

The Italian and French Alps

Naturetrek Tour Report

28th June – 5th July 2023



Lammergeier - juvenile



Great Sooty Satyr



Alpine Chough



Apollo

Tour report by Philip Thompson, photos by Mark Woodhead



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Tour participants: Philip Thompson & Chris Wilkinson (leaders) with 9 Naturetrek Clients

Day 1

Wednesday 28th June

We arrived into Turin airport in the early evening, so after we had picked up our tour buses and loaded, we headed directly to the Aosta Valley and on to Cogne where our comfortable hotel was located. After the formalities of checking in had been sorted, it was straight to bed. A few interesting birds had been seen during our journey which included a few species not seen anywhere else during the tour, most notably a small group of Cattle Egrets following livestock in a field not far from the airport.

Day 2

Thursday 29th June

The weather was forecast sunny to start, with rain arriving from mid-afternoon, and so it proved! We drove the short distance to Gimmillan where we took the well-marked route above the Torrent Grausson. The path started with a steep section which soon levelled off to more manageable gradients. It did not take long to pick up a Red-backed Shrike perching characteristically on the nearby bushes. Our early progress was very slow as we took in the splendid views and array of flowers and butterflies in the adjoining pastures and grassy slopes. Butterfly highlights included the large and striking Apollo, of which there were several patrolling the slopes. The distinctive calls of Spotted Nutcracker were heard on a number of occasions, with birds being glimpsed fleetingly by most of the group. A choice botanical find was the localised Alpine endemic *Sempervivum grandiflorum* in flower on the steep and rocky slope beneath the track.

The route led from open meadow into an area of evergreen forest where we heard and then found a Western Bonelli's Warbler which gave some excellent views. On an area of bare scree which held little plant life, we discovered the very rare *Aethionema thomasianum*, only found in a few sites in the Aosta valley area. The track began to drop gently down to a bridge crossing the river, where we paused to check through the various butterflies coming down for minerals leached from the damp soil. We decided on an earlier lunch, as we were already resting comfortably in the shade.

Refreshed, we continued climbing slowly, crossing an open meadow leading to an area of open, thin forest. Plants were continually being found to be identified and admired while the birders kept an eye on the rocky ridges above us in the hope of a raptor. The weather was beginning to cloud over, so we opted to walk down to the rushing waterfall rather than continue climbing, before retreating. We took a slightly different route back, crossing a second bridge, a little further upstream. This path took us through pleasant forest with more new plants and butterflies, before meeting up with the path taken in the morning. Our retreat was timed a little poorly, as we were soon caught in the heavy rain that had been forecast! We arrived back at the buses somewhat damp around the edges, opting for an early return to the hotel to dry off and relax in the pool and spa.

Day 3

Friday 30th June

The weather was forecast to be similar to yesterday, but our planned itinerary was not to be affected too badly. We headed into the Gran Paradiso National Park, parking up in the village of Valnontey. Shortly after leaving the car-park, we picked up a couple of Alpine Marmots and Alpine Chamois in the meadows nearby, at low altitude. The path led past the Botanical Gardens where we could see the attractively laid out beds of alpine plants. Our route

then led up the side of the valley, taking numerous long zig-zags up the steep flank of the valley. Unfortunately, the very heavy rain of the previous few days had clearly swept down the slopes beneath the larch forest, washing out a lot of the flora. Birds and butterflies were very few, so we opted to cut short our route as the rewards did not appear to merit our efforts.

Back on the valley floor we took the level path alongside the river from the village. An interesting mix of finches was seen which included Siskin, Common Redpoll and Serin: not species you would necessarily imagine occurring together. Our gamble now was whether the rain would hold off for our lunch at the picnic site. It was rather dubious initially, but things cleared and we were then able to enjoy a pleasant lunch, with mildly damp benches the only inconvenience! Next to our lunch spot was an interesting area of wet boggy ground with small streamlets which held several interesting plants such as *Arnica montana*, *Dactylorhiza majalis* and *Pinguicula vulgaris*. We continued walking from the picnic site alongside the river, crossing back and forth on a couple of bridges and enjoying a rich mix of habitats and vegetation as we passed. The main highlights were botanical with birdlife rather quiet, although we did enjoy the rich song of Garden Warbler on a couple of occasions.

After a very interesting and varied walk we returned to the vehicles where we then drove back to Cogné where we stopped for a coffee, ice-cream and a walk around the attractive town, before regrouping for the final drive to the hotel.

Day 4

Saturday 1st July

Today we were leaving Italy and crossing into France, taking a very scenically spectacular route with a number of stops along the way. We made the first soon after leaving, at the end of the Cogné valley near to Aymavilles. Here we paid a visit to the impressive Roman bridge of Pont d'Aël crossing the deep and steep river valley. Having taken several photos of this notable bridge, we crossed and visited one of the premier butterfly sites in the Alps on the warm sunny side of the valley. We spent an exciting hour or so picking through the array of species present, with several new for the trip. Unfortunately, our main target of Piedmont Anomalous Blue eluded us, although a couple of early-emerged individuals had been seen prior to our visit.

We next headed west towards Monte Bianco/Mont Blanc standing in all its splendour, clearly visible from the road. We then headed south and up the steep winding road towards the Col de Petit St Bernard. We stopped here for a break and a chance to wander among the open meadows, to visit the gift shops, to study the various archaeological sites, and to look out for some birds and flowers in this high treeless environment! The group spread out to satisfy their individual interests before we continued towards La Rosière, where we found a convenient roadside picnic spot for our lunch. The view was splendid as we enjoyed a relaxing meal.

We then drove on, dropping down through the numerous switchback bends into the Isère valley. At the valley floor we headed up the gradually rising route, taking us through the famous ski resort before reaching the Pont Saint-Charles, where we took an enjoyable walk alongside the Isère river heading up towards its source. Raptors were soon in evidence, with Lammergeier and both Griffon and Cinereous Vultures spotted passing overhead. We headed up towards the narrow gorge section of the route, seeing birds of prey at regular intervals along with several interesting plants, notably *Viola pinnata* and Edelweiss (*Leontopodium nivale*).

With the day drawing on, we returned to the vehicles and began the climb up over the Col de l'Iseran and back down the other side within the Vanois National Park, before ultimately arriving at our next base in the attractive village of Bessans.

Day 5

Sunday 2nd July

A pre-breakfast walk was taken from the hotel along the Arc River. A good selection of birds was seen in the varied habitats on offer, the highlight being the discovery of a pair of nesting Marsh Warblers in a patch of tall wet herbage.

The main part of our day was spent above the treeline in the vicinity of Plan du Lac. On setting off, we were hoping that the low mist and rain clouds would slowly lift before our arrival. Once the road began the ascent, we took a couple of short roadside stops to admire the flora, and to delay our arrival a little! Once at the car park at Bellecombe our timing seemed just about perfect, since the skies were clearing as we shared out the communal picnic and prepared for our walk. There were plenty of interesting plants to admire in the early stages of the walk, although we were distracted by the presence of a smart White-winged Snowfinch on a nearby rocky outcrop! On the slopes around us the whistled alarm calls of Alpine Marmots were heard periodically, with numerous individuals seen during the day. Some were at close quarters, as their main concern was passing Golden Eagles and not huffing and puffing human tourists! Our route led past the lake and on towards the Refuge, where we continued into an area of steep slopes clothed in Alpenrose (*Rhododendron ferrugineum*). This area is favoured by the elusive Rock Ptarmigan as a nesting area, but despite our best efforts, this year they eluded us. We ate our lunch viewing across the open valley to the peaks opposite and several high glaciers (unfortunately, clearly showing signs of retreat). The air clarity was superb, making judgement of distances difficult: everything was sharp and crystal-clear.

We retraced our steps and called in at the Refuge for coffees and snacks. Refreshed, the group then split, with a few taking the road back and the majority taking a rougher undulating route out, initially to the Termignon Gorge, before taking a cross-country route to pick up the road further on. We all ultimately regrouped at the vehicles for our final drive home. Despite the group having confidently been informed that 'we never see Citril Finch on this trip' we were stopped in our tracks by the sighting of a pair of this species sitting on the roadside just in front of us! After this excitement we completed the remainder of the journey back uneventfully, with just the pleasant scenery to enjoy from the vehicles.

