

Panama - Canopy Tower

Naturetrek Tour Report

2 - 10 November 2016



Rufescent Tiger Heron



Three-toed Sloth



Yellow-eared Toucan



White-necked Jacobin

Report and images kindly compiled by client Richard Trollope



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Tour participants: Alexis Sanchez and Michael Castro (leaders) with three Naturetrek clients

Day 1

Wednesday 2nd November

We arrived at the airport on time on Monday evening (31st October) and within 50 minutes we were through passport control and customs and heading through the traffic jams to our hotel. We had decided to take a few days in Panama City to acclimatise and to visit the Miraflores Lock on the newly expanded Panama Canal. Here we saw Brown Pelicans, a Magnificent Frigatebird and several kingfishers.

On Wednesday morning, we were collected from our hotel and on our arrival at the Canopy Tower, the first stop was the observation deck. Within minutes we spotted a Sloth in a tree only metres away – surprisingly active and in full view. Brown-hooded and Blue-headed Parrots were seen flying overhead. Whilst waiting for the afternoon tour, we were able to admire the constant activity on the two sugar-water containers outside the main entrance. There were five hummingbirds present – Long-billed Hermit, White-necked Jacobin, White-vented Plumeleater, Violet-bellied Hummingbird and Blue-chested Hummingbird. The birds were very active and fought off competitors quite aggressively at times. There were also lots of butterflies to admire on the garden's shrubs.

In the afternoon, we were driven to the Chagres River but, alas, heavy rain prevented sensible birdwatching and we had to hide under a bandstand-like structure for shelter – a significant number of Mangrove Swallows, some Barn Swallows, a Wattled Jacana, a Little Blue Heron and a Jesus Lizard were the main sightings. En route before the rain, we spotted a Broad-winged Hawk and a Short-tailed Hawk flying overhead. John, our fellow Naturetrekker, arrived in the evening in time for dinner.

Day 2

Thursday 3rd November

Most days started at 6.15am for early morning viewing from the observation deck. Today we were rewarded as a large troop of Mantled Howler Monkeys were moving through the trees, really close to the deck. There was lots of activity especially from the warblers – Bay-breasted and Chestnut-sided. Thanks to the guides and the other guests, there were plenty of eyes to locate new birds, including the elusive Green Shrike-Vireo and a Blue Cotinga. After breakfast, we walked down the Semaphore Hill Road, with jungle on both sides, until we reached the main highway. It was impressive how many birds were spotted and identified by the guides. Birds included Broad-billed Motmot, Black-breasted Puffbird, Plain Xenops, Plain-brown and Cocoa Woodcreeper, Western Slaty Antshrike, Dot-winged Antwren, Bicoloured and Spotted Antbird, Brown-capped Tyrannulet, Olivaceous Flatbill, White-breasted Wood Wren, Long-billed Gnatwren, Tropical Gnatcatcher, Philadelphia Vireo, Lesser Greenlet, and a Black-throated Trogon.

Most days it seemed to rain heavily around lunchtime, leaving the afternoons clear. This afternoon we headed to the Ammo Ponds. At the first pond, we spotted a Rufescent Tiger Heron which had just caught a water snake and spent the next 10 minutes squeezing it until dead enough to swallow whole - a top moment. There were several other herons and egrets nearby. The guide saw a Least Bittern flying low but, sadly, we did not. We walked along a path close by the canal and saw our first Keel-billed Toucan. The final stop was a lodge owned by Canopy Tower B&B at Gamboa, and on their feeders, we saw a huge number of varieties including the Blue Dacnis, Tanagers (Flame-rumped, Grey-headed, White-shouldered and Palm), Slate-coloured Grosbeak, Scarlet-

rumped Cacique, Rufous-tailed Hummingbird, Orange-chinned Parakeet and Red-lore Parrot. In the trees nearby were more toucans, and both Cinnamon and Black-cheeked Woodpeckers. We also spotted a Squirrel Cuckoo.

Day 3

Friday 4th November

Early morning, we were on the observation deck before breakfast. The observation deck looks out over the lowland rainforest of the Soberania National Park, and this morning there was an eerie sea of low clouds in the valleys. Sightings included Yellow and Prothonotary Warblers and Crimson-backed Tanager. Today's morning trip was to Pipeline Road which is a dirt/mud track originally planned to service the secondary pipeline by the canal; however, it was never used and so has become a wildlife trail through the jungle. We passed a section of the open waters which form part of the canal and recorded Great Kiskadee, Social Flycatcher, Tropical Kingbird, Grey-breasted Martin, Northern Rough-winged Swallow and more Barn Swallows on nearby telephone wires. Today's morning walk started from the first car park. We saw Purple-hooded Fruitcrow, Blue-crowned Manakin, Masked Tityra, Isthmian Wren, Red-crowned Woodpecker, Blue-crowned and Rufous Motmot, Puffbirds (White-necked, Black-breasted and White-whiskered), Trogons (White-tailed, Black-tailed and Slaty-tailed), yellow backed Oriole, and several types of antwren.

