera xylosteum Sambucus racemosa

Caryophyllaceae

Arenaria ciliata
Cerastium alpinum
Cerastium arvense
Cerastium tomentosum
Cerastium uniflorum

Dianthus carthusianorum agg Dianthus gratianopolitanus

Dianthus pavonius
Dianthus sylvestris
Gypsophila repens
Lychnis flos-cuculi
Minuartia recurva
Minuartia sedoides

Minuartia verna subsp. verna

Sagina glabra
Sagina nodosa
Saponaria lutea
Saponaria ocymoides
Silene acaulis

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Common name

Coincya Flixweed

Yellow Whitlow-grass

Whitlowgrass

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Kernera

Pyrenean Whitlow-grass

Chamois Cress Austrian Rocket

Bellflower Family

Bearded Bellflower
Mt. Cenis Bellflower
Fairy's Thimble
Clustered Bellflower
Creeping Bellflower
a Bellflower

Harebell Scheuchzer's Bellflower Spiked Bellflower Yellow Bellflower Nettle-leaved Bellflower

a Rampion

Globe-headed Rampion Round-headed Rampion

Dark Rampion

Scorzonera-leaved Rampion

Spiked Rampion

Honeysuckle Family

Alpine Honeysuckle Fly Honeysuckle Red-berried Elderberry

Pink Family

Fringed Sandwort
Alpine Mouse-ear
Field Mouse-ear
Snow-in-summer
Glacier Mouse-ear
Carthusian Pink
Cheddar Pink
Three-veined Pink
Wood Pink
Alpine Gypsophila

Alpine Gypsophila Ragged Robin

Sickle-leaved Sandwort

Mossy Cyphel Spring Sandwort

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Knotted Pearlwort Yellow Soapwort Rock Soapwort Moss Campion

Scientific name

Silene dioica Silene exscapa Silene nutans Silene otites

Silene pusilla (S.alpestris) Silene suecica (Lychnis alpina)

Silene vallesia

Silene vulgaris subsp. vulgaris Silene vulgaris subsp. prostrata

Chenopodiaceae

Chenopodium bonus-henricus

Cistaceae

Helianthemum nummularium Helianthemum oelandicum subsp. canum

Clusiaceae

Hypericum perforatum Hypericum richeri

Convolvulaceae

Cuscuta epithymum

Crassulaceae

Rhodiola rosea Sedum acre Sedum album Sedum alpestre Sedum anacampseros Sedum annuum

Sedum annuum
Sedum atratum agg
Sedum dasyphyllum
Sedum ochroleucum
Sedum rupestre
Sedum telephium agg

Sempervivum arachnoidium agg Sempervivum grandiflorum Sempervivum montanum agg Sempervivum tectorum

Dipsacaceae

Knautia arvensis Knautia dipsacifolia Scabiosa columbaria

Empetraceae

Empetrum nigrum

Ericaceae

Arctostaphylos uva-ursi Loiseleuria procumbens Rhododendron ferrugineum Vaccinium gaultheroides

Common name

Red Campion
a Moss Campion
Nottingham Catchfly
Spanish Catchfly
an Alpine Catchfly
Alpine Lychnis
Valleis Catchfly
Bladder Campion

Prostrate Bladder Campion

Goosefoot Family

Good King Henry

Rock-rose Family

Rock-rose

Hoary Rock-rose

St. John's-wort Family

Perforate St. John's-wort Alpine St. John's-wort

Bindweed Family

Dodder

Stonecrop Family

Roseroot
Biting Stonecrop
White Stonecrop

Annual Stonecrop Dark Stonecrop Fat-leaved Stonecrop Creamish Stonecrop Rock Stonecrop

Orpine

Cobweb Houseleek Large-flowered Houseleek Mountain Houseleek Common Houseleek

Teasel Family

Field Scabious Wood Scabious Small Scabious

Crowberry Family

Crowberry

Heather Family

Bearberry Creeping Azalea Alpenrose

Scientific name

Vaccinium myrtillus Vaccinium vitis-idaea

Euphorbiaceae

Euphorbia cyparissas

Fabaceae

Anthyllis vulneraria agg Astragalus alpinus Astragalus australis Astragalus centralpinus