Day 6

Monday 3rd July

Further morning walks were taken by members of the group, during which the Marsh Warblers continued to show well! This morning we travelled south up to the Col du Mont Cenis. We paused on the ascent while one vehicle went to refuel, allowing us to find a couple of species of wintergreen in the pine woods on the roadside. Once on the way and over the Col, we took a narrow road to the west of the Lac du Mont Cenis, taking us through some stunningly florific meadows leading to the refuge car park. We then disembarked and undertook a pleasant and varied walk along the slopes, which were clothed in a rich mix of wildflowers. Alongside the Refuge we encountered a large colony of the tall, robust Spotted Gentian (*Gentiana punctata*) in full bloom. Moving on we slowly began to climb a thickly vegetated slope with several rocky outcrops. Further good botanical finds included the stunning *Aquilegia alpina* and *Primula latifolia*. A nearby rocky overhang with a shallow cave held a breeding pair of Red-billed Choughs which were busy attending their nest. After a short climb, the track levelled out and we soon found a

diffuse colony of Small White Orchids (*Pseudorchis albida*) alongside several examples of the rather variable Black Vanilla Orchid (*Gymnadenia rbellicana*). We looped back through tall, lush meadows which contained some beautiful natural rock gardens on the large exposed rock formations. Notable plants in these areas included *Dianthus pavonius* and the localised endemic Yellow Soapwort (*Saponaria lutea*). Once we had returned to the Refuge garden, we set out our lunch on their tables and benches, to enjoy another picnic with wonderful views.

After lunch we drove on to the east of the lake to take a route leading towards the peak of the Grand Mont Cenis and the Fort de Ronce. Bird activity was a little limited with several hoped-for species failing to put in an appearance. Luckily, there were still plenty of good plants and butterflies to keep us occupied as we took the slowly rising route. With fatigue setting in as the day drew to a close, we went as far as felt comfortable before retracing our route back to the vehicles for the drive back to the hotel.

Day 7

Tuesday 4th July

Today we returned to the Col de L'Iseran (having crossed on the transfer day) for a thorough investigation. We drove directly to the pass where we began our explorations. In the vicinity of the car park was a rich and diverse range of specialist high-alpine species found in these harsh conditions. Luckily for us, the weather was pleasantly mild with little or no wind, in contrast to previous visits! Botanical highlights were to include species such as *Artemisia genipi*, *Cerastium uniflorum*, *Gentiana turgouensis* subsp. *schleicheri*, *Saxifraga androsacea*, *Petrocallis pyrenaica* and many more. We then climbed the steep and stony track leading up towards the nearby rocky summit. This route produced several more choice plants with *Campanula cenisia* being the star of the show, joined by *Doronicum grandiflorum*, *Androsace helvetica*, *Potentilla reptans* and *Oxytropis fetida*. Having climbed as high as we felt confident, and before reaching the fixed cable hand holds on the rather more challenging upper sections, we paused to admire the view and were delighted with spotting a female Alpine Ibex below us on a rocky protrusion. An Alpine Accentor put in a brief appearance before dropping out of sight below a ridgeline.

Regrouping, we drove a short distance back down to explore a wet flush at the roadside which held a different range of species: the abundant Glacier Crowfoot (*Ranunculus glacialis*) was particularly attractive. We drove on, continuing to drop in altitude to a semi-derelict building which provided a suitable surface to lay out our lunch, with views to die for. Nearby was a striking waterfall with a torrential flow passing over its sequence of drops. Having taken in this scenic splendour, we were also still finding new choice plants and butterflies, with *Phyteuma hemisphaericum* being especially notable.

We then drove back a little higher to take a footpath through attractive alpine grassland, which climbed gradually before reaching a rather daunting sheer snowfield in a sheltered gully. This seemed an opportune point to rest a while before returning; and right beside us we found the rather diminutive, but exciting, *Saxifraga biflora* on the loose scree slope!

With the group reassembled back at the vehicles, we completed our explorations with a level track along the raised valley floor which led up towards another waterfall and past some characteristic Vanoise farm buildings. The striking *Campanula spicata* caught everyone's attention at the start as we made our slow progress along the trail. We reached an area of willow scrub from which could be heard the curious mixed, mimetic melodies of Marsh Warbler song. After some patient peering, we actually managed to catch a few glimpses of this elusive bird! The tall wet

meadows alongside the path contained a different mix of species to the higher alpine slopes, with many attractive species.

Day 8

Wednesday 5th July

Our early evening return flight allowed us time to have a couple of good walks before heading for the airport. We began with an area previously unexplored by this holiday, a result of the different hotel used on the French section. Once more the early morning weather was not great, but our timing at the start of our route worked out well. Our route led along a valley alongside a small river with high peaks on both sides. Plant-wise the area did not hold anything of great note, but the site proved to be something of a butterfly hotspot with a very rich range of species present. Several were new for the tour, with Grison's Fritillary and Cranberry Blue being the standouts. The birders were delighted with several loudly-singing Marsh Warblers present in the mixed woodland and scrub at the start of the walk, which proceeded to give some excellent views. The track reached the river where our map indicated a crossing, but it became apparent that this meant paddling across! In light of the warning signs of flash floods and the possibilities of heavy flotsam, we took the safe option and returned the way we had come.

Our second walk on a track high above the town worked out well. We began with lunch before setting out on this flat and level track during which we were able to admire numerous species of flower on the south-facing aspect, most of which were becoming familiar, but did include the lovely Orange Lily (*Lilium bulbiferum* subsp. *croceum*), of which a number of examples were found in full bloom. The route continued through open country before reaching an area of evergreen forest where we walked a short way in the hope of finding a Firecrest or two, but without success. Our thoughts were turning towards our final journey back to Turin, so we made our way back to the hotel where we were able to freshen up and change, before loading the vehicles and saying farewell to our hotel proprietor.

Our return journey took us back over the Col du Mont Cenis and past the lake. We still had a little time available to stop and soak up the view, and to pay a brief visit to the Botanical Gardens if so inclined. After a last café stop we began the final leg, dropping down and down back into Italy, eventually bottoming out in the town of Susa where we picked up the motorway and made the straightforward run to Turin airport.



Burnt Candytuft (*Aethionema thomasianum*)

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Species lists

Birds (H = Heard only)

Common name	Scientific name	June – July 2023							
		28	29	30	1	2	3	4	5
Common Quail	<i>Coturnix coturnix</i>					H	H	H	
Mallard	<i>Anas platyrhynchos</i>	✓					✓	✓	
Cattle Egret	<i>Bubulcus ibis</i>	✓							
Little Egret	<i>Egretta garzetta</i>	✓					✓		
Grey Heron	<i>Ardea cinerea</i>	✓				✓		✓	✓
Black Kite	<i>Milvus migrans</i>								✓
Lammergeier	<i>Gypaetus barbatus</i>				✓		✓	✓	✓
Eurasian Griffon Vulture	<i>Gyps fulvus</i>				✓		✓	✓	✓
Cinereous Vulture	<i>Aegypius monachus</i>				✓			✓	
Short-toed Snake Eagle	<i>Circaetus gallicus</i>				✓	✓			✓
Common Buzzard	<i>Buteo buteo</i>	✓	✓		✓				✓
Golden Eagle	<i>Aquila chrysaetos</i>			✓	✓			✓	✓
Common Kestrel	<i>Falco tinnunculus</i>				✓	✓	✓	✓	✓
Peregrine Falcon	<i>Falco peregrinus</i>				✓				
Common Sandpiper	<i>Actitis hypoleucos</i>					✓			
Yellow-legged Gull	<i>Larus michahellis</i>	✓							✓
Rock Dove	<i>Columba livia</i>	✓		✓		✓	✓	✓	✓
Common Wood Pigeon	<i>Columba palumbus</i>	✓		✓		✓	✓	✓	✓
Eurasian Collared Dove	<i>Streptopelia decaocto</i>				✓	✓	✓	✓	✓
Common Cuckoo	<i>Cuculus canorus</i>		H	H			H		✓
Alpine Swift	<i>Tachymarptis melba</i>		✓	✓					
Common Swift	<i>Apus apus</i>	✓	✓	✓	✓	✓	✓	✓	✓
Great Spotted Woodpecker	<i>Dendrocopos major</i>						✓		
European Green Woodpecker	<i>Picus viridis</i>						✓	✓	H
Red-backed Shrike	<i>Lanius collurio</i>		✓				✓		
Eurasian Jay	<i>Garrulus glandarius</i>	✓		✓	✓				✓
Eurasian Magpie	<i>Pica pica</i>	✓			✓	✓	✓	✓	✓
Spotted Nutcracker	<i>Nucifraga caryocatactes</i>		✓	✓		✓			H
Red-billed Chough	<i>Pyrrhocorax pyrrhocorax</i>				✓	✓	✓		✓
Alpine Chough	<i>Pyrrhocorax graculus</i>				✓	✓	✓	✓	
Western Jackdaw	<i>Coloeus monedula</i>				✓	✓			
Carrion Crow	<i>Corvus corone</i>		✓	✓	✓	✓	✓	✓	✓
Hooded Crow	<i>Corvus cornix</i>	✓							✓
Northern Raven	<i>Corvus corax</i>				✓			✓	✓
Willow Tit	<i>Poecile montanus</i>					✓		✓	
Coal Tit	<i>Parus ater</i>		✓	✓	H	✓	✓		
European Crested Tit	<i>Lophophanes cristatus</i>		✓						
Great Tit	<i>Parus major</i>		✓	✓		✓	✓	✓	
Eurasian Blue Tit	<i>Cyanistes caeruleus</i>					✓			
Eurasian Skylark	<i>Alauda arvensis</i>				✓	✓	✓	H	
Barn Swallow	<i>Hirundo rustica</i>	✓							✓
Eurasian Crag Martin	<i>Ptyonoprogne rupestris</i>		✓	✓	✓	✓	✓	✓	✓
Common House Martin	<i>Delichon urbicum</i>		✓	✓	✓		✓	✓	✓
Long-tailed Tit	<i>Aegithalos caudatus</i>								✓
Common Chiffchaff	<i>Phylloscopus collybita</i>		H	✓	H	✓	✓	H	H

