

The Italian & French Alps

Naturetrek Tour Report

1 - 8 July 2014

Report compiled by Philip Thompson



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Day 1

Tuesday 1st July

The tour got off to a rather disappointing start with the cancellation of our morning flight to Turin. After much behind the scenes organising, we were able to reschedule our outward departure for the next day via Rome. The group all then relocated to a hotel for a dinner and nights sleep courtesy of the airline.

Day 2

Wednesday 2nd July

The group returned to the airport, and departed for Turin via Rome. We arrived in lovely weather in the mid-afternoon to unpack and have a drink and talk before a splendid meal with anticipation high for the days ahead.

Day 3

Thursday 3rd July

The day dawned with clear skies and bright sunshine as we set off for the short drive to the village of Gimillan for our first walk. As we began the walk climbing through the tall lush meadows alongside the village, it was clear that the warm sunny conditions had brought the butterflies out in force! Throughout the day the group were struck by the abundance and diversity of butterflies on the wing. At the start of the walk the most notable species seen were several patrolling Apollo's, numerous Dark Green Fritillaries and Almond-eyed Ringlets and several kinds of Blue's. Not to be overshadowed the plants lived up to expectations with an overwhelming array of species in flower. As a result our initial progress was rather slow as we were repeatedly overtaken by local walkers and a volunteer group of local youngsters strimming the path edges! Members of the Campanulaceae were notable with 9 different species seen during the day, which included *Campanula cochlearifolia*, *rhomboidalis* and *scheuchzeri* and *Phyteuma betonicifolium*, *spicatum* and *orbiculare*. Another well-represented family was the Crassulaceae, with several species of Sedum seen, but mainly of interest by the abundance of Houseleeks with *Sempervivum grandiflorum* the star of the show.

The path entered a section of pine woodland with rocky scree slopes. Here among abundant *Saxifraga paniculata* we were able to find some examples of the localised *Aethionema thomasianum*. We then dropped down to cross the river where areas of damp mud attracted several species of butterfly which held our attention for some time before we moved on through another section of open meadow being grazed by the inquisitive local cattle. On reaching some shady pines on the far side of the meadow we stopped to enjoy a picnic lunch with an unbeatable view across towards the high peaks of the Gran Paradiso NP. A pair of Lesser Whitethroats joined us for lunch, coming down to some low scrub alongside to give a burst of song and brief but clear views. With lunch completed we began to move off on our return journey by a different path, only to pause almost immediately with the discovery of a few examples of the iconic Edelweiss in the flower filled thin soils on the edges of the meadow! Among the numerous butterflies were a few Large Blues.

With the return to the vehicles we then relocated to within the NP and the village of Valnontey. After a refreshing coffee in one of the local cafes we then took a short walk along the river flowing along the valley floor. After a short distance we diverted a little to explore a wet and marshy meadow which was full of botanical interest, notably abundant *Dactylorhiza majalis*, *Trifolium badium*, *Arnica montana* and *Pedicularis rostratispicata*. We rejoined the main path by the river and continued to a section of vegetated alluvial embankment on which some fine examples of *Astragalus centralpinus* were just coming into flower. At this point we turned to retrace our steps back to the vehicle. The only Purple-shot Copper of the trip was spotted and admired to add to the ever-growing list of butterflies seen. As we crossed one of the footbridges we next found some flowering examples of *Myricaria germanica* in the riverside rocky alluvium.

Day 4

Friday 4th July

Today, whilst a transfer day, was still packed with fantastic scenery and several exciting stops en route. We began by heading west towards Monte Blanco, as it is known in Italy, or more famously as Mont Blanc. The weather was rather overcast so we were unable to even catch a glimpse of this huge mountain that lay directly in front of us shrouded in cloud! We then turned south to begin the ascent up to the Col du Petit St. Bernard at 2188m. The multi switchback road up was stunning with a rich and diverse flora all along the roadsides. Once we reached the col, which lies above the tree line, the habitat took on a completely different appearance we stopped for a short exploration and a coffee. Behind the café our first Alpine Marmot was spotted making canny use of one of the drainage pipes for a shelter (easier than digging your own!). The conditions were considerably cooler and damper than those experienced previously in Italy, but members of the group still enjoyed a period of exploration among the Roman ruins and alpine meadows. Several Alpine Choughs were seen flying close overhead and landing on the rooftops during our time here. A number of typical high alpine plants were seen including our first blue Gentians, *Gentiana verna*.

We moved on a short distance to drop down into la Rosiere situated at 1850m on the southern slopes. Here the skies began to clear and it was a lot warmer than earlier! We stopped for a further exploration by the group members and/or a coffee. Most interest was directed towards the large patch of *Cicerbita alpina* growing by the roadside on the outskirts of the village but other plants found included *Campanula barbata* and *Gentiana lutea*. We next began the descent down an equally winding road to the opposite valley of Val d'Isere. After passing through the rather deserted ski town we stopped for lunch at the base of the next ascent in a quiet car park with tables and chairs!

We took a walk from here climbing steadily following a fast flowing stream running beneath us. As usual the colourful array of plants took our attention and slowed progress. The route levelled off as it entered a narrow dramatic gorge. On the slopes above us a feeding herd of Alpine Ibex females and young kids were seen as they grazed unconcerned. From within the gorge, on the steep rocky sides, a pair of Alpine Accentors was spotted feeding and moving among the rocks. Shortly after a Golden Eagle was sighted soaring overhead joined in the same thermal by a large party of Alpine Choughs and a lone Raven. At the furthest point on our walk large numbers of Edelweiss were seen dotting the slopes. With this highlight we returned to the vehicles and then climbed into the high alpine zone of the Col de l'Iseran before next travelling through the wonderful scenic heights before taking the rapid descent to the next valley holding our next destination of Lanslevillard, where we would be based for the remainder of the trip.

Day 5

Saturday 5th July

Now in the Vanoise NP we began with a visit to Bellecombe set high above the village of Termignon. The journey up provided plenty of tempting stops en route, but we resisted and drove up to the main car park to begin our walk. The soils and geology here were different to the Italian side, with a more acidic nature evident in the species of plant present. Several species that are very scarce and sought after in the UK were here abundant joined by classic mountain species such as *Gentiana acaulis*, *Scutellaria alpina*, *Linaria alpina* and *Oxytropis gaudinii*. We were again extremely lucky in seeing a pair of Alpine Accentors feeding among the rocky slopes. Above us several Water Pipits and Northern Wheatears performed song flights. Passing through a section of large boulders a movement was spotted. After a period of watching and several more extremely fleeting views it was realised that a Stoat was actively hunting through the boulders. Its prey of Snow Voles was also seen as they fled in rapid bounds between the rocks to vanish into the crevices! Butterflies at this altitude were less prolific but those seen were real alpine specialists. Some of the first seen and identified were a few Peak Whites.