Astragalus cicer Astragalus danicus Astragalus exscapus Astragalus leontinus

Astragalus monspessulanus Astragalus onobrychis Astragalus penduliflorus

Astragalus penduliflorus Astragalus sempervirens Hippocrepis comosa Laburnum anagyroides

Lathyrus latifolius
Lathyrus pratensis
Lotus alpinus
Lotus corniculatus
Medicago sativa
Melilotus alba
Melilotus officinalis
Onobrychis montana

Onobrychis viciifolia Ononis natrix Ononis rotundifolia Oxytropis campestris Oxytropis fetida

Oxytropis gaudinii
Oxytropis helvetica
Oxytropis pilosa
Securigera varia
Trifolium alpinum
Trifolium badium
Trifolium medium
Trifolium montanum

Trifolium pratense subsp. pratense

Trifolium repens Vicia cracca Vicia onobrychoides

viola oriobryoriolao

Vicia sepium

Gentianaceae

Gentiana clusii

Gentiana acaulis Gentiana alpina Gentiana bavarica Gentiana brachyphylla Common name

Bilberry Cowberry

Spurge Family

Cypress Spurge

Pea Family

Kidney Vetch Alpine Milk-vetch Southern Milk-vetch

a Milk-vetch

Purple Milk-vetch

-

Tyrolean Milk-vetch

False Vetch

-

Mountain Lentil Mountain Tragacanth Horseshoe Vetch

Broad-leaved Everlasting Pea

Meadow Vetchling Alpine Bird's-foot Trefoil Bird's-foot Trefoil

Lucerne White Melilot Ribbed Meliliot Mountain Sainfoin Common Sainfoin

Large Yellow Restharrow Round-leaved Restharrow

Yellow Milk-vetch

Gaudin's Milk-vetch

Woolly Milk-vetch Crown Vetch Alpine Clover Brown Clover Zig-zag Clover Mountain Clover Red Clover White Clover Tufted Vetch False Sainfoin Bush Vetch

Gentian Family

Trumpet Gentian Southern Gentian Bavarian Gentian Short-leaved Gentian Clusius's Gentian

Scientific name

Gentiana lutea Gentiana nivalis Gentiana orbicularis Gentiana punctata

Gentiana verna subsp. delpinensis Gentiana verna subsp. verna Gentianella campestris

Geraniaceae

Geranium phaeum Geranium pyrenaicum Geranium robertianum Geranium rivulare

Geranium sylvaticum subsp. sylvaticum

Globulariaceae

Globularia cordifolia Globularia nudicaulis Globularia punctata Globularia repens

Grossulariaceae

Ribes petraeum Ribes uva-crispa

Lamiaceae

Acinos alpinus
Ajuga pyramidalis
Ajuga reptans
Clinopodium acinos
Clinopodium vulgare
Galeopsis ladanum
Lamium amplexicaule
Nepeta nepetella
Prunella vulgaris
Salvia pratensis
Scutellaria alpina

Stachys densiflora (S.monieri)

Stachys officinalis Stachys recta Teucrium montanum Thymus praecox Thymus pulegioides Thymus serpyllum

Lentabulariaceae

Pinguicula alpina Pinguicula vulgaris

Linaceae

Linum alpinum Linum catharticum Common name

Yellow Gentian Snow Gentian

-

Spotted Gentian a Short-leaved Gentian Spring Gentian

Field Gentian

Crane's-bill Family

Dusky Crane's-bill Hedgerow Crane's-bill

Herb Robert

a Wood Crane's-bill Wood Crane's-bill

Globularia Family

Matted Globularia

Leafless-stemmed Globularia

a Globularia

Gooseberry Family

Rock Redcurrant Wild Gooseberry

Deadnettle Family

Alpine Calamint Pyramidal Bugle

Bugle Basil Thyme Wild Basil

Hen-bit Dead-nettle

a Cat-mint Self-heal Meadow Clary Alpine Skullcap Alpine Betony Betony

Yellow Woundwort Mountain Germander

Hairy Thyme Greater Thyme Wild Thyme

Bladderwort Family

Alpine Butterwort

Common Butterwort

Flax Family

Alpine flax

Purging or Fairy Flax

Scientific name Onagraceae

Chamerion angustifolium Epilobium fleischeri

OrobanchaceaeOrobanche alba
Orobanche gracilis

PapaveraceaePapaver rhoeas

Parnassiaceae Parnassia palustris

Plantaginaceae
Plantago alpina
Plantago atrata
Plantago lanceolata
Plantago major
Plantago maritima
Plantago media