Common name	Scientific name	June – July 2023							
		28	29	30	1	2	3	4	5
Western Bonelli's Warbler	<i>Phylloscopus bonelli</i>		✓						H
Marsh Warbler	<i>Acrocephalus palustris</i>					✓	✓	✓	✓
Eurasian Blackcap	<i>Sylvia atricapilla</i>			H	H	H	H		✓
Garden Warbler	<i>Sylvia borin</i>			H		H	H	✓	✓
Lesser Whitethroat	<i>Sylvia curruca</i>						✓		
Goldcrest	<i>Regulus regulus</i>		H	✓		H			
Eurasian Wren	<i>Troglodytes troglodytes</i>		H						✓
Common Starling	<i>Sturnus vulgaris</i>	✓			✓				
Common Blackbird	<i>Turdus merula</i>	✓	✓	✓	✓	✓	✓	✓	✓
Fieldfare	<i>Turdus pilaris</i>				✓	✓	✓	✓	
Song Thrush	<i>Turdus philomelos</i>				H	H		✓	
Mistle Thrush	<i>Turdus viscivorus</i>		✓	✓		✓			
European Robin	<i>Erithacus rubecula</i>		H	H	✓	H			
Black Redstart	<i>Phoenicurus ochruros</i>		✓	✓	✓	✓	✓	✓	✓
Common Redstart	<i>Phoenicurus phoenicurus</i>			✓	H	✓	✓		
Whinchat	<i>Saxicola rubetra</i>		✓	✓	✓	✓	✓	✓	
Northern Wheatear	<i>Oenanthe oenanthe</i>				✓	✓	✓	✓	
White-throated Dipper	<i>Cinclus cinclus</i>		✓	✓		✓	✓	✓	
House Sparrow	<i>Passer domesticus</i>		✓	✓	✓	✓	✓	✓	✓
Italian Sparrow	<i>Passer italiae</i>			✓	✓	✓	✓	✓	✓
White-winged Snowfinch	<i>Montifringilla nivalis</i>				✓	✓	✓	✓	
Alpine Accentor	<i>Prunella collaris</i>							✓	
Dunnock	<i>Prunella modularis</i>							✓	
Grey Wagtail	<i>Motacilla cinerea</i>			✓					
White Wagtail	<i>Motacilla alba</i>		✓	✓	✓	✓	✓	✓	✓
Tree Pipit	<i>Anthus trivialis</i>				✓	✓			✓
Water Pipit	<i>Anthus spinoletta</i>				✓	✓	✓	✓	
Common Chaffinch	<i>Fringilla coelebs</i>		✓	✓	✓	✓	✓	✓	✓
European Serin	<i>Serinus serinus</i>			✓	H	✓	✓	✓	✓
European Greenfinch	<i>Chloris chloris</i>							✓	
Eurasian Siskin	<i>Carduelis spinus</i>			✓		H	✓		
Citril Finch	<i>Carduelis citrinella</i>					✓			
European Goldfinch	<i>Carduelis carduelis</i>	✓	✓	✓	✓	✓	✓	✓	✓
Common Redpoll	<i>Carduelis flammea</i>			✓			✓	✓	
Common Linnet	<i>Carduelis cannabina</i>				✓		✓	✓	
Red Crossbill	<i>Loxia curvirostra</i>					✓	✓		✓
Yellowhammer	<i>Emberiza citrinella</i>					✓	✓	✓	✓
Rock Bunting	<i>Emberiza cia</i>						✓		

Butterflies

Common name	Scientific name
	Hesperiidae
Dingy Skipper	<i>Erynnis tages</i>
Oberther's Grizzled Skipper	<i>Pyrgus armoricanus</i>
Grizzled Skipper	<i>Pyrgus malvae</i>
Safflower Skipper	<i>Pyrgus carthami</i>
Alpine Grizzled Skipper	<i>Pyrgus andromedae</i>
Dusky Grizzled Skipper	<i>Pyrgus cacaliae</i>
Red-underwing Skipper	<i>Spialia sertorius</i>

Common name	Scientific name
Marbled Skipper	<i>Carcharodus lavatherae</i>
Small Skipper	<i>Thymelicus sylvestris</i>
Large Skipper	<i>Ochlodes sylvanus</i>
	Papilionidae
Apollo	<i>Parnassius apollo</i>
Swallowtail	<i>Papilio machaon</i>
	Pieridae
Wood White	<i>Leptidea sinapis</i>
Black-veined White	<i>Aporia crataegi</i>
Large White	<i>Pieris brassicae</i>
Small White	<i>Pieris rapae</i>
Mountain Small White	<i>Artogeia ergane</i>
Green-veined White	<i>Pieris napi</i>
Mountain Green-veined White	<i>Pieris bryoniae</i>
Peak White	<i>Pontia callidice</i>
Orange Tip	<i>Anthocharis cardamines</i>
Mountain Dappled White	<i>Euchloe simplonia</i>
Common Clouded yellow	<i>Colias crocea</i>
Mountain Clouded Yellow	<i>Colias phicomone</i>
Moorland Clouded Yellow	<i>Colias palaeno</i>
Berger's Clouded Yellow	<i>Colias alfacariensis</i>
Brimstone	<i>Gonepteryx rhamni</i>
	Lycaenidae
Blue-spot Hairstreak	<i>Satyrrium spini</i>
Green Hairstreak	<i>Callophrys rubi</i>
Sooty Copper	<i>Lycaena tityrus</i>
Purple-edged Copper	<i>Lycaena hippothoe</i>
Little Blue	<i>Cupido minimus</i>
Osiris Blue	<i>Cupido osiris</i>
Large Blue	<i>Maculinea arion</i>
Baton Blue	<i>Pseudophilotes baton</i>
Cranberry Blue	<i>Vacciniina optilete</i>
Idas Blue	<i>Plebeius idas</i>
Mazarine Blue	<i>Cyaniris semiargus</i>
Eros Blue	<i>Polyommatus eros</i>
Amanda's Blue	<i>Agrodiaetus amanda</i>
Chapman's Blue	<i>Agrodiaetus thersites</i>
Escher's Blue	<i>Polyommatus escheri</i>
Adonis Blue	<i>Lysandra bellargus</i>
Common Blue	<i>Polyommatus icarus</i>
Glandon Blue	<i>Agriades glandon</i>
Geranium Argus	<i>Eumedonia eumedon</i>
Brown Argus	<i>Aricia agestis</i>
Mountain Argus	<i>Aricia artaxerxes</i>
Alpine Blue	<i>Albulina orbitulus</i>
	Nymphalidae
Southern White Admiral	<i>Limenitis reducta</i>
Small Tortoiseshell	<i>Aglais urticae</i>
Red Admiral	<i>Vanessa atalanta</i>
Painted Lady	<i>Vanessa cardui</i>
Glanville Fritillary	<i>Melitaea cinxia</i>
False Heath Fritillary	<i>Melitaea diamina</i>

