

# The Italian & French Alps

Naturetrek Tour Report

28th June – 5th July 2022

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Tour report by Phil Thompson

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Tour participants: Philip Thompson and Andy Smith (leaders) with 14 Naturetrek clients

## Day 1

**Tuesday 28th June**

Our outbound flight was delayed somewhat, due to the presence of thunderstorms over Turin preventing any flights from landing! After an hour or so we eventually took off to pass through a few sections of turbulence before landing into light rain and overcast skies. Having organised our vehicles we loaded and set off on the motorway, during which we encountered a number of heavy rainstorms. Turning off at Susa we began the long winding ascent into the Alps and the lac Du Mont Cenis. Unfortunately, we were shrouded in thick impenetrable fog only allowing us to make out the roadside a few metres on either side!

We eventually reached our hotel dropping out of the fog as we descended into Lanslebourg, having seen none of the spectacular scenery on our arrival route!

With the weather forecast to be clearer tomorrow we met for dinner and hoped for better conditions ahead.

## Day 2

**Wednesday 29th June**

Good fortune was with us, as the heavy mist and fog of yesterday had cleared to a fine morning so the group were able to appreciate the splendour of the scenery all around. We headed west towards Termignon, where we then turned right and began a long and winding ascent to our stop at the car park and walking trails leading to Plan du Lac. The roadsides during the journey were ablaze with abundant and diverse wildflowers to whet our appetites.

As we began our walk, plants came thick and fast on our first morning in the field. A large rocky outcrop overlooking the small stream at the start of the route had a couple of very obliging White-winged Snowfinches perching at close range with a small flock of Alpine Choughs calling overhead. Our route led past the lake with stunning views of the high peaks and glaciers all around. We amused ourselves with admiring the 'forest' of dwarf Willow tree species growing on the path side, of no more than two centimetres tall! Around us several Water Pipits and Northern Wheatears were singing from the slopes, typical birds of these high Alpine pastures. We passed the refugio, taking a path that led to an area of steep slopes clothed in Alpenrose *Rhododendron ferrugineum*, with a rich understorey of plants. We walked on till we reached what looked a suitable spot to pause for lunch and keep a lookout for the Rock Ptarmigan that frequent this area. With lunch prepared, we were enjoying our al fresco meal with a beautiful mountain backdrop when, right on cue immediately below us, a couple of rival male Rock Ptarmigan flew in. They spent considerable time squaring up to each other and demonstrating how cryptic is their plumage in this habitat when not in flight. Elated with this success we continued to admire the fine Alpine flora before retracing our steps back to the refugio where we stopped for refreshments. A distant Golden Eagle put in an appearance as we drank our coffees.

We then headed out across to the Termignon gorge where we spent some time exploring the rocky outcrops before taking a route back to the tarmac road leading back to the car park. From here we drove part-way back down to take a stop at an area of meadows in the hope of some interesting flora. Unfortunately, this year the area had been well grazed, resulting in a distinctive lack of flowers. We were compensated overhead by a pair of Lammergeiers drifting in to view to quarter the mountainsides.

A further stop was taken a little lower to take a track through some woodland with a fresh range of new plants seen. We reached our objective of a small bridge over the fast-flowing torrent before we were called back by a rather irate Frenchman claiming our minibuses were blocking the road and preventing their coach from getting past. Hurriedly walking back to our parked vehicles, we moved them for the waiting coach (even though we were not even on the road) before loading up and making our way back to the hotel.

## Day 3

Thursday 30th June

A pre-breakfast walk was taken by some of the group during which all their target bird species were seen in double-quick time exactly as hoped. The main aim was to find the breeding Marsh Warblers in the tall Meadowsweet beds, which was achieved with several birds seen.

Our main day's excursion took us up to the Col de L'Iseran where we stopped in the car park and spent some time exploring the high Alpine scree for several specialist plants with great success. A notable find was several examples of Edelweiss *Leontopodium nivale*. Further White-winged Snowfinches were seen in the area, often perching on the roofs of the buildings. A few more energetic members of the group undertook the steep climb of the nearby peak in search of a number of key species. We were successful in finding several of our targets, most notably Mont Cenise Bellflower *Campanula cenisia*. A further success was a singing Alpine Accentor that made a song flight past us, to land on a distant outcrop, followed by another Lammergeier passing overhead.

We then regrouped and drove back to lower levels to make an exploration of an area of wet flushed slope by the roadside. Here we found abundant Glacier Crowfoot, *Ranunculus glacialis*, among several other plants that thrive in these wet conditions. Dropping lower again, we pulled over near a ruined building alongside a spectacular waterfall overlooking the upper valley below. This was deemed a suitably scenic lunch spot. With the food prepared and enjoying our meal, we scanned the higher slopes around us and managed to pick out a small number of Alpine Chamois unconcernedly grazing. With lunch cleared, we walked up to enjoy the spectacle of the waterfall and several new and notable plants.

A further descent took us to the upper valley floor where we had a pleasant level walk alongside the tall lush pastures up towards another waterfall. A Lesser Whitethroat was singing from the riverside that put in an appearance, whilst a little further on an elusive singing Marsh Warbler put on a fine demonstration of its rich repertoire of mimicry in its song, remaining hidden within an area of Willow scrub. Once more numerous interesting plants were seen at the path sides of which the striking Yellow Bellflower, *Campanula thyrsoides*, was the standout. We retraced our route back to the vehicles and back to the hotel at the end of a very enjoyable day.

## Day 4

Friday 1st July

We awoke to more low cloud and mist clothing the upper slopes necessitating a change in schedule. We opted to take a walk on the northern slopes of the valley above Lanslevillard while we waited for the mist and cloud to lift with the warming day. Our timing proved perfect as things cleared as we reached the car park, having driven up the rough mountain track. We were then able to enjoy a lovely level walk overlooking the valley below during which we spotted our first Spotted Nutcracker sharing a treetop perch with a Rock Bunting. Calling Red Crossbills were heard on a couple of occasions with the low cloud making spotting them tricky. We eventually

managed to pick out a few passing birds. Elsewhere along the track a few Red-backed Shrikes showed very well on prominent perches. A diverse range of butterflies were slowly waking and taking wing as the mist cleared and the morning warmed, with the stunning Apollos being favourites.

After a successful morning we returned to our original itinerary and drove up to the Lac du Mont Cenis, taking the narrow road around the lake to reach the refugio. The pastures and meadows were ablaze with flowers demonstrating what a special place this is. With our later arrival we chose to have our lunch first on the refugio benches. The hoped-for Alpine Swifts did not disappoint, putting in a flypast not long after our arrival. Again, whilst relaxing over lunch, we enjoyed a good bird sighting when the alarm calls of a local Kestrel alerted us to a flyover Golden Eagle.

We then undertook a circuit walk out towards the Col du Mont Cenis leading through an attractively varied range of habitats of meadow, rocky outcrops, streams and alpine grassland resulting in a wide range of plants and butterflies seen. It was hard to miss the tall impressive flowering spikes of Spotted Gentian *Gentiana punctata* at the start of the walk, followed by numerous more species. Unfortunately, the very warm and dry weather preceding our trip this year had resulted in a few choice species having flowered already. We were compensated by the best show of Three-veined Pink *Dianthus pavonius* ever seen on this tour! Some of the rocky protrusions and outcrops held fantastic assemblages of 'rockery' plants, positively ablaze with colour. A nearby cave within the undulating grasslands held a pair of Red-billed Choughs giving their characteristic calls as they perched on the entrance. Reaching the edge of the gorge we paused to admire the gentle grazing cattle with their distinctive Alpine bells around their necks in the adjoining pastures. We could see the mobile milking units nearby used to generate the raw material for the famous cheeses produced in the area. The plant list continued to climb during our return walk with the notable local endemic Yellow Soapwort *Saponaria lutea* among them.

Back at the refugio we stopped for a refreshing coffee or beer, depending on preference, before we drove on to the eastern side of the lake where we stopped for a short spell to admire the scenery that we had passed unknowingly through on our arrival day! From here it was back to relax before dinner.

## Day 5

## Saturday 2nd July

We packed up and left France for our transfer to Italy this morning. The day would take us through some stunning scenery as we traversed the wonderful winding mountain roads. We made a first stop still within the Vanoise National Park in France a short distance from the Col de L'Iseran. Our walk led us through open grassy slopes, above which were a number of rocky protrusions. Our main aim was to find some Alpine Accentors, as only a few of the group had seen them on our earlier day. As we made our slow progress, we heard the song of a bird and managed to pick it out joined by another couple of individuals making for a successful walk. We discovered a new spot for Mont Cenis Bellflower following abundant Edelweiss flowers.

We next continued over the Col and dropped down into the Isère valley where we called in at the Point St. Charles car park where we set up our picnic on the tables. Right on cue, as we ate, the hoped for Lammergeier put in an appearance. We then undertook a walk up the rocky track alongside the Isère River enjoying the many flowers and butterflies as we went. Our next target was also soon achieved with the sighting of a mother and kid Alpine Ibex on the slope above us making their way down. They became separated but appeared unworried as

they came increasingly close, until we were only 10m from one animal as it stood in the middle of the path and watched us closely, giving us a fantastic view and experience of this iconic mammal of the mountains.

Continuing our journey, we passed through the ski resorts of Val D'Isère and Tignes before climbing once more up the multiple hairpins to arrive in La Rosière where we stopped for a coffee and ice cream. We picked a café with a great view from their terrace alongside their good choice in ice cream flavours! Refreshed we drove on up the last of the ascent to the Col du Petit St-Bernard where we stopped once more to have a short leg-stretch exploration. The building roofs held a couple of White-winged Snowfinches and the nearby grassy meadows held several interesting plants as well as a range of historic and pre-historic human constructions dating from WWII and very much earlier! The enigmatic stone circle still has various interpretations.

We completed the final leg, crossing into Italy and dropping down into the Aosta Valley with Mont Blanc/Monte Bianco to our rear as we travelled the motorway before turning off towards Cogne and our next comfortable spa hotel.