Plumbaginaceae Armeria arenaria

Polygalaceae Polygala alpina Polygala chamaebuxus

Polygonaceae
Oxyria digyna
Persicaria bistorta
Persicaria vivipara
Polygonum aviculare
Rumex acetosa
Rumex alpinus

Primulaceae

Rumex scutatus

Androsace adfinis subsp. carnea Androsace obtusifolia

Androsace vitaliana subsp. vitaliana

Primula farinosa Primula latifolia Primula pedemontana

Primula veris Soldanella alpina

Pyrolaceae Moneses uniflora Orthillia secunda Pyrola minor Pyrola rotundifolia Common name Willowherb Family Rosebay Willowherb Alpine Willowherb

Broomrape Family Thyme Broomrape Slender Broomrape

Poppy Family
Common Poppy

Grass of Parnassus Family
Grass of Parnassus

Plantain Family
Alpine Plantain
Moumtain Plantain
Ribwort Plantain
Greater Plantain
Sea Plantain
Hoary Plantain

Thrift Family

-

Milkwort Family Alpine Milkwort Shrubby Milkwort

Knotweed Family Mountain Sorrel Bistort Alpine Bistort Knotgrass

Monk's Rhubarb French Sorrel

Primrose FamilyPink Rock-jasmine

Blunt-leaved Rock-jasmine

Vitaliana

Sorrel

Bird's-eye Primrose Viscid Primrose Piedmont Primrose

Cowslip

Alpine Snowbell

Wintergreen Family
One-flowered Wintergreen
Nodding Wintergreen
Common Wintergreen
Round-leaved Wintergreen

Scientific name Ranunculaceae

Aconitum lycoctonum subsp. vulparia

Aconitum napellus agg Anemone baldensis Aquilegia alpina Aquilegia atrata

Callianthemum coriandrifolium

Caltha palustris Clematis alpina Clematis vitalba Hepatica nobilis

Pulsatilla alpina subsp. alpina Pulsatilla alpina subsp. apiifolia

Pulsatilla halleri
Pulsatilla vernalis
Ranunculus aconitifolius
Ranunculus acris
Ranunculus glacialis
Ranunculus keupferi
Ranunculus montanus
Ranunculus nemorosus

Ranunculus platanifolius Thalictrum aquilegifolium Thalictrum foetidum Thalictrum minus Trollius europaeus

Resedaceae

Reseda lutea

Rhamnaceae

Rhamnus alpina Rhamnus pumila

Rosaceae

Agrimonia eupatoria
Alchemilla alpina
Alchemilla conjuncta
Alchemilla glabra
Alchemilla hybrida
Alchemilla pentaphylla
Aruncus dioicus

Cotoneaster integerrimus
Crataegus monogyna
Dryas octopetala
Filipendula ulmaria
Fragaria vesca
Geum montanum
Geum reptans
Geum rivale
Potentilla anserina
Potentilla argentea

Potentilla aurea

Potentilla crantzii

Common name Buttercup Family

Wolf's-bane Monkshood

Monte Baldo Anemone Alpine Columbine Dark Columbine Callianthemum Marsh Marigold Alpine Clematis Old Man's Beard

Hepatica

Alpine Pasque Flower Yellow Pasque Flower Haller's Pasque Flower Spring Pasque Flower Aconite-leaved Buttercup Meadow Buttercup Glacier Crowfoot Pyrenean Buttercup Mountain Buttercup