In the afternoon, we walked further along the Chagres river towards the resort, with the highlight being a Peregrine which had just caught a swallow – we saw it perch opposite us and eat its prey. We also saw an Anhinga, Herons (Striated, Green and Rufescent Tiger), Grey-headed Chachalacas, White-tipped Dove, Collared Aracari, Grey-necked Wood Rail, Grey-cheeked Thrush and an Osprey.

Day 4

Saturday 5th November

We had a very early morning start and a longish drive to arrive at Cerro Azul in the highlands. After passing by Panama City and a few suburbs, we reached the hillsides, surrounded initially by lots of chicken farms and then a more forested area. We stopped by a riverbank and immediately saw a clear view of a perched Broad-winged Hawk and then a Black Phoebe on a stone in the river. The skies were full of migrating vultures and the occasional Swainson's Hawk. The next stop was a forested area and we saw Black-throated Trogon, Black-cheeked and Red-crowned Woodpecker, Speckled Woodcreeper, Tennessee Warbler and American Redstart. The next walk was along a country lane. We walked for a while but there were absolutely no birds visible. However, just as we were considering moving on, there was a fruiting tree full of birds, including Blue Dacnis and Shining Honeycreepers.

We stopped for lunch at a bungalow overlooking the valley and there we saw a White Hawk and enjoyed an excellent view of an Ornate Hawk. Here the sugar-water attracted a huge number of hummingbirds including Green Hermit, Violet-headed Hummingbird, Violet-capped Hummingbird, Snowy-bellied Hummingbird, Purple-crowned Fairy, the Bronze-tailed Plumeleteer and Violet-crowned Woodnymph. A highlight was finding and having an excellent view of a Yellow-eared Toucanet in the bushes nearby. Before leaving the Azul area, the guide was especially pleased to spot a Wilson's Warbler by the roadside, and he spotted a sloth which was covered in moss and leaves – very scruffy indeed. On the way home, we visited Costa Del Este mudflats and saw many waders including Short-billed Dowitcher, Marbled Godwit, Greater Yellowlegs and Black Skimmer as well as another Osprey.

Day 5

Sunday 6th November

The morning walk was at the Metropolitan Natural Park on the outskirts of Panama City. Here we saw plenty of toucans, Yellow-crowned Euphonia, Squirrel Cuckoo, Gartered Trogon, White-necked Puffbird, Fascinated and Western Slaty Antshrike, Lance-tailed and Golden-collared Manakin, Forest Elaenia, Pale-eyed Pigmy Tyrant, Southern Bentbill, Black-headed Tody-Flycatcher, Rufous-breasted Wren, Yellow-throated Vireo, Golden-fronted Greenlet, Rosy Thrush-Tanager, Blue-black Grosbeak, Thick-billed Seed Finch and an excellent view of a Common Potoo. The park was a popular place with lots of families enjoying the environment. In the afternoon, we walked along a different part by the Chagres river. Our patience by one of the tufty grass areas was rewarded by the emergence of two White-throated Crakes. On the way down from the Canopy Tower, we stopped to see a pair of Night Monkeys which were peering down from their hole high in the tree.

Day 6

Monday 7th November

Today's plan was for a day-long walk along the Pipeline Road with a very early start. We drove much further along the road and through some extremely muddy, pot-holed sections (4x4 definitely required) before starting our walk. Our guide spotted some excellent mammals - a Northern Tamandua (anteater) and some Geoffroy's Tamarin. There was a reasonable number of birds including a Slaty-backed Forest Falcon, Bat Falcon, Checker-throated Antwren, Manakins (Golden-collared, Blue-crowned and Red-capped), Rufous Mourner, Thrush-like Schiffornis (a species complex, now split), Chestnut-headed Oropendola and Crimson-crested Woodpecker. However, the entertainment was curtailed early when the heavens opened at 10am. It became very clear that the torrential rain was set in for the day and so we returned to the Canopy Tower soaked.

Day 7

Tuesday 8th November

We had an extra treat today, as we headed off to Achote and San Lorenzo on the Caribbean side. As the road bridge is regularly closed for the ships travelling along the canal, we crossed the river by ferry. We parked by some meadows not far past the ferry exit and saw several birds including an American Kestrel and a Bat Falcon. Achote was another few miles away along a very quiet but very hilly road. There were several raptors in the area including a Double-toothed Kite, Savanna Hawk, Grey Hawk, Broad-winged Hawk and a Black Hawk-Eagle.