## Day 6

## Sunday 3rd July

For our first full day in Italy, we drove the short distance to the village of Gimmillan where we walked a trail alongside the river. Fine views were had of the high peaks of the Gran Paradiso NP capped with snow and glaciers. The trail began with a fairly steep initial ascent before levelling off and allowing us all to regain our breath and begin a good examination of the birds and flowers alongside the track. A pair of Red-backed Shrikes were highlights with a Red Crossbill singing from a nearby Spruce and a number of different warblers heard. It was, however, the flowers that were the main highlight with several new species seen including the very localised endemic *Aethionema thomsonianum* and *Sempervivum grandiflorum*. The day remained clear and sunny with the result that numerous species of butterflies were seen including a number of choice Alpine species such as Grison's Fritillary and Damon Blue. The trail dropped to the river where we crossed on a wooden bridge among some shade-giving trees. A rest was taken to rehydrate and check through the butterflies coming to the damp soil nearby. The trail then led across an open meadow full of flowers leading to some more shady trees where we chose to relax and have our lunch.

With lunch completed a few of the group opted to begin the walk back taking another bridge a little higher upstream. The majority continued our steady ascent up the valley where a further split in the group occurred with another group taking a route to a waterfall and the final remaining group continuing up the now steeper zig-zag path among some rocky outcrops. From here a short further walk was taken in the more level conditions to find the scarce *Androsace septentrionalis*. This took some doing as, once again, the season was somewhat advanced resulting in these small slender plants having finished flowering leaving only the delicate seeding stems remaining, requiring sharp eyes to spot!

With the hot conditions beginning to take effect we all began the return, stopping at a mountain spring water pipe to refill our bottles and have a refreshing drink. As we made our return the group slowly reformed before reaching the vehicles and a sit down after a hot and strenuous day. An ice-cream seemed in order, so we headed down into Cogne and paid a visit to the local gelateria to enjoy our first Italian ice cream.

## Day 7

Monday 4th July

We drove to the small hamlet of Valnontey within the Gran Paradiso NP, where we disembarked and took our first walk of the day up the multiple zig-zags of the trail leading up the western side of the valley, leading to an impressive waterfall dropping into the valley. The trail led initially past the botanical gardens where a couple of the group opted to spend their morning. An abundance of butterflies were on the wing in the warm sheltered conditions of the flower-filled open glades of the very steep slopes within the European Larch and Spruce woodland. Many trees were looking in bad shape from an infestation of moth larvae that had defoliated entire trees; hopefully they will recover next year? The endemic *Astragalus exscapus* had finished flowering already this year, but we did manage to pick out a few leaf rosettes. On reaching the waterfall, we paused awhile to enjoy the cooling spray and take in the views before continuing upward. The tree cover thinned and we were soon passing through open meadow with stunning uninterrupted vistas all around. We again rested for a spell to enjoy our surroundings before we began our return descent. Birds on the return proved a little more obliging with Eurasian Treecreeper and Willow Tit putting in an appearance as highlights.

Back on the valley floor we regrouped with those that had had a pleasant morning admiring the displays in the Botanical Garden. Crossing the river bridge, we picked up a White-throated Dipper feeding in the shallows. We moved the vehicles to take the unsurfaced road to our proposed picnic spot. Unfortunately, new signs had been erected prohibiting vehicles, leading to parking and carrying our provisions the short distance to the picnic grounds with plentiful benches and tables. Our next concern was the rather inclement weather threatening! Luckily only a short shower fell, allowing us to have our meal outdoors as planned, if a little gloomy.

With lunch completed, a few of the group opted to walk back into the village whilst the majority undertook a pleasant walk alongside the fast-flowing river. A stunning highlight were the huge tall flowering spikes of another speciality of the area, *Astragalus alopecurus*, looking at their best. The alarm calls of Fieldfares alerted us to a Eurasian Sparrowhawk shooting past close overhead, clearly on a mission! We crossed the river and began our return on the opposite side passing sections of large tumbled rocks with curious cooling air blowing from within.

Once back at the vehicles we drove back to Cogne where some of the group took the chance of a walk around the sights of this attractive Alpine village, during which we visited the church and the lace-making museum before making our return to the hotel.

## Day 8

Tuesday 5th July

Our final day left us with enough time for a pleasant walk before breakfast alongside the river through the forest and meadows. Things were pretty quiet but enjoyable nonetheless. Back at the hotel we enjoyed a final hearty breakfast before changing clothes, freshening up and completing our packing to load the vehicles. It was then a straightforward journey back to Turin and our homeward flight.

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## Species lists

### Plants

| Scientific Name                  | Common Name                  |
|----------------------------------|------------------------------|
| <b>PTERIDOPHYTES</b>             | <b>FERNS &amp; ALLIES</b>    |
| <b>Aspleniaceae</b>              | <b>Spleenwort family</b>     |
| <i>Asplenium ceterach</i>        | Rustyback                    |
| <i>Asplenium ruta-muraria</i>    | Wall Rue                     |
| <i>Asplenium septentrionale</i>  | Forked Spleenwort            |
| <i>Asplenium trichomanes</i>     | Maidenhair Spleenwort        |
| <i>Asplenium viride</i>          | Green Spleenwort             |
| <i>Athyrium distentifolium</i>   | Alpine Lady-fern             |
| <i>Athyrium filix-femina</i>     | Lady-fern                    |
| <i>Blechnum spicant</i>          | Hard-fern                    |
| <i>Cystopteris fragilis</i>      | Brittle Bladder-fern         |
| <i>Gymnocarpium dryopteris</i>   | Oak Fern                     |
| <i>Gymnocarpium robertianum</i>  | Limestone Fern               |
| <i>Woodsia alpina</i>            | Alpine Woodsia               |
| <b>Dennstaedtiaceae</b>          | <b>Bracken Family</b>        |
| <i>Pteridium aquilinum</i>       | Bracken                      |
| <b>Ophioglossaceae</b>           | <b>Adder's-tongue Family</b> |
| <i>Botrychium lunaria</i>        | Moonwort                     |
| <b>Polypodiaceae</b>             | <b>Polypody Family</b>       |
| <i>Dryopteris filix-mas</i>      | Male-fern                    |
| <i>Dryopteris mindshelkensis</i> | Rigid Buckler-fern           |
| <i>Polypodium vulgare</i>        | Common Polypody              |
| <i>Polystichum aculeatum</i>     | Hard Shield-fern             |
| <i>Polystichum lonchitis</i>     | Holly-fern                   |

| Scientific Name                                  | Common Name               |
|--|---------------------------|
| <b>Pteridaceae</b>                               | <b>Ribbon Fern Family</b> |
| <i>Adiantum capillus-veneris</i>                 | Maidenhair fern           |
|  |                           |
| <b>PINOPSIDA (GYMNOSPERMS)</b>                   | <b>CONIFERS</b>           |
|  |                           |
| <b>Cupressaceae</b>                              | <b>Juniper Family</b>     |
| <i>Juniperus communis</i> subsp. <i>communis</i> | Common Juniper            |
| <i>Juniperus communis</i> subsp. <i>alpina</i>   | Dwarf Juniper             |
| <i>Juniperus sabina</i>                          | Savin                     |
|  |                           |
| <b>Pinaceae</b>                                  | <b>Pine Family</b>        |
| <i>Abies alba</i>                                | European Silver Fir       |
| <i>Larix decidua</i>                             | European Larch            |
| <i>Picea abies</i> subsp. <i>abies</i>           | Spruce                    |
| <i>Pinus mugo</i>                                | Dwarf Mountain Pine       |
| <i>Pinus sylvestris</i>                          | Scots Pine                |
|  |                           |
| <b>MAGNOLIOPSIDA (ANGIOSPERMS)</b>               | <b>FLOWERING PLANTS</b>   |
| <b>Magnoliidae (Dicotyledons)</b>                |                           |
|  |                           |
| <b>Amaranthaceae</b>                             |                           |
| <i>Blitum bonus-henricus</i>                     | Good King Henry           |
|  |                           |
| <b>Apiaceae</b>                                  | <b>Carrot Family</b>      |
| <i>Angelica sylvestris</i>                       | Wild Angelica             |
| <i>Anthriscus sylvestris</i>                     | Cow Parsley               |
| <i>Astrantia major</i>                           | Great Masterwort          |
| <i>Astrantia minor</i>                           | Lesser Masterwort         |
| <i>Athamanta cretensis</i>                       | Athamanta                 |
| <i>Bupleurum ranunculoides</i>                   | Three-veined Hare's-ear   |
| <i>Bupleurum stellatum</i>                       | -                         |
| <i>Chaerophyllum aureum</i>                      | Golden Chervil            |
| <i>Chaerophyllum hirsutum</i>                    | Hairy Chervil             |
| <i>Daucus carota</i>                             | Wild Carrot               |
| <i>Heracleum sphondylium</i>                     | Hogweed                   |
| <i>Laserpitium latifolium</i>                    | Broad-leaved Sermountain  |
| <i>Meum athamanticum</i>                         | Spignel                   |
| <i>Molopospermum peloponnesiacum</i>             | Molopospermum             |
| <i>Mutellina purpurea</i>                        | Alpine Lovage             |
| <i>Neogaya simplex</i>                           | Unbranched Lovage         |
| <i>Peucedanum ostruthium</i>                     | Masterwort                |
| <i>Pimpinella major</i>                          | Greater Burnet-saxifrage  |
| <i>Pleurospermum austriacum</i>                  | Pleurospermum             |
| <i>Siler montanum</i>                            | Narrow-leaved Sermountain |
|  |                           |
| <b>Apocynaceae</b>                               | <b>Dogbane Family</b>     |
| <i>Vincetoxicum hirundinaria</i>                 | Swallow-wort              |
|  |                           |
| <b>Asteraceae</b>                                | <b>Daisy Family</b>       |
| <i>Achillea erba-rotta</i>                       | Simple-leaved Milfoil     |
| <i>Achillea millefolium</i>                      | Yarrow                    |
| <i>Achillea nana</i>                             | Dwarf Milfoil             |