Great Meadow-rue Stinking Meadow-rue Lesser Meadow-rue

Wood Buttercup

Globeflower

Mignonette Family

Mignonette

Buckthorn Family

Alpine Buckthorn Dwarf Buckthorn

Rose Family

Agrimony

Alpine Lady's-mantle Silver Lady's-mantle Smooth Lady's-mantle

-

Cut-leaved Lady's-mantle Goat's-beard Spirea Wild Cotoneaster

Hawthorn

Mountain Avens
Meadowsweet
Wild Strawberry
Mountain Avens
Creeping Avens
Water Avens
Silverweed
Hoary Cinquefoil
Golden Cinquefoil
Alpine Cinquefoil

Scientific name

Potentilla erecta

Potentilla grandiflora

Rosa canina

Rosa pendulina

Rosa pimpinellifolia

Rubus fruticosus agg.

Rubus idaeus

Sanguisorba minor

Sorbus aria

Sorbus aucuparia

Rubiaceae

Asperula aristata

Asperula cynanchica

Cruciata laevipes

Galium anisophyllon

Galium lucidum

G.megalospermum

Gallium mollugo

Galium verum

Salicaceae

Salix caprea

Salix herbacea

Salix reticulata

Salix retusa

Salix serpyllifolia

Santalaceae

Thesium alpinum

Saxifragaceae

Saxifraga aizoides

Saxifraga androsacea

Saxifraga aspera

Saxifraga bryoides

Saxifraga diapensiodes

Saxifraga exarata subsp. exarata

Saxifraga exarata subsp. moschata

Saxifraga oppositifolia

Saxifraga paniculata

Saxifraga rotundifolia

Saxifraga stellaris

Scrophulariaceae

Bartsia alpina

Chaenorrhinum minus

Cymbalaria muralis

Digitalis ambigua

Digitalis lutea

Linaria alpina

Linaria angustissima

Linaria vulgaris

Melampyrum nemorosum

Common name

Tormentil

Large-flowered Cinquefoil

Dog Rose

Alpine Rose

Burnet Rose

Bramble

Raspberry

Salad Burnet

Whitebeam

Rowan

Bedstraw Family

a Squinancywort

Sqinancywort

Crosswort

a Bedstraw

a Bedstraw

Swiss Bedstraw

Hedge Bedstraw

Ladies Bedstraw

Willow Family

Goat Willow

Least Willow

Net-leaved

Retuse-leaved Willow

a Willow

Sandalwood Family

Alpine Bastard Toadflax

Saxifrage Family

Yellow Mountain Saxifrage

Scree Saxifrage

Rough Saxifrage

Rough Saxifrage

Musky Saxifrage

White Musky Saxifrage

Purple Saxifrage

Live-long Saxifrage

Round-leaved Saxifrage

Starry Saxifrage

Figwort Family

Alpine Bartsia

Small Toadflax

Ivy-leaved Toadflax

Large Yellow Foxglove

Small Yellow Foxglove

Alpine Toadflax

-

Common Toadflax

-

Scientific name

Melampyrum pratense
Melampyrum sylvaticum
Pedicularis cenisia
Pedicularis comosa
Pedicularis foliosa
Pedicularis gyroflexa
Pedicularis rosea

Pedicularis rostratospicata
Pedicularis verticillata
Rhinanthus alectorolophus
Rhinanthus minor agg.
Verbascum densiflorum
Verbascum nigrum
Verbascum lychnitis
Verbascum pulverulentum
Verbascum thapsus
Veronica allionii

Veronica alpina Veronica aphylla Veronica bellidioides Veronica chamaedrys Veronica frutiucans

Veronica teucrium (V.austriaca subsp.t)

Veronica urticifolia

Tamaricaceae

Myricaria germanica

Thymelaeaceae

Daphne alpina Daphne laureola Daphne mezereum

Urticaceae

Urtica dioica

Valerianaceae

Valeriana dioica Valeriana montana Valeriana officinalis Valeriana saxatilis Valeriana supina Valeriana tripteris