Common name	Scientific name
Knapweed Fritillary	<i>Melitaea phoebe</i>
Spotted Fritillary	<i>Melitaea didyma</i>
Heath Fritillary	<i>Melicta athalia</i>
Grisson's Fritillary	<i>Melicta varia</i>
Meadow Fritillary	<i>Melicta parthenoides</i>
Marsh Fritillary	<i>Euphydryas aurinia</i>
Silver-washed Fritillary	<i>Argynnis paphia</i>
High Brown Fritillary	<i>Argynnis adippe</i>
Dark Green Fritillary	<i>Argynnis aglaja</i>
Queen of Spain Fritillary	<i>Issoria lathonia</i>
Mountain Fritillary	<i>Boloria napaea</i>
Small Pearl-bordered Fritillary	<i>Boloria selene</i>
Pearl-bordered Fritillary	<i>Boloria euphrosyne</i>
Titania's Fritillary	<i>Boloria titania</i>
	Satyrinae
Large Wall Brown	<i>Lasiommata maera</i>
Wall Brown	<i>Lasiommata megera</i>
Pearly Heath	<i>Coenonympha arcania</i>
Alpine Heath	<i>Coenonympha gardetta</i>
Darwin's Heath	<i>Coenonympha darwiniana</i>
Small Heath	<i>Coenonympha pamphilus</i>
Grayling	<i>Hipparchia semele</i>
Great Banded Grayling	<i>Kanetisa circe</i>
Mountain Ringlet	<i>Erebia epiphron</i>
Sooty Ringlet	<i>Erebia pluto</i>
de Prunner's Ringlet	<i>Erebia triaria</i>
Almond-eyed Ringlet	<i>Erebia alberganus</i>
Large Ringlet	<i>Erebia euryale</i>
Woodland Ringlet	<i>Erebia medusa</i>
Mnestra's Ringlet	<i>Erebia mnestra</i>
Dewy Ringlet	<i>Erebia pandrose</i>
Common Brassy Ringlet	<i>Erebia cassioides</i>
Marbled White	<i>Melanargia galathea</i>
Alpine Grayling	<i>Oeneis glacialis</i>
Great Sooty Satyr	<i>Satyrus ferula</i>

Mammals

Common name	Scientific name
Red Fox	<i>Vulpes vulpes</i>
Stoat	<i>Mustela erminea</i>
Roe Deer	<i>Capreolus capreolus</i>
Alpine Chamois	<i>Rupicapra rupicapra</i>
Alpine Ibex	<i>Capra ibex</i>
Red Squirrel	<i>Sciurus vulgaris</i>
Alpine Marmot	<i>Marmotta marmotta</i>

Reptiles

Common name	Scientific name
Common Frog	<i>Rana temporaria</i>
Green Lizard	<i>Lacerta bilineata</i>
Common Wall Lizard	<i>Podarcis muralis</i>

Plants

Scientific Name	Common Name
PTERIDOPHYTES	FERNS & ALLIES
Lycopodiaceae	Clubmoss Family
<i>Huperzia selago</i>	Fir Clubmoss
Selaginellaceae	Lesser Clubmoss Family
<i>Selaginella selaginoides</i>	Lesser Clubmoss
Equisetaceae	Horestail Family
<i>Equisetum arvense</i>	Field Horsetail
<i>Equisetum palustre</i>	Marsh Horsetail
<i>Equisetum sylvaticum</i>	Wood Horsetail
<i>Equisetum telmateia</i>	Great Horsetail
Aspleniaceae	Spleenwort family
<i>Asplenium ceterach</i>	Rustyback
<i>Asplenium ruta-muraria</i>	Wall Rue
<i>Asplenium septentrionale</i>	Forked Spleenwort
<i>Asplenium trichomanes</i>	Maiden-hair Spleenwort
<i>Asplenium viride</i>	Green Spleenwort
<i>Athyrium distentifolium</i>	Alpine Lady Fern
<i>Athyrium filix-femina</i>	Lady-fern
<i>Blechnum spicant</i>	Hard-fern
<i>Cystopteris fragilis</i>	Brittle Bladder-fern
<i>Gymnocarpium dryopteris</i>	Oak Fern
<i>Gymnocarpium robertianum</i>	Limestone Fern
<i>Woodsia alpina</i>	Alpine Woodsia
Dennstaedtiaceae	Bracken Family
<i>Pteridium aquilinum</i>	Bracken
Ophioglossaceae	Adder's-tongue Family
<i>Botrychium lunaria</i>	Moonwort
Polypodiaceae	Polypody Family
<i>Dryopteris filix-mas</i>	Male-fern
<i>Dryopteris mindshelkensis</i>	Rigid Buckler-fern
<i>Polypodium vulgare</i>	Common Polypody
<i>Polystichum aculeatum</i>	Hard Shield-fern
<i>Polystichum lonchitis</i>	Holly-fern
Pteridaceae	Ribbon Fern Family

Scientific Name	Common Name
<i>Adiantum capillus-veneris</i>	Maidenhair fern
PINOPSIDA (GYMNOSPERMS)	CONIFERS
Cupressaceae	Juniper Family
<i>Juniperus communis</i> subsp. <i>communis</i>	Common Juniper
<i>Juniperus communis</i> subsp. <i>alpina</i>	Dwarf Juniper
<i>Juniperus sabina</i>	Savin
Pinaceae	Pine Family
<i>Abies alba</i>	European Silver Fir
<i>Larix decidua</i>	European Larch
<i>Picea abies</i> subsp. <i>abies</i>	Spruce
<i>Pinus mugo</i>	Dwarf Mountain Pine
<i>Pinus sylvestris</i>	Scot's Pine
<i>Pinus uncinata</i>	Mountain Pine
MAGNOLIOPSIDA (ANGIOSPERMS)	FLOWERING PLANTS
Magnoliidae (Dicotyledons)	
Amaranthaceae	
<i>Blitum bonus-henricus</i>	Good King Henry
Apiaceae	Carrot Family
<i>Angelica sylvestris</i>	Wild Angelica
<i>Anthriscus sylvestris</i>	Cow Parsley
<i>Astrantia minor</i>	Lesser Masterwort
<i>Athamanta cretensis</i>	Athamanta
<i>Bupleurum petraeum</i>	Rock Hare's-ear
<i>Bupleurum ranunculoides</i>	Three-veined Hare's-ear
<i>Bupleurum stellatum</i>	-
<i>Chaerophyllum aureum</i>	Golden Chervil
<i>Chaerophyllum hirsutum</i>	Hairy Chervil
<i>Daucus carota</i>	Wild Carrot
<i>Heracleum sphondylium</i>	Hogweed
<i>Laserpitium latifolium</i>	Broad-leaved Sermountain
<i>Meum athamanticum</i>	Spignel
<i>Molopospermum peloponnesiacum</i>	Molopospermum
<i>Mutellina purpurea</i>	Alpine Lovage
<i>Neogaya simplex</i>	Unbranched Lovage
<i>Peucedanum ostruthium</i>	Masterwort
<i>Pleurospermum austriacum</i>	Pleurospermum
<i>Sanicula europaea</i>	Sanicle
<i>Siler montanum</i>	Narrow-leaved Sermountain
Apocynaceae	Dogbane Family
<i>Vincetoxicum hirundinaria</i>	Swallow-wort
Asteraceae	Daisy Family
<i>Achillea erba-rotta</i>	Simple-leaved Milfoil
<i>Achillea millefolium</i>	Yarrow
<i>Achillea nana</i>	Dwarf Milfoil