Next, we stopped alongside one stretch of road and saw a whole range of birds including a Pied Puffbird, a Spot-crowned Barbet, Blue-headed Parrot, Squirrel Cuckoo, Great Potoo, White-tailed Trogon, Broad-billed Motmot, Cinnamon Woodpecker, Forest Elaenia, Black-capped Pigmy Tyrant, Forked-tailed Flycatcher, Blue-chested Jay, Blue Grosbeak, Yellow-backed and Baltimore Orioles, Yellow-rumped and Scarlet-rumped Cacique, Crested Oropendola and several toucans. The guide was especially keen to find a White-headed wren and after a several incursions along various muddy trails inside the forest, he eventually spotted it and on the next branch was a Long-tailed Tyrant – two stunning birds.

From our lunch stop we spotted a Purple Gallinule. The final stop was San Lorenzo, which has an old fort from 18th century overlooking the confluence of the river with the Caribbean. We had the pleasure of seeing two Peregrines continually dive-bombing a group of vultures – not sure why as it was not breeding season. There were several birds in the grounds of the fort including Rufous-breasted Hermit, Sapphire-throated Hummingbird

and Golden-headed Tanager. En route to the fort, there was a Black Hawk sitting on branches following a troop of Capuchin Monkeys and lots of Coati near the park entrance. An excellent day's trip.

Day 8

Wednesday 9th November

There was just time for another walk along part of the Pipeline Road before it was time to leave for the airport. We were rewarded by spotting several excellent birds – a Scaly-throated Leaf-tosser, a Spot-crowned Antwren, a Black-headed Antthrush and a Rufous Mourner. The Canopy Tower is a brilliant place to stay in a spectacular environment with excellent guides and the chance to meet many new companions from around the world.

Day 9

Thursday 10th November

We arrived back in the UK.

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Great Potoo

Species List (by Alexis Sanchez)

Birds (✓ = recorded but not counted; H = heard only)

	Common Name	Scientific Name	November							
			2	3	4	5	6	7	8	9
1	Little Tinamou	<i>Crypturellus soui</i>				H				
2	Black-bellied Whistling-Duck	<i>Dendrocygna autumnalis</i>			H		✓			
3	Grey-headed Chachalaca	<i>Ortalis cinereiceps</i>		✓						
4	Magnificent Frigatebird	<i>Fregata magnificens</i>				✓			✓	
5	Neotropic Cormorant	<i>Phalacrocorax brasilianus</i>				✓				
6	Anhinga	<i>Anhinga anhinga</i>		✓						
7	Brown Pelican	<i>Pelecanus occidentalis</i>				✓			✓	
8	Least Bittern	<i>Ixobrychus exilis</i>		✓						
9	Rufescent Tiger-Heron	<i>Tigrisoma lineatum</i>		✓	✓					
10	Great Blue Heron	<i>Ardea herodias</i>			✓	✓				
11	Cocoi Heron	<i>Ardea cocoi</i>				✓				
12	Great Egret	<i>Ardea alba</i>		✓	✓	✓	✓	✓	✓	
13	Snowy Egret	<i>Egretta thula</i>		✓	✓	✓			✓	
14	Little Blue Heron	<i>Egretta caerulea</i>			✓	✓	✓		✓	
15	Tricolored Heron	<i>Egretta tricolor</i>				✓				
16	Cattle Egret	<i>Bulbulcus ibis</i>			✓				✓	
17	Green Heron	<i>Butorides virescens</i>		✓	✓		✓			
18	Striated Heron	<i>Butorides striatus</i>		✓						
19	Yellow-crowned Night-Heron	<i>Nyctanassa violacea</i>				✓				
20	Black Vulture	<i>Coragyps atratus</i>	✓	✓	✓	✓	✓	✓	✓	✓
21	Turkey Vulture	<i>Cathartes aura</i>	✓	✓	✓	✓	✓	✓	✓	✓
22	Osprey	<i>Pandion haliaetus</i>			✓	✓				
23	Gray-headed Kite	<i>Leptodon cayanensis</i>							H	
24	Swallow-tailed Kite	<i>Elanoides forficatus</i>			✓					
25	Double-toothed Kite	<i>Harpagus bidentatus</i>					✓		✓	
26	Common Black-Hawk	<i>Buteogallus anthracinus</i>							✓	
27	Savanna Hawk	<i>Buteogallus meridionalis</i>							✓	
28	White Hawk	<i>Pseudastur albicollis</i>				✓			✓	
29	Grey-lined Hawk	<i>Buteo nitidus</i>							✓	
30	Broad-winged Hawk	<i>Buteo platypterus</i>				✓	✓		✓	
31	Short-tailed Hawk	<i>Buteo brachyurus</i>				✓	✓			
32	Swainson's Hawk	<i>Buteo swainsoni</i>				✓	✓			
33	Black Hawk-Eagle	<i>Spizaetus tyrannus</i>							✓	✓
34	Ornate Hawk-Eagle	<i>Spizaetus ornatus</i>				✓				
35	Black-and-white Hawk-Eagle	<i>Spizaetus melanoleucus</i>				✓				
36	White-throated Crake	<i>Laterallus albigularis</i>					✓			
37	Grey-cowled Wood-Rail	<i>Aramides cajaneus</i>			✓					
38	Purple Gallinule	<i>Porphyrio martinicus</i>							✓	
39	Common Gallinule	<i>Gallinula galeata</i>			✓					
40	American Coot	<i>Fulica americana</i>			✓					
41	Black-necked Stilt	<i>Himantopus mexicanus</i>				✓				
42	American Oystercatcher	<i>Haematopus palliatus</i>								✓
43	Southern Lapwing	<i>Vanellus chilensis</i>					✓		✓	
44	Black-bellied (Grey) Plover	<i>Pluvialis squatarola</i>				✓				
45	Wattled Jacana	<i>Jacana jacana</i>		✓	✓		✓	✓	✓	✓
46	Spotted Sandpiper	<i>Actitis macularia</i>				✓				
47	Greater Yellowlegs	<i>Tringa melanoleuca</i>				✓				