Violaceae

Viola arvense Viola biflora

Viola calcarata subsp. calcarata Viola calcarata subsp. villarsiana

Viola cenisia Viola riviniana

Common name

Common Cow-wheat Wood Cow-wheat Mt. Cenis Lousewort Crested Lousewort Leafy Lousewort

Pink Lousewort

Verticillate Lousewort Greater Yellow Rattle

Hay Rattle

Dark Mulliein White Mullein Hoary Mullein Aaron's Rod a Speedwell Alpine Speedwell

Leafless-stemmed Speedwell

Violet Speedwell
Germander Speedwell
Rock Speedwell
Large Speedwell

Nettle-leaved Speedwell

Tamarisk Family

Myricaria

Daphne Family

Alpine Mezereon Spurge Laurel Mezereon

Nettle Family

Common Nettle

Valerian Family

Marsh Valerian Mountain Valerian Common Valerian Rock Valerian Dwarf Valerian

Three-leaved Valerian

Violet Family

Field Pansy Yellow Violet

Long-spurred Pansy Long-spurred Pansy Mt. Cenis Pansy Common Dog Violet

Scientific name Common name Liliidae (Monocotyledons)

Dioscoreaceae Black Bryony Family

Tamus communis Black Bryony

Iridaceae Iris Family

Crocus albiflorus White-flowered Crocus

JuncaginaceaeArrow-grass FamilyTriglochin palustreMarsh Arrow-grass

LiliaceaeLily FamilyAllium schoenoprasumChives

Allium sphaerocephalon Round-headed Leek
Anthericum liliago St. Bernard's Lily

Asphodelus albus Asphodel
Colchicum autumnale Autumn Crocus

Gagea fragifera (G. fistulosa) a Yellow Star of Bethlehem

 Lillium bulbiferum subsp. croceum
 Orange Lily

 Lillium martagon
 Martagon Lily

 Lloydia serotina
 Snowdon Lily

 Maianthemum bifolium
 May Lily

 Paradisea liliastrum
 St. Brupo's Lil

Paradisea liliastrumSt. Bruno's LilyPolygonatum multiflorumSolomon's-sealTofieldia calyculataTofield's Asphodel

Veratrum album subsp. lobelianum White False Helleborine

Orchidaceae Orchid Family

Coeloglossum viride Frog Orchid
Corallorhiza trifida Coral-root orchid

Dactylorhiza alpestrisBroad-leaved Marsh OrchidDactylorhiza cruentaFlecked Marsh OrchidDactylorhiza fuchsiiCommon Spotted-orchidDactylorhiza maculataHeath Spotted Orchid

Dactylorhiza majalisBroad-leaved Marsh OrchidEpipactis atrorubensDark Red HelleborineEpipactis helleborineBroad-leaved HelleborineGymnadenia albidaSmall White Orchid

Gymnadenia cenisia

Gymnadenia conopsea

Mt.Cenis Vanilla Orchid
Fragrant Orchid

Gymnadenia cornelliana Red Vanilla Orchid
Gymnadenia rhellicani a Vanilla Orchid
Neottia ovata
Twayblade

Neottia ovata

Orchis mascula
Orchis militaris

Twayblade

Early Purple Orchid

Military Orchid

Traunsteinera globosa Round-headed Orchid

Birds (✓ = recorded but not counted; H = heard only)