Scientific Name	Common Name
<i>Adenostyles alliariae</i>	Adenostyles
<i>Antennaria carpatica</i>	Carpathian Cat's-foot
<i>Antennaria dioica</i>	Cat's-foot
<i>Arnica montana</i>	Arnica
<i>Artemisia absinthium</i>	Wormwood
<i>Artemisia campestris</i>	Field Wormwood
<i>Artemisia genipi</i>	
<i>Aster alpinus</i>	Alpine Aster
<i>Aster bellidiastrum</i>	False Aster
<i>Carduus defloratus</i>	Alpine Thistle
<i>Carduus nutans</i>	Musk Thistle
<i>Carduus personata</i>	Great Marsh Thistle
<i>Centaurea scabiosa</i>	Greater Knapweed
<i>Centaurea triumphettii</i>	
<i>Centaurea uniflora</i>	Plume Knapweed
<i>Cicerbita alpina</i>	Alpine Sow-thistle
<i>Cirsium eriophorum</i>	Woolly Thistle
<i>Cirsium palustre</i>	Marsh Thistle
<i>Cirsium spinosissimum</i>	Spiniest Thistle
<i>Crepis aurea</i>	Golden Hawk's-beard
<i>Doronicum grandiflorum</i>	Large-flowered Leopard's-bane
<i>Erigeron acris</i>	Blue Fleabane
<i>Erigeron uniflorus</i>	One-flowered Fleabane
<i>Jacobaea incana</i>	
<i>Helichrysum luteoalbum</i>	Jersey Cudweed
<i>Hieracium alpinum agg</i>	Alpine Hawkweed
<i>Hieracium tomentosum</i>	Woolly Hawkweed
<i>Hieracium villosum</i>	-
<i>Homogyne alpina</i>	Alpine Colt's-foot
<i>Lactuca perennis</i>	Blue Lettuce
<i>Leontopodium nivale</i>	Edelweiss
<i>Leucanthemopsis alpina</i>	Alpine Moon Daisy
<i>Leucanthemum atratum</i>	Saw-leaved Moon Daisy
<i>Leucanthemum vulgare</i>	Ox-eye Daisy
<i>Leuzea rhapontica</i>	
<i>Omalotheca norvegica</i>	Highland Cudweed
<i>Petasites albus</i>	White Butterbur
<i>Petasites hybridus</i>	Butterbur
<i>Pilosella officinarum</i>	Mouse-eared Hawkweed
<i>Prenanthes purpurea</i>	Purple Lettuce
<i>Scorzoneroides helvetica</i>	
<i>Senecio doronicum</i>	Chamois Ragwort
<i>Solidago virgaurea</i>	Goldenrod
<i>Taraxacum agg</i>	Dandelion
<i>Tragopogon crocifolius</i>	-
<i>Tragopogon pratensis subsp. orientalis</i>	Goat's-beard
<i>Tussilago farfara</i>	Colt's-foot
Berberidaceae	Barberry Family
<i>Berberis vulgaris</i>	Barberry
Betulaceae	Birch Family

Scientific Name	Common Name
<i>Alnus alnobetula</i>	Green Alder
<i>Betula pendula</i>	Silver Birch
Boraginaceae	Forget-me-not Family
<i>Echium vulgare</i>	Viper's-bugloss
<i>Lithospermum officinale</i>	Common Gromwell
<i>Myosotis alpestris</i>	Alpine Wood Forget-me-not
<i>Myosotis sylvatica</i>	Wood Forget-me-not
<i>Onosma pseudoarenaria</i>	Golden Drops
Brassicaceae	Cabbage Family
<i>Aethionema thomasianum</i>	a Burnt Candytuft
<i>Alyssoides utriculata</i>	Alyssoides
<i>Alyssum alyssoides</i>	Small Alyssum
<i>Alyssum montanum</i>	Mountain Alyssum
<i>Arabis alpina</i>	Alpine Rock-cress
<i>Arabis hirsuta</i>	Hairy Rock-cress
<i>Arabis soyeri</i> subsp. <i>subcoriacea</i>	a Rock-cress
<i>Barbarea vulgaris</i>	Common Winter-cress
<i>Biscutella brevicaulis</i>	a Buckler Mustard
<i>Biscutella laevigata</i>	Buckler Mustard
<i>Cardamine bellidifolia</i> subsp. <i>Alpina</i>	Alpine Bittercress
<i>Cardamine resedifolia</i>	
<i>Coincya richeri</i>	Coincya
<i>Descurainia sophia</i>	Flixweed
<i>Draba aizoides</i>	Yellow Whitlow-grass
<i>Draba verna</i>	Whitlowgrass
<i>Erysimum ochroleucum</i>	Decumbent Treacle-mustard
<i>Erysimum rhaeticum</i>	-
<i>Hornungia alpina</i>	Chamois Cress
<i>Hugueninia tanacetifolia</i>	Tansy-leaved Rocket
<i>Lepidium campestre</i>	Field Pepperwort
<i>Odontarrhena alpestris</i>	Alpine Alyssum
<i>Petrocallis pyrenaica</i>	Pyrenean Whitlow-grass
<i>Pseudoturritis turrita</i>	Tower Cress
<i>Sisymbrium austriacum</i>	Austrian Rocket
<i>Turritis glabra</i>	Tower Mustard
Campanulaceae	Bellflower Family
<i>Campanula barbata</i>	Bearded Bellflower
<i>Campanula cenisia</i>	Mt. Cenis Bellflower
<i>Campanula cochlearifolia</i>	Fairy's Thimble
<i>Campanula glomerata</i>	Clustered Bellflower
<i>Campanula rhomboidalis</i>	a Bellflower
<i>Campanula rotundifolia</i>	Harebell
<i>Campanula scheuchzeri</i>	Scheuchzer's Bellflower
<i>Campanula spicata</i>	Spiked Bellflower
<i>Campanula thyrsoidea</i>	Yellow Bellflower
<i>Campanula trachelium</i>	Nettle-leaved Bellflower
<i>Phyteuma betonicifolium</i>	
<i>Phyteuma globularifolium</i> subsp. <i>pedemontanum</i>	a Rampion
<i>Phyteuma hemisphaericum</i>	Globe-headed Rampion

Scientific Name	Common Name
<i>Phyteuma humile</i>	Dwarf Rampion
<i>Phyteuma orbiculare</i>	Round-headed Rampion
<i>Phyteuma ovatum</i>	Dark Rampion
<i>Phyteuma scorzonerifolium</i>	Scorzonera-leaved Rampion
<i>Phyteuma spicatum</i> subsp. <i>coeruleum</i>	Spiked Rampion
Caprifoliaceae	Honeysuckle Family
<i>Knautia arvensis</i>	Field Scabious
<i>Knautia dipsacifolia</i>	Wood Scabious
<i>Lonicera alpigena</i>	Alpine Honeysuckle
<i>Lonicera caerulea</i>	Blue-berried Honeysuckle
<i>Lonicera nigra</i>	Black-berried Honeysuckle
<i>Lonicera xylosteum</i>	Fly Honeysuckle
<i>Scabiosa columbaria</i>	Small Scabious
<i>Valeriana montana</i>	Mountain Valerian
<i>Valeriana officinalis</i>	Common Valerian
<i>Valeriana tripteris</i>	Three-leaved Valerian
<i>Valeriana tuberosa</i>	
Caryophyllaceae	Pink Family
<i>Arenaria ciliata</i>	Fringed Sandwort
<i>Arenaria grandiflora</i>	Large-flowered Sandwort
<i>Atocion rupestre</i>	Rock Campion
<i>Cerastium arvense</i>	Field Mouse-ear
<i>Cerastium latifolium</i>	
<i>Cerastium tomentosum</i>	Snow-in-summer
<i>Cerastium uniflorum</i>	Glacier Mouse-ear
<i>Cherleria capillacea</i>	
<i>Cherleria laricifolia</i>	
<i>Cherleria sedoides</i>	Mossy Cyphel
<i>Dianthus carthusianorum</i>	Carthusian Pink
<i>Dianthus pavonius</i>	Three-veined Pink
<i>Dianthus sylvestris</i>	Wood Pink
<i>Dichodon cerastoides</i>	Starwort Mouse-ear
<i>Facchinia rupestris</i>	Rock Sandwort
<i>Gypsophila repens</i>	Alpine Gypsophila
<i>Heliosperma pusillum</i>	
<i>Minuartia recurva</i>	Sickle-leaved Sandwort
<i>Moehringia ciliata</i>	Creeping Sandwort
<i>Moehringia muscosa</i>	Mossy Sandwort
<i>Sabulina verna</i>	Spring Sandwort
<i>Sagina glabra</i>	-
<i>Sagina procumbens</i>	Procumbent Pearlwort
<i>Sagina saginoides</i>	Alpine Pearlwort
<i>Saponaria lutea</i>	Yellow Soapwort
<i>Saponaria ocymoides</i>	Rock Soapwort
<i>Silene acaulis</i>	Moss Campion
<i>Silene acaulis</i> subsp. <i>bryoides</i>	a Moss Campion
<i>Silene dioica</i>	Red Campion
<i>Silene italica</i>	Italian Catchfly
<i>Silene nutans</i>	Nottingham Catchfly
<i>Silene otites</i>	Spanish Catchfly