| <b>Scientific Name</b>                               | <b>Common Name</b>            |
|--|-------------------------------|
| <i>Adenostyles alliariae</i>                         | Adenostyles                   |
| <i>Antennaria carpatica</i>                          | Carpathian Cat's-foot         |
| <i>Antennaria dioica</i>                             | Cat's-foot                    |
| <i>Arnica montana</i>                                | Arnica                        |
| <i>Artemisia absinthium</i>                          | Wormwood                      |
| <i>Artemisia campestris</i>                          | Field Wormwood                |
| <i>Artemisia genipi</i>                              |                               |
| <i>Aster alpinus</i>                                 | Alpine Aster                  |
| <i>Aster bellidiastrum</i>                           | False Aster                   |
| <i>Carduus defloratus</i>                            | Alpine Thistle                |
| <i>Carduus nutans</i>                                | Musk Thistle                  |
| <i>Carduus personnata</i>                            | Great Marsh Thistle           |
| <i>Centaurea nervosa</i>                             |                               |
| <i>Centaurea scabiosa</i>                            | Greater Knapweed              |
| <i>Centaurea triumfettii</i>                         |                               |
| <i>Centaurea uniflora</i>                            | Plume Knapweed                |
| <i>Cicerbita alpina</i>                              | Alpine Sow-thistle            |
| <i>Cirsium eriophorum</i>                            | Woolly Thistle                |
| <i>Cirsium heterophyllum</i>                         | Melancholy Thistle            |
| <i>Cirsium palustre</i>                              | Marsh Thistle                 |
| <i>Cirsium spinosissimum</i>                         | Spiniest Thistle              |
| <i>Crepis aurea</i>                                  | Golden Hawk's-beard           |
| <i>Doronicum grandiflorum</i>                        | Large-flowered Leopard's-bane |
| <i>Erigeron alpinus</i>                              | Alpine Fleabane               |
| <i>Erigeron uniflorus</i>                            | One-flowered Fleabane         |
| <i>Jacobaea incana</i>                               |                               |
| <i>Hieracium alpinum</i> agg.                        | Alpine Hawkweed               |
| <i>Hieracium tomentosum</i>                          | Woolly Hawkweed               |
| <i>Hieracium villosum</i>                            | -                             |
| <i>Homogyne alpina</i>                               | Alpine Colt's-foot            |
| <i>Lactuca perennis</i>                              | Blue Lettuce                  |
| <i>Leontopodium nivale</i> subsp. <i>alpinum</i>     | Edelweiss                     |
| <i>Leucanthemopsis alpina</i>                        | Alpine Moon Daisy             |
| <i>Leucanthemum atratum</i>                          | Saw-leaved Moon Daisy         |
| <i>Leucanthemum vulgare</i>                          | Ox-eye Daisy                  |
| <i>Petasites albus</i>                               | White Butterbur               |
| <i>Petasites hybridus</i>                            | Butterbur                     |
| <i>Pilosella officinarum</i>                         | Mouse-eared Hawkweed          |
| <i>Prenanthes purpurea</i>                           | Purple Lettuce                |
| <i>Scorzoneroidea helvetica</i>                      |                               |
| <i>Senecio doronicum</i>                             | Chamois Ragwort               |
| <i>Solidago virgaurea</i>                            | Goldenrod                     |
| <i>Taraxacum</i> agg.                                | Dandelion                     |
| <i>Tragopogon crocifolius</i>                        | -                             |
| <i>Tragopogon pratensis</i> subsp. <i>orientalis</i> | Goat's-beard                  |
| <i>Tussilago farfara</i>                             | Colt's-foot                   |
|  |                               |
| <b>Berberidaceae</b>                                 | <b>Barberry Family</b>        |
| <i>Berberis vulgaris</i>                             | Barberry                      |
|  |                               |
| <b>Betulaceae</b>                                    | <b>Birch Family</b>           |
| <i>Alnus alnobetula</i>                              | Green Alder                   |

| Scientific Name  | Common Name                 |
|--|-----------------------------|
| <i>Betula pendula</i>                                      | Silver Birch                |
|  |                             |
| <b>Boraginaceae</b>  | <b>Forget-me-not Family</b> |
| <i>Cerinth minor</i>                                       | Lesser Honeywort            |
| <i>Echium vulgare</i>                                      | Viper's-bugloss             |
| <i>Myosotis alpestris</i>                                  | Alpine Wood Forget-me-not   |
| <i>Myosotis sylvatica</i>                                  | Wood Forget-me-not          |
|  |                             |
| <b>Brassicaceae</b>  | <b>Cabbage Family</b>       |
| <i>Aethionema thomasianum</i>                              | a Burnt Candytuft           |
| <i>Alyssoides utriculata</i>                               | Alyssoides                  |
| <i>Alyssum alyssoides</i>                                  | Small Alyssum               |
| <i>Arabis alpina</i>                                       | Alpine Rock-cress           |
| <i>Arabis hirsuta</i>                                      | Hairy Rock-cress            |
| <i>Arabis soyeri</i> subsp. <i>subcoriacea</i>             | a Rock-cress                |
| <i>Barbarea vulgaris</i>                                   | Common Winter-cress         |
| <i>Biscutella laevigata</i>                                | Buckler Mustard             |
| <i>Cardamine bellidifolia</i> subsp. <i>alpina</i>         | Alpine Bittercress          |
| <i>Cardamine resedifolia</i>                               |                             |
| <i>Coincya richeri</i>                                     | Coincya                     |
| <i>Descurainia sophia</i>                                  | Flixweed                    |
| <i>Draba aizoides</i>                                      | Yellow Whitlow-grass        |
| <i>Draba verna</i>   | Whitlowgrass                |
| <i>Erysimum jugicola</i>                                   | -                           |
| <i>Erysimum rhaeticum</i>                                  | -                           |
| <i>Hornungia alpina</i>                                    | Chamois Cress               |
| <i>Lepidium campestre</i>                                  | Field Pepperwort            |
| <i>Petrocallis pyrenaica</i>                               | Pyrenean Whitlow-grass      |
| <i>Pseudoturritis turrita</i>                              | Tower Cress                 |
| <i>Sisymbrium austriacum</i>                               | Austrian Rocket             |
| <i>Turritis glabra</i>                                     | Tower Mustard               |
|  |                             |
| <b>Campanulaceae</b>                                       | <b>Bellflower Family</b>    |
| <i>Campanula barbata</i>                                   | Bearded Bellflower          |
| <i>Campanula cenisia</i>                                   | Mt. Cenis Bellflower        |
| <i>Campanula cochlearifolia</i>                            | Fairy's Thimble             |
| <i>Campanula glomerata</i>                                 | Clustered Bellflower        |
| <i>Campanula rapunculoides</i>                             | Creeping Bellflower         |
| <i>Campanula rhomboidalis</i>                              | a Bellflower                |
| <i>Campanula rotundifolia</i>                              | Harebell                    |
| <i>Campanula scheuchzeri</i>                               | Scheuchzer's Bellflower     |
| <i>Campanula spicata</i>                                   | Spiked Bellflower           |
| <i>Campanula thyrsoides</i>                                | Yellow Bellflower           |
| <i>Campanula trachelium</i>                                | Nettle-leaved Bellflower    |
| <i>Phyteuma betonicifolium</i>                             |                             |
| <i>Phyteuma globularifolium</i> subsp. <i>pedemontanum</i> | a Rampion                   |
| <i>Phyteuma hemisphaericum</i>                             | Globe-headed Rampion        |
| <i>Phyteuma orbiculare</i>                                 | Round-headed Rampion        |
| <i>Phyteuma ovatum</i>                                     | Dark Rampion                |
| <i>Phyteuma scorzonrifolium</i>                            | Scorzonera-leaved Rampion   |
| <i>Phyteuma spicatum</i> subsp. <i>coeruleum</i>           | Spiked Rampion              |
|  |                             |

| Scientific Name  | Common Name               |
|--|---------------------------|
| <b>Caprifoliaceae</b>                                      | <b>Honeysuckle Family</b> |
| <i>Knautia arvensis</i>                                    | Field Scabious            |
| <i>Knautia dipsacifolia</i>                                | Wood Scabious             |
| <i>Lonicera alpigena</i>                                   | Alpine Honeysuckle        |
| <i>Lonicera caerulea</i>                                   | Blue-berried Honeysuckle  |
| <i>Scabiosa columbaria</i>                                 | Small Scabious            |
| <i>Valeriana montana</i>                                   | Mountain Valerian         |
| <i>Valeriana officinalis</i>                               | Common Valerian           |
| <i>Valeriana tripteris</i>                                 | Three-leaved Valerian     |
| <i>Valeriana tuberosa</i>                                  |                           |
|  |                           |
| <b>Caryophyllaceae</b>                                     | <b>Pink Family</b>        |
| <i>Arenaria ciliata</i>                                    | Fringed Sandwort          |
| <i>Arenaria grandiflora</i>                                | Large-flowered Sandwort   |
| <i>Atocion rupestre</i>                                    | Rock Campion              |
| <i>Cerastium arvense</i>                                   | Field Mouse-ear           |
| <i>Cerastium latifolium</i>                                |                           |
| <i>Cerastium uniflorum</i>                                 | Glacier Mouse-ear         |
| <i>Cherleria laricifolia</i>                               |                           |
| <i>Dianthus pavonius</i>                                   | Three-veined Pink         |
| <i>Dianthus sylvestris</i>                                 | Wood Pink                 |
| <i>Gypsophila repens</i>                                   | Alpine Gypsophila         |
| <i>Heliosperma pusillum</i>                                |                           |
| <i>Minuartia recurva</i>                                   | Sickle-leaved Sandwort    |
| <i>Moehringia ciliata</i>                                  | Creeping Sandwort         |
| <i>Sabulina verna</i>                                      | Spring Sandwort           |
| <i>Sagina glabra</i>                                       | -                         |
| <i>Sagina procumbens</i>                                   | Procumbent Pearlwort      |
| <i>Sagina saginoides</i>                                   | Alpine Pearlwort          |
| <i>Saponaria lutea</i>                                     | Yellow Soapwort           |
| <i>Saponaria ocymoides</i>                                 | Rock Soapwort             |
| <i>Scleranthus perennis</i>                                | Perennial Knawel          |
| <i>Silene acaulis</i>                                      | Moss Campion              |
| <i>Silene acaulis</i> subsp. <i>bryoides</i>               | a Moss Campion            |
| <i>Silene dioica</i>                                       | Red Campion               |
| <i>Silene nutans</i>                                       | Nottingham Catchfly       |
| <i>Silene vallesia</i>                                     | Valleis Catchfly          |
| <i>Silene vulgaris</i> subsp. <i>vulgaris</i>              | Bladder Campion           |
| <i>Stellaria graminea</i>                                  | Lesser Stitchwort         |
| <i>Viscaria alpina</i>                                     | Alpine Catchfly           |
|  |                           |
| <b>Celastraceae</b>  | <b>Spindle Family</b>     |
| <i>Parnassia palustris</i>                                 | Grass-of-Parnassus        |
|  |                           |
| <b>Cistaceae</b>   | <b>Rock-rose Family</b>   |
| <i>Helianthemum nummularium</i>                            | Rock-rose                 |
| <i>Helianthemum nummularium</i> subsp. <i>grandiflorum</i> |                           |
| <i>Helianthemum canum</i>                                  | Hoary Rock-rose           |
|  |                           |
| <b>Convolvulaceae</b>                                      | <b>Bindweed Family</b>    |
| <i>Calystegia sepium</i>                                   | Hedge Bindweed            |
| <i>Convolvulus arvensis</i>                                | Field Bindweed            |