			June/July							
	Common name	Scientific name	27	28	29	30	1	2	3	4
1	Rock Ptarmigan	Lagopus mutus					Н			
2	Rock Partridge	Alectoris graeca							Н	
3	Little Egret	Egretta garzetta	1							
4	Lammergeier	Gypaetus barbatus	1			4	1		1	
5	Golden Eagle	Aquila chrysaetos		2		2		1	1	
6	Eurasian Sparrowhawk	Accipiter nisus	1							
7	Common Kestrel	Falco tinnunculus				3		1	2	2
8	Rock Dove / Feral Pigeon	Columba livia	✓							✓
9	Common Wood Pigeon	Columba palumbus	6							
10	Common Cuckoo	Cuculus canorus		Н	Н					
11	Common Swift	Apus apus	√	✓		✓	√	√	√	✓
12	Great Spotted Woodpecker	Dendrocopus major					2			
13	Common Skylark	Alauda arvensis				2	H	Н		4
14	Eurasian Crag Martin	Ptyonoprogne rupestris		5		_	3	3	2	
15	Barn Swallow	Hirundo rustica	✓	√						✓
16	Common House Martin	Delichon urbicum		6		3		2		
17	Water Pipit	Anthus spinoletta				4	6	10	10	12
18	Tree Pipit	Anthus trivialis				-	1	10	10	12
19	White Wagtail	Motacilla alba		2	6	2	<u>'</u>	1	4	2
20	Grey Wagtail	Motacilla cinerea		1	0			•	7	
21	White-throated Dipper	Cinclus cinclus		ı					2	
22	Dunnock	Prunella modularis				Н		Н		
		Prunella modularis Prunella collaris				П		П		4
23	Alpine Accentor									1
24	European Robin	Erithacus rubecula		4	Н		Н	✓	✓	✓
25	Black Redstart	Phoenicurus ochruros	Н	4	6	✓	Н			
26	Northern Wheatear	Oenanthe oenanthe				3	12	20	20	30
27	Whinchat	Saxicola rubetra		4	4	1	1	1	2	1
28	Song Thrush	Turdus philomelos								Н
29	Mistle Thrush	Turdus viscivorus			_	1	1			
30	Fieldfare	Turdus pilaris		2	2		4			
31	Common Blackbird	Turdus merula			1		4			
32	Ring Ouzel	Turdus torquatus alpestris						Н		1
33	Rufous-tailed Rock Thrush	Monticola saxatilis							1	2
34	Garden Warbler	Sylvia borin			1		1			
35	Blackcap	Sylvia atricapilla			Н	Н	4	Н	1	Н
36	Marsh Warbler	Acrocephalus palustris					1			
37	Western Bonelli's Warbler	Phylloscopus bonelli					Н			
38	Common Chiffchaff	Phylloscopus collybita		Н	Н					
39	Goldcrest	Regulus regulus			1					
40	Firecrest	Regulus ignicapilla			1					
41	Winter Wren	Troglodytes troglodytes					Н			
42	Great Tit	Parus major		6	6		6		Н	
43	Coal Tit	Periparus ater		Н	4					
44	European Blue Tit	Cyanistes caeruleus					6			
45	Crested Tit	Lophophanes cristatus		Н	Н		Н			
46	Long-tailed Tit	Aegithalos caudatus			12					
47	Red-backed Shrike	Lanius collurio		5	1					
48	Common Magpie	Pica pica					2		3	2
49	Eurasian Jay	Garrulus glandarius			2		2			

June/July										
	Common name	Scientific name	27	28	29	30	1	2	3	4
50	Spotted Nutcracker	Nucifraga caryocatactes		Н		2				
51	Western Jackdaw	Corvus monedula	✓	✓						
52	Red-billed Chough	Pyrrhocorax pyrrhocorax				2	Н		2	
53	Alpine Chough	Pyrrhocorax graculus			1	12	12	8	4	15
54	Hooded Crow	Corvus cornix	✓							✓
55	Carrion Crow	Corvus corone		✓	✓	✓	✓			
56	Common Raven	Corvus corax			Н		Н		3	
57	Common Starling	Sturnus vulgaris	3					1	3	2
58	House Sparrow	Passer domesticus			✓	✓	✓	✓	✓	✓
59	Italian Sparrow	Passer italiae		1						
60	White-winged Snowfinch	Montifringilla nivalis				3	2		10	1
61	Common Chaffinch	Fringilla coelebs		Н	✓	✓	Н	Н		
62	Common Linnet	Carduelis cannabina		4		2		6	4	
63	Common Redpoll	Carduelis flammea			3					
64	European Goldfinch	Carduelis carduelis		6	✓	✓	✓	✓	✓	✓
65	European Greenfinch	Chloris chloris			Н					
66	Eurasian Siskin	Carduelis spinus					2			
67	European Serin	Serinus serinus		Н		Н	2	1	Н	1
68	Eurasian Bullfinch	Pyrrhula pyrrhula					1			
69	Common Crossbill	Loxia curvirostra			Н					
70	Yellowhammer	Emberiza citrinella		Н		1	2			
71	Rock Bunting	Emberzia cia		1	1					