Scientific Name	Common Name
<i>Silene vallesia</i>	Valleis Catchfly
<i>Silene vulgaris</i> subsp. <i>vulgaris</i>	Bladder Campion
<i>Silene vulgaris</i> subsp. <i>prostrata</i>	Prostrate Bladder Campion
<i>Stellaria graminea</i>	Lesser Stitchwort
<i>Stellaria nemorum</i>	Wood Stitchwort
<i>Viscaria alpina</i>	Alpine Catchfly
Cistaceae	Rock-rose Family
<i>Helianthemum nummularium</i>	Rock-rose
<i>Helianthemum nummularium</i> subsp. <i>grandiflorum</i>	
<i>Helianthemum canum</i>	Hoary Rock-rose
Convolvulaceae	Bindweed Family
<i>Calystegia sepium</i>	Hedge Bindweed
<i>Convolvulus arvensis</i>	Field Bindweed
<i>Cuscuta epithymum</i>	Dodder
Crassulaceae	Stonecrop Family
<i>Hylotelephium anacampseros</i>	Love-restoring Stonecrop
<i>Hylotelephium maximum</i>	
<i>Petrosedum montanum</i>	
<i>Petrosedum ochroleucum</i>	Creamish Stonecrop
<i>Petrosedum rupestre</i>	Reflexed Stonecrop
<i>Rhodiola rosea</i>	Roseroot
<i>Sedum acre</i>	Biting Stonecrop
<i>Sedum album</i>	White Stonecrop
<i>Sedum alpestre</i>	-
<i>Sedum annuum</i>	Annual Stonecrop
<i>Sedum atratum</i>	Dark Stonecrop
<i>Sedum dasyphyllum</i>	Fat-leaved Stonecrop
<i>Sedum villosum</i>	Hairy Stonecrop
<i>Sempervivum arachnoidium</i>	Cobweb Houseleek
<i>Sempervivum grandiflorum</i>	Large-flowered Houseleek
<i>Sempervivum montanum</i>	Mountain Houseleek
<i>Sempervivum tectorum</i>	Common Houseleek
Elaeagnaceae	Sea-buckthorn Family
<i>Hippophae rhamnoides</i>	Sea-buckthorn
Ericaceae	Heather Family
<i>Arctostaphylos uva-ursi</i>	Bearberry
<i>Arctous alpina</i>	Alpine Bearberry
<i>Empetrum nigrum</i> subsp. <i>hermaphroditum</i>	Crowberry
<i>Kalmia procumbens</i>	Creeping Azalea
<i>Moneses uniflora</i>	One-flowered Wintergreen
<i>Orthillia secunda</i>	Nodding Wintergreen
<i>Pyrola media</i>	Intermediate Wintergreen
<i>Rhododendron ferrugineum</i>	Alpenrose
<i>Vaccinium myrtillus</i>	Bilberry
<i>Vaccinium uliginosum</i>	Bog Bilberry
<i>Vaccinium vitis-idaea</i>	Cowberry

Scientific Name	Common Name
Euphorbiaceae	Spurge Family
<i>Euphorbia cyparissias</i>	Cypress Spurge
<i>Euphorbia seguieriana</i>	Seguier's Spurge
Fabaceae	Pea Family
<i>Anthyllis vulneraria</i> agg.	Kidney Vetch
<i>Astragalus alopecurus</i>	
<i>Astragalus alpinus</i>	Alpine Milk-vetch
<i>Astragalus australis</i>	Southern Milk-vetch
<i>Astragalus cicer</i>	
<i>Astragalus danicus</i>	Purple Milk-vetch
<i>Astragalus hypoglottis</i>	Purple Vetch
<i>Astragalus leontinus</i>	Tyrolean Milk-vetch
<i>Astragalus monspessulanus</i>	Montpellier Milk-vetch
<i>Astragalus onobrychis</i>	-
<i>Astragalus penduliflorus</i>	Mountain Lentil
<i>Astragalus sempervirens</i>	Mountain Tragacanth
<i>Chamaecytisus triflorus</i>	Hairy Broom
<i>Colutea arborescens</i>	Bladder Senna
<i>Genista germanica</i>	German Broom
<i>Hippocrepis comosa</i>	Horseshoe Vetch
<i>Laburnum anagyroides</i>	Laburnum
<i>Lathyrus latifolius</i>	Broad-leaved Everlasting Pea
<i>Lathyrus pratensis</i>	Meadow Vetchling
<i>Lotus corniculatus</i>	Bird's-foot Trefoil
<i>Lotus pedunculatus</i>	Greater Bird's-foot Trefoil
<i>Medicago sativa</i>	Lucerne
<i>Melilotus albus</i>	White Melilot
<i>Melilotus officinalis</i>	Ribbed Melilot
<i>Onobrychis montana</i>	Mountain Sainfoin
<i>Onobrychis viciifolia</i>	Common Sainfoin
<i>Ononis natrix</i>	Large Yellow Restharrow
<i>Ononis rotundifolia</i>	Round-leaved Restharrow
<i>Oxytropis campestris</i>	Yellow Milk-vetch
<i>Oxytropis fetida</i>	
<i>Oxytropis halleri</i> subsp. <i>velutina</i>	Purple Oxytropis
<i>Oxytropis helvetica</i>	Gaudin's Milk-vetch
<i>Oxytropis montana</i>	Mountain Milk-vetch
<i>Oxytropis pilosa</i>	Woolly Milk-vetch
<i>Securigera varia</i>	Crown Vetch
<i>Trifolium alpinum</i>	Alpine Clover
<i>Trifolium badium</i>	Brown Clover
<i>Trifolium medium</i>	Zig-zag Clover
<i>Trifolium montanum</i>	Mountain Clover
<i>Trifolium pallescens</i>	Pale Clover
<i>Trifolium pratense</i>	Red Clover
<i>Trifolium repens</i>	White Clover
<i>Vicia cracca</i>	Tufted Vetch
<i>Vicia onobrychioides</i>	False Sainfoin
<i>Vicia sepium</i>	Bush Vetch
<i>Vicia villosa</i>	Fodder Vetch

Scientific Name	Common Name
Fagaceae	
<i>Castanea sativa</i>	Sweet Chestnut
<i>Quercus pubescens</i>	Downy Oak
Gentianaceae	Gentian Family
<i>Gentiana acaulis</i>	Trumpet Gentian
<i>Gentiana alpina</i>	Southern Gentian
<i>Gentiana asclepiadea</i>	Willow Gentian
<i>Gentiana bavarica</i>	Bavarian Gentian
<i>Gentiana brachyphylla</i>	Short-leaved Gentian
<i>Gentiana brachyphylla subsp. favratii</i>	
<i>Gentiana clusii</i>	Clusius's Gentian
<i>Gentiana lutea</i>	Yellow Gentian
<i>Gentiana nivalis</i>	Snow Gentian
<i>Gentiana pumila subsp. delphinensis</i>	a Short-leaved Gentian
<i>Gentiana punctata</i>	Spotted Gentian
<i>Gentiana terglouensis subsp. schleicheri</i>	
<i>Gentiana verna</i>	Spring Gentian
<i>Gentianella campestris</i>	Field Gentian
Geraniaceae	Crane's-bill Family
<i>Geranium pyrenaicum</i>	Hedgerow Crane's-bill
<i>Geranium robertianum</i>	Herb Robert
<i>Geranium rivulare</i>	
<i>Geranium sanguineum</i>	Bloody Crane's-bill
<i>Geranium sylvaticum</i>	Wood Crane's-bill
Grossulariaceae	Gooseberry Family
<i>Ribes petraeum</i>	Rock Redcurrant
<i>Ribes uva-crispa</i>	Wild Gooseberry
Hypericaceae	St. John's-wort Family
<i>Hypericum montanum</i>	Pale St. John's-wort
<i>Hypericum perforatum</i>	Perforate St. John's-wort
<i>Hypericum richeri</i>	Alpine St. John's-wort
Lamiaceae	Deadnettle Family
<i>Ajuga pyramidalis</i>	Pyramidal Bugle
<i>Ajuga reptans</i>	Bugle
<i>Clinopodium alpinum</i>	Alpine Calamint
<i>Clinopodium nepeta</i>	Lesser Calamint
<i>Clinopodium vulgare</i>	Wild Basil
<i>Galeopsis ladanum</i>	Large Pink Hemp-nettle
<i>Origanum vulgare</i>	Wild Marjoram
<i>Prunella grandiflora</i>	Large-flowered Self-heal
<i>Prunella vulgaris</i>	Self-heal
<i>Salvia pratensis</i>	Meadow Clary
<i>Scutellaria alpina</i>	Alpine Skullcap
<i>Stachys recta</i>	Yellow Woundwort
<i>Teucrium montanum</i>	Mountain Germander
<i>Thymus longicaulis</i>	