| Scientific Name                                     | Common Name                  |
|---|------------------------------|
| <b>Crassulaceae</b>                                 | <b>Stonecrop Family</b>      |
| <i>Hylotelephium anacampseros</i>                   | Love-restoring Stonecrop     |
| <i>Hylotelephium maximum</i>                        |                              |
| <i>Petrosedum montanum</i>                          |                              |
| <i>Rhodiola rosea</i>                               | Roseroot                     |
| <i>Sedum acre</i>                                   | Biting Stonecrop             |
| <i>Sedum album</i>                                  | White Stonecrop              |
| <i>Sedum alpestre</i>                               | -                            |
| <i>Sedum annuum</i>                                 | Annual Stonecrop             |
| <i>Sedum atratum</i>                                | Dark Stonecrop               |
| <i>Sedum dasyphyllum</i>                            | Fat-leaved Stonecrop         |
| <i>Sempervivum arachnoidium</i>                     | Cobweb Houseleek             |
| <i>Sempervivum grandiflorum</i>                     | Large-flowered Houseleek     |
| <i>Sempervivum montanum</i>                         | Mountain Houseleek           |
| <i>Sempervivum tectorum</i>                         | Common Houseleek             |
| <b>Elaeagnaceae</b>                                 | <b>Sea-buckthorn Family</b>  |
| <i>Hippophae rhamnoides</i>                         | Sea-buckthorn                |
| <b>Ericaceae</b>                                    | <b>Heather Family</b>        |
| <i>Arctostaphylos uva-ursi</i>                      | Bearberry                    |
| <i>Arctous alpina</i>                               | Alpine Bearberry             |
| <i>Empetrum nigrum</i> subsp. <i>hermaphroditum</i> | Crowberry                    |
| <i>Kalmia procumbens</i>                            | Creeping Azalea              |
| <i>Orthillia secunda</i>                            | Nodding Wintergreen          |
| <i>Pyrola rotundifolia</i>                          | Round-leaved Wintergreen     |
| <i>Rhododendron ferrugineum</i>                     | Alpenrose                    |
| <i>Vaccinium uliginosum</i>                         | Bog Bilberry                 |
| <i>Vaccinium vitis-idaea</i>                        | Cowberry                     |
| <b>Euphorbiaceae</b>                                | <b>Spurge Family</b>         |
| <i>Euphorbia cyparissias</i>                        | Cypress Spurge               |
| <b>Fabaceae</b>                                     | <b>Pea Family</b>            |
| <i>Anthyllis vulneraria</i> agg.                    | Kidney Vetch                 |
| <i>Astragalus alopecurus</i>                        |                              |
| <i>Astragalus alpinus</i>                           | Alpine Milk-vetch            |
| <i>Astragalus australis</i>                         | Southern Milk-vetch          |
| <i>Astragalus danicus</i>                           | Purple Milk-vetch            |
| <i>Astragalus exscapus</i>                          | -                            |
| <i>Astragalus hypoglottis</i>                       | Purple Vetch                 |
| <i>Astragalus leontinus</i>                         | Tyrolean Milk-vetch          |
| <i>Astragalus monspessulanus</i>                    | Montpellier Milk-vetch       |
| <i>Astragalus penduliflorus</i>                     | Mountain Lentil              |
| <i>Astragalus sempervirens</i>                      | Mountain Tragacanth          |
| <i>Hippocrepis comosa</i>                           | Horseshoe Vetch              |
| <i>Laburnum anagyroides</i>                         | Laburnum                     |
| <i>Lathyrus latifolius</i>                          | Broad-leaved Everlasting Pea |
| <i>Lathyrus pratensis</i>                           | Meadow Vetchling             |
| <i>Lotus alpinus</i>                                | Alpine Bird's-foot Trefoil   |
| <i>Lotus corniculatus</i>                           | Bird's-foot Trefoil          |

| <b>Scientific Name</b>                                 | <b>Common Name</b>          |
|--|-----------------------------|
| <i>Lotus pedunculatus</i>                              | Greater Bird's-foot Trefoil |
| <i>Medicago sativa</i>                                 | Lucerne                     |
| <i>Melilotus albus</i>                                 | White Melilot               |
| <i>Melilotus officinalis</i>                           | Ribbed Melilot              |
| <i>Onobrychis montana</i>                              | Mountain Sainfoin           |
| <i>Onobrychis viciifolia</i>                           | Common Sainfoin             |
| <i>Ononis rotundifolia</i>                             | Round-leaved Restharrow     |
| <i>Oxytropis campestris</i>                            | Yellow Milk-vetch           |
| <i>Oxytropis fetida</i>                                |                             |
| <i>Oxytropis halleri</i> subsp. <i>velutina</i>        | Purple Oxytropis            |
| <i>Oxytropis helvetica</i>                             | Gaudin's Milk-vetch         |
| <i>Oxytropis montana</i>                               | Mountain Milk-vetch         |
| <i>Oxytropis pilosa</i>                                | Woolly Milk-vetch           |
| <i>Robinia pseudoacacia</i>                            | False Acacia                |
| <i>Trifolium alpestre</i>                              | Mountain Zig-zag Clover     |
| <i>Trifolium alpinum</i>                               | Alpine Clover               |
| <i>Trifolium badium</i>                                | Brown Clover                |
| <i>Trifolium medium</i>                                | Zig-zag Clover              |
| <i>Trifolium montanum</i>                              | Mountain Clover             |
| <i>Trifolium pallescens</i>                            | Pale Clover                 |
| <i>Trifolium pratense</i>                              | Red Clover                  |
| <i>Trifolium repens</i>                                | White Clover                |
| <i>Vicia cracca</i>                                    | Tufted Vetch                |
| <i>Vicia onobrychioides</i>                            | False Sainfoin              |
| <i>Vicia sepium</i>                                    | Bush Vetch                  |
| <i>Vicia villosa</i>                                   | Fodder Vetch                |
|  |                             |
| <b>Fagaceae</b>  | <b>Beech Family</b>         |
| <i>Castanea sativa</i>                                 | Sweet Chestnut              |
|  |                             |
| <b>Gentianaceae</b>                                    | <b>Gentian Family</b>       |
| <i>Gentiana acaulis</i>                                | Trumpet Gentian             |
| <i>Gentiana alpina</i>                                 | Southern Gentian            |
| <i>Gentiana asclepiadea</i>                            | Willow Gentian              |
| <i>Gentiana bavarica</i>                               | Bavarian Gentian            |
| <i>Gentiana brachyphylla</i>                           | Short-leaved Gentian        |
| <i>Gentiana brachyphylla</i> subsp. <i>favratii</i>    |                             |
| <i>Gentiana clusii</i>                                 | Clusius's Gentian           |
| <i>Gentiana lutea</i>                                  | Yellow Gentian              |
| <i>Gentiana nivalis</i>                                | Snow Gentian                |
| <i>Gentiana pumila</i> subsp. <i>delphinensis</i>      | a Short-leaved Gentian      |
| <i>Gentiana punctata</i>                               | Spotted Gentian             |
| <i>Gentiana terglouensis</i> subsp. <i>schleicheri</i> |                             |
| <i>Gentiana verna</i>                                  | Spring Gentian              |
| <i>Gentianella campestris</i>                          | Field Gentian               |
|  |                             |
| <b>Geraniaceae</b>                                     | <b>Crane's-bill Family</b>  |
| <i>Geranium pyrenaicum</i>                             | Hedgerow Crane's-bill       |
| <i>Geranium robertianum</i>                            | Herb Robert                 |
| <i>Geranium rivulare</i>                               |                             |
| <i>Geranium sanguineum</i>                             | Bloody Crane's-bill         |
| <i>Geranium sylvaticum</i>                             | Wood Crane's-bill           |