As we reached the Refugio we stopped for a quick coffee and rest stop to admire the wonderful views all around. We then moved on into an area of thick *Rhododendron ferrugineum* scrub. Here we found *Anemone baldensis*, *Dryas octopetala* and *Callianthemum coriandrifolium* all growing together with their very similar flowers. Below us we were entertained by the wrestling and sparring of the local Marmots. They needed to be wary, as their constantly heard alarm whistles demonstrated, as we shortly had a splendid flypast of a hunting adult Golden Eagle hugging the contours of the mountainside! We soon stopped to have another picnic with a view to beat most.

We then returned, via the Refugio, to then take a walk across the open meadows towards some rocky outcrops. We found a confusing mix of gentians present comprising both *Gentiana alpina* and *acaulis*. A single of the scarce Glandon Blue was found among the short grasses. Among the boulders we were able to admire the diminutive *Phyteuma globularifolium* subsp. *pedemontana* in all its glory of 4cm high. Among the grass in places there was a profusion of *Gymnadenia conopsea*. Around us several Marmots were watched as they kept a similar watch on us and fed (mainly the heads of the flowers!). On our return to the main track a small group of Edelweiss was again seen (it was becoming too easy to see this sought after specialist alpine plant!). Once back at the vehicles we drove back down with time in hand to take a few short stops and a walk in the areas seen on the way up. Our first stop was to check a roadside bank with abundant *Campanula barbata* and *thysoides*. Next we stopped for a quick scramble through a roadside meadow that held several new exciting plants found in quick succession such as *Traunsteinera globosa*, *Veronica allionii*, *Paradisea liliastrum* and *Stachys pradica*.

Finally we took a walk through the pine woodland lower down. Here a fantastic medley of species was found starting with 3 species of Wintergreen, *Veronica urticifolia*, *Neottia nidus-avis* and *Polygala chamaebuxus*. At a large rocky outcrop a few rosettes of *Saxifraga diapensioides* were found, whilst beneath the overhang the trailing stems of *Clematis alpina* had set seed already. Leaf rosettes of what was probably *Pinguicula leptoceras* were also here. We next reached an area of more open wooded scree. Here among numerous *Dactylorhiza maculata* a single *Dactylorhiza cruenta* was picked out with its more claret coloured flowers and leaves flecked with spots on the tips only. We crossed a small stream on the far side of which grew *Melampyrum nemorosum* with its attractive 3 coloured flowers and bracts of purple, yellow and orange. We had by now exhausted all available time so we then made for the hotel and dinner.

Day 6

Sunday 6th July

We began the day with a few of the group taking an early morning walk from the hotel. Birds were our main focus with both species of Redstart, family groups of Fieldfares, Bullfinch and Blackcap all seen. Our main targets were the pairs of Marsh Warblers breeding in the tall Meadowsweet beds, of which 2-3 were seen. New plants were still on offer with the tall handsome *Cirsium heterophyllum* the stars. For the whole group the day was spent in a couple of walks beneath the peaks of the Petit and Grand Mont Cenis after which several species of plant are named.

Our morning began with clear skies and warm sunshine as we set off from the Refuge de Petit Mont Cenis. Numerous tall spikes of *Gentiana punctata* were all around with their purple spotted yellow flowers. The way led through a wonderful array of boulders and meadows with bright colourful combinations to inspire any alpine gardener. Several rocks held large groups of *Dianthus pavonius*, *Helianthemum oelandicum subsp. canum*, *Trifolium alpinum*, *Sedum spp.*, *Sempervivum spp.* and *Potentilla grandiflora* in a riot of pink and yellow. At one large rock a fine flowering colony of *Aquilegia alpina* was found with its large showy blooms. The grassy areas were full of *Gymnadenia conopsea*, *Coeloglossum viride* and *Pedicularis retratospicata* and *verticillata*. In small colonies several spikes of the small, but perfectly formed, *Gymnadenia conopsea* were found.

The streamside's held a different assemblage of species such as *Allium schoenoprasum*, *Viola biflora* and *Trollius europaeus*. Our walk led towards a view across the deep valley of Vallon de Savine. The meadows here seemed to be custom made to demonstrate different colour combinations with the blues changing in shade from one area to the next. We began to loop back from here, taking a different path that led past several stunningly colourful boulders, one of which held good numbers of the localised *Saponaria lutea* among a mix of species.

Arriving back at the vehicles we drove a short distance to take a picnic in the flower meadows. We drove on to have a coffee break at a café overlooking the Lac du Mont Cenis. A couple of Snowfinches were noticed flying over the roof of the building to collect food in the nearby meadows. On further investigation they were found to be nesting in the eaves and were watched bringing food to their noisy young, with one bird landing at our feet for a fabulous close-up view. Cloud had by now begun to build a little, which by the time we had then driven on to take a contour walk along the lower slopes of the Grand Mont Cenis meant that we were shrouded in passing mist and cloud with the summits only appearing periodically for short glimpses. We persevered with the walk, which still had plenty to offer in the way of plants, Marmots and the odd butterfly found roosting in the cool conditions. The best of these were singles of Mountain Dappled White and Zephyr Blue. Birding proved tricky with the poor visibility and the hoped for species remained unseen.

Day 7

Monday 7th July

Today we retraced our steps from the transfer day to spend time in the high, alpine conditions of the Col de l'Iseran at 2764m. The weather was good for our visit with the temperature a comfortable 8C with little or no wind. Once we had disembarked and begun to explore a whole range of specialist plant species were found, all no more than 2-3cm tall! Large patches of the attractive *Saxifraga oppositifolia* covered one area, still in full flower at this altitude. Notable new finds included *Cerastium latifolium* and *uniflorum*, *Petrocallis pyrenaica*, *Pritzelago alpina*, *Saxifraga androsacea*, *Artemesia umbelliformis* and *Gentiana orbicularis* and *schleicheri*. Large areas of wet scree were covered with *Ranunculus glacialis*. We were once more extremely lucky to find a couple of Alpine Accentors feeding at our feet (these rare and elusive birds proving, rather like Edelweiss, rather embarrassingly easy to see this year!).

After some time spent scouring the flat areas we moved on, via the Refuge and breeding Snowfinches, to climb a short steep section of the path up the Pointe des Lessieres which reaches 3043m. Our aim was not to reach the summit but to explore the steep flanks of scree and rock face in pursuit of more plants! As we climbed slowly we were able to find our main target of *Campanula cenisia* growing from the rock crevices in this tough and challenging environment. Other plants found here included *Gallium megalospermum*, *Androsace helvetica*, *Potentilla reptans* and *Doronicum grandiflorum*.