	Common Name	Scientific Name	November							
			2	3	4	5	6	7	8	9
48	Whimbrel	<i>Numenius phaeopus</i>				✓				
49	Marbled Godwit	<i>Limosa fedoa</i>				✓				
50	Western Sandpiper	<i>Calidris mauri</i>				✓				
51	Short-billed Dowitcher	<i>Limnodromus griseus</i>				✓				
52	Laughing Gull	<i>Leucophaeus atricilla</i>				✓			✓	
53	Royal Tern	<i>Thalasseus maximus</i>							✓	
54	Gull-billed Tern	<i>Gelochelidon nilotica</i>				✓				
55	Black Skimmer	<i>Rynchops niger</i>				✓				
56	Rock Pigeon	<i>Columba livia</i>				✓				
57	Pale-vented Pigeon	<i>Patagioenas cayennensis</i>			✓		✓			
58	Ruddy Ground-Dove	<i>Columbina talpacoti</i>				✓	✓			
59	Blue Ground-Dove	<i>Claravis mondetoura</i>			H					
60	White-tipped Dove	<i>Leptotila verreauxi</i>		✓					✓	
61	Grey-chested Dove	<i>Leptotila cassini</i>						✓		
62	Squirrel Cuckoo	<i>Piaya cayana</i>			✓	✓	✓	✓	✓	
63	Greater Ani	<i>Crotophaga major</i>		✓				✓		
64	Smooth-billed Ani	<i>Crotophaga ani</i>		✓					✓	
65	Great Potoo	<i>Nyctibius grandis</i>					✓		✓	
66	Common Potoo	<i>Nyctibius griseus</i>					✓	✓		
67	White-collared Swift	<i>Streptoprocne zonaris</i>							✓	
68	Chimney Swift	<i>Chaetura pelagica</i>						✓	✓	
69	Short-tailed Swift	<i>Chaetura brachyura</i>			✓					
70	Band-rumped Swift	<i>Chaetura spinicauda</i>							✓	
71	Lesser Swallow-tailed Swift	<i>Panyptila cayennensis</i>		✓				✓		
72	White-necked Jacobin	<i>Florisuga mellivora</i>	✓	✓	✓	✓	✓	✓	✓	✓
73	Rufous-breasted Hermit	<i>Glaucis hirsutus</i>							H	
74	Green Hermit	<i>Phaethornis guy</i>				✓				
75	Long-billed Hermit	<i>Phaethornis longirostris</i>	✓	✓	✓		✓	✓	H	
76	Stripe-throated Hermit	<i>Phaethornis strigularis</i>			✓		✓			
77	Purple-crowned Fairy	<i>Heliothryx barroti</i>				✓	✓			
78	Violet-headed Hummingbird	<i>Klais guimeti</i>				✓				
79	White-vented Plumeleteer	<i>Chalybura buffonii</i>	✓	✓	✓		✓	✓		
80	Bronze-tailed Plumeleteer	<i>Chalybura urochrysis</i>	✓	✓	✓	✓	✓	✓	✓	✓
81	Crowned Woodnymph	<i>Thalurania colombica</i>				✓				
82	Blue-chested Hummingbird	<i>Amazilia amabilis</i>		✓	✓	✓	✓	✓		✓
83	Snowy-bellied Hummingbird	<i>Amazilia edward</i>				✓	✓			
84	Rufous-tailed Hummingbird	<i>Amazilia tzacatl</i>		✓		✓	✓			
85	Violet-capped Hummingbird	<i>Goldmania violiceps</i>				✓				
86	Sapphire-throated Hummingbird	<i>Lepidopyga coeruleogularis</i>							✓	
87	Violet-bellied Hummingbird	<i>Damophila julie</i>		✓	✓		✓			
88	Slaty-tailed Trogon	<i>Trogon massena</i>			✓				✓	
89	Black-tailed Trogon	<i>Trogon melanurus</i>			✓			✓		
90	White-tailed Trogon	<i>Trogon chironurus</i>			✓				✓	
91	Gartered Trogon	<i>Trogon caligatus</i>			H		✓			
92	Black-throated Trogon	<i>Trogon rufus</i>	✓			✓				
93	Whooping Motmot	<i>Momotus subrufescens</i>	✓	✓						
94	Rufous Motmot	<i>Baryphthengus martii</i>		✓					H	✓
95	Broad-billed Motmot	<i>Electron platyrhynchum</i>	✓	✓					✓	
96	Ringed Kingfisher	<i>Megaceryle torquata</i>							✓	
97	White-necked Puffbird	<i>Notharchus hyperhynchus</i>					✓			
98	Black-breasted Puffbird	<i>Notharchus pectoralis</i>		✓	✓		✓	✓		