| Scientific Name                                 | Common Name                   |
|---|-------------------------------|
| <b>Grossulariaceae</b>                          | <b>Gooseberry Family</b>      |
| <i>Ribes petraeum</i>                           | Rock Redcurrant               |
| <i>Ribes uva-crispa</i>                         | Wild Gooseberry               |
| <b>Hypericaceae</b>                             | <b>St. John's-wort Family</b> |
| <i>Hypericum montanum</i>                       | Pale St. John's-wort          |
| <i>Hypericum perforatum</i>                     | Perforate St. John's-wort     |
| <i>Hypericum richeri</i>                        | Alpine St. John's-wort        |
| <b>Lamiaceae</b>                                | <b>Deadnettle Family</b>      |
| <i>Ajuga pyramidalis</i>                        | Pyramidal Bugle               |
| <i>Ajuga reptans</i>                            | Bugle                         |
| <i>Betonica hirsuta</i>                         | Alpine Betony                 |
| <i>Clinopodium alpinum</i>                      | Alpine Calamint               |
| <i>Nepeta nepetella</i>                         | a Cat-mint                    |
| <i>Prunella vulgaris</i>                        | Self-heal                     |
| <i>Salvia pratensis</i>                         | Meadow Clary                  |
| <i>Scutellaria alpina</i>                       | Alpine Skullcap               |
| <i>Stachys recta</i>                            | Yellow Woundwort              |
| <i>Teucrium montanum</i>                        | Mountain Germander            |
| <i>Thymus longicaulis</i>                       |                               |
| <i>Thymus praecox</i> subsp. <i>polytrichus</i> | Hairy Thyme                   |
| <i>Thymus pulegioides</i>                       | Greater Thyme                 |
| <b>Lentibulariaceae</b>                         | <b>Bladderwort Family</b>     |
| <i>Pinguicula alpina</i>                        | Alpine Butterwort             |
| <b>Linaceae</b>                                 | <b>Flax Family</b>            |
| <i>Linum catharticum</i>                        | Purging or Fairy Flax         |
| <b>Malvaceae</b>                                | <b>Mallow Family</b>          |
| <i>Malva sylvestris</i>                         | Common Mallow                 |
| <b>Onagraceae</b>                               | <b>Willowherb Family</b>      |
| <i>Epilobium anagallidifolium</i>               | Pimpernel-leaved Willowherb   |
| <i>Epilobium angustifolium</i>                  | Rosebay Willowherb            |
| <i>Epilobium duriaei</i>                        | Western Willowherb            |
| <i>Epilobium fleischeri</i>                     | Alpine Willowherb             |
| <i>Epilobium montanum</i>                       | Mountain Willowherb           |
| <i>Epilobium nutans</i>                         | Nodding Willowherb            |
| <b>Orobanchaceae</b>                            | <b>Broomrape Family</b>       |
| <i>Bartsia alpina</i>                           | Alpine Bartsia                |
| <i>Melampyrum pratense</i>                      | Common Cow-wheat              |
| <i>Melampyrum sylvaticum</i>                    | Small Cow-wheat               |
| <i>Pedicularis ascendens</i>                    | Ascending Lousewort           |
| <i>Pedicularis cenisia</i>                      | Mt Cenis Lousewort            |
| <i>Pedicularis comosa</i>                       | Crested Lousewort             |
| <i>Pedicularis foliosa</i>                      | Leafy Lousewort               |
| <i>Pedicularis gyroflexa</i>                    | Tufted Lousewort              |
| <i>Pedicularis recutita</i>                     | Beakless Red Lousewort        |

| <b>Scientific Name</b>                                     | <b>Common Name</b>         |
|--|----------------------------|
| <i>Pedicularis rosea</i> subsp. <i>allionii</i>            | Pink Lousewort             |
| <i>Pedicularis rostratospicata</i> subsp. <i>helvetica</i> | Flesh-pink Lousewort       |
| <i>Pedicularis verticillata</i>                            | Verticillate Lousewort     |
| <i>Rhinanthus alectorolophus</i>                           | Greater Yellow Rattle      |
| <i>Rhinanthus minor</i>                                    | Yellow Rattle              |
|  |                            |
| <b>Papaveraceae</b>  | <b>Poppy Family</b>        |
| <i>Papaver rhoeas</i>                                      | Common Poppy               |
|  |                            |
| <b>Plantaginaceae</b>                                      | <b>Plantain Family</b>     |
| <i>Digitalis lutea</i>                                     | Small Yellow Foxglove      |
| <i>Globularia cordifolia</i>                               | Matted Globularia          |
| <i>Linaria alpina</i>                                      | Alpine Toadflax            |
| <i>Linaria angustissima</i>                                | Narrow-leaved Toadflax     |
| <i>Linaria repens</i>                                      | Pale Toadflax              |
| <i>Plantago alpina</i>                                     | Alpine Plantain            |
| <i>Plantago atrata</i>                                     | Mountain Plantain          |
| <i>Plantago lanceolata</i>                                 | Ribwort Plantain           |
| <i>Plantago major</i>                                      | Greater Plantain           |
| <i>Plantago maritima</i>                                   | Sea Plantain               |
| <i>Plantago media</i>                                      | Hoary Plantain             |
| <i>Veronica allionii</i>                                   |                            |
| <i>Veronica alpina</i>                                     | Alpine Speedwell           |
| <i>Veronica aphylla</i>                                    | Leafless-stemmed Speedwell |
| <i>Veronica austriaca</i> subsp. <i>teucrium</i>           | Large Speedwell            |
| <i>Veronica bellidioides</i>                               | Violet Speedwell           |
| <i>Veronica chamaedrys</i>                                 | Germander Speedwell        |
| <i>Veronica fruticans</i>                                  | Rock Speedwell             |
| <i>Veronica urticifolia</i>                                | Nettle-leaved Speedwell    |
|  |                            |
| <b>Plumbaginaceae</b>                                      | <b>Thrift Family</b>       |
| <i>Armeria alpina</i>                                      | Mountain Thrift            |
| <i>Armeria arenaria</i>                                    | -                          |
|  |                            |
| <b>Polygalaceae</b>  | <b>Milkwort Family</b>     |
| <i>Polygala alpestris</i>                                  | Mountain Milkwort          |
| <i>Polygala alpina</i>                                     | Alpine Milkwort            |
| <i>Polygala comosa</i>                                     | Tufted Milkwort            |
|  |                            |
| <b>Polygonaceae</b>  | <b>Knotweed Family</b>     |
| <i>Bistorta officinalis</i>                                | Bistort                    |
| <i>Bistorta vivipara</i>                                   | Alpine Bistort             |
| <i>Oxyria digyna</i>                                       | Mountain Sorrel            |
| <i>Polygonum aviculare</i>                                 | Knotgrass                  |
| <i>Rumex acetosa</i>                                       | Sorrel                     |
| <i>Rumex alpinus</i>                                       | Monk's Rhubarb             |
| <i>Rumex scutatus</i>                                      | French Sorrel              |
|  |                            |
| <b>Primulaceae</b>   | <b>Primrose Family</b>     |
| <i>Androsace alpina</i>                                    | Alpine Rock-jasmine        |
| <i>Androsace helvetica</i>                                 | Swiss Rock-jasmine         |
| <i>Androsace obtusifolia</i>                               | Blunt-leaved Rock-jasmine  |

| <b>Scientific Name</b>                            | <b>Common Name</b>       |
|---|--------------------------|
| <i>Androsace septentrionalis</i>                  | Northern Rock-jasmine    |
| <i>Androsace vitaliana</i>                        | Vitaliana                |
| <i>Primula farinosa</i>                           | Bird's-eye Primrose      |
| <i>Primula hirsuta</i>                            |                          |
| <i>Primula latifolia</i>                          | Viscid Primrose          |
| <i>Primula pedemontana</i>                        | Piedmont Primrose        |
| <i>Primula veris</i>                              | Cowslip                  |
| <i>Soldanella alpina</i>                          | Alpine Snowbell          |
|   |                          |
| <b>Ranunculaceae</b>                              | <b>Buttercup Family</b>  |
| <i>Aconitum lycoctonum</i> subsp. <i>vulparia</i> | Wolf's-bane              |
| <i>Anemonoides baldensis</i>                      | Monte Baldo Anemone      |
| <i>Aquilegia alpina</i>                           | Alpine Columbine         |
| <i>Aquilegia atrata</i>                           | Dark Columbine           |
| <i>Caltha palustris</i>                           | Marsh Marigold           |
| <i>Hepatica nobilis</i>                           | Hepatica                 |
| <i>Pulsatilla alpina</i> subsp. <i>alpina</i>     | Alpine Pasque Flower     |
| <i>Pulsatilla vernalis</i>                        | Spring Pasque Flower     |
| <i>Ranunculus acris</i>                           | Meadow Buttercup         |
| <i>Ranunculus auricomis</i>                       | Goldilocks Buttercup     |
| <i>Ranunculus glacialis</i>                       | Glacier Crowfoot         |
| <i>Ranunculus keupferi</i>                        | Pyrenean Buttercup       |
| <i>Ranunculus montanus</i>                        | Mountain Buttercup       |
| <i>Ranunculus platanifolius</i>                   |                          |
| <i>Thalictrum aquilegifolium</i>                  | Great Meadow-rue         |
| <i>Thalictrum minus</i>                           | Lesser Meadow-rue        |
| <i>Trollius europaeus</i>                         | Globeflower              |
|   |                          |
| <b>Resedaceae</b>                                 | <b>Mignonette Family</b> |
| <i>Reseda lutea</i>                               | Mignonette               |
|   |                          |
| <b>Rhamnaceae</b>                                 | <b>Buckthorn Family</b>  |
| <i>Frangula alnus</i>                             | Alder Buckthorn          |
| <i>Rhamnus alpina</i>                             | Alpine Buckthorn         |
| <i>Rhamnus cathartica</i>                         | Buckthorn                |
| <i>Rhamnus pumila</i>                             | Dwarf Buckthorn          |
|   |                          |
| <b>Rosaceae</b>                                   | <b>Rose Family</b>       |
| <i>Alchemilla alpina</i>                          | Alpine Lady's-mantle     |
| <i>Alchemilla conjuncta</i>                       | Silver Lady's-mantle     |
| <i>Alchemilla glabra</i>                          | Smooth Lady's-mantle     |
| <i>Alchemilla hybrida</i>                         | -                        |
| <i>Alchemilla pentaphyllea</i>                    | Cut-leaved Lady's-mantle |
| <i>Amelanchier ovalis</i>                         | Juneberry                |
| <i>Argentina anserina</i>                         | Silverweed               |
| <i>Aria edulis</i>                                | Whitebeam                |
| <i>Aruncus dioicus</i>                            | Goat's-beard Spirea      |
| <i>Crataegus monogyna</i>                         | Hawthorn                 |
| <i>Dryas octopetala</i>                           | Mountain Avens           |
| <i>Filipendula ulmaria</i>                        | Meadowsweet              |
| <i>Filipendula vulgaris</i>                       | Dropwort                 |
| <i>Fragaria vesca</i>                             | Wild Strawberry          |