With the cloud cover building and conditions cooling, we next moved to explore some areas lower down. With rain seeming imminent we opted to take an earlier lunch in the hope of avoiding the showers in which we were only partly successful! Nonetheless, our lunch stop had a wonderful view enlivened by the sighting of a Lammergeyer drifting above us and we only got a little damp around the edges. After we had finished eating we took a short walk to admire the nearby waterfall, which had a particularly strong flow this year. On the rocks nearby we found *Phyteuma hemisphaericum* alongside *Achillea erba-rota* and *Gnaphalium supinum*. Scanning the hillsides above us 2 separate Alpine Chamois were picked out, one of which was not too distant allowing for a decent view.

For our next walk we took a contour trail (with a little climbing!) below the rather unfortunately named (from an English-speaking perspective) Pointe des Arses! This provided a steady climb giving unbelievable views of the peaks and glaciers around us. Things got off to a great start when a Lammergeyer was sighted a couple of times, both below us and then low overhead, which was then joined by a second bird passing the distant slopes. Yet more Edelweiss was found (people were becoming bored with it by now) in excellent amounts alongside the track as well as a few other new plants. Birds seen here included several Water Pipits and Northern Wheatears and a family party of Alpine Accentors (yes, more of them!).

The main drama occurred when the alarm calls of the various birds could be heard above us. A hunting Stoat was then seen as it made its sinuous way among the tumbled boulders among which these birds nested and had their young. A pair of Rufous-tailed Rock Thrushes joined the attack as the birds scolded and dive-bombed the persistent predator. Wildlife notwithstanding it was the views that really stole the attention on this walk, which the whole group hopefully really enjoyed and appreciated. For the remainder of the day, and with the sun starting to reappear and raise temperatures, we took a final walk along the Ruisseau de la Lenta torrent in the hope of finding some butterflies. No luck with this but we were compensated with some great plants, notably *Gentiana bavarica* and a small clump of the white-flowered *Narcissus raddiiflora*.

Overhead a distant soaring raptor came nearer to be identified as a Griffon Vulture, amazingly joined by a single Black Vulture! These birds being, presumably, wandering individuals from the re-introduction projects in place in southern France. It was then time to return but not without further drama in the shape of a fallen cow in the middle of the road on the steep descent. This individual looked dazed, having probably fallen from the grazing pastures above! We carefully skirted round and drove on to the nearby Tourist Information office to inform them of the situation. The lady there immediately picked up the phone to contact the cows owner, giving the impression that this is not such a rare occurrence as one would think!

Day 8

Tuesday 8th July

With our return flight not due to leave until the late afternoon we were able to enjoy one further walk and picnic. The walk we took in the high slopes behind Lanslevillard. This was reached along a narrow rough track reaching a rather fine car park with information boards high above the village. Those in the front vehicle were fortunate in seeing a Rock Partridge running along the track before scampering up into the rocky cliffs alongside. The main reason for our visit was immediately apparent with several beautiful flowering *Lilium bulbifera subsp. crocea* in several spots next to the vehicles.

We then set off on a gentle walk along a flat wide track allowing us to admire the wonderful diversity of plants found here in bloom. Abundant *Asphodelus alba* had unfortunately passed their best with only a few flowers left but compensated with new plants such as *Pseudolysimachion spicatum* and *Orchis ustulata*. Hoped for butterflies were rather absent but a few were picked out roosting in the grass in the damp cool conditions. The highlight was finding a lone Alpine Blue which could be examined and admired at leisure in its torpid state. On the return journey those in the lead vehicle were extremely fortunate with the brief sighting of a Wild Cat that shot across the track and vanish into the pine woodland!

After making our way back to the hotel to load up and say goodbye we returned to the Lac du Mont Cenis for a walk around the alpine gardens and a light lunch before crossing the border back into Italy and the long descent to pick up the motorway back to Turin...

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Species List

Plants

Scientific Name	Common Name
PTERIDOPHYTES	FERNS & ALLIES
Adiantaceae	Maidenhair Fern Family
<i>Adiantum capillus-veneris</i>	Maidenhair fern
Aspleniaceae	Spleenwort family
<i>Asplenium ruta-muraria</i>	Wall Rue
<i>Asplenium septentrionale</i>	Forked Spleenwort
<i>Asplenium trichomanes</i>	Maiden-hair Spleenwort
<i>Asplenium viride</i>	Green Spleenwort
<i>Ceterach officinalis</i>	Rustyback
Dryopteridaceae	Buckler-fern Family
<i>Dryopteris filix-mas</i>	Male-fern
<i>Polystichum aculeatum</i>	Hard Shield-fern
<i>Polystichum lonchitis</i>	Holly-fern
Ophioglossaceae	Adder's-tongue Family
<i>Botrychium lunaria</i>	Moonwort
Woodsiaceae	Lady-fern Family
<i>Athyrium distentifolium</i>	Alpine Lady Fern
<i>Woodsia alpina</i>	Alpine Woodsia
PINOPSIDA (GYMNOSPERMS)	CONIFERS
Cupressaceae	Juniper Family
<i>Juniperus communis</i> subsp. <i>communis</i>	Common Juniper
<i>Juniperus communis</i> subsp. <i>alpina</i>	Dwarf Juniper
<i>Juniperus sabina</i>	Savin
Pinaceae	Pine Family
<i>Abies alba</i>	European Silver Fir
<i>Larix decidua</i>	European Larch
<i>Picea abies</i> subsp. <i>abies</i>	Spruce
<i>Pinus mugo</i>	Dwarf Mountain Pine
<i>Pinus sylvestris</i>	Scot's Pine
<i>Pinus uncinata</i>	Mountain Pine
MAGNOLIOPSIDA (ANGIOSPERMS)	FLOWERING PLANTS
Magnoliidae (Dicotyledons)	
Apiaceae	Carrot Family
<i>Angelica sylvestris</i>	Wild Angelica
<i>Anthriscus sylvestris</i>	Cow Parsley
<i>Astrantia major</i>	Great Masterwort
<i>Astrantia minor</i>	Lesser Masterwort
<i>Athamanta cretensis</i>	Athamanta
<i>Bupleurum ranunculoides</i>	Three-veined Hare's-ear

Scientific Name

Chaerophyllum aureum
Chaerophyllum hirsutum
Heracleum sphondylium
Laserpitium halleri
Laserpitium latifolium
Laserpitium siler
Ligusticum mutellina
Ligusticum mutellinoides
Meum athamanticum
Peucedanum ostruthium
Pimpinella major
Pleurospermum austriacum
Sanicula europaea
Trinia glauca

Asclepiadaceae

Vincetoxicum hirundinaria

Asteraceae

Achillea erba-rotta agg
Achillea macrophylla
Achillea millefolium
Achillea nana
Adenostyles alliariae
Antennaria carpatica
Antennaria dioica
Arnica montana
Artemisia absinthium
Artemisia campestris
Artemisia glacialis
Artemisia umbelliformis
Aster alpinus
Aster bellidastrum
Carduus nutans
Carduus defloratus
Carduus personata
Carlina acaulis
Cicerbita alpina
Cirsium heterophyllum (helenioides)
Cirsium palustre
Cirsium spinosissimum
Centaurea montana
Centaurea nervosa
Centaurea scabiosa
Centaurea uniflora
Crepis aurea
Crepis rhaetica
Doronicum grandiflorum
Erigeron acer
Erigeron alpinus
Erigeron glabratus
Gnaphalium supinum
Hieracium alpinum agg