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			2	3	4	5	6	7	8	9
99	Pied Puffbird	<i>Notharchus tectus</i>							✓	
100	White-whiskered Puffbird	<i>Malacoptila panamensis</i>			✓					✓
101	Spot-crowned Barbet	<i>Capito maculicoronatus</i>							✓	
102	Collared Aracari	<i>Pteroglossus torquatus</i>		✓					✓	
103	Yellow-eared Toucanet	<i>Selenidera spectabilis</i>				✓				
104	Keel-billed Toucan	<i>Ramphastos sulfuratus</i>		✓	✓		✓	✓		
105	Yellow-throated (Chestnut-mandibled) Toucan	<i>Ramphastos ambiguus</i>			✓				✓	✓
106	Black-cheeked Woodpecker	<i>Melanerpes pucherani</i>		✓	✓	✓		✓	✓	✓
107	Red-crowned Woodpecker	<i>Melanerpes rubricapillus</i>		✓		✓	✓		✓	
108	Cinnamon Woodpecker	<i>Celeus loricatus</i>		✓	✓		H		✓	
109	Crimson-crested Woodpecker	<i>Campephilus melanoleucos</i>						✓	✓	
110	Slaty-backed Forest-Falcon	<i>Micrastur mirandollei</i>						✓		
111	Collared Forest-Falcon	<i>Micrastur semitorquatus</i>		H						
112	Yellow-headed Caracara	<i>Milvago chimachima</i>				✓	✓		✓	✓
113	American Kestrel	<i>Falco sparverius</i>							✓	
114	Bat Falcon	<i>Falco ruficularis</i>						✓	✓	
115	Peregrine Falcon	<i>Falco peregrinus</i>			✓				✓	
116	Orange-chinned Parakeet	<i>Brotogeris jugularis</i>		✓	H		✓			
117	Brown-hooded Parrot	<i>Pionopsitta haematotis</i>		✓						
118	Blue-headed Parrot	<i>Pionus menstruus</i>		✓			✓	✓		
119	Red-ored Parrot	<i>Amazona autumnalis</i>		✓	✓		✓		✓	✓
120	Mealy Parrot	<i>Amazona farinosa</i>		✓				✓		✓
121	Fasciated Antshrike	<i>Cymbilaimus lineatus</i>			H		✓			
122	Barred Antshrike	<i>Thamnophilus doliatus</i>			✓					
123	Black-crowned Antshrike	<i>Thamnophilus atrinucha</i>			✓		✓			
124	Russet Antshrike	<i>Thamnistes anabatinus</i>								✓
125	Moustached Antwren	<i>Myrmotherula ignota</i>							✓	✓
126	White-flanked Antwren	<i>Myrmotherula axillaris</i>			✓				✓	✓
127	Checker-throated Antwren	<i>Epinecrophylla fluviventris</i>			✓			✓		
128	Dot-winged Antwren	<i>Microrhophias quixensis</i>		✓	✓				✓	✓
129	Dusky Antbird	<i>Cercomacra tyrannina</i>			✓		✓		✓	✓
130	White-bellied Antbird	<i>Myrmeciza longipes</i>			✓					
131	Chestnut-backed Antbird	<i>Myrmeciza exsul</i>						H		
132	Spotted Antbird	<i>Hylophylax naevioides</i>		✓	✓				✓	✓
133	Bicoloured Antbird	<i>Gymnopithys leucaspis</i>		✓	✓				✓	✓
134	Streak-chested Antpitta	<i>Hylopezus perspicillatus</i>			H					
135	Black-faced Antthrush	<i>Formicarius analis</i>			H		H		✓	✓
136	Plain-brown Woodcreeper	<i>Dendrocincla fuliginosa</i>		✓	✓		✓			✓
137	Wedge-billed Woodcreeper	<i>Glyphorhynchus spirurus</i>			✓					
138	Northern Barred-Woodcreeper	<i>Dendrocolaptes sanctithomae</i>			✓					
139	Cocoa Woodcreeper	<i>Xiphorhynchus susurrans</i>		✓	✓				✓	✓
140	Black-striped Woodcreeper	<i>Xiphorhynchus lachrymosus</i>			✓					✓
141	Spotted Woodcreeper	<i>Xiphorhynchus erythrogygius</i>				✓				
142	Plain Xenops	<i>Xenops minutus</i>		✓	✓	✓	✓			✓
143	Brown-capped Tyrannulet	<i>Ornithion brunneicapillus</i>		✓						
144	Yellow-crowned Tyrannulet	<i>Tyrannulus elatus</i>			✓		H			
145	Forest Elaenia	<i>Myiopagis gaimardii</i>					✓		H	
146	Greenish Elaenia	<i>Myiopagis viridicata</i>					H			
147	Ochre-bellied Flycatcher	<i>Mionectes oleagineus</i>		✓						✓
148	Paltry Tyrannulet	<i>Zimmerius vilissimus</i>				✓	✓			
149	Black-capped Pygmy-Tyrant	<i>Myiornis atricapillus</i>							✓	