Scientific Name	Common Name
<i>Thymus praecox</i> subsp. <i>polytrichus</i>	Hairy Thyme
<i>Thymus pulegioides</i>	Greater Thyme
Lentibulariaceae	Bladderwort Family
<i>Pinguicula alpina</i>	Alpine Butterwort
<i>Pinguicula vulgaris</i>	Common Butterwort
Linaceae	Flax Family
<i>Linum alpinum</i>	Alpine flax
<i>Linum catharticum</i>	Purging or Fairy Flax
Malvaceae	Mallow Family
<i>Malva sylvestris</i>	Common Mallow
Onagraceae	Willowherb Family
<i>Epilobium anagallidifolium</i>	Pimpernel-leaved Willowherb
<i>Epilobium angustifolium</i>	Rosebay Willowherb
<i>Epilobium fleischeri</i>	Alpine Willowherb
<i>Epilobium montanum</i>	Mountain Willowherb
<i>Epilobium nutans</i>	Nodding Willowherb
Orobanchaceae	Broomrape Family
<i>Bartsia alpina</i>	Alpine Bartsia
<i>Euphrasia minima</i>	Dwarf Eyebright
<i>Euphrasia officinalis</i> subsp. <i>monticola</i>	
<i>Euphrasia stricta</i>	Glossy Eyebright
<i>Melampyrum nemorosum</i>	Blue Cow-wheat
<i>Melampyrum pratense</i>	Common Cow-wheat
<i>Melampyrum sylvaticum</i>	Small Cow-wheat
<i>Orobanche alba</i>	Thyme Broomrape
<i>Orobanche gracilis</i>	Slender Broomrape
<i>Orobanche minor</i>	Common Broomrape
<i>Pedicularis ascendens</i>	Ascending Lousewort
<i>Pedicularis cenisia</i>	Mt Cenis Lousewort
<i>Pedicularis comosa</i>	Crested Lousewort
<i>Pedicularis foliosa</i>	Leafy Lousewort
<i>Pedicularis gyroflexa</i>	Tufted Lousewort
<i>Pedicularis rosea</i> subsp. <i>allionii</i>	Pink Lousewort
<i>Pedicularis rostratospicata</i> subsp. <i>helvetica</i>	Flesh-pink Lousewort
<i>Pedicularis verticillata</i>	Verticillate Lousewort
<i>Rhinanthus alectorolophus</i>	Greater Yellow Rattle
<i>Rhinanthus minor</i>	Yellow Rattle
Papaveraceae	Poppy Family
<i>Papaver dubium</i> subsp. <i>dubium</i>	Long-headed Poppy
<i>Papaver rhoeas</i>	Common Poppy
Plantaginaceae	Plantain Family
<i>Cymbalaria muralis</i>	Ivy-leaved Toadflax
<i>Digitalis grandiflora</i>	Large Yellow Foxglove
<i>Digitalis lutea</i>	Small Yellow Foxglove
<i>Globularia bisnagarica</i>	Common Globularia

Scientific Name	Common Name
<i>Globularia cordifolia</i>	Matted Globularia
<i>Globularia nudicaulis</i>	Leafless-stemmed Globularia
<i>Linaria alpina</i>	Alpine Toadflax
<i>Linaria angustissima</i>	Narrow-leaved Toadflax
<i>Linaria repens</i>	Pale Toadflax
<i>Plantago alpina</i>	Alpine Plantain
<i>Plantago atrata</i>	Mountain Plantain
<i>Plantago lanceolata</i>	Ribwort Plantain
<i>Plantago major</i>	Greater Plantain
<i>Plantago maritima</i>	Sea Plantain
<i>Plantago media</i>	Hoary Plantain
<i>Veronica allionii</i>	
<i>Veronica alpina</i>	Alpine Speedwell
<i>Veronica aphylla</i>	Leafless-stemmed Speedwell
<i>Veronica austriaca</i> subsp. <i>teucrium</i>	Large Speedwell
<i>Veronica beccabunga</i>	Brooklime
<i>Veronica bellidioides</i>	Violet Speedwell
<i>Veronica chamaedrys</i>	Germander Speedwell
<i>Veronica fruticans</i>	Rock Speedwell
<i>Veronica officinalis</i>	Heath Speedwell
<i>Veronica serpyllifolia</i> subsp. <i>humifusum</i>	Thyme-leaved Speedwell
<i>Veronica spicata</i>	Spiked Speedwell
<i>Veronica urticifolia</i>	Nettle-leaved Speedwell
Plumbaginaceae	Thrift Family
<i>Armeria alpina</i>	Mountain Thrift
<i>Armeria arenaria</i>	-
Polygalaceae	Milkwort Family
<i>Polygala alpestris</i>	Mountain Milkwort
<i>Polygala alpina</i>	Alpine Milkwort
<i>Polygala comosa</i>	Tufted Milkwort
Polygonaceae	Knotweed Family
<i>Bistorta officinalis</i>	Bistort
<i>Bistorta vivipara</i>	Alpine Bistort
<i>Oxyria digyna</i>	Mountain Sorrel
<i>Polygonum aviculare</i>	Knotgrass
<i>Rumex acetosa</i>	Sorrel
<i>Rumex alpinus</i>	Monk's Rhubarb
<i>Rumex scutatus</i>	French Sorrel
Primulaceae	Primrose Family
<i>Androsace adfinis</i> subsp. <i>puberula</i>	Pink Rosk-jasmine
<i>Androsace helvetica</i>	Swiss Rock-jasmine
<i>Androsace obtusifolia</i>	Blunt-leaved Rock-jasmine
<i>Androsace vitaliana</i>	Vitaliana
<i>Primula farinosa</i>	Bird's-eye Primrose
<i>Primula integrifolia</i>	
<i>Primula latifolia</i>	Viscid Primrose
<i>Primula veris</i>	Cowslip
<i>Soldanella alpina</i>	Alpine Snowbell

Scientific Name	Common Name
Ranunculaceae	Buttercup Family
<i>Anemonoides baldensis</i>	Monte Baldo Anemone
<i>Aquilegia alpina</i>	Alpine Columbine
<i>Aquilegia atrata</i>	Dark Columbine
<i>Aquilegia vulgaris</i>	Common Columbine
<i>Callianthemum coriandrifolium</i>	Callianthemum
<i>Caltha palustris</i>	Marsh Marigold
<i>Clematis vitalba</i>	Old Man's Beard
<i>Pulsatilla alpina</i> subsp. <i>alpina</i>	Alpine Pasque Flower
<i>Pulsatilla alpina</i> subsp. <i>apiifolia</i>	Yellow Pasque Flower
<i>Pulsatilla vernalis</i>	Spring Pasque Flower
<i>Ranunculus aconitifolius</i>	Aconite-leaved Buttercup
<i>Ranunculus acris</i>	Meadow Buttercup
<i>Ranunculus auricomis</i>	Goldilocks Buttercup
<i>Ranunculus glacialis</i>	Glacier Crowfoot
<i>Ranunculus keupferi</i>	Pyrenean Buttercup
<i>Ranunculus montanus</i>	Mountain Buttercup
<i>Ranunculus platanifolius</i>	
<i>Ranunculus tuberosus</i>	
<i>Ranunculus villarsii</i>	Grenier's Buttercup
<i>Thalictrum aquilegifolium</i>	Great Meadow-rue
<i>Thalictrum foetidum</i>	Stinking Meadow-rue
<i>Thalictrum minus</i>	Lesser Meadow-rue
<i>Trollius europaeus</i>	Globeflower
Resedaceae	Mignonette Family
<i>Reseda lutea</i>	Mignonette
Rhamnaceae	Buckthorn Family
<i>Frangula alnus</i>	Alder Buckthorn
<i>Rhamnus alpina</i>	Alpine Buckthorn
<i>Rhamnus cathartica</i>	Buckthorn
<i>Rhamnus pumila</i>	Dwarf Buckthorn
Rosaceae	Rose Family
<i>Agrimonia eupatoria</i>	Agrimony
<i>Alchemilla alpina</i>	Alpine Lady's-mantle
<i>Alchemilla glabra</i>	Smooth Lady's-mantle
<i>Amelanchier ovalis</i>	Juneberry
<i>Argentina anserina</i>	Silverweed
<i>Aria edulis</i>	Whitebeam
<i>Aruncus dioicus</i>	Goat's-beard Spirea
<i>Cotoneaster integerrimus</i>	Wild Cotoneaster
<i>Crataegus monogyna</i>	Hawthorn
<i>Dryas octopetala</i>	Mountain Avens
<i>Drymocallis rupestris</i>	Rock Cinquefoil
<i>Filipendula ulmaria</i>	Meadowsweet
<i>Filipendula vulgaris</i>	Dropwort
<i>Fragaria vesca</i>	Wild Strawberry
<i>Geum montanum</i>	Mountain Avens
<i>Geum reptans</i>	Creeping Avens