Common Name

Golden Chervil
Hairy Chervil
Hogweed

Broad-leaved Sermountain
Narrow-leaved Sermountain
Alpine Lovage
Unbranched Lovage
Spignel
Masterwort
Greater Burnet-saxifrage
Pleurospermum
Sanicle

Milkweed Family

Swallow-wort

Daisy Family

Simple-leaved Milfoil
-
Yarrow
Dwarf Milfoil
Adenostyles
Carpathian Cat's-foot
Cat's-foot
Arnica
Wormwood
Field Wormwood
Glacier Wormwood
-
Alpine Aster
False Aster
Musk Thistle
Alpine Thistle
Great Marsh Thistle
Stemless Carline Thistle
Alpine Sow-thistle
Melancholy Thistle
Marsh Thistle
Spiniest Thistle
Perennial Cornflower

Greater Knapweed
Plume Knapweed
Golden Hawk's-beard

Large-flowered Leopard's-bane
Blue Fleabane
Alpine Fleabane
Variable Fleabane
Dwarf Cudweed
Alpine Hawkweed

Scientific Name

Hieracium aurantiacum
Hieracium cymosum
Hieracium tomentosum
Hieracium villosum
Homogyne alpina
Hypochaeris uniflora
Lactuca perennis
Leontopodium alpinum
Leucanthemopsis alpina
Leucanthemum vulgare
Petasites albus
Petasites hybridus
Pilosella officinarum
Prenanthes purpurea
Senecio doronicum
Senecio incanus
Solidago virgaurea
Taraxacum agg
Tragopogon pratensis subsp. orientalis
Tussilago farfara

Berberidaceae

Berberis vulgaris

Betulaceae

Alnus viridis

Boraginaceae

Cerinthe minor
Echium vulgare
Myosotis alpestris
Myosotis sylvatica
Onosma pseudoarenaria
Pulmonaria australis
Pulmonaria montana

Brassicaceae

Aethionema thomasianum
Allyssoides utriculata
Alyssum alyssoides
Alyssum montanum
Arabis alpina
Arabis glabra
Arabis turrita
Barbarea vulgaris
Biscutella laevigata
Draba aizoides
Erysimum jugicola
Erysimum rhaeticum
Kernera saxatilis
Lepidium campestre
Petrocallis pyrenaica
Pritzelago alpina

Common Name

Fox-and-Cubs
 Woolly Hawkweed
 -
 Alpine Colt's-foot
 Giant Cat's-ear
 Blue Lettuce
 Edelweiss
 Alpine Moon Daisy
 Ox-eye Daisy
 White Butterbur
 Butterbur
 Mouse-eared Hawkweed
 Purple Lettuce
 Chamois Ragwort
 -
 Goldenrod
 Dandelion
 Goat's-beard
 Colt's-foot

Barberry Family

Barberry

Birch Family

Green Alder

Forget-me-not Family

Lesser Honeywort
 Viper's-bugloss
 Alpine Wood Forget-me-not
 Wood Forget-me-not
 Golden Drops
 Narrow-leaved Lungwort
 Mountain Lungwort

Cabbage Family

a Burnt Candytuft
 Alyssoides
 Small Alyssum
 Mountain Alyssum
 Alpine Rock-cress
 Tower Mustard
 Tower-cress
 Common Winter-cress
 Buckler Mustard
 Yellow Whitlow-grass
 -
 -
 Kenera
 Field Pepperwort
 Pyrenean Whitlow-grass
 Chamois Cress

Scientific Name**Common Name***Sisymbrium austriacum*

Austrian Rocket

Campanulaceae**Bellflower Family***Campanula barbata*

Bearded Bellflower

Campanula cenisia

Mt. Cenis Bellflower

Campanula cochlearifolia

Fairy's Thimble

Campanula glomerata

Clustered Bellflower

Campanula rapunculoides

Creeping Bellflower

Campanula rhomboidalis

a Bellflower

Campanula rotundifolia

Harebell

Campanula scheuchzeri

Scheuchzer's Bellflower

Campanula spicata

Spiked Bellflower

Campanula thyrsoidea

Yellow Bellflower

*Phyteuma betonicifolium**Phyteuma globularifolium* subsp. *pedemontanum*

a Rampion

Phyteuma hemisphaericum

Globe-headed Rampion

Phyteuma humile

Dwarf Rampion

Phyteuma orbiculare

Round-headed Rampion

Phyteuma ovatum

Dark Rampion

Phyteuma scorzoneraefolium

Scorzonera-leaved Rampion

Phyteuma spicatum subsp. *coeruleum*

Spiked Rampion

Caprifoliaceae**Honeysuckle Family***Lonicera caerulea*

Blue-berried Honeysuckle

Lonicera nigra

Black-berried Honeysuckle

Lonicera xylosteum

Fly Honeysuckle

Sambucus racemosa

Red-berried Elderberry

Caryophyllaceae**Pink Family***Cerastium arvense*

Field Mouse-ear

Cerastium cerastoides

Starwort Mouse-ear

*Cerastium latifolium**Cerastium tomentosum*

Snow-in-summer

Cerastium uniflorum

Glacier Mouse-ear

Dianthus carthusianorum agg.

Carthusian Pink

Dianthus gratianopolitanus

Cheddar Pink

Dianthus pavonius

Three-veined Pink

Dianthus sylvestris

Wood Pink

Gypsophila repens

Alpine Gypsophila

Lychnis flos-cuculi

Ragged Robin

Minuartia recurva

Sickle-leaved Sandwort

Minuartia sedoides

Mossy Cyphel

Minuartia verna subsp. *verna*

Spring Sandwort

Saponaria lutea

Yellow Soapwort

Saponaria ocymoides

Rock Soapwort

Silene acaulis

Moss Campion

Silene dioica

Red Campion

Silene exscapa

a Moss Campion

Silene nutans

Nottingham Catchfly

Silene otites agg.