	Common Name	Scientific Name	November							
			2	3	4	5	6	7	8	9
150	Pale-eyed Pygmy-Tyrant	<i>Lophotriccus pilaris</i>					✓			
151	Southern Bentbill	<i>Oncostoma olivaceum</i>		✓			✓			
152	Common Tody-Flycatcher	<i>Todirostrum cinereum</i>			✓		✓			
153	Black-headed Tody-Flycatcher	<i>Todirostrum nigriceps</i>		✓			✓			
154	Olivaceous Flatbill	<i>Rhynchocyclus olivaceus</i>		✓						
155	Ruddy-tailed Flycatcher	<i>Terenotriccus erythrurus</i>				✓		✓		
156	Black-tailed Flycatcher	<i>Myiobius atricaudus</i>				✓				
157	Olive-sided Flycatcher	<i>Contopus cooperi</i>				✓				
158	Eastern Wood-Pewee	<i>Contopus virens</i>		✓	✓	✓	✓	✓	✓	✓
159	Acadian Flycatcher	<i>Empidonax virescens</i>		✓						
160	Long-tailed Tyrant	<i>Colonia colonus</i>							✓	
161	Bright-rumped Attila	<i>Attila spadiceus</i>					H			
162	Rufous Mourner	<i>Rhytiptera holerythra</i>						H		✓
163	Dusky-capped Flycatcher	<i>Myiarchus tuberculifer</i>			✓	H				
164	Great Crested Flycatcher	<i>Myiarchus crinitus</i>		✓				H	✓	
165	Lesser Kiskadee	<i>Pitangus lictor</i>		✓	✓				✓	
166	Great Kiskadee	<i>Pitangus sulphuratus</i>		✓	✓				✓	
167	Boat-billed Flycatcher	<i>Megarynchus pitangua</i>					✓		✓	
168	Rusty-margined Flycatcher	<i>Myiozetetes cayanensis</i>			✓		✓			✓
169	Social Flycatcher	<i>Myiozetetes similis</i>		✓		✓	✓		✓	
170	Streaked Flycatcher	<i>Myiodynastes maculatus</i>				✓	✓		✓	✓
171	Tropical Kingbird	<i>Tyrannus melancholicus</i>		✓	✓	✓	✓	✓	✓	
172	Fork-tailed Flycatcher	<i>Tyrannus savana</i>							✓	
173	Russet-winged Schiffornis	<i>Schiffornis stenorhyncha</i>						✓		
174	Masked Tityra	<i>Tityra semifasciata</i>			✓	✓	✓			
175	Purple-throated Fruitcrow	<i>Querula purpurata</i>			✓			✓	✓	✓
176	Blue Cotinga	<i>Cotinga nattererii</i>		✓						
177	Lance-tailed Manakin	<i>Chiroxiphia lanceolata</i>					✓			
178	White-ruffed Manakin	<i>Corapipo altera</i>				✓				
179	Blue-crowned Manakin	<i>Lepidothrix coronata</i>			✓	✓		✓		
180	Golden-collared Manakin	<i>Manacus vitellinus</i>			H		✓	✓		✓
181	Red-capped Manakin	<i>Ceratopira mentalis</i>		✓		✓		✓		✓
182	Yellow-throated Vireo	<i>Vireo flavifrons</i>					✓			
183	Philadelphia Vireo	<i>Vireo philadelphicus</i>		✓						
184	Red-eyed Vireo	<i>Vireo olivaceus</i>					✓		✓	✓
185	Scrub Greenlet	<i>Hylophilus flavipes</i>			H					
186	Golden-fronted Greenlet	<i>Hylophilus aurantiifrons</i>					✓			
187	Lesser Greenlet	<i>Hylophilus decurtatus</i>		✓		✓	✓			
188	Green Shrike-Vireo	<i>Vireolanius pulchellus</i>			H	✓	✓			
189	Black-chested Jay	<i>Cyanocorax affinis</i>			✓				✓	
190	Gray-breasted Martin	<i>Progne chalybea</i>	✓	✓	✓	✓	✓	✓		✓
191	Mangrove Swallow	<i>Tachycineta albilinea</i>			✓					
192	Northern Rough-winged Swallow	<i>Stelgidopteryx serripennis</i>		✓						
193	Southern Rough-winged Swallow	<i>Stelgidopteryx ruficollis</i>					✓			
194	Barn Swallow	<i>Hirundo rustica</i>		✓	✓	✓	✓	✓	✓	
195	House Wren	<i>Troglodytes aedon</i>			✓		✓		✓	
196	Ochraceous Wren	<i>Troglodytes ochraceus</i>								✓
197	Rufous-breasted Wren	<i>Pheugopedius rutilus</i>					✓			
198	Black-bellied Wren	<i>Pheugopedius fasciatoventris</i>			H		✓			
199	Rufous-and-white Wren	<i>Thryophilus rufalbus</i>					H			
200	Isthmian (Plain) Wren	<i>Cantorchilus elutus</i>		✓	✓				H	