| <b>Scientific Name</b>                            | <b>Common Name</b>        |
|---|---------------------------|
| <i>Geum montanum</i>                              | Mountain Avens            |
| <i>Geum reptans</i>                               | Creeping Avens            |
| <i>Geum rivale</i>                                | Water Avens               |
| <i>Geum urbanum</i>                               | Wood Avens                |
| <i>Potentilla aurea</i>                           | Golden Cinquefoil         |
| <i>Potentilla brauneana</i>                       | Dwarf Cinquefoil          |
| <i>Potentilla crantzii</i>                        | Alpine Cinquefoil         |
| <i>Potentilla erecta</i>                          | Tormentil                 |
| <i>Potentilla grandiflora</i>                     | Large-flowered Cinquefoil |
| <i>Potentilla reptans</i>                         | Creeping Cinquefoil       |
| <i>Rosa canina</i>                                | Dog Rose                  |
| <i>Rosa pendulina</i>                             | Alpine Rose               |
| <i>Rubus fruticosus</i> agg.                      | Bramble                   |
| <i>Rubus idaeus</i>                               | Raspberry                 |
| <i>Rubus saxatilis</i>                            | Stone Bramble             |
| <i>Sanguisorba minor</i>                          | Salad Burnet              |
| <i>Sorbus aucuparia</i>                           | Rowan                     |
|   |                           |
| <b>Rubiaceae</b>                                  | <b>Bedstraw Family</b>    |
| <i>Asperula aristata</i>                          | Southern Squinancywort    |
| <i>Cruciata laevipes</i>                          | Crosswort                 |
| <i>Galium anisophyllum</i>                        | a Bedstraw                |
| <i>Galium boreale</i>                             | Northern Bedstraw         |
| <i>Galium lucidum</i>                             | a Bedstraw                |
| <i>Galium megalospermum</i>                       | Swiss Bedstraw            |
| <i>Gallium mollugo</i>                            | Hedge Bedstraw            |
| <i>Galium verum</i>                               | Ladies Bedstraw           |
|   |                           |
| <b>Salicaceae</b>                                 | <b>Willow Family</b>      |
| <i>Populus tremula</i>                            | Aspen                     |
| <i>Salix caesia</i>                               | Blue-green Willow         |
| <i>Salix caprea</i>                               | Goat Willow               |
| <i>Salix helvetica</i>                            | Swiss Willow              |
| <i>Salix herbacea</i>                             | Least Willow              |
| <i>Salix purpurea</i>                             | Purple Willow             |
| <i>Salix reticulata</i>                           | Net-leaved Willow         |
| <i>Salix retusa</i>                               | Retuse-leaved Willow      |
| <i>Salix serpyllifolia</i>                        | Thyme-leaved Willow       |
|   |                           |
| <b>Santalaceae</b>                                | <b>Sandalwood Family</b>  |
| <i>Thesium alpinum</i>                            | Alpine Bastard Toadflax   |
| <i>Thesium pyrenaicum</i>                         | Pyrenean Bastard Toadflax |
|   |                           |
| <b>Saxifragaceae</b>                              | <b>Saxifrage Family</b>   |
| <i>Micranthes stellaris</i> subsp. <i>robusta</i> | Starry Saxifrage          |
| <i>Saxifraga aizoides</i>                         | Yellow Mountain Saxifrage |
| <i>Saxifraga androsacea</i>                       | Scree Saxifrage           |
| <i>Saxifraga aspera</i>                           | Rough Saxifrage           |
| <i>Saxifraga bryoides</i>                         | Mossy Saxifrage           |
| <i>Saxifraga caesia</i>                           | Blue Saxifrage            |
| <i>Saxifraga diapensioides</i>                    |                           |
| <i>Saxifraga exarata</i>                          | White Musky Saxifrage     |

| <b>Scientific Name</b>                           | <b>Common Name</b>      |
|--|-------------------------|
| <i>Saxifraga moschata</i>                        | Musky Saxifrage         |
| <i>Saxifraga muscoides</i>                       |                         |
| <i>Saxifraga oppositifolia</i>                   | Purple Saxifrage        |
| <i>Saxifraga paniculata</i>                      | Live-long Saxifrage     |
| <i>Saxifraga rotundifolia</i>                    | Round-leaved Saxifrage  |
|  |                         |
| <b>Scrophulariaceae</b>                          | <b>Figwort Family</b>   |
| <i>Scrophularia canina</i> subsp. <i>hoppii</i>  | French Figwort          |
| <i>Verbascum densiflorum</i>                     |                         |
| <i>Verbascum lychnitis</i>                       | White Mullein           |
| <i>Verbascum pulverulentum</i>                   | Hoary Mullein           |
| <i>Verbascum thapsus</i> subsp. <i>montanum</i>  | Aaron's Rod             |
|  |                         |
| <b>Tamaricaceae</b>                              | <b>Tamarisk Family</b>  |
| <i>Myricaria germanica</i>                       | Myricaria               |
|  |                         |
| <b>Thymelaeaceae</b>                             | <b>Daphne Family</b>    |
| <i>Daphne mezereum</i>                           | Mezereon                |
|  |                         |
| <b>Urticaceae</b>                                | <b>Nettle Family</b>    |
| <i>Urtica dioica</i>                             | Common Nettle           |
|  |                         |
| <b>Viburnaceae</b>                               | <b>Viburnum Family</b>  |
| <i>Sambucus nigra</i>                            | Common Elder            |
| <i>Sambucus racemosa</i>                         | Alpine Elder            |
| <i>Viburnum lantana</i>                          | Wayfaring Tree          |
|  |                         |
| <b>Violaceae</b>                                 | <b>Violet Family</b>    |
| <i>Viola biflora</i>                             | Yellow Violet           |
| <i>Viola calcarata</i> subsp. <i>calcarata</i>   | Long-spurred Pansy      |
| <i>Viola calcarata</i> subsp. <i>villarsiana</i> | Long-spurred Pansy      |
|  |                         |
| <b>Liliidae (Monocotyledons)</b>                 |                         |
|  |                         |
| <b>Amarylliaceae</b>                             | <b>Daffodil Family</b>  |
| <i>Allium schoenoprasum</i>                      | Chives                  |
| <i>Allium sphaerocephalon</i>                    | Round-headed Leek       |
|  |                         |
| <b>Asparagaceae</b>                              | <b>Asparagus Family</b> |
| <i>Anthericum liliago</i>                        | St. Bernard's Lily      |
| <i>Maianthemum bifolium</i>                      | May Lily                |
| <i>Polygonatum verticillatum</i>                 | Whorled Solomon's-seal  |
|  |                         |
| <b>Asphodelaceae</b>                             | <b>Asphodel Family</b>  |
| <i>Asphodelus albus</i>                          | White Asphodel          |
|  |                         |
| <b>Cyperaceae</b>                                | <b>Sedge Family</b>     |
| <i>Carex atrata</i>                              | Black Alpine Sedge      |
| <i>Carex atrofusca</i>                           | Scorched Alpine Sedge   |
| <i>Carex capillaris</i>                          | Hair Sedge              |
| <i>Carex caryophyllaea</i>                       | Spring Sedge            |
| <i>Carex dioica</i>                              | Dioecious Sedge         |

| <b>Scientific Name</b>          | <b>Common Name</b>        |
|---------------------------------|---------------------------|
| <i>Carex flacca</i>             | Glaucous Sedge            |
| <i>Carex hostiana</i>           | Tawny Sedge               |
| <i>Carex montana</i>            | Soft-leaved Sedge         |
| <i>Carex nigra</i>              | Common Sedge              |
| <i>Carex oederi</i>             |                           |
| <i>Carex ornithopoda</i>        | Bird's-foot Sedge         |
| <i>Carex pallescens</i>         | Pale Sedge                |
| <i>Carex panicea</i>            | Carnation Sedge           |
| <i>Carex paniculata</i>         | Great Tussock Sedge       |
| <i>Carex vaginata</i>           | Seathed Sedge             |
| <i>Eriophorum angustifolium</i> | Common Cottongrass        |
| <i>Eriophorum latifolium</i>    | Broad-leaved Cottongrass  |
| <i>Eriophorum scheuchzeri</i>   | a Cottongrass             |
| <i>Eriophorum vaginatum</i>     | Hare's-tail Cottongrass   |
| <i>Schoenus nigricans</i>       | Black Bog-rush            |
|                                 |                           |
| <b>Juncaceae</b>                | <b>Rush Family</b>        |
| <i>Juncus triglumis</i>         | Three-flowered Rush       |
| <i>Luzula alpinopilosa</i>      | Alpine Woodrush           |
| <i>Luzula campestris</i>        | Field Wood-rush           |
| <i>Luzula luzuloides</i>        | White Wood-rush           |
| <i>Luzula multiflora</i>        | Heath Wood-rush           |
| <i>Luzula nivea</i>             | Snowy Wood-rush           |
| <i>Luzula pilosa</i>            | Hairy Wood-rush           |
| <i>Oreojuncus trifidus</i>      | Three-leaved Rush         |
|                                 |                           |
| <b>Liliaceae</b>                | <b>Lily Family</b>        |
| <i>Lillium martagon</i>         | Martagon Lily             |
|                                 |                           |
| <b>Melanthiaceae</b>            | <b>Bunchflower Family</b> |
| <i>Veratrum lobelianum</i>      | a False-helleborine       |
|                                 |                           |
| <b>Orchidaceae</b>              | <b>Orchid Family</b>      |
| <i>Dactylorhiza incarnata</i>   | Early Marsh Orchid        |
| <i>Dactylorhiza maculata</i>    | Heath Spotted Orchid      |
| <i>Dactylorhiza majalis</i>     | Broad-leaved Marsh Orchid |
| <i>Dactylorhiza viridis</i>     | Frog Orchid               |
| <i>Epipactis atrorubens</i>     | Dark-red Helleborine      |
| <i>Gymnadenia conopsea</i>      | Fragrant Orchid           |
| <i>Gymnadenia cornelliana</i>   | Cornelia's Vanilla Orchid |
| <i>Gymnadenia rhellicani</i>    | Black Vanilla Orchid      |
| <i>Neottia ovata</i>            | Twayblade                 |
| <i>Pseudorchis albida</i>       | Small White Orchid        |
|                                 |                           |
| <b>Poaceae</b>                  | <b>Grass Family</b>       |
| <i>Alopecurus pratensis</i>     | Meadow Fox-tail           |
| <i>Arrhenatherum elatius</i>    | False Oat-grass           |
| <i>Briza media</i>              | Quaking Grass             |
| <i>Bromus inermis</i>           | Hungarian Brome           |
| <i>Dactylis glomerata</i>       | Cock's-foot               |
| <i>Deschampsia cespitosa</i>    | Tufted Hair-grass         |
| <i>Helictochloa pratense</i>    | Meadow Oat-grass          |