Spanish Catchfly

Silene rupestris

Rock Catchfly

Silene suecica (*Lychnis alpina*)

Alpine Lychnis

Silene vallesia

Valleis Catchfly

Scientific Name

Silene vulgaris subsp. *vulgaris*
Silene vulgaris subsp. *prostrata*

Chenopodiaceae

Chenopodium bonus-henricus

Cistaceae

Helianthemum alpestre
Helianthemum nummularium
Helianthemum oelandicum subsp. *canum*

Clusiaceae

Hypericum richeri

Convolvulaceae

Cuscuta epithymum

Crassulaceae

Sedum acre
Sedum album
Sedum alpestre
Sedum anacampseros
Sedum annuum
Sedum atratum agg
Sedum dasyphyllum
Sedum rupestre
Sedum telephium agg
Sempervivum arachnoidium agg
Sempervivum grandiflorum
Sempervivum montanum agg
Sempervivum tectorum

Dipsacaceae

Knautia arvensis
Knautia dipsacifolia
Scabiosa columbaria

Elaeagnaceae

Hippophae rhamnoides

Empetraceae

Empetrum nigrum

Ericaceae

Arctostaphylos uva-ursi
Loiseleuria procumbens
Rhododendron ferrugineum
Vaccinium gaultherioides
Vaccinium myrtillus
Vaccinium vitis-idaea

Euphorbiaceae

Euphorbia cyparissas

Common Name

Bladder Campion
Prostrate Bladder Campion

Goosefoot Family

Good King Henry

Rock-rose Family

Rock-rose
Hoary Rock-rose

St. John's-wort Family

Alpine St. John's-wort

Bindweed Family

Dodder

Stonecrop Family

Biting Stonecrop
White Stonecrop
-
-
Annual Stonecrop
Dark Stonecrop
Fat-leaved Stonecrop
Rock Stonecrop
Orpine
Cobweb Houseleek
Large-flowered Houseleek
Mountain Houseleek
Common Houseleek

Teasel Family

Field Scabious
Wood Scabious
Small Scabious

Sea-buckthorn Family

Sea-buckthorn

Crowberry Family

Crowberry

Heather Family

Bearberry
Creeping Azalea
Alpenrose

Bilberry
Cowberry

Spurge Family

Cypress Spurge

Scientific Name**Common Name****Fabaceae**

Anthyllis vulneraria agg
Astragalus alpinus
Astragalus australis
Astragalus centralpinus
Astragalus danicus
Astragalus glycyphyllos
Astragalus leontinus
Astragalus monspessulanus
Astragalus onobrychis
Astragalus sempervirens
Hippocrepis comosa
Lathyrus pratensis
Lotus alpinus
Lotus corniculatus
Lotus pedunculatus
Medicago minima
Medicago sativa
Melilotus alba
Melilotus officinalis
Onobrychis montana
Onobrychis viciifolia
Ononis cristata (*O. cenisia*)
Ononis natrix
Ononis rotundifolia
Oxytropis campestris
Oxytropis fetida
Oxytropis gaudinii (*helvetica*)
Securigera varia
Tetragonolobus maritimus
Trifolium alpinum
Trifolium badium
Trifolium medium
Trifolium montanum
Trifolium pallescens
Trifolium pratense subsp. *pratense*
Trifolium repens
Vicia cracca
Vicia onobrychoides
Vicia sepium

Pea Family

Kidney Vetch
 Alpine Milk-vetch
 Southern Milk-vetch
 a Milk-vetch
 Purple Milk-vetch
 Wild Liquorice
 Tyrolean Milk-vetch
 False Vetch
 -
 Mountain Tragacanth
 Horseshoe Vetch
 Meadow Vetchling
 Alpine Bird's-foot Trefoil
 Bird's-foot Trefoil
 Greater Bird's-foot Trefoil
 Bur Medick
 Lucerne
 White Melilot
 Ribbed Melilot
 Mountain Sainfoin
 Common Sainfoin
 Mt. Cenis Restharrow
 Large Yellow Restharrow
 Round-leaved Restharrow
 Yellow Milk-vetch

 Gaudin's Milk-vetch
 Crown Vetch
 Dragon's Teeth
 Alpine Clover
 Brown Clover
 Zig-zag Clover
 Mountain Clover

 Red Clover
 White Clover
 Tufted Vetch
 False Sainfoin
 Bush Vetch

Gentianaceae

Gentiana acaulis
Gentiana alpina
Gentiana asclepiadea
Gentiana bavarica
Gentiana brachyphylla
Gentiana lutea
Gentiana nivalis
Gentiana orbicularis
Gentiana punctata
Gentiana schleicheri

Gentian Family

Trumpet Gentian
 Southern Gentian

 Bavarian Gentian
 Short-leaved Gentian
 Yellow Gentian
 Snow Gentian
 -
 Spotted Gentian

Scientific Name

Gentiana utriculosa
Gentiana verna subsp. *delpinensis*
Gentiana verna subsp. *verna*
Gentianella campestris

Geraniaceae

Geranium phaeum
Geranium pyrenaicum
Geranium robertianum
Geranium sylvaticum subsp. *rivulare*
Geranium sylvaticum subsp. *sylvaticum*

Globulariaceae

Globularia bisnagarica
Globularia cordifolia

Grossulariaceae

Ribes petraeum
Ribes uva-crispa

Lamiaceae

Acinos alpinus
Acinos arvensis
Ajuga pyramidalis
Ajuga reptans
Clinopodium vulgare
Prunella grandiflora
Prunella vulgaris
Salvia verbenaca
Salvia pratensis
Scutellaria alpina
Stachys pradica
Stachys officinalis
Stachys recta
Teucrium montanum
Thymus praecox subsp. *polytrichus*
Thymus serpyllum

Lentabulariaceae

Pinguicula alpina
Pinguicula vulgaris

Linaceae

Linum alpinum
Linum catharticum

Malvaceae

Malva alcea

Onagraceae

Chamerion angustifolium
Epilobium fleischeri
Epilobium montanum

Common Name

a Short-leaved Gentian
 Spring Gentian
 Field Gentian

Crane's-bill Family

Dusky Crane's-bill
 Hedgerow Crane's-bill
 Herb Robert
 a Wood Crane's-bill
 Wood Crane's-bill

Globularia Family

Matted Globularia

Gooseberry Family

Rock Redcurrant
 Wild Gooseberry

Deadnettle Family

Alpine Calamint
 Basil Thyme
 Pyramidal Bugle
 Bugle
 Wild Basil
 Large-flowered Self-heal
 Self-heal
 Common Clary
 Meadow Clary
 Alpine Skullcap
 Alpine Betony
 Betony
 Yellow Woundwort
 Mountain Germander
 Hairy Thyme
 Wild Thyme

Bladderwort Family

Alpine Butterwort
 Common Butterwort

Flax Family

Alpine flax
 Purging or Fairy Flax

Mallow Family

Hollyhock Mallow

Willowherb Family

Rosebay Willowherb
 Alpine Willowherb
 Mountain Willowherb

Scientific Name*Epilobium nutans***Orobanchaceae***Orobanche alba**Orobanche caryophyllacea**Orobanche minor***Papaveraceae***Papaver rhoeas***Parnassiaceae***Parnassia palustris***Plantaginaceae***Plantago alpina**Plantago atrata**Plantago lanceolata**Plantago major**Plantago maritima* subsp. *Serpentina**Plantago media***Plumbaginaceae***Armeria maritima* subsp. *alpina***Polygalaceae***Polygala alpestris**Polygala alpina**Polygala chamaebuxus***Polygonaceae***Oxyria digyna**Persicaria bistorta**Persicaria vivipara**Rumex acetosa**Rumex alpinus**Rumex scutatus***Primulaceae***Androsace adfinis* subsp. *puberula**Androsace helvetica**Androsace obtusifolia**Androsace vitaliana* subsp. *vitaliana**Primula farinosa**Primula latifolia**Primula pedemontana**Primula veris**Soldanella alpina***Pyrolaceae***Moneses uniflora**Orthillia secunda**Pyrola chlorantha**Pyrola minor***Common Name**