Scientific Name	Common Name
<i>Geum rivale</i>	Water Avens
<i>Geum urbanum</i>	Wood Avens
<i>Potentilla argentea</i>	Hoary Cinquefoil
<i>Potentilla aurea</i>	Golden Cinquefoil
<i>Potentilla brauneana</i>	Dwarf Cinquefoil
<i>Potentilla crantzii</i>	Alpine Cinquefoil
<i>Potentilla erecta</i>	Tormentil
<i>Potentilla grandiflora</i>	Large-flowered Cinquefoil
<i>Potentilla reptans</i>	Creeping Cinquefoil
<i>Rosa canina</i>	Dog Rose
<i>Rosa pendulina</i>	Alpine Rose
<i>Rosa spinosissima</i>	Burnet Rose
<i>Rubus fruticosus</i> agg.	Bramble
<i>Rubus idaeus</i>	Raspberry
<i>Rubus saxatilis</i>	Stone Bramble
<i>Sanguisorba minor</i>	Salad Burnet
<i>Sorbus aucuparia</i>	Rowan
Rubiaceae	Bedstraw Family
<i>Asperula aristata</i>	Southern Squinancywort
<i>Asperula cynanchica</i>	Squinancywort
<i>Cruciata laevipes</i>	Crosswort
<i>Galium megalospermum</i>	Swiss Bedstraw
<i>Gallium mollugo</i>	Hedge Bedstraw
<i>Galium verum</i>	Ladies Bedstraw
Salicaceae	Willow Family
<i>Populus tremula</i>	Aspen
<i>Salix breviserrata</i>	Finely-toothed Willow
<i>Salix caesia</i>	Blue-green Willow
<i>Salix caprea</i>	Goat Willow
<i>Salix helvetica</i>	Swiss Willow
<i>Salix herbacea</i>	Least Willow
<i>Salix purpurea</i>	Purple Willow
<i>Salix reticulata</i>	Net-leaved Willow
<i>Salix retusa</i>	Retuse-leaved Willow
<i>Salix serpyllifolia</i>	Thyme-leaved Willow
Santalaceae	Sandalwood Family
<i>Thesium alpinum</i>	Alpine Bastard Toadflax
<i>Thesium linophyllum</i>	Flax-leaved Bastard Toadflax
<i>Thesium pyrenaicum</i>	Pyrenean Bastard Toadflax
Saxifragaceae	Saxifrage Family
<i>Micranthes stellaris</i> subsp. <i>robusta</i>	Starry Saxifrage
<i>Saxifraga aizoides</i>	Yellow Mountain Saxifrage
<i>Saxifraga androsacea</i>	Scree Saxifrage
<i>Saxifraga biflora</i>	Two-flowered Saxifrage
<i>Saxifraga bryoides</i>	Mossy Saxifrage
<i>Saxifraga caesia</i>	Blue Saxifrage
<i>Saxifraga exarata</i>	White Musky Saxifrage
<i>Saxifraga moschata</i>	Musky Saxifrage

Scientific Name	Common Name
<i>Saxifraga muscoides</i>	
<i>Saxifraga oppositifolia</i>	Purple Saxifrage
<i>Saxifraga paniculata</i>	Live-long Saxifrage
<i>Saxifraga retusa</i>	
<i>Saxifraga rotundifolia</i>	Round-leaved Saxifrage
Scrophulariaceae	Figwort Family
<i>Scrophularia canina</i> subsp. <i>hoppii</i>	French Figwort
<i>Verbascum densiflorum</i>	
<i>Verbascum lychnitis</i>	White Mullein
<i>Verbascum nigrum</i>	Dark Mullein
<i>Verbascum pulverulentum</i>	Hoary Mullein
<i>Verbascum thapsus</i> subsp. <i>montanum</i>	Aaron's Rod
Solanaceae	Nightshade Family
<i>Hyoscyamus niger</i>	Henbane
Tamaricaceae	Tamarisk Family
<i>Myricaria germanica</i>	Myricaria
Thymelaeaceae	Daphne Family
<i>Daphne laureola</i>	Spurge Laurel
<i>Daphne mezereum</i>	Mezereum
Urticaceae	Nettle Family
<i>Parientaria judaica</i>	Pellitory of the Wall
<i>Parientaria officinalis</i>	Large Pellitory of the Wall
<i>Urtica dioica</i>	Common Nettle
Viburnaceae	Viburnum Family
<i>Sambucus nigra</i>	Common Elder
<i>Sambucus racemosa</i>	Alpine Elder
<i>Viburnum lantana</i>	Wayfaring Tree
Violaceae	Violet Family
<i>Viola biflora</i>	Yellow Violet
<i>Viola calcarata</i> subsp. <i>calcarata</i>	Long-spurred Pansy
<i>Viola calcarata</i> subsp. <i>villarsiana</i>	Long-spurred Pansy
<i>Viola pinnata</i>	
<i>Viola riviniana</i>	Common Dog Violet
Liliidae (Monocotyledons)	
Amaryllidaceae	Daffodil Family
<i>Allium schoenoprasum</i>	Chives
<i>Allium sphaerocephalon</i>	Round-headed Leek
Asparagaceae	Asparagus Family
<i>Anthericum liliago</i>	St. Bernard's Lily
<i>Maianthemum bifolium</i>	May Lily
<i>Muscari negelctum</i>	Common Grape Hyacinth
<i>Ornithogalum umbellatum</i>	Star-of-Bethlehem

Scientific Name	Common Name
<i>Paradisea liliastrum</i>	St. Bruno's Lily
<i>Polygonatum multiflorum</i>	Solomon's Seal
<i>Polygonatum odoratum</i>	Angular Solomon's-seal
<i>Polygonatum verticillatum</i>	Whorled Solomon's-seal
Asphodelaceae	Asphodel Family
<i>Asphodelus albus</i>	White Asphodel
Colchicaceae	Colchicum Family
<i>Colchicum autumnale</i>	Autumn Crocus
Dioscoreaceae	Black Bryony Family
<i>Dioscorea communis</i>	Black Bryony
Juncaginaceae	Arrow-grass Family
<i>Triglochin palustris</i>	Marsh Arrow-grass
Liliaceae	Lily Family
<i>Gagea fragifera</i>	a Yellow Star of Bethlehem
<i>Lilium bulbiferum</i> subsp. <i>croceum</i>	Orange Lily
<i>Lilium martagon</i>	Martagon Lily
Melanthiaceae	Bunchflower Family
<i>Veratrum album</i>	White False Helleborine
<i>Veratrum lobelianum</i>	a False Helleborine
Orchidaceae	Orchid Family
<i>Anacamptis pyramidalis</i>	Pyramidal Orchid
<i>Dactylorhiza maculata</i>	Heath Spotted Orchid
<i>Dactylorhiza majalis</i>	Broad-leaved Marsh Orchid
<i>Dactylorhiza sambucina</i>	Elder-flowered Orchid
<i>Dactylorhiza viridis</i>	Frog Orchid
<i>Epipactis atrorubens</i>	Dark Red Helleborine
<i>Gymnadenia conopsea</i>	Fragrant Orchid
<i>Gymnadenia conopsea</i>	Cornelia's Vanilla Orchid
<i>Gymnadenia conopsea</i>	Black Vanilla Orchid
<i>Neotinea ustulata</i>	Burnt-tip Orchid
<i>Neottia nidus-avis</i>	Bird's-nest Orchid
<i>Neottia ovata</i>	Twayblade
<i>Orchis insectifera</i>	Fly Orchid
<i>Orchis militaris</i>	Military Orchid
<i>Platanthera bifolia</i>	Lesser Butterfly Orchid
<i>Platanthera chlorantha</i>	Greater Butterfly Orchid
<i>Pseudorchis albida</i>	Small White Orchid
Tofieldiaceae	
<i>Tofieldia calyculata</i>	Tofield's Asphodel