Butterflies

1	Dingy Skipper	Erynnis tages	34	Turquoise Blue	Plebicula dorylas
2	Grizzled Skipper	Pyrgus malvae	35	Common Blue	Polyommatus icarus
3	Oberther's Grizzled Skipper	Pyrgus amoricanus	36	Eros Blue	Polyammatus eros
4	Safflower Skipper	Pyrgus carthami	37	Small Tortoiseshell	Aglais urticae
5	Red-underwing Skipper	Spialia sertorius	38	Red Admiral	Vanessa atalanta
6	Small Skipper	Thymelicus sylvestris	39	Painted Lady	Vanessa cardui
7	Large Skipper	Ochlodes sylvanus	40	Comma Butterfly	Polygonia c-album
8	Apollo	Parnassius apollo	41	Weaver's Fritillary	Clossiana dia
9	Swallowtail	Papilio machaon	42	Glanville Fritillary	Melitaea cinxia
10	Wood White	Leptidea sinapis	43	False Heath Fritillary	Melitaea diamina
11	Black-veined White	Aporia crataegi	44	Knapweed Fritillary	Melitaea phoebe
12	Small White	Pieris rapae	45	Heath Fritillary	Mellicta athalia
13	Mountain Green-veined White	Pieris bryoniae	46	Grison's Fritillary	Mellicta varia
14	Peak White	Pontia callidice	47	Cynthia's Fritillary	Hypodryas cynthia
15	Orange Tip	Anthocharis cardamines	48	Dark Green Fritillary	Argynnis aglaja
16	Mountain Clouded Yellow	Colias phicomone	49	High Brown Fritillary	Argynnis adippe
17	Berger's Clouded Yellow	Collias alfacariensis	50	Queen of Spain Fritillary	Issoria lathonia
18	Blue-spot Hairstreak	Satyrium spini	51	Shepherd's Fritillary	Boloria pales
19	Scarce Copper	Lycaena virgaureae	52	Mountain Fritillary	Boloria napaea
20	Sooty Copper	Lycaena tityrus	53	Small Pearl-bordered Fritillary	Boloria selene
21	Purple-shot Copper	Lycaena alciphron	54	Pearl-bordered Fritillary	Boloria euphrosyne
22	Purple-edged Copper	Lycaena hippothoe	55	Titania's Fritillary	Boloria titania
23	Little Blue	Cupido minimus	56	Large Wall Brown	Lasiommata maera
24	Osiris Blue	Cupido osiris	57	Alpine Heath	Coenonympha gardetta
25	Mountain Alcon Blue	Maculinea rebeli	58	Darwin's Heath	Coenonympha darwiniana
26	Large Blue	Maculinea arion	59	Small Heath	Coenonympha pamphilus
27	Silver-studded Blue	Plebejus argus	60	Large Ringlet	Erebia euryale
28	Idas Blue	Plebejus idas	61	Almond-eyed Ringlet	Erebia alberganus

29	Geranium Argus	Eumedonia eumedon	62	Woodland Ringlet	Erebia medusa
30	Alpine Blue	Albulinia orbitulus	63	Dewy Ringlet	Erebia pandrose
31	Damon Blue	Agrodiaetus damon	64	Marbled White	Melanargia galathea
32	Mazarine Blue	Cyaniris semiargus	65	Alpine Grayling	Oeneis glacialis
33	Escher's Blue	Polyommatus escheri	66	Great Sooty Satyr	Satyrus ferula

Mammals

Red Fox	Vulpes vulpes	European Hare	Lepus europaeus
Roe Deer	Capreolus capreolus	Red Squirrel	Sciurus vulgaris
Alpine Chamois	Rupicapra rupicapra	Alpine Marmot	Marmotta marmotta
Alpine Ibex	Capra ibex		

Reptiles & Amphibians

Common Froa	Rana temporaria	Common Wall Lizard	Podarcis muralis