Nodding Willowherb

Broomrape Family

Thyme Broomrape

Bedstraw Broomrape

Common Broomrape

Poppy Family

Common Poppy

Grass of Parnassus Family

Grass of Parnassus

Plantain Family

Alpine Plantain

Mountain Plantain

Ribwort Plantain

Greater Plantain

Sea Plantain

Hoary Plantain

Thrift Family

Mountain Thrift

Milkwort Family

Mountain Milkwort

Alpine Milkwort

Shrubby Milkwort

Knotweed Family

Mountain Sorrel

Bistort

Alpine Bistort

Sorrel

Monk's Rhubarb

French Sorrel

Primrose Family

a Pink Rose-jasmine

Blunt-leaved Rock-jasmine

Vitaliana

Bird's-eye Primrose

Viscid Primrose

Piedmont Primrose

Cowslip

Alpine Snowbell

Wintergreen Family

One-flowered Wintergreen

Nodding Wintergreen

Pale Green Wintergreen

Common Wintergreen

Scientific Name*Pyrola rotundifolia***Ranunculaceae***Aconitum lycoctonum* subsp. *vulparia**Anemone baldensis**Aquilegia alpina**Aquilegia atrata**Callianthemum coriandrifolium**Caltha palustris**Clematis alpina**Clematis vitalba**Hepatica nobilis**Pulsatilla alpina* subsp. *alpina**Pulsatilla alpina* subsp. *millefoliata**Pulsatilla halleri**Pulsatilla vernalis**Ranunculus aconitifolius**Ranunculus acris**Ranunculus glacialis**Ranunculus keupferi**Ranunculus montanus**Ranunculus nemorosus**Ranunculus platanifolia**Ranunculus trichophyllos**Thalictrum aquilegifolium**Thalictrum foetidum**Thalictrum minus**Trollius europaeus***Resedaceae***Reseda lutea***Rhamnaceae***Rhamnus pumila***Rosaceae***Alchemilla alpina**Alchemilla glabra**Alchemilla hybrida**Alchemilla pentaphyllea**Aruncus dioicus**Cotoneaster integerrimus**Crataegus monogyna**Dryas octopetala**Filipendula ulmaria**Fragaria vesca**Geum montanum**Geum reptans**Geum rivale**Geum urbanum**Potentilla argentea**Potentilla aurea**Potentilla crantzii***Common Name**

Round-leaved Wintergreen

Buttercup Family

Wolf's-bane

Monte Baldo Anemone

Alpine Columbine

Dark Columbine

Callianthemum

Marsh Marigold

Alpine Clematis

Old Man's Beard

Hepatica

Alpine Pasque Flower

a Pasque Flower

Haller's Pasque Flower

Spring Pasque Flower

Aconite-leaved Buttercup

Meadow Buttercup

Glacier Crowfoot

Pyrenean Buttercup

Mountain Buttercup

Wood Buttercup

Thread-leaved Water-crowfoot

Great Meadow-rue

Stinking Meadow-rue

Lesser Meadow-rue

Globeflower

Mignonette Family

Mignonette

Buckthorn Family

Dwarf Buckthorn

Rose Family

Alpine Lady's-mantle

Smooth Lady's-mantle

-

Cut-leaved Lady's-mantle

Goat's-beard Spirea

Wild Cotoneaster

Hawthorn

Mountain Avens

Meadowsweet

Wild Strawberry

Mountain Avens

Creeping Avens

Water Avens

Wood Avens

Hoary Cinquefoil

Golden Cinquefoil

Alpine Cinquefoil

Scientific Name

Potentilla grandiflora
Potentilla reptans
Rosa canina
Rosa pendulina
Rosa pimpinellifolia
Rubus fruticosus agg.
Sibbaldia procumbens
Sorbus aria
Sorbus aucuparia

Rubiaceae

Asperula aristata
Asperula cynanchica
Cruciata laevipes
Galium lucidum
Galium megalospermum
Galium verum

Salicaceae

Populus tremula
Salix caesia
Salix herbacea
Salix reticulata
Salix retusa
Salix serpyllifolia

Santalaceae

Thesium alpinum
Thesium pyrenaicum

Saxifragaceae

Saxifraga aizoides
Saxifraga androsacea
Saxifraga aspera
Saxifraga bryoides
Saxifraga diapensioides
Saxifraga exarata subsp. *exarata*
Saxifraga exarata subsp. *moschata*
Saxifraga oppositifolia
Saxifraga paniculata
Saxifraga rotundifolia
Saxifraga stellaris

Scrophulariaceae

Bartsia alpina
Digitalis ambigua (*grandiflora*)
Digitalis lutea
Euphrasia rostkoviana
Linaria alpina
Linaria repens
Melampyrum nemorosum
Melampyrum pratense
Melampyrum sylvaticum

Common Name

Large-flowered Cinquefoil
 Creeping Cinquefoil
 Dog Rose
 Alpine Rose
 Burnet Rose
 Bramble
 Sibbaldia
 Whitebeam
 Rowan

Bedstraw Family

a Squinancywort
 Squinancywort
 Crosswort
 a Bedstraw
 Swiss Bedstraw
 Ladies Bedstraw

Willow Family

Aspen
 Blue-green Willow
 Least Willow
 Net-leaved
 Retuse-leaved Willow
 a Willow

Sandalwood Family

Alpine Bastard Toadflax
 Pyrenean Bastard Toadflax

Saxifrage Family

Yellow Mountain Saxifrage
 Scree Saxifrage
 Rough Saxifrage
 Rough Saxifrage

 Musky Saxifrage
 White Musky Saxifrage
 Purple Saxifrage
 Live-long Saxifrage
 Round-leaved Saxifrage
 Starry Saxifrage

Figwort Family

Alpine Bartsia
 Large Yellow Foxglove
 Small Yellow Foxglove
 an Eyebright
 Alpine Toadflax
 Striped Toadflax
 -
 Common Cow-wheat
 Wood Cow-wheat