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201	Bay Wren	<i>Cantorchilus nigricapillus</i>						H	H	
202	Buff-breasted Wren	<i>Cantorchilus leucotis</i>							H	
203	White-breasted Wood-Wren	<i>Henicorhina leucosticta</i>		H						
204	Song Wren	<i>Cyphorhinus phaeocephalus</i>			✓					
205	Long-billed Gnatwren	<i>Ramphocaenus melanurus</i>		✓	H		✓			
206	Tropical Gnatcatcher	<i>Polioptila plumbea</i>					✓			✓
207	Swainson's Thrush	<i>Catharus ustulatus</i>			H					
208	Clay-colored Thrush	<i>Turdus grayi</i>		✓	✓	✓	✓		✓	✓
209	Tropical Mockingbird	<i>Mimus gilvus</i>			✓		✓	✓	✓	✓
210	Northern Waterthrush	<i>Parkesia noveboracensis</i>			H	✓	✓			
211	Black-and-white Warbler	<i>Mniotilta varia</i>				✓				
212	Prothonotary Warbler	<i>Protonotaria citrea</i>			✓		✓			
213	Tennessee Warbler	<i>Oreothlypis peregrina</i>				✓			✓	
214	Mourning Warbler	<i>Geothlypis philadelphia</i>					✓			
215	American Redstart	<i>Setophaga ruticilla</i>				✓				
216	Bay-breasted Warbler	<i>Setophaga castanea</i>		✓		✓	✓		✓	
217	Yellow Warbler	<i>Setophaga petechia</i>		✓	✓		✓	✓	✓	
218	Chestnut-sided Warbler	<i>Setophaga pensylvanica</i>		✓	✓		✓		✓	
219	Rufous-capped Warbler	<i>Basileuturus rufifrons</i>				✓	✓			
220	Canada Warbler	<i>Cardellina canadensis</i>					✓			
221	Blue-gray Tanager	<i>Thraupis episcopus</i>		✓	✓	✓	✓		✓	
222	Palm Tanager	<i>Thraupis palmarum</i>	✓	✓	✓	✓	✓	✓	✓	✓
223	Golden-hooded Tanager	<i>Tangara larvata</i>		✓		✓			✓	
224	Speckled Tanager	<i>Tangara guttata</i>				✓				
225	Plain-colored Tanager	<i>Tangara inornata</i>		✓		✓	✓			
226	Bay-headed Tanager	<i>Tangara gyrola</i>				✓				
227	Emerald Tanager	<i>Tangara florida</i>				✓				
228	Green Honeycreeper	<i>Chlorophanes spiza</i>		✓		✓				
229	Gray-headed Tanager	<i>Eucometis penicillata</i>		✓	✓					
230	White-shouldered Tanager	<i>Tachyphonus luctuosus</i>		✓			✓			
231	Flame-rumped Tanager	<i>Ramphocelus flammigerus</i>		✓			✓			
232	Crimson-backed Tanager	<i>Ramphocelus dimidiatus</i>		✓	✓	✓	✓		✓	
233	Shining Honeycreeper	<i>Cyanerpes lucidus</i>				✓				
234	Red-legged Honeycreeper	<i>Cyanerpes cyaneus</i>		✓		✓				
235	Scarlet-thighed Dacnis	<i>Dacnis venusta</i>				✓				
236	Blue Dacnis	<i>Dacnis cayana</i>		✓			✓			✓
237	Bananaquit	<i>Coereba flaveola</i>				✓				
238	Yellow-faced Grassquit	<i>Tiaris olivaceus</i>				✓				
239	Thick-billed Seed-Finch	<i>Oryzoborus funereus</i>					✓			
240	Variable Seedeater	<i>Sporophila americana</i>		✓	✓	✓	✓			
241	Ruddy-breasted Seedeater	<i>Sporophila minuta</i>			✓					
242	Buff-throated Saltator	<i>Saltator maximus</i>							✓	
243	Slate-colored Grosbeak	<i>Saltator grossus</i>	✓				H			
244	Rosy Thrush-Tanager	<i>Rhodinicichla rosea</i>					✓			
245	Hepatic Tanager	<i>Piranga flava</i>				✓				
246	Summer Tanager	<i>Piranga rubra</i>		✓		✓	✓	✓	✓	
247	Red-throated Ant-Tanager	<i>Habia fuscicauda</i>					H			
248	Blue-black Grosbeak	<i>Cyanocompsa cyanoides</i>			H		✓		H	
249	Blue Grosbeak	<i>Passerina caerulea</i>							✓	
250	Red-breasted Blackbird	<i>Sturnella militaris</i>							✓	
251	Eastern Meadowlark	<i>Sturnella magna</i>							H	