| <b>Scientific Name</b>                  | <b>Common Name</b>   |
|---|----------------------|
| <i>Koeleria pyramidata</i>              | Pyramidal Hair-grass |
| <i>Lolium perenne</i>                   | Perennial Rye-grass  |
| <i>Melica nutans</i>                    | Mountain Melick      |
| <i>Nardus stricta</i>                   | Mat-grass            |
| <i>Phleum alpinum</i>                   | Alpine Timothy       |
| <i>Phleum pratense</i>                  | Timothy              |
| <i>Poa alpina</i>                       | Alpine Meadow-grass  |
| <i>Poa annua</i>                        | Annual Meadow-grass  |
| <i>Poa bulbosa</i> var. <i>vivipara</i> | Bulbous Meadow-grass |
| <i>Poa pratensis</i>                    | Smooth Meadow-grass  |
| <i>Poa trivialis</i>                    | Rough Meadow-grass   |
| <i>Sesleria caerulea</i>                | Blue Moor-grass      |
| <i>Trisetum flavescens</i>              | Golden Oat           |
| <b>Tofieldiaceae</b>                    |                      |
| <i>Tofieldia calyculata</i>             | Tofield's Asphodel   |

## Birds (H = Heard only)

| Common name              | Scientific name                | June - July 2022 |    |    |   |   |   |   |   |
|--------------------------|--------------------------------|------------------|----|----|---|---|---|---|---|
|                          |                                | 28               | 29 | 30 | 1 | 2 | 3 | 4 | 5 |
| Rock Ptarmigan           | <i>Lagopus muta</i>            |                  | 2  |    |   |   |   |   |   |
| Common Quail             | <i>Coturnix coturnix</i>       |                  |    |    | H |   |   |   |   |
| Mallard                  | <i>Anas platyrhynchos</i>      |                  |    | 1  |   |   |   |   |   |
| Great Cormorant          | <i>Phalacrocorax carbo</i>     |                  |    |    |   |   |   |   | 1 |
| Grey Heron               | <i>Ardea cinerea</i>           | ✓                |    |    |   |   |   |   | ✓ |
| Black Kite               | <i>Milvus migrans</i>          | ✓                |    |    |   |   |   |   | ✓ |
| Lammergeier              | <i>Gypaetus barbatus</i>       |                  | 2  | 1  |   | 1 |   |   |   |
| Griffon Vulture          | <i>Gyps fulvus</i>             |                  | 2  | 1  |   |   |   |   |   |
| Eurasian Sparrowhawk     | <i>Accipiter nisus</i>         |                  |    |    |   | 1 |   | 1 |   |
| Common Buzzard           | <i>Buteo buteo</i>             |                  |    |    | 1 | 1 |   |   | 1 |
| Golden Eagle             | <i>Aquila chrysaetos</i>       |                  | 1  |    | 2 | 3 | 2 | 1 | 1 |
| Common Kestrel           | <i>Falco tinnunculus</i>       |                  | ✓  | ✓  | ✓ | ✓ |   |   |   |
| Yellow-legged Gull       | <i>Larus michahellis</i>       | ✓                |    |    |   |   |   |   |   |
| Rock Dove                | <i>Columba livia</i>           | ✓                |    |    |   | ✓ |   |   | ✓ |
| Common Wood Pigeon       | <i>Columba palumbus</i>        |                  | ✓  | ✓  | ✓ |   |   |   | ✓ |
| Common Cuckoo            | <i>Cuculus canorus</i>         |                  |    | H  | H |   | H |   |   |
| Alpine Swift             | <i>Tachymarpis melba</i>       |                  |    |    | ✓ |   |   | ✓ |   |
| Common Swift             | <i>Apus apus</i>               |                  | ✓  | ✓  | ✓ | ✓ | ✓ | ✓ | ✓ |
| Great Spotted Woodpecker | <i>Dendrocopos major</i>       |                  |    | 1  |   | 1 |   |   |   |
| Red-backed Shrike        | <i>Lanius collurio</i>         |                  |    |    | 3 |   | 2 | 5 |   |
| Eurasian Jay             | <i>Garrulus glandarius</i>     | ✓                | ✓  | ✓  | ✓ | ✓ | ✓ | ✓ | ✓ |
| Eurasian Magpie          | <i>Pica pica</i>               | ✓                | ✓  | ✓  | ✓ |   |   |   | ✓ |
| Spotted Nutcracker       | <i>Nucifraga caryocatactes</i> |                  |    |    | 1 |   | H | 1 |   |
| Red-billed Chough        | <i>Pyrrhocorax pyrrhocorax</i> |                  |    |    | 2 | 2 |   |   |   |
| Alpine Chough            | <i>Pyrrhocorax graculus</i>    |                  | ✓  | ✓  | ✓ | ✓ | ✓ |   |   |
| Carrion Crow             | <i>Corvus corone</i>           |                  | ✓  | ✓  | ✓ | ✓ | ✓ | ✓ |   |
| Hooded Crow              | <i>Corvus cornix</i>           | ✓                |    |    |   |   |   |   | ✓ |
| Northern Raven           | <i>Corvus corax</i>            |                  |    |    |   |   |   |   | 1 |
| Willow Tit               | <i>Poecile montanus</i>        |                  |    |    |   |   | ✓ | ✓ |   |
| Coal Tit                 | <i>Parus ater</i>              |                  | ✓  |    | ✓ | H | H | ✓ |   |