Scientific Name**Common Name**

<i>Pedicularis cenisia</i>	Mt. Cenis Lousewort
<i>Pedicularis comosa</i>	Crested Lousewort
<i>Pedicularis foliosa</i>	Leafy Lousewort
<i>Pedicularis gyroflexa</i>	-
<i>Pedicularis rosea</i>	Pink Lousewort
<i>Pedicularis rostratospicata</i>	
<i>Pedicularis verticillata</i>	Verticillate Lousewort
<i>Rhinanthus alectorolophus</i>	Greater Yellow Rattle
<i>Rhinanthus minor</i> agg.	Hay Rattle
<i>Scrophularia canina</i> subsp. <i>hoppii</i>	French Figwort
<i>Verbascum nigrum</i>	Dark Mullein
<i>Verbascum pulverulentum</i>	Hoary Mullein
<i>Verbascum thapsus</i> subsp. <i>montanum</i>	Aaron's Rod
<i>Veronica allionii</i>	a Speedwell
<i>Veronica aphylla</i>	Leafless-stemmed Speedwell
<i>Veronica beccabunga</i>	Brooklime
<i>Veronica bellidoides</i>	Violet Speedwell
<i>Veronica chamaedrys</i>	Germander Speedwell
<i>Veronica fruticans</i>	Rock Speedwell
<i>Veronica officinalis</i>	Heath Speedwell
<i>Veronica (Pseudolysimachion) spicata</i>	Spiked Speedwell
<i>Veronica urticifolia</i>	Nettle-leaved Speedwell

Solanaceae**Nightshade Family***Hyoscyamus niger*

Henbane

Tamaricaceae**Tamarisk Family***Myricaria germanica*

Myricaria

Thymelaeaceae**Daphne Family***Daphne mezereum*

Mezereon

Urticaceae**Nettle Family***Urtica dioica*

Common Nettle

Valerianaceae**Valerian Family***Valeriana dioica*

Marsh Valerian

Valeriana montana

Mountain Valerian

Valeriana officinalis

Common Valerian

Valeriana tripteris

Three-leaved Valerian

Violaceae**Violet Family***Viola arvensis*

Field Pansy

Viola biflora

Yellow Violet

Viola calcarata subsp. *calcarata*

Long-spurred Pansy

Viola calcarata subsp. *villarsiana*

Long-spurred Pansy

Viola riviniana

Common Dog Violet

Viola tricolor subsp. *tricolor*

Heartsease

Liliidae (Monocotyledons)**Amaryllidaceae***Narcissus radiiflorus*

Scientific Name**Common Name****Dioscoreaceae****Black Bryony Family***Tamus communis*

Black Bryony

Iridaceae**Iris Family***Sisyrinchium montanum*

American Blue-eyed Grass

Juncaginaceae**Arrow-grass Family***Triglochin palustre*

Marsh Arrow-grass

Liliaceae**Lily Family***Allium schoenoprasum*

Chives

Allium sphaerocephalon

Round-headed Leek

Anthericum liliago

St. Bernard's Lily

Asphodelus albus

Asphodel

Gagea fragifera

a Yellow Star of Bethlehem

Lillium bulbiferum subsp. *croceum*

Orange Lily

Lillium martagon

Martagon Lily

Lloydia serotina

Snowdon Lily

Maianthemum bifolium

May Lily

Ornithogalum umbellatum

Star of Bethlehem

Paradisea liliastrum

St. Bruno's Lily

Tofieldia calyculata

Tofield's Asphodel

Veratrum album subsp. *lobelianum*

White False Helleborine

Orchidaceae**Orchid Family***Coeloglossum viride*

Frog Orchid

Dactylorhiza alpestris

Broad-leaved Marsh Orchid

Dactylorhiza cruenta

Flecked Marsh Orchid

Dactylorhiza fuchsii

Common Spotted-orchid

Dactylorhiza maculata

Heath Spotted Orchid

Dactylorhiza majalis

Broad-leaved Marsh Orchid

Dactylorhiza sambucina

Elder-flowered Orchid

Epipactis atrorubens

Dark Red Helleborine

Epipactis helleborine

Broad-leaved Helleborine

Gymnadenia albida

Small White Orchid

Gymnadenia conisia

Mt.Cenis Vanilla Orchid

Gymnadenia conopsea

Fragrant Orchid

Gymnadenia cornelliana

Red Vanilla Orchid

Gymnadenia rhellicani

a Vanilla Orchid

Neottia nidus-avis

Bird's-nest Orchid

Neottia ovata

Twayblade

Orchis mascula

Early Purple Orchid

Orchis ustulata

Burnt Orchid

Platanthera bifolia

Lesser Butterfly Orchid

Platanthera chlorantha

Greater Butterfly Orchid

Traunsteinera globosa

Round-headed Orchid

Birds (✓ = recorded but not counted; H = heard only)

	Common name	Scientific name	July							
			1	2	3	4	5	6	7	8
1	Black Grouse	<i>Lyrurus tetrix</i>					H			
2	Rock Partridge	<i>Alectoris graeca</i>								1
3	Mallard	<i>Anas platyrhynchos</i>				1				
4	Grey Heron	<i>Ardea cinerea</i>				1				1
5	Black Kite	<i>Milvus migrans</i>								2
6	Lammergeier	<i>Gypaetus barbatus</i>							2	
7	Black Vulture	<i>Aegypius monachus</i>							1	
8	Eurasian Griffon Vulture	<i>Gyps fulvus</i>							1	
9	Eurasian Sparrowhawk	<i>Accipiter nisus</i>		1						
10	Golden Eagle	<i>Aquila chrysaetos</i>				1	1		1	
11	Common Kestrel	<i>Falco tinnunculus</i>			1	3	3	4	3	2
12	Peregrine Falcon	<i>Falco peregrinus</i>						1		
13	Yellow-legged Gull	<i>Larus michahellis</i>							1	15
14	Rock Dove	<i>Columba livia</i>		✓	✓	✓				✓
15	Common Wood Pigeon	<i>Columba palumbus</i>		✓						6
16	Common Cuckoo	<i>Cuculus canorus</i>			H					
17	Alpine Swift	<i>Tachymarptis melba</i>			6					
18	Common Swift	<i>Apus apus</i>			✓	✓	✓	✓	✓	✓
19	Great Spotted Woodpecker	<i>Dendrocopos major</i>			H					
20	Red-backed Shrike	<i>Lanius collurio</i>			1	1			1	
21	Eurasian Jay	<i>Garrulus glandarius</i>		✓	✓	✓	✓	✓	✓	✓
22	Eurasian Magpie	<i>Pica pica</i>		✓				✓	✓	
23	Spotted Nutcracker	<i>Nucifraga caryocatactes</i>			5		4			
24	Red-billed Chough	<i>Pyrrhocorax pyrrhocorax</i>					6	6		
25	Alpine Chough	<i>Pyrrhocorax graculus</i>				40	12	20	30	8
26	Western Jackdaw	<i>Coloeus monedula</i>								5
27	Carrion Crow	<i>Corvus corone</i>			✓	✓	✓	✓		
28	Hooded Crow	<i>Corvus cornix</i>		✓						1
29	Northern Raven	<i>Corvus corax</i>				1				
30	Marsh Tit	<i>Poecile palustris</i>			3					
31	Coal Tit	<i>Parus ater</i>			H	1				
32	Great Tit	<i>Parus major</i>			✓		✓	✓		
33	Eurasian Blue Tit	<i>Cyanistes caeruleus</i>			✓					
34	Eurasian Skylark	<i>Alauda arvensis</i>				H	✓	✓		
35	Barn Swallow	<i>Hirundo rustica</i>		✓						✓
36	Eurasian Crag Martin	<i>Ptyonoprogne rupestris</i>		1	1	✓	✓	✓	✓	✓
37	Common House Martin	<i>Delichon urbicum</i>			✓	✓	✓	✓	✓	
38	Common Chiffchaff	<i>Phylloscopus collybita</i>			H		H	H		
39	Western Bonelli's Warbler	<i>Phylloscopus bonelli</i>			H					
40	Marsh Warbler	<i>Acrocephalus palustris</i>						3		
41	Eurasian Blackcap	<i>Sylvia atricapilla</i>				H	✓	✓	H	
42	Lesser Whitethroat	<i>Sylvia curruca</i>			2				1	
43	Eurasian Wren	<i>Troglodytes troglodytes</i>			✓		H	H		
44	Common Blackbird	<i>Turdus merula</i>		✓	✓	✓				1
45	Fieldfare	<i>Turdus pilaris</i>			2	2		✓	✓	
46	Song Thrush	<i>Turdus philomelos</i>			H					
47	Mistle Thrush	<i>Turdus viscivorus</i>				6	✓	✓		2
48	European Robin	<i>Erithacus rubecula</i>				1	✓	✓		
49	Black Redstart	<i>Phoenicurus ochruros</i>			2	✓	✓	✓	✓	1