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252	Great-tailed Grackle	<i>Quiscalus mexicanus</i>	✓	✓	✓	✓	✓		✓	
253	Yellow-backed Oriole	<i>Icterus chrysater</i>			✓				✓	
254	Yellow-tailed Oriole	<i>Icterus mesomelas</i>		✓						
255	Baltimore Oriole	<i>Icterus galbula</i>		✓					✓	
256	Scarlet-rumped Cacique	<i>Cacicus uropygialis</i>		✓	✓			H	✓	✓
257	Yellow-rumped Cacique	<i>Cacicus cela</i>			✓			H	✓	✓
258	Crested Oropendola	<i>Psarocolius decumanus</i>							✓	
259	Chestnut-headed Oropendola	<i>Psarocolius wagleri</i>						✓		
260	Yellow-crowned Euphonia	<i>Euphonia luteicapilla</i>					✓			
261	Thick-billed Euphonia	<i>Euphonia lanirostris</i>				✓			✓	
262	Tawny-capped Euphonia	<i>Euphonia anae</i>				✓				

Mammals

1	Northern Tamandua	<i>Tamandua mexicana</i>						✓		
2	Hoffmann's Two-toed Sloth	<i>Choloepus hoffmanni</i>			✓	✓				
3	Brown-throated Three-toed Sloth	<i>Bradypus variegatus</i>					✓			
4	Geoffroy's Tamarin	<i>Sanguinus geoffroyi</i>					✓			
5	Panamanian Night Monkey	<i>Aotus zonalis</i>					✓			
6	White-faced Capuchin	<i>Cebus capucinus</i>							✓	H
7	Mantled Howler	<i>Alouatta palliata</i>			✓		H	✓	✓	
8	Variiegated Squirrel	<i>Sciurus variegatoides</i>		✓					✓	
9	Red-tailed Squirrel	<i>Sciurus granatensis</i>			✓			✓	✓	
10	Lesser Capybara	<i>Hydrochoerus isthmus</i>			✓		✓			✓
11	Central American Agouti	<i>Dasyprocta punctata</i>		✓	✓		✓	✓	✓	✓
12	White-nosed Coati	<i>Nasua narica</i>			✓	✓	✓	✓	✓	

Reptiles & Amphibians

1	Spectacled Caiman	<i>Caiman crocodilus</i>			✓					
2	Green Iguana	<i>Iguana iguana</i>			✓	✓				
3	Black Spiny-tailed Iguana	<i>Ctenosaura similis</i>			✓					
4	Central American Whiptail Lizard	<i>Ameiva festiva</i>				✓			✓	
5	Yellow-headed Gecko	<i>Gonatodes albogularis</i>		✓		✓				