|                        |                                   | June - July 2022 |    |    |   |   |   |   |   |
|------------------------|-----------------------------------|------------------|----|----|---|---|---|---|---|
| Common name            | Scientific name                   | 28               | 29 | 30 | 1 | 2 | 3 | 4 | 5 |
| European Crested Tit   | <i>Lophophanes cristatus</i>      |                  |    |    |   |   |   | ✓ | H |
| Great Tit              | <i>Parus major</i>                |                  | ✓  |    |   |   |   | ✓ | ✓ |
| Eurasian Skylark       | <i>Alauda arvensis</i>            |                  | ✓  | ✓  | ✓ |   |   |   |   |
| Barn Swallow           | <i>Hirundo rustica</i>            |                  |    |    |   |   |   |   | ✓ |
| Eurasian Crag Martin   | <i>Ptyonoprogne rupestris</i>     | ✓                | ✓  | ✓  | ✓ | ✓ | ✓ | ✓ | ✓ |
| Common House Martin    | <i>Delichon urbicum</i>           | ✓                |    | ✓  | ✓ | ✓ | ✓ |   |   |
| Common Chiffchaff      | <i>Phylloscopus collybita</i>     |                  | H  |    | H | H | H | H | H |
| Marsh Warbler          | <i>Acrocephalus palustris</i>     |                  |    | 6  |   |   |   |   |   |
| Eurasian Blackcap      | <i>Sylvia atricapilla</i>         | H                | H  | ✓  | H | H | H | H | H |
| Lesser Whitethroat     | <i>Curruca curruca</i>            |                  |    | 1  | H |   | H |   |   |
| Common Firecrest       | <i>Regulus ignicapilla</i>        |                  |    | ✓  | H |   |   | H |   |
| Goldcrest              | <i>Regulus regulus</i>            |                  |    |    |   |   |   | H |   |
| Eurasian Treecreeper   | <i>Certhia familiaris</i>         |                  |    |    |   |   |   | ✓ |   |
| Ring Ouzel             | <i>Turdus torquatus alpestris</i> |                  |    | 1  | 1 |   |   |   |   |
| Common Blackbird       | <i>Turdus merula</i>              | ✓                | ✓  | ✓  | ✓ | ✓ | ✓ | ✓ | ✓ |
| Fieldfare              | <i>Turdus pilaris</i>             |                  |    | ✓  | ✓ |   |   | ✓ | ✓ |
| Song Thrush            | <i>Turdus philomelos</i>          | H                |    | H  | ✓ |   | ✓ |   |   |
| Mistle Thrush          | <i>Turdus viscivorus</i>          | ✓                | ✓  |    |   |   | ✓ | ✓ |   |
| European Robin         | <i>Erithacus rubecula</i>         |                  | H  |    |   |   | H |   |   |
| Black Redstart         | <i>Phoenicurus ochruros</i>       |                  | ✓  | ✓  | ✓ | ✓ | ✓ | ✓ | ✓ |
| Common Redstart        | <i>Phoenicurus phoenicurus</i>    |                  |    | ✓  |   |   |   | ✓ |   |
| Whinchat               | <i>Saxicola rubetra</i>           |                  |    | ✓  | ✓ | ✓ | ✓ | ✓ |   |
| Northern Wheatear      | <i>Oenanthe oenanthe</i>          |                  | ✓  | ✓  | ✓ | ✓ |   |   |   |
| White-throated Dipper  | <i>Cinclus cinclus</i>            |                  |    |    |   |   |   | 1 |   |
| House Sparrow          | <i>Passer domesticus</i>          |                  | ✓  |    | ✓ | ✓ |   | ✓ |   |
| Italian Sparrow        | <i>Passer italiae</i>             |                  |    |    |   |   |   |   | ✓ |
| White-winged Snowfinch | <i>Montifringilla nivalis</i>     |                  | 10 | ✓  |   | ✓ |   |   |   |
| Alpine Accentor        | <i>Prunella collaris</i>          |                  |    | 1  |   | 4 |   |   |   |
| Dunnock                | <i>Prunella modularis</i>         |                  |    |    | ✓ |   |   |   |   |
| Grey Wagtail           | <i>Motacilla cinerea</i>          |                  |    | ✓  |   |   |   |   |   |
| White Wagtail          | <i>Motacilla alba</i>             |                  | ✓  | ✓  | ✓ | ✓ | ✓ | ✓ |   |
| Tree Pipit             | <i>Anthus trivialis</i>           |                  | ✓  |    | ✓ |   |   |   |   |
| Water Pipit            | <i>Anthus spinoletta</i>          |                  | ✓  | ✓  | ✓ | ✓ |   |   |   |
| Common Chaffinch       | <i>Fringilla coelebs</i>          |                  | ✓  | ✓  | ✓ |   | ✓ | ✓ |   |
| European Serin         | <i>Serinus serinus</i>            |                  | ✓  | ✓  | ✓ | ✓ |   | ✓ | ✓ |
| European Greenfinch    | <i>Chloris chloris</i>            |                  |    |    | ✓ |   |   |   |   |
| European Goldfinch     | <i>Carduelis carduelis</i>        |                  | ✓  | ✓  | ✓ | ✓ | ✓ |   |   |
| Common Linnet          | <i>Linaria cannabina</i>          |                  | ✓  | ✓  | ✓ | ✓ |   |   |   |
| Red Crossbill          | <i>Loxia curvirostra</i>          |                  |    |    | ✓ |   | ✓ | ✓ |   |
| Eurasian Bullfinch     | <i>Pyrrhula pyrrhula</i>          |                  |    |    |   |   |   | ✓ |   |
| Yellowhammer           | <i>Emberiza citrinella</i>        |                  |    | ✓  | ✓ | H | ✓ |   |   |
| Rock Bunting           | <i>Emberiza cia</i>               |                  | 2  |    | ✓ |   | H | ✓ |   |

## Butterflies

| Common name                 | Scientific name           |
|-----------------------------|---------------------------|
|                             | <b>Hesperiidae</b>        |
| Southern Grizzled Skipper   | <i>Pyrgus malvoides</i>   |
| Oberther's Grizzled Skipper | <i>Pyrgus armoricanus</i> |
| Olive Skipper               | <i>Pyrgus serratulae</i>  |

| Common name                 | Scientific name              |
|-----------------------------|------------------------------|
| Safflower Skipper           | <i>Pyrgus carthami</i>       |
| Alpine Grizzled Skipper     | <i>Pyrgus andromedae</i>     |
| Red-underwing Skipper       | <i>Spialia sertorius</i>     |
| Mallow Skipper              | <i>Carcharodus alceae</i>    |
| Essex Skipper               | <i>Thymelicus lineola</i>    |
| Small Skipper               | <i>Thymelicus sylvestris</i> |
| Large Skipper               | <i>Ochlodes sylvanus</i>     |
|                             | <b>Papilionidae</b>          |
| Apollo                      | <i>Parnassius apollo</i>     |
| Swallowtail                 | <i>Papilio machaon</i>       |
|                             | <b>Pieridae</b>              |
| Black-veined White          | <i>Aporia crataegi</i>       |
| Small White                 | <i>Pieris rapae</i>          |
| Green-veined White          | <i>Pieris napi</i>           |
| Mountain Green-veined White | <i>Pieris bryoniae</i>       |
| Mountain Clouded Yellow     | <i>Colias phicomone</i>      |
| Moorland Clouded Yellow     | <i>Colias palaeno</i>        |
| Berger's Clouded Yellow     | <i>Colias alfacariensis</i>  |
| Clouded Yellow              | <i>Colias crocea</i>         |
|                             | <b>Lycaenidae</b>            |
| Blue-spot Hairstreak        | <i>Satyrrium spini</i>       |
| Scarce Copper               | <i>Lycaena virgaureae</i>    |
| Purple-shot Copper          | <i>Lycaena alciphron</i>     |
| Purple-edged Copper         | <i>Lycaena hippothoe</i>     |
| Little Blue                 | <i>Cupido minimus</i>        |
| Osiris Blue                 | <i>Cupido osiris</i>         |
| Baton Blue                  | <i>Pseudophilotes baton</i>  |
| Large Blue                  | <i>Maculinea arion</i>       |
| Silver-studded Blue         | <i>Plebeius argus</i>        |
| Idas Blue                   | <i>Plebeius idas</i>         |
| Mazarine Blue               | <i>Cyaniris semiargus</i>    |
| Damon Blue                  | <i>Agrodiaetus damon</i>     |
| Eros Blue                   | <i>Polyommatus eros</i>      |
| Escher's Blue               | <i>Polyommatus escheri</i>   |
| Chapman's Blue              | <i>Agrodiaetus thersites</i> |
| Glandon Blue                | <i>Agriades glandon</i>      |
| Geranium Argus              | <i>Eumedonia eumedon</i>     |
| Brown Argus                 | <i>Aricia agestis</i>        |
| Turquoise Blue              | <i>Plebicula dorylas</i>     |
| Chalk-hill Blue             | <i>Lysandra coridon</i>      |
|                             | <b>Riodinidae</b>            |
| Duke of Burgundy            | <i>Hamearis lucina</i>       |
|                             | <b>Nymphalidae</b>           |
| Small Tortoiseshell         | <i>Aglais urticae</i>        |
| Red Admiral                 | <i>Vanessa atalanta</i>      |
| Painted Lady                | <i>Vanessa cardui</i>        |
| Glanville Fritillary        | <i>Melitaea cinxia</i>       |
| False Heath Fritillary      | <i>Melitaea diamina</i>      |
| Knapweed Fritillary         | <i>Melitaea phoebe</i>       |
| Spotted Fritillary          | <i>Melitaea didyma</i>       |
| Heath Fritillary            | <i>Melicta athalia</i>       |
| Meadow Fritillary           | <i>Melicta parthenoides</i>  |

| Common name                     | Scientific name              |
|---------------------------------|------------------------------|
| Grison's Fritillary             | <i>Mellicta varia</i>        |
| Marsh Fritillary                | <i>Euphydryas aurinia</i>    |
| Silver-washed Fritillary        | <i>Argynnis paphia</i>       |
| High Brown Fritillary           | <i>Fabriciana adippe</i>     |
| Dark Green Fritillary           | <i>Speyeria aglaja</i>       |
| Queen of Spain Fritillary       | <i>Issoria lathonia</i>      |
| Mountain Fritillary             | <i>Boloria napaea</i>        |
| Small Pearl-bordered Fritillary | <i>Boloria selene</i>        |
| Pearl-bordered Fritillary       | <i>Boloria euphrosyne</i>    |
| Titania's Fritillary            | <i>Boloria titania</i>       |
| Large Wall Brown                | <i>Lasiommata maera</i>      |
| Alpine Heath                    | <i>Coenonympha gardetta</i>  |
| Small Heath                     | <i>Coenonympha pamphilus</i> |
| Chestnut Heath                  | <i>Coenonympha glycerion</i> |
| Almond-eyed Ringlet             | <i>Erebia albertanus</i>     |
| Large Ringlet                   | <i>Erebia euryale</i>        |
| Mountain Ringlet                | <i>Erebia epiphron</i>       |
| Silky Ringlet                   | <i>Erebia gorge</i>          |
| Mnestra's Ringlet               | <i>Erebia mnestra</i>        |
| Piedmont Ringlet                | <i>Erebia meolans</i>        |
| Dewy Ringlet                    | <i>Erebia pandrose</i>       |
| Common Brassy Ringlet           | <i>Erebia cassioides</i>     |
| Marbled White                   | <i>Melanargia galathea</i>   |
| Great Sooty Satyr               | <i>Satyrus ferula</i>        |

## Others

| Common name             | Scientific name                  |
|-------------------------|----------------------------------|
| <b>Mammals</b>          |                                  |
| Serotine                | <i>Eptesicus serotinus</i>       |
| Common Pipistrelle      | <i>Pipistrellus pipistrellus</i> |
| Nathusius's Pipistrelle | <i>Pipistrellus nathusii</i>     |
| Bat sp.                 | <i>Myotis sp.</i>                |
| Red Fox                 | <i>Vulpes vulpes</i>             |
| Stoat                   | <i>Mustela erminea</i>           |
| Alpine Chamois          | <i>Rupicapra rupicapra</i>       |
| Alpine Ibex             | <i>Capra ibex</i>                |
| European Hare           | <i>Lepus europaeus</i>           |
| Red Squirrel            | <i>Sciurus vulgaris</i>          |
| Alpine Marmot           | <i>Marmotta marmotta</i>         |
|                         |                                  |
|                         |                                  |
| <b>Reptiles</b>         |                                  |
| Common Frog             | <i>Rana temporaria</i>           |
| Common Wall Lizard      | <i>Podarcis muralis</i>          |