	Common name	Scientific name	July							
			1	2	3	4	5	6	7	8
50	Common Redstart	<i>Phoenicurus phoenicurus</i>						2		
51	Whinchat	<i>Saxicola rubetra</i>			8	✓		4	✓	3
52	Northern Wheatear	<i>Oenanthe oenanthe</i>				✓	✓	✓	✓	3
53	Common Rock Thrush	<i>Monticola saxatilis</i>							2	
54	White-throated Dipper	<i>Cinclus cinclus</i>				1				
55	House Sparrow	<i>Passer domesticus</i>			✓	✓	✓	✓	✓	✓
56	Italian Sparrow	<i>Passer hispaniolensis italiae</i>			2					
57	White-winged Snowfinch	<i>Montifringilla nivalis</i>				1		3	2	2
58	Alpine Accentor	<i>Prunella collaris</i>				4	3		8	
59	Grey Wagtail	<i>Motacilla cinerea</i>			4	2		2	2	
60	White Wagtail	<i>Motacilla alba</i>		✓	✓	✓	✓	✓	✓	✓
61	Tree Pipit	<i>Anthus trivialis</i>								H
62	Water Pipit	<i>Anthus spinoletta</i>				✓	✓	✓	✓	
63	Common Chaffinch	<i>Fringilla coelebs</i>			✓	✓			H	
64	European Serin	<i>Serinus serinus</i>			✓	✓		6	✓	
65	European Goldfinch	<i>Carduelis carduelis</i>			✓	✓	✓	✓		✓
66	Common Linnet	<i>Carduelis cannabina</i>				✓	✓	✓	✓	✓
67	Red Crossbill	<i>Loxia curvirostra</i>			1					
68	Eurasian Bullfinch	<i>Pyrrhula pyrrhula</i>						1		
69	Yellowhammer	<i>Emberiza citrinella</i>			1	H		2	1	1
70	Rock Bunting	<i>Emberiza cia</i>			2					

Butterflies

Grizzled Skipper, *Pyrgus malvae*

Safflower Skipper, *Pyrgus carthami*

Small Skipper, *Thymelicus sylvestris*

Apollo, *Parnassius apollo*

Wood White, *Leptidea sinapis*

Large White, *Pieris brassicae*

Mountain Green-veined White, *Pieris bryoniae*

Orange Tip, *Anthocharis cardamines*

Mountain Clouded Yellow, *Colias phicomone*

Berger's Clouded Yellow, *Colias alfacariensis*

Purple-shot Copper, *Lycaena alciphron*

Little Blue, *Cupido minimus*

Large Blue, *Maculinea arion*

Silver-studded Blue, *Plebeius argus*

Alpine Blue, *Albulina orbitulus*

Damon Blue, *Agrodiaetus damon*

Turquoise Blue, *Plebicula dorylas*

Common Blue, *Polyommatus icarus*

Small Tortoiseshell, *Aglais urticae*

Glanville Fritillary, *Melitaea cinxia*

Knapweed Fritillary, *Melitaea phoebe*

Heath Fritillary, *Melicta athalia*

Dark Green Fritillary, *Argynnis aglaja*

Pearl-bordered Fritillary, *Boloria euphrosyne*

Olive Skipper, *Pyrgus serratulae*

Essex Skipper, *Thymelicus lineola*

Large Skipper, *Ochlodes sylvanus*

Swallowtail, *Papilio machaon*

Black-veined White, *Aporia crataegi*

Small White, *Pieris rapae*

Peak White, *Pontia callidice*

Mountain Dappled White, *Euchloe simplonia*

Moorland Clouded Yellow, *Colias palaeno*

Green Hairstreak, *Callophrys rubi*

Small Copper, *Lycaena phlaeas*

Osiris Blue, *Cupido osiris*

Zephyr Blue, *Plebejus pylaon*

Geranium Argus, *Eumedonia eumedon*

Glandon Blue, *Agriades glandon*

Mazarine Blue, *Cyaniris semiargus*

Chalk-hill Blue, *Lysandra coridon*

Eros Blue, *Polyommatus eros*

Painted Lady, *Vanessa cardui*

False Heath Fritillary, *Melitaea diamina*

Spotted Fritillary, *Melitaea didyma*

Marsh Fritillary, *Euphydryas aurinia*

Shepherd's Fritillary, *Boloria pales*

Large Wall Brown, *Lasiommata maera*

Alpine Heath, *Coenonympha gardetta*
Almond-eyed Ringlet, *Erebia albertanus*
Dewy Ringlet, *Erebia pandrose*
Marbled White, *Melanargia galathea*

Small Heath, *Coenonympha pamphilus*
Woodland Ringlet, *Erebia medusa*
Common Brassy Ringlet, *Erebia cassioides*

Mammals

Stoat, *Mustela erminea*
Alpine Chamois, *Rupicapra rupicapra*
European Hare, *Lepus europaeus*
Snow Vole, *Chionomys nivalis*

Wild Cat, *Felis sylvestris*
Alpine Ibex, *Capra ibex*
Alpine Marmot, *Marmotta marmotta*

Reptiles

Common Frog, *Rana temporaria*
Common Wall Lizard, *Podarcis muralis*

Green Lizard, *Lacerta viridis*